

# **FUN IN ATHLETICS**

Brought to you by Edmonton Harriers Track & Field Club

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This is your invitation to take part in the 2<sup>nd</sup> Edmonton Harriers Track & Field Club “Fun In Athletics” Program

## **2<sup>nd</sup> Session to include a Hershey qualifying meet**

**When: Saturday, 19th, 2012 from 2 - 5 p.m.**

**Where: Foote Field**

### **What Is The Program?**

A fun based introduction to track & field for upper elementary students (grades 4-6) + Hershey events for all age groups.

Activities will include warm-up games/activities, skill development in running, jumping and throwing and participation in a low key competition.

Saturday, May 19<sup>th</sup>: 100 metres, 800 metres, Running Long Jump, Turbo Javelin Throw.

Participants will receive a short coaching session for each event, followed by a low-key competition.

**Program Presenters** are coaches and assistant coaches from Edmonton Harriers Track & Field Club

### **Registration:**

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The cost is \$15.00 per athlete per day. **A maximum of 24 athletes** plus young members of Edmonton Harriers will be accepted in this program. Registrations accepted in the order they are received with full payment.

## **Application Form**

To apply, complete the attached form, and send it, along with a cheque (\$15.00 for one day,) to: Shantelle Maissoneuve, 1054 Knottwood Road East, Edmonton T6K 3R4. Cheques should be made out to Edmonton Harriers

Please note that there will be other events taking place in conjunction with this program. These will be distance races for older athletes. For more information check out

<http://www.events.runningroom.com/site/?raceId=7873>

For further updates/changes please check the Harriers website at [www.edmontonharriers.ca](http://www.edmontonharriers.ca)

**Probable Schedule (Hershey events will be provided as needed i.e. if there are no registrants in a specific events, that event will be cancelled). Hershey events are open to participants in the Fun In Athletics Program. Additional entrants in older age groups will be considered – contact Phil Booth at [psbooth@telus.net](mailto:psbooth@telus.net)**

## **Saturday May 19th 2-5pm**

2:00pm Check In for Fun In Athletics  
2:10pm Hershey 1600m  
2:20pm Hershey 400m  
2:30pm Elementary Girls 100m +/-inc Hershey 100m  
2:40pm Elementary Boys 100m +/-inc Hershey 100m  
2:50pm Elementary Boys Running Long Jump + Hershey Boys Standing Long Jump  
2:50pm Elementary Girls Turbo Javelin + Hershey Girls Ball Throw  
2:50pm Open Graded 800m Heat #1  
2:55pm Open Graded 800m Heat #2  
3:00pm Open Graded 800m Heat #3  
3:05pm Open Graded 800m Heat #4  
3:10pm Hershey 200m  
3:20pm Elementary Girls 800m +/-inc Hershey 800m

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3:30pm Elementary Boys 800m +/-inc Hershey 800m  
3:40pm Elementary Boys Turbo Javelin Throw + Hershey Boys Ball Throw  
3:40pm Elementary Girls Running Long Jump + Hershey Girls Standing Long Jump  
3.50pm Hershey 50m  
4:00pm Open Graded 3000m Heat #1  
4:20pm Open Graded 3000m Heat #2  
4.40pm Hershey 4 x 100m relay

Please let Phil Booth know what Hershey events you will be doing. As I get your entries they will be posted on the Harriers web site under Coaches Corner/Coaches News.

## 2012 "FUN IN ATHLETICS" APPLICATION

NAME:

Last name: \_\_\_\_\_

Given Names: \_\_\_\_\_

ADDRESS: \_\_\_\_\_, \_\_\_\_\_

Postal Code: \_\_\_\_\_

Phone No.: \_\_\_\_\_ Date of Birth \_\_\_\_\_

EMAIL ADDRESS (parents): \_\_\_\_\_

All correspondence goes out by email.

**Fees are non-refundable.**

### WAIVER CLAUSE

In consideration of your accepting my/my child's application for participation in the Edmonton Harriers (the "Club") Fun In Athletics Program I forever release and discharge the Club, its directors, officers, coaches, employees and agents (collectively the Participants") from any and all actions, damages, claims, demands, costs and expenses whatsoever which might arise by participating in the Edmonton Harriers Fun In Athletics Program whether or not incurred by the negligence of any Participant, and I agree to indemnify and save harmless the Participants, their personal representatives, successors and assigns, against and from all actions, damages, claims, demands, costs and expenses which may hereafter be brought or made against them or any of them by or on behalf of myself/my child because of participating in the Edmonton Harriers Fun In Athletics Program whether or not incurred by the negligence of any of the Participants, except to the extent and amount covered by accident or liability insurance or both.

**I HEREBY APPLY FOR PARTICIPATION IN THE EDMONTON HARRIERS "FUN IN ATHLETICS" Program.**

DATE \_\_\_\_\_

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\_\_\_\_\_  
**Signature of Parent/Guardian if 18 & under**

**Please note:** Participant numbers will be limited to 24 plus Harriers members.  
**Applications will be accepted on a first come first served basis.** You will be notified whether or not your application has been accepted.

## MEDICAL INFORMATION FORM

To be completed by **all participants**



ATHLETE NAME:

Last name: \_\_\_\_\_

Given Names: \_\_\_\_\_

ADDRESS: \_\_\_\_\_, \_\_\_\_\_

Postal Code: \_\_\_\_\_

Phone No.: \_\_\_\_\_ Date of Birth \_\_\_\_\_

DOCTOR'S NAME: \_\_\_\_\_ PHONE NO: \_\_\_\_\_  
\_\_\_\_\_

MED. INS. NO. \_\_\_\_\_

**In Case Of Emergency:**

PLEASE NOTIFY \_\_\_\_\_

RELATIONSHIP \_\_\_\_\_

ADDRESS  
\_\_\_\_\_

PHONE (HOME) \_\_\_\_\_ (BUSINESS) \_\_\_\_\_ (OTHER) \_\_\_\_\_  
\_\_\_\_\_

Is the applicant subject to allergies such as drugs, food, insect stings, etc.?

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Please explain  
\_\_\_\_\_

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To the best of my knowledge, the aforementioned applicant is in good health and the medical information is accurate.

SIGNATURE of Parent or Guardian\_\_\_\_\_

DATE \_\_\_\_\_