

Canadian National Cross Country Championships  
 Jericho Beach, Vancouver, BC  
 30 November 2013

COMMUNITY RACE OVERALL RESULTS  
 Distance - 5K

Results by [racedaytiming.ca](http://racedaytiming.ca)  
 email any questions/concerns to [info@racedaytiming.ca](mailto:info@racedaytiming.ca)

Place	Div/Tot	Div	No.	Name	Guntime	Di	Club
		Prov	Year	Ag			
1	1/4	M12	441	Almrud Harrison	8:31.91	2	
		BC	2001	12			
2	2/4	M12	463	Janke Shea	8:35.72	2	
		BC	2001	12			
3	3/4	M12	496	Ni co Qui nn	9:05.04	2	
			2001	12			
4	1/3	F11	470	Lewi s Kendra	9:06.73	2	
		BC	2002	11			
5	4/4	M12	475	Mantle Luke	9:13.56	2	
		BC	2001	12			
6	1/5	F10	487	Tennant Cleigh	9:24.12	2	
		BC	2003	10			
7	1/3	M0109	447	Bonthoux-Rober Branson	9:41.50	2	
		BC	2005	8			
8	2/5	F10	449	Kaylie Borotraeger	9:42.83	2	
		BC	2003	10			
9	2/3	M0109	476	Mantle Miles	9:43.19	2	
		BC	2004	9			
10	3/3	M0109	464	King William	9:43.80	2	
		BC	2004	9			
11	2/3	F11	488	Zurkovic Mia	9:46.50	2	
		BC	2002	11			
12	3/5	F10	500	Anae Mitchell	9:48.45	2	
			2003	10			
13	1/2	M10	491	Simon Burns	10:41.73	2	
			2003	10			
14	3/3	F11	444	Bezdan-Tkach Sarah	10:49.79	2	
		BC	2002	11			
15	1/1	M11	504	Peter Atkins	10:52.83	2	
			2002	11			
16	4/5	F10	499	Adelia Bailey	11:15.65	2	
			2003	10			
17	5/5	F10	453	Causevic Esma	12:45.48	2	
		BC	2003	10			
18	2/2	M10	503	Spencer Terry	12:51.36	2	
			2003	10			
19	1/9	M1619	457	Figueroa Brandon	14:11.26	4	Semi ahmoo
Secondary			BC	1996	17		
20	1/9	M1315	465	Kozelj Josh	14:24.19	4	
		BC	1998	15			
21	2/9	M1619	455	De Jong Tyler	14:35.03	4	
		BC	1996	17			
22	1/1	M2029	452	Butler Michael	14:38.76	4	
		BC	1990	23			
23	3/9	M1619	456	Ertzinger Immanuel	14:38.80	4	
		BC	1996	17			
24	2/9	M1315	493	Alec Wilson	14:49.61	4	
			1999	14			
25	4/9	M1619	445	Bingert Aidan	14:55.25	4	
		BC	1997	16			

26	5/9	M1619	462	Jackson Connor	15:00.02	4	Semi ahmoo
Secondary			BC 1997 16				
27	6/9	M1619	492	Cameron Davi tt	15:33.97	4	
			1997 16				
28	3/9	M1315	483	Ri bei ro Dawson	15:38.12	4	Semi ahmoo
Secondary			BC 1999 14				
29	4/9	M1315	466	Kul ar Devon	15:39.32	4	
		BC	1999 14				
30	1/4	M4049	495	Mi khai l Ti tov	15:40.29	4	
			1968 45				
31	5/9	M1315	459	Geary Tanner	15:48.35	4	
		BC	1998 15				
32	7/9	M1619	478	Mi l j enovi c Momi	15:53.97	4	Semi ahmoo
Secondary			BC 1996 17				
33	6/9	M1315	446	Bi ngert Li am	16:00.43	4	
		BC	1999 14				
34	2/4	M4049	450	Bozek Bertrand	16:13.57	4	
		BC	1969 44				
35	8/9	M1619	469	Legroul x Levi	16:19.69	4	Semi ahmoo
Secondary			BC 1996 17				
36	7/9	M1315	473	Loewen Nathan	16:28.17	4	
		BC	1999 14				
37	1/10	F1315	460	Greer Jul i a	16:43.26	4	Semi ahmoo
Secondary			BC 1998 14				
38	2/10	F1315	482	Ri bei ro Hal ey	16:50.27	4	Semi ahmoo
Secondary			AB 2000 13				
39	8/9	M1315	461	Huck Murray	17:00.98	4	
		AB	1998 15				
40	3/10	F1315	479	Pai ge Domi ni ka	17:12.76	4	Semi ahmoo
Secondary			BC 1998 15				
41	9/9	M1619	454	Chal mers Kri sti an	17:35.26	4	Semi ahmoo
Secondary			BC 1996 17				
42	4/10	F1315	468	Lapoi nte Annel i se	17:37.26	4	
		BC	1999 14				
43	1/2	F2029	443	Bandy Laura	17:41.38	4	
		BC	1986 27				
44	5/10	F1315	471	Li ang Emi ly	18:13.18	4	Semi ahmoo
Secondary			BC 1998 15				
45	9/9	M1315	498	Thomas Sami s	18:35.52	4	
			2000 13				
46	1/2	M3039	497	Mi chael Geary	18:41.40	4	
			1981 32				
47	6/10	F1315	485	Samson Megan	18:43.10	4	Semi ahmoo
Secondary			BC 1999 14				
48	1/2	F1619	448	Boothroyd Al exandra	19:14.15	4	
		BC	1997 16				
49	2/2	F2029	442	Appel t Mel i ssa	19:15.10	4	
		BC	1987 26				
50	2/2	F1619	481	Rasmussen Dani ka	19:24.94	4	
		BC	1997 16				
51	7/10	F1315	480	Porpaczy Al exa	19:38.12	4	Semi ahmoo
Secondary			BC 2000 13				
52	3/4	M4049	490	Gregg McNei l	19:58.92	4	
			1973 40				
53	8/10	F1315	484	Rosser Ol i vi a	19:59.41	4	
		BC	1998 15				
54	9/10	F1315	474	Loui e Natasha	20:00.78	4	
		BC	1998 14				
55	2/2	M3039	467	Lagac♦ Pi erre-Yves	20:24.24	4	
		BC	1982 31				
56	10/10	F1315	451	Burgert El i se	21:06.69	4	Semi ahmoo
Secondary			BC 1998 15				
57	4/4	M4049	494	Evan Harri s	21:17.41	4	
			1966 47				
58	1/1	M6099	502	Rob Dani el	29:47.34	4	

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Distance - 5K

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Place	No.	Name	Guntime	C	Club	
Prov	Year	Ag				
1	83	Heather Petrick	17:47.63	Y	NIAGARA OLYMPIC CLUB	ON
1995	18					
2	36	Jillian Forsey	18:02.45	Y	STEPHENVILLE ATHLETICS	RU
1995	18					
3	84	Jaimie Phelan	18:13.13	Y	DISSOCIATED	ON
1995	18					
4	103	Claire Smith	18:15.86	Y	OTTAWA LIONS T.F.C.	ON
1997	16					
5	3	Megan Yuan	18:22.48	N		ON
1994	19					
6	63	Jessy Lacourse	18:28.93	Y	Kalenjins	QC
1997	16					
7	34	Katie Fisher	18:31.11	Y	GREATER UXBRIDGE ROAD RUN	ON
1996	17					
8	120	Aurilla Wilson	18:33.71	Y	QUEEN CITY STRIDERS TRACK	SK
1997	16					
9	124	Regan Yee	18:36.48	Y	BULKLEY VALLEY ATHLETICS	BC
1995	18					
10	122	Sarah Wismer	18:37.21	Y	SPEED RIVER TRACK & FIELD	ON
1996	17					
11	87	Charlotte Prouse	18:39.63	Y	LONDON LEGION TRACK & FIE	ON
1997	16					
12	8	Jennie Baragar-Petrash	18:41.49	Y	WINNIPEG OPTIMIST ATHLETI	MB
1998	15					
13	67	Clara Langley	18:42.44	Y	PHYSI-KULT KINGSTON	ON
1994	19					
14	18	Mackenzie Cameron	18:45.05	Y	GEORGETOWN ROCKETS	ON
1998	15					
15	94	Stephanie Ryal	18:45.95	Y		ON
1997	16					
16	71	Branna Macdougall	18:46.78	Y	PHYSI-KULT KINGSTON	ON
1998	15					
17	121	Ashley Windsor	18:47.72	Y		BC
1994	19					
18	116	Vanessa Trofimenkoff	18:54.43	Y	MAC TRACK	AB
1994	19					
19	50	Heather Jaros	18:55.05	Y	PHYSI-KULT KINGSTON	ON
1997	16					
20	54	Julia Kearley	18:55.92	Y	GREATER UXBRIDGE ROAD RUN	ON
1997	16					
21	99	Glynis Sim	18:59.13	Y		BC
1998	15					
22	4	Allison Anderson	18:59.52	Y	Central Toronto Athletic	ON
1998	15					
23	44	Natalia Hawthorn	19:06.21	Y	NEWMARKET HUSKIES TRACK C	ON
1995	17					
24	109	Claire Sumner	19:09.21	Y	U OF C ATHLETICS CLUB	AB
1995	18					
25	52	Danielle Jossinet	19:09.52	Y	DURHAM DRAGONS ATHLETICS	ON
1997	16					

26	62	Emma Kusch Dahle	19: 09. 75	Y WINNIPEG OPTIMIST ATHLETI	MB
1997	16				
27	32	Veronika Fagan	19: 10. 65	Y OKANAGAN ATHLETICS CLUB	BC
1997	16				
28	45	Chloe Hegland	19: 11. 68	Y UVIC TRACK CLUB	BC
1996	17				
29	89	Catherine Reid	19: 11. 84	Y NEWMARKET HUSKIES TRACK C	ON
1999	14				
30	9	Miryam Bassett	19: 16. 47	Y OCEANSIDE TRACK & FIELD C	BC
1996	17				
31	20	Taylor Carlin	19: 16. 91	Y MAC TRACK	AB
1994	19				
32	35	Kendall Fitzgerald	19: 17. 57	Y KAMLOOPS TRACK & FIELD CL	BC
1998	15				
33	23	Calli Charlton	19: 19. 79	Y VANCOUVER THUNDERBIRDS	BC
1998	15				
34	72	Mirrelle Martens	19: 21. 30	Y WOLVES ATHLETICS CLUB	AB
1996	17				
35	98	Alexandra Siemens	19: 22. 03	Y VALLEY ROYALS TRACK & FIE	BC
1995	18				
36	118	Emily Wagner	19: 22. 83	Y U OF C ATHLETICS CLUB	AB
1997	16				
37	48	Nicole Hutchinso	19: 23. 42	Y HERSHEY HARRIERS ATHLETIC	BC
1997	16				
38	65	Caroline Lampard	19: 24. 74	Y Central Toronto Athletic	ON
1998	15				
39	7	Emma Balazs	19: 24. 95	Y	BC
1995	18				
40	58	Lesley Koopman	19: 25. 92	Y MAC TRACK	AB
1994	19				
41	59	Laura Korsmit	19: 26. 45	Y NIAGARA OLYMPIC CLUB	ON
1996	17				
42	22	Gillian Ceyhan	19: 28. 83	Y CALTAF ATHLETIC ASSOCIAT	AB
1996	17				
43	47	Madison Hilliard	19: 29. 99	Y Central Toronto Athletic	ON
1997	16				
44	12	Hannah Bennison	19: 32. 53	Y VERNON AMATEUR ATHLETICS	BC
1999	14				
45	90	Chelsea Ribeiro	19: 34. 54	Y OCEAN ATHLETICS	BC
1997	16				
46	27	Marieta Deschiffart	19: 37. 15	Y NANAIMO & DISTRICT TRACK	BC
1996	17				
47	14	Emily-Rose Boston	19: 38. 52	Y NEWMARKET HUSKIES TRACK C	ON
2000	13				
48	61	Kristen Kuhn	19: 40. 51	Y DISSOCIATED	ON
1996	17				
49	70	Alexandra Lucki	19: 44. 31	Y ETOBICOKE TRACK & FIELD C	ON
1996	17				
50	17	Madelyn Brunt	19: 47. 23	Y UVIC TRACK CLUB	BC
1996	17				
51	115	Gabby Traxler	19: 51. 33	Y U OF C ATHLETICS CLUB	AB
1998	15				
52	91	Katie Robinson	19: 52. 75	Y SAINT JOHN TRACK & FIELD	NB
1995	18				
53	77	Samantha McGuinness	19: 53. 06	Y LONDON RUNNER DISTANCE CL	ON
1995	18				
54	100	Emily Simpson	19: 54. 73	Y	BC
1998	15				
55	24	Katerina Ciron	19: 55. 05	Y TORONTO OLYMPIC CLUB	ON
1996	17				
56	33	Yulia Fedorov	19: 57. 27	Y NEWMARKET HUSKIES TRACK C	ON
1996	17				
57	46	Jamie Hennessey	19: 58. 13	Y GOLDEN EARS ATHLETICS	BC
1999	14				
58	29	Taylor Dunn	20: 03. 97	Y SAINT JOHN TRACK & FIELD	NB

1997	16					
59	85	Callum Pilgrim	20: 04. 50	Y	VALLEY ROYALS TRACK & FIE	BC
1997	16					
60	80	Paige Nock	20: 04. 70	Y	DURHAM DRAGONS ATHLETICS	ON
1995	18					
61	104	Stefanie Smith	20: 09. 63	Y	LONDON RUNNER DISTANCE CL	ON
1994	19					
62	126	Sasha Zarnke	20: 10. 79	Y	U OF C ATHLETICS CLUB	AB
1995	18					
63	40	Mackenzie Gladue	20: 11. 80	Y	U OF C ATHLETICS CLUB	AB
1998	15					
64	86	Megan Pinkoski	20: 12. 37	Y	CAPITAL CITY TRACK CLUB	AB
1994	19					
65	15	Brianna Bradley	20: 13. 46	Y	PHYSI-KULT KINGSTON	ON
1995	18					
66	60	Melina Kuerschner	20: 14. 20	Y	MAC TRACK	AB
1998	15					
67	57	Nicole Kitt	20: 16. 38	Y	Northeast Alberta Track &	AB
1996	17					
68	107	Hilary Stone	20: 19. 28	Y	Central Toronto Athletic	ON
1994	19					
69	78	Amy Morris	20: 19. 61	Y	NANAIMO & DISTRICT TRACK	BC
1998	15					
70	111	Grace Thompson	20: 22. 45	Y	HERSHEY HARRIERS ATHLETIC	BC
1997	16					
71	5	Madeline Armstrong	20: 23. 36	Y	SOUTH SIMCOE DUFFERIN T. F	ON
1996	17					
72	69	Olivia Little	20: 24. 88	Y	WINDSOR LEGION TRACK & FI	ON
1996	17					
73	125	Mikaela York	20: 25. 21	Y	N BATTLEFORD LEGION	SK
1994	19					
74	6	Nicole Armstrong	20: 27. 52	Y	PHYSI-KULT KINGSTON	ON
1996	17					
75	16	Desiree Brown	20: 29. 22	Y	Sir John Franklin High Sc	NT
1997	16					
76	74	Nicole Martynuk-Pombert	20: 29. 77	Y	MAC TRACK	AB
1998	15					
77	119	Olivia Willett	20: 30. 99	Y	UNATTACHED BRITISH COLUMB	BC
1999	14					
78	31	Ikram El Gana	20: 37. 24	Y	ETOBICOKE TRACK & FIELD C	ON
1997	16					
79	10	Julia Baxter	20: 39. 12	Y	GREATER UXBRIDGE ROAD RUN	ON
1996	17					
80	123	Andie Wood	20: 39. 27	Y	Dryden Athletics	ON
1997	16					
81	26	Jordanna Cota	20: 40. 74	Y	ELITE SPEED RED DEER	AB
1995	18					
82	39	Katherine Girgulis	20: 46. 49	Y	U OF C ATHLETICS CLUB	AB
1995	18					
83	1	Tara Blundell	20: 49. 56	N		BC
1996	17					
84	114	Lindsay Tramble	20: 52. 91	Y	ETOBICOKE TRACK & FIELD C	ON
1998	15					
85	51	Alandra Jessup	20: 54. 56	Y	MAC TRACK	AB
1996	17					
86	79	Juliana Neudorf	20: 55. 88	Y	St. Patrick High School	NT
1995	17					
87	42	Isabella Gustin	20: 56. 44	Y	HERSHEY HARRIERS ATHLETIC	BC
1997	16					
88	13	Isabella Boccia	20: 58. 26	Y		BC
1998	15					
89	43	Kathryn Harris	20: 59. 66	Y	HERSHEY HARRIERS ATHLETIC	BC
1998	15					
90	106	Alea Stockton	21: 03. 58	Y	St. Patrick High School	NT
1994	19					

91	96	Lucy Schick	21: 05. 89	Y		BC
2000	13					
92	55	Danae Keddie	21: 09. 43	Y	WOLVES ATHLETICS CLUB	AB
1997	15					
93	28	Anika Dirk	21: 09. 88	Y	U OF C ATHLETICS CLUB	AB
1995	18					
94	75	Katarina Mayer	21: 12. 57	Y	ETOBICOKE TRACK & FIELD C	ON
1998	15					
95	95	Justine Santema	21: 14. 86	Y		AB
1997	16					
96	102	Erin Sitarz	21: 15. 00	Y	GREATER UXBRIDGE ROAD RUN	ON
1996	17					
97	19	Charlotte Campbell	21: 15. 28	Y	HERSHEY HARRIERS ATHLETIC	BC
1999	13					
98	76	Kayla McGowan	21: 16. 54	Y	NIAGARA OLYMPIC CLUB	ON
1999	14					
99	56	Deanna Kerekes	21: 21. 13	Y	LONDON RUNNER DISTANCE CL	ON
1995	18					
100	113	Mikayla Tinkham	21: 21. 99	Y	GOLDEN EARS ATHLETICS	BC
1998	15					
101	2	Nagi Iida	21: 24. 49	N	RED DEER TITANS	AB
1996	17					
102	21	Nikita Case	21: 26. 18	Y	MAC TRACK	AB
1997	15					
103	101	Emily Sitarz	21: 28. 73	Y	GREATER UXBRIDGE ROAD RUN	ON
1996	17					
104	88	Alex Ratcliffe	21: 30. 87	Y	BURLINGTON TRACK & FIELD	ON
1996	17					
105	82	Laura Park	21: 32. 75	Y	NEWMARKET HUSKIES TRACK C	ON
1997	16					
106	105	Jillian Sprenger	21: 37. 20	Y	ETOBICOKE TRACK & FIELD C	ON
1997	16					
107	49	Dina Iatrou	21: 40. 14	Y		AB
1997	15					
108	81	Niamh O'Dwyer	21: 49. 81	Y	GOLDEN EARS ATHLETICS	BC
1996	17					
109	11	Marley Beckett	21: 51. 34	Y		BC
1999	14					
110	30	Brittany Duval	22: 03. 22	Y	WOLVES ATHLETICS CLUB	AB
1998	15					
111	25	Hannah Clark	22: 11. 35	Y	Sir John Franklin High Sc	NT
1994	19					
112	41	Avery Goertz	22: 13. 52	Y	NIAGARA OLYMPIC CLUB	ON
1999	14					
113	97	Kendall Seasons	22: 31. 82	Y	CALTAF ATHLETIC ASSOCIAT	AB
1995	18					
114	73	Laurel Martin	23: 04. 09	Y	VANCOUVER THUNDERBIRDS	BC
1994	19					
115	93	Cailen Rotz	23: 18. 05	Y	NIAGARA OLYMPIC CLUB	ON
1999	14					
116	53	Amanda Jubenville	25: 09. 69	Y	WINDSOR LEGION TRACK & FI	ON
1995	17					
117	110	Madelaine Sumner	33: 57. 70	Y	U OF C ATHLETICS CLUB	AB
1998	15					

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PLACE	POINTS	CLUB NAME	AVG. TIME	TOTAL TIME	DIFF
1.	38	PHYSI -KULT KINGSTON	( 19: 09. 43	1: 16: 37. 73	1: 31. 02)
1	3	Cl ara Langley	18: 42. 44		
2	4	Branna Macdougall	18: 46. 78		
3	6	Heather Jaros	18: 55. 05		
4	25	Brianna Bradley	20: 13. 46		
5	( 29)	Ni cole Armstrong	20: 27. 52		
2.	59	MAC TRACK	( 19: 27. 86	1: 17: 51. 46	1: 19. 77)
1	5	Vanessa Trofimenkoff	18: 54. 43		
2	12	Taylor Carlin	19: 16. 91		
3	16	Lesley Koopman	19: 25. 92		
4	26	Melina Kuerschner	20: 14. 20		
5	( 30)	Ni cole Martynuk-Pombert	20: 29. 77		
6	( 35)	Al andra Jessup	20: 54. 56		
7	( 43)	Ni ki ta Case	21: 26. 18		
3.	61	NEWMARKET HUSKIES TRACK C	( 19: 28. 46	1: 17: 53. 84	0: 51. 06)
1	9	Natalia Hawthorn	19: 06. 21		
2	11	Catherine Reid	19: 11. 84		
3	19	Emily-Rose Boston	19: 38. 52		
4	22	Yulia Fedorov	19: 57. 27		
5	( 45)	Laura Park	21: 32. 75		
4.	67	U OF C ATHLETICS CLUB	( 19: 38. 54	1: 18: 34. 16	1: 01. 58)
1	10	Cl aire Sumner	19: 09. 21		
2	13	Emi ly Wagner	19: 22. 83		
3	21	Gabby Traxler	19: 51. 33		
4	23	Sasha Zarnke	20: 10. 79		
5	( 24)	Mackenzi e Gladue	20: 11. 80		
6	( 33)	Katherine Gi rgul is	20: 46. 49		
7	( 38)	Ani ka Di rk	21: 09. 88		
5.	68	Central Toronto Athletic	( 19: 33. 38	1: 18: 13. 53	1: 19. 76)
1	8	Alli son Anderson	18: 59. 52		
2	15	Caroli ne Lampard	19: 24. 74		
3	18	Madi son Hilli ard	19: 29. 99		
4	27	Hi lary Stone	20: 19. 28		
6.	81	GREATER UXBRIDGE ROAD RUN	( 19: 50. 28	1: 19: 21. 15	2: 43. 89)
1	2	Kati e Fi sher	18: 31. 11		
2	7	Jul ia Kearl ey	18: 55. 92		
3	32	Jul ia Baxter	20: 39. 12		
4	40	Erin Si tarz	21: 15. 00		
5	( 44)	Emi ly Si tarz	21: 28. 73		
7.	107	NI AGARA OLYMPI C CLUB	( 20: 11. 03	1: 20: 44. 14	4: 25. 89)
1	1	Heather Petrick	17: 47. 63		
2	17	Laura Korsmi t	19: 26. 45		
3	42	Kayl a McGowan	21: 16. 54		
4	47	Avery Goertz	22: 13. 52		
5	( 48)	Cai len Rotz	23: 18. 05		
8.	115	HERSHEY HARRIERS ATHLETIC	( 20: 25. 49	1: 21: 41. 97	1: 36. 24)

1	14	Ni cole Hutchi nson	19: 23. 42
2	28	Grace Thompson	20: 22. 45
3	36	Isabella Gusti n	20: 56. 44
4	37	Kathryn Harri s	20: 59. 66
5	( 41)	Charlotte Campbell	21: 15. 28

9. 124 ETOBICOKE TRACK & FIELD C ( 20: 36. 75 1: 22: 27. 03 1: 28. 26)

1	20	Alexandra Lucki	19: 44. 31
2	31	Ikram El Gana	20: 37. 24
3	34	Lindsay Tramble	20: 52. 91
4	39	Katari na Mayer	21: 12. 57
5	( 46)	Jill ian Sprenger	21: 37. 20

JUNIOR WOMEN PROVINCIAL BRANCH RESULTS  
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PLACE	POINTS	PROV	BRANCH	AVG. TIME	TOTAL TIME	DIFF
1.	11	TEAM	ONTARIO	( 18: 18. 55	1: 13: 14. 23	0: 52. 00)
1	1	Heather	Petrick	17: 47. 63		
2	2	Claire	Smith	18: 15. 86		
3	3	Katie	Fisher	18: 31. 11		
4	5	Charlotte	Prouse	18: 39. 63		
5	( 7)	Julia	Kearley	18: 55. 92		
6	( 17)	Stefanie	Smith	20: 09. 63		
2.	37	TEAM	ALBERTA - GOLD	( 19: 10. 46	1: 16: 41. 85	0: 26. 87)
1	6	Vanessa	Trofi menkoff	18: 54. 43		
2	8	Claire	Sumner	19: 09. 21		
3	11	Taylor	Carlin	19: 16. 91		
4	12	Mir elle	Martens	19: 21. 30		
5	( 13)	Emi ly	Wagner	19: 22. 83		
6	( 14)	Lesl ey	Koopman	19: 25. 92		
3.	39	TEAM	BC	( 19: 17. 02	1: 17: 08. 10	1: 28. 02)
1	4	Regan	Yee	18: 36. 48		
2	9	Veroni ka	Fagan	19: 10. 65		
3	10	Mi ryam	Bassett	19: 16. 47		
4	16	Call um	Pilgrim	20: 04. 50		
4.	76	TEAM	ALBERTA - BLUE	( 20: 09. 58	1: 20: 38. 32	1: 11. 91)
1	15	Gill ian	Ceyhan	19: 28. 83		
2	19	Megan	Pinkoski	20: 12. 37		
3	20	Ni cole	Kitt	20: 16. 38		
4	22	Jordanna	Cota	20: 40. 74		
5	( 24)	Al andra	Jessup	20: 54. 56		
6	( 28)	Ani ka	Dirk	21: 09. 88		
5.	97	TEAM	ALBERTA - WHITE	( 20: 50. 39	1: 23: 21. 57	1: 04. 07)

1	18	Sasha Zarnke	20: 10. 79
2	23	Katherine Girgulis	20: 46. 49
3	27	Danae Keddie	21: 09. 43
4	29	Justine Santema	21: 14. 86
5	( 30)	Nagi Iida	21: 24. 49
6	( 31)	Dina Iatrou	21: 40. 14

6. 104 TEAM NWT ( 21: 10. 00 1: 24: 40. 03 1: 42. 13)

1	21	Desiree Brown	20: 29. 22
2	25	Julianna Neudorf	20: 55. 88
3	26	Alea Stockton	21: 03. 58
4	32	Hannah Clark	22: 11. 35

JUNIOR MEN  
Distance - 8K

Results by [racedaytiming.ca](http://racedaytiming.ca)  
email any questions/concerns to [info@racedaytiming.ca](mailto:info@racedaytiming.ca)

Place No.	Name	Guntime	C	Club
Prov	Year	Ag		
1	235	Justyn Knight	25: 43. 30	Y UNIVERSITY OF TORONTO T. C ON
1996	17			
2	204	Ben Flanagan	25: 47. 12	Y ON
1995	18			
3	295	Mike Tate	25: 53. 89	Y ANTI GONISH TRACK CLUB NS
1995	18			
4	192	Joel Deschiffart	25: 58. 10	Y NANAIMO & DISTRICT TRACK BC
1994	19			
5	292	Stophan St-Martin	26: 08. 07	Y Coureur Nordique QC
1994	19			
6	193	Isaac Dobos	26: 10. 96	Y TORONTO OLYMPIC CLUB ON
1996	17			
7	248	Miles Matthews	26: 21. 12	Y WINDSOR LEGION TRACK & FI ON
1997	16			
8	209	Thomas Getty	26: 24. 37	Y UVIC TRACK CLUB BC
1995	18			
9	172	Jeremy Briand	26: 26. 03	Y Ri ve-Sud QC
1995	18			
10	264	Jay Ort	26: 30. 16	Y MB
1997	16			
11	271	Russell Pennock	26: 31. 99	Y U OF C ATHLETICS CLUB AB
1995	18			
12	223	Jesse Hooton	26: 40. 00	Y HERSHEY HARRIERS ATHLETIC BC
1995	18			
13	281	Mark Schmidt	26: 44. 81	Y TRI CITY TRACK CLUB ON
1996	17			
14	273	Ben Preisner	26: 47. 49	Y SPEED RIVER TRACK & FIELD ON
1996	17			
15	249	Kieran McDonald	26: 51. 55	Y LEGACY ATHLETICS AB
1994	18			
16	210	Melika Ghali	26: 56. 29	Y UNIVERSITY OF TORONTO T. C ON
1995	18			
17	291	Matthew Stephenson	26: 58. 65	Y TORONTO OLYMPIC CLUB ON
1995	18			
18	224	Clayton Hutchins	26: 58. 72	Y BC
1995	18			
19	226	Alex James	27: 07. 23	Y CALTAF ATHLETIC ASSOCIAT AB
1996	17			
20	276	Peter Quosai	27: 09. 45	Y SPEED RIVER TRACK & FIELD ON

1995	18				
21	228	Oliver Jorgensen	27: 10. 96	Y VALLEY ROYALS TRACK & FIE	BC
1995	18				
22	185	Patrick Deane	27: 11. 37	Y LONDON WESTERN T. F. C.	ON
1994	19				
23	297	Brandon Thomas	27: 11. 46	Y CAMBRIDGE HARRIERS	ON
1996	17				
24	278	Jemal Reta	27: 12. 25	Y NEW WEST SPARTANS TRACK &	BC
1997	15				
25	296	Jonathan Tedeschi	27: 12. 31	Y Les Vainqueurs	QC
1994	19				
26	199	Skylar Edwards	27: 12. 77	Y WINDSOR LEGION TRACK & FI	ON
1996	16				
27	280	Alexander Rochel eau	27: 13. 15	Y WINDSOR LEGION TRACK & FI	ON
1995	18				
28	305	Brendan Wallace	27: 13. 74	Y WINDSOR LEGION TRACK & FI	ON
1997	16				
29	188	Caleb Dejong	27: 20. 90	Y	MB
1996	17				
30	245	William Madsen	27: 23. 57	Y LEGACY ATHLETICS	AB
1994	19				
31	213	Ryan Grieco	27: 24. 05	Y CALTAF ATHLETIC ASSOCIAT	AB
1996	17				
32	167	Santiago Bessai	27: 25. 83	Y UNIVERSITY OF TORONTO T. C	ON
1996	17				
33	178	Mitchell Cauchi	27: 27. 30	Y TORONTO OLYMPIC CLUB	ON
1997	16				
34	263	Matt Noseworthy	27: 29. 36	Y PEARLGATE TRACK AND FIELD	NL
1995	18				
35	182	Stefan Daniel	27: 30. 01	Y U OF C ATHLETICS CLUB	AB
1997	16				
36	266	Peter Oxland	27: 30. 80	Y OCEANSIDE TRACK & FIELD C	BC
1996	16				
37	274	Mason Quarrell	27: 32. 17	Y LAKEHEAD RUNNING	ON
1995	18				
38	308	Tyler White	27: 32. 62	Y NEWMARKET HUSKIES TRACK C	ON
1994	19				
39	277	Royden Radowits	27: 33. 23	Y CAPITAL CITY TRACK CLUB	AB
1996	16				
40	197	Philippe Duchesne	27: 33. 76	Y Dynamique de Laval	QC
1995	18				
41	218	Alan Hetherington	27: 34. 00	Y TORONTO OLYMPIC CLUB	ON
1995	18				
42	288	Keaton Smee	27: 34. 97	Y NEWMARKET HUSKIES TRACK C	ON
1996	17				
43	286	Jack Sheffer	27: 35. 08	Y LONDON WESTERN T. F. C.	ON
1996	17				
44	238	Robert Lawand	27: 35. 20	Y UNIVERSITY OF TORONTO T. C	ON
1997	16				
45	169	Oliver Blecher	27: 41. 37	Y DURHAM DRAGONS ATHLETICS	ON
1997	16				
46	239	Liam Lees	27: 43. 35	Y NEWMARKET HUSKIES TRACK C	ON
1995	18				
47	227	Matthew Johnson	27: 43. 87	Y QUEEN CITY STRIDERS TRACK	SK
1997	16				
48	176	Jake Carroll	27: 46. 77	Y ETOBICOKE TRACK & FIELD C	ON
1996	17				
49	244	Christian Macgillivray	27: 47. 75	Y NEWMARKET HUSKIES TRACK C	ON
1997	16				
50	208	John Gay	27: 48. 16	Y OKANAGAN ATHLETICS CLUB	BC
1996	17				
51	175	Quinn Cannella	27: 48. 54	Y WINDSOR LEGION TRACK & FI	ON
1998	15				
52	290	Joey Stel	27: 51. 87	Y NEWMARKET HUSKIES TRACK C	ON
1996	17				

53	285	Matthew Sheeler	27: 53. 08	Y	LONDON WESTERN T. F. C.	ON
1996	17					
54	299	Evan Ubene	27: 53. 67	Y	WINDSOR LEGION TRACK & FI	ON
1996	17					
55	262	Devi n Ni chol son	27: 54. 19	Y	LONDON LEGION TRACK & FIE	ON
1996	17					
56	261	Alexander Nemethy	27: 54. 96	Y	PRINCE GEORGE TRACK CLUB	BC
1997	16					
57	234	Craig Kl omp	27: 57. 62	Y	LONDON LEGION TRACK & FIE	ON
1996	17					
58	212	Philippe Gravel	27: 59. 82	Y	Sherbrooke	QC
1994	19					
59	267	Thomas Oxland	28: 02. 50	Y	OCEANSIDE TRACK & FIELD C	BC
1996	16					
60	217	Aaron Heaps	28: 02. 86	Y	UNIVERSITY OF TORONTO T. C	ON
1995	18					
61	310	Brendan Wong	28: 04. 65	Y		BC
1994	19					
62	221	Hayden Hollowell	28: 07. 66	Y	WOLVES ATHLETICS CLUB	AB
1994	19					
63	253	Sean Miller	28: 09. 05	Y	NANAIMO & DISTRICT TRACK	BC
1996	16					
64	252	Michael Milic	28: 09. 23	Y	OCEAN ATHLETICS	BC
1998	14					
65	287	Gavin Shields	28: 10. 37	Y	TRI CITY TRACK CLUB	ON
1994	19					
66	205	Alexander Freemantle	28: 11. 41	Y	NEWMARKET HUSKIES TRACK C	ON
1995	18					
67	203	James Faul	28: 11. 86	Y	CALTAF ATHLETIC ASSOCIAT	AB
1995	18					
68	250	Joshua McGillivray	28: 12. 53	Y	Central Toronto Athletic	ON
1998	15					
69	220	Daniel Hilbers	28: 13. 00	Y	SAUGEEN TRACK & FIELD CL	ON
1997	16					
70	256	Christopher Moore	28: 14. 69	Y	UNIVERSITY OF TORONTO T. C	ON
1996	17					
71	313	Thomas Wunsch	28: 14. 73	Y	LEGACY ATHLETICS	AB
1994	19					
72	260	Timothy Mustard	28: 16. 41	Y	ETOBICOKE TRACK & FIELD C	ON
1997	16					
73	257	Reid Muller	28: 16. 56	Y	GOLDEN EARS ATHLETICS	BC
1997	15					
74	161	Michael Abraha	28: 18. 93	Y	COASTAL TRACK CLUB	BC
1995	18					
75	247	Adam Marshall	28: 19. 19	Y	LANGLEY MUSTANGS	BC
1995	18					
76	294	Adam Tait	28: 21. 05	Y	SAUGEEN TRACK & FIELD CL	ON
1997	16					
77	289	Lorenzo Smith	28: 22. 14	Y		BC
1994	19					
78	173	Cole Brown-Lafoy	28: 23. 05	Y	TORONTO OLYMPIC CLUB	ON
1997	16					
79	179	Eric Chan	28: 25. 05	Y	MAC TRACK	AB
1996	17					
80	306	Cael Warner	28: 25. 77	Y		BC
1996	17					
81	269	Marco Papania	28: 27. 63	Y	NEWMARKET HUSKIES TRACK C	ON
1994	19					
82	166	Sean Bergman	28: 30. 09	Y	OKANAGAN ATHLETICS CLUB	BC
1998	15					
83	196	Mitchell Dore	28: 31. 17	Y		AB
1995	17					
84	191	Kyle Denomme	28: 31. 82	Y	WINDSOR LEGION TRACK & FI	ON
1997	16					
85	229	Josh Kellier	28: 32. 99	Y	WINDSOR LEGION TRACK & FI	ON

1997	16				
86	293	Nathan Tadesse	28: 35. 86	Y	BC
1997	16				
87	194	Rowan Doherty	28: 37. 81	Y	BC
1997	16				
88	186	Luke Deighan	28: 41. 40	Y	NEWMARKET HUSKIES TRACK C ON
1995	17				
89	207	Thomas Gallagher	28: 41. 65	Y	NEWMARKET HUSKIES TRACK C ON
1998	15				
90	200	Ehab El -Sandali	28: 42. 23	Y	ETOBICOKE TRACK & FIELD C ON
1997	16				
91	270	Matthew Pardo	28: 44. 82	Y	WINDSOR LEGION TRACK & FI ON
1997	16				
92	236	Yousuf Lahaye	28: 48. 45	Y	TORONTO OLYMPIC CLUB ON
1997	16				
93	242	James Lorenzen	28: 50. 76	Y	TISDALE TRACK & FIELD CLU SK
1996	17				
94	303	Matthew Viveiros	28: 51. 32	Y	NEWMARKET HUSKIES TRACK C ON
1995	18				
95	163	Jake Armstrong	28: 52. 35	Y	U OF C ATHLETICS CLUB AB
1997	16				
96	251	Dakota McGovern	28: 55. 69	Y	NORWESTERS TRACK & FIELD BC
1998	15				
97	230	Jack Kennedy	28: 57. 39	Y	ETOBICOKE TRACK & FIELD C ON
1996	17				
98	279	Ben Richardson	29: 03. 03	Y	NEWMARKET HUSKIES TRACK C ON
1995	18				
99	168	Sebastian Blair	29: 03. 48	Y	NEWMARKET HUSKIES TRACK C ON
1996	17				
100	275	Michael Quick	29: 04. 82	Y	CALGARY INTERNATIONAL AB
1995	18				
101	165	Cooper Bentley	29: 07. 32	Y	AB
1997	16				
102	232	Bobby King	29: 08. 25	Y	Central Toronto Athletic ON
1997	16				
103	284	Joshua Shanks	29: 11. 06	Y	SAINT JOHN TRACK & FIELD NB
1996	17				
104	300	Brennan Undseth	29: 17. 48	Y	CALTAF ATHLETIC ASSOCIAT AB
1996	17				
105	282	Anthony Serban	29: 19. 64	Y	NANAIMO & DISTRICT TRACK BC
1997	16				
106	164	Miles Avalos	29: 20. 07	Y	ETOBICOKE TRACK & FIELD C ON
1997	16				
107	202	Derrick Evans	29: 22. 88	Y	EDMONTON HARRIERS AB
1996	17				
108	259	Adam Murray	29: 30. 92	Y	OKANAGAN ATHLETICS CLUB BC
1997	16				
109	283	Christopher Serban	29: 31. 13	Y	NANAIMO & DISTRICT TRACK BC
1997	16				
110	268	Reid Palmer	29: 36. 87	Y	LONDON WESTERN T. F. C. ON
1996	17				
111	201	Adam Epp	29: 37. 73	Y	MAC TRACK AB
1994	19				
112	255	Alex Montesano	29: 39. 22	Y	NEWMARKET HUSKIES TRACK C ON
1998	15				
113	222	Dylan Holmes	29: 46. 04	Y	WINDSOR LEGION TRACK & FI ON
1995	18				
114	187	Steve Dejager	29: 46. 27	Y	SAUGEEN TRACK & FIELD CL ON
1997	16				
115	171	Thomas Branderhorst	29: 49. 37	Y	SAUGEEN TRACK & FIELD CL ON
1996	17				
116	211	Jordan Gin	29: 52. 50	Y	BC
1996	17				
117	240	Colin Long	29: 52. 74	Y	Central Toronto Athletic ON
1997	16				

118	298	Curtis Thompson	29: 57. 88	Y	MAC TRACK	AB
1997	15					
119	254	Peter Mitchell	30: 01. 21	Y	VALLEY ROYALS TRACK & FIE	BC
1996	17					
120	225	Miles Huynh	30: 07. 64	Y		BC
1998	15					
121	311	Mackenzie Wong	30: 14. 53	Y	VANCOUVER THUNDERBIRDS	BC
1994	19					
122	246	Joren Manz	30: 15. 39	Y	WOLVES ATHLETICS CLUB	AB
1994	19					
123	237	Brant Lauweryssen	30: 17. 26	Y	CALTAF ATHLETIC ASSOCIAT	AB
1996	17					
124	162	Brett Andres	30: 20. 43	Y	MAC TRACK	AB
1995	18					
125	195	Kyle Dong	30: 24. 20	Y	MAC TRACK	AB
1995	18					
126	190	Connor Dennehy	30: 25. 49	Y		BC
1997	16					
127	302	Dean Vanherpe	30: 34. 97	Y	LONDON WESTERN T. F. C.	ON
1997	16					
128	309	Jordan Wilson	30: 56. 47	Y	SUNSHINE COAST ATHLETICS	BC
1996	17					
129	272	Coleman Pete	30: 58. 10	Y	RIVERSDALE ATHLETICS TRAC	SK
1996	17					
130	206	Ryan Fuller	31: 01. 43	Y	VALLEY ATHLETICS	NS
1996	17					
131	214	Luke Groulx	31: 06. 25	Y		ON
1995	18					
132	312	Carter Wood	31: 13. 00	Y	Central Toronto Athletic	ON
1997	16					
133	301	Jelmer Van Den Hadelkamp	31: 27. 85	Y	CALTAF ATHLETIC ASSOCIAT	AB
1996	17					
134	198	Brammon Edwards	31: 50. 59	Y	RIVERSDALE ATHLETICS TRAC	SK
1997	16					
135	265	Bailey Ostrander	32: 01. 65	Y		AB
1997	16					
136	170	Joel Branderhorst	32: 24. 85	Y	SAUGEEEN TRACK & FIELD CL	ON
1998	15					
137	174	Andrew Bustard	32: 48. 58	Y	U OF C ATHLETICS CLUB	AB
1997	16					

JUNIOR WOMEN CLUB RESULTS  
Distance - 5K

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email any questions/concerns to [info@racedaytiming.ca](mailto:info@racedaytiming.ca)

PLACE	POINTS	CLUB NAME	AVG. TIME	TOTAL TIME	DIFF
1.	38	PHYSI-KULT KINGSTON	( 19: 09. 43	1: 16: 37. 73	1: 31. 02)
1	3	Clara Langley	18: 42. 44		
2	4	Branna Macdougall	18: 46. 78		
3	6	Heather Jaros	18: 55. 05		
4	25	Brianna Bradley	20: 13. 46		
5	( 29)	Nicole Armstrong	20: 27. 52		
2.	59	MAC TRACK	( 19: 27. 86	1: 17: 51. 46	1: 19. 77)

1	5	Vanessa Trofimenkoff	18: 54. 43			
2	12	Taylor Carlin	19: 16. 91			
3	16	Lesley Koopman	19: 25. 92			
4	26	Melina Kuerschner	20: 14. 20			
5	( 30)	Nicole Martynuk-Pombert	20: 29. 77			
6	( 35)	Alandra Jessup	20: 54. 56			
7	( 43)	Nikita Case	21: 26. 18			
3.	61	NEWMARKET HUSKIES TRACK C	( 19: 28. 46	1: 17: 53. 84	0: 51. 06)	
1	9	Natalia Hawthorn	19: 06. 21			
2	11	Catherine Reid	19: 11. 84			
3	19	Emily-Rose Boston	19: 38. 52			
4	22	Yulia Fedorov	19: 57. 27			
5	( 45)	Laura Park	21: 32. 75			
4.	67	U OF C ATHLETICS CLUB	( 19: 38. 54	1: 18: 34. 16	1: 01. 58)	
1	10	Claire Sumner	19: 09. 21			
2	13	Emily Wagner	19: 22. 83			
3	21	Gabby Traxler	19: 51. 33			
4	23	Sasha Zarnke	20: 10. 79			
5	( 24)	Mackenzie Gladue	20: 11. 80			
6	( 33)	Katherine Giregulis	20: 46. 49			
7	( 38)	Anika Dirk	21: 09. 88			
5.	68	Central Toronto Athletic	( 19: 33. 38	1: 18: 13. 53	1: 19. 76)	
1	8	Allison Anderson	18: 59. 52			
2	15	Caroline Lampard	19: 24. 74			
3	18	Madison Hilliard	19: 29. 99			
4	27	Hilary Stone	20: 19. 28			
6.	81	GREATER UXBRIDGE ROAD RUN	( 19: 50. 28	1: 19: 21. 15	2: 43. 89)	
1	2	Katie Fisher	18: 31. 11			
2	7	Julia Kearley	18: 55. 92			
3	32	Julia Baxter	20: 39. 12			
4	40	Erin Sitarz	21: 15. 00			
5	( 44)	Emily Sitarz	21: 28. 73			
7.	107	NIAGARA OLYMPIC CLUB	( 20: 11. 03	1: 20: 44. 14	4: 25. 89)	
1	1	Heather Petrick	17: 47. 63			
2	17	Laura Korsmit	19: 26. 45			
3	42	Kayla McGowan	21: 16. 54			
4	47	Avery Goertz	22: 13. 52			
5	( 48)	Cailen Rotz	23: 18. 05			
8.	115	HERSHEY HARRIERS ATHLETIC	( 20: 25. 49	1: 21: 41. 97	1: 36. 24)	
1	14	Nicole Hutchinson	19: 23. 42			
2	28	Grace Thompson	20: 22. 45			
3	36	Isabella Gustin	20: 56. 44			
4	37	Kathryn Harris	20: 59. 66			
5	( 41)	Charlotte Campbell	21: 15. 28			
9.	124	ETOBICOKE TRACK & FIELD C	( 20: 36. 75	1: 22: 27. 03	1: 28. 26)	
1	20	Alexandra Lucki	19: 44. 31			
2	31	Ikram El Gana	20: 37. 24			
3	34	Lindsay Tramble	20: 52. 91			
4	39	Katarina Mayer	21: 12. 57			
5	( 46)	Jillian Sprenger	21: 37. 20			

JUNIOR MEN  
Distance - 8K

Results by [racedaytiming.ca](http://racedaytiming.ca)  
email any questions/concerns to [info@racedaytiming.ca](mailto:info@racedaytiming.ca)

Place No.	Name	Guntime	C	Club	
Prov	Year	Ag			
1	235 Justyn Knight	25: 43. 30	Y	UNIVERSITY OF TORONTO T. C	ON
1996	17				
2	204 Ben Flanagan	25: 47. 12	Y		ON
1995	18				
3	295 Mike Tate	25: 53. 89	Y	ANTIGONISH TRACK CLUB	NS
1995	18				
4	192 Joel Deschiffart	25: 58. 10	Y	NANAIMO & DISTRICT TRACK	BC
1994	19				
5	292 Stϕphan St-Martin	26: 08. 07	Y	Coureur Nordique	QC
1994	19				
6	193 Isaac Dobos	26: 10. 96	Y	TORONTO OLYMPIC CLUB	ON
1996	17				
7	248 Miles Matthews	26: 21. 12	Y	WINDSOR LEGION TRACK & FI	ON
1997	16				
8	209 Thomas Getty	26: 24. 37	Y	UVIC TRACK CLUB	BC
1995	18				
9	172 Jϕrϕmy Briand	26: 26. 03	Y	Rive-Sud	QC
1995	18				
10	264 Jay Ort	26: 30. 16	Y		MB
1997	16				
11	271 Russell Pennock	26: 31. 99	Y	U OF C ATHLETICS CLUB	AB
1995	18				
12	223 Jesse Hooton	26: 40. 00	Y	HERSHEY HARRIERS ATHLETIC	BC
1995	18				
13	281 Mark Schmidt	26: 44. 81	Y	TRI CITY TRACK CLUB	ON
1996	17				
14	273 Ben Preisner	26: 47. 49	Y	SPEED RIVER TRACK & FIELD	ON
1996	17				
15	249 Kieran McDonald	26: 51. 55	Y	LEGACY ATHLETICS	AB
1994	18				
16	210 Melika Ghali	26: 56. 29	Y	UNIVERSITY OF TORONTO T. C	ON
1995	18				
17	291 Matthew Stephenson	26: 58. 65	Y	TORONTO OLYMPIC CLUB	ON
1995	18				
18	224 Clayton Hutchins	26: 58. 72	Y		BC
1995	18				
19	226 Alex James	27: 07. 23	Y	CALTAF ATHLETIC ASSOCIAT	AB
1996	17				
20	276 Peter Quosai	27: 09. 45	Y	SPEED RIVER TRACK & FIELD	ON
1995	18				
21	228 Oliver Jorgensen	27: 10. 96	Y	VALLEY ROYALS TRACK & FIE	BC
1995	18				
22	185 Patrick Deane	27: 11. 37	Y	LONDON WESTERN T. F. C.	ON
1994	19				
23	297 Brandon Thomas	27: 11. 46	Y	CAMBRI DGE HARRIERS	ON
1996	17				
24	278 Jemal Reta	27: 12. 25	Y	NEW WEST SPARTANS TRACK &	BC
1997	15				
25	296 Jonathan Tedeschi	27: 12. 31	Y	Les Vainqueurs	QC
1994	19				
26	199 Skylar Edwards	27: 12. 77	Y	WINDSOR LEGION TRACK & FI	ON
1996	16				
27	280 Alexander Rochel eau	27: 13. 15	Y	WINDSOR LEGION TRACK & FI	ON

1995	18				
28	305	Brendan Wallace	27: 13. 74	Y WINDSOR LEGION TRACK & FI	ON
1997	16				
29	188	Caleb Dejong	27: 20. 90	Y	MB
1996	17				
30	245	William Madsen	27: 23. 57	Y LEGACY ATHLETICS	AB
1994	19				
31	213	Ryan Grieco	27: 24. 05	Y CALTAF ATHLETIC ASSOCIAT	AB
1996	17				
32	167	Santiago Bessai	27: 25. 83	Y UNIVERSITY OF TORONTO T. C	ON
1996	17				
33	178	Mitchell Cauchi	27: 27. 30	Y TORONTO OLYMPIC CLUB	ON
1997	16				
34	263	Matt Noseworthy	27: 29. 36	Y PEARLGATE TRACK AND FIELD	NL
1995	18				
35	182	Stefan Daniel	27: 30. 01	Y U OF C ATHLETICS CLUB	AB
1997	16				
36	266	Peter Oxland	27: 30. 80	Y OCEANSIDE TRACK & FIELD C	BC
1996	16				
37	274	Mason Quarrell	27: 32. 17	Y LAKEHEAD RUNNING	ON
1995	18				
38	308	Tyler White	27: 32. 62	Y NEWMARKET HUSKIES TRACK C	ON
1994	19				
39	277	Royden Radowits	27: 33. 23	Y CAPITAL CITY TRACK CLUB	AB
1996	16				
40	197	Philippe Duchesne	27: 33. 76	Y Dynamique de Laval	QC
1995	18				
41	218	Alan Hetherington	27: 34. 00	Y TORONTO OLYMPIC CLUB	ON
1995	18				
42	288	Keaton Smee	27: 34. 97	Y NEWMARKET HUSKIES TRACK C	ON
1996	17				
43	286	Jack Sheffer	27: 35. 08	Y LONDON WESTERN T. F. C.	ON
1996	17				
44	238	Robert Lawand	27: 35. 20	Y UNIVERSITY OF TORONTO T. C	ON
1997	16				
45	169	Oliver Blecher	27: 41. 37	Y DURHAM DRAGONS ATHLETICS	ON
1997	16				
46	239	Liam Lees	27: 43. 35	Y NEWMARKET HUSKIES TRACK C	ON
1995	18				
47	227	Matthew Johnson	27: 43. 87	Y QUEEN CITY STRIDERS TRACK	SK
1997	16				
48	176	Jake Carroll	27: 46. 77	Y ETOBICOKE TRACK & FIELD C	ON
1996	17				
49	244	Christian Macgillivray	27: 47. 75	Y NEWMARKET HUSKIES TRACK C	ON
1997	16				
50	208	John Gay	27: 48. 16	Y OKANAGAN ATHLETICS CLUB	BC
1996	17				
51	175	Quinn Cannella	27: 48. 54	Y WINDSOR LEGION TRACK & FI	ON
1998	15				
52	290	Joey Stel	27: 51. 87	Y NEWMARKET HUSKIES TRACK C	ON
1996	17				
53	285	Matthew Sheeler	27: 53. 08	Y LONDON WESTERN T. F. C.	ON
1996	17				
54	299	Evan Ubene	27: 53. 67	Y WINDSOR LEGION TRACK & FI	ON
1996	17				
55	262	Devin Nicholson	27: 54. 19	Y LONDON LEGION TRACK & FIE	ON
1996	17				
56	261	Alexander Nemethy	27: 54. 96	Y PRINCE GEORGE TRACK CLUB	BC
1997	16				
57	234	Craig Klomp	27: 57. 62	Y LONDON LEGION TRACK & FIE	ON
1996	17				
58	212	Philippe Gravel	27: 59. 82	Y Sherbrooke	QC
1994	19				
59	267	Thomas Oxland	28: 02. 50	Y OCEANSIDE TRACK & FIELD C	BC
1996	16				

60	217	Aaron Heaps	28: 02. 86	Y	UNIVERSITY OF TORONTO T. C	ON
1995	18					
61	310	Brendan Wong	28: 04. 65	Y		BC
1994	19					
62	221	Hayden Hollowell	28: 07. 66	Y	WOLVES ATHLETICS CLUB	AB
1994	19					
63	253	Sean Miller	28: 09. 05	Y	NANAIMO & DISTRICT TRACK	BC
1996	16					
64	252	Michael Milic	28: 09. 23	Y	OCEAN ATHLETICS	BC
1998	14					
65	287	Gavin Shields	28: 10. 37	Y	TRI CITY TRACK CLUB	ON
1994	19					
66	205	Alexander Freemantle	28: 11. 41	Y	NEWMARKET HUSKIES TRACK C	ON
1995	18					
67	203	James Faul	28: 11. 86	Y	CALTAF ATHLETIC ASSOCIAT	AB
1995	18					
68	250	Joshua McGillivray	28: 12. 53	Y	Central Toronto Athletic	ON
1998	15					
69	220	Daniel Hilbers	28: 13. 00	Y	SAUGEEN TRACK & FIELD CL	ON
1997	16					
70	256	Christopher Moore	28: 14. 69	Y	UNIVERSITY OF TORONTO T. C	ON
1996	17					
71	313	Thomas Wunsch	28: 14. 73	Y	LEGACY ATHLETICS	AB
1994	19					
72	260	Timothy Mustard	28: 16. 41	Y	ETOBICOKE TRACK & FIELD C	ON
1997	16					
73	257	Reid Muller	28: 16. 56	Y	GOLDEN EARS ATHLETICS	BC
1997	15					
74	161	Michael Abraha	28: 18. 93	Y	COASTAL TRACK CLUB	BC
1995	18					
75	247	Adam Marshall	28: 19. 19	Y	LANGLEY MUSTANGS	BC
1995	18					
76	294	Adam Tait	28: 21. 05	Y	SAUGEEN TRACK & FIELD CL	ON
1997	16					
77	289	Lorenzo Smith	28: 22. 14	Y		BC
1994	19					
78	173	Cole Brown-Lafoy	28: 23. 05	Y	TORONTO OLYMPIC CLUB	ON
1997	16					
79	179	Eric Chan	28: 25. 05	Y	MAC TRACK	AB
1996	17					
80	306	Cael Warner	28: 25. 77	Y		BC
1996	17					
81	269	Marco Papania	28: 27. 63	Y	NEWMARKET HUSKIES TRACK C	ON
1994	19					
82	166	Sean Bergman	28: 30. 09	Y	OKANAGAN ATHLETICS CLUB	BC
1998	15					
83	196	Mitchell Dore	28: 31. 17	Y		AB
1995	17					
84	191	Kyle Denomme	28: 31. 82	Y	WINDSOR LEGION TRACK & FI	ON
1997	16					
85	229	Josh Kellier	28: 32. 99	Y	WINDSOR LEGION TRACK & FI	ON
1997	16					
86	293	Nathan Tadesse	28: 35. 86	Y		BC
1997	16					
87	194	Rowan Doherty	28: 37. 81	Y		BC
1997	16					
88	186	Luke Deighan	28: 41. 40	Y	NEWMARKET HUSKIES TRACK C	ON
1995	17					
89	207	Thomas Gallagher	28: 41. 65	Y	NEWMARKET HUSKIES TRACK C	ON
1998	15					
90	200	Ehab El-Sandali	28: 42. 23	Y	ETOBICOKE TRACK & FIELD C	ON
1997	16					
91	270	Matthew Pardo	28: 44. 82	Y	WINDSOR LEGION TRACK & FI	ON
1997	16					
92	236	Yousuf Lahaye	28: 48. 45	Y	TORONTO OLYMPIC CLUB	ON

1997	16					
93	242	James Lorenzen	28: 50. 76	Y	TISDALE TRACK & FIELD CLU	SK
1996	17					
94	303	Matthew Viveiros	28: 51. 32	Y	NEWMARKET HUSKIES TRACK C	ON
1995	18					
95	163	Jake Armstrong	28: 52. 35	Y	U OF C ATHLETICS CLUB	AB
1997	16					
96	251	Dakota McGovern	28: 55. 69	Y	NORWESTERS TRACK & FIELD	BC
1998	15					
97	230	Jack Kennedy	28: 57. 39	Y	ETOBICOKE TRACK & FIELD C	ON
1996	17					
98	279	Ben Richardson	29: 03. 03	Y	NEWMARKET HUSKIES TRACK C	ON
1995	18					
99	168	Sebastian Blair	29: 03. 48	Y	NEWMARKET HUSKIES TRACK C	ON
1996	17					
100	275	Michael Quick	29: 04. 82	Y	CALGARY INTERNATIONAL	AB
1995	18					
101	165	Cooper Bentley	29: 07. 32	Y		AB
1997	16					
102	232	Bobby King	29: 08. 25	Y	Central Toronto Athletic	ON
1997	16					
103	284	Joshua Shanks	29: 11. 06	Y	SAINT JOHN TRACK & FIELD	NB
1996	17					
104	300	Brennan Undseth	29: 17. 48	Y	CALTAF ATHLETIC ASSOCIAT	AB
1996	17					
105	282	Anthony Serban	29: 19. 64	Y	NANAIMO & DISTRICT TRACK	BC
1997	16					
106	164	Miles Avalos	29: 20. 07	Y	ETOBICOKE TRACK & FIELD C	ON
1997	16					
107	202	Derrick Evans	29: 22. 88	Y	EDMONTON HARRIERS	AB
1996	17					
108	259	Adam Murray	29: 30. 92	Y	OKANAGAN ATHLETICS CLUB	BC
1997	16					
109	283	Christopher Serban	29: 31. 13	Y	NANAIMO & DISTRICT TRACK	BC
1997	16					
110	268	Reid Palmer	29: 36. 87	Y	LONDON WESTERN T. F. C.	ON
1996	17					
111	201	Adam Epp	29: 37. 73	Y	MAC TRACK	AB
1994	19					
112	255	Alex Montesano	29: 39. 22	Y	NEWMARKET HUSKIES TRACK C	ON
1998	15					
113	222	Dylan Holmes	29: 46. 04	Y	WINDSOR LEGION TRACK & FI	ON
1995	18					
114	187	Steve Dejager	29: 46. 27	Y	SAUGEEN TRACK & FIELD CL	ON
1997	16					
115	171	Thomas Branderhorst	29: 49. 37	Y	SAUGEEN TRACK & FIELD CL	ON
1996	17					
116	211	Jordan Gin	29: 52. 50	Y		BC
1996	17					
117	240	Colin Long	29: 52. 74	Y	Central Toronto Athletic	ON
1997	16					
118	298	Curtis Thompson	29: 57. 88	Y	MAC TRACK	AB
1997	15					
119	254	Peter Mitchell	30: 01. 21	Y	VALLEY ROYALS TRACK & FIE	BC
1996	17					
120	225	Miles Huynh	30: 07. 64	Y		BC
1998	15					
121	311	Mackenzie Wong	30: 14. 53	Y	VANCOUVER THUNDERBIRDS	BC
1994	19					
122	246	Joren Manz	30: 15. 39	Y	WOLVES ATHLETICS CLUB	AB
1994	19					
123	237	Brant Lauweryssen	30: 17. 26	Y	CALTAF ATHLETIC ASSOCIAT	AB
1996	17					
124	162	Brett Andres	30: 20. 43	Y	MAC TRACK	AB
1995	18					

125	195	Kyle Dong	30: 24. 20	Y MAC TRACK	AB
1995	18				
126	190	Connor Dennehy	30: 25. 49	Y	BC
1997	16				
127	302	Dean Vanherpe	30: 34. 97	Y LONDON WESTERN T. F. C.	ON
1997	16				
128	309	Jordan Wilson	30: 56. 47	Y SUNSHINE COAST ATHLETICS	BC
1996	17				
129	272	Coleman Pete	30: 58. 10	Y RIVERSDALE ATHLETICS TRAC	SK
1996	17				
130	206	Ryan Fuller	31: 01. 43	Y VALLEY ATHLETICS	NS
1996	17				
131	214	Luke Groulx	31: 06. 25	Y	ON
1995	18				
132	312	Carter Wood	31: 13. 00	Y Central Toronto Athletic	ON
1997	16				
133	301	Jelmer Van Den Hadelkamp	31: 27. 85	Y CALTAF ATHLETIC ASSOCIAT	AB
1996	17				
134	198	Brammon Edwards	31: 50. 59	Y RIVERSDALE ATHLETICS TRAC	SK
1997	16				
135	265	Bailey Ostrander	32: 01. 65	Y	AB
1997	16				
136	170	Joel Branderhorst	32: 24. 85	Y SAUGEEN TRACK & FIELD CL	ON
1998	15				
137	174	Andrew Bustard	32: 48. 58	Y U OF C ATHLETICS CLUB	AB
1997	16				

JUNIOR MEN CLUB RESULTS  
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PLACE	POINTS	CLUB NAME	AVG. TIME	TOTAL TIME	DIFF
1.	37	WINDSOR LEGION TRACK & FI	( 27: 00. 19	1: 48: 00. 78	0: 52. 62)
1	4	Miles Matthews	26: 21. 12		
2	10	Skylar Edwards	27: 12. 77		
3	11	Alexander Rochel eau	27: 13. 15		
4	12	Brendan Wallace	27: 13. 74		
5	( 25)	Quinn Cannella	27: 48. 54		
6	( 28)	Evan Ubene	27: 53. 67		
7	( 41)	Kyle Denomme	28: 31. 82		
2.	42	UNIVERSITY OF TORONTO T. C	( 26: 55. 15	1: 47: 40. 62	1: 51. 90)
1	1	Justyn Knight	25: 43. 30		
2	6	Melika Ghali	26: 56. 29		
3	14	Santiago Bessai	27: 25. 83		
4	21	Robert Lawand	27: 35. 20		
5	( 29)	Aaron Heaps	28: 02. 86		
6	( 35)	Christopher Moore	28: 14. 69		
3.	43	TORONTO OLYMPIC CLUB	( 27: 02. 72	1: 48: 10. 91	1: 23. 04)
1	3	Isaac Dobos	26: 10. 96		
2	7	Matthew Stephenson	26: 58. 65		
3	15	Mitchell Cauchi	27: 27. 30		

4	18	Alan Hetherington	27: 34. 00			
5	( 38)	Cole Brown-Lafoy	28: 23. 05			
6	( 43)	Yousuf Lahaye	28: 48. 45			
4.	82	NEWMARKET HUSKIES TRACK C	( 27: 39. 67	1: 50: 38. 69	0: 15. 13)	
1	17	Tyler White	27: 32. 62			
2	19	Keaton Smee	27: 34. 97			
3	22	Liam Lees	27: 43. 35			
4	24	Christian Macgillivray	27: 47. 75			
5	( 26)	Joey Stel	27: 51. 87			
6	( 31)	Alexander Freemantle	28: 11. 41			
7	( 40)	Marco Papania	28: 27. 63			
5.	100	CALTAF ATHLETIC ASSOCIAT	( 28: 00. 15	1: 52: 00. 62	2: 10. 25)	
1	8	Alex James	27: 07. 23			
2	13	Ryan Grieco	27: 24. 05			
3	32	James Faul	28: 11. 86			
4	47	Brennan Undseth	29: 17. 48			
5	( 57)	Brant Lauweryssen	30: 17. 26			
6	( 62)	Jelmer Van Den Hadelkamp	31: 27. 85			
6.	107	LONDON WESTERN T. F. C.	( 28: 04. 10	1: 52: 16. 40	2: 25. 50)	
1	9	Patrick Deane	27: 11. 37			
2	20	Jack Sheffer	27: 35. 08			
3	27	Matthew Sheeler	27: 53. 08			
4	51	Reid Palmer	29: 36. 87			
5	( 60)	Dean Vanherpe	30: 34. 97			
7.	129	U OF C ATHLETICS CLUB	( 28: 55. 73	1: 55: 42. 93	6: 16. 59)	
1	5	Russell Pennock	26: 31. 99			
2	16	Stefan Daniel	27: 30. 01			
3	44	Jake Armstrong	28: 52. 35			
4	64	Andrew Bustard	32: 48. 58			
8.	130	NANAIMO & DISTRICT TRACK	( 28: 14. 48	1: 52: 57. 92	3: 33. 03)	
1	2	Joel Deschiffart	25: 58. 10			
2	30	Sean Miller	28: 09. 05			
3	48	Anthony Serban	29: 19. 64			
4	50	Christopher Serban	29: 31. 13			
9.	146	ETOBICOKE TRACK & FIELD C	( 28: 25. 70	1: 53: 42. 80	1: 10. 62)	
1	23	Jake Carroll	27: 46. 77			
2	36	Timothy Mustard	28: 16. 41			
3	42	Ehab El-Sandali	28: 42. 23			
4	45	Jack Kennedy	28: 57. 39			
5	( 49)	Miles Avalos	29: 20. 07			
10.	178	SAUGEEN TRACK & FIELD CL	( 29: 02. 42	1: 56: 09. 69	1: 36. 37)	
1	34	Daniel Hilbers	28: 13. 00			
2	37	Adam Tait	28: 21. 05			
3	53	Steve Dejager	29: 46. 27			
4	54	Thomas Branderhorst	29: 49. 37			
5	( 63)	Joel Branderhorst	32: 24. 85			
11.	195	Central Toronto Athletic	( 29: 36. 63	1: 58: 26. 52	3: 00. 47)	
1	33	Joshua McGillivray	28: 12. 53			
2	46	Bobby King	29: 08. 25			

3	55	Colin Long	29: 52. 74
4	61	Carter Wood	31: 13. 00
12.	205	MAC TRACK	( 29: 35. 27 1: 58: 21. 09 1: 55. 38)
1	39	Eric Chan	28: 25. 05
2	52	Adam Epp	29: 37. 73
3	56	Curtis Thompson	29: 57. 88
4	58	Brett Andres	30: 20. 43

JUNIOR MEN PROVINCIAL BRANCH RESULTS  
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PLACE	POINTS	PROV	BRANCH	AVG. TIME	TOTAL TIME	DIFF
1.	19	TEAM	ONTARIO	( 26: 15. 71	1: 45: 02. 87	1: 04. 19)
1	1	Justyn Knight	25: 43. 30			
2	4	Isaac Dobos	26: 10. 96			
3	5	Miles Matthews	26: 21. 12			
4	9	Ben Preisner	26: 47. 49			
5	( 11)	Melika Ghali	26: 56. 29			
2.	42	TEAM	BC	( 26: 50. 72	1: 47: 22. 88	1: 50. 06)
1	2	Joel Deschiffart	25: 58. 10			
2	6	Thomas Getty	26: 24. 37			
3	13	Jemal Reta	27: 12. 25			
4	21	John Gay	27: 48. 16			
5	( 26)	Adam Marshall	28: 19. 19			
3.	43	TEAM	QUEBEC	( 26: 50. 04	1: 47: 20. 17	1: 25. 69)
1	3	Stephan St-Martin	26: 08. 07			
2	7	Jeremy Briand	26: 26. 03			
3	14	Jonathan Tedeschi	27: 12. 31			
4	19	Philippe Duchesne	27: 33. 76			
5	( 22)	Philippe Gravel	27: 59. 82			
4.	45	TEAM	ALBERTA - GOLD	( 26: 58. 58	1: 47: 54. 34	0: 51. 58)
1	8	Russell Pennock	26: 31. 99			
2	10	Kieran McDonald	26: 51. 55			
3	12	Alex James	27: 07. 23			
4	15	William Madsen	27: 23. 57			
5	( 17)	Stefan Daniel	27: 30. 01			
6	( 23)	Hayden Hollowell	28: 07. 66			
5.	92	TEAM	ALBERTA - BLUE	( 28: 03. 92	1: 52: 15. 69	1: 01. 00)
1	16	Ryan Grieco	27: 24. 05			
2	24	James Faul	28: 11. 86			
3	25	Thomas Wunsch	28: 14. 73			
4	27	Eric Chan	28: 25. 05			
5	( 31)	Michael Quick	29: 04. 82			
6	( 33)	Brennan Undseth	29: 17. 48			

6.	108	TEAM ALBERTA - WHITE	( 28: 31. 01 1: 54: 04. 07 1: 34. 09)
1	18	Royden Radowits	27: 33. 23
2	28	Mitchell Dore	28: 31. 17
3	30	Jake Armstrong	28: 52. 35
4	32	Cooper Bentley	29: 07. 32
5	( 34)	Brant Lauweryssen	30: 17. 26
6	( 36)	Jelmer Van Den Hadelkamp	31: 27. 85
7.	121	TEAM SASKATCHEWAN	( 29: 50. 83 1: 59: 23. 32 4: 06. 72)
1	20	Matthew Johnson	27: 43. 87
2	29	James Lorenzen	28: 50. 76
3	35	Coleman Pete	30: 58. 10
4	37	Brammon Edwards	31: 50. 59

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Place No.	Name	Guntime	C	Club
Prov	Year	Ag		
1	723	Natasha Wodak	24: 30. 80	Y PRAIRIE INN HARRIERS RACI BC
1981	31			
2	681	Rachel Cliff	24: 34. 00	Y VANCOUVER THUNDERBIRDS BC
1988	25			
3	710	Jessica O'Connell	24: 48. 07	Y U OF C ATHLETICS CLUB AB
1989	24			
4	679	Lindsay Carson	25: 05. 99	Y ATHLETICS TORONTO ON
1989	24			
5	691	Rachel Hannah	25: 14. 20	Y UNIVERSITY OF TORONTO T. C. ON
1986	27			
6	672	Maria Bernard	25: 25. 00	Y U OF C ATHLETICS CLUB AB
1993	20			
7	677	Erin Burrett	25: 42. 42	Y PRAIRIE INN HARRIERS RACI BC
1981	32			
8	708	Jodi Nesbitt	25: 47. 43	Y ELITE SPEED RED DEER AB
1989	24			
9	722	Sabrina Wilkie	25: 53. 05	Y POINT GREY TRACK & FIELD BC
1985	28			
10	715	Leslie Sexton	25: 58. 07	Y LONDON RUNNER DISTANCE CL ON
1987	26			
11	696	Bevin Kennelly	26: 05. 29	Y UNIV OF REGINA TRACK CLUB SK
1984	29			
12	719	Amanda Truelove	26: 09. 00	Y LONDON WESTERN T. F. C. ON
1990	23			
13	683	Kimberly Doerksen	26: 11. 01	Y VANCOUVER FALCONS ATHLETI BC
1991	22			
14	693	Alison Jackson	26: 11. 25	Y BC
1988	24			
15	720	Samantha Walkow	26: 14. 24	Y OCEAN ATHLETICS BC
1991	22			
16	676	Lisa Brookings	26: 16. 78	Y BC
1987	26			
17	682	Amelie De Fenoyl	26: 36. 11	Y BC
1993	20			
18	711	Rebecca Pieterston	26: 36. 11	Y LONDON WESTERN T. F. C. ON
1990	23			
19	700	Kimber Lemon	27: 02. 74	Y LONDON WESTERN T. F. C. ON

1986	27					
20	702	Stephanie Macneil	27: 07. 56	Y	LONDON WESTERN T. F. C.	ON
1990	22					
21	713	Lauren Prufer	27: 11. 19	Y	LONDON RUNNER DISTANCE CL	ON
1990	23					
22	675	Shari Boyle	27: 14. 30	Y	RUNNING ROOM ATHLETIC CLU	AB
1973	39					
23	725	Lauren Babi neau	27: 16. 16	Y		BC
1989	24					
24	680	Melissa Caruso	27: 17. 79	Y	LONDON WESTERN T. F. C.	ON
1993	20					
25	687	Catharine Fari sh	27: 17. 80	Y	POINT GREY TRACK & FIELD	BC
1990	23					
26	701	Madel ine MacDonal d	27: 21. 36	Y	UVIC TRACK CLUB	BC
1990	23					
27	690	Mi cha Gutmani s	27: 32. 91	Y	NEWMARKET HUSKIES TRACK C	ON
1992	21					
28	718	Brittany Therrien	27: 38. 61	Y	UVIC TRACK CLUB	BC
1990	22					
29	714	Bridget Pyke	27: 45. 37	Y	U OF C ATHLETICS CLUB	AB
1991	22					
30	709	Jenni fer Norminton	27: 48. 20	Y	RUNNING ROOM ATHLETIC CLU	AB
1983	30					
31	694	Marri ya Jenki ns	27: 58. 54	Y	RUNNING ROOM ATHLETIC CLU	AB
1993	20					
32	671	Alison Barwi ck	28: 01. 02	Y	McGill Olympi c Club	QC
1993	20					
33	707	Jen Moroz	28: 10. 72	Y	POINT GREY TRACK & FIELD	BC
1985	28					
34	686	Brittany Elli ott	28: 11. 55	Y	RIVERSDALE ATHLETICS TRAC	SK
1991	22					
35	666	Chessa Adsit-Morri s	28: 13. 34	N		BC
1983	30					
36	688	Karen Gilbert Tyssen	28: 14. 34	Y	LONDON RUNNER DISTANCE CL	ON
1982	31					
37	699	Kirsten Lee	28: 20. 15	Y	POINT GREY TRACK & FIELD	BC
1993	20					
38	695	Aleci a Kallos	28: 24. 04	Y		BC
1990	23					
39	721	Jami e Wi gmore	28: 25. 95	Y	WOLVES ATHLETICS CLUB	AB
1993	20					
40	697	Al i ci a Knox	28: 35. 94	Y	LONDON WESTERN T. F. C.	ON
1991	22					
41	669	Li ssa Zimmer	28: 38. 12	N	VANCOUVER FALCONS ATHLETI	BC
1991	22					
42	698	Courtney Lauri e	28: 56. 07	Y	LONDON RUNNER DISTANCE CL	ON
1988	25					
43	712	Courtney Powel l	29: 21. 46	Y	VANCOUVER FALCONS ATHLETI	BC
1988	25					
44	705	Li sa Mensi nk	29: 35. 44	Y	U OF C ATHLETICS CLUB	AB
1977	36					
45	689	Li sa Gi les	29: 50. 59	Y		AB
1988	25					
46	678	Carri e Byer	30: 07. 95	Y	NEWMARKET HUSKIES TRACK C	ON
1978	34					
47	716	Courtney Sjodi n	30: 11. 00	Y	RIVERSDALE ATHLETICS TRAC	SK
1991	22					
48	717	Kri sti n Smart	30: 53. 40	Y	VANCOUVER FALCONS ATHLETI	BC
1984	29					
49	673	Chel sey Bi lan	31: 00. 82	Y	RIVERSDALE ATHLETICS TRAC	SK
1991	22					
50	674	Stephani e Bowes	31: 08. 47	Y		AB
1988	25					
51	692	Kri sten Hansen	31: 16. 50	Y	RUNNING ROOM ATHLETIC CLU	AB
1989	24					

52	706	Glyni s Mi lne	31: 50. 57	Y RUNNING ROOM ATHLETIC CLU	AB
1985	28				
53	667	Noreen Mackey	32: 13. 87	N POINT GREY TRACK & FIELD	BC
1987	26				
54	684	Barbara Dumigan-Jackson	43: 43. 56	Y	AB
1986	27				

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1.	29	LONDON WESTERN T. F. C.	( 26: 43. 85	1: 46: 55. 41	0: 58. 56)
=====					
1	5	Amanda Truelove	26: 09. 00		
2	7	Rebecca Pi eterson	26: 36. 11		
3	8	Kimber Lemon	27: 02. 74		
4	9	Stephani e Macneil	27: 07. 56		
5	( 12)	Mel i ssa Caruso	27: 17. 79		
6	( 20)	Al i ci a Knox	28: 35. 94		
2.	41	U OF C ATHLETICS CLUB	( 26: 53. 47	1: 47: 33. 88	4: 47. 37)
=====					
1	1	Jessi ca O' Connel l	24: 48. 07		
2	2	Mari a Bernard	25: 25. 00		
3	14	Bri dget Pyke	27: 45. 37		
4	24	Li sa Mensi nk	29: 35. 44		
3.	52	POINT GREY TRACK & FIELD	( 27: 25. 43	1: 49: 41. 72	2: 27. 10)
=====					
1	3	Sabri na Wi lki e	25: 53. 05		
2	13	Cathari ne Fari sh	27: 17. 80		
3	17	Jen Moroz	28: 10. 72		
4	19	Ki rsten Lee	28: 20. 15		
5	( 28)	Noreen Mackey	32: 13. 87		
4.	54	LONDON RUNNER DISTANCE CL	( 27: 34. 91	1: 50: 19. 67	2: 58. 00)
=====					
1	4	Lesl i e Sexton	25: 58. 07		
2	10	Lauren Prufer	27: 11. 19		
3	18	Karen Gi lbert Tyssen	28: 14. 34		
4	22	Courtney Lauri e	28: 56. 07		
5.	68	RUNNING ROOM ATHLETIC CLU	( 28: 34. 38	1: 54: 17. 54	4: 02. 20)
=====					
1	11	Shari Boyle	27: 14. 30		
2	15	Jenni fer Normi nton	27: 48. 20		
3	16	Marri ya Jenki ns	27: 58. 54		
4	26	Kri sten Hansen	31: 16. 50		
5	( 27)	Glyni s Mi lne	31: 50. 57		
6.	75	VANCOUVER FALCONS ATHLETI	( 28: 45. 99	1: 55: 03. 99	4: 42. 39)
=====					
1	6	Ki mberl y Doerksen	26: 11. 01		
2	21	Li ssa Zimmer	28: 38. 12		
3	23	Courtney Powel l	29: 21. 46		
4	25	Kri sti n Smart	30: 53. 40		

Canadi an National Cross Country Champi onshi ps  
Jericho Beach, Vancouver, BC  
30 November 2013

SENIOR WOMEN  
Distance - 7K

Results by racedaytiming.ca  
email any questions/concerns to info@racedaytiming.ca

1.	27	TEAM BC	(	25: 35. 18	1: 42: 20. 72	1: 37. 25)
1	1	Rachel Cliff		24: 34. 00		
2	6	Erin Burrett		25: 42. 42		
3	8	Sabrina Wilkie		25: 53. 05		
4	12	Alison Jackson		26: 11. 25		
5	( 13)	Lisa Brookings		26: 16. 78		
6	( 20)	Jen Moroz		28: 10. 72		
1.	27	TEAM ONTARIO	(	25: 36. 81	1: 42: 27. 26	1: 03. 01)
1	3	Lindsay Carson		25: 05. 99		
2	4	Rachel Hannah		25: 14. 20		
3	9	Leslie Sexton		25: 58. 07		
4	11	Amanda Truelove		26: 09. 00		
5	( 14)	Rebecca Pieterston		26: 36. 11		
6	( 15)	Stephanie Macneil		27: 07. 56		
3.	31	TEAM ALBERTA - GOLD	(	25: 56. 46	1: 43: 45. 87	2: 57. 30)
1	2	Jessica O'Connell		24: 48. 07		
2	5	Maria Bernard		25: 25. 00		
3	7	Jodi Nesbitt		25: 47. 43		
4	17	Bridget Pyke		27: 45. 37		
5	( 18)	Jennifer Norminton		27: 48. 20		
6	( 23)	Lisa Mensink		29: 35. 44		
4.	80	TEAM SASKATCHEWAN	(	28: 52. 16	1: 55: 28. 66	4: 55. 53)
1	10	Bevin Kennelly		26: 05. 29		
2	21	Brittany Elliott		28: 11. 55		
3	24	Courtney Sjodin		30: 11. 00		
4	25	Chelsey Bilan		31: 00. 82		
5.	83	TEAM ALBERTA - BLUE	(	28: 41. 81	1: 54: 47. 26	3: 54. 17)
1	16	Shari Boyle		27: 14. 30		
2	19	Marriya Jenkins		27: 58. 54		
3	22	Jamie Wigmore		28: 25. 95		
4	26	Stephanie Bowes		31: 08. 47		
5	( 27)	Glynis Milne		31: 50. 57		

SENIOR MEN  
Distance - 10K

Results by racedaytiming.ca  
email any questions/concerns to info@racedaytiming.ca

Place	Bi b	Name	Guntime	Club	Prov
Year	Ag				
1	252	Lucas Bruchet	31: 38. 39	POINT GREY TRACK & FIELD	BC
1991	22				
2	607	Chris Winter	31: 44. 91	Speed River West	BC
1986	27				
3	362	Aaron Hendriks	31: 50. 97	LONDON RUNNER DISTANCE CL	ON

1993 20				
4 267	Ryan Cassidy	32: 03. 71 02		NB
1993 20				
5 247	Barry Britt	32: 16. 98	SAINT JOHN TRACK & FIELD	NB
1990 23				
6 484	Kyle O'Neil	32: 20. 98	LONDON RUNNER DISTANCE CL	ON
1989 24				
7 594	Robin Watson	32: 22. 94	POINT GREY TRACK & FIELD	BC
1983 30				
8 207	Kip Kangogo	32: 26. 03	RUNNING ROOM ATHLETIC CLU	AB
1979 34				
9 399	Saheed Khan	32: 36. 94	Central Toronto Athletic	ON
1984 29				
10 374	Theo Hunt	32: 38. 04	POINT GREY TRACK & FIELD	BC
1988 25				
11 498	Charles Philibert-Thibout	32: 55. 18	C. A. Universit� Laval	QC
1990 22				
12 273	Clifford Childs	33: 00. 45	RUNNING ROOM ATHLETIC CLU	AB
1989 24				
13 446	Geoffrey Martinson	33: 01. 03	PRAIRIE INN HARRIERS RACI	BC
1986 27				
14 245	Allan Brett	33: 07. 15	SPEED RIVER TRACK & FIELD	ON
1988 25				
15 413	Pier-Olivier Laflamme	33: 13. 22	Coureur Nordique	QC
1987 26				
16 408	Andrew Kowalsky	33: 15. 00		ON
1992 21				
17 237	Emmanuel Boisvert	33: 17. 62	C. A. Universit� Laval	QC
1991 22				
18 596	Declan White	33: 21. 39	COASTAL TRACK CLUB	BC
1992 21				
19 621	Jeremiah Ziak	33: 22. 56		BC
1976 37				
20 204	Adam Byles	33: 27. 05	POINT GREY TRACK & FIELD	BC
1982 31				
21 565	Kristopher Swanson	33: 42. 15	PRAIRIE INN HARRIERS RACI	BC
1981 32				
22 507	Patrick Psocka	33: 48. 99	UVIC TRACK CLUB	BC
1993 20				
23 248	Ryan Brockerville	33: 51. 50	POINT GREY TRACK & FIELD	BC
1989 24				
24 550	Brent Smith	33: 52. 20	LONDON RUNNER DISTANCE CL	ON
1987 26				
25 373	Timothy Huebsch	33: 55. 21	POINT GREY TRACK & FIELD	BC
1991 22				
26 515	Benjamin Raymond	33: 56. 26	Dynami que de Laval	QC
1992 21				
27 280	St�phane Colle	33: 57. 52	Fleur de Lys	QC
1988 25				
28 578	Matthew Travaglini	34: 06. 57	LONDON WESTERN T. F. C.	ON
1993 20				
29 369	Trevor Hofbauer	34: 08. 68		AB
1992 21				
30 587	Keenan Viney	34: 09. 00	U OF C ATHLETICS CLUB	AB
1989 24				
31 351	Gareth Hadfield	34: 09. 72	CALTAF ATHLETIC ASSOCIAT	AB
1992 21				
32 281	Jordon Collison	34: 23. 49	SAUGEEN TRACK & FIELD CL	ON
1991 22				
33 419	Anthony Larouche	34: 25. 69	C. A. Universit� Laval	QC
1990 23				
34 463	Jevin Monds	34: 34. 81	RUNNING ROOM ATHLETIC CLU	AB
1989 24				
35 619	James Young	34: 42. 01		BC
1991 21				

36 458	Tom Michie	34: 45. 27	Okanagan Running Club	BC
1986 27				
37 203	Nick Browne	34: 46. 06	VANCOUVER FALCONS ATHLETI	BC
1980 33				
38 220	Curtis Aucoin	34: 49. 13	EDMONTON THUNDER	AB
1993 20				
39 325	Thomas Fleming	34: 57. 11	LEGACY ATHLETICS	AB
1987 26				
40 366	Jeremy Hick	35: 04. 00	LONDON WESTERN T. F. C.	ON
1993 20				
41 528	Trevor Schiavone	35: 04. 15	UVIC TRACK CLUB	BC
1991 22				
42 327	Keir Forster	35: 16. 54	POINT GREY TRACK & FIELD	BC
1990 23				
43 468	Richard Mosley	35: 17. 93	POINT GREY TRACK & FIELD	BC
1982 31				
44 333	Dylan Gant	35: 22. 75	POINT GREY TRACK & FIELD	BC
1986 27				
45 239	Michael Bourgeois	35: 29. 93	NEWMARKET HUSKIES TRACK C	ON
1993 20				
46 523	Logan Roots	35: 44. 41	PRAIRIE INN HARRIERS RACI	BC
1993 19				
47 331	Matthew Galea	35: 49. 78	CALTAF ATHLETIC ASSOCIAT	AB
1993 20				
48 513	Devin Rajala	35: 50. 00	POINT GREY TRACK & FIELD	BC
1993 20				
49 205	Barry Donovan	35: 57. 31	POINT GREY TRACK & FIELD	BC
1988 25				
50 288	Christopher De Vries	36: 00. 83	LEGACY ATHLETICS	AB
1988 25				
51 531	Ian Searle	36: 03. 83	PRAIRIE INN HARRIERS RACI	BC
1991 22				
52 328	Travis Fraser	36: 10. 00		BC
1993 20				
53 598	Eric Wiebe	36: 13. 82	RUNNING ROOM ATHLETIC CLU	AB
1988 25				
54 279	Paul Cochrane	36: 14. 15	LONDON RUNNER DISTANCE CL	ON
1989 24				
55 575	Rob Timmerman	36: 22. 20	LONDON WESTERN T. F. C.	ON
1993 20				
56 480	Matthew Norminton	36: 32. 93	RUNNING ROOM ATHLETIC CLU	AB
1977 36				
57 477	Drew Nicholson	37: 07. 93	VANCOUVER FALCONS ATHLETI	BC
1984 29				
58 293	Liam Delaney	37: 15. 90		NL
1993 20				
59 398	Jared Kesteven	37: 37. 37		BC
1990 23				
60 210	Aaron Weidman	37: 38. 33	VANCOUVER FALCONS ATHLETI	BC
1988 25				
61 495	Bill Petrich	37: 40. 00		ON
1973 40				
62 337	Ali Ghadghoni	37: 50. 14	NEWMARKET HUSKIES TRACK C	ON
1993 20				
63 437	Nick Maclean	38: 05. 56		BC
1992 21				
64 254	Brett Buerger	38: 22. 00	RUNNING ROOM ATHLETIC CLU	AB
1993 20				
65 436	John Machuga	38: 30. 27	Okanagan Running Club	BC
1979 34				
66 282	Jack Cook	38: 47. 50	Fast Trax Run & Ski Club	AB
1967 46				
67 379	Josh Inhaber	38: 57. 02	UNATTACHED ALBERTA	AB
1989 24				
68 450	Brady McDonald	39: 01. 68	MAC TRACK	AB

1992 21					
69 202	Anthony Bourdel	39: 21. 00	VANCOUVER FALCONS ATHLETI		BC
1986 27					
70 355	Alex Hansen	39: 25. 13			BC
1990 23					
71 499	Jimmy Phillips	44: 02. 01	LONDON WESTERN T. F. C.		ON
1992 21					

SENIOR MEN CLUB RESULTS  
Distance - 10K

Results by racedaytiming.ca  
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PLACE	POINTS	CLUB NAME	AVG. TIME	TOTAL TIME	DIFF
1.	20	POINT GREY TRACK & FIELD	( 32: 31. 60	2: 10: 06. 42	1: 48. 66)
1	1	Lucas Bruchet	31: 38. 39		
2	4	Robin Watson	32: 22. 94		
3	6	Theo Hunt	32: 38. 04		
4	9	Adam Byles	33: 27. 05		
5	( 11)	Ryan Brockerville	33: 51. 50		
6	( 13)	Timothy Huebsch	33: 55. 21		
7	( 18)	Keir Forster	35: 16. 54		
2.	39	LONDON RUNNER DISTANCE CL	( 33: 34. 57	2: 14: 18. 30	4: 23. 18)
1	2	Aaron Hendrikkx	31: 50. 97		
2	3	Kyle O'Neil	32: 20. 98		
3	12	Brent Smith	33: 52. 20		
4	22	Paul Cochrane	36: 14. 15		
3.	48	RUNNING ROOM ATHLETIC CLU	( 34: 03. 77	2: 16: 15. 11	3: 47. 79)
1	5	Kip Kangogo	32: 26. 03		
2	7	Clifford Childs	33: 00. 45		
3	15	Jevin Monds	34: 34. 81		
4	21	Eric Wiebe	36: 13. 82		
5	( 24)	Matthew Norminton	36: 32. 93		
6	( 27)	Brett Buerger	38: 22. 00		
4.	57	PRAIRIE INN HARRIERS RACI	( 34: 37. 85	2: 18: 31. 42	3: 02. 80)
1	8	Geoffrey Martinson	33: 01. 03		
2	10	Kristopher Swanson	33: 42. 15		
3	19	Logan Roots	35: 44. 41		
4	20	Ian Searle	36: 03. 83		
5.	83	LONDON WESTERN T. F. C.	( 37: 23. 69	2: 29: 34. 78	9: 55. 44)
1	14	Matthew Travaglini	34: 06. 57		
2	17	Jeremy Hick	35: 04. 00		
3	23	Rob Timmerman	36: 22. 20		
4	29	Jimmy Phillips	44: 02. 01		
6.	95	VANCOUVER FALCONS ATHLETI	( 37: 13. 33	2: 28: 53. 32	4: 34. 94)
1	16	Nick Browne	34: 46. 06		
2	25	Drew Nicholson	37: 07. 93		

3 26 Aaron Weidman 37: 38.33  
 4 28 Anthony Bourdel 39: 21.00

SENIOR MEN PROVINCIAL BRANCH RESULTS  
 Distance - 10K

Results by racedaytiming.ca  
 email any questions/concerns to info@racedaytiming.ca

PLACE	POINTS	PROV	BRANCH	AVG. TIME	TOTAL TIME	DIFF
1.	20	TEAM	ONTARIO	( 32: 29.01	2: 09: 56.04	1: 16.18)
1	2	Aaron	Hendri kx	31: 50.97		
2	3	Kyle	O' Nei ll	32: 20.98		
3	5	Saheed	Khan	32: 36.94		
4	10	Allan	Brett	33: 07.15		
5	( 16)	Brent	Smith	33: 52.20		
2.	29	TEAM	BC	( 32: 39.71	2: 10: 38.85	1: 43.00)
1	1	Lucas	Bruchet	31: 38.39		
2	6	Theo	Hunt	32: 38.04		
3	9	Geoffrey	Martinson	33: 01.03		
4	13	Declan	White	33: 21.39		
5	( 14)	Kristopher	Swanson	33: 42.15		
6	( 15)	Ryan	Brockerville	33: 51.50		
3.	47	TEAM	QUEBEC	( 33: 20.57	2: 13: 22.28	1: 01.08)
1	7	Charles	Phi l i bert-Thi bouto	32: 55.18		
2	11	Pier-Ol i vier	Laf l amme	33: 13.22		
3	12	Emmanuel	Boi svert	33: 17.62		
4	17	Benjami n	Raymond	33: 56.26		
5	( 18)	Støphane	Colle	33: 57.52		
6	( 22)	Anthony	Larouche	34: 25.69		
4.	51	TEAM	ALBERTA - GOLD	( 33: 26.04	2: 13: 44.16	1: 42.97)
1	4	Kip	Kangogo	32: 26.03		
2	8	Cl i fford	Chi l ds	33: 00.45		
3	19	Trevor	Hofbauer	34: 08.68		
4	20	Keenan	Vi ney	34: 09.00		
5	( 21)	Gareth	Hadfi el d	34: 09.72		
6	( 23)	Jevi n	Monds	34: 34.81		
5.	102	TEAM	ALBERTA - BLUE	( 35: 24.21	2: 21: 36.85	1: 11.70)
1	24	Curti s	Aucoi n	34: 49.13		
2	25	Thomas	Fl emi ng	34: 57.11		
3	26	Matthew	Gal ea	35: 49.78		
4	27	Chri stopher	De Vri es	36: 00.83		
5	( 28)	Matthew	Normi nton	36: 32.93		

MASTERS OVERALL RESULTS  
 Distance - 8K

Results by racedaytiming.ca  
 email any questions/concerns to info@racedaytiming.ca

Place No. Year Ag	Name	Time	Club	Prov
1 1972 41	574 James Finlayson	26: 54. 34	PRAIRIE INN HARRIERS RACI	BC
2 1973 40	625 Oliver Utting	27: 17. 66		BC
3 1970 43	605 Craig Odermatt	27: 35. 00	PRAIRIE INN HARRIERS RACI	BC
4 1968 45	588 Darren Klassen	27: 49. 20		MB
5 1969 43	582 Derek Hackshaw	28: 09. 92	NEWMARKET HUSKIES TRACK C	ON
6 1963 50	608 Geoff Peat	28: 16. 36	NEWMARKET HUSKIES TRACK C	ON
7 1968 45	587 Stanley Jang	28: 21. 74		BC
8 1966 47	634 Tyler Ginther	28: 24. 06	COASTAL TRACK CLUB	BC
9 1966 47	567 Bruce Deacon	28: 26. 45	PRAIRIE INN HARRIERS RACI	BC
10 1965 48	598 Shawn Muldrew	28: 35. 78	RUNNING ROOM ATHLETIC CLU	AB
11 1960 52	553 Mark Bennett	28: 39. 62	VANCOUVER FALCONS ATHLETI	BC
12 1962 51	575 Daniel Fiorini	28: 41. 18	NEWMARKET HUSKIES TRACK C	ON
13 1967 46	564 Jack Cook	28: 46. 05	Fast Trax Run & Ski Club	AB
14 1963 50	624 Norman Tinkham	28: 55. 51	GOLDEN EARS ATHLETICS	BC
15 1969 44	617 William Sheel	29: 51. 66	HERSHEY HARRIERS ATHLETIC	BC
16 1963 50	600 Carey Nelson	29: 53. 27	POINT GREY TRACK & FIELD	BC
17 1968 45	572 Hicham Elamiri	30: 02. 17		BC
18 1970 43	633 Maria Zambrano	30: 15. 98	CALGARY PHOENIX STRIDERS	AB
19 1971 42	626 Catherine Watkins	30: 31. 43	VANCOUVER FALCONS ATHLETI	BC
20 1961 52	601 Brian Nemethy	30: 43. 21	PRINCE GEORGE ROAD RUNNER	BC
21 1966 47	551 John Blankenship	30: 53. 89	RUNNING ROOM ATHLETIC CLU	AB
22 1963 50	579 Mark Francis	30: 59. 69		BC
23 1967 46	581 Ken Gosleigh	31: 09. 85	SAUGEEN TRACK & FIELD CL	ON
24 1976 37	628 Joshua Weiss	31: 13. 63		BC
25 1963 50	609 Gerard Pinkoski	31: 21. 55	UNATTACHED ALBERTA	AB
26 1961 52	561 Gordon Christie	31: 27. 02	PRAIRIE INN HARRIERS RACI	BC
27 1963 50	603 Larry Nightingale	31: 36. 38	SUNSHINE COAST ATHLETICS	BC
28 1957 56	571 Gary Duncan	31: 36. 60	PRAIRIE INN HARRIERS RACI	BC
29 1962 51	565 Michael Day	31: 40. 14	OTTAWA LIONS T. F. C.	ON
30 1961 52	597 Michael Moon	31: 45. 22	PRAIRIE INN HARRIERS RACI	BC

31	616 Michael Secker	31: 47. 77	Fast Trax Run & Ski Club	AB	
1951 62	32	554 Ed Bickley	32: 02. 69	AB	
1958 55	33	621 Tim Smith	32: 02. 96	BC	
1960 53	34	614 Rachel Ruus	32: 10. 36	BC	
1974 39	35	611 Helen Ritchie	32: 27. 22	VANCOUVER FALCONS ATHLETI	BC
1967 46	36	627 Robert Watt	32: 58. 49	POINT GREY TRACK & FIELD	BC
1963 50	37	589 Bill Krezonoski	33: 05. 27	ON	
1953 60	38	631 Sarah Wiley	33: 08. 62	ON	
1965 48	39	555 Arthur Boileau	33: 21. 53	WEST VANCOUVER TRACK & FI	BC
1957 56	40	613 Clifford Russell	33: 22. 38	Fast Trax Run & Ski Club	AB
1953 60	41	594 Brian Martinson	33: 31. 03	PRINCE GEORGE TRACK CLUB	BC
1958 55	42	622 Kathryn Sullivan	34: 07. 49	NEWMARKET HUSKIES TRACK C	ON
1966 47	43	573 Stefan Fekner	34: 07. 97	Fast Trax Run & Ski Club	AB
1952 61	44	562 Juliette Christie	34: 21. 80	PRAIRIE INN HARRIERS RACI	BC
1962 51	45	580 Arjan Gelling	34: 23. 44	BC	
1946 67	46	612 Paul Roberts	34: 36. 10	LONDON RUNNER DISTANCE CL	ON
1958 55	47	577 Marc Fontaine	34: 53. 32	SEMI AHMOO SUN RUNNERS	BC
1955 58	48	629 Ron Wichmann	35: 06. 11	CHILLIWACK TRACK & FIELD	BC
1955 58	49	585 Corinne Issel	35: 14. 04	OCEAN ATHLETICS	BC
1976 37	50	610 Janette Purdham	35: 27. 88	VANCOUVER FALCONS ATHLETI	BC
1967 45	51	604 Teresa Nightingale	35: 49. 48	SUNSHINE COAST ATHLETICS	BC
1965 48	52	584 Brent Hutchinsson	35: 57. 78	BRANTFORD T. F. C.	ON
1957 56	53	583 Michele Harvey-Blankenshi	36: 01. 39	RUNNING ROOM ATHLETIC CLU	AB
1966 47	54	563 Rhonda Clark	36: 06. 22	CALGARY PHOENIX STRIDERS	AB
1966 47	55	570 Donna Dixon	36: 15. 80	CALGARY PHOENIX STRIDERS	AB
1962 51	56	576 Gordon Flett	36: 24. 12	SEMI AHMOO SUN RUNNERS	BC
1960 53	57	620 Bradley Smith	36: 44. 60	OCEAN ATHLETICS	BC
1960 53	58	558 Lisa Brougham	37: 51. 99	BC	
1970 43	59	606 Fred Pawluk	37: 59. 13	KAJAKS TRACK & FIELD CLUB	BC
1947 66	60	566 Jane De Lemos	38: 25. 17	VANCOUVER FALCONS ATHLETI	BC
1965 48	61	632 Paul Wood	38: 32. 15	SEMI AHMOO SUN RUNNERS	BC
1948 65	62	559 Gwendal Castellan	38: 52. 59	BC	
1976 37	63	607 Tim Payne	39: 01. 30	NEWMARKET HUSKIES TRACK C	ON

1950 63					
64	593	Dee Makepeace	39: 34. 45	SEMI AHMOO SUN RUNNERS	BC
1964 49					
65	591	Shari sse Kyle	39: 42. 74	CALGARY PHOENIX STRIDERS	AB
1957 56					
66	618	Jacques Si egri st	41: 06. 92		BC
1952 61					
67	590	Cori nne Krezonoski	41: 11. 71		ON
1954 59					
68	592	Jake Madderom	41: 22. 92	KAJAKS TRACK & FIELD CLUB	BC
1944 69					
69	557	Ga♦tan Breton	42: 33. 11	Sherbrooke	QC
1947 66					
70	623	Judy Summers	43: 00. 64	DEERFOOT ATHLETIC CLUB	BC
1964 49					
71	602	Deborah Ni el sen	44: 27. 99	POINT GREY TRACK & FIELD	BC
1963 50					
72	560	Vern Chri stensen	45: 58. 80		ON
1940 72					
73	615	Hel en Sabouri n	47: 24. 81	SUNSHI NE COAST ATHLETICS	BC
1941 72					
74	552	Lynette Bal dock	47: 51. 63	GREYHOUNDS TRACK & FIELD	BC
1946 67					
75	578	Bri di e Forde	54: 10. 06		AB
1944 69					
76	596	Lenore Montgomery	55: 40. 87	GREYHOUNDS TRACK & FIELD	BC

MASTERS MEN M35 CLUB RESULTS  
CLUB NAME

AVG. TIME TOTAL TIME DIFF

1.	10	NEWMARKET HUSKIES TRACK C	( 29: 48. 73	1: 59: 14. 95	5: 57. 57)
1	1	Derek Hackshaw	28: 09. 92		
2	2	Geoff Peat	28: 16. 36		
3	3	Dani el Fi ori ni	28: 41. 18		
4	4	Kathryn Sul li van	34: 07. 49		
2.	26	SEMI AHMOO SUN RUNNERS	( 37: 21. 01	2: 29: 24. 04	4: 41. 13)
1	5	Marc Fontai ne	34: 53. 32		
2	6	Gordon Flett	36: 24. 12		
3	7	Paul Wood	38: 32. 15		
4	8	Dee Makepeace	39: 34. 45		

MASTERS MEN M50 CLUB RESULTS  
CLUB NAME

AVG. TIME TOTAL TIME DIFF

1.	9	PRAI RI E I NN HARRI ERS RACI	( 31: 36. 28	1: 34: 48. 84	0: 18. 20)
1	2	Gordon Chri sti e	31: 27. 02		

2	3	Gary Duncan	31: 36. 60
3	4	Michael Moon	31: 45. 22
4	( 6)	Juliette Christie	34: 21. 80
2.	13	POINT GREY TRACK & FIELD	( 35: 46. 58 1: 47: 19. 75 14: 34. 72)

1	1	Carey Nelson	29: 53. 27
2	5	Robert Watt	32: 58. 49
3	7	Deborah Nielsen	44: 27. 99

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 MASTERS MEN M60 CLUB RESULTS  
 CLUB NAME

AVG. TIME TOTAL TIME DIFF

1.	6	Fast Trax Run & Ski Club	( 33: 06. 04 1: 39: 18. 12 2: 20. 20)
1	1	Michael Secker	31: 47. 77
2	2	Clifford Russell	33: 22. 38
3	3	Stefan Fekner	34: 07. 97

MASTERS OVERALL RESULTS  
 Distance - 8K

Results by racedaytiming.ca  
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Age Group Results

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 TOP Overall MASTERS MEN  
 OA NAME

CLUB

PROV

GUNTIME

1	James Finlayson	PRAIRIE INN HARRIERS RACI	BC	26: 54. 34
2	Oliver Utting		BC	27: 17. 66
3	Craig Odermatt	PRAIRIE INN HARRIERS RACI	BC	27: 35. 00

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 TOP Overall MASTERS WOMEN  
 OA NAME

CLUB

PROV

GUNTIME

1	Maria Zambrano	CALGARY PHOENIX STRIDERS	AB	30: 15. 98
2	Catherine Watkins	VANCOUVER FALCONS ATHLETI	BC	30: 31. 43
3	Rachel Ruus		BC	32: 10. 36

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 AGE GROUP: MEN 35-39

OA NAME

CLUB

PROV

GUNTIME

1	Joshua Weiss		BC	31: 13. 63
2	Gwendal Castellian		BC	38: 52. 59

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 AGE GROUP: FEMALE 35-39

OA NAME

CLUB

PROV

GUNTIME

1	Rachel Ruus		BC	32: 10. 36
2	Corinne Issel	OCEAN ATHLETICS	BC	35: 14. 04

AGE GROUP: MEN 40-44				
OA NAME	CLUB	PROV	GUNT I ME	
1 James Finlayson	PRAIRIE INN HARRIERS RACI	BC	26:	54.34
2 Oliver Utting		BC	27:	17.66
3 Craig Odermatt	PRAIRIE INN HARRIERS RACI	BC	27:	35.00
4 Derek Hackshaw	NEWMARKET HUSKIES TRACK C	ON	28:	09.92
5 William Sheel	HERSHEY HARRIERS ATHLETIC	BC	29:	51.66

AGE GROUP: FEMALE 40-44				
OA NAME	CLUB	PROV	GUNT I ME	
1 Maria Zambrano	CALGARY PHOENIX STRIDERS	AB	30:	15.98
2 Catherine Watkins	VANCOUVER FALCONS ATHLETI	BC	30:	31.43
3 Lisa Brougham		BC	37:	51.99

AGE GROUP: MEN 45-49				
OA NAME	CLUB	PROV	GUNT I ME	
1 Darren Klassen		MB	27:	49.20
2 Stanley Jang		BC	28:	21.74
3 Tyler Ginther	COASTAL TRACK CLUB	BC	28:	24.06
4 Bruce Deacon	PRAIRIE INN HARRIERS RACI	BC	28:	26.45
5 Shawn Muldrew	RUNNING ROOM ATHLETIC CLU	AB	28:	35.78
6 Jack Cook	Fast Trax Run & Ski Club	AB	28:	46.05
7 Hicham Elami ri		BC	30:	02.17
8 John Blankenship	RUNNING ROOM ATHLETIC CLU	AB	30:	53.89
9 Ken Goslei gh	SAUGEEN TRACK & FIELD CL	ON	31:	09.85

AGE GROUP: FEMALE 45-49				
OA NAME	CLUB	PROV	GUNT I ME	
1 Helen Ritchie	VANCOUVER FALCONS ATHLETI	BC	32:	27.22
2 Sarah Wiley		ON	33:	08.62
3 Kathryn Sullivan	NEWMARKET HUSKIES TRACK C	ON	34:	07.49
4 Janette Purdham	VANCOUVER FALCONS ATHLETI	BC	35:	27.88
5 Teresa Nightingale	SUNSHINE COAST ATHLETICS	BC	35:	49.48
6 Michele Harvey-Blankenship	RUNNING ROOM ATHLETIC CLU	AB	36:	01.39
7 Rhonda Clark	CALGARY PHOENIX STRIDERS	AB	36:	06.22
8 Jane De Lemos	VANCOUVER FALCONS ATHLETI	BC	38:	25.17
9 Dee Makepeace	SEMI AHMOO SUN RUNNERS	BC	39:	34.45
10 Judy Summers	DEERFOOT ATHLETIC CLUB	BC	43:	00.64

AGE GROUP: MEN 50-54				
OA NAME	CLUB	PROV	GUNT I ME	
1 Geoff Peat	NEWMARKET HUSKIES TRACK C	ON	28:	16.36
2 Mark Bennett	VANCOUVER FALCONS ATHLETI	BC	28:	39.62
3 Daniel Fiorini	NEWMARKET HUSKIES TRACK C	ON	28:	41.18
4 Norman Tinkham	GOLDEN EARS ATHLETICS	BC	28:	55.51
5 Carey Nelson	POINT GREY TRACK & FIELD	BC	29:	53.27
6 Brian Nemethy	PRINCE GEORGE ROAD RUNNER	BC	30:	43.21
7 Mark Francis				

MASTERS AGE GRADED  
Distance - 8K

Results by racedaytiming.ca  
 email any questions/concerns to info@racedaytiming.ca

Age-Graded

Place Percent	Sex/Tot	Div/Tot	Div	Ag Name	Gunt ime	Prov	Time
1	1/52	1/16	M5054	52 Mark Bennett	28: 39. 62	BC	24: 40
85. 95							
2	2/52	2/16	M5054	50 Geoff Peat	28: 16. 36	ON	24: 44
85. 71							
3	3/52	3/16	M5054	51 Dani el Fi ori ni	28: 41. 18	ON	24: 54
85. 17							
4	4/52	1/6	M6064	62 Mi chael Secker	31: 47. 77	AB	25: 08
84. 39							
5	1/24	1/1	F8099	83 Lenore Montgomery	55: 40. 87	BC	28: 36
84. 23							
6	5/52	1/5	M4044	41 James Fi nl ayson	26: 54. 34	BC	25: 15
84. 00							
7	2/24	1/3	F4044	43 Mari a Zambrano	30: 15. 98	AB	28: 42
83. 92							
8	6/52	4/16	M5054	50 Norman Ti nkham	28: 55. 51	BC	25: 19
83. 78							
9	7/52	1/9	M4549	45 Darren Kl assen	27: 49. 20	MB	25: 19
83. 75							
10	8/52	2/9	M4549	48 Shawn Mul drew	28: 35. 78	AB	25: 25
83. 40							
11	9/52	3/9	M4549	47 Tyl er Gi nther	28: 24. 06	BC	25: 27
83. 33							
12	10/52	4/9	M4549	47 Bruce Deacon	28: 26. 45	BC	25: 29
83. 21							
13	11/52	2/5	M4044	43 Crai g Odermatt	27: 35. 00	BC	25: 30
83. 20							
14	3/24	2/3	F4044	42 Catheri ne Watki ns	30: 31. 43	BC	29: 10
82. 61							
15	12/52	3/5	M4044	40 Ol i ver Utting	27: 17. 66	BC	25: 48
82. 19							
16	13/52	5/9	M4549	45 Stanley Jang	28: 21. 74	BC	25: 49
82. 15							
17	14/52	1/5	M6569	67 Arjan Gelling	34: 23. 44	BC	25: 58
81. 66							
18	15/52	6/9	M4549	46 Jack Cook	28: 46. 05	AB	25: 59
81. 63							
19	16/52	4/5	M4044	43 Derek Hackshaw	28: 09. 92	ON	26: 02
81. 48							
20	17/52	5/16	M5054	50 Carey Nel son	29: 53. 27	BC	26: 09
81. 08							
21	18/52	1/8	M5559	56 Gary Duncan	31: 36. 60	BC	26: 19
80. 56							
22	4/24	1/10	F4549	46 Hel en Ri tchi e	32: 27. 22	BC	29: 58
80. 37							
23	5/24	1/3	F5054	51 Jul i ette Christi e	34: 21. 80	BC	29: 58
80. 37							
24	6/24	2/10	F4549	48 Sarah Wi ley	33: 08. 62	ON	29: 58
80. 36							
25	19/52	6/16	M5054	52 Bri an Nemethy	30: 43. 21	BC	26: 27
80. 19							
26	20/52	2/6	M6064	60 Bi ll Krezonoski	33: 05. 27	ON	26: 37
79. 69							
27	21/52	3/6	M6064	60 Cl i fford Russel l	33: 22. 38	AB	26: 51
79. 01							

78.99	28	7/24	1/1	F7074	72	Hel en Sabouri n	47: 24. 81	BC	30: 30
78.80	29	22/52	2/8	M5559	55	Ed Bi ckle y	32: 02. 69	AB	26: 55
78.33	30	23/52	7/16	M5054	52	Gordon Chri sti e	31: 27. 02	BC	27: 04
78.19	31	24/52	8/16	M5054	50	Mark Franci s	30: 59. 69	BC	27: 07
77.93	32	25/52	4/6	M6064	61	Stefan Fekner	34: 07. 97	AB	27: 13
77.58	33	26/52	9/16	M5054	52	Mi chael Moon	31: 45. 22	BC	27: 20
77.57	34	27/52	7/9	M4549	45	Hi cham El ami ri	30: 02. 17	BC	27: 20
77.48	35	28/52	10/16	M5054	53	Tim Smi th	32: 02. 96	BC	27: 22
77.41	36	29/52	5/5	M4044	44	Wi lli am Sheel	29: 51. 66	BC	27: 23
77.28	37	30/52	11/16	M5054	50	Gerard Pi nkoski	31: 21. 55	AB	27: 26
77.22	38	8/24	3/10	F4549	47	Kathryn Sul livan	34: 07. 49	ON	31: 12
77.15	39	31/52	12/16	M5054	51	Mi chael Day	31: 40. 14	ON	27: 29
76.88	40	9/24	1/2	F3539	39	Rachel Ruus	32: 10. 36	BC	31: 20
76.67	41	32/52	13/16	M5054	50	Larry Ni ghti ngal e	31: 36. 38	BC	27: 39
76.60	42	33/52	8/9	M4549	47	John Bl ankenshi p	30: 53. 89	AB	27: 41
76.34	43	34/52	3/8	M5559	56	Arthur Boi leau	33: 21. 53	BC	27: 47
76.16	44	10/24	2/3	F5054	51	Donna Di xon	36: 15. 80	AB	31: 38
75.35	45	35/52	9/9	M4549	46	Ken Gosl ei gh	31: 09. 85	ON	28: 09
75.33	46	36/52	4/8	M5559	55	Bri an Marti nson	33: 31. 03	BC	28: 09
74.48	47	11/24	1/2	F5559	59	Cori nne Krezonoski	41: 11. 71	ON	32: 20
74.34	48	12/24	4/10	F4549	48	Teresa Ni ghti ngal e	35: 49. 48	BC	32: 24
74.24	49	37/52	5/8	M5559	58	Marc Fontai ne	34: 53. 32	BC	28: 34
74.20	50	13/24	2/2	F5559	56	Shari sse Kyle	39: 42. 74	AB	32: 28
73.78	51	38/52	6/8	M5559	58	Ron Wi chmann	35: 06. 11	BC	28: 44
73.49	52	39/52	14/16	M5054	50	Robert Watt	32: 58. 49	BC	28: 51
73.23	53	40/52	2/5	M6569	66	Fred Pawl uk	37: 59. 13	BC	28: 57
73.15	54	14/24	5/10	F4549	47	Mi chel e Harvey-Bl ankenshi	36: 01. 39	AB	32: 56
72.98	55	15/24	6/10	F4549	47	Rhonda Cl ark	36: 06. 22	AB	33: 00
72.97	56	41/52	7/8	M5559	55	Paul Roberts	34: 36. 10	ON	29: 03
72.89	57	16/24	7/10	F4549	45	Janette Purdham	35: 27. 88	BC	33: 03
72.15	58	17/24	1/2	F6569	67	Lynette Bal dock	47: 51. 63	BC	33: 23
71.53	59	42/52	3/5	M6569	65	Paul Wood	38: 32. 15	BC	29: 39
	60	43/52	8/8	M5559	56	Brent Hutchi nson	35: 57. 78	ON	29: 57

