

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Girls 12 Year Olds 60 Metre Dash

Van Ryswyk: 8.77 R 19/02/2011 Raquel Pinto, OCEAN ATHLET

Name	Age	Team	Finals	H#
Finals				
1 Layne Bymoan	12	Kamloops Track & Field Club	9.03	1
2 Cayla Smith	12	Ocean Athletics,Surrey	9.08	1
3 Makena Long	12	Kamloops Track & Field Club	9.49	1
4 Anika Komarniski	12	Kamloops Track & Field Club	9.72	1
5 Alina Saari	12	Kamloops Track & Field Club	9.73	1
5 Keanna Moyah	12	Cncs Knights	9.73	1
7 Sienna Kraus	12	Ridge Rockets Track Club	9.77	1
8 Allison Berland	12	Cncs Knights	10.68	1
--- Iris Fryingpan	12	Cncs Knights	DNS	2

Girls 13 Year Olds 60 Metre Dash

Van Ryswyk: 8.56 R 19/02/2011 Avery Marshall, KAMLOOPS TRA

Name	Age	Team	Finals	H#
Finals				
1 Cayla Snow	13	Ocean Athletics,Surrey	8.62	
2 Stephanie Mosley	13	Kamloops Track & Field Club	9.14	
3 Linnea Brickwood	13	Kamloops Track & Field Club,BC, B	9.20	
4 Lindsay King	13	Prince George Track Club	9.25	
5 Charli Orr	13	Kamloops Track & Field Club	9.54	
6 Casadaya Marty	13	Cncs Knights	13.10	

Girls 14 60 Metre Dash Midget

14 Van Ryswy: 8.19 R 19/02/2010 Elisa Joyce, KELOWNA TRAC

Name	Age	Team	Prelims	H#
Preliminaries				
1 Shelby Jansen	14	Prince George Track Club	8.51 q	2
2 Emma Rastad	14	Norwesters T,West Vancouve	8.58 q	2
3 Rylee Paulson	14	Okanagan Athletics Club	9.95 q	1

Girls 14 60 Metre Dash Midget

14 Van Ryswy: 8.19 R 19/02/2010 Elisa Joyce, KELOWNA TRAC

Name	Age	Team	Finals	H#
Finals				
1 Shelby Jansen	14	Prince George Track Club	8.45	
2 Emma Rastad	14	Norwesters T,West Vancouve	8.56	

Girls 15 60 Metre Dash Midget

15 Van Ryswy: 8.18 R 18/02/2012 Tegan Wilson, CALS

Name	Age	Team	Prelims	H#
Preliminaries				
1 Chicago Bains	15	Cowichan Valley Athletic Club	8.38 Q	1
2 Avery Marshall	15	Kamloops Track & Field Club	8.40 Q	2
2 Emma Chong	15	Caltaf,Calgary	8.40 Q	2
4 Mia Hull	15	Caltaf Athletic Association	8.62 Q	1
5 Mira Foster	15	Langley Mustangs	8.99 q	1
6 Rhianne Mcwilliam	15	Okanagan Athletics Club	9.01 q	2
7 Leah Mcwilliam	15	Okanagan Athletics Club	9.17 q	1
8 Lindy Drope	15	Unattached	9.29 q	1

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Preliminaries ... (Girls 15 60 Metre Dash Midget)

Name	Age	Team	Prelims	H#
--- Jenna Silverberg	15	Calgary Spartans, Calgary, AB	DNS	2

Girls 15 60 Metre Dash Midget

15 Van Ryswyk: 8.18 R 18/02/2012 Tegan Wilson, CALS

Name	Age	Team	Finals
Finals			
1 Chicago Bains	15	Cowichan Valley Athletic Club	8.20
2 Avery Marshall	15	Kamloops Track & Field Club	8.26
3 Emma Chong	15	Caltaf, Calgary	8.50
4 Mia Hull	15	Caltaf Athletic Association	8.69
5 Mira Foster	15	Langley Mustangs	8.94
6 Rhianne Mcwilliam	15	Okanagan Athletics Club	9.18

Girls 12 Year Olds 200 Metre Dash

Van Ryswyk: 29.46 R 20/02/2011 Raquel Pinto, OCEAN ATHLET

Name	Age	Team	Finals
Finals			
1 Layne Bymoen	12	Kamloops Track & Field Club	30.63
2 Emily Clark	12	Kamloops Track & Field Club	35.01
--- Iris Fryingpan	12	Cncs Knights	SCR

Girls 13 Year Olds 200 Metre Dash

Van Ryswyk: 28.54 R 20/02/2011 Avery Marshall, KAMLOOPS TRA

Name	Age	Team	Finals
Finals			
1 Cayla Snow	13	Ocean Athletics, Surrey	29.83
2 Lindsay King	13	Prince George Track Club	30.64
3 Taryn O'Neill	13	Okanagan Athletics Club	30.70
4 Stephanie Mosley	13	Kamloops Track & Field Club	30.72
5 Charli Orr	13	Kamloops Track & Field Club	34.11

Girls 14 200 Metre Dash

14 Van Ryswyk: 27.28 R 20/02/2010 Elisa Joyce, KELOWNA TRAC

Name	Age	Team	Prelims	H#
Preliminaries				
3 Shelby Jansen	14	Prince George Track Club	28.38 Q	1
4 Emma Rastad	14	Norwesters T, West Vancouve	28.64 Q	2
10 Rylee Paulson	14	Okanagan Athletics Club	33.74	1

Girls 14 200 Metre Dash

14 Van Ryswyk: 27.28 R 20/02/2010 Elisa Joyce, KELOWNA TRAC

Name	Age	Team	Finals
Finals			
1 Shelby Jansen	14	Prince George Track Club	28.32
2 Emma Rastad	14	Norwesters T, West Vancouve	28.83

Girls 15 200 Metre Dash

15 Van Ryswyk: 26.79 R 21/02/2010 Elisa Joyce, UNATTACHED B

Name	Age	Team	Prelims	H#
Preliminaries				
1 Chicago Bains	15	Cowichan Valley Athletic Club	27.60 Q	1

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Preliminaries ... (Girls 15 200 Metre Dash)

Name	Age	Team	Prelims	H#
2 Avery Marshall	15	Kamloops Track & Field Club	27.89 Q	2
5 Emma Chong	15	Caltaf, Calgary	28.92 q	1
6 Mia Hull	15	Caltaf Athletic Association	28.96 q	1
7 Rhianne Mcwilliam	15	Okanagan Athletics Club	30.40	2
8 Leah Mcwilliam	15	Okanagan Athletics Club	30.80	2
9 Sonja Pinto	15	Strathcona Lions Athletic Club	31.33	2
--- Jenna Silverberg	15	Calgary Spartans, Calgary, AB	SCR	1

Girls 15 200 Metre Dash

15 Van Ryswy: 26.79 R 21/02/2010 **Elisa Joyce, UNATTACHED B**

Name	Age	Team	Finals	H#
Finals				
1 Chicago Bains	15	Cowichan Valley Athletic Club	27.16	
2 Avery Marshall	15	Kamloops Track & Field Club	28.04	
--- Mia Hull	15	Caltaf Athletic Association	SCR	
--- Emma Chong	15	Caltaf, Calgary	SCR	

Girls 12 300 Metre Dash

12 Van Ryswy: 53.16 R 19/02/2012 **Emma Lewis, KAM**

Name	Age	Team	Finals	H#
Finals				
1 Emily Clark	12	Kamloops Track & Field Club	56.73	2

Girls 13 300 Metre Dash

13 Van Ryswy: 46.95 R 19/02/2012 **Emma Rastad, NORW**

Name	Age	Team	Finals	H#
Finals				
1 Madison Heisterman	13	Nanaimo & District Track & Fie	46.22 R	1
2 Stephanie Mosley	13	Kamloops Track & Field Club	51.51	2

Girls 14 300 Metre Dash

14 Van Ryswy: 45.13 R 19/02/2012 **Chicago Bains, CVAC**

Name	Age	Team	Finals	H#
Finals				
1 Shelby Jansen	14	Prince George Track Club	46.23	1
2 Rylee Paulson	14	Okanagan Athletics Club	54.36	2
--- Emma Rastad	14	Norwesters T, West Vancouve	SCR	1

Girls 15 300 Metre Dash

15 Van Ryswy: 43.94 R 19/02/2012 **Gagan Nijjar, UATH**

Name	Age	Team	Finals	H#
Finals				
1 Chicago Bains	15	Cowichan Valley Athletic Club	45.47	1
2 Megan Picken	15	Vancouver Olympic Club	45.62	1
3 Sonja Pinto	15	Strathcona Lions Athletic Club	53.13	2
4 Lindy Drope	15	Unattached	56.95	2

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Girls 12 800 Metre Run

12 Van Ryswy: 2:41.88 R

Name	Age	Team	Finals
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Finals

---	Hannah Milic	12	Ocean Athletics,Surrey	SCR
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Girls 13 800 Metre Run

13 Van Ryswy: 2:43.57 R

Name	Age	Team	Finals
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Finals

1	Madison Heisterman	13	Nanaimo & District Track & Fie	2:23.17 R
2	Taryn O'Neill	13	Okanagan Athletics Club	2:35.59 R
---	Lindsay King	13	Prince George Track Club	SCR

Girls 14 800 Metre Run

14 Van Ryswy: 2:30.43 R 19/02/2012 Julia Greer, OCEAN ATHLET

Name	Age	Team	Finals
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Finals

1	Soleiya Tremblay-Mason	14	Kamloops Track & Field Club,BC, BC	2:42.41
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Girls 15 800 Metre Run

15 Van Ryswy: 2:27.49 R 19/02/2012 Chelsea Ribeiro, OCEAN ATHLET

Name	Age	Team	Finals
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Finals

1	Megan Picken	15	Vancouver Olympic Club	2:23.79 R
2	Amy Morris	15	Nanaimo & District Track & Fie	2:26.80 R
3	Kelsey Shellard	15	Norwesters Track & Field Club	2:39.42

Girls 12 1200 Metre Run

12 Van Ryswy: 4:45.21 R 18/02/2012 Lindsay King, PG Track

Name	Age	Team	Finals
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Finals

1	Cayla Smith	12	Ocean Athletics,Surrey	4:18.90 R
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Girls 13 1200 Metre Run

13 Van Ryswy: 4:37.24 R 18/02/2012 Emily Mann, KAMLOOPS TRA

Name	Age	Team	Finals
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Finals

1	Madison Heisterman	13	Nanaimo & District Track & Fie	4:00.41 R
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Girls 14 1200 Metre Run

14 Van Ryswy: 4:07.82 R 18/02/2012 Julia Greer, OCEAN ATHLET

Name	Age	Team	Finals
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Finals

1	Soleiya Tremblay-Mason	14	Kamloops Track & Field Club,BC, BC	4:31.28
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Girls 15 1200 Metre Run

Name	Age	Team	Finals
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Finals

1	Amy Morris	15	Nanaimo & District Track & Fie	4:05.07
2	Kelsey Shellard	15	Norwesters Track & Field Club	4:12.76
3	Jolden Boparai	15	Ocean Athletics,Surrey	4:24.20
4	Zoe Zhang	15	Strathcona Lions Athletic Club	5:00.44

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Finals ... (Girls 15 1200 Metre Run)

Name	Age	Team	Finals
5 Sammi Klymchuk	15	Ocean Athletics,Surrey	5:01.87

Girls 13 2000 Metre Run

Name	Age	Team	Finals
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Madison Heisterman	13	Nanaimo & District Track & Fie	SCR

Girls 15 2000 Metre Run

Name	Age	Team	Finals
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1 Amy Morris	15	Nanaimo & District Track & Fie	7:41.87
2 Jolden Boparai	15	Ocean Athletics,Surrey	8:00.49
3 Zoe Zhang	15	Strathcona Lions Athletic Club	8:34.72
4 Sammi Klymchuk	15	Ocean Athletics,Surrey	8:36.13
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Kelsey Shellard	15	Norwesters Track & Field Club	SCR

Girls 12 Year Olds 60 Metre Hurdles 27" (.686m)

Van Ryswyk: 9.45 R 21/02/2010 Samantha Page, NEW WEST SPA

Name	Age	Team	Finals
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1 Hannah Milic	12	Ocean Athletics,Surrey	13.50
2 Sienna Kraus	12	Ridge Rockets Track Club	14.79

Girls 13 60 Metre Hurdles 0.762m

13 Van Ryswy: 10.53 R 19/02/2012 Emma Rastad, NORW

Name	Age	Team	Finals
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1 Cayla Snow	13	Ocean Athletics,Surrey	10.79
2 Lindsay King	13	Prince George Track Club	11.46

Girls 14 Year Olds 60 Metre Hurdles 0.762m

Van Ryswyk: 9.34 R 19/02/2012 Chicago Bains, Cowichan Valley

Name	Age	Team	Finals
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1 Emma Rastad	14	Norwesters T,West Vancouve	9.65

Girls 15 Year Olds 60 Metre Hurdles 0.762m

Van Ryswyk: 9.52 R 19/02/2012 Diana Voloshin, NORW

Name	Age	Team	Finals
---	---	---	---
1 Nina Schultz	15	New West Spartans Track & Fiel	9.22 R
2 Chicago Bains	15	Cowichan Valley Athletic Club	9.42 R
3 Megan Picken	15	Vancouver Olympic Club	9.76
4 Mia Hull	15	Caltaf Athletic Association	9.81
5 Emma Chong	15	Caltaf,Calgary	10.12
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Jenna Silverberg	15	Calgary Spartans,Calgary, AB	SCR

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Girls 11 4x100 Metre Relay

11 Van Ryswyk: 73.02 R 19/02/2011 KAMLOOPS TRACK & FIELD CL, KAMLOOPS TRA
M MARSHALL, T HOLMES-SMITH, C HOLMES-SMITH, C ORR

Team	Relay	Finals
Finals		
1 Kamloops Track & Field Club 1) Emily Blower 11	B	65.78 R 3) Olivia Corke 11 4) Indigo Learie 10
2 Kamloops Track & Field Club 1) Gillian Riel 9	A	78.19 3) Sophie Lovett 9 4) Ria Campmans 10

Girls 12 4x100 Metre Relay

12 Van Ryswyk: 60.42 R 20/02/2010 Kamloops Track & Field Cl, Kam Track
K DOBROVOLNY, H MCDONALD, S SIRIANNI, A MARSHALL

Team	Relay	Finals
Finals		
1 Kamloops Track & Field Club 1) Emily Clark 12	B	64.24 2) Makena Long 12 3) Anika Komarniski 12 4) Layne Bymoan 12

Girls 13 4x100 Metre Relay

13 Van Ryswyk: 64.26 R 19/02/2011 KAMLOOPS TRACK & FIELD CL, KAMLOOPS TRA
T HESHKA, E MANN, A MARSHALL, C HOLMES-SMITH

Team	Relay	Finals
Finals		
1 Kamloops Track & Field Club	A	63.92 R 4) Stephanie Mosley 13

Girls 13 4x200 Metre Relay

Team	Relay	Finals
Finals		
1 Kamloops Track & Field Club 1) Emily Clark 12	A	2:14.48 2) Indigo Learie 10 3) Anika Komarniski 12 4) Layne Bymoan 12

Girls 15 4x200 Metre Relay

15 Van Ryswyk: 5:06.21 R

Team	Relay	Finals
Finals		
1 Ocean Athletics 1) Sammi Klymchuk 15	A	2:11.60 R 2) Cayla Smith 12 3) Jolden Boparai 15 4) Cayla Snow 13

Girls 12 Year Olds High Jump 2001

Van Ryswyk: 1.32m R 20/02/2010 Julia Clarke, ALBERNI VALL

Name	Age	Team	Finals
Finals			
1 Layne Bymoan	12	Kamloops Track & Field Club	1.30m
2 Makena Long	12	Kamloops Track & Field Club	1.25m
3 Allison Berland	12	Cncs Knights	1.00m
--- Keanna Moyah	12	Cncs Knights	NH

Girls 13 Year Olds High Jump 2000

Van Ryswyk: 1.42m R 19/02/2011 Heather Cruickshank, ALBERNI VALL

Name	Age	Team	Finals
Finals			
1 Linnea Brickwood	13	Kamloops Track & Field Club, BC, BC	1.42m R

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Finals ... (Girls 13 Year Olds High Jump 2000)

Name	Age	Team	Finals
2 Stephanie Mosley	13	Kamloops Track & Field Club	1.20m

Girls 14 High Jump 98-99

14 Van Ryswyk: 1.45m R 19/02/2011 Carlee Campbell, KAMLOOPS TRA

Name	Age	Team	Finals
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Finals

1 Emma Rastad	14	Norwesters T,West Vancouve	1.45m R
--- Kiera Eustache	14	Kamloops Track & Field Club	DNS

Girls 15 High Jump 98-99

15 Van Ryswyk: 1.70m R 20/02/2010 Georgia Ellenwood, LANGLEY MUST

Name	Age	Team	Finals
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Finals

1 Nina Schultz	15	New West Spartans Track & Fiel	1.55m
2 Emma Chong	15	Caltaf,Calgary	1.45m
3 Kelsey Shellard	15	Norwesters Track & Field Club	1.40m

Girls 12 Year Olds Long Jump 2001

Van Ryswyk: 4.16m R 16/02/2008 Keely Watts-Watling, KTFC

Name	Age	Team	Finals
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Finals

1 Cayla Smith	12	Ocean Athletics,Surrey	3.76m
2 Layne Bymoan	12	Kamloops Track & Field Club	3.72m
3 Makena Long	12	Kamloops Track & Field Club	3.59m
4 Anika Komarniski	12	Kamloops Track & Field Club	3.04m
5 Alina Saari	12	Kamloops Track & Field Club	2.96m
6 Sienna Kraus	12	Ridge Rockets Track Club	2.93m
7 Allison Berland	12	Cncs Knights	2.52m
8 Keanna Moyah	12	Cncs Knights	2.27m
--- Iris Fryingpan	12	Cncs Knights	DNS

Girls 13 Year Olds Long Jump 2000

Van Ryswyk: 4.30m R 19/02/2011 Haven Dufty, PenAthletics

Name	Age	Team	Finals
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Finals

1 Cayla Snow	13	Ocean Athletics,Surrey	4.60m R
2 Stephanie Mosley	13	Kamloops Track & Field Club	3.55m
3 Lindsay King	13	Prince George Track Club	3.47m
4 Charli Orr	13	Kamloops Track & Field Club	3.13m
5 Casadaya Marty	13	Cncs Knights	2.40m

Girls 14 Long Jump 98-99

14 Van Ryswyk: 4.94m R 19/02/2010 Elisa Joyce, KELOWNA TRAC

Name	Age	Team	Finals
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Finals

1 Emma Rastad	14	Norwesters T,West Vancouve	4.77m
2 Sophie Dhami	14	Ridge Rockets Track Club	3.95m
3 Rylee Paulson	14	Okanagan Athletics Club	3.44m
4 Jennille Berland	14	Cncs Knights	2.28m
--- Kiera Eustache	14	Kamloops Track & Field Club	DNS

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Girls 15 Long Jump 98-99

15 Van Ryswyk: 5.11m R 20/02/2010 Georgia Ellenwood, LANGLEY MUST

Name	Age	Team	Finals
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Finals

1	Nina Schultz	15	New West Spartans Track & Fiel	4.78m
2	Megan Picken	15	Vancouver Olympic Club	4.57m
3	Kelsey Shellard	15	Norwesters Track & Field Club	3.99m
4	Rhianne Mcwilliam	15	Okanagan Athletics Club	3.96m
5	Leah Mcwilliam	15	Okanagan Athletics Club	3.95m

Girls 13 Year Olds Triple Jump 2000

Van Ryswyk: 9.49m R 20/02/2011 Haven Dufty, PenAtheletics

Name	Age	Team	Finals
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Finals

1	Lindsay King	13	Prince George Track Club	8.52m
2	Linnea Brickwood	13	Kamloops Track & Field Club,BC, BC	8.50m
3	Charli Orr	13	Kamloops Track & Field Club	7.01m

Girls 14 Triple Jump 98-99

14 Van Ryswyk: 9.68m R 21/02/2010 Meghan V. HO, NorWesters

Name	Age	Team	Finals
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Finals

1	Emma Rastad	14	Norwesters T,West Vancouve	9.70m R
2	Sophie Dhami	14	Ridge Rockets Track Club	8.81m
3	Kiera Eustache	14	Kamloops Track & Field Club	7.20m

Girls 15 Triple Jump 98-99

15 Van Ryswyk: 10.07m R 15/02/2008 Julia Hawkins, West Van

Name	Age	Team	Finals
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Finals

1	Nina Schultz	15	New West Spartans Track & Fiel	10.85m R
2	Mira Foster	15	Langley Mustangs	9.28m

Girls 12 Year Olds Shot Put 3 Kg

Van Ryswyk: 7.64m R 17/02/2008 Keely Watts-Watling, KTFC

Name	Age	Team	Finals
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Finals

1	Alina Saari	12	Kamloops Track & Field Club	7.56m
2	Sienna Kraus	12	Ridge Rockets Track Club	6.08m
3	Allison Berland	12	Cncs Knights	6.04m
4	Layne Bymoen	12	Kamloops Track & Field Club	4.98m
5	Anika Komarniski	12	Kamloops Track & Field Club	4.87m
6	Keanna Moyah	12	Cncs Knights	3.71m
---	Iris Fryingpan	12	Cncs Knights	DNS

Girls 13 Year Olds Shot Put 3 Kg

Van Ryswyk: 7.09m R 20/02/2011 Avery Marshall, KAMLOOPS TRA

Name	Age	Team	Finals
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Finals

1	Stephanie Mosley	13	Kamloops Track & Field Club	5.95m
2	Lindsay King	13	Prince George Track Club	5.56m
3	Casadaya Marty	13	Cncs Knights	4.13m

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Girls 14 Year Olds Shot Put 3 Kg

Van Ryswyk: 9.12m R 21/02/2010 Keely Watts-Watling, KELOWNA TRAC

Name	Age	Team	Finals
Finals			
1 Jennille Berland	14	Cncs Knights	5.44m

Girls 15 Year Olds Shot Put 3 Kg

Van Ryswyk: 9.08m R 20/02/2011 Keely Watts-Watling, KELOWNA TRAC

Name	Age	Team	Finals
Finals			
1 Mia Hull	15	Caltaf Athletic Association	9.29m R

Girls 9 60 Metre Dash Saturday Triathlon

Name	Age	Team	Finals	H#
Finals				
1 Gillian Riel	9	Kamloops Track & Field Club	10.58	1
2 Sophie Lovett	9	Kamloops Track & Field Club,BC, BC	11.52	2
3 Kenna Faithful	9	Cncs Knights	12.46	2
4 Amber Berland	9	Cncs Knights	13.17	3
5 Addison Mountain	9	Cncs Knights	15.00	1

Girls 10 60 Metre Dash Saturday Triathlon

Name	Age	Team	Finals	H#
Finals				
1 Indigo Learie	10	Kamloops Track & Field Club	9.48	2
2 Ria Campmans	10	Kamloops Track & Field Club	10.32	2
3 Emily Armstrong	10	Kamloops Track & Field Club	10.90	3
4 Chante Berland	10	Cncs Knights	11.41	3
5 Caroline Stanley	10	Cncs Knights	12.21	1
6 Maneeka Marty	10	Cncs Knights	12.60	3

Girls 11 60 Metre Dash Saturday Triathlon

Name	Age	Team	Finals	H#
Finals				
1 Olivia Corke	11	Kamloops Track & Field Club	9.54	3
2 Julia Rastad	11	Norwesters Track & Field Club	9.90	1
3 Maya Kobylanski	11	Ocean Athletics,Surrey	9.98	2
4 Olivia Van Ryswyk	11	Ocean Athletics,Surrey	10.21	3
5 Emily Blower	11	Kamloops Track & Field Club	10.59	1
6 Samira Waskahat	11	Cncs Knights	11.44	2
7 Torrie Quinney	11	Cncs Knights	12.05	1
8 Madyson Mountain	11	Cncs Knights	12.48	2
9 Alyssa Berland	11	Cncs Knights	13.79	2
--- Larissa Moosepayo	11	Cncs Knights	SCR	3
--- Mikaela Faithful	11	Cncs Knights	SCR	3

Girls 10 600 Metre Run Sunday Triathlon

Name	Age	Team	Finals
Finals			
1 Indigo Learie	10	Kamloops Track & Field Club	2:02.55
2 Ria Campmans	10	Kamloops Track & Field Club	2:20.61

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Girls 11 600 Metre Run Sunday Triathlon

Name	Age	Team	Finals
Finals			
1 Maya Kobylanski	11	Ocean Athletics,Surrey	2:03.13
2 Olivia Corke	11	Kamloops Track & Field Club	2:09.06
3 Julia Rastad	11	Norwesters Track & Field Club	2:10.40
4 Emily Blower	11	Kamloops Track & Field Club	2:20.62
5 Olivia Van Ryswyk	11	Ocean Athletics,Surrey	2:25.42

Girls 10 60 Metre Hurdles Sunday Triathlon

First - 11m Between - 6.5m Finish - 16.5m NO BLOCKS

9yrs - 21" 10-11yrs - 24"

Name	Age	Team	Finals
Finals			
1 Ria Campmans	10	Kamloops Track & Field Club	12.76
2 Indigo Learie	10	Kamloops Track & Field Club	12.89

Girls 11 60 Metre Hurdles Sunday Triathlon

First - 11m Between - 6.5m Finish - 16.5m NO BLOCKS

9yrs - 21" 10-11yrs - 24"

Name	Age	Team	Finals
Finals			
1 Julia Rastad	11	Norwesters Track & Field Club	11.23
2 Olivia Corke	11	Kamloops Track & Field Club	11.93
3 Olivia Van Ryswyk	11	Ocean Athletics,Surrey	12.23
4 Maya Kobylanski	11	Ocean Athletics,Surrey	12.37
5 Emily Blower	11	Kamloops Track & Field Club	12.76

Girls 9 High Jump Saturday Triathlon

Name	Age	Team	Finals
Finals			
1 Gillian Riel	9	Kamloops Track & Field Club	1.05m
2 Sophie Lovett	9	Kamloops Track & Field Club,BC, BC	0.90m
2 Kenna Faithful	9	Cncs Knights	0.90m
4 Addison Mountain	9	Cncs Knights	0.75m
4 Amber Berland	9	Cncs Knights	0.75m

Girls 10 High Jump Saturday Triathlon

Name	Age	Team	Finals
Finals			
1 Emily Armstrong	10	Kamloops Track & Field Club	1.05m
2 Ria Campmans	10	Kamloops Track & Field Club	1.00m
3 Indigo Learie	10	Kamloops Track & Field Club	0.95m
4 Caroline Stanley	10	Cncs Knights	0.85m
5 Maneeka Marty	10	Cncs Knights	0.80m
--- Chante Berland	10	Cncs Knights	NH

Girls 11 High Jump Saturday Triathlon

Name	Age	Team	Finals
Finals			
1 Julia Rastad	11	Norwesters Track & Field Club	1.40m
2 Torrie Quinney	11	Cncs Knights	1.20m

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Finals ... (Girls 11 High Jump Saturday Triathlon)

Name	Age	Team	Finals
2 Olivia Van Ryswyk	11	Ocean Athletics,Surrey	1.20m
4 Maya Kobylanski	11	Ocean Athletics,Surrey	1.10m
4 Madyson Mountain	11	Cncs Knights	1.10m
6 Olivia Corke	11	Kamloops Track & Field Club	1.05m
6 Emily Blower	11	Kamloops Track & Field Club	1.05m
8 Samira Waskahat	11	Cncs Knights	0.95m
9 Alyssa Berland	11	Cncs Knights	0.70m
--- Larissa Moosepayo	11	Cncs Knights	DNS
--- Mikaela Faithful	11	Cncs Knights	DNS

Girls 9 Long Jump Saturday Triathlon

Name	Age	Team	Finals
1 Gillian Riel	9	Kamloops Track & Field Club	2.69m
2 Sophie Lovett	9	Kamloops Track & Field Club,BC, BC	2.05m
3 Kenna Faithful	9	Cncs Knights	1.43m
4 Amber Berland	9	Cncs Knights	1.17m
5 Addison Mountain	9	Cncs Knights	1.08m

Girls 10 Long Jump Saturday Triathlon

Name	Age	Team	Finals
1 Indigo Learie	10	Kamloops Track & Field Club	2.74m
2 Ria Campmans	10	Kamloops Track & Field Club	2.40m
3 Emily Armstrong	10	Kamloops Track & Field Club	2.24m
3 Chante Berland	10	Cncs Knights	2.24m
5 Maneeka Marty	10	Cncs Knights	1.90m
6 Caroline Stanley	10	Cncs Knights	1.75m

Girls 11 Long Jump Saturday Triathlon

Name	Age	Team	Finals
1 Julia Rastad	11	Norwesters Track & Field Club	3.59m
2 Olivia Van Ryswyk	11	Ocean Athletics,Surrey	3.12m
3 Maya Kobylanski	11	Ocean Athletics,Surrey	2.97m
4 Olivia Corke	11	Kamloops Track & Field Club	2.75m
5 Emily Blower	11	Kamloops Track & Field Club	2.63m
6 Torrie Quinney	11	Cncs Knights	2.50m
7 Samira Waskahat	11	Cncs Knights	2.27m
8 Madyson Mountain	11	Cncs Knights	1.88m
9 Alyssa Berland	11	Cncs Knights	1.49m
--- Mikaela Faithful	11	Cncs Knights	DNS
--- Larissa Moosepayo	11	Cncs Knights	DNS

Girls 10 Shot Put Sunday Triathlon

9-11 - 2kg			
Name	Age	Team	Finals
1 Indigo Learie	10	Kamloops Track & Field Club	4.10m
2 Ria Campmans	10	Kamloops Track & Field Club	3.79m

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Girls 11 Shot Put Sunday Triathlon

9-11 - 2kg

Name	Age	Team	Finals
Finals			
1 Julia Rastad	11	Norwesters Track & Field Club	7.83m
2 Olivia Corke	11	Kamloops Track & Field Club	6.66m
3 Olivia Van Ryswyk	11	Ocean Athletics,Surrey	5.38m
4 Maya Kobylanski	11	Ocean Athletics,Surrey	4.86m
5 Emily Blower	11	Kamloops Track & Field Club	4.46m

Girls 9 Triathlon Saturday

9 Van Ryswyk: 304 R 18/02/2012 Ria Campmans, KAM

Name	Age	Team	Finals
Finals			
1 Gillian Riel	9	Kamloops Track & Field Club	438 R
2 Sophie Lovett	9	Kamloops Track & Field Club,BC, B	285
3 Kenna Faithful	9	Cncs Knights	203
4 Amber Berland	9	Cncs Knights	118
5 Addison Mountain	9	Cncs Knights	93

Girls 10 Triathlon Sunday

10 Van Ryswy: 471 R 19/02/2012 Julia Rastad, NORW

Name	Age	Team	Finals
Finals			
1 Indigo Learie	10	Kamloops Track & Field Club	509 R
2 Ria Campmans	10	Kamloops Track & Field Club	411

Girls 10 Triathlon Saturday

10 Van Ryswy: 520 R 18/02/2012 Shaunika Suriya, TBIR

Name	Age	Team	Finals
Finals			
1 Indigo Learie	10	Kamloops Track & Field Club	491
2 Ria Campmans	10	Kamloops Track & Field Club	418
3 Emily Armstrong	10	Kamloops Track & Field Club	386
4 Caroline Stanley	10	Cncs Knights	215
5 Maneeka Marty	10	Cncs Knights	191
6 Chante Berland	10	Cncs Knights	188

Girls 11 Triathlon Sunday

11 Van Ryswy: 451 R 19/02/2012 Lane Bymoan, KAM

Name	Age	Team	Finals
Finals			
1 Julia Rastad	11	Norwesters Track & Field Club	702 R
2 Olivia Corke	11	Kamloops Track & Field Club	622 R
3 Maya Kobylanski	11	Ocean Athletics,Surrey	564 R
4 Olivia Van Ryswyk	11	Ocean Athletics,Surrey	477 R
5 Emily Blower	11	Kamloops Track & Field Club	435

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Girls 11 Triathlon Saturday

11 Van Ryswyk: 601 R 18/02/2012 Cayla Smith, OATF

Name	Age	Team	Finals
Finals			
1 Julia Rastad	11	Norwesters Track & Field Club	695 R
2 Olivia Van Ryswyk	11	Ocean Athletics,Surrey	553
3 Olivia Corke	11	Kamloops Track & Field Club	522
4 Maya Kobylanski	11	Ocean Athletics,Surrey	521
5 Emily Blower	11	Kamloops Track & Field Club	433
6 Torrie Quinney	11	Cncs Knights	396
7 Samira Waskahat	11	Cncs Knights	320
8 Madyson Mountain	11	Cncs Knights	298
9 Alyssa Berland	11	Cncs Knights	105

Women 16-17 60 Metre Dash Yth

Van Ryswyk: 8.00 R 18/02/2012 Adele Joyce, UN-BC

Van Ryswyk: 8.00 R 18/02/2012 Elisa Joyce, UN-BC

Name	Age	Team	Prelims	H#
Preliminaries				
1 Taryn Smiley	16	Cowichan Valley Athletic Club	8.08 Q	1
2 Keely Watts-Watling	17	Okanagan Athletics Club	8.21 Q	2
3 Diana Voloshin	16	Norwesters Track & Field Club	8.09 Q	1
4 Meghan Lim	16	Caltaf,Calgary	8.22 Q	2
5 Tia Isabelle Baker	17	Uvic Track Club	8.27 q	2
6 Erin Reid	17	Kajaks Track & Field Club	8.36 q	1
7 Emily Wilson-Bodnar	17	Caltaf Athletic Association	8.42 q	1
8 Merel Shuurman Hess	16	Kajaks Track & Field Club	8.64 q	2
9 Saskia Kowallik	17	Okanagan Athletics Club	8.65	2
10 Andrea Searle	16	Kajaks Track & Field Club	8.67	2
11 Anna Laktionova	17	Norwesters Track & Field Club	9.01	1
12 Siri Svensson	17	Caltaf,Calgary	9.08	1

Women 16-17 60 Metre Dash Yth

Van Ryswyk: 8.00 R 18/02/2012 Adele Joyce, UN-BC

Van Ryswyk: 8.00 R 18/02/2012 Elisa Joyce, UN-BC

Name	Age	Team	Finals
Finals			
1 Diana Voloshin	16	Norwesters Track & Field Club	8.02
2 Taryn Smiley	16	Cowichan Valley Athletic Club	8.05
3 Meghan Lim	16	Caltaf,Calgary	8.12
4 Keely Watts-Watling	17	Okanagan Athletics Club	8.23
5 Erin Reid	17	Kajaks Track & Field Club	8.25
6 Tia Isabelle Baker	17	Uvic Track Club	8.31
7 Emily Wilson-Bodnar	17	Caltaf Athletic Association	8.43
8 Merel Shuurman Hess	16	Kajaks Track & Field Club	8.60

Women 18-19 60 Metre Dash Jr

Van Ryswyk: 8.06 R 20/02/2010 Veronica Luedke, Comox

Name	Age	Team	Finals
Finals			
1 Jamie Ashcroft	19	Uvic Track Club	7.97 R
2 Adele Joyce	18	Unattached British Columbia	7.99 R

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Finals ... (Women 18-19 60 Metre Dash Jr)

Name	Age	Team	Finals
3 Elisa Joyce	18	Unattached British Columbia	8.02 R
4 Kathryn Van Ryswyk	18	Ocean Athletics	8.12
5 Lexie Scott	18	Uvic Track Club	8.26
6 Mary-Kate Cross	18	Cowichan Valley Athletic Club	8.39
7 Kye N. Fedor	18	Norwesters Track & Field Club	8.49
8 Sarah Sanni	18	Calgary Spartans, Calgary, AB	8.76
--- Katherine Van Ryswyk	18	Ocean Athletics, Surrey	SCR

Women 20-34 60 Metre Dash Snr

Van Ryswyk: 7.99 R 19/02/2010 Jane Channel, Simon Fraser

Name	Age	Team	Finals
1 Shereen Abbas	24	Okanagan Athletics Club	9.02

Women 35-39 60 Metre Dash Master

35-39 Van Ry: 8.82 R

35-39 BC Mas: 8.82 # 21/09/2009 Pat Sima-Ledding

Name	Age	Team	Finals	H#
1 Kristi Jones-McKenna	35	Kamloops Track & Field Club, BC, BC	8.97	1

Women 45-49 60 Metre Dash Master

45-49 Van Ry: 8.91 R 19/02/2011 Sheryl Schoenthaler, CS

45-49 BC Mas: 8.55 # 03/03/2007 Kim Ross

Name	Age	Team	Finals	H#
1 Lynda Turner	48	Calgary Spartans, Calgary, AB	9.83	1

Women 50-54 60 Metre Dash Master

50-54 Van Ry: 8.81 R

50-54 BC Mas: 9.38 # 02/03/2010 Margaret Rhebergen

Name	Age	Team	Finals
1 Susan Endersby	51	Kamloops Track & Field Club	11.12
2 Lori Graham	54	Greyhounds Track & Field Club	11.98

Women 55-59 60 Metre Dash Master

55-59 Van Ry: 9.38 R

55-59 BC Mas: 9.54 # 19/03/2011 Margaret Rhebergen

Name	Age	Team	Finals	H#
1 Evelyn Burnett	55	Calgary Spartans, Calgary, AB	9.09 R	1
2 Margaret Rhebergen	58	Kamloops Track & Field Club	9.45 #	1
3 Elaine Whidden	58	Greyhounds Track & Field Club	9.72	1

Women 60-64 60 Metre Dash Master

60-64 Van Ry: 10.04 R 18/02/2012 Urith V. Hayley, TRI-CITY GRE

60-64 BC Mas: 10.04 # 18/02/2012 Urith Hayley

Name	Age	Team	Finals
1 Louise Nesterenko	62	Calgary Spartans, Calgary, AB	25.34

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Women 65-69 60 Metre Dash Master

65-69 Van Ry: 9.82 R

65-69 BC Mas: 11.24 # 21/02/2009 Gerda Crosthwaite

Name	Age	Team	Finals
Finals			
1 Diane Matus	68	Kamloops Track & Field Club	11.32

Women 75-79 60 Metre Dash Master

75-79 Van Ry: 10.05 R 18/02/2012 Christa Bortignon, TRI-CITY GRE

75-79 BC Mas: 10.04 # 04/04/2012 Christa Bortignon

Name	Age	Team	Finals	H#
Finals				
1 Christa Bortignon	76	Greyhounds Track & Field Club	10.19	1

Women 90-94 60 Metre Dash Master

90-94 Van Ry: 16.46 R 18/02/2012 Olga Kotelko, Unattached

90-94 BC Mas: 15.14 # 12/03/2010 Olga Kotelko

Name	Age	Team	Finals
Finals			
1 Olga Kotelko	94	Greyhounds Track & Field Club	16.84

Women 16-17 200 Metre Dash Yth

Van Ryswyk: 26.19 R 19/02/2012 Elisa Joyce, UNATTACHED B

Name	Age	Team	Prelims	H#
Preliminaries				
1 Taryn Smiley	16	Cowichan Valley Athletic Club	27.13 Q	2
2 Emily Wilson-Bodnar	17	Caltaf Athletic Association	28.14 Q	1
3 Keely Watts-Watling	17	Okanagan Athletics Club	27.17 Q	2
4 Saskia Kowallik	17	Okanagan Athletics Club	28.56 Q	1
5 Meghan Lim	16	Caltaf, Calgary	27.31 q	2
6 Erin Reid	17	Kajaks Track & Field Club	27.54 q	2
7 Andrea Searle	16	Kajaks Track & Field Club	29.17	1
8 Merel Shuurman Hess	16	Kajaks Track & Field Club	29.27	2
9 Siri Svensson	17	Caltaf, Calgary	30.88	1
--- Alana Giesbrecht	17	Kamloops Track & Field Club	SCR	2
--- Tia Isabelle Baker	17	Uvic Track Club	SCR	1

Women 16-17 200 Metre Dash Yth

Van Ryswyk: 26.19 R 19/02/2012 Elisa Joyce, UNATTACHED B

Name	Age	Team	Finals
Finals			
1 Taryn Smiley	16	Cowichan Valley Athletic Club	26.38
2 Meghan Lim	16	Caltaf, Calgary	26.68
3 Keely Watts-Watling	17	Okanagan Athletics Club	27.10
4 Erin Reid	17	Kajaks Track & Field Club	27.65
5 Emily Wilson-Bodnar	17	Caltaf Athletic Association	28.43
6 Saskia Kowallik	17	Okanagan Athletics Club	28.94

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Women 18-19 200 Metre Dash Jnr

Van Ryswyk: 26.37 R 21/02/2010 Veronica Luedke, Comox

Name	Age	Team	Prelims	H#
Preliminaries				
1 Elisa Joyce	18	Unattached British Columbia	R 26.36 q	2
2 Adele Joyce	18	Unattached British Columbia	26.45 q	1
3 Jamie Ashcroft	19	Uvic Track Club	26.53 q	1
4 Mary-Kate Cross	18	Cowichan Valley Athletic Club	27.14 q	2
5 Lexie Scott	18	Uvic Track Club	27.22 q	2
6 Kye N. Fedor	18	Norwesters Track & Field Club	27.85 q	1
7 Jasmine Galej	18	Caltaf Athletic Association	28.80	1
8 Sarah Sanni	18	Calgary Spartans, Calgary, AB	29.38	2
9 Samantha Hayes	18	Kamloops Track & Field Club, BC, BC	32.33	1

Women 18-19 200 Metre Dash Jnr

Van Ryswyk: 26.37 R 21/02/2010 Veronica Luedke, Comox

Name	Age	Team	Finals
Finals			
1 Elisa Joyce	18	Unattached British Columbia	26.27 R
2 Jamie Ashcroft	19	Uvic Track Club	26.55
3 Mary-Kate Cross	18	Cowichan Valley Athletic Club	27.05
4 Lexie Scott	18	Uvic Track Club	27.39
5 Kye N. Fedor	18	Norwesters Track & Field Club	27.81
--- Adele Joyce	18	Unattached British Columbia	SCR

Women 35-39 200 Metre Dash Masters

35-39 Van Ry: 32.03 R

35-39 BC Mas: 32.48 # 03/03/2010 Caterina Anastasio

Name	Age	Team	Finals
Finals			
1 Kristi Jones-McKenna	35	Kamloops Track & Field Club, BC, BC	30.25 R

Women 45-49 200 Metre Dash Masters

45-49 Van Ry: 30.21 R

45-49 BC Mas: 28.84 # 03/03/2007 Kim Ross

Name	Age	Team	Finals
Finals			
1 Lynda Turner	48	Calgary Spartans, Calgary, AB	33.05

Women 50-54 200 Metre Dash Masters

50-54 Van Ry: 29.63 R

50-54 BC Mas: 32.30 # 03/03/2010 Margaret Rhebergen

Name	Age	Team	Finals
Finals			
1 Jovette Jolicoeur	54	Calgary Spartans, Calgary, AB	31.80 #

Women 55-59 200 Metre Dash Masters

55-59 Van Ry: 32.34 R 20/02/2011 Margaret Rhebergen, KAMLOOPS TRA

55-59 BC Mas: 32.34 # 20/02/2011 Margaret Rhebergen

Name	Age	Team	Finals	H#
Finals				
1 Evelyn Burnett	55	Calgary Spartans, Calgary, AB	31.05 #	1

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Finals ... (Women 55-59 200 Metre Dash Masters)

Name	Age	Team	Finals	H#
2 Elaine Whidden	58	Greyhounds Track & Field Club	32.00 #	1
--- Margaret Rhebergen	58	Kamloops Track & Field Club	DNS	2

Women 60-64 200 Metre Dash Masters

60-64 Van Ry: 33.94 R 19/02/2012 Urith V. Hayley, TRI-CITY GRE

60-64 BC Mas: 33.94 # 19/02/2012 Urith Hayley

Name	Age	Team	Finals	H#
Finals				
--- Louise Nesterenko	62	Calgary Spartans, Calgary, AB	DNS	2

Women 75-79 200 Metre Dash Masters

75-79 Van Ry: 35.56 R 19/02/2012 Christa Bortignon, TRI-CITY GRE

75-79 BC Mas: 34.53 # 18/03/2012 Christa Bortignon

Name	Age	Team	Finals	H#
Finals				
1 Christa Bortignon	76	Greyhounds Track & Field Club	35.58	

Women 90-94 200 Metre Dash Masters

90-94 BC Mas: 60.72 # 03/03/2010 Olga Kotelko

Name	Age	Team	Finals	H#
Finals				
--- Olga Kotelko	94	Greyhounds Track & Field Club	DNS	2

Women 16-17 400 Metre Dash

16-17 Van Ry: 60.05 R 19/02/2011 Elisa Joyce, UNATTACHED BC

Name	Age	Team	Finals	H#
Finals				
1 Jordyn Piercy	17	Uvic Track Club	62.99	1
2 Taryn Smiley	16	Cowichan Valley Athletic Club	63.93	2
3 Saskia Kowallik	17	Okanagan Athletics Club	66.32	2
4 Yomi Wong	17	Strathcona Lions Athletic Club	66.74	1
5 Merel Shuurman Hess	16	Kajaks Track & Field Club	67.26	1
6 Anna Laktionova	17	Norwesters Track & Field Club	67.82	2
--- Tia Isabelle Baker	17	Uvic Track Club	SCR	1

Women 18-19 400 Metre Dash

18-19 Van Ry: 61.11 R

Name	Age	Team	Finals	H#
Finals				
1 Elisa Joyce	18	Unattached British Columbia	60.73 R	2
2 Emma Balazs	18	Prince George Track Club	62.93	1
3 Jasmine Galej	18	Caltaf Athletic Association	64.07	1
4 Mary-Kate Cross	18	Cowichan Valley Athletic Club	65.11	2

Women 55-59 400 Metre Dash Masters

55-59 Van Ry: 1:25.10 R

55-59 BC Mas: 1:25.10 # 21/02/2009 Urith Hayley

Name	Age	Team	Finals	H#
Finals				
1 Elaine Whidden	58	Greyhounds Track & Field Club	1:23.26 #	

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Women 60-64 400 Metre Dash Masters

60-64 Van Ry: 1:26.44 R

60-64 BC Mas: 1:26.44 # 21/02/2009 Michelle Hankey

Name	Age	Team	Finals
Finals			
---	Louise Nesterenko	62 Calgary Spartans, Calgary, AB	DNS

Women 65-69 400 Metre Dash Masters

Name	Age	Team	Finals
Finals			
1	Lynette Baldock	66 Greyhounds Track & Field Club	1:41.20

Women 75-79 400 Metre Dash Masters

75-79 Van Ry: 1:25.90 R 18/02/2012 Christa Bortignon, TRI-CITY GRE

75-79 BC Mas: 1:25.90 # 18/02/2012 Christa Bortignon

Name	Age	Team	Finals
Finals			
1	Christa Bortignon	76 Greyhounds Track & Field Club	1:27.54

Women 80-84 400 Metre Dash Masters

80-84 BC Mas: 2:33.88 # 30/03/1996 Ivy Granstron

Name	Age	Team	Finals
Finals			
1	Lenore Montgomery	82 Unattached British Columbia	2:00.18 #

Women Open 300 Metre Run CIS Event

Name	Age	Team	Finals
Finals			
1	Anastasia Pearse	Trinity Western University	42.27
2	Maya Daly	Trinity Western University	43.62
3	Liza Whitehead	Trinity Western University	44.54
---	Hazel Ross	Trinity Western University	SCR

Women 16-17 800 Metre Run

16-17 Van Ry: 2:23.34 R 19/02/2012 Alison Williams, OCEAN ATHLET

Name	Age	Team	Finals
Finals			
1	Enid Au	16 Strathcona Lions Athletic Club	2:37.64
2	Yomi Wong	17 Strathcona Lions Athletic Club	2:41.65

Women 18-19 800 Metre Run

18-19 Van Ry: 2:25.99 R

Name	Age	Team	Finals
Finals			
1	Kala Stone	18 Kamloops Track & Field Club	2:16.68 R
2	Emma Balazs	18 Prince George Track Club	2:27.02
3	Kassidie Arcand	18 Cncs Knights	4:18.04

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Women 65-69 800 Metre Run Masters

65-69 Van Ry: 3:58.05 R 19/02/2012 Lynette L. Baldock, TRI-CITY GRE

65-69 BC Mas: 3:58.05 # 19/02/2012 Lynette Baldock

Name	Age	Team	Finals
Finals			
1 Lynette Baldock	66	Greyhounds Track & Field Club	3:55.76 #

Women 80-84 800 Metre Run Masters

80-84 Van Ry: 4:12.27 R 19/02/2012 Lenore Montgomery, UNATTACHED B

80-84 BC Mas: 4:12.27 # 12/02/2012 Lenore Montgomery

Name	Age	Team	Finals
Finals			
1 Lenore Montgomery	82	Unattached British Columbia	4:21.21

Women 16-17 1500 Metre Run

16-17 Van Ry: 4:53.20 R 18/02/2012 Kala Stone, KAMLOOPS TRA

Name	Age	Team	Finals
Finals			
1 Enid Au	16	Strathcona Lions Athletic Club	5:18.02
2 Yomi Wong	17	Strathcona Lions Athletic Club	5:43.87
3 Chelsea Choi	17	Strathcona Lions Athletic Club	5:54.54

Women 18-19 1500 Metre Run

18-19 Van Ry: 5:00.13 R

Name	Age	Team	Finals
Finals			
1 Emma Balazs	18	Prince George Track Club	5:01.19

Women 65-69 1500 Metre Run Masters

65-69 Van Ry: 7:31.38 R 18/02/2012 Lynette L. Baldock, TRI-CITY GRE

65-69 BC Mas: 7:31.38 # 18/02/2012 Lynette Baldock

Name	Age	Team	Finals
Finals			
1 Lynette Baldock	66	Greyhounds Track & Field Club	7:27.54 #

Women 80-84 1500 Metre Run Masters

80-84 Van Ry: 8:21.28 R 18/02/2012 Lenore Montgomery, UNATTACHED B

80-84 BC Mas: 8:21.28 # 19/02/2012 Lenore Montgomery

Name	Age	Team	Finals
Finals			
1 Lenore Montgomery	82	Unattached British Columbia	8:28.38

Women 16-17 3000 Metre Run

16-17 Van Ry: 11:25.56 R

Name	Age	Team	Finals
Finals			
1 Enid Au	16	Strathcona Lions Athletic Club	11:13.76 R
2 Chelsea Choi	17	Strathcona Lions Athletic Club	12:43.51

Women 20-34 3000 Metre Run

Name	Age	Team	Finals
Finals			
1 Nikki Reiter	28	Okanagan Athletics Club	10:51.69

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Women 65-69 3000 Metre Run

65-69 BC Mas: 16:02.86 # 19/02/2012 Lynette Baldock

Name	Age	Team	Finals
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Finals

1	Lynette Baldock	66 Greyhounds Track & Field Club	15:30.48 #
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Women 80-84 3000 Metre Run

80-84 BC Mas: 23:41.32 # 29/03/1996 Ivy Granston

Name	Age	Team	Finals
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Finals

1	Lenore Montgomery	82 Unattached British Columbia	17:28.07 #
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Women 16-17 60 Metre Hurdles 0.762m

Van Ryswyk: 9.18 R 19/02/2012 Meghan Palesch, Ocean Athletics

Name	Age	Team	Finals
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Finals

1	Keely Watts-Watling	17 Okanagan Athletics Club	9.17 R
2	Diana Voloshin	16 Norwesters Track & Field Club	9.35
3	Tyra Gilbert	17 Unattached	9.43
4	Jordyn Piercy	17 Uvic Track Club	9.82
5	Emily Wilson-Bodnar	17 Caltaf Athletic Association	9.85
6	Anna Laktionova	17 Norwesters Track & Field Club	10.48

Women 18-19 60 Metre Hurdles 0.840m

Van Ryswyk: 10.09 R 19/02/2012 Erin Kokayko, Okanagan Ath

Name	Age	Team	Finals
------	-----	------	--------

Finals

1	Kathryn Van Ryswyk	18 Ocean Athletics	9.07 R
2	Lexie Scott	18 Uvic Track Club	9.25 R
3	Kye N. Fedor	18 Norwesters Track & Field Club	9.40 R
---	Katherine Van Ryswyk	18 Ocean Athletics, Surrey	SCR

Women 50-54 60 Metre Hurdles

W35-39 - 5x.840m 1st-13m Bet.-8.5m Fin. 13m

W40-49 - 5x.462m 1st-12m Bet.-8m Fin.-16m

W50-59 - 5x.762m 1st-12m Bet.-7m Fin.-20m

W60+ - 5x.686m 1st-12m Bet.-7m Fin.-20m

50-54 Van Ry: 10.89 R 20/02/2011 BJ Freeman, CS

50-54 BC Mas: 12.03 # 05/03/2010 Margaret Rhebergen

Name	Age	Team	Finals
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Finals

1	Jovette Jolicoeur	54 Calgary Spartans, Calgary, AB	11.98 #
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Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Women 75-79 60 Metre Hurdles

W35-39 - 5x.840m 1st-13m Bet.-8.5m Fin. 13m

W40-49 - 5x.462m 1st-12m Bet.-8m Fin.-16m

W50-59 - 5x.762m 1st-12m Bet.-7m Fin.-20m

W60+ - 5x.686m 1st-12m Bet.-7m Fin.-20m

75-79 Van Ry: 13.62 R 19/02/2012 Christa Bortignon, GREY

75-79 BC Mas: 13.39 # 16/03/2012 Christa Bortignon

Name	Age	Team	Finals
Finals			
1 Christa Bortignon	76	Greyhounds Track & Field Club	14.12

Women 20-34 4x100 Metre Relay

Team	Relay	Finals
Finals		
1 Kamloops Track & Field Club	A	55.22 4) Avery Marshall 15

Women 40-44 4x100 Metre Relay Mstr(35+)40-44 Van Ry: 56.62 R 19/02/2011 Calgary Spartans, CS
Z Thomson, E Roth, B Turner, S Schoenthaler

Team	Relay	Finals
Finals		
1 Okanagan Athletics Club	A	56.79
1) Saskia Kowallik 17	2) Shereen Abbas 24	3) Rylee Paulson 14
2 Calgary Spartans	A	59.22 4) Keely Watts-Watling 17 4) Sarah Sanni 18

Women 16-17 4x200 Metre Relay16-17 Van Ry: 1:58.73 R 19/02/2012 Ocean Athletics, Ocean Athletics
Reimer, Korpach, Williams, Palesch

Team	Relay	Finals
Finals		
1 Strathcona Lions Athletic Club	A	2:06.39

Women 18-19 4x200 Metre Relay

Team	Relay	Finals
Finals		
1 Uvic Track Club	A	1:49.91
1) Jamie Ashcroft 19	2) Lexie Scott 18	3) Tia Isabelle Baker 17
		4) Jordyn Piercy 17

Women Open 4x200 Metre Relay CIS Event

Team	Relay	Finals
Finals		
1 Trinity Western University	A	1:43.05
2 Uvic Track Club	A	1:54.86
--- Trinity Western University	B	SCR

Women 16-17 High Jump Yth (96-97)

Van Ryswyk: 1.65m R 19/02/2011 Georgia Ellenwood, LANGLEY MUST

Name	Age	Team	Finals
Finals			
1 Diana Voloshin	16	Norwesters Track & Field Club	1.55m
2 Keely Watts-Watling	17	Okanagan Athletics Club	1.45m

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Finals ... (Women 16-17 High Jump Yth (96-97))

Name	Age	Team	Finals
3 Anna Laktionova	17	Norwesters Track & Field Club	1.35m

Women 18-19 High Jump Jnr (94-95)

Van Ryswyk: 1.78m R 16/02/2008 Alyx Treasure, PG Track

Name	Age	Team	Finals
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Finals

1 Samantha Hayes 18 Kamloops Track & Field Club, BC, BC 1.40m

Women 50-54 High Jump Mstr(35+)

50-54 Van Ry: 1.25m R 19/02/2011 BJ Freeman, CS

50-54 BC Mas: 1.30m # 04/03/2010 Margaret Rhebergen

Name	Age	Team	Finals
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Finals

1 Jovette Jolicoeur 54 Calgary Spartans, Calgary, AB 1.15m
 --- Cavani Miriam 52 Kamloops Track & Field Club DNS

Women 55-59 High Jump Mstr(35+)

55-59 Van Ry: 1.30m R 19/02/2011 Margaret Rhebergen, KAMLOOPS TRA

55-59 BC Mas: 1.30m # 19/02/2011 Margaret Rhebergen

Name	Age	Team	Finals
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Finals

1 Margaret Rhebergen 58 Kamloops Track & Field Club 1.25m

Women 75-79 High Jump Mstr(35+)

75-79 Van Ry: 0.90m R 19/02/2012 Christa Bortignon, Tri City Greyhounds

75-79 BC Mas: 1.12m # 03/04/2012 Christa Bortignon

Name	Age	Team	Finals
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Finals

1 Christa Bortignon 76 Greyhounds Track & Field Club 1.05m R

Women 90-94 High Jump Mstr(35+)

90-94 Van Ry: 0.70m R 19/02/2012 Olga Kotelko, UNA

90-94 BC Mas: 0.76m # 07/04/2012 Olga Kotelko

Name	Age	Team	Finals
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Finals

1 Olga Kotelko 94 Greyhounds Track & Field Club 0.77m #

Women 16-17 Pole Vault Yth (96-97)

Van Ryswyk: 3.10m R 18/02/2012 Kathryn Van Ryswyk, South Fraser

Name	Age	Team	Finals
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Finals

1 Alexzandra Smith-Van-Dyke 16 Kamloops Track & Field Club 2.80m

Women 18-19 Pole Vault Jnr (94-95)

Van Ryswyk: 3.00m R 18/02/2011 Emma L. Beckett, Valley Royals

Name	Age	Team	Finals
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Finals

1 Rebecca Marchant 19 Trinity Western University, BC, BC 4.01m R
 2 Kathryn Van Ryswyk 18 Ocean Athletics 3.35m R

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Women 20-34 Pole Vault Snr (93+)

Van Ryswyk: 3.20m R 19/02/2010 Meghan Richey, VICTORIA TRA

Name	Age	Team	Finals
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Finals

1 Ivonne Zuniga-Padilla 24 Trinity Western University,BC, BC 3.50m R

Women 55-59 Pole Vault Mstr(35+)

55-59 Van Ry: 1.80m R 18/02/2011 Margaret Rhebergen, KAMLOOPS TRA

55-59 BC Mas: 1.90m # 20/03/2011 Margaret Rhebergen

Name	Age	Team	Finals
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Finals

1 Margaret Rhebergen 58 Kamloops Track & Field Club 1.90m #

Women 16-17 Long Jump Yth (96-97)

Van Ryswyk: 5.40m R 20/02/2010 Carolyn Sutherland, LANGLEY MUST

Name	Age	Team	Finals
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Finals

1 Keely Watts-Watling 17 Okanagan Athletics Club 5.25m
 2 Diana Voloshin 16 Norwesters Track & Field Club 5.06m
 3 Saskia Kowallik 17 Okanagan Athletics Club 4.58m
 3 Danielle Belliveau 16 Kamloops Track & Field Club 4.58m
 5 Meghan Lim 16 Caltaf,Calgary 4.42m
 6 Andrea Searle 16 Kajaks Track & Field Club 4.41m
 7 Alexzandra Smith-Van-Dyke 16 Kamloops Track & Field Club 4.40m
 8 Anna Laktionova 17 Norwesters Track & Field Club 4.21m
 9 Erin Reid 17 Kajaks Track & Field Club 4.00m

Women 18-19 Long Jump Jnr (94-95)

Van Ryswyk: 5.32m R 19/02/2012 Erin Kokayko, Okanagan Athletics

Name	Age	Team	Finals
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Finals

1 Kye N. Fedor 18 Norwesters Track & Field Club 4.85m
 2 Kassidie Arcand 18 Cncs Knights 3.16m

Women 35-39 Long Jump Mstr(35+)

35-39 BC Mas: 3.43m # 20/03/2011 Cathy Anastasio

Name	Age	Team	Finals
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Finals

1 Kristi Jones-McKenna 35 Kamloops Track & Field Club,BC, BC 3.82m #

Women 50-54 Long Jump Mstr(35+)

50-54 Van Ry: 4.15m R

50-54 BC Mas: 4.23m # 03/03/2010 Margaret Rhebergen

Name	Age	Team	Finals
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Finals

1 Cavani Miriam 52 Kamloops Track & Field Club 3.80m
 2 Susan Endersby 51 Kamloops Track & Field Club 2.65m

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Women 55-59 Long Jump Mstr(35+)

55-59 Van Ry: 4.11m R 19/02/2011 Margaret Rhebergen, KAMLOOPS TRA

55-59 BC Mas: 4.11m # 19/02/2011 Margaret Rhebergen

Name	Age	Team	Finals
1 Margaret Rhebergen	58	Kamloops Track & Field Club	3.91m

Women 65-69 Long Jump Mstr(35+)

65-69 Van Ry: 3.33m R 19/02/2012 Lynette Blalock, Tri City Greyhounds

65-69 BC Mas: 2.89m # 19/02/2012 Lynette Baldock

Name	Age	Team	Finals
1 Lynette Baldock	66	Greyhounds Track & Field Club	2.85m

Women 75-79 Long Jump Mstr(35+)

75-79 Van Ry: 3.42m R 19/02/2012 Christa Bortignon, Tri City Greyhounds

75-79 BC Mas: 3.67m # 06/04/2012 Christa Bortignon

Name	Age	Team	Finals
1 Christa Bortignon	76	Greyhounds Track & Field Club	3.46m R

Women 90-94 Long Jump Mstr(35+)

90-94 Van Ry: 1.40m R 19/02/2012 Olga Kotelko, UNA

90-94 BC Mas: 1.70m # 20/03/2011 Olga Kotelko

Name	Age	Team	Finals
1 Olga Kotelko	94	Greyhounds Track & Field Club	1.26m

Women 16-17 Triple Jump Yth (96-97)

Van Ryswyk: 11.13m R 15/02/2008 Alyx Treasure, PG Track

Name	Age	Team	Finals
1 Danielle Belliveau	16	Kamloops Track & Field Club	9.78m
2 Andrea Searle	16	Kajaks Track & Field Club	9.50m

Women 50-54 Triple Jump Mstr(35+)

50-54 BC Mas: 8.59m # 05/03/2010 Margaret Rhebergen

Name	Age	Team	Finals
1 Susan Endersby	51	Kamloops Track & Field Club	6.61m

Women 55-59 Triple Jump Mstr(35+)

55-59 Van Ry: 8.39m R 20/02/2011 Margaret Rhebergen, KAMLOOPS TRA

55-59 BC Mas: 8.76m # 19/03/2011 Margaret Rhebergen

Name	Age	Team	Finals
1 Margaret Rhebergen	58	Kamloops Track & Field Club	8.32m

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Women 65-69 Triple Jump Mstr(35+)

65-69 Van Ry: 6.06m R 18/02/2012 Lynette Baldock, Tri City Greyhounds

65-69 BC Mas: 6.06m # 18/02/2012 Lynette Baldock, Tri City Greyhounds

Name	Age	Team	Finals
1 Lynette Baldock	66	Greyhounds Track & Field Club	6.32m R

Women 75-79 Triple Jump Mstr(35+)

75-79 Van Ry: 7.43m R 18/02/2012 Christa Bortignon, Tri City Greyhounds

75-79 BC Mas: 7.43m # 18/02/2012 Christa Bortignon, Tri City Greyhounds

Name	Age	Team	Finals
1 Christa Bortignon	76	Greyhounds Track & Field Club	7.54m R

Women 90-94 Triple Jump Mstr(35+)

90-94 Van Ry: 3.56m R 18/02/2012 Olga Kotelko, UNA

90-94 BC Mas: 4.14m # 05/03/2010 Olga Kotelko

Name	Age	Team	Finals
1 Olga Kotelko	94	Greyhounds Track & Field Club	3.40m

Women 16-17 Shot Put 3.00 kg

Van Ryswyk: 10.97m R 18/02/2012 Avneet Nijjar, Universal Athletics

Name	Age	Team	Finals
1 Olivia Moriconi	17	Ridge Rockets Track Club	12.34m R
2 Siri Svensson	17	Caltaf, Calgary	11.81m R
3 Natasha Akbarizadeh	17	Ridge Rockets Track Club	11.56m R
4 Keely Watts-Watling	17	Okanagan Athletics Club	11.28m R
5 Diana Voloshin	16	Norwesters Track & Field Club	9.92m
6 Alyssa Paul	16	Cncs Knights	5.80m
--- Erin Reid	17	Kajaks Track & Field Club	DNS
--- Andrea Searle	16	Kajaks Track & Field Club	DNS

Women 50-54 Shot Put

W35-49 - 4kg

W50-59 - 3kg

W60-74 - 3kg

W75+ - 2kg

50-54 Van Ry: 8.76m R 20/02/2011 BJ Freeman, CS

50-54 BC Mas: 5.68m # 08/03/2003 Nancy Cochrane

Name	Age	Team	Finals
1 Jovette Jolicoeur	54	Calgary Spartans, Calgary, AB	9.31m R
2 Carolyn Boomer	50	Kamloops Track & Field Club	9.25m R

Women 55-59 Shot Put

W35-49 - 4kg

W50-59 - 3kg

W60-74 - 3kg

W75+ - 2kg

55-59 Van Ry: 5.77m R 20/02/2011 Laurel Hunt, KAMLOOPS TRA

55-59 BC Mas: 5.77m # 20/02/2011 Laurel Hunt

Name	Age	Team	Finals
1 Sylvia Byers	55	Greyhounds Track & Field Club	6.91m R

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Women 60-64 Shot Put

W35-49 - 4kg

W50-59 - 3kg

W60-74 - 3kg

W75+ - 2kg

60-64 Van Ry: 6.77m R

60-64 BC Mas: 9.27m # 03/03/2010 Gabriella Moro

Name	Age	Team	Finals
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Finals

---	Louise Nesterenko	62	Calgary Spartans, Calgary, AB	DNS
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Women 75-79 Shot Put

W35-49 - 4kg

W50-59 - 3kg

W60-74 - 3kg

W75+ - 2kg

75-79 Van Ry: 6.83m R 18/02/2012 Christa Bortignon, Tri City Greyhounds

75-79 BC Mas: 7.92m # 19/03/2012 Myrtle Acton

Name	Age	Team	Finals
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Finals

1	Christa Bortignon	76	Greyhounds Track & Field Club	7.28m R
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Women 80-84 Shot Put

W35-49 - 4kg

W50-59 - 3kg

W60-74 - 3kg

W75+ - 2kg

80-84 Van Ry: 7.92m R 18/02/2012 Myrtle Acton, NORW

80-84 BC Mas: 5.75m # 28/03/2003 Olga Kotelko (3 kg)

Name	Age	Team	Finals
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Finals

1	Mae Turek	80	Greyhounds Track & Field Club	5.56m
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Women 90-94 Shot Put

W35-49 - 4kg

W50-59 - 3kg

W60-74 - 3kg

W75+ - 2kg

90-94 Van Ry: 5.16m R 18/02/2012 Olga Kotelko, UNA

90-94 BC Mas: 5.74m # 19/03/2011 Olga Kotelko (2kg)

Name	Age	Team	Finals
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Finals

1	Olga Kotelko	94	Greyhounds Track & Field Club	4.82m
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Women 16-17 Weight Throw

Van Ryswyk: 11.70m R 18/02/2012 Olivia Mariconi, Ridge Rockets

Name	Age	Team	Finals
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Finals

1	Olivia Moriconi	17	Ridge Rockets Track Club	15.37m R
2	Natasha Akbarizadeh	17	Ridge Rockets Track Club	11.88m R
3	Siri Svensson	17	Caltaf, Calgary	10.96m
4	Alyssa Paul	16	Cncs Knights	7.55m

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Women 65-69 Weight Throw

W35-49 - 9.08kg (20#) W50-59 - 7.26kg (16#)
W60-74 - 5.45g (12#) W75+ - 4.00kg (8.9#)
65-69 Van Ry: 9.59m R 18/02/2012 Kathy Brand, KAML
65-69 BC Mas: 9.59m # 17/02/2012 Kathy Brand

Name	Age	Team	Finals
Finals			
1 Diane Matus	68	Kamloops Track & Field Club	7.14m

Women 70-74 Weight Throw

W35-49 - 9.08kg (20#) W50-59 - 7.26kg (16#)
W60-74 - 5.45g (12#) W75+ - 4.00kg (8.9#)
70-74 BC Mas: 8.89m # 20/03/2011 Sandy Anderson

Name	Age	Team	Finals
Finals			
1 Kathy Brand	71	Kamloops Track & Field Club	7.75m

Women 80-84 Weight Throw

W35-49 - 9.08kg (20#) W50-59 - 7.26kg (16#)
W60-74 - 5.45g (12#) W75+ - 4.00kg (8.9#)
80-84 Van Ry: 9.52m R 18/02/2012 Myrtle Acton, NORW
80-84 BC Mas: 7.06m # 28/03/2003 Olga Kotelko (12#)

Name	Age	Team	Finals
Finals			
1 Mae Turek	80	Greyhounds Track & Field Club	6.77m

Women 90-94 Weight Throw

W35-49 - 9.08kg (20#) W50-59 - 7.26kg (16#)
W60-74 - 5.45g (12#) W75+ - 4.00kg (8.9#)
90-94 Van Ry: 6.51m R 18/02/2012 Olga Kotelko, UNA
90-94 BC Mas: 7.51m # 20/03/2011 Olga Kotelko (4kg)

Name	Age	Team	Finals
Finals			
1 Olga Kotelko	94	Greyhounds Track & Field Club	6.56m R

Women 50-54 1500 Metre Race Walk

Name	Age	Team	Finals
Finals			
1 Lori Graham	54	Greyhounds Track & Field Club	13:40.63

Boys 12 Year Olds 60 Metre Dash

Name	Age	Team	Finals
Finals			
1 Kache Waskahat	12	Cncs Knights	10.30
2 Anson Harrower	12	Unattached	10.33
3 Carson Harrower	12	Unattached	10.84
4 Frankie Thomas	12	Cncs Knights	10.97

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Boys 13 Year Olds 60 Metre Dash

Van Ryswyk: 8.24 R 19/02/2010 Aaron Stroda, KELOWNA TRAC

Name	Age	Team	Finals
Finals			
1 Garris Quinney	13	Cncs Knights	9.86
2 Ay'Den Abraham	13	Cncs Knights	10.34
3 Joshua Quinney	13	Cncs Knights	11.16
4 Junior Waskahat	13	Cncs Knights	11.71
--- Matthew Campmans	13	Kamloops Track & Field Club	SCR

Boys 14 60 Metre Dash Midget

14 Van Ryswyk: 7.84 R 19/02/2010 Sebastian Adugalski, NEW WEST SPA

Name	Age	Team	Finals
Finals			
1 Damon Brasseur-Connell	14	Unattached British Columbia	8.71

Boys 15 60 Metre Dash Midget

15 Van Ryswyk: 7.48 R 19/02/2010 Keefer Joyce, KELOWNA TRAC

Name	Age	Team	Finals
Finals			
1 Reece Walsh	15	Okanagan Athletics Club	7.74
2 Jasper Schiedel	15	Vancouver Olympic Club	7.83
3 Alexander Taylor	15	Okanagan Athletics Club	8.09
4 Alon Aminov	15	Kajaks Track & Field Club	8.25

Boys 12 Year Olds 200 Metre Dash

Van Ryswyk: 28.62 R 19/02/2012 Vaughn Taylor, UNATTACHED B

Name	Age	Team	Finals
Finals			
1 Anson Harrower	12	Unattached	36.17
2 Kache Waskahat	12	Cncs Knights	37.05
3 Carson Harrower	12	Unattached	38.85

Boys 13 Year Olds 200 Metre Dash

Van Ryswyk: 27.60 R 20/02/2010 Aaron Stroda, KELOWNA TRAC

Name	Age	Team	Finals
Finals			
1 Matthew Campmans	13	Kamloops Track & Field Club	30.37
2 Garris Quinney	13	Cncs Knights	32.23
3 Mantaj Boparai	13	Ocean Athletics,Surrey	32.67

Boys 14 200 Metre Dash

14 Van Ryswyk: 26.11 R 21/02/2010 Aaron Stroda, KELOWNA TRAC

Name	Age	Team	Finals
Finals			
1 Damon Brasseur-Connell	14	Unattached British Columbia	29.37

Boys 15 200 Metre Dash

15 Van Ryswyk: 24.91 R 20/02/2011 Aaron Stroda, KELOWNA TRAC

Name	Age	Team	Finals
Finals			
1 Jasper Schiedel	15	Vancouver Olympic Club	24.80 R
2 Reece Walsh	15	Okanagan Athletics Club	25.24

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Finals ... (Boys 15 200 Metre Dash)

Name	Age	Team	Finals
3 Alexander Taylor	15	Okanagan Athletics Club	26.99
4 Alon Aminov	15	Kajaks Track & Field Club	27.21

Boys 13 300 Metre Dash

Name	Age	Team	Finals

Tylan Fraser	13	Kamloops Track & Field Club	SCR

Boys 14 300 Metre Dash

14 Van Ryswy:	44.97	R	19/02/2012	Jared Sexsmith, VAAA	Finals
Name	Age	Team	Finals		

Finals	Name	Age	Team	Finals
1	Damon Brasseur-Connell	14	Unattached British Columbia	48.78

Boys 15 300 Metre Dash

15 Van Ryswy:	38.67	R	19/02/2012	Jake Hanna, OATF	Finals
Name	Age	Team	Finals		

Finals	Name	Age	Team	Finals
1	Reece Walsh	15	Okanagan Athletics Club	40.49
2	Jasper Schiedel	15	Vancouver Olympic Club	40.55

Boys 13 800 Metre Run

13 Van Ryswy:	2:33.08	R	20/02/2011	Rylee Mitchell, ALBERNI VALL	Finals
Name	Age	Team	Finals		

Finals	Name	Age	Team	Finals
1	Ethan Foster	13	Langley Mustangs	2:40.59
2	Tylan Fraser	13	Kamloops Track & Field Club	2:44.36

Boys 15 800 Metre Run

15 Van Ryswy:	2:12.23	R	20/02/2011	Max Trummer, Lord Byng	Finals
Name	Age	Team	Finals		

Finals	Name	Age	Team	Finals
1	Michael Milic	15	Ocean Athletics,Surrey	2:13.84
2	Dakota Mcgovern	15	Norwesters Track & Field Club	2:26.31

Boys 15 1200 Metre Run

15 Van Ryswy:	3:56.85	R	18/02/2012	Riley Gray, OCEAN ATHLET	Finals
Name	Age	Team	Finals		

Finals	Name	Age	Team	Finals
1	Jackson Silvester-Lee	15	Ocean Athletics,Surrey	3:51.62 R
2	Dakota Mcgovern	15	Norwesters Track & Field Club	3:51.68 R
3	Alger Liang	15	Strathcona Lions Athletic Club	3:54.58 R

Boys 13 2000 Metre Run

Name	Age	Team	Finals

Finals	Name	Age	Team	Finals
1	Tylan Fraser	13	Kamloops Track & Field Club	8:13.13

Boys 15 2000 Metre Run

Name	Age	Team	Finals

Finals	Name	Age	Team	Finals
1	Jackson Silvester-Lee	15	Ocean Athletics,Surrey	7:02.09

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Finals ... (Boys 15 2000 Metre Run)

Name	Age	Team	Finals
2 Dakota Mcgovern	15	Norwesters Track & Field Club	7:02.09
3 Alger Liang	15	Strathcona Lions Athletic Club	7:07.48

Boys 12 Year Olds 60 Metre Hurdles 27" (.686m)

Van Ryswyk: 9.57 R 21/02/2010 Tyler Allan, Kam Track

Name	Age	Team	Finals
1 Anson Harrower	12	Unattached	13.29

Boys 15 Year Olds 60 Metre Hurdles 0.840m

Van Ryswyk: 9.25 R 19/02/2012 Jake Hanna, Ocean Athletics

Name	Age	Team	Finals
1 Jasper Schiedel	15	Vancouver Olympic Club	8.87 R

Boys 10 4x100 Metre Relay

10 Van Ryswy: 77.11 R 19/02/2011 KAMLOOPS TRACK & FIELD CL, KAMLOOPS TR
 L STENNER, G KOPPES, J NUNN, S KLENNER

Team	Relay	Finals
1 Kamloops Track & Field Club	A	75.78 R
1) Julien Fehr 10	2) Josiah Owens 10	3) Taylor Munden 10
		4) Ethan Rogers 11

Boys 11 4x100 Metre Relay

11 Van Ryswy: 77.57 R 20/02/2010 Kamloops Track & Field Cl, Kam Track

Team	Relay	Finals
1 Kamloops Track & Field Club	B	71.00 R
1) Alexandre Marshall 11	3) Connor Moritz 10	4) Mason Levasseur 10

Boys 13 4x100 Metre Relay

13 Van Ryswy: 63.71 R 18/02/2012 Kamloops Track & Field, KAML
 Campmans, Levasseur, Matias, Marshall

Team	Relay	Finals
1 Kamloops Track & Field Club	A	65.31
1) Josh Stuart 12	2) Joseph Benastik 12	4) Tylan Fraser 13

Boys 13 4x200 Metre Relay

13 Van Ryswy: 5:40.48 R

Team	Relay	Finals
1 Kamloops Track & Field Club	A	2:16.26 R
1) Alexandre Marshall 11	2) Joseph Benastik 12	3) Josh Stuart 12
		4) Tylan Fraser 13

Boys 12 Year Olds High Jump 2001

Van Ryswyk: 1.45m R 19/02/2012 Vaughn Taylor, UN-BC

Name	Age	Team	Finals
1 Frankie Thomas	12	Cncs Knights	0.90m

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Boys 13 Year Olds High Jump 2000

Van Ryswyk: 1.55m R 20/02/2010 Connor Carson, Kam Track

Name	Age	Team	Finals
Finals			
1 Garris Quinney	13	Cncs Knights	1.30m
2 Junior Waskahat	13	Cncs Knights	1.25m
3 Ay'Den Abraham	13	Cncs Knights	1.20m

Boys 15 High Jump 98-99

15 Van Ryswy: 1.70m R 16/02/2008 Spencer Allen, Kam Track

15 Van Ryswy: 1.70m R 19/02/2012 Micah Peters, UN-BC

Name	Age	Team	Finals
Finals			
1 Jared Sexsmith	15	Unattached	1.70m R
2 Alon Aminov	15	Kajaks Track & Field Club	J1.70m R

Boys 13 Year Olds Pole Vault 2000

Name	Age	Team	Finals
Finals			
1 Tylan Fraser	13	Kamloops Track & Field Club	1.90m

Boys 12 Year Olds Long Jump 2001

Van Ryswyk: 4.44m R 19/02/2012 Vaughn Taylor, UN-BC

Name	Age	Team	Finals
Finals			
1 Joseph Benastik	12	Kamloops Track & Field Club	3.49m
2 Kache Waskahat	12	Cncs Knights	3.01m
3 Anson Harrower	12	Unattached	2.90m
4 Frankie Thomas	12	Cncs Knights	2.44m
5 Kierran Potts	12	Cncs Knights	2.06m

Boys 13 Year Olds Long Jump 2000

Van Ryswyk: 4.81m R 19/02/2010 Aaron Stroda, KELOWNA TRAC

Name	Age	Team	Finals
Finals			
1 Ethan Foster	13	Langley Mustangs	4.37m
2 Mantaj Boparai	13	Ocean Athletics,Surrey	3.68m
3 Garris Quinney	13	Cncs Knights	3.19m
4 Ay'Den Abraham	13	Cncs Knights	2.93m
5 Junior Waskahat	13	Cncs Knights	2.83m
6 Joshua Quinney	13	Cncs Knights	2.61m
--- Craig Dion	13	Cncs Knights	DNS

Boys 14 Long Jump 98-99

14 Van Ryswy: 5.71m R 19/02/2010 Sebastian Adugalski, NEW WEST SPA

Name	Age	Team	Finals
Finals			
1 Damon Brasseur-Connell	14	Unattached British Columbia	4.07m

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Boys 15 Long Jump 98-99

15 Van Ryswyk: 5.60m R 16/02/2008 James Turner, KTFC

Name	Age	Team	Finals
Finals			
1 Jasper Schiedel	15	Vancouver Olympic Club	5.54m
2 Alon Aminov	15	Kajaks Track & Field Club	5.18m
3 Jared Sexsmith	15	Unattached	4.85m

Boys 13 Year Olds Triple Jump 2000

Van Ryswyk: 10.22m R 20/02/2010 Braden Derker, Kam Track

Name	Age	Team	Finals
Finals			
1 Ethan Foster	13	Langley Mustangs	9.32m

Boys 14 Triple Jump 98-99

14 Van Ryswyk: 11.29m R 21/02/2010 Braden Derker, Kam Track

Name	Age	Team	Finals
Finals			
1 Brock Butcher	14	Kamloops Track & Field Club	9.72m
2 Damon Brasseur-Connell	14	Unattached British Columbia	8.93m

Boys 15 Triple Jump 98-99

15 Van Ryswyk: 11.30m R 21/02/2010 Vladislav A. Moldavanov, NorWesters

Name	Age	Team	Finals
Finals			
1 Alon Aminov	15	Kajaks Track & Field Club	11.94m R
2 Jasper Schiedel	15	Vancouver Olympic Club	11.83m R

Boys 12 Year Olds Shot Put 3 Kg

Van Ryswyk: 8.70m R 21/02/2010 Thompson Weegar, ALBERNI VALL

Name	Age	Team	Finals
Finals			
1 Kache Waskahat	12	Cncs Knights	5.80m
2 Carson Harrower	12	Unattached	5.64m
3 Kierran Potts	12	Cncs Knights	5.39m
4 Frankie Thomas	12	Cncs Knights	5.27m

Boys 13 Year Olds Shot Put 3 Kg

Van Ryswyk: 11.33m R 20/02/2010 Aaron Stroda, KELOWNA TRAC

Name	Age	Team	Finals
Finals			
1 Jakob Mohr	13	Kamloops Track & Field Club	7.04m
2 Mantaj Boparai	13	Ocean Athletics, Surrey	6.86m
3 Joshua Quinney	13	Cncs Knights	6.10m
--- Craig Dion	13	Cncs Knights	DNS

Boys 15 Year Olds Shot Put 4 Kg

Van Ryswyk: 13.51m R 20/02/2011 Aaron Stroda, KELOWNA TRAC

Name	Age	Team	Finals
Finals			
--- Jonas Chief	15	Cncs Knights	DNS

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Boys 15 Year Olds Weight Throw

Van Ryswyk: 14.62m R

Name	Age	Team	Finals
Finals			
--- Jonas Chief	15	Cncs Knights	DNS

Boys 9 60 Metre Dash Saturday Triathlon

Name	Age	Team	Finals	H#
Finals				
1 Liam Kobylanski	9	Ocean Athletics,Surrey	10.42	2

Boys 10 60 Metre Dash Saturday Triathlon

Name	Age	Team	Finals	H#
Finals				
1 Mason Levasseur	10	Kamloops Track & Field Club	9.63	2
2 Taylor Munden	10	Kamloops Track & Field Club,BC, BC	9.79	1
3 Connor Moritz	10	Kamloops Track & Field Club	10.61	1
4 Julien Fehr	10	Kamloops Track & Field Club,BC, BC	10.86	2
5 Evan Kraus	10	Ridge Rocket,Maple Ridge	11.36	2
6 Andreas McCarthy	10	Cncs Knights	12.70	1

Boys 11 60 Metre Dash Saturday Triathlon

Name	Age	Team	Finals	H#
Finals				
1 Alexandre Marshall	11	Kamloops Track & Field Club	9.72	1
2 Ethan Rogers	11	Kamloops Track & Field Club	10.00	2
3 Micheal Marty	11	Cncs Knights	10.30	2
4 Aidan Barringer	11	Kamloops Track & Field Club	10.96	1
5 Samuel Marty	11	Cncs Knights	14.18	2
--- Coco Berland	11	Cncs Knights	SCR	1

Boys 9 600 Metre Dash Sunday Triathlon

Name	Age	Team	Finals
Finals			
1 Liam Kobylanski	9	Ocean Athletics,Surrey	2:09.55
2 Samuel Benastick	9	Kamloops Track & Field Club	2:22.79

Boys 10 600 Metre Dash Sunday Triathlon

Name	Age	Team	Finals
Finals			
1 Taylor Munden	10	Kamloops Track & Field Club,BC, BC	2:16.85
2 Julien Fehr	10	Kamloops Track & Field Club,BC, BC	2:30.00

Boys 11 600 Metre Dash Sunday Triathlon

Name	Age	Team	Finals
Finals			
1 Alexandre Marshall	11	Kamloops Track & Field Club	2:06.80
2 Ethan Rogers	11	Kamloops Track & Field Club	2:27.87
3 Aidan Barringer	11	Kamloops Track & Field Club	2:33.24

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Boys 9 60 Metre Hurdles Sunday Triathlon

First - 11m Between - 6.5m Finish - 16.5m NO BLOCKS

9yrs - 21" 10-11yrs - 24"

Name	Age	Team	Finals
Finals			
1 Samuel Benastick	9	Kamloops Track & Field Club	13.36
--- Liam Kobylanski	9	Ocean Athletics,Surrey	DNS

Boys 10 60 Metre Hurdles Sunday Triathlon

First - 11m Between - 6.5m Finish - 16.5m NO BLOCKS

9yrs - 21" 10-11yrs - 24"

Name	Age	Team	Finals
Finals			
1 Taylor Munden	10	Kamloops Track & Field Club,BC, BC	12.74
2 Julien Fehr	10	Kamloops Track & Field Club,BC, BC	13.11

Boys 11 60 Metre Hurdles Sunday Triathlon

First - 11m Between - 6.5m Finish - 16.5m NO BLOCKS

9yrs - 21" 10-11yrs - 24"

Name	Age	Team	Finals
Finals			
1 Alexandre Marshall	11	Kamloops Track & Field Club	12.53
2 Ethan Rogers	11	Kamloops Track & Field Club	12.93
3 Aidan Barringer	11	Kamloops Track & Field Club	13.65

Boys 9 High Jump Saturday Triathlon

Name	Age	Team	Finals
Finals			
1 Liam Kobylanski	9	Ocean Athletics,Surrey	0.85m

Boys 10 High Jump Saturday Triathlon

Name	Age	Team	Finals
Finals			
1 Mason Levasseur	10	Kamloops Track & Field Club	1.20m
2 Taylor Munden	10	Kamloops Track & Field Club,BC, BC	1.10m
3 Julien Fehr	10	Kamloops Track & Field Club,BC, BC	1.05m
3 Evan Kraus	10	Ridge Rocket,Maple Ridge	1.05m
5 Connor Moritz	10	Kamloops Track & Field Club	1.00m
6 Andreas McCarthy	10	Cncs Knights	0.85m

Boys 11 High Jump Saturday Triathlon

Name	Age	Team	Finals
Finals			
1 Aidan Barringer	11	Kamloops Track & Field Club	1.15m
1 Alexandre Marshall	11	Kamloops Track & Field Club	1.15m
3 Ethan Rogers	11	Kamloops Track & Field Club	1.00m
4 Samuel Marty	11	Cncs Knights	0.80m
5 Micheal Marty	11	Cncs Knights	0.70m
--- Emily Blower	11	Kamloops Track & Field Club	DNS
--- Coco Berland	11	Cncs Knights	DNS

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Boys 9 Long Jump Saturday Triathlon

Name	Age	Team	Finals
Finals			
1 Liam Kobylanski	9	Ocean Athletics,Surrey	3.10m

Boys 10 Long Jump Saturday Triathlon

Name	Age	Team	Finals
Finals			
1 Mason Levasseur	10	Kamloops Track & Field Club	3.74m
2 Evan Kraus	10	Ridge Rocket,Maple Ridge	2.85m
3 Julien Fehr	10	Kamloops Track & Field Club,BC, BC	2.77m
4 Taylor Munden	10	Kamloops Track & Field Club,BC, BC	2.74m
5 Connor Moritz	10	Kamloops Track & Field Club	2.59m
6 Andreas McCarthy	10	Cncs Knights	1.69m

Boys 11 Long Jump Saturday Triathlon

Name	Age	Team	Finals
Finals			
1 Alexandre Marshall	11	Kamloops Track & Field Club	3.27m
2 Micheal Marty	11	Cncs Knights	3.06m
3 Ethan Rogers	11	Kamloops Track & Field Club	2.69m
4 Aidan Barringer	11	Kamloops Track & Field Club	2.58m
5 Samuel Marty	11	Cncs Knights	2.13m
--- Emily Blower	11	Kamloops Track & Field Club	DNS
--- Coco Berland	11	Cncs Knights	DNS

Boys 9 Shot Put Sunday Triathlon

9-11 - 2kg			
Name	Age	Team	Finals
Finals			
1 Samuel Benastick	9	Kamloops Track & Field Club	5.13m
2 Liam Kobylanski	9	Ocean Athletics,Surrey	3.72m

Boys 10 Shot Put Sunday Triathlon

9-11 - 2kg			
Name	Age	Team	Finals
Finals			
1 Taylor Munden	10	Kamloops Track & Field Club,BC, BC	4.76m
--- Julien Fehr	10	Kamloops Track & Field Club,BC, BC	DNS

Boys 11 Shot Put Sunday Triathlon

9-11 - 2kg			
Name	Age	Team	Finals
Finals			
1 Ethan Rogers	11	Kamloops Track & Field Club	5.85m
2 Alexandre Marshall	11	Kamloops Track & Field Club	5.46m
3 Aidan Barringer	11	Kamloops Track & Field Club	4.72m

Boys 9 Triathlon Sunday

9 Van Ryswyk: 307 R 19/02/2012 Mason Lavasseur, KAM			
Name	Age	Team	Finals
Finals			
1 Samuel Benastick	9	Kamloops Track & Field Club	414 R

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Boys 9 Triathlon Saturday

9 Van Ryswyk: 475 R 18/02/2012 Mason Lavasseur, KAM

	Name	Age	Team	Finals
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Finals

1	Liam Kobylanski	9	Ocean Athletics,Surrey	409
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Boys 10 Triathlon Saturday

10 Van Ryswyk: 512 R 18/02/2012 Alexandre Marshall, KAM

	Name	Age	Team	Finals
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Finals

1	Mason Levasseur	10	Kamloops Track & Field Club	647 R
2	Taylor Munden	10	Kamloops Track & Field Club,BC, BC	519 R
3	Julien Fehr	10	Kamloops Track & Field Club,BC, BC	424
4	Connor Moritz	10	Kamloops Track & Field Club	411
5	Evan Kraus	10	Ridge Rocket,Maple Ridge	399
6	Andreas McCarthy	10	Cncs Knights	190

Boys 10 Triathlon Sunday

10 Van Ryswyk: 429 R 19/02/2012 Alexandre Marshall, KAM

	Name	Age	Team	Finals
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Finals

1	Taylor Munden	10	Kamloops Track & Field Club,BC, BC	464 R
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Boys 11 Triathlon Saturday

11 Van Ryswyk: 684 R 18/02/2012 Lochlan Wilson, KAM

	Name	Age	Team	Finals
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Finals

1	Alexandre Marshall	11	Kamloops Track & Field Club	583
2	Ethan Rogers	11	Kamloops Track & Field Club	463
3	Aidan Barringer	11	Kamloops Track & Field Club	442
4	Micheal Marty	11	Cncs Knights	371
5	Samuel Marty	11	Cncs Knights	166

Boys 11 Triathlon Sunday

11 Van Ryswyk: 564 R 19/02/2012 Lochlan Wilson, KAM

	Name	Age	Team	Finals
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Finals

1	Alexandre Marshall	11	Kamloops Track & Field Club	555
2	Ethan Rogers	11	Kamloops Track & Field Club	442
3	Aidan Barringer	11	Kamloops Track & Field Club	341

Men 16-17 60 Metre Dash Yth

Van Ryswyk: 7.27 R 19/02/2010 Brennan Gademans, LANGLEY MUST

	Name	Age	Team	Finals
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Finals

1	Mihailo Stefanovic	17	New West Spartans Track & Fiel	7.34
2	Brenden Johnston	17	Club Rapide	7.58
3	Sean Hutchinson	17	Ridge Rockets Track Club	7.93
4	Toshi Hirai	17	Caltaf,Calgary	8.28
5	Mackenzie Dhani	16	Ridge Rocket,Pitt Meadows	8.39
6	Leroy Stanley	16	Cncs Knights	11.10

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Men 18-19 60 Metre Dash Jr.

Van Ryswyk: 7.22 R 19/02/2011 Keefer Joyce, UNATTACHED B

Name	Age	Team	Prelims	H#
Preliminaries				
1 Keefer Joyce	19	Unattached British Columbia	R 7.03 Q	2
2 Colby Peleshaty	18	Uvic Track Club	7.33 Q	1
3 Austin Palou	18	Cowichan Valley Athletic Club	7.40 Q	2
4 Daniel Elke	19	Kamloops Track & Field Club	7.51 Q	1
5 David Boyd	18	Uvic Track Club	7.56 q	1
6 Alex Wu	18	Strathcona Lions Athletic Club	7.57 q	2
7 Austin Ost	18	Caltaf Athletic Association	7.71 q	1
8 Johnny Guang	18	Strathcona Lions Athletic Club	7.72 q	1
9 Daniel Mackinnon	18	Okanagan Athletics Club	7.77	2
10 Daniel Voloshin	18	Norwesters Track & Field Club	7.83	1

Men 18-19 60 Metre Dash Jr.

Van Ryswyk: 7.22 R 19/02/2011 Keefer Joyce, UNATTACHED B

Name	Age	Team	Finals
Finals			
1 Keefer Joyce	19	Unattached British Columbia	7.00 R
2 Colby Peleshaty	18	Uvic Track Club	7.32
3 Austin Palou	18	Cowichan Valley Athletic Club	7.35
4 Alex Wu	18	Strathcona Lions Athletic Club	7.50
5 David Boyd	18	Uvic Track Club	7.51
6 Daniel Elke	19	Kamloops Track & Field Club	7.58
7 Johnny Guang	18	Strathcona Lions Athletic Club	7.70
8 Austin Ost	18	Caltaf Athletic Association	7.76

Men 20-34 60 Metre Dash Snr

Van Ryswyk: 6.93 R 18/02/2012 Keefer Joyce, UNATTACHED B

Name	Age	Team	Finals
Finals			
1 Chase Peleshaty	22	Uvic Track Club	7.26
2 Micheal Hutchinson	21	Ridge Rocket,Pitt Meadows	7.55
3 DJ Olaiya	23	Uvic Track Club	7.56
4 Stanislav Maltsev	25	Kamloops Track & Field Club	7.76

Men 35-39 60 Metre Dash Master

35-39 Van Ry: 7.70 R

35-39 BC Mas: 7.23 # 20/03/1993 Tom Dickson

Name	Age	Team	Finals	H#
Finals				
--- Doug McLaren	37	Unattached Saskatchewan	DNS	2

Men 40-44 60 Metre Dash Master

40-44 Van Ry: 7.63 R 18/02/2012 Paul Tshinyama, TRI-CITY GRE

40-44 BC Mas: 7.39 # 20/03/2011 Paul Tshinyama

Name	Age	Team	Finals	H#
Finals				
1 Xinxiao (Luke) Wang	41	Kajaks Track & Field Club	7.53 R	1
2 Samuel Walker	41	Greyhounds Track & Field Club	7.75	3
3 Paul Tshinyama	43	Greyhounds Track & Field Club	7.84	2

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Finals ... (Men 40-44 60 Metre Dash Master)

Name	Age	Team	Finals	H#
--- William Harrower	41	Unattached British Columbia	SCR	1

Men 40-44 60 Metre Dash Exhibition

Name	Age	Team	Finals
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Finals

1	Xinxiao (Luke) Wang	41	Kajaks Track & Field Club	7.61
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Men 50-54 60 Metre Dash Master

50-54 Van Ry: 8.37 R

50-54 BC Mas: 7.37 # 20/03/1993 Harold Morioka

Name	Age	Team	Finals
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Finals

1	Len Van Ryswyk	50	Ocean Athletics,Surrey	8.34 R
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2	Mark Hodder	52	Kamloops Track & Field Club	8.80
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Men 60-64 60 Metre Dash Exhibition

Name	Age	Team	Finals
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Finals

1	Roy Turkington	61	Greyhounds Track & Field Club	8.56
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2	Melvin Doherty	63	Kamloops Ridge Runners	9.75
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Men 60-64 60 Metre Dash Master

60-64 Van Ry: 8.50 R 18/02/2012 Al Percival, TRI-CITY GRE

60-64 BC Mas: 7.80 # 28/03/2003 Harold Morioka

Name	Age	Team	Finals	H#
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Finals

1	Roy Turkington	61	Greyhounds Track & Field Club	8.40 R	2
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2	Ken Crockett	61	Kamloops Track & Field Club	8.50 R	2
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3	Russell Jacquet-Acea	60	Team Seattle	8.76	3
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4	Hardev Singh Sandhu	64	Greyhounds Track & Field Club	9.26	3
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5	Melvin Doherty	63	Kamloops Ridge Runners	9.68	1
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Men 65-69 60 Metre Dash Master

65-69 Van Ry: 8.56 R

65-69 BC Mas: 8.46 # 11/02/2006 Herb Gee

Name	Age	Team	Finals	H#
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Finals

1	Tuomas A. Ukonmaanaho	68	Prince George Track Club	8.55 R	2
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Men 70-74 60 Metre Dash Master

70-74 Van Ry: 9.31 R

70-74 BC Mas: 8.97 # 02/03/2010 Andy Adami

Name	Age	Team	Finals
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Finals

---	Harold Morioka	70	Greyhounds Track & Field Club	SCR
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Men 80-84 60 Metre Dash Master

80-84 Van Ry: 9.90 R 18/02/2012 Norman J. Lesage, TRI-CITY GRE

80-84 BC Mas: 9.92 # 02/03/2010 Norm Lesage

Name	Age	Team	Finals	H#
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Finals

1	Norman Lesage	83	Greyhounds Track & Field Club	10.17	2
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Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Finals ... (Men 80-84 60 Metre Dash Master)

Name	Age	Team	Finals	H#
2 Gordon Larry Chalmers	83	Unattached British Columbia	11.21	3

Men 85-89 60 Metre Dash Master

85-89 Van Ry: 12.13 R

85-89 BC Mas: 12.08 # 02/03/2010 Harry Thompson

Name	Age	Team	Finals	H#
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Finals

1 Leslie Robson	85	Greyhounds Track & Field Club	16.08	3
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Men 90-94 60 Metre Dash Master

90-94 Van Ry: 13.39 R 18/02/2012 Harry Thompson, Unattached

90-94 BC Mas: 15.91 # 19/02/2011 William Falconer

Name	Age	Team	Finals
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Finals

1 Harry Thompson	90	Unattached British Columbia	13.35 R
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Men 16-17 200 Metre Dash Yth

Van Ryswyk: 23.89 R 19/02/2012 Adam Commandeur, COMOX VALLEY

Name	Age	Team	Prelims	H#
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Preliminaries

1 Andrew Degroot	17	Unattached	24.31 Q	1
2 Brenden Johnston	17	Club Rapide	25.10 Q	2
3 Sean Hutchinson	17	Ridge Rockets Track Club	25.61 Q	1
4 Felix Law	16	Strathcona Lions Athletic Club	26.89 Q	2
5 Ryan Beaubien	16	Ridge Rocket,Maple Ridge	25.92 q	1
6 Toshi Hirai	17	Caltaf,Calgary	26.72 q	1
7 Ruben Esterhuizen	17	Calgary Spartans,Calgary, AB	27.68	2
8 Alexander Ozyk	17	Calgary Spartans,Calgary, AB	29.15	2

Men 16-17 200 Metre Dash Yth

Van Ryswyk: 23.89 R 19/02/2012 Adam Commandeur, COMOX VALLEY

Name	Age	Team	Finals
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Finals

1 Andrew Degroot	17	Unattached	24.06
2 Sean Hutchinson	17	Ridge Rockets Track Club	25.36
3 Ryan Beaubien	16	Ridge Rocket,Maple Ridge	26.02
4 Felix Law	16	Strathcona Lions Athletic Club	27.85
--- Brenden Johnston	17	Club Rapide	DNF
--- Toshi Hirai	17	Caltaf,Calgary	DNS

Men 18-19 200 Metre Dash Jnr

Van Ryswyk: 23.40 R 20/02/2010 Norman A. Morton, Comox

Name	Age	Team	Finals	H#
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Finals

1 Keefer Joyce	19	Unattached British Columbia	22.91 R	1
2 Colby Peleshaty	18	Uvic Track Club	24.02	1
3 Alex Wu	18	Strathcona Lions Athletic Club	25.21	1
4 Johnny Guang	18	Strathcona Lions Athletic Club	25.69	1
--- Austin Palou	18	Cowichan Valley Athletic Club	DNS	2

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Men 20-34 200 Metre Dash Snr

Van Ryswyk: 22.92 R 19/02/2012 Keefer Joyce, UNATTACHED B

Name	Age	Team	Finals
Finals			
1 Chase Peleshaty	22	Uvic Track Club	23.21
2 Micheal Hutchinson	21	Ridge Rocket,Pitt Meadows	23.84
3 DJ Olaiya	23	Uvic Track Club	25.27
4 Stanislav Maltsev	25	Kamloops Track & Field Club	26.39

Men 40-44 200 Metre Dash Masters

40-44 Van Ry: 25.65 R 19/02/2012 Samuel C. Walker, TRI-CITY GRE

40-44 BC Mas: 23.98 # 26/03/1995 Tom Dickson

Name	Age	Team	Finals	H#
Finals				
1 Xinxiao (Luke) Wang	41	Kajaks Track & Field Club	25.02 R	2
2 Samuel Walker	41	Greyhounds Track & Field Club	25.41 R	2
--- William Harrower	41	Unattached British Columbia	DNS	3
--- Paul Tshinyama	43	Greyhounds Track & Field Club	DNS	3

Men 50-54 200 Metre Dash Masters

50-54 Van Ry: 27.92 R

50-54 BC Mas: 23.76 # 21/03/1993 Harold Morioka

Name	Age	Team	Finals
Finals			
1 Mark Hodder	52	Kamloops Track & Field Club	28.95

Men 60-64 200 Metre Dash Masters

60-64 Van Ry: 29.87 R

60-64 BC Mas: 25.09 # 15/02/2003 Harold Morioka

Name	Age	Team	Finals	H#
Finals				
1 Melvin Doherty	63	Kamloops Ridge Runners	33.02	2
--- Hardev Singh Sandhu	64	Greyhounds Track & Field Club	DNS	3

Men 65-69 200 Metre Dash Masters

65-69 Van Ry: 28.57 R

65-69 BC Mas: 28.39 # 11/02/2006 Herb Gee

Name	Age	Team	Finals	H#
Finals				
1 Tuomas A. Ukonmaanaho	68	Prince George Track Club	28.55 R	2
2 Sewa Birring	67	Greyhounds Track & Field Club	30.52	2
3 Derm Strong	65	Kamloops Track & Field Club	31.61	2

Men 70-74 200 Metre Dash Masters

70-74 Van Ry: 32.23 R

70-74 BC Mas: 30.83 # 02/03/2010 Andy Aadmi

Name	Age	Team	Finals	H#
Finals				
--- Harold Morioka	70	Greyhounds Track & Field Club	DNS	3

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Men 80-84 200 Metre Dash Masters

80-84 Van Ry: 35.33 R

80-84 BC Mas: 33.82 # 19/03/2011 Norm Lesage

Name	Age	Team	Finals
Finals			
1 Gordon Larry Chalmers	83	Unattached British Columbia	39.57
--- Norman Lesage	83	Greyhounds Track & Field Club	DNS

Men 85-89 200 Metre Dash Masters

85-89 Van Ry: 43.61 R

85-89 BC Mas: 43.61 # 22/02/2009 Harry Thompson

Name	Age	Team	Finals
Finals			
1 Leslie Robson	85	Greyhounds Track & Field Club	52.65

Men 90-94 200 Metre Dash Masters

90-94 Van Ry: 47.22 R 19/02/2012 Harry Thompson, Unattached

Name	Age	Team	Finals
Finals			
1 Harry Thompson	90	Unattached British Columbia	48.38

Men 16-17 400 Metre Dash

16-17 Van Ry: 52.30 R 18/02/2012 Adam Commandeur, COMOX VALLEY

Name	Age	Team	Finals	H#
Finals				
1 Andrew Degroot	17	Unattached	52.59	1
2 Liam Mckay	17	Ocean Athletics,Surrey	54.53	3
3 Austin Keith	16	Strathcona Lions Athletic Club	58.77	1
4 Felix Law	16	Strathcona Lions Athletic Club	61.24	2
--- Toshi Hirai	17	Caltaf,Calgary	SCR	3

Men 18-19 400 Metre Dash

18-19 Van Ry: 51.62 R

Name	Age	Team	Finals	H#
Finals				
1 David Boyd	18	Uvic Track Club	55.49	2
2 Joshua Hewitt	19	Prince George Track Club	56.19	1
3 Caleb Cheng	18	Strathcona Lions Athletic Club	56.95	1
4 Michael Cheang	18	Strathcona Lions Athletic Club	56.96	1
5 Johnny Guang	18	Strathcona Lions Athletic Club	57.83	1
6 Daniel Mackinnon	18	Okanagan Athletics Club	60.15	3
7 Austin Ost	18	Caltaf Athletic Association	60.69	3
--- Austin Palou	18	Cowichan Valley Athletic Club	SCR	2

Men 20-34 400 Metre Dash

20-34 Van Ry: 52.43 R

Name	Age	Team	Finals	H#
Finals				
--- Stephen Humphrey	21	Trinity Western University	SCR	3

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Men 40-44 400 Metre Dash Masters

40-44 Van Ry: 57.83 R 19/02/2011 Samuel C. Walker, UNATTACHED BC

40-44 BC Mas: 58.45 # 18/02/2012 Sam Walker

	Name	Age	Team	Finals	
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Finals

1	Samuel Walker	41	Greyhounds Track & Field Club	57.44	R
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Men 50-54 400 Metre Dash Masters

50-54 Van Ry: 67.89 R

50-54 BC Mas: 52.72 # 25/02/1995 Harold Morioka

	Name	Age	Team	Finals	
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Finals

1	Mark Hodder	52	Kamloops Track & Field Club	64.50	R
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Men 60-64 400 Metre Dash Masters

60-64 Van Ry: 65.80 R 19/02/2011 Barry Head, Unattached

60-64 BC Mas: 54.56 # 15/02/2003 Harold Morioka

	Name	Age	Team	Finals	H#
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Finals

1	Russell Jacquet-Acea	60	Team Seattle	65.93	1
2	Melvin Doherty	63	Kamloops Ridge Runners	75.26	2

Men 65-69 400 Metre Dash Masters

65-69 Van Ry: 64.04 R

65-69 BC Mas: 64.04 # 16/02/2008 Tony Badowski

	Name	Age	Team	Finals	
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Finals

1	Sewa Birring	67	Greyhounds Track & Field Club	70.53	
2	Derm Strong	65	Kamloops Track & Field Club	72.42	

Men 70-74 400 Metre Dash Masters

70-74 BC Mas: 69.29 # 06/03/2010 Andy Aadmi

	Name	Age	Team	Finals	
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Finals

---	Harold Morioka	70	Greyhounds Track & Field Club	SCR	
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Men 85-89 400 Metre Dash Masters

85-89 Van Ry: 1:42.43 R

85-89 BC Mas: 1:41.51 # 06/03/2010 Harry Thompson

	Name	Age	Team	Finals	H#
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Finals

---	Leslie Robson	85	Greyhounds Track & Field Club	DQ	2
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Men 90-94 400 Metre Dash Masters

90-94 Van Ry: 1:59.62 R 18/02/2012 Harry Thompson, Unattached

	Name	Age	Team	Finals	H#
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Finals

1	Harry Thompson	90	Unattached British Columbia	2:03.84	2
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Men Open 300 Metre Run CIS Event

	Name	Age	Team	Finals	
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Finals

1	Nathan George		Trinity Western University	36.89	
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Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Finals ... (Men Open 300 Metre Run CIS Event)

Name	Age	Team	Finals
2 Calum Innes		Trinity Western University	37.33
3 James Linde		Trinity Western University	37.83
4 Stephen Humphrey	21	Trinity Western University	38.36
--- Nick Ayin		Trinity Western University	SCR

Men 16-17 800 Metre Run

16-17 Van Ry: 2:03.98 R

Name	Age	Team	Finals
Finals			
1 Thomas Oxland	17	Unattached British Columbia	2:01.23 R
2 Peter Oxland	17	Unattached British Columbia	2:04.08
3 Aran Raffie-Pour	17	Strathcona Lions Athletic Club	2:07.98
4 Austin Keith	16	Strathcona Lions Athletic Club	2:23.25
5 Leroy Stanley	16	Cncs Knights	3:30.08

Men 18-19 800 Metre Run

18-19 Van Ry: 1:57.46 R 20/02/2011 Jack Williams, OCEAN ATHLET

Name	Age	Team	Finals
Finals			
1 Joshua Hewitt	19	Prince George Track Club	2:08.10
2 Michael Cheang	18	Strathcona Lions Athletic Club	2:11.12
3 Zachary Matyas	18	Prince George Track Club	2:12.54
4 Caleb Cheng	18	Strathcona Lions Athletic Club	2:14.93
5 Wade Jackson	19	Cncs Knights	2:43.96

Men 20-34 800 Metre Run

20-34 Van Ry: 2:00.84 R

Name	Age	Team	Finals
Finals			
1 Evan Hall	20	Kamloops Track & Field Club	2:07.98
2 Ian Polos	22	Unattached British Columbia	2:10.10
3 Matthew Battocchio	21	Douglas College Running Club	2:15.32

Men 50-54 800 Metre Run Masters

50-54 Van Ry: 2:17.16 R

50-54 BC Mas: 2:16.97 # 19/03/2011 Mark Pinckard

Name	Age	Team	Finals
Finals			
1 Brian A. Martinson	54	Prince George Track Club	2:35.96

Men 60-64 800 Metre Run Masters

60-64 Van Ry: 2:46.37 R

60-64 BC Mas: 2:14.42 # 30/03/2003 Harold Morioka

Name	Age	Team	Finals
Finals			
1 Melvin Doherty	63	Kamloops Ridge Runners	3:10.20

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Men 65-69 800 Metre Run Masters

65-69 BC Mas: 3:09.53 # 19/03/2011 Jake Madderom

Name	Age	Team	Finals
Finals			
1 Sewa Birring	67	Greyhounds Track & Field Club	3:04.07 #

Men 90-94 800 Metre Run Masters

90-94 Van Ry: 4:43.50 R 19/02/2012 Harry Thompson, Unattached

Name	Age	Team	Finals
Finals			
1 Harry Thompson	90	Unattached British Columbia	5:04.61

Men 16-17 1500 Metre Run

16-17 Van Ry: 4:28.89 R 19/02/2011 Gaelen Moore, Thunderbirds

Name	Age	Team	Finals
Finals			
1 Thomas Oxland	17	Unattached British Columbia	4:13.44 R
2 Peter Oxland	17	Unattached British Columbia	4:14.33 R
3 Liam Mckay	17	Ocean Athletics,Surrey	4:26.41 R
4 John Gay	17	Okanagan Athletics Club	4:29.65
5 Aran Raffie-Pour	17	Strathcona Lions Athletic Club	4:32.15
6 Sean Miller	17	Nanaimo & District Track & Fie	4:34.31
7 Erik Thies	16	Strathcona Lions Athletic Club	4:35.55
8 Augustine Park	17	Kamloops Track & Field Club	5:01.54
--- Riley Kouwenhoven	17	Kamloops Track & Field Club	SCR

Men 18-19 1500 Metre Run

18-19 Van Ry: 4:13.41 R 19/02/2011 Jack Williams, OCEAN ATHLET

Name	Age	Team	Finals
Finals			
1 Chase Slater	18	Ridge Rocket,Pitt Meadows	4:33.41
2 Zachary Matyas	18	Prince George Track Club	4:33.88
3 Michael Cheang	18	Strathcona Lions Athletic Club	4:39.73
4 Caleb Cheng	18	Strathcona Lions Athletic Club	4:48.38
5 Nelson Ip	18	Strathcona Lions Athletic Club	4:58.38
6 Alan Li	18	Strathcona Lions Athletic Club	5:01.31

Men 20-34 1500 Metre Run

20-34 Van Ry: 4:32.35 R 19/02/2011 Michael J. Butler, OCEAN ATHLET

Name	Age	Team	Finals
Finals			
1 Travis Fraser	20	Douglas College Running Club	4:18.10 R
2 Evan Hall	20	Kamloops Track & Field Club	4:18.56 R
3 Ian Searle	22	Prairie Inn Harriers Racing Te	4:25.27 R
4 Matthew Battocchio	21	Douglas College Running Club	4:48.62

Men 50-54 1500 Metre Run Masters

50-54 Van Ry: 4:59.40 R

50-54 BC Mas: 4:49.13 # 06/03/2010 Raffi Antepyan

Name	Age	Team	Finals
Finals			
1 Brian A. Martinson	54	Prince George Track Club	5:14.71

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Finals ... (Men 50-54 1500 Metre Run Masters)

Name	Age	Team	Finals
2 Brad Smith	53	Ocean Athletics,Surrey	5:43.01

Men 60-64 1500 Metre Run Masters

60-64 Van Ry: 5:25.90 R

60-64 BC Mas: 5:19.59 # 06/03/2010 Fred Pawliuk

Name	Age	Team	Finals
1 Melvin Doherty	63	Kamloops Ridge Runners	6:24.64

Men 90-94 1500 Metre Run Masters

Name	Age	Team	Finals
1 Harry Thompson	90	Unattached British Columbia	10:33.10

Men 16-17 3000 Metre Run

16-17 Van Ry: 9:53.62 R

Name	Age	Team	Finals
1 Sean Miller	17	Nanaimo & District Track & Fie	9:37.90 R
2 John Gay	17	Okanagan Athletics Club	9:38.58 R
3 Erik Thies	16	Strathcona Lions Athletic Club	10:46.20

Men 18-19 3000 Metre Run

Name	Age	Team	Finals
1 Chase Slater	18	Ridge Rocket,Pitt Meadows	9:53.80

Men 20-34 3000 Metre Run

Name	Age	Team	Finals
1 Nathan Reiter	30	Okanagan Athletics Club	9:08.76
2 Travis Fraser	20	Douglas College Running Club	9:10.84

Men 35-39 3000 Metre Run

35-39 BC Mas: 8:06.76 # 13/01/1995 Graeme Fell

Name	Age	Team	Finals
1 Jonas Tucker	36	Unattached British Columbia	11:30.35

Men 18-19 5000 Metre Run Masters

Name	Age	Team	Finals
1 Alan Li	18	Strathcona Lions Athletic Club	18:50.49
--- Zachary Matyas	18	Prince George Track Club	DNS

Men 16-17 60 Metre Hurdles 0.914m

Van Ryswyk: 8.69 R 21/02/2010 Jesse Lynch, LANGLEY MUST

Name	Age	Team	Finals
1 Mihailo Stefanovic	17	New West Spartans Track & Fiel	8.51 R
2 Toshi Hirai	17	Caltaf,Calgary	10.20
3 Sergey Talisveiber	16	Calgary Spartans,Calgary, AB	10.41

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Finals ... (Men 16-17 60 Metre Hurdles 0.914m)

Name	Age	Team	Finals
4 Ryan Beaubien	16	Ridge Rocket, Maple Ridge	10.49

Men 18-19 60 Metre Hurdles 0.990m

Van Ryswyk: 8.74 R 20/02/2010 Matthew Daly-Grafstein, Thunderbirds

Name	Age	Team	Finals
1 Daniel Voloshin	18	Norwesters Track & Field Club	9.07
2 Daniel Elke	19	Kamloops Track & Field Club	9.11
3 David Boyd	18	Uvic Track Club	9.36
--- Austin Ost	18	Caltaf Athletic Association	DNS
--- Doug McLaren	37	Unattached Saskatchewan	8.80

Men 35-39 60 Metre Hurdles

M35-49 - 5x.991m 1st-13.72m Bet.-9.14m Fin.-9.72m`

M50-59 - 5x.914 1st-13m Bet.-8.5m Fin.-13m

M60-69 - 5x.840m 1st-12m Bet.-8m Fin.-16m

M70 -79 - 5x.762m M80+ - 5x.686m 1st-12m Bet. 7m Fin.-20m

35-39 Van Ry: 8.70 R 19/02/2012 Doug McLaren, UNA

35-39 BC Mas: 8.11 # 05/03/2010 Tim Kroeker

Name	Age	Team	Finals
1 Doug McLaren	37	Unattached Saskatchewan	8.90

Men 50-54 60 Metre Hurdles

M35-49 - 5x.991m 1st-13.72m Bet.-9.14m Fin.-9.72m`

M50-59 - 5x.914 1st-13m Bet.-8.5m Fin.-13m

M60-69 - 5x.840m 1st-12m Bet.-8m Fin.-16m

M70 -79 - 5x.762m M80+ - 5x.686m 1st-12m Bet. 7m Fin.-20m

50-54 BC Mas: 10.13 # 28/03/1998 Jess Brewer

Name	Age	Team	Finals
--- Len Van Ryswyk	50	Ocean Athletics, Surrey	SCR

Men 60-64 60 Metre Hurdles

M35-49 - 5x.991m 1st-13.72m Bet.-9.14m Fin.-9.72m`

M50-59 - 5x.914 1st-13m Bet.-8.5m Fin.-13m

M60-69 - 5x.840m 1st-12m Bet.-8m Fin.-16m

M70 -79 - 5x.762m M80+ - 5x.686m 1st-12m Bet. 7m Fin.-20m

60-64 BC Mas: 10.78 # 02/03/2010 John Hawkins

Name	Age	Team	Finals
1 Russell Jacquet-Acea	60	Team Seattle	10.01 #

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Men 65-69 60 Metre Hurdles

M35-49 - 5x.991m 1st-13.72m Bet.-9.14m Fin.-9.72m`

M50-59 - 5x.914 1st-13m Bet.-8.5m Fin.-13m

M60-69 - 5x.840m 1st-12m Bet.-8m Fin.-16m

M70 -79 - 5x.762m M80+ - 5x.686m 1st-12m Bet. 7m Fin.-20m

65-69 BC Mas: 11.02 # 20/03/2011 Jess Brewer

Name	Age	Team	Finals
Finals			
1 Tuomas A. Ukonmaanaho	68	Prince George Track Club	11.96

Men 70-74 60 Metre Hurdles

M35-49 - 5x.991m 1st-13.72m Bet.-9.14m Fin.-9.72m`

M50-59 - 5x.914 1st-13m Bet.-8.5m Fin.-13m

M60-69 - 5x.840m 1st-12m Bet.-8m Fin.-16m

M70 -79 - 5x.762m M80+ - 5x.686m 1st-12m Bet. 7m Fin.-20m

Name	Age	Team	Finals
Finals			
--- Harold Morioka	70	Greyhounds Track & Field Club	SCR

Men 18-19 4x100 Metre Relay

18-19 Van Ry: 47.31 R 20/02/2010 LANGLEY MUSTANGS, LANGLEY MUST

Team Relay Finals

Finals			
1 Strathcona Lions Athletic Club		A	49.06

Men 20-34 4x100 Metre Relay

20-34 Van Ry: 46.83 R 19/02/2011 LANGLEY MUSTANGS, LANGLEY MUST

Team Relay Finals

Finals			
1 Kamloops Track & Field Club		A	49.74
---		B	51.26
			4) Daniel Elke 19

Men 18-19 4x200 Metre Relay

18-19 Van Ry: 3:44.00 R

Team Relay Finals

Finals			
1 Strathcona Lions Athletic Club		A	1:42.65 R
2 Strathcona Lions Athletic Club		B	1:51.40 R

Men 20-34 4x200 Metre Relay

20-34 Van Ry: 1:39.78 R 19/02/2012 Ocean Athletics, Ocean Athletics

Team Relay Finals

Finals			
1 Ridge Rockets Track Club		A	1:41.88
1) Sean Hutchinson 17	2) Ryan Beaubien 16	3) Mackenzie Dhami 16	4) Micheal Hutchinson 21
---		A	DQ
Uvic Track Club	2) Colby Peleshaty 18	3) David Boyd 18	4) DJ Olaiya 23
1) Chase Peleshaty 22			

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Men Open 4x200 Metre Relay CIS Event

Team	Relay	Finals
Finals		
1 Uvic Track Club	A	1:36.89
--- Trinity Western University	A	DNF
--- Trinity Western University	B	SCR

Men 16-17 High Jump Yth (96-97)

Van Ryswyk: 1.85m R 19/02/2012 Rashaun Simonise, Ridge Rockets

Name	Age	Team	Finals
Finals			
1 Ruben Esterhuizen	17	Calgary Spartans, Calgary, AB	1.65m
2 Sergev Talisveiber	16	Calgary Spartans, Calgary, AB	1.60m
3 Alexander Ozyk	17	Calgary Spartans, Calgary, AB	1.55m

Men 18-19 High Jump Jnr (94-95)

Van Ryswyk: 1.91m R 19/02/2011 James Turner, KELOWNA TRAC

Name	Age	Team	Finals
Finals			
1 Jordan Watson	19	Unattached British Columbia	1.90m
2 Austin Ost	18	Caltaf Athletic Association	1.85m

Men 20-34 High Jump Snr (93+)

Van Ryswyk: 1.85m R 19/02/2010 Jeremy Erickson, Douglas College

Name	Age	Team	Finals
Finals			
1 Volodymyr Khudych	20	Calgary Spartans, Calgary, AB	1.60m

Men 50-54 High Jump Mstr(35+)

50-54 Van Ry: 1.40m R 19/02/2011 Mark Hodder, KAMLOOPS TRA

50-54 BC Mas: 1.74m # 06/03/2004 John Hawkins

Name	Age	Team	Finals
Finals			
1 Mark Hodder	52	Kamloops Track & Field Club	1.45m R

Men 60-64 High Jump Mstr(35+)

60-64 Van Ry: 1.62m R

60-64 BC Mas: 1.65m # 06/03/2010 John Hawkins

Name	Age	Team	Finals
Finals			
1 Russell Jacquet-Acea	60	Team Seattle	1.40m
2 Hardev Singh Sandhu	64	Greyhounds Track & Field Club	1.15m

Men 65-69 High Jump Mstr(35+)

65-69 BC Mas: 1.21m # 19/03/2011 Grant Lamothe

Name	Age	Team	Finals
Finals			
1 Harnek Toor	66	Greyhounds Track & Field Club	1.15m

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Men 16-17 Pole Vault Yth (96-97)

Van Ryswyk: 4.00m R

Name	Age	Team	Finals
Finals			
--- Braden Derker	17	Kamloops Track & Field Club	DNS

Men 18-19 Pole Vault Jnr (94-95)

Van Ryswyk: 3.70m R 18/02/2011 Spencer Allen, KAMLOOPS TRA

Name	Age	Team	Finals
Finals			
1 Jesse Mohr	18	Kamloops Track & Field Club	3.50m
2 Rostam Turner	18	Okanagan Athletics Club	2.80m

Men 20-34 Pole Vault Snr (93+)

Van Ryswyk: 3.60m R 19/02/2010 Paul Selzer, Saskatchewan

Name	Age	Team	Finals
Finals			
1 Jamie Sinclair	23	Trinity Western University,BC, BC	4.41m R
--- Spencer Allen	20	Kamloops Track & Field Club	NH
--- Jesse Phillips	21	Trinity Western University,BC, BC	NH

Men 45-49 Pole Vault Mstr(35+)

45-49 Van Ry: 3.15m R 18/02/2011 Len Van Ryswyk, South Fraser T&F

45-49 BC Mas: 4.42m # 18/02/1973 Roger Ruth

Name	Age	Team	Finals
Finals			
1 Gordan Poljak	49	Unattached British Columbia	3.00m

Men 50-54 Pole Vault Mstr(35+)

50-54 Van Ry: 3.00m R

50-54 BC Mas: 4.11m # 22/01/1978 Roger Ruth

Name	Age	Team	Finals
Finals			
--- Len Van Ryswyk	50	Ocean Athletics,Surrey	DNS

Men 60-64 Pole Vault Mstr(35+)

60-64 Van Ry: 3.10m R

60-64 BC Mas: 3.40m # 06/03/2008 Warren Hamill

Name	Age	Team	Finals
Finals			
1 Russell Jacquet-Acea	60	Team Seattle	2.80m
2 Hardev Singh Sandhu	64	Greyhounds Track & Field Club	1.80m

Men 65-69 Pole Vault Mstr(35+)

65-69 BC Mas: 2.75m # 11/03/2003 Gerard Dumas

Name	Age	Team	Finals
Finals			
1 Tuomas A. Ukonmaanaho	68	Prince George Track Club	2.60m
--- Harnek Toor	66	Greyhounds Track & Field Club	NH

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Men 16-17 Long Jump Yth (96-97)

Van Ryswyk: 6.19m R 19/02/2011 Jacob Houlton, LANGLEY MUST

Name	Age	Team	Finals
Finals			
1 Sergey Talisveiber	16	Calgary Spartans, Calgary, AB	5.35m
2 Felix Law	16	Strathcona Lions Athletic Club	5.21m
3 Ruben Esterhuizen	17	Calgary Spartans, Calgary, AB	5.16m
4 Alexander Ozyk	17	Calgary Spartans, Calgary, AB	4.61m
5 Christopher Andrews	16	Unattached British Columbia	4.59m
6 Leroy Stanley	16	Cncs Knights	2.64m
--- Brenden Johnston	17	Club Rapide	DNS

Men 18-19 Long Jump Jnr (94-95)

Van Ryswyk: 6.63m R 19/02/2011 James Turner, KELOWNA TRAC

Name	Age	Team	Finals
Finals			
1 Austin Ost	18	Caltaf Athletic Association	6.24m
2 Daniel Voloshin	18	Norwesters Track & Field Club	6.10m
3 Alex Wu	18	Strathcona Lions Athletic Club	5.86m
--- Wade Jackson	19	Cncs Knights	DNS

Men 60-64 Long Jump Mstr(35+)

60-64 Van Ry: 5.11m R 19/02/2012 Roy Turkington, Tri City Greyhounds

60-64 BC Mas: 5.04m # 30/01/2010 John Hawkins

Name	Age	Team	Finals
Finals			
1 Roy Turkington	61	Greyhounds Track & Field Club	4.77m
2 Hardev Singh Sandhu	64	Greyhounds Track & Field Club	2.03m

Men 65-69 Long Jump Mstr(35+)

65-69 Van Ry: 4.05m R

65-69 BC Mas: 4.05m # 21/02/2009 Herb Gee

Name	Age	Team	Finals
Finals			
1 Harnek Toor	66	Greyhounds Track & Field Club	3.40m

Men 80-84 Long Jump Mstr(35+)

80-84 Van Ry: 2.95m R 19/02/2012 Larry Chalmers, UN-BC

80-84 BC Mas: 3.27m # 04/03/2010 Gordon Chalmers

Name	Age	Team	Finals
Finals			
1 Gordon Larry Chalmers	83	Unattached British Columbia	2.93m

Men 85-89 Long Jump Mstr(35+)

Name	Age	Team	Finals
Finals			
1 Leslie Robson	85	Greyhounds Track & Field Club	1.64m

Men 16-17 Triple Jump Yth (96-97)

Van Ryswyk: 12.61m R 18/02/2012 Vladislav Moldavanov, NORW

Name	Age	Team	Finals
Finals			
1 Mihailo Stefanovic	17	New West Spartans Track & Fiel	12.80m R

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Finals ... (Men 16-17 Triple Jump Yth (96-97))

Name	Age	Team	Finals
2 Ryan Beaubien	16	Ridge Rocket,Maple Ridge	11.63m

Men 40-44 Triple Jump Mstr(35+)

40-44 BC Mas: 11.71m # 05/03/2010 Byron Jack

Name	Age	Team	Finals
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Finals

1 Paul Tshinyama 43 Greyhounds Track & Field Club 10.12m

Men 60-64 Triple Jump Mstr(35+)

60-64 Van Ry: 7.72m R

60-64 BC Mas: 9.75m # 06/03/2010 John Hawkins

Name	Age	Team	Finals
------	-----	------	--------

Finals

1 Hardev Singh Sandhu 64 Greyhounds Track & Field Club 7.83m R
 --- Roy Turkington 61 Greyhounds Track & Field Club DNS

Men 65-69 Triple Jump Mstr(35+)

65-69 BC Mas: 8.32m # 19/03/2011 Jess Brewer

Name	Age	Team	Finals
------	-----	------	--------

Finals

1 Harnek Toor 66 Greyhounds Track & Field Club 7.40m

Men 80-84 Triple Jump Mstr(35+)

80-84 Van Ry: 6.16m R 18/02/2012 Larry Chalmers, UN-BC

80-84 BC Mas: 6.73m # 06/03/2010 Gordon Chalmers

Name	Age	Team	Finals
------	-----	------	--------

Finals

1 Gordon Larry Chalmers 83 Unattached British Columbia 6.45m R

Men 85-89 Triple Jump Mstr(35+)

Name	Age	Team	Finals
------	-----	------	--------

Finals

1 Leslie Robson 85 Greyhounds Track & Field Club 3.58m

Men 16-17 Shot Put 5 Kg

Van Ryswyk: 13.54m R 20/02/2011 Simon-Daniel Jolicoeur, CS

Name	Age	Team	Finals
------	-----	------	--------

Finals

1 Christopher Andrews 16 Unattached British Columbia 13.86m R
 2 Mackenzie Dhami 16 Ridge Rocket,Pitt Meadows 10.43m
 3 Louis Stanley 17 Cncs Knights 8.98m
 4 George Stanley 16 Cncs Knights 8.13m

Men 18-19 Shot Put 6 Kg

Van Ryswyk: 13.23m R 20/02/2011 Ryan Sommer, OCEAN ATHLET

Name	Age	Team	Finals
------	-----	------	--------

Finals

1 Simon D Jolicoeur Forrester 19 Calgary Spartans 12.37m
 2 Austin Ost 18 Caltaf Athletic Association 10.31m
 3 Wade Jackson 19 Cncs Knights 6.20m
 --- Lane Berland 18 Cncs Knights DNS

Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Men 20-34 Shot Put 7.26 Kg

Van Ryswyk: 19.22m R 21/02/2010 Justin Rodhe, Kam Track

Name	Age	Team	Finals
------	-----	------	--------

Finals

1	Volodymyr Khudych	20	Calgary Spartans, Calgary, AB	10.67m
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Men 40-44 Shot Put

M35-49 - 7.26kg

M50-59 - 6kg

M60-69 - 5kg

M70-79 - 4kg

M80+ - 3kg

40-44 Van Ry: 10.68m R

40-44 BC Mas: 10.68m # 22/02/2009 Gary Silvester

Name	Age	Team	Finals
------	-----	------	--------

Finals

1	William Harrower	41	Unattached British Columbia	8.63m
---	------------------	----	-----------------------------	-------

Men 60-64 Shot Put

M35-49 - 7.26kg

M50-59 - 6kg

M60-69 - 5kg

M70-79 - 4kg

M80+ - 3kg

60-64 Van Ry: 9.61m R

60-64 BC Mas: 13.07m # 02/03/2010 John Hawkins

Name	Age	Team	Finals
------	-----	------	--------

Finals

1	Russell Jacquet-Acea	60	Team Seattle	9.00m
2	Hardev Singh Sandhu	64	Greyhounds Track & Field Club	8.96m

Men 65-69 Shot Put

M35-49 - 7.26kg

M50-59 - 6kg

M60-69 - 5kg

M70-79 - 4kg

M80+ - 3kg

65-69 Van Ry: 9.65m R

65-69 BC Mas: 11.88m # 03/03/2010 Marek Glowacki

Name	Age	Team	Finals
------	-----	------	--------

Finals

1	Tuomas A. Ukonmaanaho	68	Prince George Track Club	9.78m R
2	Harnek Toor	66	Greyhounds Track & Field Club	9.01m

Men 70-74 Shot Put

M35-49 - 7.26kg

M50-59 - 6kg

M60-69 - 5kg

M70-79 - 4kg

M80+ - 3kg

70-74 Van Ry: 13.39m R 20/02/2011 Marek Glowacki, Unattached

70-74 BC Mas: 13.39m # 20/03/2011 Marek Glowacki

Name	Age	Team	Finals
------	-----	------	--------

Finals

1	Harold Morioka	70	Greyhounds Track & Field Club	10.06m
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Van Ryswyk Invitational 2013
Tournament Capital Centre, Kamloops, BC
Results

Men 16-17 Weight Throw

Van Ryswyk: 16.27m R 19/02/2010 Nic Balazs, PG Track

Name	Age	Team	Finals
Finals			
1 Christopher Andrews	16	Unattached British Columbia	15.91m
2 Louis Stanley	17	Cncs Knights	10.60m
3 George Stanley	16	Cncs Knights	7.98m

Men 18-19 Weight Throw

Van Ryswyk: 19.89m R 18/02/2012 Adam Keenan, KAML

Name	Age	Team	Finals
Finals			
1 Simon D Jolicoeur Forrester	19	Calgary Spartans	14.15m
--- Lane Berland	18	Cncs Knights	DNS

Men 40-44 Weight Throw

M35-49 - 15.88kg (35#) M50-59 - 11.34kg (25#)

M(60-69 - 9.08kg (20#) M70-79 - 7.26kg (16#)

M80+ - 4.45kg (12#)

40-44 Van Ry: 9.46m R 18/02/2012 Norm Little, KAML

40-44 BC Mas: 9.47m # 20/03/2011 Norm Little

Name	Age	Team	Finals
Finals			
1 Paul Tshinyama	43	Greyhounds Track & Field Club	7.54m

Men 60-64 Weight Throw

M35-49 - 15.88kg (35#) M50-59 - 11.34kg (25#)

M(60-69 - 9.08kg (20#) M70-79 - 7.26kg (16#)

M80+ - 4.45kg (12#)

60-64 Van Ry: 12.44m R 18/02/2012 John Hawkins, UN-BC

60-64 BC Mas: 15.15m # 06/03/2010 John Hawkins

Name	Age	Team	Finals
Finals			
1 Hardev Singh Sandhu	64	Greyhounds Track & Field Club	12.01m

Men 65-69 Weight Throw

M35-49 - 15.88kg (35#) M50-59 - 11.34kg (25#)

M(60-69 - 9.08kg (20#) M70-79 - 7.26kg (16#)

M80+ - 4.45kg (12#)

65-69 BC Mas: 11.88m # 20/03/2011 Ken Townsend

Name	Age	Team	Finals
Finals			
1 Harnek Toor	66	Greyhounds Track & Field Club	11.35m

Men 65-69 1500 Metre Race Walk

Name	Age	Team	Finals
Finals			
1 Harnek Toor	66	Greyhounds Track & Field Club	10:28.94