



# MAC Track

## CROSS COUNTRY SERIES RESULTS

Thursday, September 26<sup>th</sup>, 2013

Glen Allen Rec Centre Park, Sherwood Park

### GRADE 3/4 GIRLS 1200m:

Runner	Team	Grade	Time	Place	Pace/km
Ella Royer	HOLY SP	4	05:35	1	04:33
Selina Kokotilo	SCA - E	4	05:47	2	04:43
Estella Glowacki	SCA - E	3	05:51	3	04:46
Kaelyn Smith	SCA - E	3	05:54	4	04:49
Andie Proulx	SCA - E	4	05:56	5	04:50
Sarah Brodt	SCA - E	4	05:57	6	04:51
Taylor Duncombe	SCA - E	3	05:59	7	04:53
Kylee Delveaux	SCA - E	4	06:00	8	04:53
Hannah Sawchuk	BRENT	4	06:06	9	04:58
Abbey Bjorklund	BRENT	4	06:07	10	04:59
Isabelle Tchir	SCA - E	4	06:09	11	05:01
Jamie Vanderveen	SCA - E	4	06:11	12	05:02
Ashlynn Russell	SCA - E	3	06:12	13	05:03
Eden Petersen	HOLY SP	4	06:15	14	05:06
Amelie Froehlich	SCA - E	4	06:16	15	05:06
Rachel Thiessen	SCA - E	4	06:19	16	05:09
Devin Kauffman	SCA - E	3	06:32	17	05:19
Katie Eggli	SCA - E	3	06:33	18	05:20
Isabel Rankin	HOLY SP	4	06:37	19	05:24
Emily Pitters	BRENT	4	06:38	20	05:24
Hailey Doupe	SCA - E	3	06:45	21	05:30
Justus Robinson	SCA - E	3	07:09	22	05:50
Anna Radford	SCA - E	4	07:18	23	05:57
Elise Stime	BRENT	4	07:20	24	05:59
Camille Shutter	SCA - E	4	07:34	25	06:10
Sarah Vos	SCA - E	3	07:39	26	06:14
Kayla Mountney	SCA - E	3	07:40	27	06:15
Chelsea Komant	SCA - E	3	07:44	28	06:18
Ashley Craig	SCA - E	4	07:47	29	06:21
Jazmin Williams	SCA - E	4	07:51	30	06:24
Kiley Gagnon	SCA - E	4	07:52	31	06:25
Mackenzie Roy	BRENT	4	07:54	32	06:26
Jade Gunderson	SCA - E	4	08:38	33	07:02
Nadia Ostertag	HR	4	08:45	34	07:08

## **GRADE 3/4 BOYS 1200m**

<b>Runner</b>	<b>Team</b>	<b>Grade</b>	<b>Time</b>	<b>Place</b>	<b>Pace/km</b>
Brayden Bablitz	HOLY SP	4	04:59	1	04:04
Michael Senguin	HR	4	05:10	2	04:13
Colby Anderson	Ryley	3	05:20	3	04:21
Ian Ference	HR	4	05:21	4	04:22
Liam Job	BRENT	4	05:33	5	04:31
Hunter Robinson	SCA - E	4	05:36	6	04:34
Donavyn Shields	SCA - E	4	05:37	7	04:35
Derrin Douglas	HOLY SP	4	05:40	8	04:37
Samuel Wells	SCA - E	4	05:44	9	04:40
Mason Fedick	SCA - E	4	05:45	10	04:41
Colin Doherty	SCA - E	3	05:46	11	04:42
Evan Noppers	BRENT	4	05:59	12	04:53
Brett Halter	HOLY SP	4	06:04	13	04:57
Khai Rishaug	HOLY SP	4	06:09	14	05:01
Cameron Thorne	BRENT	4	06:10	15	05:02
Ethan Greidanus	SCA - E	4	06:11	16	05:02
Luke Amico	HR	4	06:15	17	05:06
Tyler Keeping	HR	4	06:23	18	05:12
Nate Maxwell	SCA - E	3	06:28	19	05:16
Joshua LaRue	SCA - E	4	06:38	20	05:24
Marcus Mountney	SCA - E	4	06:39	21	05:25
Jake Westerlund	SCA - E	3	06:49	22	05:33
Jaxon Adams	SCA - E	3	07:03	23	05:45
Ronan Neal	HR	4	07:14	24	05:54
Anthony Fakeley	HR	4	08:26	25	06:52
Lucas Berkenbosch	SCA - E	3	09:00	26	07:20

## **GRADE 5 GIRLS 1550m**

<b>Runner</b>	<b>Team</b>	<b>Grade</b>	<b>Time</b>	<b>Place</b>	<b>Pace/km</b>
Ella Doherty	SCA - E	5	06:45	1	04:24
Kaidy Cech	BRENT	5	06:55	2	04:30
Evelyn Kath	SCA - E	5	07:24	3	04:49
Madison Boychuk	HR	5	07:31	4	04:53
Erica Hall	BRENT	5	07:47	5	05:04
Jessica Desaulniers	HR	5	07:47	6	05:04
Abbie Wiebe	HR	5	07:51	7	05:06
Morgan Myschuk	SCA - E	5	08:27	8	05:30
Jacee Gehring	BRENT	5	08:45	9	05:42
Alicia Bell	HR	5	09:21	10	06:05
Karlie Frey	HOLY SP	5	10:50	11	07:03
Jayme Granberg	HOLY SP	5	10:56	12	07:07

## **GRADE 5 BOYS 1550m**

<b>Runner</b>	<b>Team</b>	<b>Grade</b>	<b>Time</b>	<b>Place</b>	<b>Pace/km</b>
Nolan Granville	HR	5	06:46	1	04:24
Nickolas Drew	SCA - E	5	06:55	2	04:30
Nolan Komant	SCA - E	5	06:59	3	04:33
Lucas Kauffman	SCA - E	5	07:00	4	04:33
Rylan Gullacher	BRENT	5	07:07	5	04:38
Neal Healey	HOLY SP	5	07:09	6	04:39
Caleb Froehlich	SCA - E	5	07:12	7	04:41
Bennett Sawchuk	BRENT	5	07:13	8	04:42
Adam Goertz	HR	5	07:25	9	04:50
Cole Granville	HR	5	07:26	10	04:50
Ryan Eggen	BRENT	5	07:33	11	04:55
Nikulus Kokotilo	SCA - E	5	08:09	12	05:18
Michael Pshebniski	ST. T	5	08:19	13	05:25
Carter Kaemingh	SCA - E	5	08:26	14	05:29
Joel Loewen	SCA - E	5	08:47	15	05:43
Kayden Doupe	SCA - E	5	08:53	16	05:47
Jake Rozak	HOLY SP	5	09:00	17	05:51
Breylan Ottenbreit	BRENT	5	09:14	18	06:00
Marcus Pollard	ST. T	5	09:28	19	06:10
Wesley Redman	Ryley	5	09:29	20	06:10
Nicholas DiVincenzo	ST. T	5	10:07	21	06:35

## **GRADE 6 GIRLS 1550m**

<b>Runner</b>	<b>Team</b>	<b>Grade</b>	<b>Time</b>	<b>Place</b>	<b>Pace/km</b>
Julia McGhan	SCA - E	6	06:27	1	04:10
Jennifer Shapko	ST. T	6	06:56	2	04:28
Emma Jobs	ST. T	6	06:57	3	04:29
Nicole Jaremco	HR	6	07:01	4	04:32
Kendra Hudson	BRENT	6	07:22	5	04:45
J'lyn Ramsankar	ST. T	6	07:35	6	04:54
Madison Hoppus	BRENT	6	07:40	7	04:57
Jaime Chrystian	HR	6	07:45	8	05:00
Haley Fedick	SCA - E	6	07:51	9	05:04
Raina Stewart		6	07:57	10	05:08
Alyssa Bjorklund	BRENT	6	08:00	11	05:10
Vera Verhoeven	ST. T	6	08:37	12	05:34
Catherine Sabadash	SCA - E	6	09:13	13	05:57
Madison McRae	HOLY SP	6	09:14	14	05:57
Abby Hanson	BRENT	6	09:48	15	06:19
Grace Drofyshyn	HR	6	12:43	16	08:12

## **GRADE 6 BOYS 1550m**

<b>Runner</b>	<b>Team</b>	<b>Grade</b>	<b>Time</b>	<b>Place</b>	<b>Pace/km</b>
Garrett Kam	SCA - E	6	07:15	1	04:41
Nicholas Job	BRENT	6	07:16	2	04:41
Quinn McDonall	BRENT	6	07:19	3	04:43
Ethan Tchir	SCA - E	6	07:20	4	04:44
Nathan Kelndorfer	SCA - E	6	09:18	5	06:00
Noah Rishaug	HOLY SP	6	09:41	6	06:15

## **GRADE 7 GIRLS 1800m**

<b>Runner</b>	<b>Team</b>	<b>Grade</b>	<b>Time</b>	<b>Place</b>	<b>Pace/km</b>
Kaitlin Willisko	SH HTS	7	08:16	1	04:36
McKenzie Kaluzniak	SH HTS	7	08:20	2	04:38
Beth Mullen	SH HTS	7	09:21	3	05:12
Emma Miller	SH HTS	7	09:22	4	05:12
Delaney Arntson	SH HTS	7	10:02	5	05:34
Elizabeth Housch	ST. T	7	10:20	6	05:44
Kasy Hosler	SH HTS	7	10:45	7	05:58

## **GRADE 7 BOYS 1800m**

<b>Runner</b>	<b>Team</b>	<b>Grade</b>	<b>Time</b>	<b>Place</b>	<b>Pace/km</b>
Ian Hall	SH HTS	7	07:41	1	04:16
Rashaun Ellis	SH HTS	7	07:43	2	04:17
Brett Grubb	SH HTS	7	07:59	3	04:26
Jeff Gee	ST. T	7	08:14	4	04:34
Josh Frye	ST. T	7	08:16	5	04:36

## **GRADE 8 GIRLS 1800m**

<b>Runner</b>	<b>Team</b>	<b>Grade</b>	<b>Time</b>	<b>Place</b>	<b>Pace/km</b>
Michelle Hunzinger	SH HTS	8	07:54	1	04:23
Jessica Tchida	SH HTS	8	08:17	2	04:36
Emily Pinkoski	ST. T	8	08:54	3	04:57

Cara Johnson	SH HTS	8	09:06	4	05:03
Sydney McDonall	SH HTS	8	09:30	5	05:17
Jasmin Bunko	SH HTS	8	09:47	6	05:26

### **GRADE 8 BOYS 2845m**

<b>Runner</b>	<b>Team</b>	<b>Grade</b>	<b>Time</b>	<b>Place</b>	<b>Pace/km</b>
Ross Ramsankar	ST. T	8	11:37	1	04:05
Ethan McGhan	SCA - SEC	8	11:41	2	04:06
Travis Small	SH HTS	8	12:52	3	04:31
Justin Rogers	SH HTS	8	13:12	4	04:38

### **GRADE 9 GIRLS 2845m**

<b>Runner</b>	<b>Team</b>	<b>Grade</b>	<b>Time</b>	<b>Place</b>	<b>Pace/km</b>
Kaela Augert	SH HTS	9	13:11	1	04:38