

## Airdrie Aces Twilight Meets

Sponsored by: Airdrie Dodge Jeep

Wednesday June 18, 2014; Wednesday July 2, 2014

6:00 PM – 9:00 PM

Hosted by: Airdrie Aces Athletics Club

Sanctioned by: Athletics Alberta

Website: <http://www.airdrieacesathletics.com/>

Facility: Genesis Place Outdoor Track

800 Eastlake Blvd NE, Airdrie

8 Lane, 400m synthetic polyurethane running track.

Maximum Spike length: 6mm (Pyramid or Christmas tree).

Concrete throwing circles; synthetic javelin runway.

**Entry Fees:** Individual Events \$8; Duathlon: \$15; Triathlon: \$20

Make cheques payable to: Airdrie Aces Athletics Club (AAAC).

**Entry Deadline:** Friday June 13 6:00 PM/Friday June 27 6:00PM.

Scratches must be received by Monday 12:00 PM to avoid charges.

Late entries will be accepted at the Meet Director's discretion and will be charged an additional \$5.00/event.

Day of the Meet Athletics Alberta memberships available (\$5.00).

Event File will be available on the Calgary Track Council and Airdrie Aces websites.

**Meet Director:** Jan Lips (587) 360-3529; email: [coach\\_jan@hotmail.com](mailto:coach_jan@hotmail.com)

**Entries:** Please send entries using Team Manager to: Jolene Dressler; email: [momfirst\\_2000@yahoo.com](mailto:momfirst_2000@yahoo.com)

Meet is open to Midget and up. Please report legal seed performances.

### Events offered:

#### June 18:

Sprint Duathlon:	100m & 200m	Open M&W	Youth M&W	Midget M&W
Sprint/Jump Duathlon 1:	200m & Long Jump		Youth M&W	
Sprint/Jump Duathlon 2:	200m & High Jump	Open M&W		
Throws Duathlon 1:	Javelin & Shot Put	Open W	Youth W	
Throws Duathlon 2:	Shot Put & Discus	Open M	Youth M	
Throws Duathlon 3:	Discus & Javelin	Midget M	Midget W	
Middle Distance:	1200m	Midget M&W		
	1500m	Open M&W	Youth M&W	

#### July 2:

Sprints:	150m	Open M&W	Youth M&W	Midget M&W
	300m	Open M&W	Youth M&W	Midget M&W
Middle Distance:	800m	Open M&W	Youth M&W	Midget M&W
Hurdles:	80m	Midget W		
	100m	Open W	Youth W	Midget M
	110m	Open M	Junior M	Youth M
Jumps:	Triple Jump	Open/Youth/Midget M&W		
Throws:	Hammer	Open/Youth/Midget M&W		

Shot Put: Midget M&W

All-round Triathlon Women: 100m hurdles High Jump Javelin Throw Open/Youth W  
 All-round Triathlon Men: 110m hurdles Discus Throw Long Jump Open/Youth M

Three attempts in Duathlon/Triathlon field events  
 Medals will be offered to the top-three finishers in each single event or combined event.

**Tentative schedule:**

June 18

100m: 6:15 PM Order: Open/Youth/Midget; W before M  
 200m: 7:45 PM Order: Open/Youth/Midget; W before M  
 8:15 PM Sprint/Jump Duathlon 200m  
 1500/1200m: 7:00 PM Order: Open/Youth/Midget; W before M

July 2:

Sprint hurdles: 6:00 PM Order: Open M/Junior M/Youth M/Open W/Midget M/Youth W/Midget W  
 150m: 6:40 PM Order: Open/Youth/Midget; W before M  
 300m: 8:15 PM Order: Open/Youth/Midget; W before M  
 800m: 7:15 PM Order: Open/Youth/Midget; W before M

Field Events:

Wednesday	6:00-9:00	6/18/2014
Long Jump	6:00	Youth M
	7:00	Youth W
High Jump	6:00	Open M
	7:00	Open W
Shot Put	6:00	Open M
	6:45	Youth M
	7:30	Open W
	8:15	Youth W
Discus	6:00	Midget M
	6:45	Midget W
	7:30	Open M
	8:15	Youth M
Javelin	6:00	Open W
		Youth W
	7:30	Midget M
	8:15	Midget W

Wednesday	6:00-9:00	7/2/2014
Long Jump	8:15	Open M/ Youth M
Discus	7:00	Open M/ Youth M
High Jump	7:00	Open W/ Youth W
Javelin	8:15	Open W/ Youth W
Triple Jump	6:00	M
	7:15	W
Hammer	6:00	M
	8:00	W
Shot Put	7:15	Midget M
	8:00	Midget W