

Achilles Cup SFU/UBC Dual Meet - 4/7/2013**Fox Field Simon Fraser University****Results - Day 1****Women 100 Meter Dash**

=====				
Meet Record: * 12.29		2007	Ruky Abdulai, SFU	
Name	Year	Team	Seed	Finals
=====				
Section 1	Wind: +0.0			
1	Whitehead, Liza	Trinity West	12.00	12.61
Section 2	Wind: -0.7			
1	Spears Chief Morris, Joy	Ubc Unviersity	11.95	12.28*
2	Hughes, Sarah	Ubc Unviersity	12.50	12.73
3	Abrams, Andrea	Simon Fraser		12.98
4	Tsun, Fiona	Ubc Unviersity	12.75	13.12
5	Rhodes, Mercedes	Simon Fraser		13.20
6	Sloman, Jenny	Simon Fraser		13.46
7	Rai, Damanpreet	Ubc Unviersity	13.10	13.49
8	Kramer, Addison	Ubc Unviersity	13.20	13.80

Women 200 Meter Dash

=====				
Meet Record: * 25.08		2009	Claudia Richards, UBC	
Name	Year	Team	Seed	Finals
=====				
Section 1	Wind: +0.0			
1	Johnston, Hannah	Vancouver Ol	27.01	27.46
2	Howe-Smith, Courtney	Simon Fraser	27.00	28.34
3	Geck, Lisa	Trinity West	27.00	29.38
Section 2	Wind: -0.3			
1	Spears Chief Morris, Joy	Ubc Unviersity	25.15	25.56
2	Desch, Chantel	Simon Fraser		25.74
3	Hughes, Sarah	Ubc Unviersity	25.50	26.04
4	Whitehead, Liza	Trinity West	25.00	26.07
5	Kane, Michaela	Simon Fraser		27.23
6	Sloman, Jenny	Simon Fraser		27.49
7	Hearn, Britney	Ubc Unviersity	27.40	27.72

Women 400 Meter Run

=====				
Meet Record: * 54.12		2007	Ruky Abdulai, SFU	
Name	Year	Team	Seed	Finals
=====				
Section 1				
1	Crofts, Helen	Simon Fraser		55.71
2	Wiebe, Devan	Ubc Unviersity	55.40	57.29
3	Desch, Chantel	Simon Fraser		57.90
4	Pearse, Anastasia	Trinity West	58.00	58.46
5	Douglas, Danielle	Ubc Unviersity	59.70	59.30
6	Cho, Stephanie	Vancouver Ol	57.45	59.83
7	Kramer, Addison	Ubc Unviersity	1:03.90	1:03.77
8	Van Tassel, Heather	Ubc Unviersity	1:04.20	1:04.34

Women 800 Meter Run

=====				
Meet Record: * 2:07.83		2005	Julia Howard, SFU	
Name	Year	Team	Seed	Finals
=====				
1	Dacre, Stepanie	Ubc Unviersity	2:19.20	2:24.91
2	Harradine, Meg	Trinity West	2:18.50	2:26.04

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...Women 800 Meter Run

3 Hannam, Mikaela	Ubc Unviersity	2:24.20	2:26.70
4 Picken, Megan	Vancouver Ol	2:21.79	2:30.30
5 Bell, Nikki	Trinity West	2:28.00	2:34.09
6 Zimmer, Lissa	Ubc Unviersity		2:35.82

Section 2

1 Sawatzky, Sarah	Simon Fraser	2:09.80	2:13.11
2 Harris, Tamara	Ubc Unviersity	2:14.15	2:13.53
3 Kane, Michaela	Simon Fraser	2:09.40	2:13.57
4 Mackenzie, Kansas	Simon Fraser	2:10.50	2:16.39
5 Farish, Catharine	Ubc Unviersity	2:14.20	2:16.87
6 Lennea, Kayla	Simon Fraser	2:15.60	2:18.25
7 Bernard, Maria	Ubc Unviersity	2:10.00	2:18.55
8 Vogt, Abbey	Simon Fraser	2:15.30	2:20.14
9 Hutchins, Kathryn	Ubc Unviersity	2:16.20	2:20.28
10 Butterworth, Lindsey	Simon Fraser		2:23.28
11 Noel, Peggy	Simon Fraser	2:13.40	2:25.67

Women 1500 Meter Run

=====
 Meet Record: * 4:27.75 2005 Rebecca Johnstone, SFU
 Name Year Team Seed Finals
 =====

Section 1

1 Jackson, Alison	Trinity West	4:32.00	4:47.95
2 Chadsey, Emma	Simon Fraser	4:50.00	4:58.18
3 Carviel, Heather	Simon Fraser	4:52.00	4:58.32
4 MC Cormack, Jennifer	Ubc Unviersity	4:55.40	5:13.75
5 Zimmer, Lissa	Ubc Unviersity	4:55.30	5:16.14
6 McCarthy, Madison	Ubc Unviersity	4:55.50	5:23.41
7 Alix, Thomson	Ubc Unviersity		5:25.95
8 Cho, Erina	Simon Fraser	5:05.00	5:33.60

Section 2

1 Crofts, Helen	Simon Fraser	4:25.00	4:41.50
2 Butterworth, Lindsey	Simon Fraser	4:32.00	4:42.07
3 Bernard, Maria	Ubc Unviersity	4:21.00	4:44.53
4 Slinn, Heather	Ubc Unviersity	4:34.20	4:46.25
5 Allen, Kisten	Simon Fraser	4:44.00	4:49.49
6 Lee, Kirsten	Ubc Unviersity	4:45.00	4:51.49
7 Noel, Peggy	Simon Fraser	4:38.00	4:52.21
8 Reimer, Sarah	Ubc Unviersity	4:55.10	4:53.50
9 De Fenoyl, Amélie	Ubc Unviersity	4:46.00	4:55.12
10 Erdman, Adrienne	Ubc Unviersity	4:44.00	4:59.50
11 Humeniuk, Tanya	Simon Fraser	4:49.00	5:01.54
12 Gutmanis, Micha	Ubc Unviersity	4:55.20	5:05.20
-- Benson, Fiona	Trinity West	4:22.00	4:44.14

Women 4x100 Meter Relay

=====
 Meet Record: * 47.09 2005 SFU
 Team Seed Finals
 =====

Section 1

1 Ubc Unviersity 'A'		48.37
1) Spears Chief Morris, Joy	2) Hughes, Sarah	
2 Simon Fraser University Clansm 'A'		49.76

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Fox Field Simon Fraser University

Results - Day 1

...Women 4x100 Meter Relay

1) Sloman, Jenny	2) Abrams, Andrea	
3) Desch, Chantel	4) Rhodes, Mercedes	
3 Trinity Western University 'A'		56.31
1) Daly, Maya	2) Pearse, Anastasia	
3) Ross, Hazel	4) Whitehead, Liza	

Women 4x400 Meter Relay

=====			
Meet Record: * 3:47.82	2005	SFU	
Team		Seed	Finals
=====			
1 Simon Fraser University Clansm 'A'			3:52.84
1) Desch, Chantel	2) Kane, Michaela		
3) Sawatzky, Sarah	4)		
2 Ubc Unviersity 'A'			4:03.42
1)	2) Harris, Tamara		
3) Bernard, Maria	4)		
3 Ubc Unviersity 'B'			4:16.48
1)	2) Kramer, Addison		
3)	4) Hutchins, Kathryn		

Women High Jump

=====			
Meet Record: * 1.70m	2006	Ruky Abdulai, SFU	
Name	Year Team	Seed	Finals
=====			
Flight 1			
1 Nuttall, Emma	Trinity West		1.74m*
2 Kandola, Manisha	Ubc Unviersity	1.60m	1.55m
3 Crofts, Helen	Simon Fraser		1.55m
4 Schultz, Nina	New West Spa	1.55m	1.45m
1.30 1.30 1.40 1.50			
0 0 0 XXX			
5 Huser, Emily	Ubc Unviersity	1.50m	1.45m
1.40 1.50 1.55			
0 XO XXX			
6 Guerard, Vanora	Ubc Unviersity	1.50m	1.45m
1.50 1.55			
XO XX			
7 Hawkins, Julia	Ubc Unviersity	1.50m	1.40m
1.30 1.30 1.40			
0 0 XXX			
8 Rhodes, Mercedes	Simon Fraser		1.35m
1.30 1.30 1.40			
0 0 X			
9 Howe-Smith, Courtney	Simon Fraser	1.50m	1.25m
1.25 1.30 1.30			
XO XXX XXX			

Women Long Jump

=====				
Meet Record: * 5.82m	2008	Ruky Abdulai, SFU		
Name	Year Team	Seed	Finals	Wind
=====				

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1 Rhodes, Mercedes	Simon Fraser	5.12m	+0.0
4.90m(+0.0) 5.12m(+0.0) 5.08m(+0.0) 4.83m(+0.0) 4.77m(+0.0) 4.87m(+0.0)			
2 Rai, Hersimran	Ubc Unviersity	5.28m	4.92m +0.0
4.92m(+0.0) 4.69m(0.1) 4.68m(+0.0) 4.48m(+0.0) 4.57m(+0.0) FOUL			
3 Ross, Hazel	Trinity West	4.90m	0.1
4.90m(0.1) 4.84m(+0.0) x			
4 Spears Chief Morris, Joy	Ubc Unviersity	5.50m	4.84m +0.0
4.44m(+0.0) 4.84m(+0.0) 4.45m(+0.0) 4.71m(+0.0) 4.46m(+0.0)			
5 Johnston, Hannah	Vancouver Ol	5.05m	4.81m +0.0
4.43m(+0.0) 4.58m(+0.0) 4.81m(+0.0) 4.63m(+0.0) 4.53m(+0.0) 4.63m(+0.0)			
6 Akehurst, Ayla	Trinity West	4.78m	0.1
4.78m(0.1) x x			
7 Hearn, Britney	Ubc Unviersity	5.03m	4.76m +0.0
4.34m(0.1) FOUL 4.44m(+0.0) 4.45m(+0.0) 4.76m(+0.0) 4.37m(+0.0)			
8 Broomfield, Robyn	Simon Fraser	4.71m	0.1
4.61m(+0.0) FOUL 4.71m(0.1) FOUL FOUL 4.40m(+0.0)			
9 Marchant, Bec	Trinity West	4.60m	+0.0
FOUL 4.60m(+0.0)			
10 Hawkins, Julia	Ubc Unviersity	5.05m	4.26m 0.2
4.26m(0.2) FOUL FOUL FOUL FOUL FOUL			
11 Glen, Miranda	Unattached BC	4.13m	+0.0
FOUL 4.02m(+0.0) 4.13m(+0.0)			
12 Huser, Emily	Ubc Unviersity	5.10m	3.86m +0.0
3.64m(+0.0) FOUL 3.60m(0.1) 3.86m(+0.0)			

Women Triple Jump

Name	Year Team	Seed	Finals	Wind
1 Cho, Stephanie	Vancouver Ol	11.83m	11.03m	+0.0
FOUL 11.03m(+0.0) 10.53m(+0.0)				
2 Hawkins, Julia	Ubc Unviersity	10.30m	10.79m	+0.0
10.79m(+0.0) 10.46m(+0.0) 9.56m(+0.0)				
3 Schultz, Nina	New West Spa	10.86m	10.59m	0.2
10.09m(+0.0) 10.22m(+0.0) 10.59m(0.2)				
4 Rai, Damapreet	Ubc Unviersity	10.40m	10.54m	+0.0
10.41m(+0.0) 10.54m(+0.0) 10.43m(+0.0)				
5 Guerard, Vanora	Ubc Unviersity	10.20m	10.48m	+0.0
10.48m(+0.0) 10.41m(+0.0) 10.29m(+0.0) 10.15m(+0.0)				
6 Huser, Emily	Ubc Unviersity	10.80m	10.27m	+0.0
9.48m(+0.0) 10.27m(+0.0) FOUL(0.1) 9.92m(+0.0)				

Women Shot Put

Name	Year Team	Seed	Finals
Meet Record: * 13.01m	2005	Decamillis Kelsay, UBC	
1 Richardson, Jade	Simon Fraser		10.69m
2 Byer, Selina	Simon Fraser		9.99m
3 Hawkins, Julia	Ubc Unviersity	9.10m	8.76m
4 Hearn, Britney	Ubc Unviersity	8.85m	8.53m
5 Carr, Ryley	Simon Fraser		8.51m
6 Guerard, Vanora	Ubc Unviersity	8.90m	8.30m
7 Zuniga, Ivonne	Trinity West		7.67m
8 Pearse, Anastasia	Trinity West		7.43m

Achilles Cup SFU/UBC Dual Meet - 4/7/2013**Fox Field Simon Fraser University****Results - Day 1****Women Discus Throw**

Name	Year Team	Seed	Finals
1 Covington, Asianna	Kajaks Track		43.26m
	43.26m FOUL FOUL FOUL 42.82m FOUL		
2 Patterson, Mikaela	Valley Royal		41.42m
	41.42m 39.36m 40.45m FOUL 38.73m FOUL		
3 Richardson, Jade	Simon Fraser		35.43m
	FOUL FOUL FOUL FOUL 35.43m FOUL		
4 Grewal, Manpreet	Valley Royal		35.31m
	35.31m FOUL FOUL 34.14m 34.01m FOUL		
5 Wideski, Valerie	Kajaks Track		32.29m
	32.29m 30.03m 27.88m 28.85m 30.02m 30.36m		
6 Covington, Autumn	Kajaks Track		31.39m
	30.36m 28.39m FOUL FOUL FOUL 31.39m		
7 Bhandal, Gurleen	Kajaks Track		27.03m
	22.54m FOUL 27.03m 26.25m 24.50m FOUL		

Women Hammer Throw

Name	Year Team	Seed	Finals
1 Covington, Asianna	Kajaks Track		55.11m
	55.11m 53.42m 53.68m 54.73m FOUL FOUL		
2 Botsis, Chanell	Kajaks Track		45.41m
	45.41m 44.30m 43.74m FOUL 45.11m 44.88m		
3 Grewal, Manpreet	Valley Royal		44.32m
	43.13m FOUL 44.32m FOUL FOUL FOUL		
4 Covington, Autumn	Kajaks Track		42.62m
	40.89m FOUL 41.97m FOUL 42.62m 40.23m		
5 Carr, Ryley	Simon Fraser		40.94m
	40.55m FOUL FOUL 40.94m 38.34m 39.08m		
6 Toney, Camryn	Kajaks Track		37.94m
	36.72m 33.95m 37.91m 37.60m 35.72m 37.94m		
7 Bhandal, Gurleen	Kajaks Track		31.53m
	FOUL 31.53m FOUL 31.44m FOUL FOUL		
8 Wideski, Valerie	Kajaks Track		29.76m
	29.76m FOUL FOUL		
9 Merenyi, Eva	Kajaks Track		25.85m
	FOUL 25.23m 25.85m		

Women Javelin Throw

Name	Year Team	Seed	Finals
1 Ausman, Christine	Ubc Unviersity	12.00m	42.13m
	42.13m 36.96m 36.74m 40.37m 42.02m 40.54m		
2 Byer, Selina	Simon Fraser		35.65m
	35.12m 35.65m 33.19m 33.70m 32.59m 33.33m		
3 Helm, Carina	Ubc Unviersity	0.39m	33.91m
	30.40m 29.73m 30.09m 33.91m 30.45m 30.89m		
4 Stewart, Kirstin	Simon Fraser		33.43m
	29.20m 29.24m 29.63m 33.36m 33.43m 31.27m		
5 Zuniga, Ivonne	Trinity West		24.43m
	19.60m FOUL 22.54m 21.09m 23.13m 24.43m		

Achilles Cup SFU/UBC Dual Meet - 4/7/2013**Fox Field Simon Fraser University****Results - Day 1****...Women Javelin Throw**

6 Marchant, Bec		Trinity West				23.09m
	20.23m	20.93m	21.85m	21.36m	20.93m	23.09m
7 Hearn, Britney		Ubc Unviersity			27.00m	21.64m
	x	x	21.64m	FOUL		

Women 5000 Meter Race Walk

Name	Year	Team	Seed	Finals
Section 1				
1 Ramage, Katelynn		Trinity West		24:58.92
2 Rai, Hersimran		Ubc Unviersity	31:20.00	30:10.44

Men 100 Meter Dash

Meet Record: * 10.79 2005 Justin Kripps, SFU				
Name	Year	Team	Seed	Finals
Section 1 Wind: -0.8				
1 Phillips, Jesse		Vancouver Th		11.86
2 Gill, Sunny		Valley Royal	12.09	12.08
3 Pavel, Bogdan		New West Spa	11.44	12.10
4 Suzuki, Yuri		Unattached BC		12.19
5 Wang, Xinxiao (Luke)		Kajaks Track	11.55	12.20
-- Innes, Calum		Trinity West		DQ
Section 2 Wind: -0.8				
1 Vaughan, Jarid		Langley Mustangs	10.50	10.85
2 Nicolas, Dennis		Unattached BC		11.36
3 Stefanovic, Mihailo		New West Spa	11.39	11.52
4 Taylor-Lewis, Tunji		Trinity West	11.40	11.71
5 Dolfo, Braedon		Langley Mustangs	11.17	11.72
Section 3 Wind: 0.1				
1 Mckenzie, Sean		Ubc Unviersity	11.10	11.45
2 Abosi, Stephen		Ubc Unviersity	11.20	11.67
3 He, Jerry		Simon Fraser		11.90
4 Lavoie, Codie		Simon Fraser		12.00
5 Kellner, Thomas		Ubc Unviersity	11.50	12.03
6 Nasiri, Sameer		Simon Fraser		12.11
7 Hyun, Kim		Ubc Unviersity	12.40	12.67
8 Aron, Kim		Ubc Unviersity	12.50	12.99

Men 200 Meter Dash

Meet Record: * 21.55 2009 Rohan Stewart, UBC				
Name	Year	Team	Seed	Finals
Section 1 Wind: -1.1				
1 Vaughan, Jarid		Langley Mustangs	21.00	21.88
2 Linde, James		Trinity West		22.80
3 Taylor-Lewis, Tunji		Trinity West	23.66	24.14
4 Suzuki, Yuri		Unattached BC		24.91
5 Aron, Kim		Ubc Unviersity	25.20	26.34
Section 2 Wind: -0.8				
1 Mckenzie, Sean		Ubc Unviersity	22.05	22.70
2 Ellenwood, Stuart		Simon Fraser		23.30

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3	Abosi, Stephen	Ubc Unviersity	22.90	23.74
4	Conrad, Zach	Simon Fraser		23.93
5	Kellner, Thomas	Ubc Unviersity	22.10	24.01
6	Przystupa, Michael	Ubc Unviersity	23.20	24.03
7	Nasiri, Sameer	Simon Fraser		25.06
8	Hyun, Kim	Ubc Unviersity	25.10	26.47

Men 400 Meter Run

=====				
Meet Record: * 47.95 2007 Brendan Cleary, SFU				
	Name	Year Team	Seed	Finals
=====				

Section 1

1	Ference, Lucas	Trinity West	52.00	51.86
2	Przystupa, Michael	Ubc Unviersity	51.60	53.97
3	Walsh, Dustin	Langley Mustangs		54.54

Section 2

1	Mckenzie, Sean	Ubc Unviersity	49.00	50.33
2	Ellenwood, Stuart	Simon Fraser		50.56
3	Conrad, Zach	Simon Fraser		52.28
4	Lynch, Jesse	Simon Fraser		52.36
5	Larsen, Cole	Ubc Unviersity	51.50	52.72
6	Kellner, Thomas	Ubc Unviersity	50.50	53.84
7	Karamanian, Jacob	Simon Fraser		54.64

Men 800 Meter Run

=====				
Meet Record: * 1:52.68 2004 Jerry Ziak, UBC				
	Name	Year Team	Seed	Finals
=====				

Section 1

1	Prajae, Mihai	Trinity West	1:54.00	2:01.13
2	Marshall, Adam	Langley Mustangs	2:04.00	2:01.50
3	Quitza, Jordan	Douglas Coll	2:06.90	2:04.48
4	Pare, Alex	Simon Fraser	1:59.20	2:05.20
5	Reeves, Rowdy	Unattached BC	2:05.00	2:05.40
6	Browne, Ross	Trinity West	2:04.50	2:08.59
7	Battocchio, Matthew	Douglas Coll	2:11.47	2:10.56

Section 2

1	Bruchet, Lucas	Ubc Unviersity	1:52.00	1:54.95
2	Vugteveen, Travis	Simon Fraser	1:54.61	1:55.73
3	Rajala, Devin	Ubc Unviersity	1:53.10	1:56.68
4	Smith, Lorenzo	Simon Fraser	1:58.10	1:56.76
5	Proceviat, Cameron	Simon Fraser	1:54.25	1:58.12
6	Slade, David	Ubc Unviersity	1:53.00	1:58.26
7	Bill, Simon	Ubc Unviersity	1:53.20	1:58.76
8	Cunliffe, B J	Simon Fraser	1:57.50	2:03.63
9	Forster, Keir	Simon Fraser	1:56.00	2:04.25

Achilles Cup SFU/UBC Dual Meet - 4/7/2013**Fox Field Simon Fraser University****Results - Day 1****Men 1500 Meter Run**

=====
 Meet Record: * 3:49.12 2004 Jerry Ziak, UBC
 =====

Name	Year Team	Seed	Finals
Section 1			
1 Bruchet, Lucas	Ubc Unviersity	3:50.00	4:01.75
2 Young, James	Simon Fraser	3:56.00	4:03.09
3 Huebsch, Tim	Ubc Unviersity	3:54.00	4:03.30
4 Williams, Jack	Ubc Unviersity	3:53.00	4:04.64
5 Deschiffart, Joel	Trinity West	4:02.00	4:06.37
6 Voth, Chris	Trinity West	3:56.50	4:08.20
7 Forster, Keir	Simon Fraser	3:55.00	4:09.82
8 Goodwin, Nathan	Trinity West	4:04.00	4:11.27
9 Shamsi, Bilal	Ubc Unviersity	4:01.10	4:11.42
10 Bourgeois, Michael	Ubc Unviersity	4:01.20	4:11.74
11 Bruchet, Jake	Ubc Unviersity	3:55.00	4:11.75
12 Galea, Matt	Ubc Unviersity	4:01.00	4:11.83
13 Dinsdale, Christopher	Simon Fraser	4:03.00	4:13.70
14 Cliff, William	Ubc Unviersity	4:01.05	4:15.75
15 Mitchell, Reid	Ubc Unviersity	4:01.30	4:16.58
16 Wong, Brendan	Simon Fraser	3:59.00	4:16.77
17 Liu, Yubai	Mountain Track Club	4:20.00	4:18.40
18 Pare, Alex	Simon Fraser	4:05.00	4:19.78

Men 4x100 Meter Relay

=====
 Meet Record: * 41.49 2005 SFU
 =====

Team	Seed	Finals
1 Ubc Unviersity 'A'		44.41
1) Kellner, Thomas	2) Staeheli, Ivan	
3) Abosi, Stephen	4)	
2 Simon Fraser University Clansm 'A'		45.20
1) Nasiri, Sameer	2) Ellenwood, Stuart	
3) Conrad, Zach	4) He, Jerry	

Men 4x400 Meter Relay

=====
 Meet Record: * 3:16.81 2003 UBC
 =====

Team	Seed	Finals
1 Simon Fraser University Clansm 'A'		3:27.03
1) Conrad, Zach	2) Ellenwood, Stuart	
3) Lynch, Jesse	4) Proceviat, Cameron	
2 Ubc Unviersity 'A'		3:27.37
1) Kellner, Thomas	2) Staeheli, Ivan	
3 Ubc Unviersity 'B'		3:37.48
1) Slade, David	2)	
3) Bill, Simon	4)	

Achilles Cup SFU/UBC Dual Meet - 4/7/2013**Fox Field Simon Fraser University****Results - Day 1****Men High Jump**

=====
 Meet Record: * 2.15m 2008 Mike Mason, UBC
 =====

Name	Year	Team	Seed	Finals
Flight 1				
1 Backiel, Filip		Ubc Unviersity	1.90m	1.85m
2 Ayivor, Dkay		Simon Fraser		1.75m
3 Lavoie, Codie		Simon Fraser		1.70m
3 He, Jerry		Simon Fraser		1.70m
5 Staeheli, Ivan		Ubc Unviersity	1.85m	1.60m
6 Grzelak, Patrick		Ubc Unviersity	1.60m	1.45m

Men Long Jump

=====
 Meet Record: * 6.79m 2009 Reid Gustavson, UBC
 =====

Name	Year	Team	Seed	Finals	Wind
1 Linde, James		Trinity West		6.67m	+0.0
FOUL	6.63m(0.1)	2.48m(+0.0)	6.67m(+0.0)	6.43m(+0.0)	
2 Humphrey, Stephen		Trinity West		6.40m	+0.0
FOUL	FOUL	6.40m(+0.0)	FOUL	FOUL	
3 Ayivor, Dkay		Simon Fraser		6.38m	+0.0
6.06m(+0.0)	6.03m(+0.0)	6.38m(+0.0)	6.14m(+0.0)	5.88m(+0.0)	
4 He, Jerry		Simon Fraser		6.14m	+0.0
6.14m(+0.0)	5.86m(+0.0)	6.04m(+0.0)	5.51m(+0.0)	5.79m(+0.0)	
5 Staeheli, Ivan		Ubc Unviersity	6.50m	6.07m	+0.0
FOUL	5.41m(+0.0)	5.71m(+0.0)	4.29m(+0.0)	6.07m(+0.0)	5.97m(+0.0)
6 Grzelak, Patrick		Ubc Unviersity	6.49m	6.02m	+0.0
FOUL	5.89m(+0.0)	6.02m(+0.0)	FOUL	5.97m(+0.0)	5.98m(+0.0)
7 Lavoie, Codie		Simon Fraser		5.80m	+0.0
5.61m(+0.0)	5.80m(+0.0)	5.64m(+0.0)	5.40m(+0.0)	5.59m(+0.0)	5.67m(0.1)
8 Dupuis, Eric		Unattached BC		5.66m	+0.0
2.12m(0.1)	5.09m(+0.0)	5.66m(+0.0)	3.84m(+0.0)	FOUL	FOUL
9 Backiel, Filip		Ubc Unviersity	6.20m	5.18m	+0.0
5.18m(+0.0)	FOUL	x			

Men Triple Jump

Name	Year	Team	Seed	Finals	Wind
1 Dupuis, Eric		Unattached BC		12.77m	0.2
FOUL	12.77m(0.2)	12.57m(+0.0)	12.56m(+0.0)		
2 Stefanovic, Mihailo		New West Spa	13.55m	12.29m	+0.0
12.26m(0.2)	12.29m(+0.0)	12.23m(0.1)			

Men Shot Put

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 Meet Record: * 14.23m 2004 Jeremy Edwards, UBC
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Name	Year	Team	Seed	Finals	
1 Molinari, Luca		Simon Fraser		12.02m	
10.94m	11.88m	11.39m	FOUL	11.32m	12.02m
2 White, Andy		Ubc Unviersity	12.00m	11.51m	
10.54m	10.66m	10.28m	11.10m	10.71m	11.51m
3 Karamanian, Jacob		Simon Fraser		10.94m	
9.69m	9.57m	10.12m	9.26m	10.94m	9.92m

Achilles Cup SFU/UBC Dual Meet - 4/7/2013**Fox Field Simon Fraser University****Results - Day 1****....Men Shot Put**

4	Staeheli, Ivan	Ubc Unviersity	11.50m	10.55m
	x x FOUL	10.55m 10.00m 10.26m		
5	Alvaro, Ralph	Trinity West		10.46m
	10.46m 10.24m 9.95m	10.46m 10.46m 9.62m		
6	Grzelak, Patrick	Ubc Unviersity	9.50m	7.01m
	FOUL	7.01m 6.88m		

Men Discus Throw

Name	Year Team	Seed	Finals
1 Bhandal, Pauljit	Kajaks Track		36.45m
	FOUL	35.69m 36.45m 34.94m 35.15m 35.84m	
2 Bhandal, Ranjit Singh	Kajaks Track		30.37m
	FOUL	30.37m 29.28m FOUL FOUL FOUL	

Men Hammer Throw

Name	Year Team	Seed	Finals
1 Kalmykov, Mark	Kajaks Track		51.89m
	51.59m 50.26m 51.89m 50.47m FOUL 38.80m		
2 Molinari, Luca	Simon Fraser		43.93m
	39.91m 42.73m FOUL 43.33m FOUL 43.93m		
3 Bhandal, Pauljit	Kajaks Track		40.85m
	FOUL FOUL 40.85m FOUL FOUL FOUL		
4 Grewal, Jeewan	Valley Royal		38.80m
	34.25m FOUL 36.17m FOUL 38.80m FOUL		
5 Bhandal, Ranjit Singh	Kajaks Track		30.83m
	28.80m 29.41m 30.83m 29.61m FOUL 28.97m		

Men Javelin Throw

Name	Year Team	Seed	Finals
Meet Record: *	66.44m 2010	Curtis Moss, UBC	
1 White, Andy	Ubc Unviersity	68.78m	62.97m
	62.97m FOUL FOUL FOUL		
2 Coles, Ben	Simon Fraser		52.62m
	50.87m 48.16m 51.15m 50.36m 51.11m 52.62m		
3 Staeheli, Ivan	Ubc Unviersity	55.00m	51.43m
	47.29m 47.91m 48.65m 50.12m 51.43m 46.67m		
4 Karamanian, Jacob	Simon Fraser		41.10m
	37.42m 39.57m 35.07m 34.42m 35.59m 41.10m		
5 Marchinkow, Adam	Trinity West		40.13m
	36.45m 40.13m 37.28m 37.61m 36.25m 36.89m		
6 Bruchet, Jake	Ubc Unviersity	46.00m	37.94m
	x x x 33.18m FOUL 37.94m		
7 Alvaro, Ralph	Trinity West		34.24m
	FOUL 33.57m FOUL FOUL 34.24m 33.79m		
8 Grzelak, Patrick	Ubc Unviersity	42.00m	33.08m
	FOUL 33.08m FOUL FOUL FOUL FOUL		

Achilles Cup SFU/UBC Dual Meet - 4/7/2013

Fox Field Simon Fraser University

Results - Day 1

Men 5000 Meter Race Walk

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Name	Year Team	Seed	Finals
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Section 1			
1 thorne, Ben	Unattached BC		19:35.73
2 dunfee, evan	Unattached BC		19:49.15