

"Larry Nichola 9k"
IRAXC #5 on 2013/11/03

Please contact ppollham@pmp-software.com if there are any errors.

Place	Div	Name	City	Div	Time	Pace	Kpace	Points
1	1	JAKE VAN ALLEN	KELOWNA	M20-29	31:01:00	5:33	3:27	30
2	1	TREVOR HAAHEIM	KELOWNA	M40-44	31:04:00	5:34	3:28	30
3	1	JEFF VOGT	KELOWNA	M35-39	32:50:00	5:53	3:39	30
4	2	SIMON REEVES	GABRIOLA IS	M40-44	32:52:00	5:53	3:40	25
5	1	GARY WADE	KELOWNA	M45-49	33:02:00	5:55	3:41	30
6	2	JUSTIN NICHOLAS	KELOWNA	M20-29	33:39:00	6:02	3:45	25
7	3	MATT YIP	KELOWNA	M20-29	33:42:00	6:02	3:45	22
8	2	SERGIO PIO	PENTICTON	M45-49	33:43:00	6:02	3:45	25
9	1	LIAM MCGRATH	VERNON	M01-15	34:29:00	6:10	3:50	30
10	1	EMMET SMITH	KELOWNA	M16-19	35:06:00	6:17	3:54	30
11	4	EVAN GUTHRIE	PEACHLAND	M20-29	35:12:00	6:18	3:55	20
12	1	DREW MCLAREN	KELOWNA	M30-34	35:54:00	6:26	4:00	30
13	3	DAVID URNESS	KELOWNA	M40-44	36:51:00	6:36	4:06	22
14	2	BRETT HENDERSON	KELOWNA	M35-39	37:02:00	6:38	4:07	25
15	3	ADAM ELLIOT	KELOWNA	M35-39	37:26:00	6:42	4:10	22
16	3	KEN BYL	KELOWNA	M45-49	37:37:00	6:44	4:11	22
17	1	MIKE BROWN	ARMSTRONG	M50-54	37:39:00	6:44	4:11	30
18	4	DAVID LARSEN	PENTICTON	M35-39	38:08:00	6:50	4:15	20
19	1	DON HILL	VERNON	M55-59	38:20:00	6:52	4:16	30
20	4	NEIL MACDONALD	PENTICTON	M45-49	38:21:00	6:52	4:16	20
21	2	ROBERT HAUTALA	KELOWNA	M50-54	38:56:00	6:58	4:20	25
22	1	JEN BOND	VERNON	F35-39	39:10:00	7:01	4:22	30
23	5	DAVID WILKINS	KELOWNA	M45-49	39:21:00	7:03	4:23	19
24	1	CAITLIN MALONE	KELOWNA	F20-29	40:07:00	7:11	4:28	30
25	2	MIKE MCGRATH	VERNON	M55-59	40:24:00	7:14	4:30	25
26	1	ROLY MULLER	KELOWNA	M60-64	40:43:00	7:17	4:32	30
27	2	CARRIE SNAYCHUK	KELOWNA	F20-29	40:46:00	7:18	4:32	25
28	2	CHRIS CHARBONNEAU	KELOWNA	M60-64	41:08:00	7:22	4:35	25
29	5	DANIEL HOWARTH	KELOWNA	M20-29	41:34:00	7:26	4:38	19
30	3	WILLIAM JUSTUS	KELOWNA	M50-54	41:42:00	7:28	4:38	22
31	2	JACKIE JOHNSTON	KELOWNA	F35-39	42:03:00	7:32	4:41	25
32	1	BIGGI WEISCHEDEL	KELOWNA	F40-44	42:23:00	7:35	4:43	30
33	2	MARK ROBERTS	KELOWNA	M30-34	43:12:00	7:44	4:48	25
34	3	MARK MASTERSON	KELOWNA	M30-34	43:19:00	7:45	4:49	22
35	1	GLORIA WOOLNER	PENTICTON	F50-54	43:27:00	7:47	4:50	30
36	2	JENNIFER JAKOBI	VERNON	F40-44	43:48:00	7:50	4:52	25
37	1	SHANDA HILL	VERNON BC	F30-34	44:05:00	7:53	4:54	30
38	3	BRENT BESSEX	WEST KELOWNA	M55-59	44:11:00	7:55	4:55	22
39	4	CAMERON JOHNSTON	KELOWNA	M40-44	44:17:00	7:56	4:56	20
40	1	DEBBIE FINNIE	PENTICTON	F55-59	44:30:00	7:58	4:57	30
41	4	DARWIN NICHOLAS	KELOWNA	M50-54	45:01:00	8:03	5:01	20

42	2 ERIKA BISER	KELOWNA	F30-34	45:09:00	8:05	5:01	25
43	5 AIDAN LIGHTFOOT	KELOWNA	M35-39	45:21:00	8:07	5:03	19
44	1 TEDDY BOYKO	KELOWNA	M65-69	45:24:00	8:08	5:03	30
45	2 KEITH BURTON	WEST KELOWNA	M65-69	46:13:00	8:16	5:09	25
46	2 JULIA HARGREAVES	WEST KELOWNA	F55-59	46:29:00	8:19	5:10	25
47	4 WESLEY NYGAARD	KELOWNA	M30-34	46:46:00	8:22	5:12	20
48	6 RORY BASS	VERNON	M45-49	46:54:00	8:24	5:13	18
49	3 ROB SAVAGE	SALMON ARM	M60-64	46:56:00	8:24	5:13	22
50	3 ALYSSA HOWARTH	KELOWNA	F20-29	47:22:00	8:29	5:16	22
51	2 LINDA STIRLING	KELOWNA	F50-54	47:24:00	8:29	5:16	25
52	7 DAVE STIRLING	KELOWNA	M45-49	47:25:00	8:29	5:17	17
53	1 JANICE BRADSHAW	WEST KELOWNA	F45-49	47:30:00	8:30	5:17	30
54	2 CARREY MARTIN	PENTICTON	F45-49	47:31:00	8:30	5:17	25
55	4 MELVIN DOHERTY	KAMLOOPS	M60-64	47:56:00	8:35	5:20	20
56	3 LOUIS STUPAR	KELOWNA	M65-69	48:06:00	8:37	5:21	22
57	5 CAM ROBERTSON	KELOWNA	M40-44	48:13:00	8:38	5:22	19
58	3 FIONA MACLEOD	KELOWNA	F30-34	48:17:00	8:39	5:22	22
59	1 EMMA MCLEOD	KAMLOOPS	F16-19	48:19:00	8:39	5:23	30
60	3 MARIANNE BUTCHER	KAMLOOPS	F45-49	48:20:00	8:39	5:23	22
61	3 DEANNA ROBERTS	KELOWNA	F35-39	48:23:00	8:40	5:23	22
62	6 JOHN WILSON	VERNON	M35-39	48:27:00	8:40	5:23	18
63	4 ROSIE STUART	KELOWNA	F35-39	49:21:00	8:50	5:29	20
64	5 MARKUS HEINRICHS	KELOWNA	M50-54	49:52:00	8:56	5:33	19
65	5 JOSHUA CROSTHWAITE	KELOWNA	M30-34	51:34:00	9:14	5:44	19
66	4 MEL STEINBACK	KELOWNA	F20-29	51:35:00	9:14	5:44	20
67	4 JOANNA BALL	WEST KELOWNA	F30-34	51:56:00	9:18	5:47	20
68	6 ANDREW SMITH	KELOWNA	M50-54	52:40:00	9:26	5:52	18
69	3 CHRISTINE PECKHAM	ARMSTRONG	F55-59	52:47:00	9:27	5:52	22
70	3 BETH SAVAGE	SALMON ARM	F50-54	53:52:00	9:38	6:00	22
71	6 SHANE STYLES	KELOWNA	M40-44	54:27:00	9:45	6:03	18
72	1 GUENTER NAUMANN	OKANAGAN FALLS	M75-79	54:40:00	9:47	6:05	30
73	1 PAT COUCH	VERNON	F60-64	54:52:00	9:49	6:06	30
74	5 KARI CRAIG	KELOWNA	F30-34	55:14:00	9:53	6:09	19
75	4 KAREN MATTIUSSI	KELOWNA	F55-59	55:51:00	10:00	6:13	20
76	4 ONNA STOLL	VERNON	F45-49	57:02:00	10:12	6:21	20
77	5 TILLY RIVA	VERNON	F45-49	57:27:00	10:17	6:23	19
78	5 CLAIRE PARKER	VERNON	F55-59	59:01:00	10:34	6:34	19
79	7 ROD LAWSON	KELOWNA	M50-54	59:47:00	10:42	6:39	17
80	1 LINDA WOODBURY	KAMLOOPS	F65-69	1:00:14	10:47	6:42	30
81	2 KAREN WILLIES	KAMLOOPS	F65-69	1:00:49	10:53	6:46	25
82	6 SUSAN FALKENHOLT	VERNON	F45-49	1:01:00	10:55	6:47	18
83	3 KATHLEEN YANKE	SALMON ARM	F65-69	1:02:12	11:08	6:55	22
84	2 BRUCE BUTCHER	KAMLOOPS	M75-79	1:02:15	11:08	6:55	25
85	2 ROBYN ABEAR	REVELSTSOKE	F60-64	1:02:59	11:16	7:00	25
86	8 DAVE LAING	KELOWNA	M50-54	1:05:15	11:41	7:15	16
87	7 SANDRA RHIND	KELOWNA	F45-49	1:10:04	12:32	7:48	17
88	5 JENELLE RHIND	KELOWNA	F20-29	1:10:05	12:32	7:48	19

"Larry Nichola 9k"
IRAXC #5 on 2013/11/03

Please contact ppollham@pmp-software.com if there are any errors.

F AGE GROUP 1 - 15

Place	O'A 	Name	City	Bib	Div	Time	Pace	Kpace	Points
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F AGE GROUP 16 - 19

Place	O'A 	Name	City	Bib	Div	Time	Pace	Kpace	Points
1	59	EMMA MCLEOD	KAMLOOPS	1242	F16-19	48:19:00	8:39	5:23	30

F AGE GROUP 20 - 29

Place	O'A 	Name	City	Bib	Div	Time	Pace	Kpace	Points
1	24	CAITLIN MALONE	KELOWNA	1273	F20-29	40:07:00	7:11	4:28	30
2	27	CARRIE SNAYCHUK	KELOWNA	1279	F20-29	40:46:00	7:18	4:32	25
3	50	ALYSSA HOWARTH	KELOWNA	1227	F20-29	47:22:00	8:29	5:16	22
4	66	MEL STEINBACK	KELOWNA	1270	F20-29	51:35:00	9:14	5:44	20
5	88	JENELLE RHIND	KELOWNA	1293	F20-29	1:10:05	12:32	7:48	19

F AGE GROUP 30 - 34

Place	O'A 	Name	City	Bib	Div	Time	Pace	Kpace	Points
1	37	SHANDA HILL	VERNON BC	1226	F30-34	44:05:00	7:53	4:54	30
2	42	ERIKA BISER	KELOWNA	1204	F30-34	45:09:00	8:05	5:01	25
3	58	FIONA MACLEOD	KELOWNA	1236	F30-34	48:17:00	8:39	5:22	22
4	67	JOANNA BALL	WEST KELOWNA	1202	F30-34	51:56:00	9:18	5:47	20
5	74	KARI CRAIG	KELOWNA	1215	F30-34	55:14:00	9:53	6:09	19

F AGE GROUP 35 - 39

Place	O'A 	Name	City	Bib	Div	Time	Pace	Kpace	Points
1	22	JEN BOND	VERNON	1205	F35-39	39:10:00	7:01	4:22	30
2	31	JACKIE JOHNSTON	KELOWNA	1230	F35-39	42:03:00	7:32	4:41	25
3	61	DEANNA ROBERTS	KELOWNA	1286	F35-39	48:23:00	8:40	5:23	22
4	63	ROSIE STUART	KELOWNA	1252	F35-39	49:21:00	8:50	5:29	20

F AGE GROUP 40 - 44

Place	O'A II	Name	City	Bib	Div	Time	Pace	Kpace	Points
1	32	BIGGI WEISCHEDEL	KELOWNA	1257	F40-44	42:23:00	7:35	4:43	30
2	36	JENNIFER JAKOBI	VERNON	1274	F40-44	43:48:00	7:50	4:52	25

F AGE GROUP 45 - 49

Place	O'A II	Name	City	Bib	Div	Time	Pace	Kpace	Points
1	53	JANICE BRADSHAW	WEST KELOWNA	1207	F45-49	47:30:00	8:30	5:17	30
2	54	CARREY MARTIN	PENTICTON	1237	F45-49	47:31:00	8:30	5:17	25
3	60	MARIANNE BUTCHER	KAMLOOPS	1211	F45-49	48:20:00	8:39	5:23	22
4	76	ONNA STOLL	VERNON	1251	F45-49	57:02:00	10:12	6:21	20
5	77	TILLY RIVA	VERNON	1284	F45-49	57:27:00	10:17	6:23	19
6	82	SUSAN FALKENHOLT	VERNON	1218	F45-49	1:01:00	10:55	6:47	18
7	87	SANDRA RHIND	KELOWNA	1292	F45-49	1:10:04	12:32	7:48	17

F AGE GROUP 50 - 54

Place	O'A II	Name	City	Bib	Div	Time	Pace	Kpace	Points
1	35	GLORIA WOOLNER	PENTICTON	1261	F50-54	43:27:00	7:47	4:50	30
2	51	LINDA STIRLING	KELOWNA	1280	F50-54	47:24:00	8:29	5:16	25
3	70	BETH SAVAGE	SALMON ARM	1248	F50-54	53:52:00	9:38	6:00	22

F AGE GROUP 55 - 59

Place	O'A II	Name	City	Bib	Div	Time	Pace	Kpace	Points
1	40	DEBBIE FINNIE	PENTICTON	1219	F55-59	44:30:00	7:58	4:57	30
2	46	JULIA HARGREAVES	WEST KELOWNA	1221	F55-59	46:29:00	8:19	5:10	25
3	69	CHRISTINE PECKHAM	ARMSTRONG	1282	F55-59	52:47:00	9:27	5:52	22
4	75	KAREN MATTIUSSI	KELOWNA	1239	F55-59	55:51:00	10:00	6:13	20
5	78	CLAIRE PARKER	VERNON	1245	F55-59	59:01:00	10:34	6:34	19

F AGE GROUP 60 - 64

Place	O'A II	Name	City	Bib	Div	Time	Pace	Kpace	Points
1	73	PAT COUCH	VERNON	1214	F60-64	54:52:00	9:49	6:06	30
2	85	ROBYN ABEAR	REVELSTOKE	1201	F60-64	1:02:59	11:16	7:00	25

F AGE GROUP 65 - 69

Place	O'A II	Name	City	Bib	Div	Time	Pace	Kpace	Points
1	80	LINDA WOODBURY	KAMLOOPS	1267	F65-69	1:00:14	10:47	6:42	30
2	81	KAREN WILLIES	KAMLOOPS	1259	F65-69	1:00:49	10:53	6:46	25
3	83	KATHLEEN YANKE	SALMON ARM	1262	F65-69	1:02:12	11:08	6:55	22

F AGE GROUP 70 - 74

Place	O'A II	Name	City	Bib	Div	Time	Pace	Kpace	Points
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F AGE GROUP 75 - 79

Place	O'A II	Name	City	Bib	Div	Time	Pace	Kpace	Points
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F AGE GROUP 80 - 99

Place	O'A II	Name	City	Bib	Div	Time	Pace	Kpace	Points
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M AGE GROUP 1 - 15

Place	O'A II	Name	City	Bib	Div	Time	Pace	Kpace	Points
1	9	LIAM MCGRATH	VERNON	1275	M01-15	34:29:00	6:10	3:50	30

M AGE GROUP 16 - 19

Place	O'A II	Name	City	Bib	Div	Time	Pace	Kpace	Points
1	10	EMMET SMITH	KELOWNA	1269	M16-19	35:06:00	6:17	3:54	30

M AGE GROUP 20 - 29

Place	O'A II	Name	City	Bib	Div	Time	Pace	Kpace	Points
1	1	JAKE VAN ALLEN	KELOWNA	1272	M20-29	31:01:00	5:33	3:27	30
2	6	JUSTIN NICHOLAS	KELOWNA	1278	M20-29	33:39:00	6:02	3:45	25
3	7	MATT YIP	KELOWNA	1263	M20-29	33:42:00	6:02	3:45	22

4	11	EVAN GUTHRIE	PEACHLAND	1266	M20-29	35:12:00	6:18	3:55	20
5	29	DANIEL HOWARTH	KELOWNA	1228	M20-29	41:34:00	7:26	4:38	19

M AGE GROUP 30 - 34

Place	O'A II	Name	City	Bib	Div	Time	Pace	Kpace	Points
1	12	DREW MCLAREN	KELOWNA	1241	M30-34	35:54:00	6:26	4:00	30
2	33	MARK ROBERTS	KELOWNA	1285	M30-34	43:12:00	7:44	4:48	25
3	34	MARK MASTERSON	KELOWNA	1238	M30-34	43:19:00	7:45	4:49	22
4	47	WESLEY NYGAARD	KELOWNA	1265	M30-34	46:46:00	8:22	5:12	20
5	65	JOSHUA CROSTHWAITE	KELOWNA	1271	M30-34	51:34:00	9:14	5:44	19

M AGE GROUP 35 - 39

Place	O'A II	Name	City	Bib	Div	Time	Pace	Kpace	Points
1	3	JEFF VOGT	KELOWNA	1254	M35-39	32:50:00	5:53	3:39	30
2	14	BRETT HENDERSON	KELOWNA	1224	M35-39	37:02:00	6:38	4:07	25
3	15	ADAM ELLIOT	KELOWNA	1290	M35-39	37:26:00	6:42	4:10	22
4	18	DAVID LARSEN	PENTICTON	1232	M35-39	38:08:00	6:50	4:15	20
5	43	AIDAN LIGHTFOOT	KELOWNA	1234	M35-39	45:21:00	8:07	5:03	19
6	62	JOHN WILSON	VERNON	1260	M35-39	48:27:00	8:40	5:23	18

M AGE GROUP 40 - 44

Place	O'A II	Name	City	Bib	Div	Time	Pace	Kpace	Points
1	2	TREVOR HAAHEIM	KELOWNA	1220	M40-44	31:04:00	5:34	3:28	30
2	4	SIMON REEVES	GABRIOLA IS	1264	M40-44	32:52:00	5:53	3:40	25
3	13	DAVID URNESS	KELOWNA	1287	M40-44	36:51:00	6:36	4:06	22
4	39	CAMERON JOHNSTON	KELOWNA	1229	M40-44	44:17:00	7:56	4:56	20
5	57	CAM ROBERTSON	KELOWNA	1247	M40-44	48:13:00	8:38	5:22	19

6	71	SHANE STYLES	KELOWNA	1289	M40-44	54:27:00	9:45	6:03	18
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M AGE GROUP 45 - 49

Place	O'A II	Name	City	Bib	Div	Time	Pace	Kpace	Points
1	5	GARY WADE	KELOWNA	1255	M45-49	33:02:00	5:55	3:41	30
2	8	SERGIO PIO	PENTICTON	1246	M45-49	33:43:00	6:02	3:45	25
3	16	KEN BYL	KELOWNA	1212	M45-49	37:37:00	6:44	4:11	22
4	20	NEIL MACDONALD	PENTICTON	1235	M45-49	38:21:00	6:52	4:16	20
5	23	DAVID WILKINS	KELOWNA	1277	M45-49	39:21:00	7:03	4:23	19
6	48	RORY BASS	VERNON	1203	M45-49	46:54:00	8:24	5:13	18
7	52	DAVE STIRLING	KELOWNA	1250	M45-49	47:25:00	8:29	5:17	17

M AGE GROUP 50 - 54

Place	O'A II	Name	City	Bib	Div	Time	Pace	Kpace	Points
1	17	MIKE BROWN	ARMSTRONG	1208	M50-54	37:39:00	6:44	4:11	30
2	21	ROBERT HAUTALA	KELOWNA	1222	M50-54	38:56:00	6:58	4:20	25
3	30	WILLIAM JUSTUS	KELOWNA	1283	M50-54	41:42:00	7:28	4:38	22
4	41	DARWIN NICHOLAS	KELOWNA	1276	M50-54	45:01:00	8:03	5:01	20
5	64	MARKUS HEINRICHS	KELOWNA	1223	M50-54	49:52:00	8:56	5:33	19
6	68	ANDREW SMITH	KELOWNA	1268	M50-54	52:40:00	9:26	5:52	18
7	79	ROD LAWSON	KELOWNA	1291	M50-54	59:47:00	10:42	6:39	17
8	86	DAVE LAING	KELOWNA	1231	M50-54	1:05:15	11:41	7:15	16

M AGE GROUP 55 - 59

Place	O'A II	Name	City	Bib	Div	Time	Pace	Kpace	Points
1	19	DON HILL	VERNON	1225	M55-59	38:20:00	6:52	4:16	30
2	25	MIKE MCGRATH	VERNON	1240	M55-59	40:24:00	7:14	4:30	25

3 38 BRENT BESSEX WEST KELOWNA 1288 M55-59 44:11:00 7:55 4:55 22

M AGE GROUP 60 - 64

Place	O'A II	Name	City	Bib	Div	Time	Pace	Kpace	Points
1	26	ROLY MULLER	KELOWNA	1243	M60-64	40:43:00	7:17	4:32	30
2	28	CHRIS CHARBONNEAU	KELOWNA	1213	M60-64	41:08:00	7:22	4:35	25
3	49	ROB SAVAGE	SALMON ARM	1249	M60-64	46:56:00	8:24	5:13	22
4	55	MELVIN DOHERTY	KAMLOOPS	1217	M60-64	47:56:00	8:35	5:20	20

M AGE GROUP 65 - 69

Place	O'A II	Name	City	Bib	Div	Time	Pace	Kpace	Points
1	44	TEDDY BOYKO	KELOWNA	1206	M65-69	45:24:00	8:08	5:03	30
2	45	KEITH BURTON	WEST KELOWNA	1209	M65-69	46:13:00	8:16	5:09	25
3	56	LOUIS STUPAR	KELOWNA	1253	M65-69	48:06:00	8:37	5:21	22

M AGE GROUP 70 - 74

Place	O'A II	Name	City	Bib	Div	Time	Pace	Kpace	Points
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M AGE GROUP 75 - 79

Place	O'A II	Name	City	Bib	Div	Time	Pace	Kpace	Points
1	72	GUENTER NAUMANN	OKANAGAN FALLS	1244	M75-79	54:40:00	9:47	6:05	30
2	84	BRUCE BUTCHER	KAMLOOPS	1210	M75-79	1:02:15	11:08	6:55	25