

2012 Garriock Track and Field Meet
Duncan, BC - 09/06/2012 to 10/06/2012
Results

Event 1 Girls 9 Year Olds 60 Meter Dash

Name	Year Team	Finals	Wind
Finals			
1 Schmunk, Annika	03 Powell River	10.09	NWI
2 Peterson, Julia	03 Peninsula Track	11.03	NWI
3 Schiller, Mya	03 Oceanside Track	11.65	NWI

Event 2 Girls 10 Year Olds 60 Meter Dash

Name	Year Team	Finals	Wind	H#
1 Bau, Olivia	02 Unattached	9.40	NWI	1
2 Naude, Kristin	02 Powell River	9.71	NWI	1
3 Elliott, Sidney	02 Powell River	9.88	NWI	2
4 Dickenson, Karly	02 Nanaimo Track	9.95	NWI	1
5 Fougner-Rukus, Reece	02 Cowichan Valley	10.23	NWI	2
6 Keyes, Molly	02 Comox Valley	10.28	NWI	1
6 Mitchell, Makayla	02 Nanaimo Track	10.28	NWI	1
8 Larkin, Mackenzie	02 Victoria Track	10.55	NWI	2
9 Branham-Gutierrez, Sophi	02 Alberni Valley	10.65	NWI	2
10 Chase, Sydney	02 Alberni Valley	10.66	NWI	2
11 Morrison, Kate	02 Oceanside Track	10.99	NWI	1
12 Dobbyn, Sara	02 Nanaimo Track	11.55	NWI	2
12 Saunders, Sophie	02 Alberni Valley	11.55	NWI	1
14 Gutter-Spence, Taryn	02 Powell River	12.20	NWI	1

Event 3 Girls 11 Year Olds 60 Meter Dash

Name	Year Team	Finals	Wind	H#
1 Gendall, Danae	01 Cowichan Valley	9.20	NWI	2
2 Ashcroft, Julia	01 Campbell River	9.29	NWI	1
3 Bray, Heather	01 Nanaimo Track	9.31	NWI	2
4 Watson, Kaitlyn	01 Nanaimo Track	9.48	NWI	1
5 Frederiksen, Gwyneth	01 Unattached	9.70	NWI	1
6 Pallard, Evelynne	01 Nanaimo Track	9.84	NWI	1
7 Mastrodonato, Melaina	01 Powell River	9.86	NWI	2
8 Labree, Morgan	01 Powell River	9.94	NWI	2
9 West, Emily	01 Alberni Valley	9.97	NWI	1
10 Payne, Mikaela	01 Cowichan Valley	10.08	NWI	1
11 Vallance, Ella	01 Powell River	10.10	NWI	1
12 Head, Abby	01 Powell River	10.71	NWI	2

Event 4 Boys 9 Year Olds 60 Meter Dash

Name	Year Team	Finals	Wind	H#
1 Head, Leo	03 Powell River	9.88	NWI	1
2 Rossouw, Ben	03 Cowichan Valley	9.95	NWI	2
3 McIntyre, Jacob	03 Cowichan Valley	10.27	NWI	2
4 Mastrodonato, Gavin	03 Powell River	10.38	NWI	1
5 Isaac, Jack	03 Alberni Valley	10.63	NWI	2
6 Wynans, Samuel	03 Alberni Valley	10.84	NWI	1
7 Johnston, Kale	03 Nanaimo Track	10.87	NWI	2
8 Vallance, Caleb	03 Powell River	10.89	NWI	2

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...Event 4 Boys 9 Year Olds 60 Meter Dash

9 Seaman, Ryan	03	Nanaimo Track	11.21	NWI	1
10 Seaman, Jake	03	Nanaimo Track	11.36	NWI	1
11 Shields, Luke	03	Oceanside Track	12.71	NWI	2

Event 5 Boys 10 Year Olds 60 Meter Dash

Name	Year	Team	Finals	Wind	H#
1 Rasiah, Kintan	02	Oceanside Track	9.38	NWI	2
2 Hall, Fergus	02	Campbell River	9.51	NWI	1
3 Worcester-Wroe, Elijah	02	Oceanside Track	9.52	NWI	1
4 Stark-Huhtanen, Blake	02	Cowichan Valley	10.11	NWI	2
5 Shaw, Ryan	02	Oceanside Track	10.19	NWI	1
6 Spencer-Smith, Callum	02	Alberni Valley	10.26	NWI	2
7 Chand, Matthew	02	Oceanside Track	10.29	NWI	1
8 Bassett, Avi	02	Oceanside Track	10.69	NWI	2
9 Keltie, Logan	02	Oceanside Track	10.71	NWI	2
10 Abbott, Keagen	02	Powell River	10.73	NWI	1
11 Wilson, Felix	02	Cowichan Valley	10.84	NWI	1
12 Lund, Aidan	02	Campbell River	11.25	NWI	1
13 Paisley, David	02	Cowichan Valley	11.36	NWI	2

Event 6 Boys 11 Year Olds 60 Meter Dash

Name	Year	Team	Finals	Wind	H#
1 Nahorney, Ty	01	Alberni Valley	9.10	NWI	2
2 Smith, Isaiah	01	Peninsula Track	9.15	NWI	1
3 Close, Ethan	01	Cowichan Valley	9.16	NWI	1
4 Ross, Cameron	01	Pacific Athletics	9.40	NWI	2
5 Moncton, Zacharias	01	Pacific Athletics	9.49	NWI	2
6 Parkhouse, Caleb	01	Powell River	9.60	NWI	2
7 Tozer, Devin	01	Nanaimo Track	9.80	NWI	2
8 Johnson, Aidan	01	Oceanside Track	9.86	NWI	1
9 Ferraro, Jett	01	Nanaimo Track	10.01	NWI	2
10 Guild, Mackenzie	01	Oceanside Track	10.14	NWI	2
11 Hancock, Carter	01	Oceanside Track	10.19	NWI	1
12 Dewit, Jaden	01	Cowichan Valley	10.20	NWI	1
13 Baycroft, Zachary	01	Campbell River	10.22	NWI	1
14 Contant, Yanick	01	Alberni Valley	10.24	NWI	1
15 Dewit, Aaron	01	Cowichan Valley	10.37	NWI	1
16 Stilwell, Kai	01	Oceanside Track	10.84	NWI	2

Event 7 Girls 9 Year Olds 100 Meter Dash

Name	Year	Team	Finals	Wind
1 Schmunk, Annika	03	Powell River	16.23	NWI
2 Peterson, Julia	03	Peninsula Track	18.19	NWI
3 Higgins, Paige	03	Nanaimo Track	18.27	NWI

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Event 8 Girls 10 Year Olds 100 Meter Dash

Name	Year Team	Finals	Wind	H#
1 Bau, Olivia	02 Unattached	15.42	NWI	1
2 Naude, Kristin	02 Powell River	15.85	NWI	1
3 Elliott, Sidney	02 Powell River	16.21	NWI	2
4 Mitchell, Makayla	02 Nanaimo Track	16.95	NWI	2
5 Fougner-Rukus, Reece	02 Cowichan Valley	17.00	NWI	1
6 Magana, Catalina	02 Oceanside Track	17.06	NWI	1
7 Keyes, Molly	02 Comox Valley	17.24	NWI	2
8 Minkley, Alexis	02 Nanaimo Track	17.30	NWI	1
9 Larkin, Mackenzie	02 Victoria Track	17.47	NWI	1
10 Morrison, Kate	02 Oceanside Track	17.70	NWI	2
11 Chase, Sydney	02 Alberni Valley	17.78	NWI	2
12 Sundberg-Groot, Kaelin	02 Oceanside Track	17.80	NWI	2
13 Branham-Gutierrez, Sophi	02 Alberni Valley	17.83	NWI	2
13 Maxwell, Ainsley	02 Nanaimo Track	17.83	NWI	1
15 Saunders, Sophie	02 Alberni Valley	20.37	NWI	2
16 Gutter-Spence, Taryn	02 Powell River	20.47	NWI	1

Event 9 Girls 11 Year Olds 100 Meter Dash

Name	Year Team	Finals	Wind	H#
1 Pollock, Madelyn	01 Cowichan Valley	14.64	NWI	2
2 Gendall, Danae	01 Cowichan Valley	15.17	NWI	1
3 Ashcroft, Julia	01 Campbell River	15.20	NWI	2
4 Hague, Nicole	01 Oceanside Track	15.21	NWI	2
5 Watson, Kaitlyn	01 Nanaimo Track	15.54	NWI	1
6 Frederiksen, Gwyneth	01 Unattached	15.63	NWI	1
7 Mastrodonato, Melaina	01 Powell River	15.89	NWI	2
8 Pallard, Evelynne	01 Nanaimo Track	15.98	NWI	1
9 Vallance, Ella	01 Powell River	16.06	NWI	2
10 Labree, Morgan	01 Powell River	16.10	NWI	1
11 Atkinson, Lindsay	01 Campbell River	16.25	NWI	1
12 West, Emily	01 Alberni Valley	16.36	NWI	1
13 Mullan-Fraser, Marilyn	01 Comox Valley	16.53	NWI	2
14 Whitson, Jacqueline	01 Alberni Valley	16.69	NWI	2
15 Head, Abby	01 Powell River	17.46	NWI	1
16 Wilson, Emma	01 Cowichan Valley	18.31	NWI	2

Event 10 Girls 12 Year Olds 100 Meter Dash

Name	Year Team	Finals	Wind	H#
1 Matthews, Thea	00 Victoria Track	13.67	NWI	2
2 Metrowich, Julia	00 Nanaimo Track	13.94	NWI	3
3 McPhee, Jaci	00 Campbell River	13.95	NWI	2
4 Cathro, Ashley	00 Victoria Track	14.03	NWI	1
5 Matthews, Quinn	00 Victoria Track	14.04	NWI	3
6 D'Agnolo, Nicole	00 Pacific Athletics	14.23	NWI	2
7 Dewit, Emma	00 Cowichan Valley	14.51	NWI	2
8 Ory, Jessica	00 Nanaimo Track	14.63	NWI	2
9 Paulus, Nairee	00 Campbell River	14.74	NWI	1
10 Bouma, Haven	00 Nanaimo Track	15.11	NWI	1
11 Katzberg, Jessica	00 Nanaimo Track	15.34	NWI	2

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12 Stanbury, Maureen	00	Cowichan Valley	15.50	NWI	1
13 Greenshields, Amanda	00	Oceanside Track	15.68	NWI	3
14 Johnston, Mackenzie	00	Cowichan Valley	15.69	NWI	3
15 Stewart, Hope	00	Nanaimo Track	15.86	NWI	3
16 Sundberg-Groot, Taylor	00	Oceanside Track	15.90	NWI	3
17 Palmer, Charlotte	00	Oceanside Track	16.00	NWI	1
18 Ross, Emma	00	Alberni Valley	16.02	NWI	3
19 Sayah, Taylor	00	Oceanside Track	16.40	NWI	1
20 Ravetch, Rosie	00	Pacific Athletics	16.64	NWI	1
21 Proctor, Allie	00	Oceanside Track	16.70	NWI	1
22 Gutter-Spence, Marieke	00	Powell River	16.80	NWI	2
23 Gage, Lindsay	00	Campbell River	18.14	NWI	2

Event 11 Girls 13 Year Olds 100 Meter Dash

Name	Year	Team	Finals	Wind	H#
1 Paisley, Sophie	99	Cowichan Valley	13.27	NWI	2
2 Gage, Kristen	99	Campbell River	13.80	NWI	1
3 Toljander, Kyla	99	Cowichan Valley	14.08	NWI	1
3 Shaw, Alex	99	Oceanside Track	14.08	NWI	3
5 Smith, Mya	99	Alberni Valley	14.30	NWI	2
6 Frederiksen, Lindsey	99	Unattached	14.46	NWI	1
7 Irwin, Julia	99	Peninsula Track	14.47	NWI	1
8 Friesen, Erica	99	Oceanside Track	14.49	NWI	1
9 Braham-Guiterrez, Vanes	99	Alberni Valley	14.56	NWI	2
10 Czecei, Taylor	99	Alberni Valley	14.59	NWI	3
11 Bradbury, Jesslyn	99	Oceanside Track	14.70	NWI	2
12 Steen, Cassidy	99	Pacific Athletics	14.80	NWI	3
12 Shields-Brown, Mairin	99	Campbell River	14.80	NWI	3
14 Gibson, Sarah	99	Peninsula Track	14.86	NWI	3
15 Forrester, Bailey	99	Alberni Valley	15.16	NWI	3
16 Martinusen, Christina	99	Pacific Athletics	15.25	NWI	1
17 Pirie, Madison	99	Cowichan Valley	15.41	NWI	2
18 Dass, Norina	99	Alberni Valley	15.84	NWI	2
19 West, Jenna	99	Alberni Valley	15.95	NWI	1
20 Ferraro, Jamie	99	Nanaimo Track	15.99	NWI	1
21 Milutinovic, Julia	99	Campbell River	16.36	NWI	2

Event 14 Women 16-17 100 Meter Dash

Name	Year	Team	Finals	Wind	H#
1 Baker, Tia	96	Cowichan Valley	12.80	1.3	1
2 Cross, Mary-Kate	95	Cowichan Valley	12.87	1.3	1
3 Oldale, Arlene	96	Alberni Valley	12.98	1.3	1
4 Irvine, Malia	96	Comox Valley	13.05	1.3	1
5 Carrothers, Katie	96	Pacific Athletics	13.28	1.3	1
6 Bezanson, Hayley	95	Comox Valley	13.41	1.3	1
7 Hoang, Jade	95	Nanaimo Track	14.03	1.6	2
8 Carr, Delaney	96	Comox Valley	14.50	1.3	1

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Event 14 Women 18-19 100 Meter Dash

Name	Year Team	Finals	Wind	H#
1 Ashcroft, Jamie	94 Cowichan Valley	12.22	3.4	3
2 Momoh, Sudie	94 Pacific Athletics	12.57	3.4	3
3 Kennedy, Renee	94 Cowichan Valley	12.82	1.6	2
4 Clermont, Sabrina	94 Campbell River	13.29	1.6	2

Event 14 Women 20-34 100 Meter Dash

Name	Year Team	Finals	Wind	H#
1 Merritt, Olivia	91 Pacific Athletics	12.61	3.4	3
1 Cobb, Aleisha	91 Pacific Athletics	12.68	3.4	3

Event 14 Women 35-39 100 Meter Dash

Name	Year Team	Finals	Wind	H#
1 Van Den Bulk, Jeannette	77 Pacific Athletics	13.14	3.4	3

Event 14 Women 60-64 100 Meter Dash

Name	Year Team	Finals	Wind	H#
1 Shook, Karen	50 Nanaimo Track	17.07	1.6	2
2 Bellerose, Satya	51 Oceanside Track	20.22	1.6	2

Event 15 Boys 9 Year Olds 100 Meter Dash

Name	Year Team	Finals	Wind	H#
1 Rossouw, Ben	03 Cowichan Valley	16.13	NWI	2
2 Head, Leo	03 Powell River	16.57	NWI	2
3 McIntyre, Jacob	03 Cowichan Valley	16.82	NWI	1
4 Mastrodonato, Gavin	03 Powell River	16.94	NWI	1
5 Willmott, Frazer	03 Cowichan Valley	16.97	NWI	2
6 Hunter, Cameron	03 Oceanside Track	17.71	NWI	2
7 Wynans, Samuel	03 Alberni Valley	17.74	NWI	2
8 McKay, Robert	03 Alberni Valley	17.80	NWI	1
9 Vallance, Caleb	03 Powell River	17.91	NWI	1
10 Johnston, Kale	03 Nanaimo Track	18.20	NWI	1
11 Shields, Luke	03 Oceanside Track	21.80	NWI	1

Event 16 Boys 10 Year Olds 100 Meter Dash

Name	Year Team	Finals	Wind	H#
1 Rasiah, Kintan	02 Oceanside Track	14.93	NWI	2
2 Hall, Fergus	02 Campbell River	15.56	NWI	2
3 Worcester-Wroe, Elijah	02 Oceanside Track	15.72	NWI	2
4 Katzberg, Ethan	02 Nanaimo Track	15.73	NWI	1
5 Shaw, Ryan	02 Oceanside Track	17.01	NWI	1
6 Hilton, Matteo	02 Peninsula Track	17.08	NWI	1
7 Chand, Matthew	02 Oceanside Track	17.30	NWI	2
8 Keltie, Logan	02 Oceanside Track	17.44	NWI	1

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...Event 16 Boys 10 Year Olds 100 Meter Dash

9	Wilson, Felix	02	Cowichan Valley	17.89	NWI	1
10	Abbott, Keagen	02	Powell River	18.10	NWI	1
11	Andersen, Ethan	02	Nanaimo Track	18.49	NWI	2
12	Lund, Aidan	02	Campbell River	18.50	NWI	1
13	Paisley, David	02	Cowichan Valley	18.77	NWI	2

Event 17 Boys 11 Year Olds 100 Meter Dash

Name	Year	Team	Finals	Wind	H#
1 Nahorney, Ty	01	Alberni Valley	14.54	NWI	1
2 Close, Ethan	01	Cowichan Valley	14.96	NWI	1
3 Ross, Cameron	01	Pacific Athletics	15.55	NWI	2
4 Tozer, Devin	01	Nanaimo Track	15.81	NWI	2
5 Parkhouse, Caleb	01	Powell River	15.86	NWI	1
6 Healey, Thomas	01	Peninsula Track	16.14	NWI	2
7 Ferraro, Jett	01	Nanaimo Track	16.19	NWI	1
8 Guild, Mackenzie	01	Oceanside Track	16.43	NWI	2
9 Dewit, Aaron	01	Cowichan Valley	16.66	NWI	2
10 Baycroft, Zachary	01	Campbell River	16.69	NWI	2
11 Hancock, Carter	01	Oceanside Track	16.84	NWI	1
12 Dewit, Jaden	01	Cowichan Valley	16.85	NWI	1
13 Green, Brandon	01	Nanaimo Track	19.24	NWI	1

Event 18 Boys 12 Year Olds 100 Meter Dash

Name	Year	Team	Finals	Wind	H#
1 Kazanowski, Mark	00	Unattached	14.08	NWI	2
2 Boar, Dominic	00	Nanaimo Track	14.58	NWI	1
3 Handel, Luke	00	Cowichan Valley	14.84	NWI	1
4 McCullough, Conner	00	Peninsula Track	14.89	NWI	2
5 Coleman, Ryan	00	Cowichan Valley	15.18	NWI	2
6 Hernandez, Kye	00	Powell River	15.61	NWI	2
7 Battersby, Finn	00	Peninsula Track	15.78	NWI	2
8 Sammons, Benjamin	00	Peninsula Track	15.90	NWI	1
9 Wilson, Oliver	00	Cowichan Valley	16.46	NWI	1
10 Fougner-Rukus, Griffin	00	Cowichan Valley	16.55	NWI	1
11 Manhas, Ravi	00	Alberni Valley	18.52	NWI	1

Event 19 Boys 13 Year Olds 100 Meter Dash

Name	Year	Team	Finals	Wind	H#
1 Hay, Gregory	99	Campbell River	13.56	NWI	1
2 Elliott, Noah	99	Oceanside Track	13.94	NWI	1
3 Speagle, Oliver	99	Alberni Valley	14.05	NWI	2
4 Morrison, Simon	99	Oceanside Track	14.38	NWI	1
5 Rasaanah, Sunil	99	Oceanside Track	14.42	NWI	2
6 Elliott, Myles	99	Powell River	14.46	NWI	2
7 Halvorson, Torin	99	Comox Valley	14.65	NWI	1
8 Cooper, Jack	99	Victoria Track	15.31	NWI	2
9 Bassett, Jacob	99	Oceanside Track	16.09	NWI	1
10 Lorenzo, Cameron	99	Peninsula Track	16.43	NWI	2
11 Carter, Andrew	99	Oceanside Track	16.45	NWI	2

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...Event 19 Boys 13 Year Olds 100 Meter Dash

12 Chiasson, Austin	99 Campbell River	16.76	NWI	1
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Event 22 Men 16-17 100 Meter Dash

Name	Year Team	Finals	Wind	H#
1 Peleshaty, Colby	95 Cowichan Valley	11.31	3.5	1
2 Pollard, Eric	95 Pacific Athletics	11.61	2.6	2
3 Hernandez, Cale	95 Powell River	11.64	3.5	1
4 Lynch, Dejon	96 Nanaimo Track	11.65	2.6	2
5 Commandeur, Adam	95 Comox Valley	11.77	2.6	2
6 Troung, Duc	96 Nanaimo Track	11.99	2.6	2
7 Parker, Liam	95 Comox Valley	12.00	2.6	2
8 Palou, Austin	95 Cowichan Valley	12.08	3.5	1
9 Johnston, Brendon	96 Dover Bay Secondary	12.15	2.4	3
10 Choi, Kevin	96 Dover Bay Secondary	12.33	2.4	3
11 Johnson, Kyle	95 Comox Valley	12.41	2.6	2
12 Kostiuik, Tyler	96 Comox Valley	12.43	2.6	2
13 Hsueh, Albert	96 Unattached	12.44	2.4	3
14 Mitchell, Eric	96 Alberni Valley	12.50	2.4	3
15 DeJong, Joshua	96 Alberni Valley	12.60	2.4	3
16 MacEwan, Caelan	96 Peninsula Track	12.61	2.4	3

Event 22 Men 18-19 100 Meter Dash

Name	Year Team	Finals	Wind
1 Blackburn, Nick	93 Comox Valley	11.09	3.5

Event 22 Men 20-34 100 Meter Dash

Name	Year Team	Finals	Wind
1 Peleshaty, Chase	91 Cowichan Valley	11.22	3.5

Event 22 Men 70-74 100 Meter Dash

Name	Year Team	Finals	Wind
1 Shook, Vern	42 Nanaimo Track	15.81	3.5

Event 23 Girls 11 Year Olds 200 Meter Dash

Name	Year Team	Finals	Wind	H#
1 Gendall, Danae	01 Cowichan Valley	31.00	NWI	3
2 Watson, Kaitlyn	01 Nanaimo Track	31.52	NWI	3
3 Ashcroft, Julia	01 Campbell River	31.60	NWI	1
4 Pollock, Madelyn	01 Cowichan Valley	31.87	NWI	2
5 Chin, Ella	01 Unattached	32.10	NWI	1
6 Frederiksen, Gwyneth	01 Unattached	32.28	NWI	3
7 Bray, Heather	01 Nanaimo Track	32.50	NWI	1
8 Hague, Nicole	01 Oceanside Track	32.52	NWI	3
9 Pallard, Evelynne	01 Nanaimo Track	32.86	NWI	1
10 Halvorson, Ciara	01 Unattached	33.20	NWI	2

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11 Atkinson, Lindsay	01 Campbell River	33.47	NWI	2
12 Mastrodonato, Melaina	01 Powell River	33.53	NWI	1
13 West, Emily	01 Alberni Valley	34.46	NWI	1
14 Vallance, Ella	01 Powell River	34.48	NWI	1
15 Labree, Morgan	01 Powell River	34.82	NWI	1
16 Whitson, Jacqueline	01 Alberni Valley	35.23	NWI	2
17 Head, Abby	01 Powell River	36.71	NWI	2

Event 24 Girls 12 Year Olds 200 Meter Dash

Name	Year Team	Finals	Wind	H#
1 Matthews, Thea	00 Victoria Track	28.43	NWI	1
2 Metrowich, Julia	00 Nanaimo Track	28.97	NWI	2
3 D'Agnolo, Nicole	00 Pacific Athletics	28.98	NWI	2
4 Matthews, Quinn	00 Victoria Track	29.14	NWI	1
5 Ory, Jessica	00 Nanaimo Track	30.28	NWI	1
6 Dewit, Emma	00 Cowichan Valley	31.04	NWI	1
7 Katzberg, Jessica	00 Nanaimo Track	31.91	NWI	1
8 Stewart, Hope	00 Nanaimo Track	32.25	NWI	2
9 Bouma, Haven	00 Nanaimo Track	32.60	NWI	1
10 Johnston, Mackenzie	00 Cowichan Valley	33.22	NWI	2
11 Stanbury, Maureen	00 Cowichan Valley	33.37	NWI	1
12 Cutt, Julia	00 Cowichan Valley	33.53	NWI	2
13 Sayah, Taylor	00 Oceanside Track	34.01	NWI	2
14 Gutter-Spence, Marieke	00 Powell River	36.10	NWI	2

Event 25 Girls 13 Year Olds 200 Meter Dash

Name	Year Team	Finals	Wind	H#
1 Gage, Kristen	99 Campbell River	28.04	NWI	1
2 Shaw, Alex	99 Oceanside Track	29.36	NWI	1
3 Frederiksen, Lindsey	99 Unattached	29.79	NWI	2
4 Bray, Payton	99 Nanaimo Track	30.00	NWI	1
5 Steen, Cassidy	99 Pacific Athletics	30.22	NWI	2
6 Braham-Guiterrez, Vanes	99 Alberni Valley	30.33	NWI	1
7 Smith, Mya	99 Alberni Valley	30.34	NWI	1
8 Huska, Sasha	99 Comox Valley	30.89	NWI	1
9 Martinusen, Christina	99 Pacific Athletics	31.40	NWI	2
10 West, Jenna	99 Alberni Valley	32.34	NWI	1
11 Delgado, Gabriela	99 Cowichan Valley	32.91	NWI	2
12 Ferraro, Jamie	99 Nanaimo Track	35.26	NWI	2

Event 28 Women 16-17 200 Meter Dash

Name	Year Team	Finals	Wind	H#
1 Baker, Tia	96 Cowichan Valley	25.97	1.1	2
2 Cross, Mary-Kate	95 Cowichan Valley	26.11	1.1	2
3 Irvine, Malia	96 Comox Valley	26.75	1.1	2
4 Carrothers, Katie	96 Pacific Athletics	27.59	1.1	2
5 Bezanson, Hayley	95 Comox Valley	27.65	1.1	2
6 McLeod, Mackenzie	96 Comox Valley	28.52	1.1	2
7 Oldale, Arlene	96 Alberni Valley	28.56	NWI	3

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8 Hoang, Jade	95 Nanaimo Track	30.01	3.2	1
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Event 28 Women 18-19 200 Meter Dash

Name	Year Team	Finals	Wind
1 Ashcroft, Jamie	94 Cowichan Valley	26.01	3.2
2 Clermont, Sabrina	94 Campbell River	27.32	3.2

Event 29 Boys 11 Year Olds 200 Meter Dash

Name	Year Team	Finals	Wind	H#
1 Nahorney, Ty	01 Alberni Valley	30.33	NWI	1
2 Close, Ethan	01 Cowichan Valley	31.86	NWI	1
3 Ferraro, Jett	01 Nanaimo Track	33.34	NWI	2
4 Parkhouse, Caleb	01 Powell River	33.46	NWI	1
5 Guild, Mackenzie	01 Oceanside Track	33.51	NWI	2
6 Seaman, Nate	01 Nanaimo Track	33.87	NWI	1
7 Johnson, Aidan	01 Oceanside Track	34.60	NWI	2
8 Tozer, Devin	01 Nanaimo Track	35.11	NWI	2
9 Hancock, Carter	01 Oceanside Track	35.38	NWI	2
10 Day, Colby	01 Nanaimo Track	35.63	NWI	1
11 Morris, Matthew	01 Nanaimo Track	36.68	NWI	1
12 Schiltz, Luke	01 Unattached	38.16	NWI	1
13 Stilwell, Kai	01 Oceanside Track	38.43	NWI	1

Event 30 Boys 12 Year Olds 200 Meter Dash

Name	Year Team	Finals	Wind
1 Kazanowski, Mark	00 Unattached	28.74	NWI
2 Boar, Dominic	00 Nanaimo Track	29.43	NWI
3 Handel, Luke	00 Cowichan Valley	30.28	NWI
4 Coleman, Ryan	00 Cowichan Valley	31.66	NWI
5 Wynans, Jonah	00 Alberni Valley	33.99	NWI
6 Sammons, Benjamin	00 Peninsula Track	34.90	NWI
7 Wilson, Oliver	00 Cowichan Valley	35.82	NWI
8 Manhas, Ravi	00 Alberni Valley	39.60	NWI

Event 31 Boys 13 Year Olds 200 Meter Dash

Name	Year Team	Finals	Wind	H#
1 Hay, Gregory	99 Campbell River	27.83	NWI	1
2 Elliott, Noah	99 Oceanside Track	27.94	NWI	1
3 Rasaiah, Sunil	99 Oceanside Track	28.79	NWI	1
4 Speagle, Oliver	99 Alberni Valley	29.02	NWI	1
5 Morrison, Simon	99 Oceanside Track	29.19	NWI	2
6 Halvorson, Torin	99 Comox Valley	29.87	NWI	2
7 Schiller, Isaac	99 Oceanside Track	29.95	NWI	1
8 Johannsen, Erik	99 Cowichan Valley	32.13	NWI	1
9 Bassett, Jacob	99 Oceanside Track	32.44	NWI	1
10 Anderson, Derek	99 Cowichan Valley	32.76	NWI	2
11 Chiasson, Austin	99 Campbell River	33.10	NWI	2

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...Event 31 Boys 13 Year Olds 200 Meter Dash

12 Postuk, Christopher	99 Cowichan Valley	33.22	NWI	2
13 Postuk, Jerek	99 Cowichan Valley	36.43	NWI	2

Event 34 Men 16-17 200 Meter Dash

Name	Year Team	Finals	Wind	H#
1 Commandeur, Adam	95 Comox Valley	22.84	2.1	1
2 Pollard, Eric	95 Pacific Athletics	23.20	2.1	1
3 Peleshaty, Colby	95 Cowichan Valley	23.40	2.0	2
4 Lindsay, Liam	96 Cowichan Valley	23.50	2.0	2
5 Hernandez, Cale	95 Powell River	23.68	2.0	2
6 Lynch, Dejon	96 Nanaimo Track	23.81	2.1	1
7 Parker, Liam	95 Comox Valley	24.22	2.1	1
8 Johnson, Kyle	95 Comox Valley	25.06	2.0	2
9 Payne, Zach	96 Cowichan Valley	25.36	2.0	2
10 Palou, Austin	95 Cowichan Valley	25.67	2.1	1
11 Kostiuik, Tyler	96 Comox Valley	25.86	2.0	2
12 Mitchell, Eric	96 Alberni Valley	25.98	2.0	2

Event 34 Men 18-19 200 Meter Dash

Name	Year Team	Finals	Wind
1 Blackburn, Nick	93 Comox Valley	22.96	2.1

Event 34 Men 20-34 200 Meter Dash

Name	Year Team	Finals	Wind
1 Peleshaty, Chase	91 Cowichan Valley	22.92	2.1

Event 34 Men 70-74 200 Meter Dash

Name	Year Team	Finals	Wind
1 Shook, Vern	42 Nanaimo Track	32.19	2.1

Event 35 Girls 12 Year Olds 300 Meter Dash

Name	Year Team	Finals
1 Matthews, Thea	00 Victoria Track	44.45
2 Matthews, Quinn	00 Victoria Track	46.17
3 Cathro, Ashley	00 Victoria Track	47.65

Event 36 Girls 13 Year Olds 300 Meter Dash

Name	Year Team	Finals
1 Gage, Kristen	99 Campbell River	45.19
2 Steen, Cassidy	99 Pacific Athletics	49.32
3 MacGregor, Jasmine	99 Campbell River	49.80
4 ReIerson, Tekarra	99 Campbell River	50.86
5 Smith, Mya	99 Alberni Valley	51.56

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...Event 36 Girls 13 Year Olds 300 Meter Dash

6 Delgado, Gabriela	99 Cowichan Valley	54.85
7 Ferraro, Jamie	99 Nanaimo Track	1:03.13

Event 39 Boys 12 Year Olds 300 Meter Dash

Name	Year Team	Finals
1 Kazanowski, Mark	00 Powell River	47.16
2 McCullough, Conner	00 Peninsula Track	47.84

Event 40 Boys 13 Year Olds 300 Meter Dash

Name	Year Team	Finals	H#
1 Elliott, Noah	99 Oceanside Track	44.48	1
2 Halvorson, Torin	99 Comox Valley	45.02	1
3 Speagle, Oliver	99 Alberni Valley	47.33	1
4 Cooper, Jack	99 Victoria Track	50.16	1
5 Anderson, Derek	99 Cowichan Valley	52.03	2
6 Bassett, Jacob	99 Oceanside Track	53.16	2
7 Postuk, Christopher	99 Cowichan Valley	54.11	1
8 Postuk, Jerek	99 Cowichan Valley	58.65	2
9 Greentree, Wesley	99 CR Christian	59.16	2

Event 43 Women 16-17 400 Meter Dash

Name	Year Team	Finals
1 Irvine, Malia	96 Comox Valley	1:02.77
2 Bezanson, Hayley	95 Comox Valley	1:03.74
3 Oldale, Arlene	96 Alberni Valley	1:04.31
4 MacLeod, Mackenzie	95 Highland Secondary	1:04.47
5 Thorsteinsdottir, Isabel	96 Unattached	1:06.07
6 Chestnut, Taylor	95 Oceanside Track	1:06.48

Event 43 Women 18-19 400 Meter Dash

Name	Year Team	Finals
1 Kennedy, Renee	94 Cowichan Valley	1:02.59

Event 44 Women 35-39 400 Meter Dash

Name	Year Team	Finals
1 Van Den Bulk, Jeannette	77 Pacific Athletics	58.92

Event 45 Men 16-17 400 Meter Dash

Name	Year Team	Finals	H#
1 Commandeur, Adam	95 Comox Valley	49.73	1
2 Taylor, Nick	96 University O	52.15	2
3 Johnson, Kyle	95 Comox Valley	53.06	1
4 Commandeur, Scott	95 Comox Valley	53.10	2

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...Event 45 Men 16-17 400 Meter Dash

5 Parker, Liam	95 Comox Valley	54.79	1
6 Ullstrom, Haven	96 Campbell River	56.40	2
7 Mitchell, Eric	96 Alberni Valley	58.26	2
8 DeJong, Joshua	96 Alberni Valley	58.45	2
9 Palou, Austin	95 Cowichan Valley	59.66	1

Event 45 Men 18-19 400 Meter Dash

Name	Year Team	Finals
1 Blackburn, Nick	93 Comox Valley	49.79

Event 47 Girls 9 Year Olds 600 Meter Run

Name	Year Team	Finals
1 Schmunk, Annika	03 Powell River	2:10.47
2 Peterson, Julia	03 Peninsula Track	2:23.74

Event 48 Girls 10 Year Olds 600 Meter Run

Name	Year Team	Finals
1 Dickenson, Karly	02 Nanaimo Track	2:01.75
2 Keyes, Molly	02 Comox Valley	2:06.31
3 Bau, Olivia	02 Unattached	2:11.13
4 Mitchell, Makayla	02 Nanaimo Track	2:11.20
5 Naude, Kristin	02 Powell River	2:16.89
6 Fougner-Rukus, Reece	02 Cowichan Valley	2:18.29
7 Larkin, Mackenzie	02 Victoria Track	2:19.10
8 Chase, Sydney	02 Alberni Valley	2:27.33
9 Branham-Gutierrez, Sophi	02 Alberni Valley	2:36.33
10 Saunders, Sophie	02 Alberni Valley	2:40.14
11 Morrison, Kate	02 Oceanside Track	2:44.40

Event 49 Girls 11 Year Olds 600 Meter Run

Name	Year Team	Finals
1 Pallard, Evelynne	01 Nanaimo Track	1:56.68
2 Watson, Kaitlyn	01 Nanaimo Track	1:59.18
3 Chin, Ella	01 Unattached	2:02.07
4 Bray, Heather	01 Nanaimo Track	2:04.65

Event 50 Boys 9 Year Olds 600 Meter Run

Name	Year Team	Finals
1 Head, Leo	03 Powell River	2:06.64
2 Rossouw, Ben	03 Cowichan Valley	2:10.45
3 Vallance, Caleb	03 Powell River	2:12.94
4 Seaman, Jake	03 Nanaimo Track	2:17.83
5 Seaman, Ryan	03 Nanaimo Track	2:18.41
6 McIntyre, Jacob	03 Cowichan Valley	2:19.89
7 Mastrodonato, Gavin	03 Powell River	2:20.89

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...Event 50 Boys 9 Year Olds 600 Meter Run

8 Johnston, Kale 03 Nanaimo Track 2:21.40

Event 51 Boys 10 Year Olds 600 Meter Run

Name	Year Team	Finals
1 Heisterman, Keaton	02 Nanaimo Track	1:59.59
2 Katzberg, Ethan	02 Nanaimo Track	2:06.55
3 Hall, Fergus	02 Campbell River	2:08.43
4 Stark-Huhtanen, Blake	02 Cowichan Valley	2:14.76
5 Worcester-Wroe, Elijah	02 Oceanside Track	2:17.20
6 Lund, Aidan	02 Campbell River	2:24.44
7 Andersen, Ethan	02 Nanaimo Track	2:26.23
8 Bassett, Avi	02 Oceanside Track	2:26.29
9 Keltie, Logan	02 Oceanside Track	2:26.85
10 Wilson, Felix	02 Cowichan Valley	2:28.46

Event 52 Boys 11 Year Olds 600 Meter Run

Name	Year Team	Finals
1 Seaman, Nate	01 Nanaimo Track	1:53.27
2 Guild, Mackenzie	01 Oceanside Track	2:06.56
3 Close, Ethan	01 Cowichan Valley	2:08.41
4 Tozer, Devin	01 Nanaimo Track	2:09.62
5 Vallee, Seth	01 Alberni Valley	2:11.20
6 Bray, Owen	01 Nanaimo Track	2:11.33
7 Ferraro, Jett	01 Nanaimo Track	2:14.34

Event 53 Girls 12 Year Olds 800 Meter Run

Name	Year Team	Finals
1 Heisterman, Madison	00 Nanaimo Track	2:22.51
2 Matthews, Quinn	00 Victoria Track	2:35.06
3 Matthews, Thea	00 Victoria Track	2:38.16
4 Stewart, Hope	00 Nanaimo Track	2:38.45
5 Andersen, Marina	00 Nanaimo Track	2:53.04
6 Palmer, Charlotte	00 Oceanside Track	2:53.09
7 Canil, Emma	00 Oceanside Track	3:03.07

Event 54 Girls 13 Year Olds 800 Meter Run

Name	Year Team	Finals
1 Steen, Cassidy	99 Pacific Athletics	2:38.52
2 Gage, Kristen	99 Campbell River	2:45.34
3 Braham-Guiterrez, Vanes	99 Alberni Valley	2:45.72
4 Martinusen, Christina	99 Pacific Athletics	2:47.28
5 Shaw, Alex	99 Oceanside Track	2:48.89
6 Bray, Payton	99 Nanaimo Track	2:50.40
7 Delgado, Gabriela	99 Cowichan Valley	2:55.11
8 Saunders, Stephanie	99 Alberni Valley	3:22.42

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Event 57 Women 16-17 800 Meter Run

Name	Year Team	Finals
1 Chestnut, Taylor	95 Oceanside Track	2:37.27

Event 58 Boys 12 Year Olds 800 Meter Run

Name	Year Team	Finals
1 Kazanowski, Mark	00 Unattached	2:34.00
2 Barber, Michael	00 Unattached	2:41.98
3 Wynans, Jonah	00 Alberni Valley	2:53.81
4 Fougner-Rukus, Griffin	00 Cowichan Valley	3:06.56

Event 59 Boys 13 Year Olds 800 Meter Run

Name	Year Team	Finals
1 Halvorson, Torin	99 Comox Valley	2:26.81
2 Elliott, Noah	99 Oceanside Track	2:29.99
3 Speagle, Oliver	99 Alberni Valley	2:35.46
4 Cooper, Jack	99 Victoria Track	2:39.79
5 Chiasson, Austin	99 Campbell River	2:52.49
6 Postuk, Jerek	99 Cowichan Valley	2:52.50
7 Walker, Malcolm	99 Pacific Athletics	2:53.28
8 Postuk, Christopher	99 Cowichan Valley	2:56.23
9 Bassett, Jacob	99 Oceanside Track	2:57.62
10 Postuk, Sam	99 Cowichan Valley	3:05.43
11 Carter, Andrew	99 Oceanside Track	3:05.78

Event 62 Men 16-17 800 Meter Run

Name	Year Team	Finals
1 Mitchell, Eric	96 Alberni Valley	2:20.95
2 Schneider, Colson	95 Oceanside Track	2:24.18

Event 62 Men 18-19 800 Meter Run

Name	Year Team	Finals
1 Deschiffart, Joel	94 Nanaimo Track	1:59.43

Event 63 Girls 9 1000 Meter Run

Name	Year Team	Finals
1 Schmunk, Annika	03 Powell River	3:50.06

Event 63 Girls 10 1000 Meter Run

Name	Year Team	Finals
1 Dickenson, Karly	02 Nanaimo Track	3:31.93
2 Naude, Kristin	02 Powell River	4:02.39
3 Chase, Sydney	02 Alberni Valley	4:20.17

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Event 63 Girls 11 1000 Meter Run

Name	Year Team	Finals
1 Pallard, Evelynne	01 Nanaimo Track	3:29.08
2 Watson, Kaitlyn	01 Nanaimo Track	3:37.49
3 Whitson, Jacqueline	01 Alberni Valley	3:57.54
4 Mullan-Fraser, Marilyn	01 Comox Valley	4:01.25
5 Dimter, Julia	01 Nanaimo Track	4:16.28

Event 64 Boys 9 1000 Meter Run

Name	Year Team	Finals
1 Head, Leo	03 Powell River	3:46.75
2 Vallance, Caleb	03 Powell River	3:55.78
3 Seaman, Jake	03 Nanaimo Track	3:57.50
4 Willmott, Frazer	03 Cowichan Valley	4:03.15
5 Seaman, Ryan	03 Nanaimo Track	4:10.30
6 Johnston, Kale	03 Nanaimo Track	4:12.34
7 Mastrodonato, Gavin	03 Powell River	4:17.32

Event 64 Boys 10 1000 Meter Run

Name	Year Team	Finals
1 Heisterman, Keaton	02 Nanaimo Track	3:35.41
2 Stark-Huhtanen, Blake	02 Cowichan Valley	3:43.54
3 Hall, Fergus	02 Campbell River	3:43.99
4 Byers, Fraser	02 Unattached	3:46.21
5 Worcester-Wroe, Elijah	02 Oceanside Track	3:47.56
6 Hilton, Matteo	02 Peninsula Track	3:56.85
7 Lund, Aidan	02 Campbell River	3:57.31

Event 64 Boys 11 1000 Meter Run

Name	Year Team	Finals
1 Seaman, Nate	01 Nanaimo Track	3:21.71
2 Guild, Mackenzie	01 Oceanside Track	3:40.18
3 Parkhouse, Caleb	01 Powell River	3:44.68
4 Hancock, Carter	01 Oceanside Track	3:48.22
5 Hunter, Alex	01 Oceanside Track	4:09.47

Event 65 Girls 12 1200 Meter Run

Name	Year Team	Finals
1 Heisterman, Madison	00 Nanaimo Track	3:52.78
2 Cathro, Ashley	00 Victoria Track	4:05.37
3 Matthews, Quinn	00 Victoria Track	4:05.52
4 Stewart, Hope	00 Nanaimo Track	4:16.93
5 Hilton, Anna-Maria	00 Peninsula Track	4:20.93
6 Palmer, Charlotte	00 Oceanside Track	4:31.40
7 Andersen, Marina	00 Nanaimo Track	4:36.10
8 Ross, Emma	00 Alberni Valley	4:49.78
9 Cutt, Julia	00 Cowichan Valley	4:49.88

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Event 65 Girls 13 1200 Meter Run

Name	Year Team	Finals
1 Hill, Olivia	99 Campbell River	4:04.87
2 Steen, Cassidy	99 Pacific Athletics	4:07.46
3 Piccinin, Claudia	99 Powell River	4:22.47
4 West, Jenna	99 Alberni Valley	4:47.89

Event 67 Boys 12 1200 Meter Run

Name	Year Team	Finals
1 Battersby, Finn	00 Peninsula Track	4:08.10
2 Teft, Barrett	00 Cowichan Valley	4:21.85
3 Wynans, Jonah	00 Alberni Valley	4:43.78
4 Wilson, Oliver	00 Cowichan Valley	5:01.29

Event 67 Boys 13 1200 Meter Run

Name	Year Team	Finals
1 Halvorson, Torin	99 Comox Valley	3:51.34
2 Stanley, Jack	99 Victoria Track	3:54.06
3 Speagle, Oliver	99 Alberni Valley	4:01.10
4 Cooper, Jack	99 Victoria Track	4:11.65
5 Postuk, Jerek	99 Cowichan Valley	4:25.18
6 Chiasson, Austin	99 Campbell River	4:30.83
7 Coughlan, Kaiden	99 Cowichan Valley	4:36.43
8 Postuk, Sam	99 Cowichan Valley	4:46.43

Event 69 Women 16-17 1500 Meter Run

Name	Year Team	Finals
1 Simpson, Josephine	95 Campbell River	5:11.18

Event 70 Men 16-17 1500 Meter Run

Name	Year Team	Finals
1 Commandeur, Scott	95 Comox Valley	4:18.46
2 Oxland, Thomas	96 Oceanside Track	4:21.66
3 Oxland, Peter	96 Oceanside Track	4:23.83
4 Ullstrom, Haven	96 Campbell River	4:28.05
5 Miller, Sean	96 Nanaimo Track	4:31.73
6 Williams, Josh	96 Cowichan Valley	5:00.85
7 Schneider, Colson	95 Oceanside Track	5:05.53
8 Cutt, Miles	96 Cowichan Valley	5:12.30

Event 70 Men 35-39 1500 Meter Run

Name	Year Team	Finals
1 DeJongh, Simon	73 Unattached	4:32.83

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Event 71 Girls 13 2000 Meter Run

Name	Year Team	Finals
1 Steen, Cassidy	99 Pacific Athletics	7:22.10
2 Piccinin, Claudia	99 Powell River	7:52.69

Event 72 Boys 13 2000 Meter Run

Name	Year Team	Finals
1 Halvorson, Torin	99 Comox Valley	6:51.89
2 Stanley, Jack	99 Victoria Track	6:53.46
3 Postuk, Jerek	99 Cowichan Valley	7:36.89
4 Elliott, Myles	99 Powell River	7:39.33
5 Walker, Malcolm	99 Pacific Athletics	7:40.84
6 Postuk, Sam	99 Cowichan Valley	7:58.38

Event 74 Men 16-17 3000 Meter Run

Name	Year Team	Finals
1 Miller, Sean	96 Nanaimo Track	9:31.81
2 Cutt, Miles	96 Cowichan Valley	11:13.96

Event 79 Girls 10 800 Meter Race Walk

Name	Year Team	Finals
1 Mitchell, Makayla	02 Nanaimo Track	5:03.77
2 Dobbyn, Sara	02 Nanaimo Track	5:56.52
3 Bau, Olivia	02 Unattached	6:06.75
4 Woolnough, Alena	02 Oceanside Track	7:04.44

Event 79 Girls 11 800 Meter Race Walk

Name	Year Team	Finals
1 Head, Abby	01 Powell River	4:51.86
2 Watson, Kaitlyn	01 Nanaimo Track	5:02.39
3 Dimter, Julia	01 Nanaimo Track	5:11.90
4 Vallance, Ella	01 Powell River	5:14.82
5 Elliott, Libby	01 Oceanside Track	5:29.14
6 Zanette, Olivia	01 Alberni Valley	6:13.74

Event 79 Girls 12 800 Meter Race Walk

Name	Year Team	Finals
1 Andersen, Marina	00 Nanaimo Track	4:24.69
2 Sayah, Taylor	00 Oceanside Track	4:25.52
3 Stewart, Hope	00 Nanaimo Track	4:43.86
4 Katzberg, Jessica	00 Nanaimo Track	4:43.88
5 Ravetch, Rosie	00 Pacific Athletics	5:36.79

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Event 80 Boys 9 800 Meter Race Walk

Name	Year Team	Finals
1 Vallance, Caleb	03 Powell River	5:09.32
2 Mastrodonato, Gavin	03 Powell River	5:32.04
3 Head, Leo	03 Powell River	5:50.62

Event 80 Boys 10 800 Meter Race Walk

Name	Year Team	Finals
1 Heisterman, Keaton	02 Nanaimo Track	4:52.95
2 Katzberg, Ethan	02 Nanaimo Track	5:37.04
3 Andersen, Ethan	02 Nanaimo Track	5:48.67

Event 80 Boys 11 800 Meter Race Walk

Name	Year Team	Finals
1 Contant, Yanick	01 Alberni Valley	5:10.74
2 Ferraro, Jett	01 Nanaimo Track	5:32.92
3 Tozer, Devin	01 Nanaimo Track	6:34.04

Event 80 Boys 12 800 Meter Race Walk

Name	Year Team	Finals
1 Manhas, Ravi	00 Alberni Valley	5:50.33

Event 82 Boys 13 1500 Meter Race Walk

Name	Year Team	Finals
1 Lorenzo, Cameron	99 Peninsula Track	10:39.05

Event 93 Women 16-17 2000 Meter Steeplechase Hurdles 30"

Name	Year Team	Finals
1 Deschiffart, Erica	96 Nanaimo Track	7:17.00
2 Simpson, Josephine	95 Campbell River	7:56.30

Event 93 Women 18-19 2000 Meter Steeplechase Hurdles 30"

Name	Year Team	Finals
3 Trenholm, Chyanne	94 Campbell River	8:36.90

Event 94 Men 16-17 2000 Meter Steeplechase Hurdles 36"

Name	Year Team	Finals
1 Commandeur, Scott	95 Comox Valley	6:23.60
2 Ullstrom, Haven	96 Campbell River	6:34.90
3 Johnson, Kyle	95 Comox Valley	6:57.00
4 Parker, Liam	95 Comox Valley	7:48.10

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...Event 94 Men 16-17 2000 Meter Steeplechase Hurdles 36"

5 Lindsay, Liam	96 Cowichan Valley	8:11.20
6 Kostiuik, Tyler	96 Comox Valley	8:27.10
7 Cutt, Miles	96 Cowichan Valley	8:33.00

Event 96 Men 50-54 3000 Meter Steeplechase Hurdles 36"

Name	Year Team	Finals
1 Holmes, Peter	61 Unattached	11:57.9h

Event 97 Girls 9 Year Olds 60 Meter Hurdles 6 @ 21"

Name	Year Team	Finals	Wind
1 Schmunk, Annika	03 Powell River	11.49	NWI
2 Boar, Robyn	03 Nanaimo Track	13.78	NWI
3 Peterson, Julia	03 Peninsula Track	14.42	NWI

Event 98 Girls 10 Year Olds 60 Meter Hurdles 6 @ 24"

Name	Year Team	Finals	Wind	H#
1 Naude, Kristin	02 Powell River	11.68	NWI	2
2 Fougner-Rukus, Reece	02 Cowichan Valley	11.93	NWI	1
3 Elliott, Sidney	02 Powell River	11.98	NWI	1
4 Mitchell, Makayla	02 Nanaimo Track	13.08	NWI	2
5 Keyes, Molly	02 Comox Valley	13.24	NWI	1
6 Sundberg-Groot, Kaelin	02 Oceanside Track	13.87	NWI	2
7 Larkin, Mackenzie	02 Victoria Track	13.89	NWI	2
8 Magana, Catalina	02 Oceanside Track	13.97	NWI	1
9 Chase, Sydney	02 Alberni Valley	14.10	NWI	1
10 Morrison, Kate	02 Oceanside Track	15.69	NWI	1

Event 99 Girls 11 Year Olds 60 Meter Hurdles 6 @ 24"

Name	Year Team	Finals	Wind	H#
1 Pollock, Madelyn	01 Cowichan Valley	11.63	NWI	2
2 Watson, Kaitlyn	01 Nanaimo Track	11.83	NWI	1
3 Mullan-Fraser, Marilyn	01 Comox Valley	12.21	NWI	2
4 Vallance, Ella	01 Powell River	12.22	NWI	1
5 Head, Abby	01 Powell River	13.35	NWI	1
6 Mastrodonato, Melaina	01 Powell River	13.42	NWI	2
7 Payne, Mikaela	01 Cowichan Valley	13.85	NWI	1
8 Zanette, Olivia	01 Alberni Valley	14.98	NWI	2
9 Wilson, Emma	01 Cowichan Valley	15.11	NWI	2

Event 100 Boys 9 Year Olds 60 Meter Hurdles 6 @ 21"

Name	Year Team	Finals	Wind	H#
1 Head, Leo	03 Powell River	12.76	NWI	1
2 Vallance, Caleb	03 Powell River	13.35	NWI	2
3 Mastrodonato, Gavin	03 Powell River	13.39	NWI	1
4 Wynans, Samuel	03 Alberni Valley	13.44	NWI	1

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5 Isaac, Jack	03 Alberni Valley	13.45	NWI	2
6 McIntyre, Jacob	03 Cowichan Valley	13.58	NWI	1
7 McKay, Robert	03 Alberni Valley	13.70	NWI	1
8 Hunter, Cameron	03 Oceanside Track	13.94	NWI	1
9 Seaman, Jake	03 Nanaimo Track	14.35	NWI	2
10 Seaman, Ryan	03 Nanaimo Track	14.71	NWI	2
11 Shields, Luke	03 Oceanside Track	16.66	NWI	2

Event 101 Boys 10 Year Olds 60 Meter Hurdles 6 @ 24"

Name	Year Team	Finals	Wind	H#
1 Rasiah, Kintan	02 Oceanside Track	11.76	NWI	1
2 Heisterman, Keaton	02 Nanaimo Track	12.47	NWI	1
3 Stark-Huhtanen, Blake	02 Cowichan Valley	12.71	NWI	2
4 Worcester-Wroe, Elijah	02 Oceanside Track	12.80	NWI	2
5 Spencer-Smith, Callum	02 Alberni Valley	13.54	NWI	1
6 Shaw, Ryan	02 Oceanside Track	13.57	NWI	2
7 Abbott, Keagen	02 Powell River	13.89	NWI	1
8 Wilson, Felix	02 Cowichan Valley	14.43	NWI	1
9 Andersen, Ethan	02 Nanaimo Track	14.47	NWI	2
10 Paisley, David	02 Cowichan Valley	14.75	NWI	2

Event 102 Boys 11 Year Olds 60 Meter Hurdles 6 @ 24"

Name	Year Team	Finals	Wind	H#
1 Parkhouse, Caleb	01 Powell River	11.00	NWI	3
2 Hunter, Alex	01 Oceanside Track	12.04	NWI	1
3 Ross, Cameron	01 Pacific Athletics	12.33	NWI	3
4 Guild, Mackenzie	01 Oceanside Track	12.34	NWI	2
5 Day, Colby	01 Nanaimo Track	12.54	NWI	1
6 Ferraro, Jett	01 Nanaimo Track	12.63	NWI	3
7 Dewit, Jaden	01 Cowichan Valley	12.79	NWI	3
8 Dewit, Aaron	01 Cowichan Valley	12.86	NWI	1
9 Healey, Thomas	01 Peninsula Track	12.94	NWI	1
10 Tozer, Devin	01 Nanaimo Track	13.01	NWI	2
11 Seaman, Nate	01 Nanaimo Track	13.33	NWI	2
12 Hancock, Carter	01 Oceanside Track	14.03	NWI	2
13 Contant, Yanick	01 Alberni Valley	14.08	NWI	1
14 Green, Brandon	01 Nanaimo Track	14.25	NWI	1
15 Wiebe, Silas	01 Cowichan Valley	14.55	NWI	2
16 Garside, Thomas	01 Peninsula Track	15.06	NWI	2

Event 103 Girls 12 Year Olds 80 Meter Hurdles 8 @ 27"

Name	Year Team	Finals	Wind	H#
1 Matthews, Quinn	00 Victoria Track	13.90	NWI	1
2 Cathro, Ashley	00 Victoria Track	14.00	NWI	2
3 D'Agnolo, Nicole	00 Pacific Athletics	14.18	NWI	2
4 Matthews, Thea	00 Victoria Track	14.60	NWI	1
5 Paulus, Nairee	00 Campbell River	14.89	NWI	3
6 Ory, Jessica	00 Nanaimo Track	15.20	NWI	3
7 Bouma, Haven	00 Nanaimo Track	15.22	NWI	3

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...Event 103 Girls 12 Year Olds 80 Meter Hurdles 8 @ 27"

8	Sayah, Taylor	00	Oceanside Track	16.89	NWI	2
9	Katzberg, Jessica	00	Nanaimo Track	16.99	NWI	1
10	Keltie, Jensen	00	Oceanside Track	17.26	NWI	2
11	Greenshields, Amanda	00	Oceanside Track	17.28	NWI	1
12	Canil, Emma	00	Oceanside Track	17.41	NWI	1
13	Stewart, Hope	00	Nanaimo Track	17.51	NWI	2
14	Sundberg-Groot, Taylor	00	Oceanside Track	17.57	NWI	2
15	Ross, Emma	00	Alberni Valley	17.58	NWI	3
16	Andersen, Marina	00	Nanaimo Track	18.70	NWI	1
17	Ravetch, Rosie	00	Pacific Athletics	19.85	NWI	3

Event 104 Girls 13 Year Olds 80 Meter Hurdles 8 @ 30"

Name	Year	Team	Finals	Wind	H#	
1	Paisley, Sophie	99	Cowichan Valley	13.80	NWI	1
2	Knowles, Olivia	99	Campbell River	13.83	NWI	1
3	Irwin, Julia	99	Peninsula Track	15.38	NWI	2
4	Piccinin, Claudia	99	Powell River	15.58	NWI	2
5	Forrester, Bailey	99	Alberni Valley	15.88	NWI	1
6	Steen, Cassidy	99	Pacific Athletics	15.96	NWI	1
7	Reierson, Tekarra	99	Campbell River	16.17	NWI	1
8	Friesen, Erica	99	Oceanside Track	16.37	NWI	1
9	Smith, Mya	99	Alberni Valley	17.05	NWI	2
10	Bradbury, Jesslyn	99	Oceanside Track	17.42	NWI	2
11	Shields-Brown, Mairin	99	Campbell River	17.56	NWI	2
--	Shaw, Alex	99	Oceanside Track	DQ	NWI	2 DQ 168.7B

Event 107 Boys 12 Year Olds 80 Meter Hurdles 8 @ 27"

Name	Year	Team	Finals	Wind	H#	
1	Boar, Dominic	00	Nanaimo Track	14.67	NWI	1
2	McCullough, Conner	00	Peninsula Track	15.21	NWI	2
3	Battersby, Finn	00	Peninsula Track	15.58	NWI	2
4	Hernandez, Kye	00	Powell River	15.63	NWI	2
5	Sammons, Benjamin	00	Peninsula Track	15.72	NWI	1
6	Fougner-Rukus, Griffin	00	Cowichan Valley	15.74	NWI	1
7	Wynans, Jonah	00	Alberni Valley	16.97	NWI	1
8	Leblanc, Tyler	00	Cowichan Valley	17.18	NWI	1
9	Wilson, Oliver	00	Cowichan Valley	17.78	NWI	2

Event 108 Boys 13 Year Olds 80 Meter Hurdles 8 @ 30"

Name	Year	Team	Finals	Wind	
1	Rasaiah, Sunil	99	Oceanside Track	13.94	NWI
2	Elliott, Myles	99	Powell River	15.47	NWI
3	Anderson, Derek	99	Cowichan Valley	16.63	NWI
4	Lorenzo, Cameron	99	Peninsula Track	17.86	NWI
5	Postuk, Jerek	99	Cowichan Valley	17.96	NWI

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Event 111 Women 16-17 100 Meter Hurdles 10 @ 30"

Name	Year Team	Finals	Wind
1 Scott, Lexie	95 University O	15.00	-2.6
2 Piercy, Jordyn	96 Victoria Track	16.36	-2.6
3 Worthy, Kate	95 Pacific Athletics	16.54	-2.6
4 Kemps, Mackenzie	96 Alberni Valley	18.93	-2.6

Event 113 Men 16-17 110 Meter Hurdles 10 @ 36"

Name	Year Team	Finals	Wind
1 MacEwan, Caelan	96 Peninsula Track	18.67	-1.7

Event 114 Men 18-19 110 Meter Hurdles 10 @ 39"

Name	Year Team	Finals	Wind
1 Blackburn, Nick	93 Comox Valley	15.55	-1.7

Event 116 Girls 12 Year Olds 200 Meter Hurdles 5 @ 24"

Name	Year Team	Finals	Wind	H#
1 Matthews, Thea	00 Victoria Track	30.72	NWI	2
2 Matthews, Quinn	00 Victoria Track	30.75	NWI	1
3 D'Agnolo, Nicole	00 Pacific Athletics	31.21	NWI	2
4 Dewit, Emma	00 Cowichan Valley	33.40	NWI	1
5 Ory, Jessica	00 Nanaimo Track	33.59	NWI	2
6 Bouma, Haven	00 Nanaimo Track	34.14	NWI	1
7 Katzberg, Jessica	00 Nanaimo Track	34.50	NWI	2
8 Stewart, Hope	00 Nanaimo Track	36.23	NWI	1
9 Sayah, Taylor	00 Oceanside Track	36.65	NWI	2
10 Canil, Emma	00 Oceanside Track	37.50	NWI	1
11 Keltie, Jensen	00 Oceanside Track	37.62	NWI	2
12 Andersen, Marina	00 Nanaimo Track	38.64	NWI	2

Event 117 Girls 13 Year Olds 200 Meter Hurdles 5 @ 27"

Name	Year Team	Finals	Wind	H#
1 Paisley, Sophie	99 Cowichan Valley	30.85	NWI	1
2 Gage, Kristen	99 Campbell River	31.23	NWI	1
3 Shaw, Alex	99 Oceanside Track	31.91	NWI	1
4 Irwin, Julia	99 Peninsula Track	31.95	NWI	1
5 Piccinin, Claudia	99 Powell River	33.20	NWI	2
6 Huska, Sasha	99 Comox Valley	33.21	NWI	2
7 Braham-Guiterrez, Vanes	99 Alberni Valley	33.56	NWI	2
8 Friesen, Erica	99 Oceanside Track	33.60	NWI	2
9 Smith, Mya	99 Alberni Valley	34.19	NWI	2
10 Forrester, Bailey	99 Alberni Valley	34.32	NWI	1
11 Dass, Norina	99 Alberni Valley	36.05	NWI	1

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Event 118 Boys 12 Year Olds 200 Meter Hurdles 5 @ 24"

Name	Year Team	Finals	Wind
1 Boar, Dominic	00 Nanaimo Track	32.31	NWI
2 Battersby, Finn	00 Peninsula Track	34.15	NWI
3 Sammons, Benjamin	00 Peninsula Track	36.24	NWI
4 Wilson, Oliver	00 Cowichan Valley	36.98	NWI
5 Hernandez, Kye	00 Powell River	37.06	NWI
6 Fougner-Rukus, Griffin	00 Cowichan Valley	37.12	NWI
7 Leblanc, Tyler	00 Cowichan Valley	40.01	NWI

Event 119 Boys 13 Year Olds 200 Meter Hurdles 5 @ 27"

Name	Year Team	Finals	Wind
1 Rasaanah, Sunil	99 Oceanside Track	30.66	NWI
2 Halvorson, Torin	99 Comox Valley	31.59	NWI
3 Morrison, Simon	99 Oceanside Track	32.66	NWI
4 Jack, Ethan	99 Alberni Valley	33.55	NWI
5 Anderson, Derek	99 Cowichan Valley	36.69	NWI
6 Carter, Andrew	99 Oceanside Track	38.92	NWI

Event 124 Women 16-17 300 Meter Hurdles 7 @ 30"

Name	Year Team	Finals
1 Scott, Lexie	95 University O	44.40
2 Piercy, Jordyn	96 Victoria Track	46.11
3 McLeod, Mackenzie	96 Comox Valley	48.66

Event 125 Men 16-17 300 Meter Hurdles 7 @ 33"

Name	Year Team	Finals
1 Boyd, David	95 University O	41.90
2 Palou, Austin	95 Cowichan Valley	44.10
3 MacEwan, Caelan	96 Peninsula Track	45.71

Event 127 Women 35-39 400 Meter Hurdles 10 @ 30"

Name	Year Team	Finals
1 Van Den Bulk, Jeannette	77 Pacific Athletics	1:04.91

Event 128 Men 18-19 400 Meter Hurdles 10 @ 36"

Name	Year Team	Finals
1 Blackburn, Nick	93 Comox Valley	55.05

Event 130 Girls 9 Year Olds High Jump

Name	Year Team	Finals
1 Higgins, Paige	03 Nanaimo Track	1.00m
2 Peterson, Julia	03 Peninsula Track	0.90m

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...Event 130 Girls 9 Year Olds High Jump

3 Schmunk, Annika 03 Powell River 0.85m

Event 131 Girls 10 Year Olds High Jump

Name	Year	Team	Finals
1 Mitchell, Makayla	02	Nanaimo Track	1.10m
2 Fougner-Rukus, Reece	02	Cowichan Valley	J1.10m
3 Naude, Kristin	02	Powell River	1.05m
3 Elliott, Sidney	02	Powell River	1.05m
5 Magana, Catalina	02	Oceanside Track	0.95m
5 Minkley, Alexis	02	Nanaimo Track	0.95m
7 Saunders, Sophie	02	Alberni Valley	J0.95m
8 Keyes, Molly	02	Comox Valley	0.80m
8 Morrison, Kate	02	Oceanside Track	0.80m
-- Sundberg-Groot, Kaelin	02	Oceanside Track	NH

Event 132 Girls 11 Year Olds High Jump

Name	Year	Team	Finals
1 Frederiksen, Gwyneth	01	Unattached	1.30m
2 Watson, Kaitlyn	01	Nanaimo Track	1.25m
3 Dimter, Julia	01	Nanaimo Track	1.10m
4 West, Emily	01	Alberni Valley	1.05m
5 Vallance, Ella	01	Powell River	J1.05m
6 Mastrodonato, Melaina	01	Powell River	J1.05m
7 Head, Abby	01	Powell River	1.00m
8 Zanette, Olivia	01	Alberni Valley	0.95m
9 Wilson, Emma	01	Cowichan Valley	J0.95m
10 Payne, Mikaella	01	Cowichan Valley	J0.95m

Event 133 Girls 12 Year Olds High Jump

Name	Year	Team	Finals
1 Ory, Jessica	00	Nanaimo Track	1.35m
2 Matthews, Quinn	00	Victoria Track	1.30m
3 Matthews, Thea	00	Victoria Track	1.25m
4 Palmer, Charlotte	00	Oceanside Track	1.20m
5 Keltie, Jensen	00	Oceanside Track	J1.20m
6 Stanbury, Maureen	00	Cowichan Valley	J1.20m
7 Dewit, Emma	00	Cowichan Valley	1.15m
8 Katzberg, Jessica	00	Nanaimo Track	J1.15m
9 Stewart, Hope	00	Nanaimo Track	J1.15m
10 D'Agnolo, Nicole	00	Pacific Athletics	1.10m
11 Johnston, Mackenzie	00	Cowichan Valley	1.05m
11 Canil, Emma	00	Oceanside Track	1.05m
13 Metrowich, Julia	00	Nanaimo Track	1.00m

Event 134 Girls 13 Year Olds High Jump

Name	Year	Team	Finals
1 Paisley, Sophie	99	Cowichan Valley	1.40m

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....Event 134 Girls 13 Year Olds High Jump

2 Steen, Cassidy	99 Pacific Athletics	1.35m
3 Piccinin, Claudia	99 Powell River	1.30m
4 Frederiksen, Lindsey	99 Unattached	J1.30m
5 Peterson, Megan	99 Peninsula Track	1.25m
6 Shaw, Alex	99 Oceanside Track	J1.25m
7 Irwin, Julia	99 Peninsula Track	J1.25m
8 West, Jenna	99 Alberni Valley	1.20m
9 Huska, Sasha	99 Comox Valley	1.15m
10 Pirie, Madison	99 Cowichan Valley	1.10m
11 Gartside, Hannah	99 Peninsula Track	1.05m

Event 137 Women 16-17 High Jump

Name	Year Team	Finals
1 Bezanson, Hayley	95 Comox Valley	1.42m
2 Irvine, Malia	96 Comox Valley	1.35m
3 McLeod, Mackenzie	96 Comox Valley	1.25m
-- Kemps, Mackenzie	96 Alberni Valley	FAIL

Event 137 Women 50-54 High Jump

Name	Year Team	Finals
1 Murfitt, Anne	59 Peninsula Track	1.05m

Event 137 Women 70-74 High Jump

Name	Year Team	Finals
1 Anderson, Sandy	40 Peninsula Track	1.15m

Event 138 Boys 9 Year Olds High Jump

Name	Year Team	Finals
1 McIntyre, Jacob	03 Cowichan Valley	1.05m
2 Schlitz, Brett	03 Nanaimo Track	J1.05m
3 Head, Leo	03 Powell River	0.90m
3 Vallance, Caleb	03 Powell River	0.90m
3 Wynans, Samuel	03 Alberni Valley	0.90m
4 Isaac, Jack	03 Alberni Valley	J0.90m
7 Mastrodonato, Gavin	03 Powell River	0.85m

Event 139 Boys 10 Year Olds High Jump

Name	Year Team	Finals
1 Katzberg, Ethan	02 Nanaimo Track	1.15m
2 Heisterman, Keaton	02 Nanaimo Track	1.10m
3 Spencer-Smith, Callum	02 Alberni Valley	1.05m
4 Abbott, Keagen	02 Powell River	J1.05m
4 Andersen, Ethan	02 Nanaimo Track	J1.05m
5 Shaw, Ryan	02 Oceanside Track	J0.95m
6 Paisley, David	02 Cowichan Valley	J0.90m

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....Event 139 Boys 10 Year Olds High Jump

7 Wilson, Felix	02 Cowichan Valley	0.90m
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Event 140 Boys 11 Year Olds High Jump

Name	Year Team	Finals
1 Parkhouse, Caleb	01 Powell River	1.20m
2 Morris, Matthew	01 Nanaimo Track	J1.20m
3 Day, Colby	01 Nanaimo Track	J1.20m
4 Schiltz, Luke	01 Unattached	1.15m
5 Garside, Thomas	01 Peninsula Track	J1.15m
6 Moncton, Zacharias	01 Pacific Athletics	1.10m
7 Guild, Mackenzie	01 Oceanside Track	J1.10m
7 Contant, Yanick	01 Alberni Valley	J1.10m
9 Dewit, Aaron	01 Cowichan Valley	1.05m
9 Bray, Owen	01 Nanaimo Track	1.05m
11 Dewit, Jaden	01 Cowichan Valley	1.00m
12 Hancock, Carter	01 Oceanside Track	J1.00m

Event 141 Boys 12 Year Olds High Jump

Name	Year Team	Finals
1 Hernandez, Kye	00 Powell River	1.45m
2 McCullough, Conner	00 Peninsula Track	1.25m
3 Boar, Dominic	00 Nanaimo Track	1.20m
3 Wynans, Jonah	00 Alberni Valley	1.20m
5 Leblanc, Tyler	00 Cowichan Valley	1.15m
6 Fougner-Rukus, Griffin	00 Cowichan Valley	1.05m
6 Wilson, Oliver	00 Cowichan Valley	1.05m

Event 142 Boys 13 Year Olds High Jump

Name	Year Team	Finals
1 Hay, Gregory	99 Campbell River	1.45m
1 Elliott, Noah	99 Oceanside Track	1.45m
3 Schlitz, Jack	99 Nanaimo Track	1.30m
4 Johannsen, Kyle	99 Cowichan Valley	1.15m
4 Lorenzo, Cameron	99 Peninsula Track	1.15m
6 Greentree, Wesley	99 CR Christian	1.05m
-- Jack, Ethan	99 Alberni Valley	NH
-- Bassett, Jacob	99 Oceanside Track	NH

Event 145 Men 16-17 High Jump

Name	Year Team	Finals
1 DeJong, Joshua	96 Alberni Valley	1.65m
2 MacEwan, Caelan	96 Peninsula Track	J1.65m
3 Hernandez, Cale	95 Powell River	1.60m
3 Troung, Duc	96 Nanaimo Track	1.60m

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Event 145 Men 18-19 High Jump

Name	Year Team	Finals
1 Chow, Cameron	94 Cowichan Valley	1.75m
1 Bonnetplume, Brandon J.	94 Nanaimo Track	1.75m

Event 146 Girls 9 Year Olds Long Jump

Name	Year Team	Finals	Wind
1 Schmunk, Annika	03 Powell River	3.13m	NWI
2 Peterson, Julia	03 Peninsula Track	2.59m	NWI

Event 147 Girls 10 Year Olds Long Jump

Name	Year Team	Finals	Wind
1 Naude, Kristin	02 Powell River	3.21m	NWI
2 Mitchell, Makayla	02 Nanaimo Track	3.10m	NWI
3 Bau, Olivia	02 Unattached	3.08m	NWI
4 Fougner-Rukus, Reece	02 Cowichan Valley	3.04m	NWI
5 Larkin, Mackenzie	02 Victoria Track	2.95m	NWI
6 Elliott, Sidney	02 Powell River	J2.95m	NWI
7 Keyes, Molly	02 Comox Valley	2.79m	NWI
8 Chase, Sydney	02 Alberni Valley	2.76m	NWI
9 Woolnough, Alena	02 Oceanside Track	2.70m	NWI
10 Branham-Gutierrez, Sophi	02 Alberni Valley	2.44m	NWI
11 Gutter-Spence, Taryn	02 Powell River	2.25m	NWI
11 Saunders, Sophie	02 Alberni Valley	2.25m	NWI
13 Morrison, Kate	02 Oceanside Track	2.16m	NWI
14 Dobbryn, Sara	02 Nanaimo Track	2.08m	NWI

Event 148 Girls 11 Year Olds Long Jump

Name	Year Team	Finals	Wind
1 Pallard, Evelynne	01 Nanaimo Track	3.60m	NWI
1 Pollock, Madelyn	01 Cowichan Valley	3.60m	NWI
3 Watson, Kaitlyn	01 Nanaimo Track	3.54m	NWI
4 Frederiksen, Gwyneth	01 Unattached	3.41m	NWI
5 Ashcroft, Julia	01 Campbell River	3.40m	NWI
6 Gendall, Danae	01 Cowichan Valley	3.39m	NWI
7 Vallance, Ella	01 Powell River	3.26m	NWI
8 Willett, Abby	01 Pacific Athletics	3.22m	NWI
9 Bray, Heather	01 Nanaimo Track	3.21m	NWI
10 Labree, Morgan	01 Powell River	3.14m	NWI
11 Mastrodonato, Melaina	01 Powell River	3.05m	NWI
12 Whitson, Jacqueline	01 Alberni Valley	2.99m	NWI
13 Hague, Nicole	01 Oceanside Track	2.96m	NWI
14 Head, Abby	01 Powell River	2.78m	NWI
15 Lewers, Emily	01 Cowichan Valley	2.74m	NWI
16 West, Emily	01 Alberni Valley	2.63m	NWI
17 Payne, Mikaella	01 Cowichan Valley	2.52m	NWI
18 Atkinson, Lindsay	01 Campbell River	2.49m	NWI
19 Halvorson, Ciara	01 Unattached	1.97m	NWI

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Event 149 Girls 12 Year Olds Long Jump

Name	Year Team	Finals	Wind
1 Cathro, Ashley	00 Victoria Track	4.28m	NWI
2 Ory, Jessica	00 Nanaimo Track	4.26m	NWI
3 Szczawinski, Kira	00 Unattached	4.15m	NWI
4 Matthews, Thea	00 Victoria Track	4.13m	NWI
5 Matthews, Quinn	00 Victoria Track	4.05m	NWI
6 Katzberg, Jessica	00 Nanaimo Track	3.90m	NWI
7 D'Agnolo, Nicole	00 Pacific Athletics	3.86m	NWI
8 Metrowich, Julia	00 Nanaimo Track	3.69m	NWI
9 Stewart, Hope	00 Nanaimo Track	3.57m	NWI
10 Bouma, Haven	00 Nanaimo Track	3.52m	NWI
11 McPhee, Jaci	00 Campbell River	3.50m	NWI
12 Paulus, Nairee	00 Campbell River	3.48m	NWI
12 Hilton, Anna-Maria	00 Peninsula Track	3.48m	NWI
14 Palmer, Charlotte	00 Oceanside Track	3.47m	NWI
15 Dewit, Emma	00 Cowichan Valley	3.39m	NWI
16 Geldenhuys, Hannah	00 Cowichan Valley	3.38m	NWI
17 Keltie, Jensen	00 Oceanside Track	3.29m	NWI
18 Gutter-Spence, Marieke	00 Powell River	3.16m	NWI
19 Johnston, Mackenzie	00 Cowichan Valley	3.14m	NWI
20 Ross, Emma	00 Alberni Valley	3.03m	NWI
21 Greenshields, Amanda	00 Oceanside Track	3.02m	NWI
21 Ravetch, Rosie	00 Pacific Athletics	3.02m	NWI
23 Andersen, Marina	00 Nanaimo Track	2.95m	NWI
24 Cutt, Julia	00 Cowichan Valley	2.79m	NWI
25 Sundberg-Groot, Taylor	00 Oceanside Track	2.66m	NWI
26 Canil, Emma	00 Oceanside Track	2.57m	NWI
-- Ryalls, Marissa	00 Peninsula Track	FOUL	
-- Stanbury, Maureen	00 Cowichan Valley	FOUL	

Event 150 Girls 13 Year Olds Long Jump

Name	Year Team	Finals	Wind
1 Knowles, Olivia	99 Campbell River	4.51m	NWI
2 Smith, Mya	99 Alberni Valley	4.17m	NWI
3 Gage, Kristen	99 Campbell River	4.15m	NWI
4 Paisley, Sophie	99 Cowichan Valley	4.07m	NWI
5 Steen, Cassidy	99 Pacific Athletics	4.06m	NWI
6 Martinusen, Christina	99 Pacific Athletics	3.77m	NWI
7 Piccinin, Claudia	99 Powell River	3.76m	NWI
8 Friesen, Erica	99 Oceanside Track	3.75m	NWI
9 Reierson, Tekarra	99 Campbell River	3.71m	NWI
10 Shaw, Alex	99 Oceanside Track	3.61m	NWI
10 Shields-Brown, Mairin	99 Campbell River	3.61m	NWI
12 West, Jenna	99 Alberni Valley	3.60m	NWI
13 Peterson, Megan	99 Peninsula Track	3.57m	NWI
13 Gibson, Sarah	99 Peninsula Track	3.57m	NWI
15 Irwin, Julia	99 Peninsula Track	3.48m	NWI
16 Dennis, Emma	99 Peninsula Track	3.47m	NWI
17 Czecei, Taylor	99 Alberni Valley	3.30m	NWI
17 Toljander, Kyla	99 Cowichan Valley	3.30m	NWI
19 Guild, Keilan	99 Oceanside Track	3.28m	NWI
20 Dass, Norina	99 Alberni Valley	3.27m	NWI

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...Event 150 Girls 13 Year Olds Long Jump

21 Bradbury, Jesslyn	99 Oceanside Track	3.07m	NWI
22 Ferraro, Jamie	99 Nanaimo Track	2.96m	NWI
23 Gartside, Hannah	99 Peninsula Track	2.85m	NWI

Event 153 Women 16-17 Long Jump

Name	Year Team	Finals	Wind
1 Carrothers, Katie	96 Pacific Athletics	4.77m	-1.9
1 Kavelaars, Ruth Anne	95 Pacific Athletics	4.50m	-1.7
2 Kemps, Mackenzie	96 Alberni Valley	4.01m	-0.9
2 Hoang, Jade	95 Nanaimo Track	3.93m	-2.7

Event 153 Women 18-19 Long Jump

Name	Year Team	Finals	Wind
1 Kennedy, Renee	94 Cowichan Valley	4.83m	-2.0

Event 153 Women 20-34 Long Jump

Name	Year Team	Finals	Wind
1 Donner, Claire	89 Pacific Athletics	5.28m	-2.6

Event 154 Boys 9 Year Olds Long Jump

Name	Year Team	Finals	Wind
1 Rossouw, Ben	03 Cowichan Valley	3.01m	NWI
2 Johnston, Kale	03 Nanaimo Track	2.86m	NWI
3 Isaac, Jack	03 Alberni Valley	2.73m	NWI
4 Willmott, Frazer	03 Cowichan Valley	2.72m	NWI
5 Head, Leo	03 Powell River	2.67m	NWI
6 McIntyre, Jacob	03 Cowichan Valley	2.64m	NWI
7 Mastrodonato, Gavin	03 Powell River	2.56m	NWI
8 Vallance, Caleb	03 Powell River	2.55m	NWI
9 Seaman, Ryan	03 Nanaimo Track	2.50m	NWI
10 McKay, Robert	03 Alberni Valley	2.48m	NWI
11 Seaman, Jake	03 Nanaimo Track	2.44m	NWI
12 Shields, Luke	03 Oceanside Track	2.00m	NWI

Event 155 Boys 10 Year Olds Long Jump

Name	Year Team	Finals	Wind
1 Rasiah, Kintan	02 Oceanside Track	3.80m	NWI
2 Katzberg, Ethan	02 Nanaimo Track	3.72m	NWI
3 Heisterman, Keaton	02 Nanaimo Track	3.62m	NWI
4 Hall, Fergus	02 Campbell River	3.30m	NWI
5 Worcester-Wroe, Elijah	02 Oceanside Track	3.16m	NWI
6 Abbott, Keagen	02 Powell River	3.15m	NWI
7 Hilton, Matteo	02 Peninsula Track	3.14m	NWI
8 Shaw, Ryan	02 Oceanside Track	3.10m	NWI
9 Spencer-Smith, Callum	02 Alberni Valley	3.03m	NWI

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...Event 155 Boys 10 Year Olds Long Jump

10 Stark-Huhtanen, Blake	02 Cowichan Valley	2.85m	NWI
11 Andersen, Ethan	02 Nanaimo Track	2.77m	NWI
12 Wilson, Felix	02 Cowichan Valley	2.66m	NWI
13 Keltie, Logan	02 Oceanside Track	2.24m	NWI
14 Paisley, David	02 Cowichan Valley	2.14m	NWI

Event 156 Boys 11 Year Olds Long Jump

Name	Year Team	Finals	Wind
1 Parkhouse, Caleb	01 Powell River	3.77m	NWI
2 Nahorney, Ty	01 Alberni Valley	3.69m	NWI
3 Smith, Isaiah	01 Peninsula Track	3.67m	NWI
4 Tozer, Devin	01 Nanaimo Track	3.50m	NWI
5 Ross, Cameron	01 Pacific Athletics	3.37m	NWI
6 Guild, Mackenzie	01 Oceanside Track	3.33m	NWI
7 Day, Colby	01 Nanaimo Track	3.18m	NWI
8 Baycroft, Zachary	01 Campbell River	3.04m	NWI
9 Ferraro, Jett	01 Nanaimo Track	3.02m	NWI
10 Hancock, Carter	01 Oceanside Track	2.88m	NWI
11 Garside, Thomas	01 Peninsula Track	2.68m	NWI
12 Vallee, Seth	01 Alberni Valley	2.63m	NWI
13 Contant, Yanick	01 Alberni Valley	2.62m	NWI
14 Green, Brandon	01 Nanaimo Track	2.38m	NWI

Event 157 Boys 12 Year Olds Long Jump

Name	Year Team	Finals	Wind
1 Battersby, Finn	00 Peninsula Track	3.80m	NWI
2 Boar, Dominic	00 Nanaimo Track	3.66m	NWI
3 Hernandez, Kye	00 Powell River	3.61m	NWI
4 Sammons, Benjamin	00 Peninsula Track	3.57m	NWI
5 Morris, Jeremiah	00 Nanaimo Track	3.56m	NWI
6 Griffiths, Sion	00 Cowichan Valley	3.24m	NWI
7 Handel, Luke	00 Cowichan Valley	3.21m	NWI
8 Shewchuk, Cody	00 Cowichan Valley	3.08m	NWI
9 Wilson, Oliver	00 Cowichan Valley	3.07m	NWI
10 Wynans, Jonah	00 Alberni Valley	3.02m	NWI
11 Leblanc, Tyler	00 Cowichan Valley	2.99m	NWI
12 Manhas, Ravi	00 Alberni Valley	2.33m	NWI

Event 158 Boys 13 Year Olds Long Jump

Name	Year Team	Finals	Wind
1 Hay, Gregory	99 Campbell River	4.31m	NWI
2 Speagle, Oliver	99 Alberni Valley	4.01m	NWI
3 Elliott, Myles	99 Powell River	3.90m	NWI
4 Cooper, Jack	99 Victoria Track	3.72m	NWI
5 Johannsen, Erik	99 Cowichan Valley	3.60m	NWI
6 Smyth, Tynan	99 Alberni Valley	3.49m	NWI
7 Halvorson, Torin	99 Comox Valley	3.48m	NWI
8 Bassett, Jacob	99 Oceanside Track	3.44m	NWI
9 Jack, Ethan	99 Alberni Valley	3.31m	NWI

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...Event 158 Boys 13 Year Olds Long Jump

10 Anderson, Derek	99 Cowichan Valley	3.29m	NWI
11 Chiasson, Austin	99 Campbell River	3.08m	NWI
12 Walker, Malcolm	99 Pacific Athletics	2.99m	NWI
13 Carter, Andrew	99 Oceanside Track	2.98m	NWI
14 Postuk, Christopher	99 Cowichan Valley	2.95m	NWI
15 Morrison, Simon	99 Oceanside Track	2.92m	NWI
16 Greentree, Wesley	99 CR Christian	2.81m	NWI
17 Postuk, Sam	99 Cowichan Valley	2.51m	NWI

Event 161 Men 16-17 Long Jump

Name	Year Team	Finals	Wind
1 Hernandez, Cale	95 Powell River	6.14m	2.8
1 Troung, Duc	96 Nanaimo Track	5.46m	1.2
2 Kostiuik, Tyler	96 Comox Valley	5.40m	2.4
3 Hsueh, Albert	96 Unattached	5.33m	0.3
4 Johnston, Brendon	96 Dover Bay Secondary	5.24m	-0.8
5 Choi, Kevin	96 Dover Bay Secondary	5.12m	1.0

Event 161 Men 70-74 Long Jump

Name	Year Team	Finals	Wind
1 East, Les	39 Peninsula Track	3.47m	2.1

Event 162 Girls 13 Year Olds Triple Jump

Name	Year Team	Finals	Wind
1 Gage, Kristen	99 Campbell River	9.85m	NWI
2 Smith, Mya	99 Alberni Valley	9.21m	NWI
3 Martinusen, Christina	99 Pacific Athletics	8.77m	NWI
4 Forrester, Bailey	99 Alberni Valley	8.49m	NWI
5 Shields-Brown, Mairin	99 Campbell River	7.93m	NWI
6 Dass, Norina	99 Alberni Valley	7.67m	NWI
7 Bray, Payton	99 Nanaimo Track	7.65m	NWI
8 Ferraro, Jamie	99 Nanaimo Track	7.23m	NWI

Event 165 Women 16-17 Triple Jump

Name	Year Team	Finals	Wind
1 Carrothers, Katie	96 Pacific Athletics	10.10m	1.9
2 Johnson, Kathryn	96 Pacific Athletics	9.82m	1.7
3 Kavelaars, Ruth Anne	95 Pacific Athletics	9.74m	0.6
4 Simpson, Josephine	95 Campbell River	9.64m	1.4
5 Dass, Nikeisha	96 Alberni Valley	9.41m	2.0
6 Kemps, Mackenzie	96 Alberni Valley	9.03m	1.1
7 Hoang, Jade	95 Nanaimo Track	8.54m	1.7

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Event 166 Boys 13 Year Olds Triple Jump

Name	Year Team	Finals	Wind
1 Schlitz, Jack	99 Nanaimo Track	9.30m	NWI
2 Rasiaah, Sunil	99 Oceanside Track	8.90m	NWI
3 Cooper, Jack	99 Victoria Track	7.91m	NWI
4 Coughlan, Kaiden	99 Cowichan Valley	7.38m	NWI
5 Chiasson, Austin	99 Campbell River	7.27m	NWI
6 Jack, Ethan	99 Alberni Valley	7.09m	NWI
7 Greentree, Wesley	99 CR Christian	7.07m	NWI
8 Lorenzo, Cameron	99 Peninsula Track	6.96m	NWI

Event 169 Men 16-17 Triple Jump

Name	Year Team	Finals	Wind
1 Lindsay, Liam	96 Cowichan Valley	12.20m	1.4
2 Choi, Kevin	96 Dover Bay Secondary	10.85m	1.2
3 Lineen, Aidan	96 Cowichan Valley	10.45m	+0.0

Event 169 Men 18-19 Triple Jump

Name	Year Team	Finals	Wind
1 Betz, Adam	93 Dover Bay Secondary	11.06m	1.7
2 Lineen, Declan	94 Cowichan Valley	10.49m	+0.0

Event 169 Men 60-64 Triple Jump

Name	Year Team	Finals	Wind
1 Donaldson, Sven	49 Nanaimo Track	7.27m	0.1

Event 169 Men 70-74 Triple Jump

Name	Year Team	Finals	Wind
1 East, Les	39 Peninsula Track	7.58m	-0.2

Event 178 Girls 10 Year Olds Discus Throw 750 g

Name	Year Team	Finals
1 Mitchell, Makayla	02 Nanaimo Track	11.79m
2 Fougner-Rukus, Reece	02 Cowichan Valley	10.01m
3 Woolnough, Alena	02 Oceanside Track	9.96m
4 Larkin, Mackenzie	02 Victoria Track	9.72m
5 Naude, Kristin	02 Powell River	9.46m
6 Morrison, Kate	02 Oceanside Track	9.39m
7 Elliott, Sidney	02 Powell River	8.30m
8 Gutter-Spence, Taryn	02 Powell River	7.07m
9 Bau, Olivia	02 Unattached	5.33m

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Event 179 Girls 11 Year Olds Discus Throw 750 g

Name	Year Team	Finals
1 Willett, Abby	01 Pacific Athletics	17.37m
2 Elliott, Libby	01 Oceanside Track	16.05m
3 Frederiksen, Gwyneth	01 Unattached	13.85m
4 Vallance, Ella	01 Powell River	12.20m
5 Labree, Morgan	01 Powell River	10.43m
6 Pallard, Evelynne	01 Nanaimo Track	9.52m
7 Payne, Mikaela	01 Cowichan Valley	9.33m
8 Watson, Kaitlyn	01 Nanaimo Track	9.23m
9 Mastrodonato, Melaina	01 Powell River	7.17m
10 Head, Abby	01 Powell River	7.01m

Event 180 Girls 12 Year Olds Discus Throw 750 g

Name	Year Team	Finals
1 Woolnough, Serena	00 Oceanside Track	17.73m
1 Matthews, Thea	00 Victoria Track	17.73m
3 Katzberg, Jessica	00 Nanaimo Track	16.84m
4 Dewit, Emma	00 Cowichan Valley	15.80m
5 Keltie, Jensen	00 Oceanside Track	15.25m
6 Stanbury, Maureen	00 Cowichan Valley	15.13m
7 Heisterman, Madison	00 Nanaimo Track	14.24m
8 Canil, Emma	00 Oceanside Track	13.93m
9 D'Agnolo, Nicole	00 Pacific Athletics	13.43m
10 Matthews, Quinn	00 Victoria Track	13.37m
11 Cutt, Julia	00 Cowichan Valley	13.26m
12 Palmer, Charlotte	00 Oceanside Track	13.10m
13 Metrowich, Julia	00 Nanaimo Track	13.06m
14 Sayah, Taylor	00 Oceanside Track	13.05m
15 Ory, Jessica	00 Nanaimo Track	12.39m
16 Gutter-Spence, Marieke	00 Powell River	10.92m
17 Stewart, Hope	00 Nanaimo Track	9.59m
18 Andersen, Marina	00 Nanaimo Track	7.59m

Event 181 Girls 13 Year Olds Discus Throw 750 g

Name	Year Team	Finals
1 Frederiksen, Lindsey	99 Unattached	25.69m
2 Friesen, Erica	99 Oceanside Track	20.67m
3 Steen, Cassidy	99 Pacific Athletics	20.07m
4 Shaw, Alex	99 Oceanside Track	19.82m
5 Irwin, Julia	99 Peninsula Track	19.72m
6 Dass, Norina	99 Alberni Valley	19.10m
7 MacEwan, Chelsea	99 Peninsula Track	18.71m
8 Brancato, Helen	99 Cowichan Valley	18.49m
9 Forrester, Bailey	99 Alberni Valley	18.06m
10 Dennis, Emma	99 Peninsula Track	17.78m
11 Martinusen, Christina	99 Pacific Athletics	17.04m
12 Gibson, Sarah	99 Peninsula Track	17.01m
13 Peterson, Megan	99 Peninsula Track	16.95m
14 Bradbury, Jesslyn	99 Oceanside Track	16.77m
15 Toljander, Kyla	99 Cowichan Valley	15.44m

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...Event 181 Girls 13 Year Olds Discus Throw 750 g

16 Guild, Keilan	99 Oceanside Track	14.96m
17 Smith, Mya	99 Alberni Valley	14.79m
18 Milutinovic, Julia	99 Campbell River	14.74m
19 Braham-Guiterrez, Vanes	99 Alberni Valley	14.11m
20 Shields-Brown, Mairin	99 Campbell River	14.01m
21 Saunders, Stephanie	99 Alberni Valley	13.44m
22 MacGregor, Jasmine	99 Campbell River	12.56m
23 Ferraro, Jamie	99 Nanaimo Track	12.44m
24 Gartside, Hannah	99 Peninsula Track	10.41m
25 Reiersen, Tekarra	99 Campbell River	9.76m

Event 184 Women 16-17 Discus Throw 1 kg

Name	Year Team	Finals
1 Esser, Agnes	95 Pacific Athletics	40.34m
2 Kaiser, Hannah	96 Pacific Athletics	33.09m
3 Cote, Addie	95 Pacific Athletics	32.41m
4 Vandermale, Sydney	96 Comox Valley	29.65m
5 Gmitroski, Krysta	96 Pacific Athletics	28.70m
6 Carrothers, Katie	96 Pacific Athletics	28.09m

Event 184 Women 18-19 Discus Throw 1 kg

Name	Year Team	Finals
1 Stewart, Kirsten	93 Comox Valley	27.58m

Event 184 Women 50-54 Discus Throw 1 kg

Name	Year Team	Finals
1 Murfitt, Anne	59 Peninsula Track	18.44m

Event 184 Women 70-74 Discus Throw 1 kg

Name	Year Team	Finals
1 Anderson, Sandy	40 Peninsula Track	15.20m

Event 186 Boys 10 Year Olds Discus Throw 750 g

Name	Year Team	Finals
1 Katzberg, Ethan	02 Nanaimo Track	18.55m
2 Heisterman, Keaton	02 Nanaimo Track	16.54m
3 Abbott, Keagen	02 Powell River	14.16m
4 Chand, Matthew	02 Oceanside Track	11.95m
5 Wilson, Felix	02 Cowichan Valley	11.85m
6 Andersen, Ethan	02 Nanaimo Track	10.95m
7 Rasiah, Kintan	02 Oceanside Track	10.89m
8 Lund, Aidan	02 Campbell River	9.84m
9 Hilton, Matteo	02 Peninsula Track	9.41m
10 Worcester-Wroe, Elijah	02 Oceanside Track	8.65m
11 Shaw, Ryan	02 Oceanside Track	8.59m

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Event 187 Boys 11 Year Olds Discus Throw 750 g

Name	Year Team	Finals
1 Contant, Yanick	01 Alberni Valley	19.64m
2 Dewit, Jaden	01 Cowichan Valley	16.76m
3 Parkhouse, Caleb	01 Powell River	16.25m
4 Guild, Mackenzie	01 Oceanside Track	15.97m
5 Hancock, Carter	01 Oceanside Track	15.75m
6 Tozer, Devin	01 Nanaimo Track	15.53m
7 Ferraro, Jett	01 Nanaimo Track	15.31m
8 Garside, Thomas	01 Peninsula Track	13.91m
9 Smith, Isaiah	01 Peninsula Track	13.50m
10 Day, Colby	01 Nanaimo Track	12.72m
11 Seaman, Nate	01 Nanaimo Track	11.77m
12 Baycroft, Zachary	01 Campbell River	11.55m
13 Wiebe, Silas	01 Cowichan Valley	9.97m
14 Green, Brandon	01 Nanaimo Track	8.06m

Event 188 Boys 12 Year Olds Discus Throw 1 kg

Name	Year Team	Finals
1 Sammons, Benjamin	00 Peninsula Track	19.04m
2 Wynans, Jonah	00 Alberni Valley	17.54m
3 Hernandez, Kye	00 Powell River	17.18m
4 McCullough, Conner	00 Peninsula Track	17.06m
5 Wilson, Oliver	00 Cowichan Valley	14.48m
6 Fougner-Rukus, Griffin	00 Cowichan Valley	13.14m
7 Griffiths, Sion	00 Cowichan Valley	12.66m
8 Leblanc, Tyler	00 Cowichan Valley	12.01m
9 Manhas, Ravi	00 Alberni Valley	9.85m

Event 189 Boys 13 Year Olds Discus Throw 1 kg

Name	Year Team	Finals
1 Elliott, Noah	99 Oceanside Track	26.58m
2 Fredrickson, Kyle	99 Cowichan Valley	23.39m
3 Hay, Gregory	99 Campbell River	19.72m
4 Smyth, Tynan	99 Alberni Valley	19.17m
5 Elliott, Myles	99 Powell River	18.85m
6 Austin, Dalton	99 Oceanside Track	18.00m
7 Rasaiah, Sunil	99 Oceanside Track	17.21m
8 Jack, Ethan	99 Alberni Valley	16.94m
9 Sabiston, Connor	99 Alberni Valley	15.66m
10 Halvorson, Torin	99 Comox Valley	15.42m
11 Anderson, Derek	99 Cowichan Valley	14.59m
12 Postuk, Christopher	99 Cowichan Valley	13.82m
13 Chiasson, Austin	99 Campbell River	13.60m
14 Johannsen, Kyle	99 Cowichan Valley	13.54m
15 Morrison, Simon	99 Oceanside Track	12.76m
16 Postuk, Jerek	99 Cowichan Valley	11.85m
17 Schiller, Isaac	99 Oceanside Track	11.28m
18 Carter, Andrew	99 Oceanside Track	10.65m

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Event 192 Men 16-17 Discus Throw 1.5 kg

Name	Year Team	Finals
1 Villette, Graham	95 Alberni Valley	45.62m
2 Bradley, Luke	96 Alberni Valley	40.15m
3 Hernandez, Cale	95 Powell River	34.84m
4 Kostiuk, Tyler	96 Comox Valley	24.74m

Event 195 Men 50-59 Discus Throw 1.5 kg

Name	Year Team	Finals
1 Griffiths, Dewi	61 Cowichan Valley	29.10m

Event 196 Men 60-64 Discus Throw 1 kg

Name	Year Team	Finals
1 Donaldson, Sven	49 Nanaimo Track	19.64m

Event 196 Men 70-74 Discus Throw 1 kg

Name	Year Team	Finals
1 East, Les	39 Peninsula Track	30.47m

Event 196 Men 90-94 Discus Throw 1 kg

Name	Year Team	Finals
2 Brodeur, Phil	21 Peninsula Track	11.89m

Event 197 Girls 10 Year Olds Javelin Throw 400g

Name	Year Team	Finals
1 Mitchell, Makayla	02 Nanaimo Track	14.86m
2 Fougner-Rukus, Reece	02 Cowichan Valley	12.38m
3 Larkin, Mackenzie	02 Victoria Track	10.17m
4 Magana, Catalina	02 Oceanside Track	9.94m
5 Keyes, Molly	02 Comox Valley	9.65m
6 Naude, Kristin	02 Powell River	9.38m
7 Sundberg-Groot, Kaelin	02 Oceanside Track	9.28m
8 Morrison, Kate	02 Oceanside Track	8.82m
9 Branham-Gutierrez, Sophi	02 Alberni Valley	8.55m
10 Minkley, Alexis	02 Nanaimo Track	8.33m
11 Woolnough, Alena	02 Oceanside Track	8.17m
12 Chase, Sydney	02 Alberni Valley	7.61m
13 Saunders, Sophie	02 Alberni Valley	7.50m
14 Dobbyn, Sara	02 Nanaimo Track	7.39m
15 Gutter-Spence, Taryn	02 Powell River	5.92m
16 Maxwell, Ainsley	02 Nanaimo Track	5.04m

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Event 198 Girls 11 Year Olds Javelin Throw 400 g

Name	Year Team	Finals
1 Frederiksen, Gwyneth	01 Unattached	18.80m
2 Willett, Abby	01 Pacific Athletics	18.23m
3 Elliott, Libby	01 Oceanside Track	17.82m
4 Ashcroft, Julia	01 Campbell River	15.36m
5 Atkinson, Lindsay	01 Campbell River	11.21m
6 Dimter, Julia	01 Nanaimo Track	11.07m
7 Mastrodonato, Melaina	01 Powell River	10.73m
8 Zanette, Olivia	01 Alberni Valley	10.29m
9 Whitson, Jacqueline	01 Alberni Valley	9.99m
10 Vallance, Ella	01 Powell River	9.10m
11 Mullan-Fraser, Marilyn	01 Comox Valley	8.93m
12 Labree, Morgan	01 Powell River	8.87m
13 Watson, Kaitlyn	01 Nanaimo Track	8.59m
14 West, Emily	01 Alberni Valley	8.58m
15 Head, Abby	01 Powell River	8.08m

Event 199 Girls 12 Year Olds Javelin Throw 400 g

Name	Year Team	Finals
1 Cathro, Ashley	00 Victoria Track	29.18m
2 Dewit, Emma	00 Cowichan Valley	20.75m
3 Paulus, Nairee	00 Campbell River	17.82m
4 Szczawinski, Kira	00 Unattached	17.12m
5 Palmer, Charlotte	00 Oceanside Track	17.05m
6 Stanbury, Maureen	00 Cowichan Valley	16.79m
7 Andersen, Marina	00 Nanaimo Track	15.97m
8 Katzberg, Jessica	00 Nanaimo Track	15.62m
9 McPhee, Jaci	00 Campbell River	15.47m
10 Sayah, Taylor	00 Oceanside Track	14.97m
11 Matthews, Quinn	00 Victoria Track	13.36m
12 Cutt, Julia	00 Cowichan Valley	12.74m
13 Johnston, Mackenzie	00 Cowichan Valley	12.63m
14 D'Agnolo, Nicole	00 Pacific Athletics	12.54m
15 Ravetch, Rosie	00 Pacific Athletics	11.35m
16 Canil, Emma	00 Oceanside Track	10.77m
17 Gutter-Spence, Marieke	00 Powell River	10.73m
18 Proctor, Allie	00 Oceanside Track	10.46m
19 Stewart, Hope	00 Nanaimo Track	10.35m
20 Keltie, Jensen	00 Oceanside Track	10.33m
21 Ryalls, Marissa	00 Peninsula Track	9.63m
22 Sundberg-Groot, Taylor	00 Oceanside Track	9.45m
23 Gage, Lindsay	00 Campbell River	6.88m

Event 200 Girls 13 Year Olds Javelin Throw 400 g

Name	Year Team	Finals
1 Forrester, Bailey	99 Alberni Valley	28.89m
2 Irwin, Julia	99 Peninsula Track	26.45m
3 Gibson, Sarah	99 Peninsula Track	25.50m
4 Frederiksen, Lindsey	99 Unattached	21.11m
5 Dass, Norina	99 Alberni Valley	20.83m

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...Event 200 Girls 13 Year Olds Javelin Throw 400 g

6 Delgado, Gabriela	99 Cowichan Valley	20.26m
7 Martinusen, Christina	99 Pacific Athletics	19.28m
8 Piccinin, Claudia	99 Powell River	16.01m
9 Braham-Guiterrez, Vanes	99 Alberni Valley	15.33m
10 Steen, Cassidy	99 Pacific Athletics	14.58m
11 West, Jenna	99 Alberni Valley	14.50m
12 Peterson, Megan	99 Peninsula Track	14.38m
13 Shields-Brown, Mairin	99 Campbell River	14.37m
14 Saunders, Stephanie	99 Alberni Valley	13.98m
15 Gage, Kristen	99 Campbell River	13.49m
16 Shaw, Alex	99 Oceanside Track	13.37m
17 Pirie, Madison	99 Cowichan Valley	13.10m
18 Friesen, Erica	99 Oceanside Track	12.64m
19 Ferraro, Jamie	99 Nanaimo Track	11.94m
20 Gartside, Hannah	99 Peninsula Track	11.82m

Event 202 Women 16-17 Javelin Throw 500 g

Name	Year Team	Finals
1 Vandermale, Emalee	95 Comox Valley	31.80m
2 Dass, Nikeisha	96 Alberni Valley	30.54m
3 Kaiser, Hannah	96 Pacific Athletics	26.88m
4 Ferguson, Sara	96 Cowichan Valley	21.72m
5 Vandermale, Sydney	96 Comox Valley	21.21m
6 Bezanson, Hayley	95 Comox Valley	18.76m

Event 203 Women 18-19 Javelin Throw 600 g

Name	Year Team	Finals
1 Stewart, Kirsten	93 Comox Valley	35.89m
2 Clermont, Sabrina	94 Campbell River	31.66m

Event 203 Women 20-34 Javelin Throw 600 g

Name	Year Team	Finals
1 Merritt, Olivia	91 Pacific Athletics	40.62m

Event 204 Women 50-54 Javelin Throw 500 g

Name	Year Team	Finals
1 Murfitt, Anne	59 Peninsula Track	17.36m

Event 205 Women 70-74 Javelin Throw 400 g

Name	Year Team	Finals
1 Anderson, Sandy	40 Peninsula Track	17.23m

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Event 206 Boys 10 Year Olds Javelin Throw 400 g

Name	Year Team	Finals
1 Katzberg, Ethan	02 Nanaimo Track	26.01m
2 Lund, Aidan	02 Campbell River	18.56m
3 Abbott, Keagen	02 Powell River	18.34m
4 Andersen, Ethan	02 Nanaimo Track	18.18m
5 Wilson, Felix	02 Cowichan Valley	13.90m
6 Bassett, Avi	02 Oceanside Track	11.74m
7 Paisley, David	02 Cowichan Valley	11.23m
8 Worcester-Wroe, Elijah	02 Oceanside Track	8.00m
9 Keltie, Logan	02 Oceanside Track	5.99m

Event 207 Boys 11 Year Olds Javelin Throw 400 g

Name	Year Team	Finals
1 Dewit, Jaden	01 Cowichan Valley	28.42m
2 Dewit, Aaron	01 Cowichan Valley	26.14m
3 Parkhouse, Caleb	01 Powell River	25.13m
4 Moncton, Zacharias	01 Pacific Athletics	25.00m
5 Day, Colby	01 Nanaimo Track	24.53m
6 Contant, Yanick	01 Alberni Valley	24.15m
7 Guild, Mackenzie	01 Oceanside Track	19.78m
8 Seaman, Nate	01 Nanaimo Track	18.38m
9 Tozer, Devin	01 Nanaimo Track	18.20m
10 Ferraro, Jett	01 Nanaimo Track	17.56m
11 Morris, Matthew	01 Nanaimo Track	17.05m
12 Bray, Owen	01 Nanaimo Track	16.95m
13 Smith, Isaiah	01 Peninsula Track	16.87m
14 Johnson, Aidan	01 Oceanside Track	16.71m
15 Nahorney, Ty	01 Alberni Valley	16.21m
16 Vallee, Seth	01 Alberni Valley	14.82m
17 Hancock, Carter	01 Oceanside Track	14.56m
18 Ross, Cameron	01 Pacific Athletics	14.39m
19 Baycroft, Zachary	01 Campbell River	11.06m
20 Wiebe, Silas	01 Cowichan Valley	9.81m
21 Schiltz, Luke	01 Unattached	9.19m
22 Stilwell, Kai	01 Oceanside Track	7.89m
-- Garside, Thomas	01 Peninsula Track	FOUL

Event 208 Boys 12 Year Olds Javelin Throw 600 g

Name	Year Team	Finals
1 Griffiths, Sion	00 Cowichan Valley	24.17m
2 Hernandez, Kye	00 Powell River	22.83m
3 Sammons, Benjamin	00 Peninsula Track	19.62m
4 Wilson, Oliver	00 Cowichan Valley	19.44m
5 Boar, Dominic	00 Nanaimo Track	17.89m
6 Leblanc, Tyler	00 Cowichan Valley	17.57m
7 Morris, Jeremiah	00 Nanaimo Track	17.25m
8 Fougner-Rukus, Griffin	00 Cowichan Valley	17.13m
9 Wynans, Jonah	00 Alberni Valley	15.75m
10 Battersby, Finn	00 Peninsula Track	14.60m
11 Manhas, Ravi	00 Alberni Valley	13.05m

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Event 209 Boys 13 Year Olds Javelin Throw 600 g

Name	Year Team	Finals
1 Hay, Gregory	99 Campbell River	31.30m
2 Elliott, Noah	99 Oceanside Track	28.23m
3 Smyth, Tynan	99 Alberni Valley	26.37m
4 Elliott, Myles	99 Powell River	23.96m
5 Schlitz, Jack	99 Nanaimo Track	23.68m
6 Fredrickson, Kyle	99 Cowichan Valley	20.19m
7 Johannsen, Kyle	99 Cowichan Valley	18.41m
8 Postuk, Christopher	99 Cowichan Valley	17.88m
9 Rasaanah, Sunil	99 Oceanside Track	17.52m
10 Johannsen, Erik	99 Cowichan Valley	16.98m
11 Morrison, Simon	99 Oceanside Track	16.74m
12 Jack, Ethan	99 Alberni Valley	15.43m
13 Carter, Andrew	99 Oceanside Track	15.09m
14 Anderson, Derek	99 Cowichan Valley	13.66m
15 Coughlan, Kaiden	99 Cowichan Valley	11.50m

Event 211 Men 16-17 Javelin Throw 700 g

Name	Year Team	Finals
1 Kostiuik, Tyler	96 Comox Valley	48.48m
2 Hernandez, Cale	95 Powell River	41.90m
3 Bradley, Luke	96 Alberni Valley	37.76m
4 DeJong, Joshua	96 Alberni Valley	37.75m
5 Mitchell, Eric	96 Alberni Valley	37.59m
6 Parker, Liam	95 Comox Valley	32.96m
7 Payne, Zach	96 Cowichan Valley	27.87m

Event 212 Men 18-19 Javelin Throw 800 g

Name	Year Team	Finals
1 Kereszti, Mason	94 Pacific Athletics	58.03m

Event 213 Men 35-49 Javelin Throw 800 g

Name	Year Team	Finals
1 Morfitt, Graham	67 Comox Valley	58.50m

Event 214 Men 50-59 Javelin Throw 700 g

Name	Year Team	Finals
1 Griffiths, Dewi	61 Cowichan Valley	29.77m

Event 216 Men 70-79 Javelin Throw 500 g

Name	Year Team	Finals
1 East, Les	39 Peninsula Track	19.86m

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Event 217 Men 90-94 Javelin Throw 400 g

Name	Year Team	Finals
1 Brodeur, Phil	21 Peninsula Track	11.16m

Event 218 Girls 9 Year Olds Shot Put 2 kg

Name	Year Team	Finals
1 Peterson, Julia	03 Peninsula Track	4.43m
2 Boar, Robyn	03 Nanaimo Track	3.31m
3 Schmunk, Annika	03 Powell River	3.30m
3 Higgins, Paige	03 Nanaimo Track	3.30m

Event 219 Girls 10 Year Olds Shot Put 2 kg

Name	Year Team	Finals
1 Mitchell, Makayla	02 Nanaimo Track	5.93m
2 Sundberg-Groot, Kaelin	02 Oceanside Track	5.77m
3 Fougner-Rukus, Reece	02 Cowichan Valley	5.72m
4 Morrison, Kate	02 Oceanside Track	4.80m
5 Woolnough, Alena	02 Oceanside Track	4.48m
6 Chase, Sydney	02 Alberni Valley	4.10m
7 Bau, Olivia	02 Unattached	4.03m
8 Minkley, Alexis	02 Nanaimo Track	3.88m
9 Naude, Kristin	02 Powell River	3.82m
10 Gutter-Spence, Taryn	02 Powell River	3.65m
11 Branham-Gutierrez, Sophi	02 Alberni Valley	3.25m
12 Saunders, Sophie	02 Alberni Valley	2.96m

Event 220 Girls 11 Year Olds Shot Put 2 kg

Name	Year Team	Finals
1 Willett, Abby	01 Pacific Athletics	8.45m
2 Frederiksen, Gwyneth	01 Unattached	7.90m
3 Elliott, Libby	01 Oceanside Track	7.57m
4 Ashcroft, Julia	01 Campbell River	6.87m
5 Vallance, Ella	01 Powell River	5.91m
6 Watson, Kaitlyn	01 Nanaimo Track	5.70m
7 Mastrodonato, Melaina	01 Powell River	5.24m
8 Dimter, Julia	01 Nanaimo Track	5.17m
9 Whitson, Jacqueline	01 Alberni Valley	4.78m
10 Pallard, Evelynne	01 Nanaimo Track	4.63m
11 West, Emily	01 Alberni Valley	4.26m
12 Head, Abby	01 Powell River	3.89m
13 Zanette, Olivia	01 Alberni Valley	3.63m

Event 221 Girls 12 Year Olds Shot Put 3kg

Name	Year Team	Finals
1 Cathro, Ashley	00 Victoria Track	7.93m
2 McPhee, Jaci	00 Campbell River	7.81m
3 Woolnough, Serena	00 Oceanside Track	7.15m

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...Event 221 Girls 12 Year Olds Shot Put 3kg

4	Matthews, Thea	00	Victoria Track	6.73m
5	Dewit, Emma	00	Cowichan Valley	6.24m
6	Szczawinski, Kira	00	Unattached	5.87m
7	D'Agnolo, Nicole	00	Pacific Athletics	5.73m
8	Keltie, Jensen	00	Oceanside Track	5.59m
8	Paulus, Nairee	00	Campbell River	5.59m
10	Johnston, Mackenzie	00	Cowichan Valley	5.36m
11	Proctor, Allie	00	Oceanside Track	5.35m
12	Katzberg, Jessica	00	Nanaimo Track	5.33m
13	Ory, Jessica	00	Nanaimo Track	5.26m
14	Stewart, Hope	00	Nanaimo Track	5.10m
15	Sundberg-Groot, Taylor	00	Oceanside Track	5.07m
16	Gage, Lindsay	00	Campbell River	5.00m
17	Sayah, Taylor	00	Oceanside Track	4.63m
18	Gutter-Spence, Marieke	00	Powell River	4.47m
19	Hilton, Anna-Maria	00	Peninsula Track	4.38m
20	Ross, Emma	00	Alberni Valley	4.31m
21	Bouma, Haven	00	Nanaimo Track	4.30m
22	Ravetch, Rosie	00	Pacific Athletics	4.29m
23	Andersen, Marina	00	Nanaimo Track	4.18m
24	Canil, Emma	00	Oceanside Track	4.00m
25	Greenshields, Amanda	00	Oceanside Track	3.98m

Event 222 Girls 13 Year Olds Shot Put 3 kg

Name	Year	Team	Finals
1	Frederiksen, Lindsey	99 Unattached	8.75m
2	Toljander, Kyla	99 Cowichan Valley	8.03m
3	Steen, Cassidy	99 Pacific Athletics	7.45m
4	Irwin, Julia	99 Peninsula Track	7.35m
5	Dennis, Emma	99 Peninsula Track	7.13m
6	Shaw, Alex	99 Oceanside Track	7.11m
6	Milutinovic, Julia	99 Campbell River	7.11m
6	Piccinin, Claudia	99 Powell River	7.11m
9	Gage, Kristen	99 Campbell River	6.54m
10	MacEwan, Chelsea	99 Peninsula Track	6.49m
11	Dass, Norina	99 Alberni Valley	6.44m
12	Friesen, Erica	99 Oceanside Track	6.19m
13	Brancato, Helen	99 Cowichan Valley	6.07m
14	Forrester, Bailey	99 Alberni Valley	6.06m
15	Shields-Brown, Mairin	99 Campbell River	5.52m
16	Czeczei, Taylor	99 Alberni Valley	5.33m
17	West, Jenna	99 Alberni Valley	5.32m
18	Pirie, Madison	99 Cowichan Valley	5.23m
19	Bradbury, Jesslyn	99 Oceanside Track	5.20m
20	Ferraro, Jamie	99 Nanaimo Track	4.70m
21	Gartside, Hannah	99 Peninsula Track	3.79m

Event 224 Women 16-17 Shot Put 3 kg

Name	Year	Team	Finals
1	Esser, Agnes	95 Pacific Athletics	14.36m
2	Ferguson, Sara	96 Cowichan Valley	9.27m

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...Event 224 Women 16-17 Shot Put 3 kg

2 Carrothers, Katie	96 Pacific Athletics	9.27m
4 Kaiser, Hannah	96 Pacific Athletics	8.44m

Event 226 Women 50-54 Shot Put 3 kg

Name	Year Team	Finals
1 Murfitt, Anne	59 Peninsula Track	7.03m

Event 226 Women 70-74 Shot Put 3 kg

Name	Year Team	Finals
1 Anderson, Sandy	40 Peninsula Track	7.25m

Event 228 Boys 9 Year Olds Shot Put 2 kg

Name	Year Team	Finals
1 Isaac, Jack	03 Alberni Valley	6.00m
2 Wynans, Samuel	03 Alberni Valley	5.28m
3 Mastrodonato, Gavin	03 Powell River	4.88m
4 Vallance, Caleb	03 Powell River	J4.88m
5 Seaman, Ryan	03 Nanaimo Track	4.66m
6 McIntyre, Jacob	03 Cowichan Valley	4.53m
7 Head, Leo	03 Powell River	4.37m
8 Seaman, Jake	03 Nanaimo Track	4.36m
9 Johnston, Kale	03 Nanaimo Track	4.30m
10 Schlitz, Brett	03 Nanaimo Track	3.35m
11 Shields, Luke	03 Oceanside Track	3.16m

Event 229 Boys 10 Year Olds Shot Put 2 kg

Name	Year Team	Finals
1 Katzberg, Ethan	02 Nanaimo Track	7.30m
2 Hall, Fergus	02 Campbell River	6.25m
3 Abbott, Keagen	02 Powell River	6.21m
4 Heisterman, Keaton	02 Nanaimo Track	5.96m
5 Andersen, Ethan	02 Nanaimo Track	5.93m
6 Spencer-Smith, Callum	02 Alberni Valley	5.61m
7 Chand, Matthew	02 Oceanside Track	5.04m
8 Stark-Huhtanen, Blake	02 Cowichan Valley	4.42m
9 Paisley, David	02 Cowichan Valley	4.40m
10 Lund, Aidan	02 Campbell River	4.38m
11 Wilson, Felix	02 Cowichan Valley	4.35m
12 Shaw, Ryan	02 Oceanside Track	3.96m

Event 230 Boys 11 Year Olds Shot Put 2 kg

Name	Year Team	Finals
1 Moncton, Zacharias	01 Pacific Athletics	7.91m
2 Dewit, Aaron	01 Cowichan Valley	7.56m
3 Tozer, Devin	01 Nanaimo Track	6.92m

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...Event 230 Boys 11 Year Olds Shot Put 2 kg

4	Contant, Yanick	01 Alberni Valley	6.91m
5	Morris, Matthew	01 Nanaimo Track	6.77m
6	Ferraro, Jett	01 Nanaimo Track	6.68m
7	Guild, Mackenzie	01 Oceanside Track	6.60m
8	Garside, Thomas	01 Peninsula Track	6.54m
9	Hancock, Carter	01 Oceanside Track	6.21m
10	Ross, Cameron	01 Pacific Athletics	6.18m
11	Parkhouse, Caleb	01 Powell River	6.17m
11	Seaman, Nate	01 Nanaimo Track	6.17m
13	Day, Colby	01 Nanaimo Track	6.15m
14	Nahorney, Ty	01 Alberni Valley	5.96m
15	Smith, Isaiah	01 Peninsula Track	5.89m
16	Schiltz, Luke	01 Unattached	5.88m
17	Dewit, Jaden	01 Cowichan Valley	5.81m
18	Baycroft, Zachary	01 Campbell River	5.67m
19	Johnson, Aidan	01 Oceanside Track	5.63m
20	Wiebe, Silas	01 Cowichan Valley	4.72m
21	Vallee, Seth	01 Alberni Valley	4.55m

Event 231 Boys 12 Year Olds Shot Put 3 kg

Name	Year	Team	Finals
1	Morris, Jeremiah	00 Nanaimo Track	7.94m
2	Griffiths, Sion	00 Cowichan Valley	7.81m
3	Wilson, Oliver	00 Cowichan Valley	6.51m
4	Wynans, Jonah	00 Alberni Valley	6.33m
5	Hernandez, Kye	00 Powell River	6.31m
6	Fougner-Rukus, Griffin	00 Cowichan Valley	6.05m
7	Sammons, Benjamin	00 Peninsula Track	6.02m
8	Shewchuk, Cody	00 Cowichan Valley	5.45m
9	Manhas, Ravi	00 Alberni Valley	3.96m

Event 232 Boys 13 Year Olds Shot Put 3 kg

Name	Year	Team	Finals
1	Sabiston, Connor	99 Alberni Valley	8.75m
2	Fredrickson, Kyle	99 Cowichan Valley	8.62m
3	Elliott, Myles	99 Powell River	8.11m
4	Austin, Dalton	99 Oceanside Track	7.49m
5	Smyth, Tynan	99 Alberni Valley	7.28m
6	Jack, Ethan	99 Alberni Valley	6.45m
7	Schiller, Isaac	99 Oceanside Track	5.84m

Event 234 Men 16-17 Shot Put 5kg

Name	Year	Team	Finals
1	Bradley, Luke	96 Alberni Valley	14.32m
2	Hernandez, Cale	95 Powell River	11.53m
3	Kostiuk, Tyler	96 Comox Valley	11.17m

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Event 236 Men 45-49 Shot Put 7.26kg

Name	Year Team	Finals
1 Morfitt, Graham	67 Comox Valley	10.60m

Event 237A Men 50-59 Shot Put 6 kg

Name	Year Team	Finals
1 Griffiths, Dewi	61 Cowichan Valley	8.66m

Event 238A Men 70-79 Shot Put 4 kg

Name	Year Team	Finals
1 East, Les	39 Peninsula Track	8.72m

Event 238B Men 90-94 Shot Put 3 kg

Name	Year Team	Finals
1 Brodeur, Phil	21 Peninsula Track	4.99m

Event 239 Girls 12 Year Olds Hammer Throw 3 kg

Name	Year Team	Finals
1 Woolnough, Serena	00 Oceanside Track	18.44m
2 Proctor, Allie	00 Oceanside Track	11.87m
3 Katzberg, Jessica	00 Nanaimo Track	11.74m
4 Ryalls, Marissa	00 Peninsula Track	10.78m
5 Keltie, Jensen	00 Oceanside Track	8.97m
6 Stewart, Hope	00 Nanaimo Track	8.87m
7 Heisterman, Madison	00 Nanaimo Track	6.88m
8 Andersen, Marina	00 Nanaimo Track	6.54m

Event 240 Girls 13 Year Olds Hammer Throw 3 kg

Name	Year Team	Finals
1 Frederiksen, Lindsey	99 Unattached	35.42m
2 Peterson, Megan	99 Peninsula Track	21.98m
3 Dennis, Emma	99 Peninsula Track	19.60m
4 Irwin, Julia	99 Peninsula Track	18.32m
5 Gibson, Sarah	99 Peninsula Track	17.97m
6 Czecei, Taylor	99 Alberni Valley	17.30m
7 MacEwan, Chelsea	99 Peninsula Track	15.89m
8 Martinusen, Christina	99 Pacific Athletics	15.72m
9 Gartside, Hannah	99 Peninsula Track	11.17m

Event 242 Women 16-17 Hammer Throw 3 kg

Name	Year Team	Finals
1 Neville-Rutherford, Cour	96 Pacific Athletics	50.30m
2 Vandermale, Sydney	96 Comox Valley	38.45m

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...Event 242 Women 16-17 Hammer Throw 3 kg

3	Gmitroski, Krysta	96	Pacific Athletics	38.29m
4	Kaiser, Hannah	96	Pacific Athletics	32.82m
5	Oldale, Arlene	96	Alberni Valley	28.77m
6	Ferguson, Sara	96	Cowichan Valley	24.67m
7	Dass, Nikeisha	96	Alberni Valley	21.14m

Event 243 Women 18-19 Hammer Throw 4 kg

Name	Year	Team	Finals
1 Carr, Ryley	93	Comox Valley	41.49m

Event 244 Women 50-54 Hammer Throw 3 kg

Name	Year	Team	Finals
1 Murfitt, Anne	59	Peninsula Track	23.76m

Event 244 Women 70-74 Hammer Throw 3 kg

Name	Year	Team	Finals
1 Anderson, Sandy	40	Peninsula Track	20.37m

Event 246 Boys 12 Year Olds Hammer Throw 3 kg

Name	Year	Team	Finals
1 Wynans, Jonah	00	Alberni Valley	15.82m
2 Griffiths, Sion	00	Cowichan Valley	14.59m
3 Hernandez, Kye	00	Powell River	13.28m
4 Fougner-Rukus, Griffin	00	Cowichan Valley	13.02m
5 Wilson, Oliver	00	Cowichan Valley	12.05m
6 Sammons, Benjamin	00	Peninsula Track	12.03m
7 Leblanc, Tyler	00	Cowichan Valley	9.44m
8 Manhas, Ravi	00	Alberni Valley	9.16m

Event 247 Boys 13 Year Olds Hammer Throw 3 kg

Name	Year	Team	Finals
1 Sabiston, Connor	99	Alberni Valley	22.79m
2 Smyth, Tynan	99	Alberni Valley	22.25m
3 Austin, Dalton	99	Oceanside Track	19.87m
4 Fredrickson, Kyle	99	Cowichan Valley	19.05m
5 Elliott, Myles	99	Powell River	15.91m
6 Schiller, Isaac	99	Oceanside Track	15.01m
7 Johannsen, Kyle	99	Cowichan Valley	14.48m
8 Postuk, Jerek	99	Cowichan Valley	9.95m
9 Postuk, Sam	99	Cowichan Valley	8.16m
-- Morrison, Simon	99	Oceanside Track	FOUL

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Event 249 Men 16-17 Hammer Throw 5 kg

Name	Year Team	Finals
1 Villette, Graham	95 Alberni Valley	44.59m
2 Stewart, Daniel	95 Oceanside Track	43.71m
3 Bradley, Luke	96 Alberni Valley	41.36m

Event 251 Men 45-49 Hammer Throw 7.26 kg

Name	Year Team	Finals
1 Morfitt, Graham	67 Comox Valley	34.31m

Event 252 Men 50-59 Hammer Throw 6 kg

Name	Year Team	Finals
1 Griffiths, Dewi	61 Cowichan Valley	31.45m

Event 254 Men 70-74 Hammer Throw 3 kg

Name	Year Team	Finals
1 East, Les	39 Peninsula Track	30.59m

Event 254 Men 80-84 Hammer Throw 3 kg

Name	Year Team	Finals
2 Monds, Doug	29 Unattached	29.39m

Event 254 Men 90-94 Hammer Throw 3 kg

Name	Year Team	Finals
3 Brodeur, Phil	21 Peninsula Track	12.29m

2012 Zone 6 Trials at Garriock Meet
Duncan, BC - 09/06/2012 to 10/06/2012
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Event 12 Girls 14-15 100 Meter Dash

Name	Year Team	Prelims	Wind	H#
Preliminaries				
1 Smiley, Taryn	97 Cowichan Valley	12.4hq	2.0	2
2 Cater, Hannah	97 Oak Bay SS	12.5hq	2.9	1
3 Morton, Tayler	97 Comox Valley	12.6hq	2.9	1
4 Abbott, Calli-Ann	98 Powell River	12.7hq	2.0	2
4 Heyd, Casey	98 Cowichan Valley	12.7hq	2.9	4
6 Lindsay, Nicole	98 Cowichan Valley	12.8hq	1.9	3
7 Jerome, Rachel	98 Nanaimo Track	12.9hq	2.9	4
8 D'Agnolo, Lauren	98 Pacific Athletics	13.0hq	2.0	2
9 Clarke, Julia	98 Alberni Valley	13.1h	2.9	4
10 May, Kyla	97 Comox Valley	13.4h	2.0	2
11 Fontana, Mariah	97 Cowichan Valley	13.5h	2.9	4
11 Gilbert, Valerie	98 Alberni Valley	13.5h	1.9	3
13 Dobbyn, Amanda	97 Nanaimo Track	13.6h	2.9	1
14 Lindsay, Emily	98 Unattached	13.7h	1.9	3
15 Mitchell, Tessa	97 Victoria Track	13.8h	1.9	3
15 Phillips, Shayla	98 Comox Valley	13.8h	2.9	1
17 Burnham, Samantha	98 Nanaimo Track	13.9h	2.0	2
18 Layman, Sydney	98 Oceanside Track	14.1h	2.9	4
18 Bluschke, Renate	98 Campbell River	14.1h	1.9	3
20 Neijmeijer, Sydney	97 Unattached	14.4h	1.9	3
21 Nesselbeck, Leah	98 Nanaimo Track	14.6h	2.0	2
22 Noshkin, Hayley	98 Nanaimo Track	14.7h	2.9	4
23 Seabrook, Danica	98 Alberni Valley	15.0h	2.9	4
24 Banks, Hannah	98 Alberni Valley	18.7h	2.0	2

Event 12 Girls 14-15 100 Meter Dash

Name	Year Team	Finals	Wind
Finals			
1 Smiley, Taryn	97 Cowichan Valley	12.58	2.1
2 Cater, Hannah	97 Oak Bay SS	12.66	2.1
3 Heyd, Casey	98 Cowichan Valley	12.70	2.1
4 Abbott, Calli-Ann	98 Powell River	12.79	2.1
5 Morton, Tayler	97 Comox Valley	12.91	2.1
6 Jerome, Rachel	98 Nanaimo Track	13.10	2.1
7 D'Agnolo, Lauren	98 Pacific Athletics	13.21	2.1
8 Lindsay, Nicole	98 Cowichan Valley	13.68	2.1

Event 20 Boys 14-15 100 Meter Dash

Name	Year Team	Prelims	Wind	H#
Preliminaries				
1 Andrews, Charlie	97 Nanaimo Track	11.77q	1.7	3
2 Getty, Ethan	97 Unattached	11.80q	2.4	1
3 Weegar, Thompson	98 Alberni Valley	12.02q	2.2	2
4 Suessor, Konrad	97 Unattached	12.21q	1.7	3
5 Yu, Nathan	97 Cowichan Valley	12.38q	2.2	2
6 Williams, Ben	98 Cowichan Valley	12.60q	2.4	1
7 Clare, Jason	98 Nanaimo Track	13.12q	1.7	3
7 Sandri, Isaac	98 Nanaimo Track	13.12q	2.2	2

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...Event 20 Boys 14-15 100 Meter Dash

9 Masee, Rio	97 Campbell River	13.17	1.7	3
10 Hunter, Rab	98 Oceanside Track	13.74	2.4	1
11 Allemekinders, Zachery	97 CR Christian	13.83	2.2	2
12 Demerse, Darcy	98 CR Christian	14.77	2.4	1
13 Welsh, Philip	98 CR Christian	14.90	1.7	3

Event 20 Boys 14-15 100 Meter Dash

Name	Year Team	Finals	Wind
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Finals

1 Andrews, Charlie	97 Nanaimo Track	11.69	1.0
2 Getty, Ethan	97 Unattached	11.77	1.0
3 Weegar, Thompson	98 Alberni Valley	12.11	1.0
4 Suessor, Konrad	97 Unattached	12.21	1.0
5 Yu, Nathan	97 Cowichan Valley	12.48	1.0
6 Sandri, Isaac	98 Nanaimo Track	13.16	1.0
7 Williams, Ben	98 Cowichan Valley	13.50	1.0

Event 26 Girls 14-15 200 Meter Dash

Name	Year Team	Prelims	Wind	H#
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Preliminaries

1 Smiley, Taryn	97 Cowichan Valley	26.24q	2.4	1
2 Abbott, Calli-Ann	98 Powell River	26.28q	2.6	3
3 Bains, Chicago	98 Cowichan Valley	26.37q	1.0	2
4 Heyd, Casey	98 Cowichan Valley	26.56q	1.7	4
5 Cater, Hannah	97 Oak Bay SS	27.04q	2.4	1
6 Clarke, Julia	98 Alberni Valley	27.05q	1.7	4
7 Morton, Tayler	97 Comox Valley	27.08q	2.6	3
8 D'Agnolo, Lauren	98 Pacific Athletics	27.39q	2.4	1
9 Kazanowski, Sophia	97 Unattached B	27.76	1.0	2
10 May, Kyla	97 Comox Valley	28.54	2.6	3
11 Gilbert, Valerie	98 Alberni Valley	28.84	1.0	2
12 Gummer, Chloe	98 Comox Valley	28.91	1.0	2
13 Mitchell, Tessa	97 Victoria Track	29.19	2.6	3
14 Dobbyn, Amanda	97 Nanaimo Track	29.22	1.7	4
15 Bluschke, Renate	98 Campbell River	29.31	2.4	1
16 Layman, Sydney	98 Oceanside Track	29.67	1.0	2
17 Seabrook, Danica	98 Alberni Valley	30.56	1.7	4
18 Noshkin, Hayley	98 Nanaimo Track	30.72	2.4	1
19 Lavertu, Kennedy	98 Alberni Valley	31.02	2.4	1
20 Burnham, Samantha	98 Nanaimo Track	31.16	2.6	3
21 Nesselbeck, Leah	98 Nanaimo Track	31.31	1.7	4
22 Banks, Hannah	98 Alberni Valley	32.87	2.6	3

Event 26 Girls 14-15 200 Meter Dash

Name	Year Team	Finals	Wind
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Finals

1 Smiley, Taryn	97 Cowichan Valley	25.99	2.6
2 Abbott, Calli-Ann	98 Powell River	26.10	2.6
3 Bains, Chicago	98 Cowichan Valley	26.58	2.6

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...Event 26 Girls 14-15 200 Meter Dash

4 Cater, Hannah	97 Oak Bay SS	26.72	2.6
5 Heyd, Casey	98 Cowichan Valley	26.74	2.6
6 Clarke, Julia	98 Alberni Valley	27.03	2.6
7 Morton, Tayler	97 Comox Valley	27.07	2.6

Event 32 Boys 14-15 200 Meter Dash

Name	Year Team	Prelims	Wind	H#
Preliminaries				
1 Getty, Ethan	97 Unattached	23.80Q	1.9	1
2 Andrews, Charlie	97 Nanaimo Track	24.40Q	1.7	2
3 Bellerose, Kabir	97 Oceanside Track	24.55q	1.7	2
4 Weegar, Thompson	98 Alberni Valley	24.64q	1.9	1
5 Sandri, Isaac	98 Nanaimo Track	26.45q	1.7	2
6 Chin, Conrad	98 Unattached	26.65q	1.7	2
7 Ferris, Ben	98 Pacific Athletics	30.21q	1.7	2
8 Downey, Nathan	98 CR Christian	30.56q	1.9	1

Event 32 Boys 14-15 200 Meter Dash

Name	Year Team	Finals	Wind
Finals			
1 Getty, Ethan	97 Unattached	23.45	2.2
2 Andrews, Charlie	97 Nanaimo Track	23.49	2.2
3 Weegar, Thompson	98 Alberni Valley	24.24	2.2
4 Bellerose, Kabir	97 Oceanside Track	24.53	2.2
5 Chin, Conrad	98 Unattached	26.66	2.2
6 Sandri, Isaac	98 Nanaimo Track	26.67	2.2
7 Ferris, Ben	98 Pacific Athletics	30.21	2.2
8 Downey, Nathan	98 CR Christian	30.56	2.2

Event 37 Girls 14-15 300 Meter Dash

Name	Year Team	Finals	H#
1 Pynn, Jenaya	97 Nanaimo Track	41.92	3
2 Mousseau, Alyssa	98 Nanaimo Track	43.70	1
3 Kazanowski, Sophia	97 Unattached B	44.15	2
4 Clarke, Julia	98 Alberni Valley	44.35	3
5 May, Kyla	97 Comox Valley	45.03	2
6 Bon, Katy	97 Oak Bay SS	46.27	1
7 Bluschke, Renate	98 Campbell River	47.01	2
8 Gilbert, Valerie	98 Alberni Valley	47.15	3
9 Phillips, Shayla	98 Comox Valley	47.76	2
10 Haggard, Tatianna	97 Victoria Track	47.84	2
11 Ashcroft, Madison	98 Campbell River	47.89	2

Event 41 Boys 14-15 300 Meter Dash

Name	Year Team	Finals	H#
1 Getty, Ethan	97 Unattached	37.92	2
2 Suessor, Konrad	97 Unattached	39.14	2

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...Event 41 Boys 14-15 300 Meter Dash

3 Higgins, Carter	98 Nanaimo Track	39.16	2
4 Weegar, Thompson	98 Alberni Valley	39.93	1
5 Yu, Nathan	97 Cowichan Valley	41.24	1
6 Masee, Rio	97 Campbell River	41.46	1
7 Bailey, Josh	98 Nanaimo Track	41.57	1
8 Sandri, Isaac	98 Nanaimo Track	42.45	2
9 Long, Austin	98 Comox Valley	42.67	1
10 Guilderson, Adam	97 CR Christian	44.66	2
11 Welsh, Samuel	97 CR Christian	45.73	1
12 Welsh, Philip	98 CR Christian	50.45	2

Event 55 Girls 14-15 800 Meter Run

Name	Year Team	Finals
1 Pynn, Jenaya	97 Nanaimo Track	2:17.33
2 Mousseau, Alyssa	98 Nanaimo Track	2:24.22
3 Morris, Amy	98 Nanaimo Track	2:27.76
4 Kazanowski, Sophia	97 Unattached B	2:29.59
5 Gummer, Chloe	98 Comox Valley	2:31.15
6 Keyes, Emily	98 Comox Valley	2:36.25
7 Mylie, Emma	97 Peninsula Track	2:36.27
8 Nuttall, Megan	97 Campbell River	2:39.39
9 Haggard, Tatianna	97 Victoria Track	2:41.22
10 Casciola, Amelia	97 Peninsula Track	2:43.15
11 DiCarlo, Christina	97 Cowichan Valley	2:44.71
12 Bon, Katy	97 Oak Bay SS	2:46.51
13 Lavertu, Kennedy	98 Alberni Valley	2:48.83

Event 60 Boys 14-15 800 Meter Run

Name	Year Team	Finals
1 Higgins, Carter	98 Nanaimo Track	2:08.97
2 Hoff, Brendan	98 Campbell River	2:12.98
3 Bailey, Josh	98 Nanaimo Track	2:14.27
4 Mitchell, Rylee	98 Alberni Valley	2:15.22
5 Masee, Rio	97 Campbell River	2:20.47
6 Forbes, Matthew	98 Pacific Athletics	2:26.17
7 Coulter, Steven	97 CR Christian	2:33.73
8 Bassett, Yosef	98 Oceanside Track	2:39.83
9 Ferris, Ben	98 Pacific Athletics	2:49.79
10 Chiasson, Justin	98 Campbell River	2:54.96

Event 66 Girls 14-15 1200 Meter Run

Name	Year Team	Finals
1 Mousseau, Alyssa	98 Nanaimo Track	3:51.64
2 King, Tkia	97 Oceanside Track	3:52.56
3 Morris, Amy	98 Nanaimo Track	3:53.46
4 Keyes, Emily	98 Comox Valley	4:00.62
5 Williams, Joanna	97 CR Christian	4:01.41
6 Battersby, Piper	98 Peninsula Track	4:01.61
7 Haggard, Tatianna	97 Victoria Track	4:02.79

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...Event 66 Girls 14-15 1200 Meter Run

8	Kazanowski, Sophia	97	Unattached B	4:04.85
9	Archdekin, Hannah	98	Peninsula Track	4:05.21
10	Casciola, Amelia	97	Peninsula Track	4:08.33
11	Nuttall, Megan	97	Campbell River	4:10.91
--	Hinsberger, Cassidy	98	Campbell River	DNF

Event 68 Boys 14-15 1200 Meter Run

Name	Year	Team	Finals
1 Hoff, Brendan	98	Campbell River	3:26.04
2 Bailey, Josh	98	Nanaimo Track	3:28.25
3 Forbes, Matthew	98	Pacific Athletics	3:37.11
4 Mitchell, Rylee	98	Alberni Valley	3:43.16
5 Law, Jesse	97	Alberni Valley	3:43.33
6 Coulter, Steven	97	CR Christian	3:58.99
7 Wynans, Nathaniel	97	Alberni Valley	3:59.07
8 Bassett, Yosef	98	Oceanside Track	4:09.14
9 Chiasson, Justin	98	Campbell River	4:31.56

Event 71 Girls 14-15 2000 Meter Run

Name	Year	Team	Finals
1 Morris, Amy	98	Nanaimo Track	7:02.00
2 King, Tkia	97	Oceanside Track	7:06.34
3 Williams, Joanna	97	CR Christian	7:07.57
4 Keyes, Emily	98	Comox Valley	7:09.83
5 Haggard, Tatianna	97	Victoria Track	7:27.57
6 Archdekin, Hannah	98	Peninsula Track	7:39.26
7 Battersby, Piper	98	Peninsula Track	7:52.25

Event 72 Boys 14-15 2000 Meter Run

Name	Year	Team	Finals
1 Bailey, Josh	98	Nanaimo Track	6:05.96
2 Hoff, Brendan	98	Campbell River	6:06.96
3 Forbes, Matthew	98	Pacific Athletics	6:35.88
4 Wynans, Nathaniel	97	Alberni Valley	7:45.83

Event 81 Girls 13-15 1500 Meter Race Walk

Name	Year	Team	Finals
1 Henderson, Natalie	97	Victoria Track	8:12.94
2 Gaby, Jacqueline	97	Peninsula Track	8:48.23
3 DavisonO'Brien, Angelina	98	Victoria Track	9:43.64
4 Irwin, Lara	98	Pacific Athletics	11:00.69

Event 82 Boys 13-15 1500 Meter Race Walk

Name	Year	Team	Finals
1 Downey, Nathan	98	CR Christian	9:05.35

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Event 91 Girls 14-15 1500 Meter Steeplechase Hurdles 30"

Name	Year Team	Finals
1 Roskelley, Morgan	97 Oak Bay SS	5:24.83
2 King, Tkia	97 Oceanside Track	5:32.11
3 Williams, Joanna	97 CR Christian	5:36.50
4 Casciola, Amelia	97 Peninsula Track	5:37.59
5 Battersby, Piper	98 Peninsula Track	6:00.61
6 Hinsberger, Cassidy	98 Campbell River	6:05.59
7 Gaby, Jacqueline	97 Peninsula Track	6:26.04

Event 92 Boys 14-15 1500 Meter Steeplechase Hurdles 30"

Name	Year Team	Finals
1 Higgins, Carter	98 Nanaimo Track	4:58.80
2 Law, Jesse	97 Alberni Valley	5:11.29
3 Coulter, Steven	97 CR Christian	5:25.99
4 Sandri, Isaac	98 Nanaimo Track	5:27.23

Event 105 Girls 14-15 80 Meter Hurdles 8 @ 30"

Name	Year Team	Finals	Wind
1 Bains, Chicago	98 Cowichan Valley	12.27	-1.8
2 Abbott, Calli-Ann	98 Powell River	12.65	-1.8
3 Irwin, Lara	98 Pacific Athletics	16.56	-1.8
4 McAlpine, Lora	97 Cowichan Valley	16.91	-1.8

Event 109 Boys 14-15 100 Meter Hurdles 10 @ 33"

Name	Year Team	Finals	Wind	Points
1 Smith, Kaelan	97 Peninsula Track	17.87	-2.2	
2 Giles, Michael	97 Peninsula Track	18.32	-2.2	

Event 120 Girls 14-15 200 Meter Hurdles 5 @ 30"

Name	Year Team	Finals	Wind
1 Bains, Chicago	98 Cowichan Valley	28.42	NWI
2 Cater, Hannah	97 Oak Bay SS	29.79	NWI
3 D'Agnolo, Lauren	98 Pacific Athletics	31.35	NWI
4 May, Kyla	97 Comox Valley	31.72	NWI
5 Bon, Katy	97 Oak Bay SS	32.60	NWI
6 Abbott, Calli-Ann	98 Powell River	32.86	NWI

Event 122 Boys 14-15 200 Meter Hurdles 5 @ 30"

Name	Year Team	Finals	Wind
1 Bellerose, Kabir	97 Oceanside Track	27.70	NWI
2 Higgins, Carter	98 Nanaimo Track	27.86	NWI
3 Long, Austin	98 Comox Valley	29.62	NWI
4 Chin, Conrad	98 Unattached	29.84	NWI

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Event 135 Girls 14-15 High Jump

Name	Year Team	Finals
1 Postle, Danika	97 Oak Bay SS	1.52m
2 Cruickshank, Heather	98 Alberni Valley	1.42m
3 Abbott, Calli-Ann	98 Powell River	1.35m
4 Heyd, Casey	98 Cowichan Valley	J1.35m
5 Irwin, Lara	98 Pacific Athletics	1.30m
6 Lavertu, Kennedy	98 Alberni Valley	1.25m
7 Seabrook, Danica	98 Alberni Valley	J1.25m
8 Layman, Sydney	98 Oceanside Track	1.20m

Event 143 Boys 14-15 High Jump

Name	Year Team	Finals
1 Long, Austin	98 Comox Valley	1.65m
2 Smith, Kaelan	97 Peninsula Track	1.55m
3 Szczawinski, Maxwell	98 Pacific Athletics	1.45m
4 Mitchell, Rylee	98 Alberni Valley	J1.45m
5 Ferris, Ben	98 Pacific Athletics	J1.45m
6 Derocher, Andrew	98 Cowichan Valley	J1.45m
7 Smith, Julian	97 Peninsula Track	J1.45m
8 Hunter, Rab	98 Oceanside Track	1.40m

Event 151 Girls 14-15 Long Jump

Name	Year Team	Finals	Wind
1 Jerome, Rachel	98 Nanaimo Track	4.99m	+0.0
2 Smiley, Taryn	97 Cowichan Valley	4.55m	-1.5
3 Abbott, Calli-Ann	98 Powell River	4.52m	-3.0
4 Dobbyn, Amanda	97 Nanaimo Track	4.25m	-1.4
5 Clarke, Julia	98 Alberni Valley	4.16m	+0.0
6 Heyd, Casey	98 Cowichan Valley	4.06m	+0.0
7 Lindsay, Emily	98 Unattached	4.05m	+0.0
8 D'Agnolo, Lauren	98 Pacific Athletics	4.02m	-1.4
8 Bluschke, Renate	98 Campbell River	4.02m	-2.6
10 Fontana, Mariah	97 Cowichan Valley	3.92m	+0.0
11 Kaiser, Paige	98 Pacific Athletics	3.91m	-2.2
12 McAlpine, Lora	97 Cowichan Valley	3.88m	0.6
13 Irwin, Lara	98 Pacific Athletics	3.83m	+0.0
14 Stewart-Bain, Elizabeth	98 Comox Valley	3.69m	-2.8
15 Gilbert, Valerie	98 Alberni Valley	3.68m	-1.0
16 Cruickshank, Heather	98 Alberni Valley	3.65m	+0.0
16 Barrett, Claire	98 Cowichan Valley	3.65m	-0.2
18 Farrar, Una	98 Pacific Athletics	3.57m	-0.8
19 Lavertu, Kennedy	98 Alberni Valley	3.52m	+0.0
20 Seabrook, Danica	98 Alberni Valley	3.43m	0.6
21 Banks, Hannah	98 Alberni Valley	2.95m	-1.5
22 Brancato, Anna	98 Cowichan Valley	2.82m	+0.0

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Event 159 Boys 14-15 Long Jump

Name	Year Team	Finals	Wind
1 Weegar, Thompson	98 Alberni Valley	5.12m	-0.8
2 Clare, Jason	98 Nanaimo Track	4.86m	-0.7
3 Willett, Sam	97 Pacific Athletics	4.85m	-0.7
4 Allemekinders, Zachery	97 CR Christian	4.80m	-1.1
5 Mitchell, Rylee	98 Alberni Valley	4.71m	-1.1
6 Smith, Julian	97 Peninsula Track	4.48m	-2.2
7 Smith, Kaelan	97 Peninsula Track	4.37m	-0.3
8 Coulter, Steven	97 CR Christian	4.18m	1.2
9 Chiasson, Justin	98 Campbell River	3.81m	+0.0
10 McAlpine, Kenneth	97 Cowichan Valley	3.80m	-2.3
11 Demerse, Darcy	98 CR Christian	3.54m	0.8
12 Welsh, Samuel	97 CR Christian	3.43m	-0.6

Event 163 Girls 14-15 Triple Jump

Name	Year Team	Finals	Wind
1 Jerome, Rachel	98 Nanaimo Track	10.30m	+0.0
2 Abbott, Calli-Ann	98 Powell River	9.71m	+0.0
3 Postle, Danika	97 Oak Bay SS	9.59m	+0.0
4 Dobbyn, Amanda	97 Nanaimo Track	9.58m	0.6
5 Ashcroft, Madison	98 Campbell River	9.14m	1.5
6 Kaiser, Paige	98 Pacific Athletics	9.08m	+0.0
7 Jory, Robin	97 Cowichan Valley	8.85m	+0.0
8 Irwin, Lara	98 Pacific Athletics	8.80m	1.2
9 McAlpine, Lora	97 Cowichan Valley	8.00m	+0.0
10 DiCarlo, Christina	97 Cowichan Valley	7.84m	+0.0
11 Hinsberger, Cassidy	98 Campbell River	7.26m	1.1
12 Barrett, Claire	98 Cowichan Valley	7.06m	+0.0

Event 167 Boys 14-15 Triple Jump

Name	Year Team	Finals	Wind
1 Clare, Jason	98 Nanaimo Track	11.41m	1.8
2 Hernandez, Zane	97 Powell River	11.23m	1.0
3 Williams, Ben	98 Cowichan Valley	10.46m	2.8
4 Mitchell, Rylee	98 Alberni Valley	10.22m	2.3
5 Griffiths, Bryn	98 Cowichan Valley	10.03m	3.2
6 Derocher, Andrew	98 Cowichan Valley	9.87m	0.4
7 Allemekinders, Zachery	97 CR Christian	9.82m	3.0
8 Ferris, Ben	98 Pacific Athletics	9.25m	1.4
9 Chiasson, Justin	98 Campbell River	8.62m	1.4
10 Welsh, Philip	98 CR Christian	8.48m	2.8
-- Downey, Nathan	98 CR Christian	FOUL	

Event 175 Boys 14-15 Pole Vault

Name	Year Team	Finals
1 Long, Austin	98 Comox Valley	2.20m
1 Masee, Rio	97 Campbell River	1.50m
2 Clare, Jason	98 Nanaimo Track	J2.20m

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Results

...Event 175 Boys 14-15 Pole Vault

-- Chiasson, Justin 98 Campbell River NH

Event 182 Girls 14-15 Discus Throw 1 kg

Name	Year	Team	Finals
1 Frederiksen, Mairina	97	Unattached	28.27m
2 Carrothers, Kelsey	98	Pacific Athletics	27.93m
3 Knappett, Martina	97	Unattached	21.69m
4 Farrar, Una	98	Pacific Athletics	21.53m
5 DavisonO'Brien, Angelina	98	Victoria Track	21.09m
6 Kaiser, Paige	98	Pacific Athletics	19.80m
7 Barrett, Claire	98	Cowichan Valley	18.19m
8 Hinsberger, Cassidy	98	Campbell River	18.06m
9 Irwin, Lara	98	Pacific Athletics	15.73m
10 Brancato, Anna	98	Cowichan Valley	11.95m

Event 190 Boys 14-15 Discus Throw 1 kg

Name	Year	Team	Finals
1 Willett, Sam	97	Pacific Athletics	44.64m
2 Rondquist, Seever	98	Campbell River	44.25m
3 Weegar, Thompson	98	Alberni Valley	43.40m
4 Szczawinski, Maxwell	98	Pacific Athletics	34.54m
5 Mitchell, Rylee	98	Alberni Valley	30.92m
6 Sexton, Blake	98	Alberni Valley	26.29m
7 Wynans, Nathaniel	97	Alberni Valley	25.63m
8 Wynans, Tim	97	Alberni Valley	21.22m
9 Allemekinders, Zachery	97	CR Christian	17.14m

Event 201 Girls 14-15 Javelin Throw 500 g

Name	Year	Team	Finals
1 Frederiksen, Mairina	97	Unattached	30.81m
2 Roskelley, Morgan	97	Oak Bay SS	28.62m
3 Carrothers, Kelsey	98	Pacific Athletics	27.56m
4 Abbott, Calli-Ann	98	Powell River	22.98m
5 DavisonO'Brien, Angelina	98	Victoria Track	22.84m
6 Farrar, Una	98	Pacific Athletics	22.32m
7 Brancato, Anna	98	Cowichan Valley	20.36m
8 Barrett, Claire	98	Cowichan Valley	18.88m
9 Stewart-Bain, Elizabeth	98	Comox Valley	14.49m
10 McAlpine, Lora	97	Cowichan Valley	10.98m

Event 210 Boys 14-15 Javelin Throw 600 g

Name	Year	Team	Finals
1 Rondquist, Seever	98	Campbell River	47.65m
2 Szczawinski, Maxwell	98	Pacific Athletics	39.56m
3 Mitchell, Rylee	98	Alberni Valley	39.47m
4 Willett, Sam	97	Pacific Athletics	39.16m
5 Sandri, Isaac	98	Nanaimo Track	34.36m

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...Event 210 Boys 14-15 Javelin Throw 600 g

6 McAlpine, Kenneth	97 Cowichan Valley	27.81m
7 Coulter, Steven	97 CR Christian	27.14m
8 Welsh, Samuel	97 CR Christian	26.26m
9 Downey, Matthew	98 CR Christian	22.53m
10 Allemekinders, Zachery	97 CR Christian	22.36m
11 Leighton, Keagan	98 CR Christian	18.76m

Event 223 Girls 14-15 Shot Put 3 kg

Name	Year Team	Finals
1 Knappett, Martina	97 Unattached	10.60m
2 Abbott, Calli-Ann	98 Powell River	9.72m
3 Carrothers, Kelsey	98 Pacific Athletics	9.36m
4 Cater, Hannah	97 Oak Bay SS	9.33m
5 Frederiksen, Mairina	97 Unattached	8.87m
6 DavisonO'Brien, Angelina	98 Victoria Track	8.12m
7 Kaiser, Paige	98 Pacific Athletics	7.42m
8 Irwin, Lara	98 Pacific Athletics	6.53m
9 Banks, Hannah	98 Alberni Valley	5.89m

Event 233 Boys 14-15 Shot Put 4 kg

Name	Year Team	Finals
1 Rondquist, Seever	98 Campbell River	11.94m
2 Andrews, Charlie	97 Nanaimo Track	11.14m
3 Szczawinski, Maxwell	98 Pacific Athletics	9.95m
4 Sexton, Blake	98 Alberni Valley	8.95m
5 Sawatzky, Jared	98 Comox Valley	8.70m
6 Guilderson, Adam	97 CR Christian	8.64m
7 McAlpine, Kenneth	97 Cowichan Valley	8.40m
8 Hunter, Rab	98 Oceanside Track	7.53m
9 MacKenzie, Jamie	98 Oceanside Track	7.52m
10 Downey, Matthew	98 CR Christian	7.46m
11 Smith, Julian	97 Peninsula Track	7.40m
12 Allemekinders, Zachery	97 CR Christian	7.32m
13 Leighton, Keagan	98 CR Christian	6.97m

Event 241 Girls 14-15 Hammer Throw 3 kg

Name	Year Team	Finals
1 Carrothers, Kelsey	98 Pacific Athletics	32.39m
2 Stewart-Bain, Elizabeth	98 Comox Valley	28.64m
3 Abbott, Calli-Ann	98 Powell River	25.52m
4 Frederiksen, Mairina	97 Unattached	24.42m
5 Phillips, Shayla	98 Comox Valley	18.51m
6 Irwin, Lara	98 Pacific Athletics	17.86m
7 Burak-Baxter, Chloe	98 Cowichan Valley	12.92m
-- McAlpine, Lora	97 Cowichan Valley	FOUL

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Event 248 Boys 14-15 Hammer Throw 4 kg

Name	Year Team	Finals
1 Willett, Sam	97 Pacific Athletics	39.28m
2 Wynans, Tim	97 Alberni Valley	34.26m
3 Sawatzky, Jared	98 Comox Valley	33.92m
4 Wynans, Nathaniel	97 Alberni Valley	26.56m
5 Szczawinski, Maxwell	98 Pacific Athletics	21.59m
6 MacKenzie, Jamie	98 Oceanside Track	21.29m
7 Guilderson, Adam	97 CR Christian	19.63m
8 McAlpine, Kenneth	97 Cowichan Valley	18.45m
9 Leighton, Keagan	98 CR Christian	12.06m

Event 264 Girls 14-15 Outdoor Pentathlon

Name	Year Team	Finals
1 Psotka, Andrea	97 Oak Bay SS	2682
2 D'Agnolo, Lauren	98 Pacific Athletics	2494
3 Manness, Jessica	97 Oak Bay SS	2415

Event 264 Outdoor Pentathlon: #1 Girls 14-15 80 Meter Hurdles Outdoor Pentathlon

Name	Year Team	Finals	Wind	Points
1 Psotka, Andrea	97 Oak Bay SS	13.47	-1.9	634
2 Manness, Jessica	97 Oak Bay SS	13.81	-1.9	596
3 D'Agnolo, Lauren	98 Pacific Athletics	14.08	-1.9	566

Event 264 Outdoor Pentathlon: #2 Girls 14-15 Shot Put Outdoor Pentathlon

Name	Year Team	Finals	Points
1 Manness, Jessica	97 Oak Bay SS	9.27m	482
2 D'Agnolo, Lauren	98 Pacific Athletics	7.99m	399
3 Psotka, Andrea	97 Oak Bay SS	7.62m	375

Event 264 Outdoor Pentathlon: #3 Girls 14-15 High Jump Outdoor Pentathlon

Name	Year Team	Finals	Points
1 Psotka, Andrea	97 Oak Bay SS	1.49m	610
2 D'Agnolo, Lauren	98 Pacific Athletics	1.34m	449
3 Manness, Jessica	97 Oak Bay SS	1.28m	389

Event 264 Outdoor Pentathlon: #4 Girls 14-15 Long Jump Outdoor Pentathlon

Name	Year Team	Finals	Wind	Points
1 Psotka, Andrea	97 Oak Bay SS	4.50m	0.3	428
2 D'Agnolo, Lauren	98 Pacific Athletics	4.02m	-1.4	312
3 Manness, Jessica	97 Oak Bay SS	3.91m	+0.0	287

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Event 264 Outdoor Pentathlon: #5 Girls 14-15 800 Meter Run Outdoor Pentathlon

Name	Year Team	Finals	Points
1 D'Agnolo, Lauren	98 Pacific Athletics	2:24.22	768
2 Manness, Jessica	97 Oak Bay SS	2:32.62	661
3 Psotka, Andrea	97 Oak Bay SS	2:34.73	635

Event 266 Boys 14-15 Outdoor Pentathlon

Name	Year Team	Finals
1 Hernandez, Zane	97 Powell River	2674
2 Gunderson, Chase	97 Cowichan Valley	1961

Event 266 Outdoor Pentathlon: #1 Boys 14-15 100 Meter Hurdles Outdoor Pentathlon

Name	Year Team	Finals	Wind	Points
1 Hernandez, Zane	97 Powell River	15.11	-1.7	836
2 Gunderson, Chase	97 Cowichan Valley	19.14	-1.7	420

Event 266 Outdoor Pentathlon: #2 Boys 14-15 Shot Put Outdoor Pentathlon

Name	Year Team	Finals	Points
1 Hernandez, Zane	97 Powell River	9.36m	447
2 Gunderson, Chase	97 Cowichan Valley	9.11m	432

Event 266 Outdoor Pentathlon: #3 Boys 14-15 High Jump Outdoor Pentathlon

Name	Year Team	Finals	Points
1 Hernandez, Zane	97 Powell River	1.57m	441
2 Gunderson, Chase	97 Cowichan Valley	1.48m	374

Event 266 Outdoor Pentathlon: #4 Boys 14-15 Long Jump Outdoor Pentathlon

Name	Year Team	Finals	Wind	Points
1 Hernandez, Zane	97 Powell River	5.11m	0.8	404
2 Gunderson, Chase	97 Cowichan Valley	4.65m	-0.3	317

Event 266 Outdoor Pentathlon: #5 Boys 14-15 1000 Meter Run Outdoor Pentathlon

Name	Year Team	Finals	Points
1 Hernandez, Zane	97 Powell River	3:12.57	546
2 Gunderson, Chase	97 Cowichan Valley	3:27.73	418