

2013 Garriock Track & Field Meet  
 Duncan, BC - 6/8/2013 to 6/9/2013  
 Results

## Event 1 Girls 9 Year Olds 60 Meter Dash

Name	Year Team	Finals	Wind
Finals			
1 Starr, Madeline	04 Cowichan Valley	9.88	NWI
2 Barron, Madison	04 Cowichan Valley	10.46	NWI
3 Blumel, Margo	04 Cowichan Valley	10.90	NWI
4 Lucas, Olivia	04 Peninsula Track	11.12	NWI
5 Cooper, Kokeb	04 Oceanside Track	11.20	NWI
6 Nahorney, Kali	04 Alberni Valley	11.68	NWI

## Event 2 Girls 10 Year Olds 60 Meter Dash

Name	Year Team	Finals	Wind
1 Schmunk, Annika	03 Powell River	9.55	NWI
2 Randell-Guy, Lauren	03 Victoria Track	9.94	NWI
3 Paugh, Madison	03 Nanaimo Track	10.14	NWI
4 Johnston, Taylor	03 Unattached	10.22	NWI
5 Peterson, Julia	03 Peninsula Track	10.45	NWI
6 VanDenBulk, Alexis	03 Peninsula Track	10.78	NWI

## Event 3 Girls 11 Year Olds 60 Meter Dash

Name	Year Team	Finals	Wind	H#
1 Bau, Olivia	02 Unattached B	9.05	NWI	1
2 Anderson, Birkley	02 Cowichan Valley	9.32	NWI	1
3 Kennedy, Angelique	02 Comox Valley	9.51	NWI	1
4 Naude, Kristin	02 Powell River	9.55	NWI	2
5 Morrison, Kate	02 Oceanside Track	10.14	NWI	2
6 Fougner-Rukus, Reece	02 Cowichan Valley	10.21	NWI	2
7 Larkin, Mackenzie	02 Victoria Track	10.41	NWI	1
8 Chase, Sydney	02 Alberni Valley	10.56	NWI	1

## Event 4 Boys 9 Year Olds 60 Meter Dash

Name	Year Team	Finals	Wind
1 Watson, Jayden	04 Nanaimo Track	9.75	NWI
2 Dean, Logan	04 Nanaimo Track	10.16	NWI
3 Barron, Elijah	04 Cowichan Valley	10.68	NWI
4 Whiteside, Coltan	04 Nanaimo Track	10.77	NWI

## Event 5 Boys 10 Year Olds 60 Meter Dash

Name	Year Team	Finals	Wind	H#
1 Symington, David	03 Alberni Valley	9.09	NWI	1
2 Igbinosa, Stephen	03 Nanaimo Track	9.54	NWI	2
3 Mastrodonato, Gavin	03 Powell River	9.70	NWI	1
4 Munro, Layton	03 Unattached	9.72	NWI	1
5 Rossouw, Ben	03 Cowichan Valley	9.74	NWI	2

6 Kruger, Dylan	03 Cowichan Valley	9.87	NWI	2
7 Head, Leo	03 Powell River	10.01	NWI	2
8 McIntyre, Jacob	03 Cowichan Valley	10.06	NWI	1
9 McKay, Robert	03 Alberni Valley	10.27	NWI	2
10 Vallance, Caleb	03 Powell River	10.35	NWI	2
11 Reid, Brighton	03 Cowichan Valley	10.73	NWI	1
12 Marriott, Ryan	03 Alberni Valley	11.09	NWI	1
13 Perras, Trent	03 Campbell River	11.19	NWI	1
14 Vallee, Ty	03 Alberni Valley	11.34	NWI	2
15 Shields, Luke	03 Oceanside Track	12.21	NWI	1

Event 6 Boys 11 Year Olds 60 Meter Dash

Name	Year Team	Finals	Wind	H#
1 Loughnane, Conor	02 Peninsula Track	9.09	NWI	3
2 Hall, Fergus	02 Campbell River	9.16	NWI	2
3 Southern, Wade	02 Powell River	9.33	NWI	2
4 Stark-Huhtanen, Blake	02 Cowichan Valley	9.34	NWI	3
5 Harrison, Noah	02 Cowichan Valley	9.64	NWI	3
6 Abbott, Keagen	02 Powell River	9.70	NWI	2
7 Porchette, Nicholas	02 Powell River	9.79	NWI	1
8 Rimmer, Hugh	02 Cowichan Valley	9.86	NWI	2
9 Hilton, Matteo	02 Peninsula Track	10.06	NWI	1
10 Seery, Michael	02 Cowichan Valley	10.12	NWI	1
11 Chand, Matthew	02 Oceanside Track	10.30	NWI	2
12 Westerhof, Thys	02 Oceanside Track	10.47	NWI	1
13 Shewchuk, Tyler	02 Cowichan Valley	10.48	NWI	2
14 Dickenson, Jeremy	02 Unattached	10.51	NWI	1
15 Lund, Aidan	02 Campbell River	10.57	NWI	3
16 Munro, Tay	02 Cowichan Valley	10.62	NWI	3
17 Keltie, Logan	02 Oceanside Track	11.33	NWI	1
18 Shields-Brown, Michael	02 Campbell River	11.35	NWI	3

Event 7 Girls 9 Year Olds 100 Meter Dash

Name	Year Team	Finals	Wind
1 Starr, Madeline	04 Cowichan Valley	16.12	NWI
2 Biggs, Kailey	04 Comox Valley	17.00	NWI
3 Barron, Madison	04 Cowichan Valley	17.52	NWI
4 Blumel, Margo	04 Cowichan Valley	18.02	NWI
5 Lucas, Olivia	04 Peninsula Track	18.34	NWI
6 Phillips, Laura	04 Nanaimo Track	18.74	NWI
7 Nahorney, Kali	04 Alberni Valley	19.44	NWI

Event 8 Girls 10 Year Olds 100 Meter Dash

Name	Year Team	Finals	Wind
1 Schmunk, Annika	03 Powell River	15.72	NWI
2 Randell-Guy, Lauren	03 Victoria Track	16.23	NWI
3 Paugh, Madison	03 Nanaimo Track	17.03	NWI
4 Higgins, Paige	03 Nanaimo Track	17.16	NWI
5 Peterson, Julia	03 Peninsula Track	17.34	NWI
6 VanDenBulk, Alexis	03 Peninsula Track	17.65	NWI
7 Waite, Jessie	03 Oceanside Track	18.73	NWI

Event 9 Girls 11 Year Olds 100 Meter Dash

Name	Year Team	Finals	Wind	H#
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1	Bau, Olivia	02	Unattached B	13.77	NWI	1
2	Anderson, Birkley	02	Cowichan Valley	14.79	NWI	1
3	Naude, Kristin	02	Powell River	15.31	NWI	1
4	Fougner-Rukus, Reece	02	Cowichan Valley	15.90	NWI	2
5	Nbaoma, Nnya	02	Nanaimo Track	15.92	NWI	1
6	Williams, Olivia	02	Oceanside Track	16.19	NWI	1
7	Morrison, Kate	02	Oceanside Track	16.57	NWI	2
8	Magana, Catalina	02	Oceanside Track	16.58	NWI	1
9	Larkin, Mackenzie	02	Victoria Track	16.63	NWI	2
10	Weaver, Charlotte	02	Nanaimo Track	16.69	NWI	2
11	Chase, Sydney	02	Alberni Valley	16.87	NWI	1
12	Waite, Joanna	02	Oceanside Track	17.01	NWI	1
13	Maxwell, Ainsley	02	Nanaimo Track	17.38	NWI	2

Event 10 Girls 12 Year Olds 100 Meter Dash

Name	Year	Team	Finals	Wind	H#	
1	Pollock, Madelyn	01	Cowichan Valley	14.02	NWI	2
2	Gendall, Danae	01	Cowichan Valley	14.17	NWI	2
2	Anderton, Courtney	01	Nanaimo Track	14.17	NWI	2
4	Carpendale, Ally	01	Powell River	14.59	NWI	1
5	Johnson, Maria	01	Nanaimo Track	14.91	NWI	1
6	Ashcroft, Julia	01	Campbell River	15.03	NWI	2
7	Murray, Marissa	01	Pacific Athletic	15.20	NWI	1
8	Vallance, Ella	01	Powell River	15.33	NWI	1
9	Mastrodonato, Melaina	01	Powell River	15.44	NWI	1
10	Seery, Katelyn	01	Cowichan Valley	16.14	NWI	1
11	Terpstra, Rhiannon	01	Oceanside Track	16.17	NWI	2
12	Padur, Ayzsa	01	Cowichan Valley	16.51	NWI	1
13	Dean, Maya	01	Nanaimo Track	16.53	NWI	1
14	Head, Abby	01	Powell River	16.57	NWI	2
15	Pimentel, Athena	01	Peninsula Track	16.58	NWI	2

Event 11 Girls 13 Year Olds 100 Meter Dash

Name	Year	Team	Finals	Wind	H#	
1	D'Agnolo, Nicole	00	Pacific Athletic	13.13	NWI	1
2	Matthews, Thea	00	Victoria Track	13.34	NWI	1
3	Matthews, Quinn	00	Victoria Track	13.69	NWI	3
4	McPhee, Jaci	00	Campbell River	13.71	NWI	3
5	Dewit, Emma	00	Cowichan Valley	13.73	NWI	2
6	Paulus, Nairee	00	River City Elite	13.78	NWI	2
7	Paine, Samara	00	Oceanside Track	13.91	NWI	2
8	Katzberg, Jessica	00	Nanaimo Track	14.05	NWI	2
9	Starr, Emma	00	Cowichan Valley	14.17	NWI	1
10	Endrigo, Aya	00	Victoria Track	14.25	NWI	2
11	Labelle, Kara	00	Cowichan Valley	14.54	NWI	1
12	Greenshields, Amanda	00	Oceanside Track	14.65	NWI	2
13	Johnston, Mackenzie	00	Cowichan Valley	14.93	NWI	1
14	Booth, Frances	00	Victoria Track	15.06	NWI	2
15	Reynolds, Tayla	00	Campbell River	15.33	NWI	1
16	Sayah, Taylor	00	Oceanside Track	15.50	NWI	3
17	Whibley, Marie	00	Oceanside Track	15.59	NWI	3
18	Cutt, Julia	00	Cowichan Valley	15.64	NWI	2
19	Duncan, Madelene	00	Oceanside Track	16.40	NWI	1
20	Proctor, Allie	00	Oceanside Track	16.41	NWI	1

Event 12 Girls 14 Year Olds 100 Meter Dash

Name	Year	Team	Finals	Wind	H#
1 Roy, Denise	99	Cowichan Valley	13.05	-0.1	1
2 Fashina-Bombala, Hassy	99	Nanaimo Track	13.34	-0.1	1
3 Reiersen, Tekarra	99	Campbell River	13.61	0.1	2
4 Smith, Mya	99	Alberni Valley	14.04	-0.1	1
5 Shields-Brown, Mairin	99	Campbell River	14.06	0.1	2
6 Nighswander, Jane	99	Campbell River	14.17	-1.0	3
7 Irwin, Julia	99	Peninsula Track	14.34	-0.1	1
8 Gibson, Sarah	99	Peninsula Track	14.44	-0.1	1
8 Reid, Brigitte	99	Cowichan Valley	14.44	0.1	2
10 Atkinson, Samantha	99	Campbell River	14.55	-1.0	3
11 Head, Eden	99	Powell River	14.64	-1.0	3
12 Peterson, Meagan	99	Peninsula Track	14.73	-0.1	1
13 Masee, Callie Ann	99	River City Elite	14.86	0.1	2
14 Ferraro, Jamie	99	Nanaimo Track	15.14	-1.0	3
15 Mudie, Heather	99	Campbell River	15.16	-1.0	3
16 Grant, Jessica	99	Campbell River	16.23	0.1	2

Event 13 Girls 15 Year Olds 100 Meter Dash

Name	Year	Team	Finals	Wind
1 Heyd, Casey	98	Cowichan Valley	12.95	0.2
2 Gummer, Chloe	98	Comox Valley	13.06	0.2
2 Abbott, Calli-Ann	98	Powell River	13.06	0.2
4 Lindsay, Nicole	98	Cowichan Valley	13.33	0.2
5 Poulson, Emma	98	Nanaimo Track	13.57	0.2
6 Phillips, Shayla	98	Comox Valley	14.25	0.2
7 Burnham, Samantha	98	Nanaimo Track	14.77	0.2
8 Noshkin, Hayley	98	Nanaimo Track	15.38	0.2

Event 14 Women 16-17 100 Meter Dash

Name	Year	Team	Finals	Wind	H#
1 Smiley, Taryn	97	Cowichan Valley	12.66	-0.8	2
2 Morton, Tayler	97	Comox Valley	13.09	-0.8	2
3 Irvine, Malia	96	Comox Valley	13.28	-0.8	2
4 Prairie, Manon	97	Nanaimo Track	13.30	-0.8	2
5 Miller, Maya	96	Nanaimo Track	14.71	-0.8	2

Event 14 Women 18-19 100 Meter Dash

Name	Year	Team	Finals	Wind
1 Cross, Mary-Kate	95	Cowichan Valley	12.84	0.1
2 Koblun, Megan	95	Pacific Athletic	13.36	0.1
3 Kavelaars, Ruthanne	95	Pacific Athletic	13.46	0.1

Event 14 Women 20-34 100 Meter Dash

Name	Year	Team	Finals	Wind
1 Halfyard, Sasha	91	Comox Valley	12.59	0.1

Event 14 Women 55-59 100 Meter Dash

Name	Year	Team	Finals	Wind
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1 Hendrie, Nola 55 Nanaimo Track 19.07 0.1

Event 14 Women 60-64 100 Meter Dash

Name	Year	Team	Finals	Wind
1 Fossberg, Mette	51	Peninsula Track	18.34	0.1

Event 15 Boys 9 Year Olds 100 Meter Dash

Name	Year	Team	Finals	Wind
1 Watson, Jayden	04	Nanaimo Track	15.71	NWI
2 Henry, Stirling	04	Nanaimo Track	16.03	NWI
3 Barron, Elijah	04	Cowichan Valley	17.79	NWI
3 Putz, Jake	04	Nanaimo Track	17.79	NWI
5 Veasey, Ryan	04	Nanaimo Track	18.74	NWI
6 Walters, Kingston	04	Nanaimo Track	20.11	NWI

Event 16 Boys 10 Year Olds 100 Meter Dash

Name	Year	Team	Finals	Wind	H#
1 Igbinosa, Stephen	03	Nanaimo Track	15.44	NWI	1
2 Rossouw, Ben	03	Cowichan Valley	15.62	NWI	1
3 McIntyre, Jacob	03	Cowichan Valley	16.05	NWI	2
4 Head, Leo	03	Powell River	16.06	NWI	1
5 Symington, David	03	Alberni Valley	16.10	NWI	1
6 Kruger, Dylan	03	Cowichan Valley	16.30	NWI	3
7 Willmott, Frazer	03	Cowichan Valley	16.42	NWI	2
8 McKay, Robert	03	Alberni Valley	16.54	NWI	3
9 Reid, Brighton	03	Cowichan Valley	16.75	NWI	3
10 Vallance, Caleb	03	Powell River	16.76	NWI	3
11 Jack, Isaac	03	Alberni Valley	17.12	NWI	1
12 Marriott, Ryan	03	Alberni Valley	17.99	NWI	2
13 Schlitz, Brett	03	Nanaimo Track	18.02	NWI	2
14 Perras, Trent	03	Campbell River	18.13	NWI	1
15 Tanner, Liam	03	Cowichan Valley	18.20	NWI	1
16 Vallee, Ty	03	Alberni Valley	18.28	NWI	2
17 Shields, Luke	03	Oceanside Track	21.41	NWI	2

Event 17 Boys 11 Year Olds 100 Meter Dash

Name	Year	Team	Finals	Wind	H#
1 Kaiser, Torren	02	Cowichan Valley	14.80	NWI	1
2 Loughnane, Conor	02	Peninsula Track	14.88	NWI	2
3 Hall, Fergus	02	Campbell River	15.14	NWI	1
4 Stark-Huhtanen, Blake	02	Cowichan Valley	15.31	NWI	3
5 Southern, Wade	02	Powell River	15.33	NWI	1
6 Heisterman, Keaton	02	Nanaimo Track	15.53	NWI	1
7 Katzberg, Ethan	02	Nanaimo Track	15.67	NWI	3
8 Harrison, Noah	02	Cowichan Valley	15.69	NWI	3
9 Porchette, Nicholas	02	Powell River	15.73	NWI	3
10 Rimmer, Hugh	02	Cowichan Valley	16.13	NWI	2
11 Hilton, Matteo	02	Peninsula Track	16.79	NWI	1
12 Chand, Matthew	02	Oceanside Track	16.96	NWI	1
13 Seery, Michael	02	Cowichan Valley	17.00	NWI	2
14 Munro, Tay	02	Cowichan Valley	17.04	NWI	2
15 Lund, Aidan	02	Campbell River	17.45	NWI	1
16 Shewchuk, Tyler	02	Cowichan Valley	17.66	NWI	1

17 Shields-Brown, Michael 02 Campbell River 18.63 NWI 2

Event 18 Boys 12 Year Olds 100 Meter Dash

Name	Year	Team	Finals	Wind	H#
1 Smith, Ethan	01	Oceanside Track	14.27	NWI	1
2 Nahorney, Ty	01	Alberni Valley	14.41	NWI	2
3 Furtado, Blake	01	Peninsula Track	14.44	NWI	1
4 Tozer, Devin	01	Nanaimo Track	15.11	NWI	2
5 Walsh, Liam	01	Nanaimo Track	15.65	NWI	1
6 Cowan, Troy	01	Cowichan Valley	16.66	NWI	2
7 Schlitz, Luke	01	Unattached	16.68	NWI	1
8 Malherbe, Jean-Louw	01	Cowichan Valley	17.14	NWI	1
9 Vallee, Seth	01	Alberni Valley	17.51	NWI	1

Event 19 Boys 13 Year Olds 100 Meter Dash

Name	Year	Team	Finals	Wind
1 McCullough, Conner	00	Peninsula Track	14.28	NWI
2 Handel, Luke	00	Cowichan Valley	14.44	NWI
3 Sammons, Benjamin	00	Peninsula Track	14.49	NWI
4 Hopkins, Brennan	00	Peninsula Track	14.83	NWI
5 Parmar, Herman	00	Cowichan Valley	15.31	NWI

Event 20 Boys 14 Year Olds 100 Meter Dash

Name	Year	Team	Finals	Wind	H#
1 Beaulé, Daniel	99	Comox Valley	12.43	1.4	1
2 Ano, Josiah	99	Nanaimo Track	12.65	1.4	1
2 Hay, Gregory	99	River City Elite	12.65	0.3	2
4 Servos, Zachary	99	Alberni Valley	12.84	0.3	2
5 O'Neill-Bains, Jesse	99	Pacific Athletic	12.96	0.3	2
6 Boulton, Miles	99	Cowichan Valley	12.99	1.4	1
7 Speagle, Oliver	99	Alberni Valley	13.04	1.4	1
8 Armstrong, Luke	99	Cowichan Valley	13.07	1.4	1
9 Adam, Oliver	99	Peninsula Track	13.11	1.4	1
10 DiCarlo, Jesse	99	Cowichan Valley	13.29	1.4	1
11 Morrison, Simon	99	Oceanside Track	13.30	1.4	1
12 Schafers, James	99	Pacific Athletic	13.63	0.3	2

Event 21 Boys 15 Year Olds 100 Meter Dash

Name	Year	Team	Finals	Wind
1 Richter, Felix	98	Oceanside Track	11.71	0.1
2 Weegar, Thompson	98	Alberni Valley	11.77	0.1
3 Mitchell, Rylee	98	Alberni Valley	12.48	0.1
4 Savery, Marcus	98	Campbell River	12.68	0.1
5 Sandri, Isaac	98	Nanaimo Track	12.92	0.1
6 Rondquist, Seever	98	Campbell River	13.21	0.1

Event 22 Men 16-17 100 Meter Dash

Name	Year	Team	Finals	Wind	H#
1 Degroot, AndrewR.	96	Nanaimo Track	11.60	1.6	2
2 Johnston, Brenden	96	Club Rapide	11.72	1.6	2
3 Andrews, Charlie	97	Nanaimo Track	12.04	1.6	2

4 Hsueh, Albert	96 Club Rapide	12.11	1.6	2
5 Gunderson, Chase	97 Cowichan Valley	12.12	1.6	2
6 Choi, Kevin	96 Club Rapide	12.18	1.6	2
7 MacEwan, Caelan	96 Peninsula Track	12.47	1.6	2
8 Masee, Rio	97 River City Elite	12.90	1.6	2

Event 22 Men 18-19 100 Meter Dash

Name	Year Team	Finals	Wind
1 Palou, Austin	95 Cowichan Valley	11.38	3.3
2 Parker, Liam	95 Unattached	12.32	3.3

Event 22 Men 40-44 100 Meter Dash

Name	Year Team	Finals	Wind
1 Naude, Steyn	73 Powell River	12.91	3.3
2 Bau, Rob	70 Unattached	13.19	3.3

Event 22 Men 70-74 100 Meter Dash

Name	Year Team	Finals	Wind
1 Shook, Vern	42 Nanaimo Track	15.99	3.3

Event 23 Girls 11 Year Olds 200 Meter Dash

Name	Year Team	Finals	Wind	H#
1 Bau, Olivia	02 Unattached B	30.57	NWI	2
2 Kennedy, Angelique	02 Comox Valley	31.42	NWI	2
3 Nbaoma, Nnya	02 Nanaimo Track	32.59	NWI	1
4 Williams, Olivia	02 Oceanside Track	32.72	NWI	2
5 Naude, Kristin	02 Powell River	32.81	NWI	2
6 Larkin, Mackenzie	02 Victoria Track	34.42	NWI	1
7 Chase, Sydney	02 Alberni Valley	34.78	NWI	1
8 Magana, Catalina	02 Oceanside Track	34.85	NWI	2
9 Morrison, Kate	02 Oceanside Track	35.67	NWI	1
10 Boon, Lucy	02 Cowichan Valley	36.31	NWI	1

Event 24 Girls 12 Year Olds 200 Meter Dash

Name	Year Team	Finals	Wind	H#
1 Johnson, Maria	01 Nanaimo Track	30.06	NWI	2
2 Gendall, Danae	01 Cowichan Valley	30.07	NWI	1
3 Ashcroft, Julia	01 Campbell River	30.33	NWI	2
4 Watson, Kaitlyn	01 Nanaimo Track	30.35	NWI	2
5 Frederiksen, Gwyneth	01 Unattached B	30.58	NWI	2
6 Carpendale, Ally	01 Powell River	31.51	NWI	1
7 Vallance, Ella	01 Powell River	31.62	NWI	2
8 Mastrodonato, Melaina	01 Powell River	33.02	NWI	1
9 Merner, Amanda	01 Nanaimo Track	34.95	NWI	1

Event 25 Girls 13 Year Olds 200 Meter Dash

Name	Year Team	Finals	Wind	H#
1 Matthews, Thea	00 Victoria Track	27.11	NWI	2
2 D'Agnolo, Nicole	00 Pacific Athletic	27.74	NWI	2

3	McPhee, Jaci	00	Campbell River	28.03	NWI	2
4	Dewit, Emma	00	Cowichan Valley	28.16	NWI	1
5	Paulus, Nairee	00	River City Elite	28.21	NWI	1
6	Matthews, Quinn	00	Victoria Track	28.43	NWI	1
7	Katzberg, Jessica	00	Nanaimo Track	28.68	NWI	1
8	Labelle, Kara	00	Cowichan Valley	29.68	NWI	2
9	Ory, Jessica	00	Nanaimo Track	30.05	NWI	2
10	Johnston, Mackenzie	00	Cowichan Valley	30.79	NWI	1
11	Cake, Emily	00	Nanaimo Track	31.11	NWI	2

Event 26 Girls 14 Year Olds 200 Meter Dash

Name	Year	Team	Finals	Wind
1	Gage, Kristen	99	River City Elite	27.43 2.6
2	Nighswander, Jane	99	Campbell River	29.20 2.6
3	Atkinson, Samantha	99	Campbell River	29.52 2.6
4	Smith, Mya	99	Alberni Valley	29.89 2.6
5	Benedict, Lauren	99	Club Rapide	30.32 2.6
6	Ferraro, Jamie	99	Nanaimo Track	32.18 2.6

Event 27 Girls 15 Year Olds 200 Meter Dash

Name	Year	Team	Finals	Wind	H#
1	Abbott, Calli-Ann	98	Powell River	26.30 1.6	1
2	Gummer, Chloe	98	Comox Valley	26.42 1.6	1
3	Heyd, Casey	98	Cowichan Valley	26.46 1.6	1
4	Mcfall, Natalie	98	UVIC	26.81 1.6	1
5	Bluschke, Renate	98	Comox Valley	28.08 1.6	1
6	Noshkin, Hayley	98	Nanaimo Track	31.55 2.6	2
7	Dickenson, Hayley	98	Nanaimo Track	33.01 2.6	2

Event 28 Women 16-17 200 Meter Dash

Name	Year	Team	Finals	Wind	H#
1	Smiley, Taryn	97	Cowichan Valley	26.09 2.1	2
2	Irvine, Malia	96	Comox Valley	26.85 2.1	2
3	Prairie, Manon	97	Nanaimo Track	27.34 2.1	2
4	Morton, Tayler	97	Comox Valley	27.43 2.1	2
5	Hoey, Chelsea	97	Oceanside Track	27.90 2.1	2

Event 28 Women 18-19 200 Meter Dash

Name	Year	Team	Finals	Wind
1	Cross, Mary-Kate	95	Cowichan Valley	26.10 1.6

Event 28 Women 55-59 200 Meter Dash

Name	Year	Team	Finals	Wind
1	Hendrie, Nola	55	Nanaimo Track	41.43 1.6

Event 28 Women 60-64 200 Meter Dash

Name	Year	Team	Finals	Wind
1	Shook, Karen	50	Nanaimo Track	35.01 1.6



## Event 29 Boys 11 Year Olds 200 Meter Dash

Name	Year Team	Finals	Wind	H#
1 Heisterman, Keaton	02 Nanaimo Track	29.17	NWI	2
2 Loughnane, Conor	02 Peninsula Track	29.42	NWI	2
3 Hall, Fergus	02 Campbell River	30.58	NWI	2
4 Katzberg, Ethan	02 Nanaimo Track	31.00	NWI	1
5 Southern, Wade	02 Powell River	32.83	NWI	2
6 Harrison, Noah	02 Cowichan Valley	33.95	NWI	1
7 Porchette, Nicholas	02 Powell River	33.99	NWI	2
8 Dickenson, Jeremy	02 Unattached	35.69	NWI	2
9 Munro, Tay	02 Cowichan Valley	36.18	NWI	2
10 Seery, Michael	02 Cowichan Valley	36.19	NWI	2
11 Lund, Aidan	02 Campbell River	36.35	NWI	1
12 Westerhof, Thys	02 Oceanside Track	37.29	NWI	1
13 Shewchuk, Tyler	02 Cowichan Valley	37.69	NWI	1
14 Keltie, Logan	02 Oceanside Track	38.28	NWI	1
15 Andersen, Ethan	02 Nanaimo Track	39.95	NWI	1

## Event 30 Boys 12 Year Olds 200 Meter Dash

Name	Year Team	Finals	Wind
1 Nahorney, Ty	01 Alberni Valley	29.02	NWI
2 Smith, Ethan	01 Oceanside Track	30.07	NWI
3 Close, Ethan	01 Cowichan Valley	31.00	NWI
4 Tozer, Devin	01 Nanaimo Track	32.07	NWI
5 Ferraro, Jett	01 Nanaimo Track	34.01	NWI
6 Walsh, Liam	01 Nanaimo Track	34.07	NWI
7 Cowan, Troy	01 Cowichan Valley	34.22	NWI
8 Schlitz, Luke	01 Unattached	36.97	NWI

## Event 31 Boys 13 Year Olds 200 Meter Dash

Name	Year Team	Finals	Wind
1 Sammons, Benjamin	00 Peninsula Track	28.92	NWI
2 Handel, Luke	00 Cowichan Valley	29.01	NWI
3 Parmar, Herman	00 Cowichan Valley	31.18	NWI
4 Miles, Justin	00 Peninsula Track	33.79	NWI

## Event 32 Boys 14 Year Olds 200 Meter Dash

Name	Year Team	Finals	Wind
1 Beaulé, Daniel	99 Comox Valley	25.36	NWI
2 O'Neill-Bains, Jesse	99 Pacific Athletic	26.05	NWI
3 Hay, Gregory	99 River City Elite	26.62	NWI
4 Speagle, Oliver	99 Alberni Valley	26.69	NWI
5 Adam, Oliver	99 Peninsula Track	26.77	NWI
6 Morrison, Simon	99 Oceanside Track	26.80	NWI
7 Naude, Juanre	99 Unattached	27.74	NWI
8 Postuk, Jerek	99 Cowichan Valley	33.07	NWI

## Event 33 Boys 15 Year Olds 200 Meter Dash

Name	Year Team	Finals	Wind
1 Richter, Felix	98 Oceanside Track	23.60	3.1
2 Weegar, Thompson	98 Alberni Valley	23.73	3.1

3 Sandri, Isaac 98 Nanaimo Track 26.38 3.1

Event 34 Men 16-17 200 Meter Dash

Name	Year Team	Finals	Wind
1 Lindsay, Liam	96 Cowichan Valley	22.68	2.5
2 Getty, Ethan	97 Pacific Athletic	23.51	2.5
3 Andrews, Charlie	97 Nanaimo Track	24.13	2.5
4 Bellerose, Kabir	97 Cowichan Valley	24.53	2.5
5 Gunderson, Chase	97 Cowichan Valley	24.58	2.5

Event 34 Men 40-44 200 Meter Dash

Name	Year Team	Finals	Wind
1 Naude, Steyn	73 Powell River	27.38	2.5

Event 34 Men 70-74 200 Meter Dash

Name	Year Team	Finals	Wind
1 Shook, Vern	42 Nanaimo Track	33.11	2.5

Event 35 Girls 12 Year Olds 300 Meter Dash

Name	Year Team	Finals
1 Watson, Kaitlyn	01 Nanaimo Track	48.47
2 Ashcroft, Julia	01 Campbell River	50.47
3 Gendall, Danae	01 Cowichan Valley	52.67
4 Pallard, Evelynne	01 Nanaimo Track	53.67
5 Vallance, Ella	01 Powell River	54.81
6 Mastrodonato, Melaina	01 Powell River	54.86
7 Seery, Katelyn	01 Cowichan Valley	57.20
8 Head, Abby	01 Powell River	59.44

Event 36 Girls 13 Year Olds 300 Meter Dash

Name	Year Team	Finals
1 Matthews, Thea	00 Victoria Track	43.13
2 Heisterman, Madison	00 Nanaimo Track	43.52
3 Matthews, Quinn	00 Victoria Track	44.93
4 D'Agnolo, Nicole	00 Pacific Athletic	45.09
5 Alexander, Julia	00 Comox Valley	45.35
6 Paulus, Nairee	00 River City Elite	47.25
7 Starr, Emma	00 Cowichan Valley	48.16
8 Stewart, Hope	00 Nanaimo Track	48.23

Event 37 Girls 14 Year Olds 300 Meter Dash

Name	Year Team	Finals
1 Gage, Kristen	99 River City Elite	44.18
2 Masee, Callie Ann	99 River City Elite	49.48
3 Smith, Mya	99 Alberni Valley	50.15
4 Atkinson, Samantha	99 Campbell River	51.02
5 Head, Eden	99 Powell River	52.76
6 Ferraro, Jamie	99 Nanaimo Track	54.53

## Event 38 Girls 15 Year Olds 300 Meter Dash

Name	Year Team	Finals
1 Gummer, Chloe	98 Comox Valley	42.71
2 Lindsay, Nicole	98 Cowichan Valley	43.48
3 Bluschke, Renate	98 Comox Valley	45.94
4 Morris, Amy	98 Nanaimo Track	47.49
5 Phillips, Shayla	98 Comox Valley	48.85

## Event 39 Boys 12 Year Olds 300 Meter Dash

Name	Year Team	Finals
1 Tozer, Devin	01 Nanaimo Track	53.59
2 Schlitz, Luke	01 Unattached	1:02.83

## Event 40 Boys 13 Year Olds 300 Meter Dash

Name	Year Team	Finals
1 Handel, Luke	00 Cowichan Valley	50.36
2 Parmar, Herman	00 Cowichan Valley	50.38

## Event 41 Boys 14 Year Olds 300 Meter Dash

Name	Year Team	Finals
1 Beaulé, Daniel	99 Comox Valley	41.13
2 Elliott, Noah	99 Oceanside Track	41.49
3 Armstrong, Luke	99 Cowichan Valley	42.29
4 Johnson, David	99 Peninsula Track	47.79
5 Anderson, Derek	99 Cowichan Valley	48.14

## Event 42 Boys 15 Year Olds 300 Meter Dash

Name	Year Team	Finals
1 Richter, Felix	98 Oceanside Track	38.03
2 Chin, Conrad	98 UVIC	40.13
3 Sandri, Isaac	98 Nanaimo Track	41.31

## Event 43 Women 16-17 400 Meter Dash

Name	Year Team	Finals
1 May, Kyla	97 Comox Valley	1:01.32
2 Irvine, Malia	96 Comox Valley	1:03.87
3 McLeod, Mackenzie	96 Comox Valley	1:04.11

## Event 43 Women 18-19 400 Meter Dash

Name	Year Team	Finals
1 Simpson, Josephine	95 Campbell River	1:04.08

## Event 43 Women 20-34 400 Meter Dash

Name	Year Team	Finals
1 Shook, Karen	50 Nanaimo Track	1:26.39

## Event 45 Men 16-17 400 Meter Dash

Name	Year Team	Finals
1 Miller, Sean	96 Nanaimo Track	55.74
2 Serban, Anthony	97 Nanaimo Track	58.04
3 Masee, Rio	97 River City Elite	58.14
4 Coulter, Steven	97 CR Christian	59.38

## Event 45 Men 18-19 400 Meter Dash

Name	Year Team	Finals
1 Commandeur, Adam	95 Comox Valley	51.34
2 Johnson, Kyle	95 Comox Valley	53.13
3 Gill, Holden	94 Club Rapide	57.58

## Event 46 Men 40-44 400 Meter Dash

Name	Year Team	Finals
1 Heisterman, Tyler	73 Nanaimo Track	1:00.77

## Event 47 Girls 9 Year Olds 600 Meter Run

Name	Year Team	Finals
1 Starr, Madeline	04 Cowichan Valley	2:15.68
2 Lucas, Olivia	04 Peninsula Track	2:20.66
3 Blumel, Margo	04 Cowichan Valley	2:30.85
4 Nahorney, Kali	04 Alberni Valley	2:40.50

## Event 48 Girls 10 Year Olds 600 Meter Run

Name	Year Team	Finals
1 Schmunk, Annika	03 Powell River	2:07.22
2 Randell-Guy, Lauren	03 Victoria Track	2:12.74
3 Peterson, Julia	03 Peninsula Track	2:19.96
4 VanDenBulk, Alexis	03 Peninsula Track	2:30.01

## Event 49 Girls 11 Year Olds 600 Meter Run

Name	Year Team	Finals
1 Kennedy, Angelique	02 Comox Valley	1:59.59
2 Mitchell, Makayla	02 Nanaimo Track	2:04.59
3 Bau, Olivia	02 Unattached B	2:06.95
4 Williams, Olivia	02 Oceanside Track	2:10.42
5 Naude, Kristin	02 Powell River	2:12.33
6 Magana, Catalina	02 Oceanside Track	2:12.96
7 Chase, Sydney	02 Alberni Valley	2:17.66

## Event 50 Boys 9 Year Olds 600 Meter Run

Name	Year Team	Finals
1 Watson, Jayden	04 Nanaimo Track	2:03.66
2 Dean, Logan	04 Nanaimo Track	2:27.58

## Event 51 Boys 10 Year Olds 600 Meter Run

Name	Year	Team	Finals
1 Aiken, Nelson	03	Victoria Track	1:59.28
2 Vallance, Caleb	03	Powell River	2:05.71
3 Head, Leo	03	Powell River	2:11.04
4 Vallee, Ty	03	Alberni Valley	2:12.45
5 Symington, David	03	Alberni Valley	2:19.24
6 McKay, Robert	03	Alberni Valley	2:19.29
7 Igbinoso, Stephen	03	Nanaimo Track	2:19.46
8 Schlitz, Brett	03	Nanaimo Track	2:20.62
9 Johnson, Michael	03	Peninsula Track	2:28.85
10 Marriott, Ryan	03	Alberni Valley	2:36.96

## Event 52 Boys 11 Year Olds 600 Meter Run

Name	Year	Team	Finals
1 Loughnane, Conor	02	Peninsula Track	2:06.06
2 Hall, Fergus	02	Campbell River	2:06.31
3 Southern, Wade	02	Powell River	2:11.27
4 Harrison, Noah	02	Cowichan Valley	2:11.69
5 Lund, Aidan	02	Campbell River	2:23.55
6 Munro, Tay	02	Cowichan Valley	2:24.11
7 Shields-Brown, Michael	02	Campbell River	2:25.18
8 Seery, Michael	02	Cowichan Valley	2:35.70

## Event 53 Girls 12 Year Olds 800 Meter Run

Name	Year	Team	Finals
1 Pallard, Evelyne	01	Nanaimo Track	2:43.30
2 Watson, Kaitlyn	01	Nanaimo Track	2:50.79
3 Merner, Amanda	01	Nanaimo Track	3:14.71
4 Wilson, Emma	01	Cowichan Valley	3:21.47

## Event 54 Girls 13 Year Olds 800 Meter Run

Name	Year	Team	Finals
1 Heisterman, Madison	00	Nanaimo Track	2:22.49
2 Alexander, Julia	00	Comox Valley	2:34.48
3 Matthews, Thea	00	Victoria Track	2:39.97
4 Andersen, Marina	00	Nanaimo Track	2:44.45
5 Sayah, Taylor	00	Oceanside Track	3:00.20
6 Duncan, Madelene	00	Oceanside Track	3:03.72

## Event 55 Girls 14 Year Olds 800 Meter Run

Name	Year	Team	Finals
1 Gage, Kristen	99	River City Elite	2:26.85
2 Hill, Olivia	99	River City Elite	2:32.29
3 Minfray, Anna	99	Campbell River	2:44.81
4 Masee, Callie Ann	99	River City Elite	2:51.09
5 Atkinson, Samantha	99	Campbell River	3:06.17

## Event 56 Girls 15 Year Olds 800 Meter Run

Name	Year	Team	Finals
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1	Morris, Amy	98 Nanaimo Track	2:23.30
2	Gummer, Chloe	98 Comox Valley	2:23.87
3	Hinsberger, Cassidy	98 River City Elite	2:31.65

Event 57 Women 16-17 800 Meter Run

Name	Year	Team	Finals
2	May, Kyla	97 Comox Valley	2:37.87

Event 57 Women 18-19 800 Meter Run

Name	Year	Team	Finals
1	Simpson, Josephine	95 Campbell River	2:31.43

Event 58 Boys 12 Year Olds 800 Meter Run

Name	Year	Team	Finals
1	Day, Colby	01 Nanaimo Track	2:49.61
2	Day, Findlay	01 Victoria Track	2:51.03
3	Tozer, Devin	01 Nanaimo Track	2:57.24
4	Malherbe, Jean-Louw	01 Cowichan Valley	2:58.49

Event 59 Boys 13 Year Olds 800 Meter Run

Name	Year	Team	Finals
1	Battersby, Finn	00 Peninsula Track	2:34.12
2	Parmar, Herman	00 Cowichan Valley	2:55.45

Event 60 Boys 14 Year Olds 800 Meter Run

Name	Year	Team	Finals
1	Cooper, Jack	99 Victoria Track	2:19.52
2	Speagle, Oliver	99 Alberni Valley	2:21.11
3	Williamson, Jordan	99 Campbell River	2:36.67
4	Johnson, David	99 Peninsula Track	2:40.85
5	Postuk, Christopher	99 Cowichan Valley	2:45.77
6	Lorenzo, Cameron	99 Peninsula Track	2:55.64

Event 61 Boys 15 Year Olds 800 Meter Run

Name	Year	Team	Finals
1	Lyman, Taylor	98 Unattached	2:05.32
2	Bailey, Josh	98 Nanaimo Track	2:05.65
3	Mitchell, Rylee	98 Alberni Valley	2:08.07

Event 62 Men 16-17 800 Meter Run

Name	Year	Team	Finals
1	Degroot, AndrewR.	96 Nanaimo Track	2:00.70
2	Serban, Christopher	97 Nanaimo Track	2:11.19
3	Massee, Rio	97 River City Elite	2:13.32

Event 62 Men 18-19 800 Meter Run

Name	Year	Team	Finals
1 Commandeur, Scott	95	Comox Valley	1:58.53
2 Commandeur, Adam	95	Comox Valley	2:00.26
3 Gill, Holden	94	Club Rapide	2:10.81

Event 62 Men 90-94 800 Meter Run

Name	Year	Team	Finals
1 Johannsen, Kyle	99	Cowichan Valley	2:03.43

Event 63 Girls 9 1000 Meter Run

Name	Year	Team	Finals
1 Barron, Madison	04	Cowichan Valley	4:23.54
2 Blumel, Margo	04	Cowichan Valley	4:28.78

Event 63 Girls 10 1000 Meter Run

Name	Year	Team	Finals
1 Schmunk, Annika	03	Powell River	3:45.09
2 Randell-Guy, Lauren	03	Victoria Track	3:53.07
3 Peterson, Julia	03	Peninsula Track	3:59.58
4 VanDenBulk, Alexis	03	Peninsula Track	4:15.48

Event 63 Girls 11 1000 Meter Run

Name	Year	Team	Finals
1 Dickenson, Karly	02	Nanaimo Track	3:37.86
2 Naude, Kristin	02	Powell River	3:48.87
3 Magana, Catalina	02	Oceanside Track	4:00.45
4 Chase, Sydney	02	Alberni Valley	4:02.31

Event 64 Boys 9 1000 Meter Run

Name	Year	Team	Finals
1 Watson, Jayden	04	Nanaimo Track	3:37.91
2 Barron, Elijah	04	Cowichan Valley	4:24.24

Event 64 Boys 10 1000 Meter Run

Name	Year	Team	Finals
1 Aiken, Nelson	03	Victoria Track	3:28.97
2 Vallance, Caleb	03	Powell River	3:41.84
3 Head, Leo	03	Powell River	3:53.59
4 Jack, Isaac	03	Alberni Valley	4:03.24
5 Vallee, Ty	03	Alberni Valley	4:04.19
6 McKay, Robert	03	Alberni Valley	4:08.53
7 Johnson, Michael	03	Peninsula Track	4:09.66
8 Marriott, Ryan	03	Alberni Valley	4:14.61
9 Shields, Luke	03	Oceanside Track	4:47.23

Event 64 Boys 11 1000 Meter Run

Name	Year	Team	Finals
1 Rimmer, Hugh	02	Cowichan Valley	3:36.36
2 Harrison, Noah	02	Cowichan Valley	3:42.85
3 Hilton, Matteo	02	Peninsula Track	3:48.86
4 Munro, Tay	02	Cowichan Valley	4:03.39

Event 65 Girls 12 1200 Meter Run

Name	Year	Team	Finals
1 Pallard, Evelynne	01	Nanaimo Track	4:23.14
2 Vallance, Ella	01	Powell River	4:46.82
3 Williams, Destiny	01	Comox Valley	5:11.63
4 Wilson, Emma	01	Cowichan Valley	5:12.68

Event 65 Girls 13 1200 Meter Run

Name	Year	Team	Finals
1 Matthews, Quinn	00	Victoria Track	4:08.76
2 Stewart, Hope	00	Nanaimo Track	4:08.78
3 Hilton, Anna-Maria	00	Peninsula Track	4:19.35
4 Duncan, Madelene	00	Oceanside Track	4:42.77
5 Ravetch, Rosie	00	Pacific Athletic	4:50.34
6 Cutt, Julia	00	Cowichan Valley	5:07.02
7 Gage, Lindsay	00	Campbell River	5:48.53

Event 66 Girls 14 1200 Meter Run

Name	Year	Team	Finals
1 Hill, Olivia	99	River City Elite	4:02.39
2 Minfray, Anna	99	Campbell River	4:30.73
3 Masee, Callie Ann	99	River City Elite	4:30.85

Event 66 Girls 15 1200 Meter Run

Name	Year	Team	Finals
1 Hinsberger, Cassidy	98	River City Elite	4:05.25
2 Dickenson, Hayley	98	Nanaimo Track	4:21.49

Event 67 Boys 12 1200 Meter Run

Name	Year	Team	Finals
1 Day, Findlay	01	Victoria Track	4:29.17

Event 67 Boys 13 1200 Meter Run

Name	Year	Team	Finals
1 Battersby, Finn	00	Peninsula Track	4:00.10

Event 68 Boys 14 1200 Meter Run

Name	Year	Team	Finals
1 Cooper, Jack	99	Victoria Track	3:48.65
2 Ogihara-Kertz, James	99	Cowichan Valley	4:15.38



3 Johnson, David	99 Peninsula Track	4:19.98
4 Postuk, Jerek	99 Cowichan Valley	4:22.30
5 Lorenzo, Cameron	99 Peninsula Track	4:34.63

Event 68 Boys 15 1200 Meter Run

Name	Year Team	Finals
1 Bailey, Josh	98 Nanaimo Track	3:26.84

Event 70 Men 16-17 1500 Meter Run

Name	Year Team	Finals
1 Miller, Sean	96 Nanaimo Track	4:22.84
2 Serban, Anthony	97 Nanaimo Track	4:25.87
3 Serban, Christopher	97 Nanaimo Track	4:28.91
4 Cutt, Miles	96 Cowichan Valley	5:06.88

Event 70 Men 18-19 1500 Meter Run

Name	Year Team	Finals
1 Schneider, Colson	95 Oceanside Track	5:05.44

Event 71 Girls 13 2000 Meter Run

Name	Year Team	Finals
1 White, Emerald	00 Cowichan Valley	7:32.02
2 Hilton, Anna-Maria	00 Peninsula Track	7:41.08

Event 71 Girls 14 2000 Meter Run

Name	Year Team	Finals
1 Belknap, Delaney	99 Peninsula Track	7:49.51
2 Minfray, Anna	99 Campbell River	8:14.42

Event 71 Girls 15 2000 Meter Run

Name	Year Team	Finals
1 Hinsberger, Cassidy	98 River City Elite	7:15.82

Event 72 Boys 13 2000 Meter Run

Name	Year Team	Finals
1 Battersby, Finn	00 Peninsula Track	6:57.02

Event 72 Boys 14 2000 Meter Run

Name	Year Team	Finals
1 Postuk, Jerek	99 Cowichan Valley	7:57.86
2 Postuk, Sam	99 Cowichan Valley	8:06.07
3 Greentree, Wesley	99 CR Christian	8:34.66

Event 72 Boys 15 2000 Meter Run

Name	Year Team	Finals
1 Bailey, Josh	98 Nanaimo Track	6:02.40

Event 74 Men 16-17 3000 Meter Run

Name	Year Team	Finals
1 Coulter, Steven	97 CR Christian	10:49.49
2 Cutt, Miles	96 Cowichan Valley	11:20.88

Event 74 Men 18-19 3000 Meter Run

Name	Year Team	Finals
1 Commandeur, Scott	95 Comox Valley	9:33.61

Event 79 Girls 9 800 Meter Race Walk

Name	Year Team	Finals
1 Nahorney, Kali	04 Alberni Valley	6:29.15
2 Blumel, Margo	04 Cowichan Valley	7:26.54

Event 79 Girls 10 800 Meter Race Walk

Name	Year Team	Finals
1 Peterson, Julia	03 Peninsula Track	6:44.47
2 VanDenBulk, Alexis	03 Peninsula Track	6:56.37

Event 79 Girls 11 800 Meter Race Walk

Name	Year Team	Finals
1 Mitchell, Makayla	02 Nanaimo Track	4:49.61

Event 79 Girls 12 800 Meter Race Walk

Name	Year Team	Finals
1 Head, Abby	01 Powell River	5:08.79
2 Dimter, Julia	01 Nanaimo Track	5:09.96

Event 80 Boys 9 800 Meter Race Walk

Name	Year Team	Finals
1 Watson, Jayden	04 Nanaimo Track	5:39.83

Event 80 Boys 10 800 Meter Race Walk

Name	Year Team	Finals
1 Vallance, Caleb	03 Powell River	6:25.28
2 Head, Leo	03 Powell River	6:25.30

Event 80 Boys 12 800 Meter Race Walk

Name	Year Team	Finals
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1 Contant, Yanick	01 Alberni Valley	4:48.88
2 Gartside, Thomas	01 Peninsula Track	5:13.17

Event 81 Girls 13 1500 Meter Race Walk

Name	Year Team	Finals
1 Sayah, Taylor	00 Oceanside Track	8:38.86
2 Andersen, Marina	00 Nanaimo Track	8:44.58
3 White, Emerald	00 Cowichan Valley	8:56.71
4 Katzberg, Jessica	00 Nanaimo Track	9:36.77
5 Labelle, Kara	00 Cowichan Valley	10:15.54

Event 81 Girls 14 1500 Meter Race Walk

Name	Year Team	Finals
1 Shields-Brown, Mairin	99 Campbell River	9:34.40

Event 82 Boys 14 1500 Meter Race Walk

Name	Year Team	Finals
1 Postuk, Sam	99 Cowichan Valley	10:41.53
2 Postuk, Christopher	99 Cowichan Valley	10:53.33

Event 94 Boys 14 1500 Meter Steeplechase 30" NO WATER

Name	Year Team	Finals
1 Williamson, Jordan	99 Campbell River	5:56.7h

Event 95 Women 18-19 2000 Meter Steeplechase 30"

Name	Year Team	Finals
1 Simpson, Josephine	95 Campbell River	7:41.5h

Event 101 Girls 9 Year Olds 60 Meter Hurdles 6 x 21"

Name	Year Team	Finals	Wind
1 Starr, Madeline	04 Cowichan Valley	11.83	NWI
2 Lucas, Olivia	04 Peninsula Track	14.06	NWI
3 Biggs, Kailey	04 Comox Valley	14.82	NWI
4 Nahorney, Kali	04 Alberni Valley	14.85	NWI
5 Blumel, Margo	04 Cowichan Valley	14.86	NWI
6 Phillips, Laura	04 Nanaimo Track	15.04	NWI

Event 102 Girls 10 Year Olds 60 Meter Hurdles 6 x 24"

Name	Year Team	Finals	Wind
1 Schmunk, Annika	03 Powell River	11.14	NWI
2 Randell-Guy, Lauren	03 Victoria Track	12.37	NWI
3 Peterson, Julia	03 Peninsula Track	12.95	NWI
4 VanDenBulk, Alexis	03 Peninsula Track	13.06	NWI
5 Waite, Jessie	03 Oceanside Track	13.69	NWI
6 Paugh, Madison	03 Nanaimo Track	13.93	NWI

Event 103 Girls 11 Year Olds 60 Meter Hurdles 6 x 24"

Name	Year	Team	Finals	Wind	H#
1 Anderson, Birkley	02	Cowichan Valley	11.53	NWI	2
2 Naude, Kristin	02	Powell River	11.78	NWI	1
3 Fougner-Rukus, Reece	02	Cowichan Valley	11.79	NWI	1
4 Magana, Catalina	02	Oceanside Track	12.19	NWI	2
5 Chase, Sydney	02	Alberni Valley	12.98	NWI	2
5 Waite, Joanna	02	Oceanside Track	12.98	NWI	1
7 Larkin, Mackenzie	02	Victoria Track	13.13	NWI	2
8 Maxwell, Ainsley	02	Nanaimo Track	13.95	NWI	1
9 Weaver, Charlotte	02	Nanaimo Track	13.96	NWI	2
10 Green, Elise	02	Nanaimo Track	14.01	NWI	1

Event 104 Boys 9 Year Olds 60 Meter Hurdles 6 x 21"

Name	Year	Team	Finals	Wind
1 Watson, Jayden	04	Nanaimo Track	11.5h	NWI
2 Henry, Stirling	04	Nanaimo Track	12.8h	NWI
3 Barron, Elijah	04	Cowichan Valley	13.0h	NWI
4 Putz, Jake	04	Nanaimo Track	13.7h	NWI
5 Veasey, Ryan	04	Nanaimo Track	14.4h	NWI
6 Walters, Kingston	04	Nanaimo Track	16.8h	NWI

Event 105 Boys 10 Year Olds 60 Meter Hurdles 6 x 24"

Name	Year	Team	Finals	Wind	H#
1 Igbinosa, Stephen	03	Nanaimo Track	11.47	NWI	1
2 Symington, David	03	Alberni Valley	12.58	NWI	2
3 Vallance, Caleb	03	Powell River	12.60	NWI	2
4 McIntyre, Jacob	03	Cowichan Valley	12.83	NWI	1
5 Head, Leo	03	Powell River	13.27	NWI	1
6 Jack, Isaac	03	Alberni Valley	13.36	NWI	1
7 Reid, Brighton	03	Cowichan Valley	13.88	NWI	2
8 Schlitz, Brett	03	Nanaimo Track	14.79	NWI	2
9 Vallee, Ty	03	Alberni Valley	15.24	NWI	1
10 Johnson, Michael	03	Peninsula Track	15.89	NWI	2
11 Shields, Luke	03	Oceanside Track	17.97	NWI	1
12 Marriott, Ryan	03	Alberni Valley	24.03	NWI	2

Event 106 Boys 11 Year Olds 60 Meter Hurdles 6 x 24"

Name	Year	Team	Finals	Wind
1 Heisterman, Keaton	02	Nanaimo Track	11.03	NWI
2 Katzberg, Ethan	02	Nanaimo Track	11.19	NWI
3 Southern, Wade	02	Powell River	11.91	NWI
4 Porchette, Nicholas	02	Powell River	12.39	NWI
5 Hilton, Matteo	02	Peninsula Track	13.30	NWI
6 Keltie, Logan	02	Oceanside Track	14.45	NWI
7 Andersen, Ethan	02	Nanaimo Track	14.47	NWI

Event 107 Girls 12 Year Olds 80 Meter Hurdles 8 x 27"

Name	Year	Team	Finals	Wind	H#
1 Pollock, Madelyn	01	Cowichan Valley	14.85	NWI	1
2 Carpendale, Ally	01	Powell River	14.87	NWI	2
3 Vallance, Ella	01	Powell River	15.19	NWI	2

4	Gendall, Danae	01	Cowichan Valley	15.49	NWI	2
5	Murray, Marissa	01	Pacific Athletic	15.66	NWI	2
6	Terpstra, Rhiannon	01	Oceanside Track	16.22	NWI	2
7	Pimentel, Athena	01	Peninsula Track	16.50	NWI	1
8	Mastrodonato, Melaina	01	Powell River	16.56	NWI	1
9	Williams, Destiny	01	Comox Valley	16.71	NWI	1
10	Head, Abby	01	Powell River	17.33	NWI	1

Event 108 Girls 13 Year Olds 80 Meter Hurdles 8 x 30"

Name	Year	Team	Finals	Wind	H#
1	D'Agnolo, Nicole	00	Pacific Athletic	13.56	NWI 1
2	Matthews, Thea	00	Victoria Track	13.81	NWI 1
3	Paulus, Nairee	00	River City Elite	14.19	NWI 2
4	Matthews, Quinn	00	Victoria Track	14.59	NWI 2
5	Dewit, Emma	00	Cowichan Valley	14.74	NWI 1
6	Paine, Samara	00	Oceanside Track	14.79	NWI 2
7	Starr, Emma	00	Cowichan Valley	15.04	NWI 2
8	Sayah, Taylor	00	Oceanside Track	16.80	NWI 1

Event 109 Girls 14 Year Olds 80 Meter Hurdles 8 x 30"

Name	Year	Team	Finals	Wind	H#
1	Paisley, Sophie	99	Cowichan Valley	14.52	-0.3 2
2	Reierson, Tekarra	99	Campbell River	14.77	-0.1 1
3	Irwin, Julia	99	Peninsula Track	14.82	-0.3 2
4	Broere, Cate	99	Cowichan Valley	16.00	-0.1 1
5	Nighswander, Jane	99	Campbell River	16.22	-0.1 1
6	Smith, Mya	99	Alberni Valley	16.95	-0.3 2
7	Head, Eden	99	Powell River	17.76	-0.1 1
8	Jager, Ayden	99	Alberni Valley	18.12	-0.3 2

Event 110 Girls 15 Year Olds 80 Meter Hurdles 8 x 30"

Name	Year	Team	Finals	Wind
1	Abbott, Calli-Ann	98	Powell River	15.43 0.1

Event 111 Boys 12 Year Olds 80 Meter Hurdles 8 x 27"

Name	Year	Team	Finals	Wind
1	Furtado, Blake	01	Peninsula Track	15.31 NWI
2	Hunter, Alex	01	Oceanside Track	16.49 NWI
3	Day, Colby	01	Nanaimo Track	16.51 NWI
4	Ferraro, Jett	01	Nanaimo Track	17.63 NWI
5	Tozer, Devin	01	Nanaimo Track	17.80 NWI
6	Walsh, Liam	01	Nanaimo Track	17.88 NWI

Event 112 Boys 13 Year Olds 80 Meter Hurdles 8 x 30"

Name	Year	Team	Finals	Wind
1	Sammons, Benjamin	00	Peninsula Track	14.63 NWI
2	Hopkins, Brennan	00	Peninsula Track	16.58 NWI

Event 113 Boys 14 Year Olds 100 Meter Hurdles 10 x 33"

Name	Year	Team	Finals	Wind
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1	O'Neill-Bains, Jesse	99	Pacific Athletic	18.49	NWI
2	Anderson, Derek	99	Cowichan Valley	21.19	NWI

Event 115 Women 16-17 100 Meter Hurdles 10 x 30"

Name	Year	Team	Finals	Wind
1	Kemps, Mackenzie	96	Alberni Valley	18.47 -2.5

Event 117 Men 16-17 110 Meter Hurdles 10 x 36"

Name	Year	Team	Finals	Wind
1	Smith, Kaelan	97	Peninsula Track	17.41 NWI
2	MacEwan, Caelan	96	Peninsula Track	17.65 NWI

Event 120 Girls 12 Year Olds 200 Meter Hurdles 5 x 24"

Name	Year	Team	Finals	Wind
1	Watson, Kaitlyn	01	Nanaimo Track	32.21 NWI
2	Carpendale, Ally	01	Powell River	32.63 NWI
3	Johnson, Maria	01	Nanaimo Track	34.39 NWI
4	Williams, Destiny	01	Comox Valley	35.04 NWI
5	Mastrodonato, Melaina	01	Powell River	35.27 NWI
6	Pimentel, Athena	01	Peninsula Track	36.83 NWI
7	Seery, Katelyn	01	Cowichan Valley	39.24 NWI

Event 121 Girls 13 Year Olds 200 Meter Hurdles 5 x 27"

Name	Year	Team	Finals	Wind	H#	
1	D'Agnolo, Nicole	00	Pacific Athletic	29.57	NWI	1
2	Matthews, Thea	00	Victoria Track	30.19	NWI	1
3	Matthews, Quinn	00	Victoria Track	30.39	NWI	2
4	Paulus, Nairee	00	River City Elite	30.49	NWI	2
5	Dewit, Emma	00	Cowichan Valley	30.89	NWI	2
6	Starr, Emma	00	Cowichan Valley	33.69	NWI	1
7	Sayah, Taylor	00	Oceanside Track	35.44	NWI	1
8	Hilton, Anna-Maria	00	Peninsula Track	35.83	NWI	2

Event 122 Boys 12 Year Olds 200 Meter Hurdles 5 x 24"

Name	Year	Team	Finals	Wind
1	Furtado, Blake	01	Peninsula Track	33.31 NWI
2	Day, Colby	01	Nanaimo Track	35.05 NWI
3	Ferraro, Jett	01	Nanaimo Track	35.12 NWI
4	Walsh, Liam	01	Nanaimo Track	37.76 NWI
5	Tozer, Devin	01	Nanaimo Track	38.80 NWI
6	Schlitz, Luke	01	Unattached	39.30 NWI

Event 123 Boys 13 Year Olds 200 Meter Hurdles 5 x 27"

Name	Year	Team	Finals	Wind
1	Sammons, Benjamin	00	Peninsula Track	31.56 NWI
2	Battersby, Finn	00	Peninsula Track	34.37 NWI

Event 124 Girls 14 Year Olds 200 Meter Hurdles 5 x 30"

Name	Year	Team	Finals	Wind	H#
1 Hoey, Makayla	99	Oceanside Track	29.95	NWI	2
2 Gage, Kristen	99	River City Elite	30.74	NWI	1
3 Paisley, Sophie	99	Cowichan Valley	31.97	NWI	1
4 Irwin, Julia	99	Peninsula Track	32.10	NWI	2
5 Fashina-Bombala, Hassy	99	Nanaimo Track	32.11	NWI	2
6 Reiersen, Tekarra	99	Campbell River	32.95	NWI	1
7 Peterson, Meagan	99	Peninsula Track	33.88	NWI	2
8 Broere, Cate	99	Cowichan Valley	34.03	NWI	3
9 Smith, Mya	99	Alberni Valley	34.77	NWI	3
10 Head, Eden	99	Powell River	36.38	NWI	3
11 Ferraro, Jamie	99	Nanaimo Track	37.14	NWI	2
12 Jager, Ayden	99	Alberni Valley	38.08	NWI	3

Event 125 Girls 15 Year Olds 200 Meter Hurdles 5 x 30"

Name	Year	Team	Finals	Wind
1 Abbott, Calli-Ann	98	Powell River	29.92	NWI
2 Gummer, Chloe	98	Comox Valley	32.62	NWI

Event 126 Boys 14 Year Olds 200 Meter Hurdles 5 x 30"

Name	Year	Team	Finals	Wind
1 Poon, Justin	99	Pacific Athletic	30.44	-0.7
2 Cooper, Jack	99	Victoria Track	32.89	-0.7

Event 128 Women 16-17 300 Meter Hurdles 7 x 30"

Name	Year	Team	Finals
1 McLeod, Mackenzie	96	Comox Valley	49.05

Event 129 Men 16-17 300 Meter Hurdles 7 x 33"

Name	Year	Team	Finals
1 Bellerose, Kabir	97	Cowichan Valley	43.89

Event 134 Girls 9 Year Olds High Jump

Name	Year	Team	Finals
1 Starr, Madeline	04	Cowichan Valley	0.99m
2 Blumel, Margo	04	Cowichan Valley	0.90m
3 Lucas, Olivia	04	Peninsula Track	0.80m
3 Nahorney, Kali	04	Alberni Valley	0.80m

Event 135 Girls 10 Year Olds High Jump

Name	Year	Team	Finals
1 Paugh, Madison	03	Nanaimo Track	1.00m
2 Randell-Guy, Lauren	03	Victoria Track	0.95m
2 Peterson, Julia	03	Peninsula Track	0.95m
-- VanDenBulk, Alexis	03	Peninsula Track	NH

Event 136 Girls 11 Year Olds High Jump

Name	Year	Team	Finals
1 Williams, Olivia	02	Oceanside Track	1.22m
2 Fougner-Rukus, Reece	02	Cowichan Valley	1.18m
3 Kennedy, Angelique	02	Comox Valley	1.10m
4 Mitchell, Makayla	02	Nanaimo Track	1.05m
5 Naude, Kristin	02	Powell River	J1.05m
6 Magana, Catalina	02	Oceanside Track	0.95m

Event 137 Girls 12 Year Olds High Jump

Name	Year	Team	Finals
1 Frederiksen, Gwyneth	01	Unattached B	1.46m
2 Mastrodonato, Melaina	01	Powell River	1.20m
3 Gendall, Danae	01	Cowichan Valley	J1.20m
4 Dimter, Julia	01	Nanaimo Track	1.15m
4 Vallance, Ella	01	Powell River	1.15m
4 Carpendale, Ally	01	Powell River	1.15m
7 Williams, Destiny	01	Comox Valley	J1.15m
8 Seery, Katelyn	01	Cowichan Valley	1.10m
9 Pimentel, Athena	01	Peninsula Track	1.05m
10 Head, Abby	01	Powell River	1.00m
-- Wilson, Emma	01	Cowichan Valley	NH

Event 138 Girls 13 Year Olds High Jump

Name	Year	Team	Finals
1 Starr, Emma	00	Cowichan Valley	1.40m
2 Ory, Jessica	00	Nanaimo Track	J1.40m
3 Labelle, Kara	00	Cowichan Valley	1.35m
3 Matthews, Quinn	00	Victoria Track	1.35m
3 Kedves, Sarah	00	Nanaimo Track	1.35m
6 Johnston, Mackenzie	00	Cowichan Valley	J1.35m
7 Matthews, Thea	00	Victoria Track	J1.35m
8 Katzberg, Jessica	00	Nanaimo Track	1.30m
9 Stewart, Hope	00	Nanaimo Track	1.25m
9 Proctor, Allie	00	Oceanside Track	1.25m
11 D'Agnolo, Nicole	00	Pacific Athletic	J1.25m
12 Paulus, Nairee	00	River City Elite	1.20m
13 Hilton, Anna-Maria	00	Peninsula Track	J1.20m
14 Dewit, Emma	00	Cowichan Valley	1.15m
15 Ravetch, Rosie	00	Pacific Athletic	1.10m
-- Duncan, Madelene	00	Oceanside Track	NH

Event 139 Girls 14 Year Olds High Jump

Name	Year	Team	Finals
1 Paisley, Sophie	99	Cowichan Valley	1.45m
1 Fashina-Bombala, Hassy	99	Nanaimo Track	1.45m
1 Hoey, Makayla	99	Oceanside Track	1.45m
4 Broere, Cate	99	Cowichan Valley	1.30m
5 Shields-Brown, Mairin	99	Campbell River	1.25m
5 Peterson, Meagan	99	Peninsula Track	1.25m
7 Irwin, Julia	99	Peninsula Track	J1.25m
8 Dass, Norina	99	Alberni Valley	1.20m
-- Jager, Ayden	99	Alberni Valley	NH
-- Head, Eden	99	Powell River	NH



## Event 140 Girls 15 Year Olds High Jump

Name	Year	Team	Finals
1 Abbott, Calli-Ann	98	Powell River	1.40m
2 Irwin, Lara	98	Pacific Athletic	1.35m
3 Kaiser, Paige	98	Pacific Athletic	J1.35m
4 Carolan, Hayley	98	Unattached	1.25m
5 Carrothers, Kelsey	98	Pacific Athletic	J1.25m

## Event 141 Women 16-17 High Jump

Name	Year	Team	Finals
1 Postle, Danika	97	Pacific Athletic	1.45m
1 Hoey, Chelsea	97	Oceanside Track	1.45m
3 Frederiksen, Mairina	97	Unattached B	1.30m

## Event 142 Boys 9 Year Olds High Jump

Name	Year	Team	Finals
1 Watson, Jayden	04	Nanaimo Track	1.00m
2 Putz, Jake	04	Nanaimo Track	0.95m
2 Veasey, Ryan	04	Nanaimo Track	0.95m
4 Henry, Stirling	04	Nanaimo Track	J0.95m
5 Barron, Elijah	04	Cowichan Valley	0.80m

## Event 143 Boys 10 Year Olds High Jump

Name	Year	Team	Finals
1 Schlitz, Brett	03	Nanaimo Track	1.25m
2 Rossouw, Ben	03	Cowichan Valley	J1.25m
3 McIntyre, Jacob	03	Cowichan Valley	1.15m
4 McKay, Robert	03	Alberni Valley	1.05m
5 Symington, David	03	Alberni Valley	J1.05m
6 Willmott, Frazer	03	Cowichan Valley	1.00m
7 Vallance, Caleb	03	Powell River	J1.00m
8 Igbiosa, Stephen	03	Nanaimo Track	J1.00m
9 Head, Leo	03	Powell River	0.95m
10 Reid, Brighton	03	Cowichan Valley	J0.95m
11 Johnson, Michael	03	Peninsula Track	0.90m
12 Vallee, Ty	03	Alberni Valley	J0.90m
-- Tanner, Liam	03	Cowichan Valley	NH

## Event 144 Boys 11 Year Olds High Jump

Name	Year	Team	Finals
1 Katzberg, Ethan	02	Nanaimo Track	1.33m
2 Heisterman, Keaton	02	Nanaimo Track	1.25m
3 Lund, Aidan	02	Campbell River	1.05m
4 Andersen, Ethan	02	Nanaimo Track	J1.05m
5 Hilton, Matteo	02	Peninsula Track	1.00m
5 Porchette, Nicholas	02	Powell River	1.00m
7 Shields-Brown, Michael	02	Campbell River	0.95m
8 Shewchuk, Tyler	02	Cowichan Valley	0.90m
-- Seery, Michael	02	Cowichan Valley	NH

## Event 145 Boys 12 Year Olds High Jump

Name	Year Team	Finals
1 Day, Colby	01 Nanaimo Track	1.30m
2 Schlitz, Luke	01 Unattached	1.15m
3 Gartside, Thomas	01 Peninsula Track	J1.15m
4 Tozer, Devin	01 Nanaimo Track	1.10m
5 Contant, Yanick	01 Alberni Valley	J1.10m
5 Cowan, Troy	01 Cowichan Valley	J1.10m
7 Dewit, Jaden	01 Cowichan Valley	J1.10m
8 Dewit, Aaron	01 Cowichan Valley	J1.10m
9 Ferraro, Jett	01 Nanaimo Track	1.05m
9 Vallee, Seth	01 Alberni Valley	1.05m
9 Heyward, Lorne	01 Cowichan Valley	1.05m
12 Nahorney, Ty	01 Alberni Valley	1.00m
12 Malherbe, Jean-Louw	01 Cowichan Valley	1.00m

## Event 146 Boys 13 Year Olds High Jump

Name	Year Team	Finals
1 Miles, Justin	00 Peninsula Track	1.15m

## Event 147 Boys 14 Year Olds High Jump

Name	Year Team	Finals
1 Hay, Gregory	99 River City Elite	1.65m
2 Vrooman, Keenan	99 Pacific Athletic	1.40m
3 O'Neill-Bains, Jesse	99 Pacific Athletic	1.35m
4 Boulton, Miles	99 Cowichan Valley	J1.35m
5 Naude, Juanre	99 Unattached	J1.35m
6 McInnes, Jeremy	99 Campbell River	1.30m
6 Williamson, Jordan	99 Campbell River	1.30m
7 Schafers, James	99 Pacific Athletic	J1.30m
8 DiCarlo, Jesse	99 Cowichan Valley	J1.25m
9 Greentree, Wesley	99 CR Christian	J1.20m

## Event 148 Boys 15 Year Olds High Jump

Name	Year Team	Finals
1 Williams, Ben	98 Cowichan Valley	1.73m
2 Welsh, Philip	98 CR Christian	1.45m
3 Hansen, Micah	98 CR Christian	1.30m
3 Demerse, Darcy	98 CR Christian	1.30m

## Event 149 Men 16-17 High Jump

Name	Year Team	Finals
1 MacEwan, Caelan	96 Peninsula Track	1.75m
2 Melchior, Kain	97 Cowichan Valley	1.70m
3 Smith, Kaelan	97 Peninsula Track	J1.70m

## Event 149 Men 60-64 High Jump

Name	Year Team	Finals
1 Donaldson, Sven	49 Nanaimo Track	1.25m

## Event 150 Girls 9 Year Olds Long Jump

Name	Year	Team	Finals	Wind
1 Starr, Madeline	04	Cowichan Valley	3.06m	NWI
2 Lucas, Olivia	04	Peninsula Track	2.77m	NWI
3 Biggs, Kailey	04	Comox Valley	2.25m	NWI
4 Phillips, Laura	04	Nanaimo Track	2.22m	NWI
5 Blumel, Margo	04	Cowichan Valley	2.21m	NWI

## Event 151 Girls 10 Year Olds Long Jump

Name	Year	Team	Finals	Wind
1 Schmunk, Annika	03	Powell River	3.43m	NWI
2 Paugh, Madison	03	Nanaimo Track	3.05m	NWI
3 Randell-Guy, Lauren	03	Victoria Track	2.98m	NWI
4 Peterson, Julia	03	Peninsula Track	2.95m	NWI
5 Higgins, Paige	03	Nanaimo Track	2.92m	NWI
6 VanDenBulk, Alexis	03	Peninsula Track	2.59m	NWI

## Event 152 Girls 11 Year Olds Long Jump

Name	Year	Team	Finals	Wind
1 Williams, Olivia	02	Oceanside Track	3.74m	NWI
2 Mitchell, Makayla	02	Nanaimo Track	3.72m	NWI
3 Naude, Kristin	02	Powell River	3.68m	NWI
4 Bau, Olivia	02	Unattached B	3.63m	NWI
5 Fougner-Rukus, Reece	02	Cowichan Valley	3.60m	NWI
6 Green, Elise	02	Nanaimo Track	3.17m	NWI
7 Magana, Catalina	02	Oceanside Track	3.11m	NWI
8 Chase, Sydney	02	Alberni Valley	3.06m	NWI
9 Weaver, Charlotte	02	Nanaimo Track	3.01m	NWI
10 Larkin, Mackenzie	02	Victoria Track	3.00m	NWI
11 Maxwell, Ainsley	02	Nanaimo Track	2.91m	NWI
12 Morrison, Kate	02	Oceanside Track	2.58m	NWI

## Event 153 Girls 12 Year Olds Long Jump

Name	Year	Team	Finals	Wind
1 Watson, Kaitlyn	01	Nanaimo Track	4.15m	NWI
2 Murray, Marissa	01	Pacific Athletic	3.80m	NWI
3 Gendall, Danae	01	Cowichan Valley	3.73m	NWI
4 Pollock, Madelyn	01	Cowichan Valley	3.70m	NWI
5 Vallance, Ella	01	Powell River	3.65m	NWI
6 Georgeson, Savannah	01	Nanaimo Track	3.64m	NWI
7 Pallard, Evelyne	01	Nanaimo Track	3.60m	NWI
8 Johnson, Maria	01	Nanaimo Track	3.54m	NWI
9 Carpendale, Ally	01	Powell River	3.52m	NWI
10 Williams, Destiny	01	Comox Valley	3.44m	NWI
11 Willett, Abby	01	Pacific Athletic	3.42m	NWI
12 Ashcroft, Julia	01	Campbell River	3.33m	NWI
13 Mastrodonato, Melaina	01	Powell River	3.27m	NWI
14 Terpstra, Rhiannon	01	Oceanside Track	3.18m	NWI
15 Pimentel, Athena	01	Peninsula Track	3.15m	NWI
16 Head, Abby	01	Powell River	3.11m	NWI
17 Dean, Maya	01	Nanaimo Track	3.03m	NWI
18 Seery, Katelyn	01	Cowichan Valley	2.74m	NWI

19 Hodges, Maya 01 Nanaimo Track 2.63m NWI

Event 154 Girls 13 Year Olds Long Jump

Name	Year	Team	Finals	Wind
1 Matthews, Thea	00	Victoria Track	4.51m	NWI
2 Paine, Samara	00	Oceanside Track	4.42m	NWI
3 McPhee, Jaci	00	Campbell River	4.30m	NWI
4 Katzberg, Jessica	00	Nanaimo Track	4.26m	NWI
5 D'Agnolo, Nicole	00	Pacific Athletic	4.08m	NWI
6 Heisterman, Madison	00	Nanaimo Track	3.99m	NWI
7 Labelle, Kara	00	Cowichan Valley	3.97m	NWI
8 Matthews, Quinn	00	Victoria Track	3.84m	NWI
8 Stewart, Hope	00	Nanaimo Track	3.84m	NWI
10 Greenshields, Amanda	00	Oceanside Track	3.81m	NWI
11 Starr, Emma	00	Cowichan Valley	3.77m	NWI
12 Johnston, Mackenzie	00	Cowichan Valley	3.73m	NWI
13 Dewit, Emma	00	Cowichan Valley	3.66m	NWI
14 Hilton, Anna-Maria	00	Peninsula Track	3.56m	NWI
15 White, Emerald	00	Cowichan Valley	3.47m	NWI
16 Proctor, Allie	00	Oceanside Track	3.39m	NWI
17 Booth, Frances	00	Victoria Track	3.33m	NWI
18 Cutt, Julia	00	Cowichan Valley	3.31m	NWI
19 Keltie, Jensen	00	Oceanside Track	3.26m	NWI
20 Kaiser, Madalyn	00	Pacific Athletic	3.24m	NWI
21 Ravetch, Rosie	00	Pacific Athletic	3.21m	NWI
22 Duncan, Madelene	00	Oceanside Track	2.89m	NWI
23 Gage, Lindsay	00	Campbell River	2.86m	NWI

Event 155 Girls 14 Year Olds Long Jump

Name	Year	Team	Finals	Wind
1 Gage, Kristen	99	River City Elite	4.63m	0.1
2 Reiersen, Tekarra	99	Campbell River	4.50m	0.5
3 Fashina-Bombala, Hassy	99	Nanaimo Track	4.43m	0.3
4 Belknap, Delaney	99	Peninsula Track	4.30m	0.8
5 Smith, Mya	99	Alberni Valley	4.29m	0.4
6 Gibson, Sarah	99	Peninsula Track	4.21m	0.1
7 Shields-Brown, Mairin	99	Campbell River	4.19m	-0.1
8 Roy, Denise	99	Cowichan Valley	4.09m	0.6
9 Forrester, Bailey	99	Alberni Valley	4.02m	0.1
10 Peterson, Meagan	99	Peninsula Track	3.88m	0.8
11 Irwin, Julia	99	Peninsula Track	3.74m	0.9
12 Dass, Norina	99	Alberni Valley	3.65m	0.4
13 Reid, Brigitte	99	Cowichan Valley	3.52m	0.4
14 Ferraro, Jamie	99	Nanaimo Track	3.47m	-0.2
15 Mudie, Heather	99	Campbell River	3.44m	-0.4
16 Head, Eden	99	Powell River	3.28m	1.0
17 Masee, Callie Ann	99	River City Elite	3.23m	0.3
18 Jager, Ayden	99	Alberni Valley	3.15m	0.1
19 Grant, Jessica	99	Campbell River	2.97m	-0.3

Event 156 Girls 15 Year Olds Long Jump

Name	Year	Team	Finals	Wind
1 Jerome, Rachel	98	Nanaimo Track	4.89m	0.1
2 Abbott, Calli-Ann	98	Powell River	4.67m	-0.4
3 Gummer, Chloe	98	Comox Valley	4.46m	0.9

4	Irwin, Lara	98	Pacific Athletic	4.44m	0.1
5	Kaiser, Paige	98	Pacific Athletic	3.99m	0.1
6	Bluschke, Renate	98	Comox Valley	3.97m	0.1
7	Morris, Amy	98	Nanaimo Track	3.94m	0.2
7	Heyd, Casey	98	Cowichan Valley	3.94m	-0.2
9	Carrothers, Kelsey	98	Pacific Athletic	3.45m	0.5
9	Noshkin, Hayley	98	Nanaimo Track	3.45m	-0.2

Event 157 Women 16-17 Long Jump

Name	Year	Team	Finals	Wind
1	Carrothers, Katie	96	Pacific Athletic	4.97m 0.1
2	Prairie, Manon	97	Nanaimo Track	4.71m -1.1
3	Miller, Maya	96	Nanaimo Track	4.07m 0.3

Event 157 Women 18-19 Long Jump

Name	Year	Team	Finals	Wind
1	Kavelaars, Ruthanne	95	Pacific Athletic	4.94m -0.1
2	Simpson, Josephine	95	Campbell River	4.17m 0.1

Event 157 Women 55-59 Long Jump

Name	Year	Team	Finals	Wind
1	Hendrie, Nola	55	Nanaimo Track	2.34m 0.1

Event 158 Boys 9 Year Olds Long Jump

Name	Year	Team	Finals	Wind
1	Watson, Jayden	04	Nanaimo Track	3.44m NWI
2	Dean, Logan	04	Nanaimo Track	2.98m NWI
3	Whiteside, Coltan	04	Nanaimo Track	2.85m NWI
4	Barron, Elijah	04	Cowichan Valley	2.73m NWI

Event 159 Boys 10 Year Olds Long Jump

Name	Year	Team	Finals	Wind
1	Rossouw, Ben	03	Cowichan Valley	3.46m NWI
2	Mastrodonato, Gavin	03	Powell River	3.16m NWI
3	McKay, Robert	03	Alberni Valley	J3.16m NWI
4	Jack, Isaac	03	Alberni Valley	3.13m NWI
5	Igbinosa, Stephen	03	Nanaimo Track	3.08m NWI
6	Vallance, Caleb	03	Powell River	3.04m NWI
7	Symington, David	03	Alberni Valley	J3.04m NWI
8	Willmott, Frazer	03	Cowichan Valley	2.91m NWI
9	Head, Leo	03	Powell River	2.73m NWI
10	Schlitz, Brett	03	Nanaimo Track	2.68m NWI
11	Reid, Brighton	03	Cowichan Valley	2.66m NWI
12	Perras, Trent	03	Campbell River	2.59m NWI
13	Mansueti, Lorenzo	03	Cowichan Valley	2.48m NWI
14	Johnson, Michael	03	Peninsula Track	2.45m NWI
15	Shields, Luke	03	Oceanside Track	2.23m NWI

Event 160 Boys 11 Year Olds Long Jump

Name	Year	Team	Finals	Wind
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1	Heisterman, Keaton	02	Nanaimo Track	3.88m	NWI
2	Katzberg, Ethan	02	Nanaimo Track	3.79m	NWI
3	Rasaiah, Kintan	02	Nanaimo Track	3.64m	NWI
4	Hall, Fergus	02	Campbell River	3.61m	NWI
5	Harrison, Noah	02	Cowichan Valley	3.14m	NWI
6	Abbott, Keagen	02	Powell River	3.08m	NWI
7	Seery, Michael	02	Cowichan Valley	J3.08m	NWI
8	Porchette, Nicholas	02	Powell River	3.00m	NWI
9	Westerhof, Thys	02	Oceanside Track	2.96m	NWI
10	Stark-Huhtanen, Blake	02	Cowichan Valley	2.94m	NWI
11	Southern, Wade	02	Powell River	2.89m	NWI
12	Keltie, Logan	02	Oceanside Track	2.75m	NWI
13	Shewchuk, Tyler	02	Cowichan Valley	2.63m	NWI
14	Munro, Tay	02	Cowichan Valley	2.62m	NWI
15	Flesher, Jayden	02	Nanaimo Track	2.49m	NWI
16	Lund, Aidan	02	Campbell River	2.38m	NWI
17	Shields-Brown, Michael	02	Campbell River	2.35m	NWI

Event 161 Boys 12 Year Olds Long Jump

Name	Year	Team	Finals	Wind	
1	Furtado, Blake	01	Peninsula Track	4.14m	NWI
2	Nahorney, Ty	01	Alberni Valley	3.73m	NWI
3	Tozer, Devin	01	Nanaimo Track	3.66m	NWI
4	Day, Colby	01	Nanaimo Track	3.57m	NWI
5	Smith, Ethan	01	Oceanside Track	3.48m	NWI
6	Dewit, Jaden	01	Cowichan Valley	3.37m	NWI
7	Dewit, Aaron	01	Cowichan Valley	3.36m	NWI
8	Ferraro, Jett	01	Nanaimo Track	3.19m	NWI
9	Schlitz, Luke	01	Unattached	3.13m	NWI
10	Martinusen, Kevin	01	Pacific Athletic	3.03m	NWI
11	Walsh, Liam	01	Nanaimo Track	2.97m	NWI
12	Contant, Yanick	01	Alberni Valley	2.88m	NWI
13	Vallee, Seth	01	Alberni Valley	2.82m	NWI

Event 162 Boys 13 Year Olds Long Jump

Name	Year	Team	Finals	Wind	
1	Sammons, Benjamin	00	Peninsula Track	3.89m	NWI
2	Hopkins, Brennan	00	Peninsula Track	3.59m	NWI
3	Parmar, Herman	00	Cowichan Valley	3.58m	NWI
4	Miles, Justin	00	Peninsula Track	3.51m	NWI
5	Battersby, Finn	00	Peninsula Track	3.46m	NWI
6	Handel, Luke	00	Cowichan Valley	3.45m	NWI
7	Shewchuk, Cody	00	Cowichan Valley	3.33m	NWI

Event 163 Boys 14 Year Olds Long Jump

Name	Year	Team	Finals	Wind	
1	Mitchell, Joshua	99	Nanaimo Track	4.63m	NWI
2	O'Neill-Bains, Jesse	99	Pacific Athletic	J4.63m	NWI
3	Naude, Juanre	99	Unattached	4.54m	NWI

Event 164 Boys 15 Year Olds Long Jump

Name	Year	Team	Finals	Wind
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1 Clare, Jason	98 Nanaimo Track	5.56m	NWI
2 Williams, Ben	98 Cowichan Valley	5.49m	NWI
3 Sandri, Isaac	98 Nanaimo Track	5.03m	NWI
4 Derocher, Andrew	98 Cowichan Valley	4.85m	NWI
5 Savery, Marcus	98 Campbell River	4.74m	NWI

Event 165 Men 16-17 Long Jump

Name	Year Team	Finals	Wind
1 Lindsay, Liam	96 Cowichan Valley	6.14m	0.3
2 Hsueh, Albert	96 Club Rapide	5.10m	-0.5
3 Serban, Anthony	97 Nanaimo Track	4.44m	0.3

Event 166 Girls 13 Year Olds Triple Jump

Name	Year Team	Finals	Wind
1 Paine, Samara	00 Oceanside Track	9.41m	NWI
2 D'Agnolo, Nicole	00 Pacific Athletic	9.17m	NWI
3 McPhee, Jaci	00 Campbell River	8.40m	NWI
4 Andersen, Marina	00 Nanaimo Track	7.64m	NWI
5 Kedves, Sarah	00 Nanaimo Track	7.26m	NWI
6 Cake, Emily	00 Nanaimo Track	7.23m	NWI
7 Ravetch, Rosie	00 Pacific Athletic	7.12m	NWI
8 Keltie, Jensen	00 Oceanside Track	6.94m	NWI

Event 167 Girls 14 Year Olds Triple Jump

Name	Year Team	Finals	Wind
1 Gage, Kristen	99 River City Elite	9.54m	1.0
2 Reiersen, Tekarra	99 Campbell River	9.25m	1.2
3 Smith, Mya	99 Alberni Valley	9.13m	1.8
4 Shields-Brown, Mairin	99 Campbell River	8.95m	-1.3
5 Forrester, Bailey	99 Alberni Valley	8.89m	-0.5
6 Howard, Jenna	99 Cowichan Valley	8.25m	1.1
7 Head, Eden	99 Powell River	7.89m	-0.2
8 Ferraro, Jamie	99 Nanaimo Track	7.71m	0.1
9 Atkinson, Samantha	99 Campbell River	7.54m	-1.4
10 Mudie, Heather	99 Campbell River	7.29m	-1.3
-- Dass, Norina	99 Alberni Valley	FOUL	
-- Jager, Ayden	99 Alberni Valley	FOUL	

Event 168 Girls 15 Year Olds Triple Jump

Name	Year Team	Finals	Wind
1 Jerome, Rachel	98 Nanaimo Track	10.11m	1.1
2 Abbott, Calli-Ann	98 Powell River	9.91m	0.1
3 Irwin, Lara	98 Pacific Athletic	9.29m	-0.4
4 Kaiser, Paige	98 Pacific Athletic	9.05m	0.1
5 Carolan, Hayley	98 Unattached	8.87m	-0.2

Event 169 Women 16-17 Triple Jump

Name	Year Team	Finals	Wind
1 Postle, Danika	97 Pacific Athletic	10.88m	0.5
2 Prairie, Manon	97 Nanaimo Track	10.51m	2.0
3 Dass, Nikeisha	96 Alberni Valley	9.81m	3.5

4 Kemps, Mackenzie 96 Alberni Valley 9.30m 1.5

Event 169 Women 18-19 Triple Jump

Name	Year Team	Finals	Wind
1 Koblun, Megan	95 Pacific Athletic	10.75m	2.7
2 Kavelaars, Ruthanne	95 Pacific Athletic	10.23m	1.2
3 Simpson, Josephine	95 Campbell River	9.80m	1.1

Event 171 Boys 14 Year Olds Triple Jump

Name	Year Team	Finals	Wind
1 Ano, Josiah	99 Nanaimo Track	10.83m	0.1
2 O'Neill-Bains, Jesse	99 Pacific Athletic	9.95m	2.4
3 Schafers, James	99 Pacific Athletic	8.86m	0.3
4 DiCarlo, Jesse	99 Cowichan Valley	8.83m	0.1
5 Lorenzo, Cameron	99 Peninsula Track	7.69m	0.5

Event 172 Boys 15 Year Olds Triple Jump

Name	Year Team	Finals	Wind
1 Savery, Marcus	98 Campbell River	9.85m	1.2
2 Welsh, Philip	98 CR Christian	8.74m	1.4
3 Demerse, Darcy	98 CR Christian	8.72m	-0.1
4 Hansen, Micah	98 CR Christian	8.48m	-0.3
5 Leighton, Keagan	98 CR Christian	7.29m	1.4
6 Greentree, Wesley	99 CR Christian	6.62m	0.8

Event 173 Men 16-17 Triple Jump

Name	Year Team	Finals	Wind
1 Melchior, Kain	97 Cowichan Valley	12.99m	0.5
2 Degroot, AndrewR.	96 Nanaimo Track	11.28m	-0.1
3 Gunderson, Chase	97 Cowichan Valley	10.81m	0.4
4 Andrews, Charlie	97 Nanaimo Track	10.48m	0.1
5 Coulter, Steven	97 CR Christian	9.44m	-1.3

Event 173 Men 60-64 Triple Jump

Name	Year Team	Finals	Wind
1 Donaldson, Sven	49 Nanaimo Track	7.40m	-0.9

Event 173 Men 90-94 Triple Jump

Name	Year Team	Finals	Wind
1 Williams, Ben	98 Cowichan Valley	11.94m	0.4

Event 182 Girls 10 Year Olds Discus Throw 750 g

Name	Year Team	Finals
1 Paugh, Madison	03 Nanaimo Track	11.90m
2 Randell-Guy, Lauren	03 Victoria Track	11.71m
3 Peterson, Julia	03 Peninsula Track	11.67m
4 Higgins, Paige	03 Nanaimo Track	9.79m



5	VanDenBulck, Alexis	03 Peninsula Track	9.71m
6	Waite, Jessie	03 Oceanside Track	9.19m
7	Schmunk, Annika	03 Powell River	8.56m

Event 183 Girls 11 Year Olds Discus Throw 750 g

Name	Year	Team	Finals
1	Woolnough, Alena	02 Oceanside Track	15.09m
2	Fougner-Rukus, Reece	02 Cowichan Valley	13.88m
3	Mitchell, Makayla	02 Nanaimo Track	13.39m
4	Larkin, Mackenzie	02 Victoria Track	13.02m
5	Williams, Olivia	02 Oceanside Track	12.54m
6	Naude, Kristin	02 Powell River	12.34m
7	Morrison, Kate	02 Oceanside Track	12.31m
8	Waite, Joanna	02 Oceanside Track	11.57m
9	Magana, Catalina	02 Oceanside Track	11.12m

Event 184 Girls 12 Year Olds Discus Throw 750 g

Name	Year	Team	Finals
1	Willett, Abby	01 Pacific Athletic	27.64m
2	Elliott, Libby	01 Oceanside Track	21.87m
3	Georgeson, Savannah	01 Nanaimo Track	17.50m
4	Murray, Marissa	01 Pacific Athletic	16.62m
5	Carpendale, Ally	01 Powell River	16.37m
6	Terpstra, Rhiannon	01 Oceanside Track	15.20m
7	Frederiksen, Gwyneth	01 Unattached B	14.89m
8	Mastrodonato, Melaina	01 Powell River	13.44m
9	Williams, Destiny	01 Comox Valley	13.25m
10	Vallance, Ella	01 Powell River	12.36m
11	Pallard, Evelynne	01 Nanaimo Track	11.58m
12	Proctor, Lauren	01 Oceanside Track	11.47m
13	Hodges, Maya	01 Nanaimo Track	11.29m

Event 185 Girls 13 Year Olds Discus Throw 750 g

Name	Year	Team	Finals
1	Katzberg, Jessica	00 Nanaimo Track	27.34m
2	Woolnough, Serena	00 Oceanside Track	21.04m
3	Reynolds, Tayla	00 Campbell River	18.07m
4	Proctor, Allie	00 Oceanside Track	16.45m
5	McPhee, Jaci	00 Campbell River	16.43m
6	Kaiser, Madalyn	00 Pacific Athletic	15.96m
7	Whibley, Marie	00 Oceanside Track	15.78m
8	Keltie, Jensen	00 Oceanside Track	15.44m
9	Cutt, Julia	00 Cowichan Valley	15.13m
10	Dewit, Emma	00 Cowichan Valley	15.12m
11	Gage, Lindsay	00 Campbell River	13.28m
12	White, Emerald	00 Cowichan Valley	13.12m
13	Sayah, Taylor	00 Oceanside Track	12.94m
14	Booth, Frances	00 Victoria Track	12.93m
15	Ravetch, Rosie	00 Pacific Athletic	11.25m
16	Duncan, Madelene	00 Oceanside Track	11.11m
17	Labelle, Kara	00 Cowichan Valley	10.93m

Event 186 Girls 14 Year Olds Discus Throw 1 kg

Name	Year	Team	Finals
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1	Frederiksen, Lindsey	99	Unattached B	23.87m
2	Dass, Norina	99	Alberni Valley	20.24m
3	Gibson, Sarah	99	Peninsula Track	19.35m
4	Ferraro, Jamie	99	Nanaimo Track	18.14m
5	Reid, Brigitte	99	Cowichan Valley	17.64m
6	Forrester, Bailey	99	Alberni Valley	17.45m
7	Peterson, Meagan	99	Peninsula Track	17.35m
8	Smith, Mya	99	Alberni Valley	17.22m
9	Irwin, Julia	99	Peninsula Track	15.62m
10	Jager, Ayden	99	Alberni Valley	15.51m
11	Grant, Jessica	99	Campbell River	15.03m
12	Mudie, Heather	99	Campbell River	14.19m

Event 187 Girls 15 Year Olds Discus Throw 1 kg

Name	Year	Team	Finals	
1	Carrothers, Kelsey	98	Pacific Athletic	28.82m
2	Kaiser, Paige	98	Pacific Athletic	20.50m
3	Irwin, Lara	98	Pacific Athletic	18.62m

Event 188 Women 16-17 Discus Throw 1 kg

Name	Year	Team	Finals	
1	Kaiser, Hannah	96	Pacific Athletic	35.75m
2	Frederiksen, Mairina	97	Unattached B	27.67m

Event 188 Women 20-34 Discus Throw 1 kg

Name	Year	Team	Finals	
1	Brockway, Jessye	93	Pacific Athletic	18.85m

Event 188 Women 50-54 Discus Throw 1 kg

Name	Year	Team	Finals	
1	Murfitt, Anne	59	Peninsula Track	17.25m
2	Davison, Che	63	Victoria Track	17.01m

Event 188 Women 70-74 Discus Throw 1 kg

Name	Year	Team	Finals	
1	Morfitt, Peggy	37	Peninsula Track	10.29m

Event 190 Boys 10 Year Olds Discus Throw 750 g

Name	Year	Team	Finals	
1	Reid, Brighton	03	Cowichan Valley	16.52m
2	McKay, Robert	03	Alberni Valley	14.19m
3	Jack, Isaac	03	Alberni Valley	13.73m
4	Vallance, Caleb	03	Powell River	13.28m
5	Perras, Trent	03	Campbell River	13.19m
6	Mastrodonato, Gavin	03	Powell River	12.67m
7	Head, Leo	03	Powell River	11.53m
8	Symington, David	03	Alberni Valley	11.43m
9	Vallee, Ty	03	Alberni Valley	11.31m

10 Schlitz, Brett	03 Nanaimo Track	10.46m
11 McIntyre, Jacob	03 Cowichan Valley	9.38m
12 Marriott, Ryan	03 Alberni Valley	6.89m

Event 191 Boys 11 Year Olds Discus Throw 750 g

Name	Year Team	Finals
1 Abbott, Keagen	02 Powell River	19.64m
2 Katzberg, Ethan	02 Nanaimo Track	18.43m
3 Heisterman, Keaton	02 Nanaimo Track	17.78m
4 Shields-Brown, Michael	02 Campbell River	15.24m
5 Andersen, Ethan	02 Nanaimo Track	15.05m
6 Chand, Matthew	02 Oceanside Track	14.66m
7 Porchette, Nicholas	02 Powell River	14.05m
8 Hilton, Matteo	02 Peninsula Track	13.09m
9 Westerhof, Thys	02 Oceanside Track	11.18m
10 Lund, Aidan	02 Campbell River	10.61m
11 Keltie, Logan	02 Oceanside Track	8.81m

Event 192 Boys 12 Year Olds Discus Throw 1 kg

Name	Year Team	Finals
1 Contant, Yanick	01 Alberni Valley	20.49m
2 Ferraro, Jett	01 Nanaimo Track	18.00m
3 Dewit, Aaron	01 Cowichan Valley	17.13m
4 Dewit, Jaden	01 Cowichan Valley	16.89m
5 Smith, Ethan	01 Oceanside Track	14.40m
6 Gartside, Thomas	01 Peninsula Track	14.15m
7 Tozer, Devin	01 Nanaimo Track	12.95m
8 Heyward, Lorne	01 Cowichan Valley	12.30m
9 Schlitz, Luke	01 Unattached	12.09m
10 Cowan, Troy	01 Cowichan Valley	12.03m
11 Martinusen, Kevin	01 Pacific Athletic	11.14m

Event 193 Boys 13 Year Olds Discus Throw 1 kg

Name	Year Team	Finals
1 Sammons, Benjamin	00 Peninsula Track	23.26m
2 Miles, Justin	00 Peninsula Track	18.66m
3 Hopkins, Brennan	00 Peninsula Track	14.20m
4 Shewchuk, Cody	00 Cowichan Valley	11.46m

Event 194 Boys 14 Year Olds Discus Throw 1 kg

Name	Year Team	Finals
1 Ogihara-Kertz, James	99 Cowichan Valley	26.17m
2 Vrooman, Keenan	99 Pacific Athletic	26.13m
3 Poon, Justin	99 Pacific Athletic	25.87m
4 Postuk, Jerek	99 Cowichan Valley	15.30m
5 Postuk, Sam	99 Cowichan Valley	11.52m

Event 195 Boys 15 Year Olds Discus Throw 1 kg

Name	Year Team	Finals
1 Szczawinski, Maxwell	98 Unattached B	50.02m
2 Weegar, Thompson	98 Alberni Valley	45.96m

3 Rondquist, Seever	98 Campbell River	41.60m
4 Savery, Marcus	98 Campbell River	25.53m

Event 196 Men 16-17 Discus Throw 1.5 kg

Name	Year Team	Finals
1 Willett, Sam	97 Pacific Athletic	42.72m

Event 198 Men 45-49 Discus Throw 2 kg

Name	Year Team	Finals
1 Morfitt, Graham	67 Comox Valley	33.27m

Event 200 Men 60-64 Discus Throw 1 kg

Name	Year Team	Finals
1 Brodeur, Don	51 Peninsula Track	40.68m

Event 200 Men 90-94 Discus Throw 1 kg

Name	Year Team	Finals
1 Brodeur, Phil	21 Peninsula Track	9.22m

Event 201 Girls 10 Year Olds Javelin Throw 400 g

Name	Year Team	Finals
1 Randell-Guy, Lauren	03 Victoria Track	12.11m
2 Paugh, Madison	03 Nanaimo Track	10.13m
3 VanDenBulk, Alexis	03 Peninsula Track	8.98m
4 Higgins, Paige	03 Nanaimo Track	8.71m
5 Waite, Jessie	03 Oceanside Track	8.06m
6 Peterson, Julia	03 Peninsula Track	7.97m
-- Watt, Milla	03 Cowichan Valley	FOUL

Event 202 Girls 11 Year Olds Javelin Throw 400 g

Name	Year Team	Finals
1 Mitchell, Makayla	02 Nanaimo Track	19.44m
2 Magana, Catalina	02 Oceanside Track	14.02m
3 Fougner-Rukus, Reece	02 Cowichan Valley	13.38m
4 Larkin, Mackenzie	02 Victoria Track	12.34m
5 Chase, Sydney	02 Alberni Valley	11.74m
6 Nbaoma, Nnya	02 Nanaimo Track	11.30m
7 Woolnough, Alena	02 Oceanside Track	10.60m
8 Weaver, Charlotte	02 Nanaimo Track	9.96m
9 Morrison, Kate	02 Oceanside Track	9.47m
10 Green, Elise	02 Nanaimo Track	9.12m
11 Waite, Joanna	02 Oceanside Track	8.92m
12 Naude, Kristin	02 Powell River	7.89m

Event 203 Girls 12 Year Olds Javelin Throw 400 g

Name	Year Team	Finals
1 Frederiksen, Gwyneth	01 Unattached B	22.12m

2	Willett, Abby	01 Pacific Athletic	22.05m
3	Elliott, Libby	01 Oceanside Track	20.61m
4	Johnson, Maria	01 Nanaimo Track	19.78m
5	Williams, Destiny	01 Comox Valley	19.48m
6	Ashcroft, Julia	01 Campbell River	17.30m
7	Carpendale, Ally	01 Powell River	17.02m
8	Vallance, Ella	01 Powell River	14.95m
9	Dimter, Julia	01 Nanaimo Track	13.54m
10	Terpstra, Rhiannon	01 Oceanside Track	12.87m
11	Mastrodonato, Melaina	01 Powell River	12.16m
12	Proctor, Lauren	01 Oceanside Track	7.38m

Event 204 Girls 13 Year Olds Javelin Throw 400 g

Name	Year	Team	Finals
1	Paulus, Nairee	00 River City Elite	22.61m
2	Andersen, Marina	00 Nanaimo Track	18.65m
3	Dewit, Emma	00 Cowichan Valley	17.58m
4	Matthews, Quinn	00 Victoria Track	17.29m
5	Kaiser, Madalyn	00 Pacific Athletic	15.84m
6	Johnston, Mackenzie	00 Cowichan Valley	14.47m
7	Hilton, Anna-Maria	00 Peninsula Track	13.84m
8	Duncan, Madelene	00 Oceanside Track	12.53m
9	Sayah, Taylor	00 Oceanside Track	12.21m
10	Ravetch, Rosie	00 Pacific Athletic	12.17m
11	Proctor, Allie	00 Oceanside Track	11.20m
12	Keltie, Jensen	00 Oceanside Track	10.10m

Event 205 Girls 14 Year Olds Javelin Throw 500 g

Name	Year	Team	Finals
1	Forrester, Bailey	99 Alberni Valley	27.87m
2	Irwin, Julia	99 Peninsula Track	24.68m
3	Dass, Norina	99 Alberni Valley	24.67m
4	Gibson, Sarah	99 Peninsula Track	24.01m
5	Smith, Mya	99 Alberni Valley	20.56m
6	Jager, Ayden	99 Alberni Valley	16.44m
7	Massee, Callie Ann	99 River City Elite	15.96m
8	Shields-Brown, Mairin	99 Campbell River	13.25m
9	Mudie, Heather	99 Campbell River	12.98m
10	Ferraro, Jamie	99 Nanaimo Track	12.53m
11	Grant, Jessica	99 Campbell River	11.39m

Event 206 Girls 15 Year Olds Javelin Throw 500 g

Name	Year	Team	Finals
1	Carrothers, Kelsey	98 Pacific Athletic	35.88m
2	Abbott, Calli-Ann	98 Powell River	25.28m
3	Irwin, Lara	98 Pacific Athletic	12.58m

Event 207 Women 16-17 Javelin Throw 500 g

Name	Year	Team	Finals
1	Wolczyk, Brittni	97 Langley Mustangs	46.88m
2	Rasche, Teagan	97 Langley Must	44.21m
3	Dass, Nikeisha	96 Alberni Valley	33.49m
4	Kaiser, Hannah	96 Pacific Athletic	30.07m

5 Frederiksen, Mairina	97 Unattached B	29.02m
6 Becker, Leonie	97 Unattached	22.58m
7 Kemps, Mackenzie	96 Alberni Valley	21.42m

Event 208 Women 18-19 Javelin Throw 600 g

Name	Year Team	Finals
1 Cote, Addie	95 Pacific Athletic	25.24m
2 Kavelaars, Ruthanne	95 Pacific Athletic	19.51m

Event 208 Women 20-34 Javelin Throw 600 g

Name	Year Team	Finals
1 Stewart, Kirsten	93 Comox Valley	36.27m

Event 209 Women 50-54 Javelin Throw 500 g

Name	Year Team	Finals
1 Davison, Che	63 Victoria Track	19.13m
2 Murfitt, Anne	59 Peninsula Track	17.57m

Event 209 Women 55-59 Javelin Throw 500 g

Name	Year Team	Finals
1 Radcliffe, Margaret	42 Unattached B	23.88m
2 Morfitt, Peggy	37 Peninsula Track	9.72m

Event 211 Boys 10 Year Olds Javelin Throw 400 g

Name	Year Team	Finals
1 Aiken, Nelson	03 Victoria Track	17.19m
2 Reid, Brighton	03 Cowichan Valley	16.78m
3 Jack, Isaac	03 Alberni Valley	16.22m
4 Willmott, Frazer	03 Cowichan Valley	13.69m
5 Vallance, Caleb	03 Powell River	13.05m
6 Johnson, Michael	03 Peninsula Track	12.20m
7 Mastrodonato, Gavin	03 Powell River	11.89m
8 Perras, Trent	03 Campbell River	11.50m
9 McKay, Robert	03 Alberni Valley	11.21m
10 Head, Leo	03 Powell River	10.94m
11 Mansueti, Lorenzo	03 Cowichan Valley	9.04m
12 Igbinsosa, Stephen	03 Nanaimo Track	8.47m
13 Schlitz, Brett	03 Nanaimo Track	7.46m
14 Marriott, Ryan	03 Alberni Valley	6.61m
15 Shields, Luke	03 Oceanside Track	4.23m

Event 212 Boys 11 Year Olds Javelin Throw 400 g

Name	Year Team	Finals
1 Katzberg, Ethan	02 Nanaimo Track	28.57m
2 Heisterman, Keaton	02 Nanaimo Track	24.80m
3 Abbott, Keagen	02 Powell River	24.57m
4 Andersen, Ethan	02 Nanaimo Track	23.22m
5 Porchette, Nicholas	02 Powell River	20.71m
6 Lund, Aidan	02 Campbell River	20.22m

7	Shields-Brown, Michael	02 Campbell River	16.58m
8	Stark-Huhtanen, Blake	02 Cowichan Valley	14.93m
9	Shewchuk, Tyler	02 Cowichan Valley	14.61m
10	Westerhof, Thys	02 Oceanside Track	12.97m
11	Keltie, Logan	02 Oceanside Track	10.85m

Event 213 Boys 12 Year Olds Javelin Throw 500 g

Name	Year	Team	Finals
1	Day, Colby	01 Nanaimo Track	28.87m
2	Contant, Yanick	01 Alberni Valley	23.54m
3	Tozer, Devin	01 Nanaimo Track	21.12m
4	Dewit, Jaden	01 Cowichan Valley	20.40m
5	Dewit, Aaron	01 Cowichan Valley	20.35m
6	Ferraro, Jett	01 Nanaimo Track	20.33m
7	Nahorney, Ty	01 Alberni Valley	19.48m
8	Vallee, Seth	01 Alberni Valley	18.65m
9	Heyward, Lorne	01 Cowichan Valley	17.48m
10	Smith, Ethan	01 Oceanside Track	14.86m
11	Cowan, Troy	01 Cowichan Valley	14.58m
12	Schlitz, Luke	01 Unattached	11.60m
13	Martinusen, Kevin	01 Pacific Athletic	10.86m
14	Gartside, Thomas	01 Peninsula Track	10.15m

Event 214 Boys 13 Year Olds Javelin Throw 500 g

Name	Year	Team	Finals
1	Sammons, Benjamin	00 Peninsula Track	33.04m
2	Blumer, Rhys	00 Cowichan Valley	20.99m
3	Hopkins, Brennan	00 Peninsula Track	11.36m

Event 215 Boys 14 Year Olds Javelin Throw 600 g

Name	Year	Team	Finals
1	Hay, Gregory	99 River City Elite	36.45m
2	Elliott, Noah	99 Oceanside Track	33.52m
3	Vrooman, Keenan	99 Pacific Athletic	31.10m
4	Naude, Juanre	99 Unattached	28.70m
5	Morrison, Simon	99 Oceanside Track	20.94m
6	Mitchell, Joshua	99 Nanaimo Track	20.25m
7	Poon, Justin	99 Pacific Athletic	19.50m
8	Johannsen, Erik	99 Cowichan Valley	19.39m
9	DiCarlo, Jesse	99 Cowichan Valley	17.99m
10	Johannsen, Kyle	99 Cowichan Valley	17.54m
11	Postuk, Jerek	99 Cowichan Valley	13.26m
--	Beaule, Daniel	99 Comox Valley	FOUL
--	Ogihara-Kertz, James	99 Cowichan Valley	FOUL

Event 216 Boys 15 Year Olds Javelin Throw 600 g

Name	Year	Team	Finals
1	Mitchell, Rylee	98 Alberni Valley	49.35m
2	Rondquist, Seever	98 Campbell River	46.12m
3	Szczawinski, Maxwell	98 Unattached B	45.65m
4	Savery, Marcus	98 Campbell River	24.58m

Event 217 Men 16-17 Javelin Throw 700 g

Name	Year Team	Finals
1 Andrews, Charlie	97 Nanaimo Track	37.14m
2 Degroot, AndrewR.	96 Nanaimo Track	31.35m

Event 219 Men 35-49 Javelin Throw 800 g

Name	Year Team	Finals
1 Morfitt, Graham	67 Comox Valley	56.30m

Event 221 Men 60-69 Javelin Throw 600 g

Name	Year Team	Finals
1 Brodeur, Don	51 Peninsula Track	29.10m

Event 223 Men 90-94 Javelin Throw 400 g

Name	Year Team	Finals
1 Brodeur, Phil	21 Peninsula Track	9.40m

Event 224 Girls 9 Year Olds Shot Put 2 kg

Name	Year Team	Finals
1 Nahorney, Kali	04 Alberni Valley	3.47m
2 Starr, Madeline	04 Cowichan Valley	3.30m
3 Blumel, Margo	04 Cowichan Valley	3.00m

Event 225 Girls 10 Year Olds Shot Put 2 kg

Name	Year Team	Finals
1 Paugh, Madison	03 Nanaimo Track	5.45m
2 Randell-Guy, Lauren	03 Victoria Track	5.25m
3 Peterson, Julia	03 Peninsula Track	5.04m
4 Schmunk, Annika	03 Powell River	5.00m
5 VanDenBulk, Alexis	03 Peninsula Track	4.36m

Event 226 Girls 11 Year Olds Shot Put 2 kg

Name	Year Team	Finals
1 Fougner-Rukus, Reece	02 Cowichan Valley	7.51m
2 Mitchell, Makayla	02 Nanaimo Track	7.17m
3 Woolnough, Alena	02 Oceanside Track	6.36m
4 Williams, Olivia	02 Oceanside Track	6.00m
5 Magana, Catalina	02 Oceanside Track	5.95m
6 Naude, Kristin	02 Powell River	5.74m
7 Larkin, Mackenzie	02 Victoria Track	5.38m
8 Morrison, Kate	02 Oceanside Track	4.88m
9 Dickenson, Karly	02 Nanaimo Track	4.39m
10 Bau, Olivia	02 Unattached B	4.14m
10 Chase, Sydney	02 Alberni Valley	4.14m

Event 227 Girls 12 Year Olds Shot Put 3 kg

Name	Year Team	Finals
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1	Willetts, Abby	01 Pacific Athletic	8.02m
2	Frederiksen, Gwyneth	01 Unattached B	7.19m
3	Elliott, Libby	01 Oceanside Track	6.53m
4	Ashcroft, Julia	01 Campbell River	6.46m
5	Dimter, Julia	01 Nanaimo Track	6.24m
6	Carpendale, Ally	01 Powell River	6.07m
7	Vallance, Ella	01 Powell River	5.99m
8	Mastrodonato, Melaina	01 Powell River	5.75m
9	Proctor, Lauren	01 Oceanside Track	4.43m
10	Head, Abby	01 Powell River	3.78m

Event 228 Girls 13 Year Olds Shot Put 3 kg

Name	Year	Team	Finals
1	Woolnough, Serena	00 Oceanside Track	8.06m
2	Matthews, Thea	00 Victoria Track	7.76m
3	McPhee, Jaci	00 Campbell River	6.91m
4	Keltie, Jensen	00 Oceanside Track	6.24m
5	Gage, Lindsay	00 Campbell River	6.22m
6	Sayah, Taylor	00 Oceanside Track	6.12m
7	Stewart, Hope	00 Nanaimo Track	5.99m
8	Proctor, Allie	00 Oceanside Track	5.58m
9	Duncan, Madelene	00 Oceanside Track	4.87m

Event 229 Girls 14 Year Olds Shot Put 3 kg

Name	Year	Team	Finals
1	Hoey, Makayla	99 Oceanside Track	10.07m
2	Frederiksen, Lindsey	99 Unattached B	9.77m
3	Irwin, Julia	99 Peninsula Track	9.08m
4	Fashina-Bombala, Hassy	99 Nanaimo Track	7.95m
5	Reid, Brigitte	99 Cowichan Valley	7.50m
6	Howard, Jenna	99 Cowichan Valley	7.18m
7	Smith, Mya	99 Alberni Valley	7.08m
8	Peterson, Meagan	99 Peninsula Track	6.41m
8	Dass, Norina	99 Alberni Valley	6.41m
10	Ferraro, Jamie	99 Nanaimo Track	6.25m
11	Nighswander, Jane	99 Campbell River	6.04m
12	Shields-Brown, Mairin	99 Campbell River	5.80m
13	Mudie, Heather	99 Campbell River	5.73m
14	Tozer, Lindsay	99 Nanaimo Track	5.01m

Event 230 Girls 15 Year Olds Shot Put 3 kg

Name	Year	Team	Finals
1	Carrothers, Kelsey	98 Pacific Athletic	11.05m
2	Abbott, Calli-Ann	98 Powell River	10.41m
3	Irwin, Lara	98 Pacific Athletic	7.00m

Event 231 Women 16-17 Shot Put 3 kg

Name	Year	Team	Finals
1	Erving, Amy	96 Pacific Athletic	9.59m
2	Frederiksen, Mairina	97 Unattached B	8.99m

Event 232 Women 18-19 Shot Put 4 kg

Name	Year	Team	Finals
1 Esser, Agnes	95	Unattached B	13.54m

Event 233 Women 50-54 Shot Put 3 kg

Name	Year	Team	Finals
1 Davison, Che	63	Victoria Track	7.48m
2 Murfitt, Anne	59	Peninsula Track	6.46m

Event 235 Boys 9 Year Olds Shot Put 2 kg

Name	Year	Team	Finals
1 Barron, Elijah	04	Cowichan Valley	5.18m
2 Watson, Jayden	04	Nanaimo Track	4.87m
3 Henry, Stirling	04	Nanaimo Track	4.63m
4 Putz, Jake	04	Nanaimo Track	4.30m
5 Veasey, Ryan	04	Nanaimo Track	4.29m
6 Walters, Kingston	04	Nanaimo Track	2.88m

Event 236 Boys 10 Year Olds Shot Put 2 kg

Name	Year	Team	Finals
1 Reid, Brighton	03	Cowichan Valley	7.69m
2 Perras, Trent	03	Campbell River	7.37m
3 Jack, Isaac	03	Alberni Valley	6.95m
4 McKay, Robert	03	Alberni Valley	6.34m
5 Vallance, Caleb	03	Powell River	6.26m
6 Symington, David	03	Alberni Valley	5.94m
7 Mansueti, Lorenzo	03	Cowichan Valley	5.77m
8 Schlitz, Brett	03	Nanaimo Track	5.75m
9 Igbinsosa, Stephen	03	Nanaimo Track	5.59m
10 McIntyre, Jacob	03	Cowichan Valley	5.08m
11 Head, Leo	03	Powell River	5.06m
12 Vallee, Ty	03	Alberni Valley	4.68m
13 Marriott, Ryan	03	Alberni Valley	4.52m
14 Johnson, Michael	03	Peninsula Track	4.49m
15 Shields, Luke	03	Oceanside Track	3.73m

Event 237 Boys 11 Year Olds Shot Put 2 kg

Name	Year	Team	Finals
1 Katzberg, Ethan	02	Nanaimo Track	8.33m
2 Loughnane, Conor	02	Peninsula Track	7.98m
3 Hall, Fergus	02	Campbell River	7.90m
4 Heisterman, Keaton	02	Nanaimo Track	7.42m
5 Kaiser, Torren	02	Cowichan Valley	7.30m
6 Andersen, Ethan	02	Nanaimo Track	6.96m
7 Porchette, Nicholas	02	Powell River	6.92m
8 Hilton, Matteo	02	Peninsula Track	6.89m
9 Shields-Brown, Michael	02	Campbell River	5.62m
10 Lund, Aidan	02	Campbell River	5.41m
11 Shewchuk, Tyler	02	Cowichan Valley	5.36m
12 Southern, Wade	02	Powell River	5.27m
13 Keltie, Logan	02	Oceanside Track	4.85m

## Event 238 Boys 12 Year Olds Shot Put 3 kg

Name	Year Team	Finals
1 Ferraro, Jett	01 Nanaimo Track	7.13m
2 Dewit, Aaron	01 Cowichan Valley	7.09m
3 Day, Colby	01 Nanaimo Track	6.91m
4 Contant, Yanick	01 Alberni Valley	6.85m
5 Walsh, Liam	01 Nanaimo Track	6.44m
6 Tozer, Devin	01 Nanaimo Track	6.38m
7 Nahorney, Ty	01 Alberni Valley	6.02m
8 Dewit, Jaden	01 Cowichan Valley	5.63m
9 Gartside, Thomas	01 Peninsula Track	5.40m
10 Schlitz, Luke	01 Unattached	5.26m
11 Vallee, Seth	01 Alberni Valley	5.25m
12 Heyward, Lorne	01 Cowichan Valley	5.03m
13 Cowan, Troy	01 Cowichan Valley	4.82m

## Event 239 Boys 13 Year Olds Shot Put 3 kg

Name	Year Team	Finals
1 McCullough, Conner	00 Peninsula Track	9.13m
2 Sammons, Benjamin	00 Peninsula Track	8.08m
3 Hopkins, Brennan	00 Peninsula Track	6.63m
4 Shewchuk, Cody	00 Cowichan Valley	6.10m

## Event 240 Boys 14 Year Olds Shot Put 4 kg

Name	Year Team	Finals
1 Speagle, Oliver	99 Alberni Valley	9.25m
2 Naude, Juanre	99 Unattached	9.11m
3 Schafers, James	99 Pacific Athletic	8.32m
4 McInnes, Jeremy	99 Campbell River	7.43m
5 Williamson, Jordan	99 Campbell River	6.97m
6 Greentree, Wesley	99 CR Christian	4.79m

## Event 241 Boys 15 Year Olds Shot Put 4 kg

Name	Year Team	Finals
1 Rondquist, Seever	98 Campbell River	12.79m
2 Szczawinski, Maxwell	98 Unattached B	11.89m
3 Leighton, Keagan	98 CR Christian	8.06m

## Event 244 Men 45-49 Shot Put 7.26 kg

Name	Year Team	Finals
1 Morfitt, Graham	67 Comox Valley	10.33m

## Event 246 Men 60-64 Shot Put 5 kg

Name	Year Team	Finals
1 Brodeur, Don	51 Peninsula Track	11.81m

## Event 248 Men 90-94 Shot Put 3 kg

Name	Year Team	Finals
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1 Brodeur, Phil	21 Peninsula Track	4.31m
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Event 249 Girls 12 Year Olds Hammer Throw 3 kg

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Name	Year Team	Finals
1 Willett, Abby	01 Pacific Athletic	22.90m
2 Elliott, Libby	01 Oceanside Track	19.20m
3 Frederiksen, Gwyneth	01 Unattached B	18.69m
4 Watson, Kaitlyn	01 Nanaimo Track	16.60m
5 Proctor, Lauren	01 Oceanside Track	14.84m
6 Dimter, Julia	01 Nanaimo Track	11.59m
7 Mastrodonato, Melaina	01 Powell River	11.20m
8 Williams, Destiny	01 Comox Valley	10.66m

Event 250 Girls 13 Year Olds Hammer Throw 3 kg

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Name	Year Team	Finals
1 Stewart, Hope	00 Nanaimo Track	22.37m
2 Woolnough, Serena	00 Oceanside Track	18.10m
3 Katzberg, Jessica	00 Nanaimo Track	17.80m
4 Proctor, Allie	00 Oceanside Track	16.31m
5 Kaiser, Madalyn	00 Pacific Athletic	14.63m
6 Keltie, Jensen	00 Oceanside Track	14.45m
7 Sayah, Taylor	00 Oceanside Track	13.64m
8 Gage, Lindsay	00 Campbell River	12.37m
9 Andersen, Marina	00 Nanaimo Track	11.04m
10 Ravetch, Rosie	00 Pacific Athletic	10.69m

Event 251 Girls 14 Year Olds Hammer Throw 3 kg

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Name	Year Team	Finals
1 Frederiksen, Lindsey	99 Unattached B	39.36m
2 Peterson, Meagan	99 Peninsula Track	24.71m
3 Irwin, Julia	99 Peninsula Track	20.44m
4 Tozer, Lindsay	99 Nanaimo Track	15.03m
5 Ferraro, Jamie	99 Nanaimo Track	14.76m

Event 252 Girls 15 Year Olds Hammer Throw 3 kg

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Name	Year Team	Finals
1 Carrothers, Kelsey	98 Pacific Athletic	37.46m
2 Stewart-Bain, Elizabeth	98 Comox Valley	33.61m
3 Abbott, Calli-Ann	98 Powell River	27.33m
4 Irwin, Lara	98 Pacific Athletic	23.31m

Event 253 Women 16-17 Hammer Throw 3 kg

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Name	Year Team	Finals
1 Neville-Rutherford, Cour	96 Pacific Athletic	49.80m
2 Gmitroski, Krysta	96 Pacific Athletic	47.93m
3 Kaiser, Hannah	96 Pacific Athletic	41.54m

Event 255 Women 50-54 Hammer Throw 3 kg

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Name	Year Team	Finals
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1	Murfitt, Anne	59 Peninsula Track	21.93m
1	Davison, Che	63 Victoria Track	19.62m

Event 257 Boys 12 Year Olds Hammer Throw 3 kg

Name	Year Team	Finals
1 Contant, Yanick	01 Alberni Valley	17.24m
2 Tozer, Devin	01 Nanaimo Track	16.63m
3 Vallee, Seth	01 Alberni Valley	15.08m
4 Nahorney, Ty	01 Alberni Valley	14.28m
5 Walsh, Liam	01 Nanaimo Track	12.49m
6 Ferraro, Jett	01 Nanaimo Track	12.40m
-- Gartside, Thomas	01 Peninsula Track	FOUL

Event 258 Boys 13 Year Olds Hammer Throw 3 kg

Name	Year Team	Finals
1 Sammons, Benjamin	00 Peninsula Track	23.52m
2 McCullough, Conner	00 Peninsula Track	21.51m

Event 259 Boys 14 Year Olds Hammer Throw 4 kg

Name	Year Team	Finals
1 McInnes, Jeremy	99 Campbell River	24.16m
2 Vrooman, Keenan	99 Pacific Athletic	23.49m
3 Austin, Dalton	99 Oceanside Track	20.87m
4 Williamson, Jordan	99 Campbell River	15.13m

Event 260 Boys 15 Year Olds Hammer Throw 4 kg

Name	Year Team	Finals
1 Leighton, Keagan	98 CR Christian	20.87m

Event 261 Men 16-17 Hammer Throw 5 kg

Name	Year Team	Finals
1 Willett, Sam	97 Pacific Athletic	48.59m

Event 265 Men 60-69 Hammer Throw 5 kg

Name	Year Team	Finals
1 Donaldson, Sven	49 Nanaimo Track	17.58m

Event 267 Men 80-84 Hammer Throw 3 kg

Name	Year Team	Finals
1 Monds, Doug	29 Unattached	28.32m

Event 562 Women 9-90 Shot Put WC F58

Name	Year Team	Finals
1 Brockway, Jessye	93 Pacific Athletic	6.29m

Event 565 Women 9-90 Javelin Throw WC F58

Name	Year Team	Finals
1 Brockway, Jessye	93 Pacific Athletic	14.45m

Event 571 Men 9-90 Discus Throw WC F52

Name	Year Team	Finals
1 Davis T52, Andrew	83 WC Race Seri	8.97m

Event 717 Men 9-90 Shot Put WC F52

Name	Year Team	Finals
1 Davis T52, Andrew	83 WC Race Seri	5.68m