

13th Annual **PEACE HILLS X-COUNTRY MEET**

Saturday September 24, 2011

Location: Peace Hills Park, Wetaskiwin, AB

Hosts: Wetaskiwin Composite HS, Spruce Avenue JHS and Covenant T&F Club

Awards:

- A race T-shirt to the top 6 finishers in each race.
- Team medals and plaques
- Medals to 1st, 2nd, 3rd and ribbons 4 -10
- Overall plaques to top HS, JHS and Elementary
- Plaques to top guys and girls for combined teams.

Schedule of Events

Walk Throughs:

9:00 am – Elementary and Jr. High

11:00 am – High School Only

(Some races may begin before others are completed)

9:00 Walk Through – Elementary and Jr. High

9:35 Grade 1 Boys - 1 km

9:42 Grade 1 Girls - 1 km

9:49 Grade 2 & 3 Boys - 1 km

10:08 Grade 2 & 3 Girls - 1 km

10:18 Grade 4 & 5 Boys - 2 km

10:20 Grade 4 & 5 Girls - 2 km

10:40 Grade 6 & 7 Boys - 3 km

11:00 Grade 6 & 7 Girls - 3 km

11:00 Walk Through - High School only

11:25 Grade 8 and 9 Boys - 4 km

11:55 Grade 8 and 9 Girls - 3 km

12:15 HS Junior Men - 4 km

12:40 HS Junior Women - 3 km

1:05 HS Intermediate Men - 5 km

1:35 HS Intermediate Women -4 km

2:00 HS Senior Men - 6 km

2:30 HS Senior Women - 4 km

Award presentations:

- All individual awards and race teams will be awarded 15 minutes after each race
- Over-all trophies at approx:
 - 11:25 am Elementary
 - 12:15 am Junior High
 - 2:55 pm High School

Age groups:

- Grades as indicated
- HS Junior - under 16 as of September 1, 2011
- HS Intermediate - under 17 as of September 1, 2011
- HS Senior - under 19 as of September 1, 2011

Cost: \$8.00 per competitor with \$165 maximum for school.

(Clubs - please enter athletes under school)

SPECIAL - if a school finds us an appropriate sponsor of \$150 or more and contacts us with details by September 15th their School's entries are FREE!

All sponsors with information given by above date will be on T-Shirt!!

Deadline is Tuesday September 20 by 6:00 pm, post entries \$12.00 each

Enter by mailing: Peace Hills X-Country, c/o Pete Wright
12415-75 Street, Edmonton, AB T5B 2C1

By email at: peacehills.xcountry@gmail.com

By Fax at: (780) 401-3074

Please enter all team athletes with the following information but as a group (minimum 4 for a team):

- | | | |
|-------------------|---------------------------|-------------------|
| 1.) School Name | 3.) Gender | 5.) Date of Birth |
| 2.) Athletes Name | 4.) Name of Running Event | |

For more information please contact: Pete Wright at (780) 479-1860 or (780) 619-9690 (cell) or by email at peacehills.xcountry@gmail.com

Accommodations: Best Western (780) 352-6681, Super 8 (780) 361-3808, Fort Ethier Motel (780) 352-9161 or Prairie Breeze Motel and RV Park (780) 352-7220.