

Vancouver Island S S T & F Championship – May 16-17, 2012
Island Zone Track championship
Victoria

Bantam Boys - Shot Put

1. Andrews, Charlie, Wellington Secondary, 11.14m.
2. Letourneau, Zach, Mount Prevost, 10.84m.
3. Hayes, Derek, Mount Prevost, 10.07m.
4. Lake, Daniel, Gold River Secondary, 9.79m.
5. Wild, Austin, Glenlyon Norfolk, 9.62m.
6. Guilderson, Adam, CRCS, 9.37m.
7. Joyce, Jacob, St. Andrews, 9.21m.
8. Smith, Evan, Lambrick Park, 7.80m.

Bantam boys - Discus Throw

- 1 Willett, Sam, Mount Douglas, 34.83m.
2. Hayes, Derek, Mount Prevost, 34.04m.
- 3 Allemekinders, Zachery, CRCS, 33.81m.
- 4 Rokic, Mak, Oak Bay, 32.05m.
- 5 Lake, Daniel, Gold River Secondary, 30.02m.
6. Joyce, Jacob, St. Andrews, 28.22m.
7. Cvitanovich, Devan, Mount Prevost, 27.50m.
8. Letourneau, Zach, Mount Prevost, 25.12m.
- 9, Tutube, Wilson, Oak Bay Secondary, 20.45m.

Bantam boys - Javelin Throw

- 1, Willett, Sam, Mount Douglas, 39.45m.
- 2, Hayes, Derek, Mount Prevost, 37.76m.
- 3, Allemekinders, Zachery, CRCS, 37.64m.
- 4, Luttman, Grant, Lambrick Park, 34.49m.
- 5, Dellabough, Isaac, Lambrick Park, 32.47m.
- 6, Riley, Mitchell, EJ Dunn, 32.29m.
- 7, Morneau, Taylor, Mount Prevos, 30.61m.
- 8, Charlie, Thomas, Mount Prevos, 29.73m.
- 9, Joyce, Jacob, St. Andrews', 28.51m.
- 10, Welsh, Samuel, CRCS, 25.16m.
- 11, Downey, Matthew, CRCS, 23.15m.
- 12, Smith, Evan, Lambrick Par, 18.99m. --, Cao, Spencer, Quamichan Middle, FOUL.

Bantam boys - Long Jump

- 1, Melchior, Kain, Mount Prevos, 5.65m, w:NWI.

- 2, Choi, Kevin, Dover Bay Do, 5.15m, w:NWI.
- 3, Clare, Jason, Nanaimo Dist, 4.97m, w:NWI.
- 3, Finnigan, Liam, Oak Bay Seco, 4.97m, w:NWI.
- 5, Park, Shane, Oak Bay Seco, 4.91m, w:NWI.
- 6, Yu, Nathan, Quamichan Middle, 4.78m, w:NWI.
- 7, Winship, Colin, Quamichan Middle, 4.72m, w:NWI.
- 8, Allemekinders, Zachery, CRCS, 4.58m, w:NWI.
- 9, Carvahal-Smith, Kaelen, Stellys Secondar, 4.55m, w:NWI.
- 10, Evans, Bryn, Oak Bay Seco, 4.48m, w:NWI.
- 11, Geddes, Cameron, Alberni Dist, 4.44m, w:NWI.
- 12, Wickens, Josiah, CRCS, 4.43m, w:NWI.
- 13, Carvahal-Smith, Julian, Stellys Secondar, 4.38m, w:NWI.
- 14, McIntosh, Declan, St. Andrews', 3.72m, w:NWI. --,
Champoux, Jared, Mount Prevos, SCR, w:NWI.

Bantam boys - Boys Triple Jump

- 1, Winship, Colin, Quamichan Middle, 11.07m, w:NWI.
- 2, Choi, Kevin, Dover Bay Do, 11.06m, w:NWI.
- 3, Clare, Jason, Nanaimo Dist, 11.00m, w:NWI.
- 4, Finnigan, Liam, Oak Bay Seco, 10.84m, w:NWI.
- 5, Evans, Bryn, Oak Bay Seco, 10.38m, w:NWI.
- 6, Willett, Sam, Mount Dougla, 10.31m, w:NWI.
- 7, Pawlowski, Peter, Oak Bay Seco, 10.23m, w:NWI.
- 8, Champoux, Jared, Mount Prevos, 9.85m, w:NWI.
- 9, Baknes, Keir, Mount Prevos, 9.68m, w:NWI.
- 10, Wickens, Josiah, CRCS, 9.18m, w:NWI.
- 11, McIntosh, Declan, St. Andrews', 9.05m, w:NWI.
- 12, Brennan-McCann, Liam, Queen of Ang, 7.99m, w:NWI. --, Geddes, Cameron,
Alberni Dist, FOUL.

Bantam boys - High Jump

- 1, Melchior, Kain, Mount Prevos, 1.73m.
- 2, Long, Austin, Highland Seconda, 1.65m.
- 3, Finnigan, Liam, Oak Bay Seco, J1.65m.
- 4, Hayton, Tristan, St. Andrews', J1.65m.
- 5, Gray, Matt, Oak Bay Seco, J1.65m.
- 6, Carvahal-Smith, Kaelen, Stellys Secondar, 1.55m.
- 7, Matheson, Wyatt, Glenlyon Norfolk, 1.50m.
- 8, Winship, Colin, Quamichan Middle, 1.45m.
- 9, Johannknect, Marc, Glenlyon Norfolk, 1.40m.
- 9, Geddes, Cameron, Alberni Dist, 1.40m.
- 11, Beardmore, Tom, Oak Bay Seco, 1.35m.

Bantam boys - Pole Vault

1, Wang, Will, Oak Bay Sec, 2.50m.

Junior boys - Shot Put

- 1, Bradbury, Jason, Glenlyon Norfolk, 13.00m.
- 2, Weimar, Timo, Oak Bay Seco, 12.18m.
- 3, Shultz, Brad, Claremont Second, 11.99m.
- 4, Broughman, Derek, Belmont Seco, 10.75m.
- 5, Scott-Moncrieff, Graeme, Sides, 7.77m.

Junior boys - Discus Throw

- 1, Shultz, Brad, Claremont Second, 31.86m.
- 2, Weimar, Timo, Oak Bay Seco, 29.56m.
- 3, Buermans, jj, Stellys Secondar, 24.81m.
- 4, Murphy, Patrick, Oak Bay Seco, 20.70m.
- 5, Margetts, Garrett, Chemainus Second, 20.15m.
- 6, Lu, Larry, Oak Bay Seco, 19.61m.
- 7, Laib, James, Mount Prevos, 16.51m.

Junior boys - Javelin Throw

- 1, Harris, Noah, Oak Bay Seco, 38.45m.
- 2, Spratt, Oliver, Oak Bay Seco, 34.16m.
- 3, Sieffert, Owen, Oak Bay Seco, 33.82m.
- 4, Fukakusa, Adam, Chemainus Second, 31.94m.
- 5, Amiri, Alex, Frances Kelsey S, 31.30m.
- 6, Elwood, Peter, Mount Dougla, 30.48m.
- 7, Stothard, Trevor, Reynolds Sec, 26.71m.
- 8, Margetts, Garrett, Chemainus Second, 23.18m.

Junior boys - Long Jump

- 1, Walburger, Josh, Dover Bay Do, 5.45m, w:NWI.
- 2, Taylor, Nick, Oak Bay Seco, 5.37m, w:NWI.
- 3, Johnston, Brenden, Dover Bay Do, 5.13m, w:NWI.
- 4, Stothard, Trevor, Reynolds Sec, 4.96m, w:NWI.
- 5, Wong, Nathan, Oak Bay Seco, 4.91m, w:NWI.
- 6, Petruzelli, Lucas, Oak Bay Seco, 4.87m, w:NWI.
- 7, Shaver, Roger, Chemainus Second, 4.71m, w:NWI.
- 8, Scott-Moncrieff, Graeme, Sides, 4.53m, w:NWI.
- 9, Fukakusa, Adam, Chemainus Second, 4.48m, w:NWI.
- 10, Boroto, David, St. Michaels, 4.33m, w:NWI.
- 11, Whitelaw, Ethan, Chemainus Second, 4.31m, w:NWI.

Junior boys - Triple Jump

- 1 Walburger, Josh, Dover Bay Do, 11.58m, w:NWI.
- 2, Amiri, Alex, Frances Kelsey S, 11.35m, w:NWI.
- 3, Sieffert, Owen, Oak Bay Seco, 10.91m, w:NWI.
- 4, Stokes, Jonathan, Oak Bay Seco, 10.76m, w:NWI.
- 5, Stothard, Trevor, Reynolds Sec, 10.67m, w:NWI.
- 6, Darnell, Curtis, Lambrick Par, 9.84m, w:NWI.
- 6, Murphy, Patrick, Oak Bay Seco, 9.84m, w:NWI.
- 8, Whitelaw, Ethan, Chemainus Second, 9.36m, w:NWI.
- 9, Scott-Moncrieff, Graeme, Sides, 8.55m, w:NWI.

Junior boys - High Jump

- 1, Broughman, Derek, Belmont Seco, 1.65m.
- 2, Murphy, Patrick, Oak Bay Seco, J1.65m.
- 3, Kirby, Will, Oak Bay Seco, J1.65m.
- 4, Weibe, Aleks, Reynolds Sec, 1.60m.
- 5, Simonson, Logan, Reynolds Sec, 1.50m.
- 5, Darnell, Curtis, Lambrick Par, 1.50m.
- 5, Laib, James, Mount Prevos, 1.50m.
- 8, Fukakusa, Adam, Chemainus Second, J1.50m.
- 9, Whitelaw, Ethan, Chemainus Second, 1.40m.

Junior boys - Pole Vault

1. Wong, Nathan, Oak Bay Seco, 2.60m.

Senior (open) Boys - Boys Shot Put

- 1, Bradley, Luke, Alberni Dist, 13.52m.
- 2, Kereszti, Mason, Lambrick Par, 13.33m.
- 3, Swift, Mason, Mount Dougla, 12.88m.
- 4, Gowenlock, Brendan, Cowichan Sec, 11.27m.
- 5, Stewart, Daniel, Ballenas Sec, 11.25m.
- 6, Villette, Graham, Alberni Dist, 11.24m.
- 7, Gregory, Chris, Belmont Seco, 11.04m.
- 8, Kostiuk, Tyler, Highland Seconda, 10.91m.
- 9, Stoochnoff, Tyson, Cowichan Sec, 10.68m.
- 10, Rutten, Alex, Pacific Chri, 10.35m.
- 11, Shew, Riley, Oak Bay Seco, 9.65m.
- 12, Hill, Chris, Lambrick Par, 9.62m.
- 13, Minalynuk, Brendan, St. Andrews', 9.61m.
- 14, Climie, Jonathan, Duncan Chris, 9.49m.
- 15, Hall, Jake, Lambrick Par, 9.24m.
- 16, Guthrie, Joshua, CRCS, 9.13m.

- 17, Mitchell, Andrew, Duncan Chris, 9.10m.
- 18, Buljat, Anthony, St. Andrews', 8.88m.
- 19, Leschert, Jake, St. Andrews', 8.67m.
- 20, Heck, Taylor, Alberni Dist, 7.92m.
- 21, Harati, Amiro, Reynolds Sec, 7.85m.
- 22, Price, Travis, CRCS, 6.13m. --, Scott, Bocking, Chemainus Second, SCR.

Senior (open) Boys - Boys Discus Throw

- 1, Kereszti, Mason, Lambrick Par, 46.10m.
- 2, Villette, Graham, Alberni Dist, 42.15m.
- 3, Bradley, Luke, Alberni Dist, 39.02m.
- 4, Dellabough, Lucas, Lambrick Par, 37.77m.
- 5, Shew, Riley, Oak Bay Seco, 32.95m.
- 6, Gregory, Chris, Belmont Seco, 31.35m.
- 7, Borneman, Lars, Oak Bay Seco, 31.13m.
- 8, Heck, Taylor, Alberni Dist, 29.79m.
- 9, Stewart, Daniel, Ballenas Sec, 27.22m.
- 10, Minalynuk, Brendan, St. Andrews', 26.08m.
- 11, Kaleb, King, Nanaimo Dist, 24.58m.
- 12, Climie, Jonathan, Duncan Chris, 23.35m.
- 13, Buljat, Anthony, St. Andrews', 22.77m.
- 14, Robinson, Fergie, CRCS, 22.14m.
- 15, Leschert, Jake, St. Andrews', 19.18m.
- 16, Pellow, Cody, St. Andrews', x15.12m.
- 17, Macaulay, Kenneth, CRCS, 14.89m.
- 18, Guthrie, Joshua, CRCS, 8.95m.

Senior (open) Boys - Boys Javelin Throw

- 1, Kereszti, Mason, Lambrick Par, 62.24m#.
- 2, Haskett, Ross, Parkland Seconda, 51.52m.
- 3, MacDonald, Ryan, Cowichan Sec, 44.98m.
- 4, Tucker, Dylan, Oak Bay Seco, 44.34m.
- 5, Kostiuk, Tyler, Highland Seconda, 41.65m.
- 6, Hernandez, Cale, Brooks Secon, 40.82m.
- 7, Wong, Elion, Oak Bay Seco, 37.61m.
- 8, Guy, Evan, Lambrick Par, 36.81m.
- 9, Walburger, Joshua, Dover Bay Do, 36.71m.
- 10, Climie, Jonathan, Duncan Chris, 34.63m.
- 11, Coulter, David, CRCS, 34.39m.
- 12, Kaleb, King, Nanaimo Dist, 31.92m.
- 13, Moore, Brady, Cowichan Sec, 29.59m.
- 14, McCay, Bradley, CRCS, 20.24m.

Senior (open) Boys - Boys Long Jump

- 1, Hernandez, Cale, Brooks Secon, 5.86m, w:NWI.
- 2, Farrar, Liam, Oak Bay Seco, 5.85m, w:NWI.
- 3, Stubbs, Nolan, Stellys Secundar, 5.78m, w:NWI.
- 4, Knippelberg, Mitch, Cowichan Sec, 5.77m, w:NWI.
- 5, Jones, Kyle, Reynolds Sec, 5.74m, w:NWI.
- 6, Lindsay, Liam, Cowichan Sec, 5.71m, w:NWI.
- 7, Stewart, Crosby, Oak Bay Seco, 5.64m, w:NWI.
- 8, Saphir, Levi, Pacific Chri, 5.57m, w:NWI.
- 9, Dimitrov, Ben, Belmont Seco, 5.53m, w:NWI.
- 10, Woodcock, Nick, Oak Bay Seco, 5.43m, w:NWI.
- 11, Groenendijk, Douglas, Duncan Chris, 5.36m, w:NWI.
- 12, Young, Taylor, Mount Dougla, 5.25m, w:NWI.
- 13, Betz, Adam, Dover Bay Do, 5.18m, w:NWI.
- 14, Erickson, Colton, Gold River Secon, 5.11m, w:NWI.
- 15, Hsueh, Albert, Dover Bay Do, 5.09m, w:NWI.
- 16, Zheng, Dylan, St. Michaels, 4.98m, w:NWI.
- 17, Pagaduan, CJ, Cowichan Sec, 4.89m, w:NWI.
- 18, Namor, Braydon, Alberni Dist, 4.81m, w:NWI.
- 19, Harati, Amiro, Reynolds Sec, 4.52m, w:NWI.
- 20, Shokoya, Abdul, St. Michaels, 4.38m, w:NWI.
- 21, Price, Travis, CRCS, 4.22m, w:NWI.
- 22, Macaulay, Kenneth, CRCS, 3.23m, w:NWI.

Senior (open) Boys - Boys Triple Jump

- 1, Dimitrov, Ben, Belmont Seco, 13.14m, w:NWI.
- 2, Lindsay, Liam, Cowichan Sec, 13.09m, w:NWI.
- 3, Potka, Simon, Oak Bay Seco, 12.57m, w:NWI.
- 4, Stubbs, Nolan, Stellys Secundar, 12.50m, w:NWI.
- 5, Larson, Andrew, Cowichan Sec, 12.23m, w:NWI.
- 6, Deron, Marcin, St. Andrews', 11.89m, w:NWI.
- 7, Betz, Adam, Dover Bay Do, 11.72m, w:NWI.
- 8, Groenendijk, Douglas, Duncan Chris, 11.51m, w:NWI.
- 9, Smith, Glen, Lambrick Par, 10.18m, w:NWI.
- 10, Harati, Amiro, Reynolds Sec, 9.37m, w:NWI.
- 11, Kuo, Kevin, Lambrick Par, 9.27m, w:NWI. --, Day, Jacob, Duncan Chris, SCR, w:NWI.

Senior (open) Boys - Boys High Jump

- 1, Bonnetplume, Brandon, JoJohn Barsb, 1.85m.
- 2, Chow, Cameron, Cowichan Sec, J1.85m.
- 3, Stubbs, Nolan, Stellys Secundar, 1.80m.
- 4, Kelly, Sean, Lambrick Par, J1.80m.

- 5, Dimitrov, Ben, Belmont Seco, 1.75m.
- 6, Young, Taylor, Mount Dougla, J1.75m.
- 7, Demetrius, Nate, Pacific Chri, 1.70m.
- 8, Psootka, Simon, Oak Bay Seco, J1.70m.
- 9, Reynolds, De Andre, Lambrick Par, J1.70m.
- 10, Loewen, Peter, Chemainus Second, 1.65m.
- 11, Marcias, Andre, Mount Dougla, 1.60m.
- 12, Gray, Alucious, Mount Prevos, 1.55m.
- 13, MacDonald, Ryan, Cowichan Sec, 1.45m.
- 14, Zewde, Johnny, Mount Dougla, 1.40m.

Senior (open) Boys - Boys Hammer Throw

- 1, Bradley, Luke, Alberni Dist, 43.67m.
- 2, Villette, Graham, Alberni Dist, 42.43m.
- 3, Stewart, Daniel, Ballenas Sec, 40.67m.
- 4, Hill, Chris, Lambrick Par, 38.50m.
- 5, Heck, Taylor, Alberni Dist, 31.91m.
- 6, Guthrie, Joshua, CRCS, 23.54m.
- 7, Luttman, Grant, Lambrick Par, 19.86m.
- 8, Guilderson, Adam J., CRCS, 18.81m.
- 9, Smith, Evan, Lambrick Par, 14.17m.
- 10, Macaulay, Cameron I., CRCS, 12.83m.

Senior (open) Boys - Boys Pole Vault

- 1, Psootka, Simon, Oak Bay Seco, 3.80m.
- 2, Coetze, Andre, Oak Bay Seco, 3.30m.
- 3, Petruzelli, Lucas, Oak Bay Seco, 2.40m.
- 4, Smith, Glen, Lambrick Par, 2.20m.

Bantam boys - Boys 100 Meter Hurdles

- 1, Pawlowski, Peter, Oak Bay Seco, 16.77.
- 2, McCue, Mike, Lambrick Par, 16.90.
- 3, Carvahal-Smith, Kaelen, Stellys Secondar, 16.92.

Bantam boys Preliminaries - Boys 100 Meter Dash

- 1, Mycock, Jesse, Lambrick Par, 11.67Q, w:NWI.
- 2, Andrews, Charlie, Wellington Secon, 11.84Q, w:NWI.
- 3, Melchior, Kain, Mount Prevos, 11.71Q, w:NWI.
- 4, Getty, Ethan, Mount Dougla, 11.86Q, w:NWI.
- 5, Mbroh, Francis, Glenlyon Norfolk, 12.06Q, w:NWI.
- 6, Choi, Kevin, Dover Bay Do, 12.26Q, w:NWI.
- 7, Bellerose, Kabir, Ballenas Sec, 12.42q, w:NWI.
- 8, Nymon, Dakota, Wellington Secon, 12.56q, w:NWI.

9, Yu, Nathan, Quamichan Middle, 12.86, w:NWI.

Bantam boys Finals - Boys 100 Meter Dash

(w: NWI)

- 1, Melchior, Kain, Mount Prevos, 11.47.
- 2, Andrews, Charlie, Wellington Secon, 11.53.
- 3, Mycock, Jesse, Lambrick Par, 11.58.
- 4, Getty, Ethan, Mount Dougla, 11.81.
- 5, Mbroh, Francis, Glenlyon Norfolk, 11.94.
- 6, Bellerose, Kabir, Ballenas Sec, 12.21.
- 7, Choi, Kevin, Dover Bay Do, 12.24.
- 8, Nymon, Dakota, Wellington Secon, 12.34.

Bantam boys Preliminaries - Boys 200 Meter Dash

- 1, Getty, Ethan, Mount Dougla, 24.42Q, w:NWI.
- 2, Andrews, Charlie, Wellington Secon, 24.50Q, w:NWI.
- 3, Bellerose, Kabir, Ballenas Sec, 24.94Q, w:NWI.
- 4, Restall, Taylor, Oak Bay Seco, 25.84Q, w:NWI.
- 5, Suesser, Konrad, St. Andrews', 25.24Q, w:NWI.
- 6, Pidsosny, Liam, vanier, 26.07Q, w:NWI.
- 6, Yu, Nathan, Quamichan Middle, 26.07Q, w:NWI.
- 8, Hayton, Tristan, St. Andrews', 25.50q, w:NWI.
- 9, Nymon, Dakota, Wellington Secon, 26.45q, w:NWI.
- 10, Park, Shane, Oak Bay Seco, 26.95, w:NWI.
- 11, Champoux, Jared, Mount Prevos, 27.34, w:NWI.
- 12, DaSilva, Ydrisa, Oak Bay Seco, 27.76, w:NWI.
- 13, Long, Austin, Highland Seconda, 28.30, w:NWI.

Bantam boys Finals - Boys 200 Meter Dash

(w: NWI)

- 1, Andrews, Charlie, Wellington Secon, 23.90.
- 2, Getty, Ethan, Mount Dougla, 24.14.
- 3, Bellerose, Kabir, Ballenas Sec, 24.91.
- 4, Restall, Taylor, Oak Bay Seco, 25.17.
- 5, Suesser, Konrad, St. Andrews', 25.32.
- 6, Hayton, Tristan, St. Andrews', 25.58.
- 7, Pidsosny, Liam, vanier, 25.87.
- 8, Nymon, Dakota, Wellington Secon, 25.96.
- 9, Yu, Nathan, Quamichan Middle, 26.04.

Bantam boys Preliminaries - Boys 400 Meter Run

- 1, Suesser, Konrad, St. Andrews', 55.95q.

- 2, Getty, Ethan, Mount Dougla, 56.06q.
- 3, Pidsosny, Liam, vanier, 57.47q.
- 4, Rokic, Mak, Oak Bay Seco, 58.27q.
- 5, Restall, Taylor, Oak Bay Seco, 59.00q.
- 6, Riley, Mitchell, EJ Dunn, 59.68q.
- 7, Park, Shane, Oak Bay Seco, 1:01.53q.
- 8, Ehle, Liam, Mount Prevos, 1:03.00q.
- 9, Bassett, Yosef, Nanaimo Dist, 1:03.36q.
- 10, Guilderson, Adam, CRCS, 1:04.01.
- 11, Welsh, Samuel, CRCS, 1:05.80.
- 12, Tutube, Wilson, Oak Bay Seco, 1:07.27.
- 13, Bernaldez, Mateo, St. Andrews', 1:11.24.

Bantam boys Finals - Boys 400 Meter Run

- 1, Getty, Ethan, Mount Dougla, 54.97.
- 2, Suesser, Konrad, St. Andrews', 56.17.
- 3, Pidsosny, Liam, vanier, 56.74.
- 4, Restall, Taylor, Oak Bay Seco, 58.80.
- 5, Rokic, Mak, Oak Bay Seco, 59.80.
- 6, Riley, Mitchell, EJ Dunn, 59.98.
- 7, Ehle, Liam, Mount Prevos, 1:01.55.
- 8, Park, Shane, Oak Bay Seco, 1:02.79.
- 9, Bassett, Yosef, Nanaimo Dist, 1:04.89.

Bantam boys - Boys 800 Meter Run

- 1, Higgins, Carter, Dover Bay Do, 2:08.56.
- 2, Bailey, Josh, Cedar Sparta, 2:10.43.
- 3, Chan, Taylor, Oak Bay Seco, 2:13.43.
- 4, Riley, Mitchell, EJ Dunn, 2:17.97.
- 5, Jack, Andrew, Quamichan Middle, 2:18.61.
- 6, Kearne, Patrick, St. Andrews', 2:19.85.
- 7, Pidsosny, Liam, vanier, 2:22.14.
- 8, Hobbs, Mikaya, Oak Bay Seco, 2:23.49.
- 9, Niezen, Ryan, Mount Dougla, 2:23.77.
- 10, Ehle, Liam, Mount Prevos, 2:25.32.
- 11, Huynh, Miles, Dover Bay Do, 2:27.06.
- 12, Sutton, Connor, Quamichan Middle, 2:31.47.
- 13, Ryan-Lloyd, Seamus, St. Andrews', 2:36.85.
- 14, Bernaldez, Mateo, St. Andrews', 2:37.25.

Bantam boys - Boys 1500 Meter Run

- 1, Hoff, Brendan, Phoenix, 4:28.35.
- 2, Bailey, Josh, Cedar Sparta, 4:29.01.

- 3, Chan, Taylor, Oak Bay Seco, 4:31.64.
- 4, Taylor, Joel, Mount Dougla, 4:45.37.
- 5, Cioban, Zac, Dover Bay Do, 4:49.07.
- 6, Jones, Josh, Quamichan Middle, 4:57.88.
- 7, Bassett, Yosef, Nanaimo Dist, 5:00.60.
- 8, Huynh, Miles, Dover Bay Do, 5:01.86.
- 9, Tanner, Malcolm, Oak Bay Seco, 5:02.94.
- 10, Ryan-Lloyd, Seamus, St. Andrews', 5:03.83.
- 11, Hobbs, Mikaya, Oak Bay Seco, 5:06.74.

Bantam boys - Boys 3000 Meter Run

- 1, Hoff, Brendan, Phoenix, 9:51.29.
- 2, Chan, Taylor, Oak Bay Seco, 9:55.84.
- 3, Taylor, Joel, Mount Dougla, 10:03.47.
- 4, Cioban, Zac, Dover Bay Do, 10:26.12.
- 5, Law, Jesse, Alberni Dist, 10:29.80.
- 6, Sutton, Connor, Quamichan Middle, 10:55.29.
- 7, Ryan-Lloyd, Seamus, St. Andrews', 11:03.64.
- 8, Dolling, Griffin, Alberni Dist, 11:15.50.

Bantam boys - Boys 4x100 Meter Relay

- 1, Oak Bay Secondary 'A' 49.33.
- 2, Mount Prevost Middle School 'A' 50.81.
- 3, St. Andrews' Regional High Sch 'A' 51.62.
- 4, Oak Bay Secondary 'B' 52.15.
- 5, Lambrick Park School 'A' 52.47.
- 6, Cracs 'A' 54.01.
- 7, Cracs 'B' 57.13. --,
Quamichan Middle School 'A' DQ.

Bantam boys - Boys 4x400 Meter Relay

- 1, Oak Bay Secondary 'A' (Restall, Taylor , Finnigan, Liam , Rokic, Mak , Chan, Taylor), 3:51.66.
- 2, St. Andrews' Regional High Sch 'A' 4:00.18.
- 3, Quamichan Middle School 'A' (Anderson, Lucas , Dobson, Amish , Winship, Colin Yu, Nathan), 4:05.63.
- 4, Oak Bay Secondary 'B' (Gray, Matt , Tutube, Wilson Park, Shane , Evans, Bryn), 4:05.97.
- 5, Dover Bay Dolphins 'A' (Choi, Kevin Cioban, Zac , Huynh, Miles , Higgins, Carter), 4:09.45.
- 6, Cracs 'A' (Allemekinders, Zachery , Welsh, Samuel , Coulter, Steven , Guilderson, Adam), 4:27.50.

Bantam boys – 300 Meter Hurdles

- 1, Bellerose, Kabir, Ballenas Sec, 43.97#.
- 2, Pawlowski, Peter, Oak Bay Seco, 47.50.
- 3, Long, Austin, Highland Seconda, 47.60.
- 4, McCue, Mike, Lambrick Par, 48.99.

Bantam boys - Boys 1500 Meter Steeplechase

- 1, Higgins, Carter, Dover Bay Do, 4:57.94.
- 2, Law, Jesse, Alberni Dist, 5:10.15.
- 3, Litton, Calvin, Oak Bay Seco, 5:23.91.
- 4, Dolling, Griffin, Alberni Dist, 5:29.47.
- 5, Coulter, Steven, CRCS, 5:29.59.

Bantam boys - Boys 1500 Meter Race Walk

- 1, Downey, Nathan, CRCS, 11:07.72.
- 2, Seale, John, St. Andrews', 11:47.31.

Junior boys - Boys 100 Meter Hurdles

- (w: NWI) 1, Stokes, Jonathan, Oak Bay Seco, 15.67.
- 2, Kirby, Will, Oak Bay Seco, 15.76.
 - 3, MacEwan, Caelan, Parkland Seconda, 16.68.
 - 4, Xue, Daniel, Oak Bay Seco, 16.76.

Junior boys Preliminaries - Boys 100 Meter Dash

- 1, Hendra-Brown, Alex, Reynolds Sec, 11.65Q, w:NWI.
- 2, Komst, Zach, Cowichan Sec, 12.15Q, w:NWI.
- 3, Vollet, Kyle, JoJohn Barsb, 12.17Q, w:NWI.
- 4, Parker, Brandon, JoJohn Barsb, 12.16Q, w:NWI.
- 5, Lu, Larry, Oak Bay Seco, 12.18Q, w:NWI.
- 6, Kostiuk, Tyler, Highland Seconda, 12.63Q, w:NWI.
- 7, Jansen, Dan, Chemainus Second, 12.61q, w:NWI.
- 8, Hartford, Eric, Frances Kelsey S, 12.66q, w:NWI.
- 9, Chou, Raymond, Mount Dougla, 12.73, w:NWI.
- 10, Hara, Kzuki, Pacific Chri, 12.80, w:NWI.
- 11, Gagnon, Alex, Stellys Secondar, 13.04, w:NWI.
- 12, Shelby, Quinn, Lambrick Par, 13.25, w:NWI.
- 13, Kettlys, Harrison, Lambrick Par, 13.27, w:NWI. --, Xue, Daniel, Oak Bay Seco, SCR, w:NWI. --, Jackson, Jake, Pacific Chri, SCR, w:NWI. --, Villunger, Stefan, vanier, SCR, w:NWI. --, Chen-Mack, Nathan, Pacific Chri, SCR, w:NWI.

Junior boys Finals - Boys 100 Meter Dash

- (w: NWI) 1, Hendra-Brown, Alex, Reynolds Sec, 11.56.
2, Vollet, Kyle, JoJohn Barsb, 11.94.
3, Parker, Brandon, JoJohn Barsb, 11.96.
4, Komst, Zach, Cowichan Sec, 12.06.
5, Lu, Larry, Oak Bay Seco, 12.08.
6, Jansen, Dan, Chemainus Second, 12.43.
7, Kostiuk, Tyler, Highland Seconda, 12.76.

Junior boys Preliminaries - Boys 200 Meter Dash

- 1, Taylor, Nick, Oak Bay Seco, 23.92Q, w:NWI.
2, Komst, Zach, Cowichan Sec, 24.55Q, w:NWI.
3, Broughman, Derek, Belmont Seco, 25.71Q, w:NWI.
4, Boroto, David, St. Michaels, 26.27Q, w:NWI.
5, Vollet, Kyle, JoJohn Barsb, 26.28Q, w:NWI.
6, Coleman, Reid, Cowichan Sec, 27.86Q, w:NWI.
7, Jansen, Dan, Chemainus Second, 26.59q, w:NWI.
8, Parker, Brandon, JoJohn Barsb, 26.60q, w:NWI.

Junior boys Finals - Boys 200 Meter Dash

(w: NWI)

- 1, Taylor, Nick, Oak Bay Seco, 24.22.
2, Parker, Brandon, JoJohn Barsb, 24.38.
3, Vollet, Kyle, JoJohn Barsb, 24.58.
4, Komst, Zach, Cowichan Sec, 24.62.
5, Broughman, Derek, Belmont Seco, 25.67.
6, Boroto, David, St. Michaels, 25.98.
7, Jansen, Dan, Chemainus Second, 26.02.
8, Chou, Raymond, Mount Dougla, 26.12.
9, Coleman, Reid, Cowichan Sec, 26.47.

Junior boys Preliminaries - Boys 400 Meter Run

- 1, Komst, Zach, Cowichan Sec, 55.40q.
2, Boroto, David, St. Michaels, 58.07q.
3, Fukakusa, Adam, Chemainus Second, 59.74q.

Junior boys Finals - Boys 800 Meter Run

- 1, Sieffert, Owen, Oak Bay Seco, 2:18.71.
2, Simonson, Logan, Reynolds Sec, 2:24.71.

Junior boys - Boys 1500 Meter Run

- 1, Walton, Adam, Oak Bay Seco, 4:51.20.
- 1, Hartford, eric, Frances Kelsey S4:51.20.
- 3, Simonson, Logan, Reynolds Sec, 4:54.61.
- 4, Shillington, Liam, Glenlyon Norfolk, 4:55.84.
- 5, Litton, Calvin, Oak Bay Seco, 5:03.72.

Junior boys - Boys 3000 Meter Run

- 1, Hartford, Eric, Frances Kelsey S, 10:33.57.
- 2, Shillington, Liam, Glenlyon Norfolk, 10:34.42.
- 3, Litton, Calvin, Oak Bay Seco, 10:38.11.

Junior boys - Boys 4x100 Meter Relay

- 1, Oak Bay Secondary 'A' 46.62.
- 2, Mount Douglas High School 'A' 48.78.
- 3, Oak Bay Secondary 'B' 49.90.
- 4, Lambrick Park School 'A' 49.91. --, JoJohn Barsby High School 'A' SCR. --, Cowichan Secondary 'A' SCR.

Junior boys - Boys 4x400 Meter Relay

- 1, Oak Bay Secondary 'A' (Lu, Larry , Stokes, Jonathan , Kirby, Will , Walton, Adam), 4:04.21.
- 2, Lambrick Park School 'A' (Dawson, Nick , Hess, Tanner, Kettlys, Harrison , Russell, Kieran), 4:16.95.

Junior boys - Boys 300 Meter Hurdles

- 1, Stokes, Jonathan, Oak Bay Seco, 43.59#.
- 2, MacEwan, Caelan, Parkland Seconda, 43.88.

Senior (open) Boys - Boys 110 Meter Hurdles

- (w: NWI) 1, Boyd, David, St. Andrews', 16.59.
- 2, Hernandez, Cale, Brooks Secon, 18.11.
- 3, Tran, Anthony, St. Andrews', 19.78.

Senior (open) Boys Preliminaries - Boys 100 Meter Dash

- 1, Shokoya, Saeed, St. Michaels, 11.22Q, w:NWI.
- 2, Dellabough, Lucas, Lambrick Par, 11.32Q, w:NWI.
- 3, Courville, Jon, Brentwood Colleg, 11.51Q, w:NWI.
- 4, Stewart, Crosby, Oak Bay Seco, 11.60Q, w:NWI.

- 5, Peleshaty, Colby, Frances Kelsey S, 11.69Q, w:NWI.
- 6, MacDonald, Ryan, Cowichan Sec, 11.84Q, w:NWI.
- 7, Jackson, Jake, Pacific Chri, 11.65q, w:NWI.
- 8, Stockli, Grant, Oak Bay Seco, 11.76q, w:NWI.
- 9, Saphir, Levi, Pacific Chri, 11.80, w:NWI.
- 10, Chen-Mack, Nathan, Pacific Chri, 11.83, w:NWI.
- 11, Lindsay, Liam, Cowichan Sec, 11.87, w:NWI.
- 12, Jones, Kyle, Reynolds Sec, 11.91, w:NWI.
- 13, Parker, Liam, Highland Seconda, 11.93, w:NWI.
- 14, Lynch, DeJon, JoJohn Barsb, 11.97, w:NWI.
- 15, Alexandre, Christopher, St. Andrews', 12.00, w:NWI.
- 16, Truong, Duc, JoJohn Barsb, 12.01, w:NWI.
- 17, Johnson, Jason, St. Andrews', 12.05, w:NWI.
- 18, Yasui, Go, Mount Dougla, 12.06, w:NWI.
- 19, Erickson, Colton, Gold River Secon, 12.25, w:NWI.
- 20, hsueh, Albert, Dover Bay Do, 12.32, w:NWI.
- 21, Fiocco, Dante, St. Andrews', 12.34, w:NWI.
- 22, Cheng, Shang, St. Michaels, 12.54, w:NWI.
- 23, Gray, Alucious, Mount Prevos, 12.70, w:NWI.
- 24, Machek, Chris, St. Andrews', 13.02, w:NWI.
- 25, Zheng, Dylan, St. Michaels, 13.09, w:NWI.

Senior (open) Boys Finals - Boys 100 Meter Dash

(w: NWI)

- 1, Dellabough, Lucas, Lambrick Par, 11.00.
- 2, Shokoya, Saeed, St. Michaels, 11.22.
- 3, Stewart, Crosby, Oak Bay Seco, 11.50.
- 4, Stockli, Grant, Oak Bay Seco, 11.60.
- 4, peleshaty, colby, Frances Kelsey S, 11.60.
- 6, Jackson, Jake, Pacific Chri, 11.64.
- 7, MacDonald, Ryan, Cowichan Sec, 11.67.

Senior (open) Boys Preliminaries - 200 Meter Dash

- 1, Commandeur, Adam, Highland Seconda, 23.24q, w:NWI.
- 2, Dellabough, Lucas, Lambrick Par, 23.26q, w:NWI.
- 3, Shokoya, Saeed, St. Michaels, 23.31q, w:NWI.
- 4, Peleshaty, Colby, Frances Kelsey S, 23.45q, w:NWI.
- 5, Farrar, Liam, Oak Bay Seco, 23.81q, w:NWI.
- 6, Chen-Mack, Nathan, Pacific Chri, 24.08q, w:NWI.
- 7, Parker, Liam, Highland Seconda, 24.10q, w:NWI.
- 8, McKenzie, Sean, Dover Bay Do, 24.19q, w:NWI.
- 9, Stockli, Grant, Oak Bay Seco, 24.28q, w:NWI.
- 10, Betz, Adam, Dover Bay Do, 24.45, w:NWI.
- 11, Wolfe, Ben, Mount Dougla, 24.50, w:NWI.

- 12, Yasui, Go, Mount Dougla, 24.61, w:NWI.
- 13, Johnson, Jason, St. Andrews', 24.84, w:NWI.
- 14, Lynch, DeJon, JoJohn Barsb, 25.15, w:NWI.
- 15, Alexandre, Christopher, St. Andrews', 25.23, w:NWI.
- 16, Mycock, Jesse, Lambrick Par, 25.41, w:NWI.
- 17, Pagaduan, CJ, Cowichan Sec, 25.47, w:NWI.
- 18, Pike, Sergio, St. Michaels, 25.73, w:NWI.
- 19, Fiocco, Dante, St. Andrews', 26.27, w:NWI.
- 20, Welsh, Jaden, CRCS, 26.56, w:NWI.
- 21, Carter, Lindon, St. Michaels, 26.92, w:NWI.
- 22, Namor, Braydon, Alberni Dist, 27.37, w:NWI.
- 23, Baksh, Muhammed, Mount Dougla, 28.93, w:NWI.
- 24, McCay, Bradley, CRCS, 32.11, w:NWI.

Senior (open) Boys Finals - 200 Meter Dash

- (w: NWI) 1, Dellabough, Lucas, Lambrick Par, 22.51.
- 2, McKenzie, Sean, Dover Bay Do, 22.81.
- 3, Commandeur, Adam, Highland Seconda, 22.93.
- 4, Peleshaty, Colby, Frances Kelsey S, 23.18.
- 5, Shokoya, Saeed, St. Michaels, 23.22.
- 6, Farrar, Liam, Oak Bay Seco, 23.76.
- 7, Parker, Liam, Highland Seconda, 24.04.
- 8, Chen-Mack, Nathan, Pacific Chri, 24.11.
- 9, Stockli, Grant, Oak Bay Seco, 24.29.

Senior (open) Boys Preliminaries - Boys 400 Meter Run

- 1, Commandeur, Adam, Highland Seconda, 51.05q.
- 2, McKenzie, Sean, Dover Bay Do, 52.74q.
- 3, Farrar, Liam, Oak Bay Seco, 52.84q.
- 4, Pollard, Eric, Mount Dougla, 53.40q.
- 5, deGroot, Andrew, Dover Bay Do, 53.99q.
- 6, Johnson, Kyle, Highland Seconda, 54.22q.
- 7, Morgan, Derek, Mount Dougla, 54.77q.
- 8, Pike, Sergio, St. Michaels, 56.05q.
- 9, Pagaduan, CJ, Cowichan Sec, 58.15.
- 10, Welsh, Jaden, CRCS, 59.64.
- 11, Wang, David, St. Michaels, 1:00.27.
- 12, Carter, Lindon, St. Michaels, 1:03.83.
- 13, Baksh, Muhammed, Mount Dougla, 1:04.64.
- 14, Moore, Brady, Cowichan Sec, 1:05.69. --, Day, Jacob, Duncan Chris, SCR. --, Erickson, Colton, Gold River Secon, SCR. --, Fougner, Chris, Lambrick Par, SCR. --, Restall, Brendon, Oak Bay Seco, SCR.

Senior (open) Boys Finals - Boys 400 Meter Run

- 1, McKenzie, Sean, Dover Bay Do, 50.55.
- 2, Commandeur, Adam, Highland Seconda, 50.72.
- 3, Pollard, Eric, Mount Dougla, 51.52.
- 4, Farrar, Liam, Oak Bay Seco, 51.80.
- 5, deGroot, Andrew, Dover Bay Do, 53.75.
- 6, Morgan, Derek, Mount Dougla, 53.92.
- 7, Johnson, Kyle, Highland Seconda, 54.28.
- 8, Pike, Sergio, St. Michaels, 56.58.

Senior (open) Boys Preliminaries - Boys 800 Meter Run

- 1, Kennell, Liam, Oak Bay Seco, 2:01.95q.
- 2, Maguire, Seamus, Reynolds Sec, 2:02.44q.
- 3, Commandeur, Scott, Highland Seconda, 2:02.76q.
- 4, Johnson, Kyle, Highland Seconda, 2:04.02q.
- 5, Letkeman, Evan, Glenlyon Norfolk, 2:10.33q.
- 6, Oxland, Thomas, Dover Bay Do, 2:10.41q.
- 7, Viedas, Marco, Ballenas Sec, 2:14.08q.
- 8, McCue, Ryan, Lambrick Par, 2:14.83q.
- 9, Vajgel-Shedid, Ibrahim, St. Andrews', 2:16.07.
- 10, Rivera, Raffael, Mount Dougla, 2:22.08.
- 11, deClare, Mickey, Glenlyon Norfolk, 2:27.64.
- 12, Schneider, Colson, Ballenas Sec, 2:34.11.
- 13, Lunn, Gabe, St. Michaels, 2:36.29.
- 14, Young, Leo, Mount Dougla, 2:45.11.

Senior (open) Boys Finals - Boys 800 Meter Run

- 1, Maguire, Seamus, Reynolds Sec, 1:59.53.
- 2, Kennell, Liam, Oak Bay Seco, 2:00.91.
- 3, Oxland, Thomas, Dover Bay Do, 2:02.57.
- 4, Commandeur, Scott, Highland Seconda, 2:05.00.
- 5, Johnson, Kyle, Highland Seconda, 2:06.40.
- 6, Letkeman, Evan, Glenlyon Norfolk, 2:10.61.
- 7, Viedas, Marco, Ballenas Sec, 2:14.76.

Senior (open) Boys - Boys 1500 Meter Run

- 1, Kennell, Liam, Oak Bay Seco, 4:03.72.
- 2, Getty, Thomas, Mount Dougla, 4:05.75.
- 3, Oxland, Thomas, Dover Bay Do, 4:14.38.
- 4, Commandeur, Scott, Highland Seconda, 4:17.48.
- 5, Oxland, Peter, Dover Bay Do, 4:29.33.
- 6, Ullstrom, Haven, Timberline Secon, 4:35.68.

- 7, Saville, James, St. Andrews', 4:53.13.
- 8, How, Nathan, Mount Dougla, 4:54.30.
- 9, Vajgel-Shedid, Ibrahim, St. Andrews', 4:55.68.
- 10, Notley, Stephen, Dover Bay Do, 5:05.32.
- 11, Gray, Cyrus, Cowichan Sec, 5:11.66.
- 12, Schneider, Colson, Ballenas Sec, 5:21.15.
- 13, Day, Jacob, Duncan Chris, 5:32.02.
- 14, McNeill, Brandon, Cowichan Sec, 6:22.61.

Senior (open) Boys - Boys 3000 Meter Run

- 1, Getty, Thomas, Mount Douglas, 9:01.56.
- 2, DeSchiffart, Joel, Nanaimo Chri, 9:02.31.
- 3, Oxland, Peter, Dover Bay Do, 9:20.23.
- 4, Evans, Erik, Reynolds Sec, 9:40.46.
- 5, deClare, Mickey, Glenlyon Norfolk, 9:55.66.
- 6, Peacock, Drew, Reynolds Sec, 10:06.87.
- 7, How, Nathan, Mount Dougla, 10:39.42.
- 8, Notley, Stephen, Dover Bay Do, 10:56.01.
- 9, Lunn, Gabe, St. Michaels, 10:56.28.
- 10, Gray, Cyrus, Cowichan Sec, 11:29.10.
- 11, McNeill, Brandon, Cowichan Sec, 13:44.31.

Senior (open) Boys Preliminaries - Boys 4x100 Meter Relay

- 1, Oak Bay Secondary 'A' (Stockli, Grant , Woodcock, Nick , Farrar, Liam , Stewart, Crosby), 44.82Q.
- 2, Highland Secondary 'A' (Johnson, Kyle ,Commandeur, Scott ,Parker, Liam , Commandeur, Adam), 45.63Q.
- 3, Pacific Christian 'A' (Saphir, Levi , Chen-Mack, Nathan ,Jackson, Jake ,Langford, Cole), 45.72Q.
- 4, St. Andrews' Regional High Sch 'A' (Alexandre, Christopher Boyd, David , Johnson, Jason ,Fiocco, Dante), 46.83Q.
- 5, JoJohn Barsby High School 'A' 46.84q.
- 6, Dover Bay Dolphins 'A' (Betz, Adam , Johnston, B. ,Hsueh, Albert , Choi, K.), 47.40q.
- , St. Andrews' Regional High Sch 'B' (Minalynuk, Brendan , Tran, Anthony , Deron, Marcin , Machek, Chris), DQ.

Senior (open) Boys - Boys 4x400 Meter Relay

- 1, Highland Secondary 'A' (Johnson, Kyle , Commandeur, Scott , Parker, Liam , Commandeur, Adam), 3:32.11q.
- 2, Dover Bay Dolphins 'A' (Oxland, Peter , deGroot, Andrew , Oxland, Thomas , McKenzie, Sean), 3:37.00q.
- 3, Oak Bay Secondary 'A' (Kennell, Liam ,Taylor, Nick ,Woodcock, Nick ,Farrar, Liam), 3:39.00q.
- 4, Mount Douglas High School 'A' (Wolfe, Ben , Morgan, Derek,Getty, Thomas , Pollard, Eric), 3:42.56q.

- 5, St. Andrews' Regional High Sch 'A' (Alexandre, Christopher , Boyd, David , Saville, James , Johnson, Jason), 3:52.47q.
- 6, Oak Bay Secondary 'B' (Stewart, Crosby , Anderson, Matthew , Tucker, Dylan , Psocka, Simon), 4:15.19q.
- 7, St. Andrews' Regional High Sch 'B' (Fiocco, Dante , Tran, Anthony , Minalynuk, Brendan , Macheck, Chris), 4:15.97q.

Senior (open) Boys Finals - Boys 4x400 Meter Relay

- 1, Dover Bay Dolphins 'A' 3:28.44.
- 2, Highland Secondary 'A' 3:28.91.
- 3, Oak Bay Secondary 'A' 3:29.32.
- 4, Mount Douglas High School 'A' 3:31.04.
- 5, Oak Bay Secondary 'B' 3:46.16.
- 6, St. Andrews' Regional High Sch 'A' 3:54.08.
- 7, St. Andrews' Regional High Sch 'B' 4:31.64.

Senior (open) Boys - Boys 400 Meter Hurdles

- 1, Woodcock, Nick, Oak Bay Seco, 58.41.
- 2, Boyd, David, St. Andrews', 1:01.79.
- 3, Kirby, Will, Oak Bay Seco, 1:03.45.
- 4, Macheck, Chris, St. Andrews', 1:10.89.
- 5, Tran, Anthony, St. Andrews', 1:11.91.

Senior (open) Boys - Boys 2000 Meter Steeplechase

- 1, DeSchiffart, Joel, Nanaimo Chri, 6:02.44#.
- 2, Dunlop, Garrett, Dover Bay Do, 6:37.79.
- 3, Ullstrom, Haven, Timberline Secon, 6:41.06.
- 4, Peacock, Drew, Reynolds Sec, 7:02.64.
- 5, Saville, James, St. Andrews', 7:48.88.
- 6, Thierbach, Thomas, Reynolds Sec, 8:01.43.
- 7, Vajgel-Shedid, Ibrahim, St. Andrews', 8:05.99. --, McNeill, Brandon, Cowichan Sec, DNF. --, Maguire, Seamus, Reynolds Sec, DNF.

Senior (open) Boys - Boys 1500 Meter Race Walk

- 1, Gaby, Spencer, Parkland Seconda, 7:38.83.
- 2, Landells, Graham, Oak Bay Seco, 7:50.51.
- 3, Kuo, Kevin, Lambrick Par, 8:04.64.
- 4, Robinson, Fergie, CRCS, 10:04.31.
- 5, Liu, Ken, Lambrick Par, 10:15.31.

Senior (open) Boys - Boys 4x100 Meter Relay

- 1, Oak Bay Secondary 'A' 45.01.
- 2, Cowichan Secondary 'A' 45.45.
- 3, Highland Secondary 'A' 45.63.
- 4, Pacific Christian Secondary 'A' 45.92.
- 5, St Andrews Secondary 'A' 46.23.
- 6, JoJohn Barsby High School 'A' 46.75.
- 7, Dover Bay Secondary 'A' 47.64.
- 8, Lambrick Park Secondary 'A' 47.82.
- 9, CrCs 'A' 54.25.

Junior boys - Boys 400 Meter Run

- 1, Taylor, Nick, Oak Bay Seco, 52.28.
- 2, Komst, Zach, Cowichan Sec, 55.40.
- 3, Boroto, David, St. Michaels, 58.07.
- 4, Fukakusa, Adam, Chemainus Second, 59.64.

Event 10 Girls Shot Put Bantam Girls

Islands Rec:: # 14.04m 1985 Anne Morlano, AW Neil

Name Year School Finals Points

Finals

- 1 Knappett, Martina Dover Bay Do 8.56m 10
- 2 Liu, Jennifer Parkland Seconda 7.68m 8
- 3 Frederiksen, Mairina Mount Dougla 7.09m 6
- 4 Pringle, Annie Oak Bay Seco 6.62m 5
- 5 Lafayette, Angellica Oak Bay Seco 6.30m 4
- 6 Wilkins, Anna Reynolds Sec 6.26m 3
- 7 Money, Ireland Queen of Ang 5.84m 2
- 8 Harland, Veronica St. Andrews' 5.82m 1
- 9 Oliverow, Joei St. Andrews' 5.45m
- 10 Pimenta, Sarah Queen of Ang 5.14m
- 11 Vanderstap, Courtney Queen of Ang 5.11m

Event 11 Girls Discus Throw Bantam Girls

Islands Rec:: # 33.59m 1988 Georgina Newell, Oak Bay

Name Year School Finals Points

- 1 Liu, Jennifer Parkland Seconda 26.59m 10
- 2 Frederiksen, Mairina Mount Dougla 24.89m 8
- 3 Mar, Julianna Lambrick Par 24.61m 6
- 4 Smythe, Nicole Reynolds Sec 22.65m 5
- 5 Pringle, Annie Oak Bay Seco 21.13m 4
- 6 Knappett, Martina Dover Bay Do 20.12m 3
- 7 Lafayette, Angellica Oak Bay Seco 20.04m 2
- 8 Lee, Rosie Quamichan Middle 15.84m 1
- 9 Mahon, Sammie Queen of Ang 12.69m
- 10 Oliverow, Joei St. Andrews' 11.14m

Event 13 Girls Javelin Throw Bantam Girls

Islands Rec:: # 34.30m 2007 Cassy Stevens, Quamichan Middle

Name Year School Finals Points

- 1 Thomas, Jahniaa Oak Bay Seco 29.05m 10
- 2 Frederiksen, Mairina Mount Dougla 27.40m 8
- 3 Roskelley, Morgan Oak Bay Seco 26.97m 6
- 4 Danica, Cederberg Nanaimo Dist 24.19m 5
- 5 Tuck, Faye Dover Bay Do 24.07m 4
- 6 Vanderstap, Courtney Queen of Ang 15.60m 3

Event 14 Girls Long Jump Bantam Girls

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Islands Rec.: # 5.33m 1997 Natelee Ferreira, Colquitz
 Name Year School Finals Wind Points

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- 1 Willeboordse, Beta St. Michaels 4.70m NWI 10
- 2 Dobbyn, Amanda Dover Bay Do 4.57m NWI 8
- 3 Postle, Danika Oak Bay Seco 4.51m NWI 6
- 4 Psootka, Andrea Oak Bay Seco 4.48m NWI 5
- 5 Herring, Mikayla Dover Bay Do 4.24m NWI 4
- 6 Cook, Mikayla Duncan Chris 4.21m NWI 3
- 7 Zapotoczry, Ania St. Andrews' 4.10m NWI 2
- 8 Rattigan, Asia Oak Bay Seco 4.00m NWI 1
- 9 Graham-Shewish, Enya Alberni Dist 3.97m NWI
- 10 Liu, Jennifer Parkland Seconda 3.91m NWI
- 11 Thomas, Kate Dover Bay Do 3.70m NWI
- 12 dicarlo, christina Frances Kelsey S 3.68m NWI
- 13 Cosgrove, Imogen Mount Dougla 3.64m NWI
- 14 Rasmussen, Danika Dover Bay Do x3.52m NWI
- 15 Dodsworth, Olivia Queen of Ang 3.30m NWI

Event 15 Girls Triple Jump Bantam Girls

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Islands Rec.: # 10.86m 1989 Liz Morland, Cedar Hill
 Name Year School Finals Wind Points

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- 1 Jerome, Rachel Ladysmith Second 10.39m NWI 10
- 2 Dobbyn, Amanda Dover Bay Do 9.88m NWI 8
- 3 Postle, Danika Oak Bay Seco 9.83m NWI 6

- 4 Ashcroft, Madison Phoenix 9.24m NWI 5
- 5 Kaiser, Emma Mount Prevos 9.04m NWI 4
- 6 Jory, Robin Quamichan Middle 8.92m NWI 3
- 7 Zapotoczry, Ania St. Andrews' 8.74m NWI 2
- 8 Rattigan, Asia Oak Bay Seco 8.60m NWI 1
- 9 Graham-Shewish, Enya Alberni Dist 8.26m NWI
- 10 Sullivan, Felicia St. Andrews' 8.22m NWI
- 11 Isberg, Maria St. Andrews' 8.13m NWI
- 12 Cosgrove, Imogen Mount Dougla 7.97m NWI
- 13 Pimenta, Sarah Queen of Ang 7.01m NWI

Event 16 Girls High Jump Bantam Girls

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Islands Rec:: # 1.60m 2006 Nikki Jackson, Claremont

Name Year School Finals Points

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- 1 Postle, Danika Oak Bay Seco 1.50m 10
- 2 Thomas, Kate Dover Bay Do 1.35m 8
- 3 Buerger, Inka Oak Bay Seco J1.35m 6
- 4 Dodsworth, Olivia Queen of Ang J1.35m 5
- 5 Herring, Mikayla Dover Bay Do 1.30m 4
- 6 Fenjin, Fluer Oak Bay Seco J1.30m 3
- 7 Wheeler, Olivia Reynolds Sec J1.30m 2
- 8 Saville, Emily St. Andrews' 1.25m 0.50
- 8 Lee, Rosie Quamichan Middle 1.25m 0.50
- 9 Wilkins, Anna Reynolds Sec J1.25m

Event 18 Girls Pole Vault Bantam Girls

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Islands Rec:: # 2.60m 2000 Carly Hadfield, Oak Bay

Name Year School Finals Points

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- 1 Bon, Katy Oak Bay Seco 1.95m 10
- 2 Fenjin, Fluer Oak Bay Seco J1.95m 8
- 3 Mitchell, Nika Oak Bay Seco xJ1.95m
- 4 Preston, Julia Oak Bay Seco J1.95m 6
- Rattigan, Asia Oak Bay Seco NH

Event 30 Girls Shot Put Junior girls

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Islands Rec:: # 14.15m 1985 Nicole Munro, Brooks

Name Year School Finals Points

- =====
- 1 Gunter, Carly vanier 8.45m 10
 - 2 Erving, Amy Reynolds Sec 7.62m 8
 - 3 Ferguson, Sara Cowichan Sec 6.73m 6
 - 4 Gomez, Marian Oak Bay Seco 6.53m 5
 - 5 Korberg, Claire Oak Bay Seco 5.77m 4
 - 6 Reid, Patricia Oak Bay Seco 5.45m 3

Event 31 Girls Discus Throw Junior girls

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Islands Rec:: # 36.50m 1978 Anne Marie Crawford, Oceanview

Name Year School Finals Points

- =====
- 1 Vandermale, Sydney vanier 29.08m 10
 - 2 Morrison, Chloe Lambrick Par 25.55m 8
 - 3 Gunter, Carly vanier 21.51m 6
 - 4 Briggs, Gillian Oak Bay Seco 18.05m 5
 - 5 Korberg, Claire Oak Bay Seco 16.65m 4

Event 33 Girls Javelin Throw Junior girls

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Islands Rec:: # 38.24m 1999 Roslyn Lundeen, Claremont

Name Year School Finals Points

- =====
- 1 Gunter, Carly vanier 25.48m 10
 - 2 Kennedy, Heather Alberni Dist 22.91m 8
 - 3 Erving, Amy Reynolds Sec 21.84m 6
 - 4 Thorsteinsdottir, Isabel Dover Bay Do 18.99m 5
 - 5 Kelly, Sophie Oak Bay Seco 17.57m 4
 - 6 Turner, Kinna Oak Bay Seco 16.08m 3

Event 34 Girls Long Jump Junior girls

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Islands Rec:: # 5.45m 1984 Sherry Collins, G P Vanier

Name Year School Finals Wind Points

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- 1 Johnson, Kathryn Reynolds Sec 4.46m NWI 10
- 2 Perry, Brianna Mount Dougla 4.22m NWI 8
- 3 Adams, Emily Chemainus Second 4.12m NWI 6
- 4 Wong-Harrison, Stephanie St. Michaels 4.10m NWI 5
- 5 Niketas, Kristina Victoria High Sc 4.09m NWI 4
- 6 Lee, Charissa Duncan Chris 4.00m NWI 3
- 7 Duncan, Jessica Oak Bay Seco 3.72m NWI 2
- 8 Kelly, Jane Oak Bay Seco 3.64m NWI 1
- 9 Kennedy, Heather Alberni Dist 3.59m NWI

Event 35 Girls Triple Jump Junior girls

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Islands Rec:: # 10.65m 2001 Jennifer Rogers, Ballenas
 Name Year School Finals Wind Points

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====

- 1 Niketas, Kristina Victoria High Sc 9.16m NWI 10
- 2 Kelly, Sophie Oak Bay Seco 8.83m NWI 8
- 3 Kennedy, Heather Alberni Dist 8.46m NWI 6
- 4 Lee, Charissa Duncan Chris 8.45m NWI 5
- 5 Thorsteinsdottir, Isabel Dover Bay Do 8.10m NWI 4
- 6 Gomez, Marian Oak Bay Seco 8.05m NWI 3
- 7 Majore, Brooke Alberni Dist 7.31m NWI 2
- 8 Kuo, Tiffany Lambrick Par 6.59m NWI 1

Event 36 Girls High Jump Junior girls

=====

Islands Rec:: # 1.67m 1979 Pat Wellman, Cedar Hill

Name Year School Finals Points

=====

- 1 Gordy, Alicia Belmont Seco 1.38m 10
- 2 Spence, Olivia Oak Bay Seco 1.30m 7
- 2 van Tassel, Allie Oak Bay Seco 1.30m 7
- 4 Nielson, Samantha Oak Bay Seco 1.25m 5
- 5 Reid, Patricia Oak Bay Seco xJ1.25m

Event 50 Girls Shot Put Senior (open) Girls

=====

Islands Rec:: # 12.42m 1981 Connie Pulman-Tuin, Max Cameron

Name Year School Finals Points

- 1 esser, agnes Frances Kelsey S 12.22m 10
- 2 Sudie, Momoh Pacific Chri 9.46m 8
- 3 Hanson, Katie Oak Bay Seco 8.58m 6
- 4 Fontaine, Alexandra Dover Bay Do 8.27m 5
- 5 Lambeth, Jillian Belmont Seco 7.95m 4
- 6 Neville-Rutherford, Cour Parkland Seconda 7.91m 3
- 7 Bradley, Alexis Alberni Dist 7.90m 2
- 8 Koloska, Emma Oak Bay Seco 7.71m 1
- 9 Thomson, Emma Oak Bay Seco 7.61m
- 10 Harder, Kylie Dover Bay Do 7.30m
- 11 Kaiser, Hannah Reynolds Sec 7.18m
- 12 Leigh, Richardson Nanaimo Dist 7.00m
- 13 Barefoot, Katelynn vanier 6.39m
- 14 Van Vliet, Morgan Alberni Dist 5.96m
- 15 Downey, Madison CRCS 5.18m

Event 51 Girls Discus Throw Senior (open) Girls

Islands Rec:: # 40.17m 2006 Laura Mcauley, Alberni District

Name Year School Finals Points

- 1 esser, agnes Frances Kelsey S 36.48m 10
- 2 Koloska, Emma Oak Bay Seco 31.13m 8
- 3 Cote, Addie Stellys Secondar 30.88m 6
- 4 Kaiser, Hannah Reynolds Sec 30.02m 5
- 5 Gmitroski, Krysta Lambrick Par 29.81m 4
- 6 Mills, Emily Oak Bay Seco 24.18m 3
- 7 Bradley, Alexis Alberni Dist 23.79m 2
- 8 Goodmanson, Sheriden Lambrick Par 22.51m 1
- 9 Barefoot, Katelynn vanier 21.66m
- 10 Taylor, Jade Reynolds Sec 20.69m
- 11 Frame, Emily Oak Bay Seco 20.02m
- 12 Groenendijk, Megan Duncan Chris 19.06m
- 13 Katelic, Lindsay Oak Bay Seco x18.85m
- 14 Stockton, Parris Cowichan Sec 18.10m
- 15 Beckett, Janelle Alberni Dist 17.93m
- 16 Van Vliet, Morgan Alberni Dist 17.89m
- 17 Downey, Madison CRCS 15.92m
- 18 Coetzee, Adeline CRCS 14.98m

19 Atsma, Adara Duncan Chris 14.20m
20 Wikkerink, Jess Duncan Chris 12.50m
21 Hsueh, Amy Dover Bay Do 12.02m

Event 53 Girls Javelin Throw Senior (open) Girls

=====
Islands Rec:: # 49.30m 2001 Roslyn Lundeen, Claremont

Name Year School Finals Points
=====

1 Vandermale, Emalee vanier 33.85m 10
2 Fontaine, Alexandra Dover Bay Do 33.60m 8
3 Dickson, Laura Oak Bay Seco 33.55m 6
4 Wams, Rachel Reynolds Sec 32.17m 5
5 Neville-Rutherford, Cour Parkland Seconda 26.57m 4
6 Cote, Addie Stellys Secondar 26.01m 3
7 Stockton, Parris Cowichan Sec 24.88m 2
8 Buxcey, Sam Oak Bay Seco 24.86m 1
9 Kaiser, Hannah Reynolds Sec 24.51m
10 Coulter, Rebecca St. Margaret 23.49m
11 Clark, Dayna Oak Bay Seco 22.82m
12 Barefoot, Katelynn vanier 16.23m

Event 54 Girls Long Jump Senior (open) Girls

=====
Islands Rec:: # 5.85m 2009 Aleisha Cobb, Claremont

Name Year School Finals Wind Points
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=====
1 Kennedy, Renee Frances Kelsey S 5.01m NWI 10
2 Akehurst, Ayla Carihi Secondary 4.94m NWI 8
3 Neville-Rutherford, Kim Parkland Seconda 4.93m NWI 6
4 Koblun, Megan Belmont Seco 4.84m NWI 5
5 Worthy, Kate Reynolds Sec 4.61m NWI 4
6 Carrothers, Katie Reynolds Sec 4.55m NWI 3
7 Kavelaars, Ruth Ann Mount Dougla 4.51m NWI 2
8 baker, tia Frances Kelsey S 4.46m NWI 1
9 Gix, Eryn Duncan Chris 4.35m NWI
10 Tarlit, Jamie Pacific Chri 4.31m NWI
11 Kiggundu, Ethel St. Michaels 4.30m NWI

- 12 Scholes, Olivia St. Andrews' 4.27m NWI
- 13 Martin, Violeta Dover Bay Do 4.25m NWI
- 14 Hoang, Jade Dover Bay Do 3.92m NWI
- 15 Taft, Hanna St. Andrews' 3.88m NWI
- 16 Wickens, Anna CRCS 3.71m NWI
- 17 Tottenham, Cierra Alberni Dist 3.64m NWI
- 18 Bruce, Amy Reynolds Sec 3.63m NWI
- 19 Kindy-Olesen, Oksanna CRCS 3.61m NWI
- 20 Nadig, Alexx Alberni Dist 2.92m NWI

Event 55 Girls Triple Jump Senior (open) Girls

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Islands Rec.: # 11.70m 2006 Katie Gallagher, GP Vanier
 Name Year School Finals Wind Points

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- 1 Akehurst, Ayla Carihi Secondary 11.60m NWI 10
- 2 Koblun, Megan Belmont Seco 10.59m NWI 8
- 3 vanTassell, Heather Oak Bay Seco 10.23m NWI 6
- 4 Kavelaars, Ruth Ann Mount Dougla 10.13m NWI 5
- 5 Johnson, Kathryn Reynolds Sec 10.05m NWI 4
- 6 Willeboordse, Beta St. Michaels 9.86m NWI 3
- 7 Scholes, Olivia St. Andrews' 9.38m NWI 2
- 8 Lambeth, Jillian Belmont Seco 9.12m NWI 1
- 9 Young, Kelly Oak Bay Seco 8.86m NWI
- 10 Atsma, Adara Duncan Chris 7.51m NWI
- 11 Hsueh, Amy Dover Bay Do 6.66m NWI
- 12 Tottenham, Cierra Alberni Dist 6.45m NWI
- 13 Nadig, Alexx Alberni Dist 6.37m NWI
- Simpson, Josephine Carihi Secondary FOUL
- Carrothers, Katie Reynolds Sec FOUL

Event 56 Girls High Jump Senior (open) Girls

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Islands Rec.: # 1.75m 2008 Holly Parent, Reynolds
 Name Year School Finals Points

=====

- 1 Neville-Rutherford, Kim Parkland Seconda 1.65m 10
- 2 Eccleston, Kiah Oak Bay Seco 1.45m 8

- 3 Tarlit, Jamie Pacific Chri 1.40m 6
- 4 Wickens, Anna CRCS 1.30m 5
- 5 Katelic, Lindsay Oak Bay Seco 1.25m 4
- 6 Fontaine, Alexandra Dover Bay Do 1.20m 3

Event 57 Girls Hammer Throw Senior (open) Girls

=====
 Islands Rec:: # 49.55m 2006 Emma Maccorquodale, Dover Bay
 Name Year School Finals Points
 =====

- 1 Neville-Rutherford, Cour Parkland Seconda 44.02m 10
- 2 Gmitroski, Krysta Lambrick Par 34.88m 8
- 3 Vandermale, Sydney vanier 27.66m 6
- 4 Bradley, Alexis Alberni Dist 26.66m 5
- 5 Van Vliet, Morgan Alberni Dist 23.73m 4
- 6 Morrison, Chloe Lambrick Par 19.25m 3
- 7 Sara, Ferugson Cowichan Seconda 17.84m 2

Event 58 Girls Pole Vault Senior (open) Girls

=====
 Islands Rec:: # 3.60m 2010 Hannah Swift, Mt. Doug
 Name Year School Finals Points
 =====

- 1 Cole, Lindsay Mount Dougla 2.92m 10
- 2 Craig, Rianne Oak Bay Seco 2.65m 8
- 3 Psootka, Andrea Oak Bay Seco 2.15m 6
- Dickinson, Holly Mount Dougla NH
- Love, Daphne Oak Bay Seco NH

Event 100 Girls 80 Meter Hurdles Bantam Girls

=====
 Islands Rec:: # 12.40 2003 Rosie Deboef, Pacific Christian
 Name Year School Finals Wind H# Points
 =====

- 1 Bains, Chicago Quamichan Middle 12.16# NWI 1 10
- 2 Psootka, Andrea Oak Bay Seco 13.52 NWI 1 8
- 3 Manness, Jessica Oak Bay Seco 14.03 NWI 1 6
- 4 Preston, Julia Oak Bay Seco 14.86 NWI 2 5

- 5 Clark, Julia EJ Dunn 15.06 NWI 2 4
- 6 Saville, Emily St. Andrews' 15.19 NWI 2 3
- 7 McFall, Natalie St. Andrews' 15.20 NWI 2 2
- 8 May, Kyla Phoenix 15.59 NWI 1 1
- 9 Grove, Camila St. Andrews' 16.31 NWI 2
- 10 Graham-Shewish, Enya Alberni Dist 16.45 NWI 2

Event 101 Girls 100 Meter Dash Bantam Girls

=====
 Islands Rec:: # 12.44 1989 Margaret Fonger, St. Michaels

Name Year School Prelims Wind H#
 =====

Preliminaries

- 1 Smiley, Taryn Mount Prevos 12.79Q NWI 1
- 2 Bains, Chicago Quamichan Middle 13.10Q NWI 2
- 3 Cater, Hannah Oak Bay Seco 13.15Q NWI 3
- 4 Morton, Tayler Highland Seconda 13.17Q NWI 3
- 5 Cook, Mikayla Duncan Chris 13.32Q NWI 2
- 6 Pearse, Olivia St. Andrews' 13.43Q NWI 1
- 7 Cave, Nicole Mount Dougla 13.44q NWI 2
- 8 Clark, Julia EJ Dunn 13.50q NWI 1
- 9 Kaiser, Emma Mount Prevos 13.53 NWI 2
- 10 Kate, Noble Pacific Chri 13.62 NWI 3
- 11 May, Kyla Phoenix 13.76 NWI 1
- 12 Valerio, Avery Nanaimo Dist 13.78 NWI 1
- 13 Shokoya, Kenny St. Michaels 13.90 NWI 1
- 14 Knappett, Martina Dover Bay Do 13.92 NWI 2
- 15 Willeboordse, Beta St. Michaels 14.06 NWI 3
- 16 Gluns, Calyn Lambrick Par 14.26 NWI 3
- 17 Phillips, Shayla Highland Seconda 14.37 NWI 3

Event 101 Girls 100 Meter Dash Bantam Girls

=====
 Islands Rec:: # 12.44 1989 Margaret Fonger, St. Michaels

Name Year School Finals Wind Points
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=====
 Finals

- 1 Bains, Chicago Quamichan Middle 12.92 NWI 10

- 2 Cater, Hannah Oak Bay Seco 12.93 NWI 8
- 3 Morton, Tayler Highland Seconda 13.05 NWI 6
- 4 Smiley, Taryn Mount Prevos 13.08 NWI 5
- 5 Cook, Mikayla Duncan Chris 13.11 NWI 4
- 6 Cave, Nicole Mount Dougla 13.42 NWI 3
- 7 Pearse, Olivia St. Andrews' 13.44 NWI 2
- 8 Kaiser, Emma Mount Prevos 13.79 NWI 1

Event 102 Girls 200 Meter Dash Bantam Girls

=====
 Islands Rec:: # 25.63 2003 Anastasia Pearse, St. Andrews
 Name Year School Prelims Wind H#
 =====

Preliminaries

- 1 Smiley, Taryn Mount Prevos 26.81Q NWI 1
- 2 Heyd, Casey Quamichan Middle 27.18Q NWI 2
- 3 Pearse, Olivia St. Andrews' 27.96Q NWI 3
- 4 Cater, Hannah Oak Bay Seco 27.43q NWI 2
- 5 Kate, Noble Pacific Chri 28.22q NWI 3
- 6 Valerio, Avery Nanaimo Dist 28.30q NWI 1
- 7 Morton, Tayler Highland Seconda 28.36q NWI 2
- 8 May, Kyla Phoenix 28.70q NWI 2
- 9 McFall, Natalie St. Andrews' 29.16 NWI 3
- 10 Phillips, Shayla Highland Seconda 29.24 NWI 1
- 11 Gibbs, Emma St. Andrews' 29.63 NWI 1
- 12 Shokoya, Kenny St. Michaels 30.19 NWI 3
- 13 Gluns, Calyn Lambrick Par 30.85 NWI 1
- 14 Nesselbeck, Leah Wellington Secon 31.44 NWI 3

Event 102 Girls 200 Meter Dash Bantam Girls

=====
 Islands Rec:: # 25.63 2003 Anastasia Pearse, St. Andrews
 Name Year School Finals Wind Points
 =====

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 Finals

- 1 Smiley, Taryn Mount Prevos 26.63 NWI 10
- 2 Heyd, Casey Quamichan Middle 26.72 NWI 8
- 3 Cater, Hannah Oak Bay Seco 26.93 NWI 6

- 4 Pearse, Olivia St. Andrews' 27.29 NWI 5
- 5 Kate, Noble Pacific Chri 27.78 NWI 4
- 6 Valerio, Avery Nanaimo Dist 27.98 NWI 3
- 7 Morton, Tayler Highland Seconda 28.22 NWI 2
- 8 May, Kyla Phoenix 28.59 NWI 1

Event 103 Girls 400 Meter Run Bantam Girls

=====

Islands Rec:: # 57.94 1995 Jenna Lock, Lansdowne
 Name Year School Prelims H#

=====

Preliminaries

- 1 Pynn, Jenaya Wellington Secon 1:00.06Q 1
- 2 Mousseau, Alyssa Wellington Secon 1:02.22Q 2
- 3 Jory, Robin Quamichan Middle 1:03.66Q 2
- 4 Freedman, Abbey Nanaimo Dist 1:03.75Q 1
- 5 Whitaker, Emily Quamichan Middle 1:05.82Q 1
- 6 Manness, Jessica Oak Bay Seco 1:05.87Q 2
- 7 Preston, Julia Oak Bay Seco 1:07.03q 1
- 8 Haggard, Tatianna John Stubbs 1:07.89q 1
- 9 Bon, Katy Oak Bay Seco 1:09.25 2
- 10 Fillipone, Cecilia St. Andrews' 1:09.68 2
- 11 Gibbs, Emma St. Andrews' 1:10.41 2

Event 103 Girls 400 Meter Run Bantam Girls

=====

Islands Rec:: # 57.94 1995 Jenna Lock, Lansdowne
 Name Year School Finals Points

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Finals

- 1 Pynn, Jenaya Wellington Secon 1:00.63 10
- 2 Mousseau, Alyssa Wellington Secon 1:02.12 8
- 3 Jory, Robin Quamichan Middle 1:03.81 5.50
- 3 Freedman, Abbey Nanaimo Dist 1:03.81 5.50
- 5 Manness, Jessica Oak Bay Seco 1:05.57 4
- 6 Preston, Julia Oak Bay Seco 1:07.38 3
- 7 Haggard, Tatianna John Stubbs 1:07.44 2
- 8 Whitaker, Emily Quamichan Middle 1:08.17 1

Event 104 Girls 800 Meter Run Bantam Girls

Islands Rec.: # 2:14.82 1990 Shannon Bowles, Claremont

Name Year School Finals Points

- 1 Pynn, Jenaya Wellington Secon 2:20.27 10
- 2 Freedman, Abbey Nanaimo Dist 2:32.37 8
- 3 Manness, Jessica Oak Bay Seco 2:34.95 6
- 4 Williams, Joanna CRCS 2:37.85 5
- 5 Arnold, Sam Dover Bay Do 2:39.03 4
- 6 Casciola, Amelia Stellys Secondar 2:44.48 3
- 7 Lafayette, Angellica Oak Bay Seco 2:49.48 2
- 8 Fontana, Mariah Mount Prevos 2:50.62 1
- 9 Lapinski, Emily St. Andrews' 2:51.90
- 10 DeCastro, Catalina St. Andrews' 3:08.41
- 11 Sullivan, Felicia St. Andrews' 3:17.39

Event 105 Girls 1500 Meter Run Bantam Girls

Islands Rec.: # 4:47.38 2011 Miryam Bassett, Nanaimo District

Name Year School Finals Points

- 1 Morris, Amy Wellington Secon 5:06.34 10
- 2 Kazanowski, Sophia Mount Dougla 5:09.77 8
- 3 Arensen, Farisha Mount Dougla 5:15.13 6
- 4 Gilchrist, Abigail Nanaimo Dist 5:19.73 5
- 5 Williams, Joanna CRCS 5:22.84 4
- 6 Haggard, Tatianna John Stubbs 5:25.18 3
- 7 Casciola, Amelia Stellys Secondar 5:28.07 2
- 8 Stevens, Karli Duncan Chris 5:33.16 1
- 9 Mazza, Anna Oak Bay Seco 5:33.17
- 10 Dickenson, Hayley Wellington Secon 5:43.96
- 11 Geneau, Grace St. Andrews' 6:04.24
- Goodman, Kelsey Quamichan Middle DNF

Event 106 Girls 3000 Meter Run Bantam Girls

Islands Rec.: # 10:21.76 2011 Maria DeSchiffart, Nanaimo Christian

Name Year School Finals Points

- 1 Roskelley, Morgan Oak Bay Seco 11:17.83 10
- 2 Morris, Amy Wellington Secon 11:19.44 8
- 3 Arensen, Farisha Mount Dougla 11:25.96 6
- 4 Casciola, Amelia Stellys Secondar 11:34.17 5
- 5 Haggard, Tatianna John Stubbs 11:39.86 4
- 6 Gilchrist, Abigail Nanaimo Dist 11:51.99 3
- 7 McCart, Emily St. Andrews' 13:50.78 2
- 8 Anderson, Lyric Alberni Dist 13:52.84 1

Event 107 Girls 4x100 Meter Relay Bantam Girls

=====

Islands Rec:: # 51.40 2006 , Claremont
 School Finals Points

=====

- 1 Quamichan Middle School 'A' 51.90 10
- 1) Bains, Chicago 2) Corrish, Beth
- 3) Heyd, Casey 4) Poirier, Olivia
- 2 Mount Douglas High School 'A' 53.46 8
- 1) Yoshida, Kaya 2) Kazanowski, Sophia
- 3) DeArmond, Alexis 4) Cave, Nicole
- 3 Mount Prevost Middle School 'A' 54.12 6
- 1) Smiley, Taryn 2) Fontana, Mariah
- 3) Kaiser, Emma 4) Roscoe, Courtney
- 4 Oak Bay Secondary 'A' 54.48 5
- 1) Preston, Julia 2) Franz, Erin
- 3) Felizardo, Nicole 4) Psocka, Andrea
- 5 Dover Bay Dolphins 'A' 56.59 4
- 1) Knappett, Martina 2) Rasmussen, Danika
- 3) Herring, Mikayla 4) Thomas, Kate
- 6 Wellington Secondary 'A' 1:01.79 3
- 1) Mousseau, Alyssa 2) Nesselbeck, Leah
- 3) Noshkin, Hayley 4) Pynn, Jenaya
- St. Andrews' Regional High Sch 'B' DQ
- 1) Fillipone, Cecilia 2) Goodfellow, Natasha
- 3) Saville, Emily 4) Schlatter, Sarah
- Quamichan Middle School 'B' DQ
- 1) Gerard, Kailey 2) McLeod, Sarah
- 3) Whitaker, Emily 4) Jory, Robin
- St. Andrews' Regional High Sch 'A' DQ
- 1) Pearse, Olivia 2) Gibbs, Emma
- 3) Grove, Camila 4) McFall, Natalie

Event 108 Girls 4x400 Meter Relay Bantam Girls

Islands Rec:: # 4:16.60 1990 , Courtenay Jr.

School Finals Points

- 1 Oak Bay Secondary 'A' 4:27.63 10
1) Manness, Jessica 2) Bon, Katy
3) Psotka, Andrea 4) Cater, Hannah
2 Mount Douglas High School 'A' 4:33.73 8
1) Yoshida, Kaya 2) Arensen, Farisha
3) Kazanowski, Sophia 4) DeArmond, Alexis
3 Quamichan Middle School 'A' 4:35.68 6
1) Goodman, Kelsey 2) Jory, Robin
3) McLeod, Sarah 4) Whitaker, Emily
4 Dover Bay Dolphins 'A' 4:37.05 5
1) Rasmussen, Danika 2) Dobbyn, Amanda
3) Tuck, Faye 4) Arnold, Sam
5 St. Andrews' Regional High Sch 'A' 4:38.25 4
1) Grove, Camila 2) Gibbs, Emma
3) McFall, Natalie 4) Pearse, Olivia
6 Oak Bay Secondary 'B' 4:53.15 3
1) Buerger, Inka 2) Felizardo, Nicole
3) Tucker, Katie 4) Preston, Julia
7 St. Andrews' Regional High Sch 'B' 4:57.19 2
1) Saville, Emily 2) Goodfellow, Natasha
3) Schlatter, Sarah 4) Phillipone, Cecilia

Event 109 Girls 300 Meter Hurdles Bantam Girls

Islands Rec:: # 48.73 2011 Jordyn Piercy, St Andrews

Name Year School Finals Points

- 1 Cater, Hannah Oak Bay Seco 50.24 10
2 McFall, Natalie St. Andrews' 52.77 8
3 Bon, Katy Oak Bay Seco 54.09 6
4 Saville, Emily St. Andrews' 58.26 5

Event 110 Girls 1500 Meter Steeplechase Bantam Girls

Name Year School Finals Points

=====

1 Williams, Joanna CRCS 5:57.42 10

Event 111 Girls 1500 Meter Race Walk Bantam Girls

=====

Islands Rec:: # 8:20.62 2010 Aimee Henderson

, Oak Bay

Name Year School Finals Points

=====

1 Sousa, Mikayla St. Andrews' 10:03.63 10

2 Brindle, Sophie Oak Bay Seco 10:07.63 8

Event 300 Girls 80 Meter Hurdles Junior girls

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Islands Rec:: # 11.94 1986 Anna Morsdell, Alberni District

Name Year School Finals Wind Points

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====

1 van Tassel, Allie Oak Bay Seco 14.32 NWI 10

2 Robillard, Christine St. Michaels 15.11 NWI 8

3 Wong-Harrison, Stephanie St. Michaels 15.39 NWI 6

4 Wilmer, Robin Oak Bay Seco 15.49 NWI 5

5 Reid, Morgan Oak Bay Seco 15.69 NWI 4

6 Majore, Brooke Alberni Dist 17.40 NWI 3

– Gomez, Marian Oak Bay Seco X15.11 NWI

– Duncan, Jessica Oak Bay Seco X15.13 NWI

Event 301 Girls 100 Meter Dash Junior girls

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Islands Rec:: # 12.24 1978 Joanne Rogers, Courtenay Jr

Name Year School Finals Wind Points

=====

====

1 Perry, Brianna Mount Dougla 13.16 NWI 10

2 Carr, Delaney Mark R. Isfe 13.32 NWI 8

3 Cole, Lindsay Mount Dougla 13.49 NWI 6

4 Hjermstead, Carmen Belmont Seco 13.64 NWI 5

5 Lira, Liz Oak Bay Seco 13.73 NWI 4

6 van Tassel, Camille Oak Bay Seco 13.74 NWI 3
7 Nguyen, Vienna Belmont Seco 13.92 NWI 2
8 Spence, Olivia Oak Bay Seco 14.03 NWI 1

Event 302 Girls 200 Meter Dash Junior girls

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=====
Islands Rec:: # 25.54 1978 Joanne Rogers, Courtenay Jr.
Name Year School Finals Wind Points

=====
=====
1 van Tassel, Camille Oak Bay Seco 27.52 NWI 10
2 Carr, Delaney Mark R. Isfe 28.08 NWI 8
3 Woods, Laura St. Michaels 28.44 NWI 6
4 Nguyen, Vienna Belmont Seco 29.24 NWI 5
5 Cole, Lindsay Mount Dougla 29.48 NWI 4
6 Spence, Olivia Oak Bay Seco 29.55 NWI 3
7 Warren, Thea Stellys Secondar 30.63 NWI 2
8 Majore, Brooke Alberni Dist 32.88 NWI 1

Event 303 Girls 400 Meter Run Junior girls

=====
=====
Islands Rec:: # 56.34 1971 Bev Cox, Central Jr
Name Year School Finals Points

=====
=====
1 van Tassel, Camille Oak Bay Seco 1:02.43 10
2 Woods, Laura St. Michaels 1:04.12 8
3 Robillard, Christine St. Michaels 1:07.14 6
4 Kelly, Sophie Oak Bay Seco 1:09.56 5
5 Kelly, Jane Oak Bay Seco 1:09.96 4
6 Grey, Emily Dover Bay Do 1:11.10 3

Event 304 Girls 800 Meter Run Junior girls

=====
=====
Islands Rec:: # 2:14.80 1979 Pat Wellman, Cedar Hill
Name Year School Finals Points

=====
=====
1 Briggs, Gillian Oak Bay Seco 2:36.58 10
2 Wong-Harrison, Stephanie St. Michaels 2:38.01 8
3 Adams, Emily Chemainus Second 2:45.94 6

4 Grey, Emily Dover Bay Do 2:48.27 5
5 Turner, Kinna Oak Bay Seco 2:51.70 4

Event 307 Girls 4x100 Meter Relay Junior girls

=====
Islands Rec:: # 50.34 1971 , Central Jr
School Finals Points

=====
1 Oak Bay Secondary 'A' 53.70 10
1) Duncan, Jessica 2) Lira, Liz
3) Spence, Olivia 4) van Tassel, Camille
2 Oak Bay Secondary 'B' 57.16 8
1) Nielson, Samantha 2) Kelly, Sophie
3) Reid, Patricia 4) Wilmer, Robin

Event 308 Girls 4x400 Meter Relay Junior girls

=====
Islands Rec:: # 3:57.70 1994 , Dunsmuir
School Finals Points

=====
1 Oak Bay Secondary 'A' 4:39.61 10
1) Kelly, Sophie 2) Lira, Liz
3) van Tassel, Allie 4) van Tassel, Camille

Event 309 Girls 300 Meter Hurdles Junior girls

=====
Islands Rec:: # 48.47 2011 Rianne Craig, Oak Bay
Name Year School Finals Points

=====
1 Robillard, Christine St. Michaels 50.93 10
2 Lira, Liz Oak Bay Seco 51.20 8
3 van Tassel, Allie Oak Bay Seco 52.37 6
4 Wilmer, Robin Oak Bay Seco 55.90 5
5 Reid, Morgan Oak Bay Seco x58.23

Event 310 Girls 1500 Meter Steeplechase Junior girls

=====
Name Year School Finals Points
=====

- 1 Gregson, Martina Mount Dougla 6:47.30 10
- 2 Tsai, Melody Mount Dougla 7:05.69 8

Event 311 Girls 1500 Meter Race Walk Junior girls

=====
Islands Rec:: # 6:59.10 2001 Megan Huzzey, Belmont
Name Year School Finals Points
=====

- 1 Korberg, Claire Oak Bay Seco 9:31.10 10
- 2 Turner, Kinna Oak Bay Seco 9:46.18 8
- 3 Reid, Morgan Oak Bay Seco 9:57.82 6
- Kuo, Tiffany Lambrick Par DQ

Event 500 Girls 100 Meter Hurdles Senior (open) Girls

=====
Islands Rec:: # 14.74 1996 Trisha Blair, Oak Bay
Name Year School Finals Wind Points
=====

- 1 Neville-Rutherford, Kim Parkland Seconda 15.79 NWI 10
- 2 Piercy, Jordyn St. Andrews' 16.61 NWI 8
- 3 Gibbs, Sarah St. Andrews' 16.80 NWI 6
- 4 Worthy, Kate Reynolds Sec 16.84 NWI 5
- 5 Wickens, Anna CRCS 17.76 NWI 4
- 6 Winkel, Megan Dover Bay Do 19.53 NWI 3
- Scott, Lexie Oak Bay Seco DQ NWI

Event 501 Girls 100 Meter Dash Senior (open) Girls

=====
Islands Rec:: # 12.21 2009 Aleisha Cobb, Claremont
Name Year School Prelims Wind H#
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Preliminaries

- 1 baker, tia Frances Kelsey S 12.64Q NWI 2
- 2 Sudie, Momoh Pacific Chri 12.69Q NWI 1
- 3 Cross, Mary-Kate Frances Kelsey S 12.78Q NWI 3
- 4 Eccleston, Kiah Oak Bay Seco 12.81Q NWI 3
- 5 Kennedy, Renee Frances Kelsey S 12.89Q NWI 2
- 6 Neale, Bree Oak Bay Seco 12.96Q NWI 1

7 Dickinson, Holly Mount Dougla 13.15q NWI 3
8 Christie, Jamie St. Andrews' 13.19q NWI 1
9 Craig, Rianne Oak Bay Seco 13.65q NWI 1
10 Hannah, Jillian Dover Bay Do 13.72 NWI 3
11 Benzanson, Haley Mark R. Isfe 13.78 NWI 3
12 Gix, Eryn Duncan Chris 13.96 NWI 3
13 Scholes, Olivia St. Andrews' 13.97 NWI 3
14 Harder, Kylie Dover Bay Do 13.98 NWI 1
14 Groenendijk, Megan Duncan Chris 13.98 NWI 2
16 Hoang, Jade Dover Bay Do 14.16 NWI 3
17 Dohm, Teresa Nanaimo Dist 14.18 NWI 1
18 Lambeth, Jillian Belmont Seco 14.23 NWI 2
19 Wikkerink, Jess Duncan Chris 14.35 NWI 2
20 Martin, Violeta Dover Bay Do 14.66 NWI 1

Event 501 Girls 100 Meter Dash Senior (open) Girls

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Islands Rec:: # 12.21 2009 Aleisha Cobb, Claremont
Name Year School Finals Wind Points

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Finals

1 baker, tia Frances Kelsey S 12.36 NWI 10
2 Cross, Mary-Kate Frances Kelsey S 12.66 NWI 8
3 Kennedy, Renee Frances Kelsey S 12.69 NWI 6
4 Eccleston, Kiah Oak Bay Seco 12.70 NWI 5
5 Sudie, Momoh Pacific Chri 12.74 NWI 4
6 Neale, Bree Oak Bay Seco 12.81 NWI 3
7 Dickinson, Holly Mount Dougla 12.94 NWI 2
8 Christie, Jamie St. Andrews' 13.06 NWI 1

Event 502 Girls 200 Meter Dash Senior (open) Girls

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Islands Rec:: # 24.98 2010 Veronica Luedke, Dover Bay
Name Year School Prelims Wind H#

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Preliminaries

1 baker, tia Frances Kelsey S 25.89Q NWI 2
2 Scott, Lexie Oak Bay Seco 26.10Q NWI 1

- 3 Cross, Mary-Kate Frances Kelsey S 26.41Q NWI 3
- 4 Neale, Bree Oak Bay Seco 26.67Q NWI 2
- 5 Dickinson, Holly Mount Dougla 26.84Q NWI 3
- 6 Christie, Jamie St. Andrews' 27.52Q NWI 1
- 7 Eccleston, Kiah Oak Bay Seco 26.93q NWI 3
- 8 Lee, Kaitlyn Cowichan Sec 27.49q NWI 3
- 9 Sudie, Momoh Pacific Chri 27.67 NWI 1
- 10 Koblun, Megan Belmont Seco 27.91 NWI 2
- 11 Carrothers, Katie Reynolds Sec 28.11 NWI 2
- 12 Clark, Julia EJ Dunn 28.29 NWI 2
- 13 Benzanson, Haley Mark R. Isfe 28.34 NWI 1
- 14 Mawle, Kristen vanier 29.54 NWI 2
- 15 Hannah, Jillian Dover Bay Do 29.66 NWI 1
- 16 Kindy-Olesen, Oksanna CRCS 29.67 NWI 3
- 17 Hoang, Jade Dover Bay Do 29.90 NWI 3
- 18 Dohm, Teresa Nanaimo Dist 29.96 NWI 2

Event 502 Girls 200 Meter Dash Senior (open) Girls

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Islands Rec:: # 24.98 2010 Veronica Luedke, Dover Bay
 Name Year School Finals Wind Points

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Finals

- 1 baker, tia Frances Kelsey S 25.95 NWI 10
- 2 Cross, Mary-Kate Frances Kelsey S 26.33 NWI 8
- 3 Scott, Lexie Oak Bay Seco 26.35 NWI 6
- 4 Neale, Bree Oak Bay Seco 26.44 NWI 5
- 5 Eccleston, Kiah Oak Bay Seco 27.02 NWI 4
- 6 Christie, Jamie St. Andrews' 28.06 NWI 3

Event 503 Girls 400 Meter Run Senior (open) Girls

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Islands Rec:: # 55.94 1988 Kristen Lundgren, Esquimalt
 Name Year School Finals Points

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- 1 Neale, Bree Oak Bay Seco 1:00.08 10
- 2 Kiggundu, Ethel St. Michaels 1:01.16 8
- 3 Wams, Rachel Reynolds Sec 1:01.84 6

- 4 Craig, Rianne Oak Bay Seco 1:02.51 5
- 5 vanTassell, Heather Oak Bay Seco 1:02.66 4
- 6 Lee, Kaitlyn Cowichan Sec 1:02.82 3
- 7 Thorsteinsdottir, Isabel Dover Bay Do 1:06.62 2
- 8 Kindy-Olesen, Oksanna CRCS 1:13.35 1

Event 504 Girls 800 Meter Run Senior (open) Girls

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Islands Rec:: # 2:13.70 1993 Trish Wellman + Shannon Bowles, Mt. Doug
 Name Year School Prelims

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Preliminaries

- 1 Munzar, Maya Frances Kelsey S 2:20.92Q
- 2 Bassett, Miryam Nanaimo Dist 2:21.00Q
- 3 Bachop, Caleigh Mount Dougla 2:23.21Q
- 4 Bassett, Rebecca Nanaimo Dist 2:26.35Q
- 5 King, Brittany Spectrum Communi 2:23.57Q
- 6 Lorenzo, Annina Stellys Secondar 2:30.66Q
- 7 Wams, Rachel Reynolds Sec 2:23.71q
- 8 Robinson, Madeleine Dover Bay Do 2:30.05q
- 9 Kiggundu, Ethel St. Michaels 2:32.35
- 10 Rogers, Julia CRCS 2:32.45
- 11 Simpson, Josephine Carihi Secondary 2:33.68
- 12 Chestnut, Taylor Ballenas Sec 2:34.42
- 13 Kitsul, Leah Dover Bay Do 2:34.97
- 14 Thomson, Emma Oak Bay Seco 2:35.84
- 15 Ostropolski, Sabrina Alberni Dist 3:04.43
- 16 Yaradic, Sarah Alberni Dist 3:21.47

Event 504 Girls 800 Meter Run Senior (open) Girls

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Islands Rec:: # 2:13.70 1993 Trish Wellman + Shannon Bowles, Mt. Doug
 Name Year School Finals Points

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Finals

- 1 Bassett, Miryam Nanaimo Dist 2:17.82 10
- 2 Munzar, Maya Frances Kelsey S 2:19.40 8
- 3 Bassett, Rebecca Nanaimo Dist 2:22.27 6
- 4 King, Brittany Spectrum Communi 2:25.35 5
- 5 Bachop, Caleigh Mount Dougla 2:27.67 4

- 6 Robinson, Madeleine Dover Bay Do 2:28.60 3
- 7 Lorenzo, Annina Stellys Secodar 2:32.89 2
- 8 Wams, Rachel Reynolds Sec 2:34.76 1

Event 505 Girls 1500 Meter Run Senior (open) Girls

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Islands Rec:: # 4:34.60 1976 Debbie Scott, Claremont

Name Year School Finals Points

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- 1 Bassett, Miryam Nanaimo Dist 4:48.44 10
- 2 Hayward, Katelyn Mount Dougla 4:50.79 8
- 3 DeSchiffart, Erica Nanaimo Chri 4:51.04 6
- 4 Bassett, Rebecca Nanaimo Dist 4:52.30 5
- 5 O' Sullivan, Carly Nanaimo Dist 4:55.28 4
- 6 King, Brittany Spectrum Communi 4:56.97 3
- 7 Kinghorn, Megan Spectrum Communi 5:02.67 2
- 8 Hegland, Chloe Parkland Seconda 5:03.07 1
- 9 Lorenzo, Annina Stellys Secodar 5:12.33
- 10 Joobani, Shawdy St. Michaels 5:48.76
- 11 McCarthy, Celeste Alberni Dist 6:22.32
- 12 A. Anderson, Lyric Alberni Dist 6:26.61
- 13 Yaradic, Sarah Alberni Dist 7:09.85
- Haley, Ashley Cowichan Sec DNF

Event 506 Girls 3000 Meter Run Senior (open) Girls

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Islands Rec:: # 9:58.60 1976 Debbie Scott, Claremont

Name Year School Finals Points

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- 1 Hayward, Katelyn Mount Dougla 10:28.65 10
- 2 Kinghorn, Megan Spectrum Communi 10:33.93 8
- 3 DeSchiffart, Erica Nanaimo Chri 10:34.37 6
- 4 Brunt, Madelyn Oak Bay Seco 10:37.43 5
- 5 O' Sullivan, Carly Nanaimo Dist 10:49.01 4
- 6 Hegland, Chloe Parkland Seconda 10:51.32 3
- 7 Lorenzo, Annina Stellys Secodar 11:05.77 2
- 8 Elliott, Rachel Dover Bay Do 11:22.63 1
- 9 McCarthy, Celeste Alberni Dist 14:23.10

Event 507 Girls 4x100 Meter Relay Senior (open) Girls

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Islands Rec:: # 49.55 2003 , Oak Bay
School Finals Points
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- 1 Frances Kelsey Secondary 'A' 48.85# 10
- 2 Oak Bay Secondary 'A' 49.77 8
- 3 St. Andrews' Regional High Sch 'A' 51.28 6
- 4 Duncan Christian School 'A' 53.64 5
- 5 Oak Bay Secondary 'B' 53.79 4
- 6 St. Michaels University School 'A' 54.29 3
- 7 Dover Bay Dolphins 'A' 55.04 2
- 8 CrCs 'A' 57.08 1

Event 508 Girls 4x400 Meter Relay Senior (open) Girls

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Islands Rec:: # 3:55.04 1997 , Mt. Douglas
School Finals Points
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- 1 Oak Bay Secondary 'A' 4:15.57 10
- 1) Craig, Rianne 2) Scott, Lexie
- 3) vanTassell, Heather 4) Neale, Bree
- 2 Oak Bay Secondary 'B' 4:22.21 8
- 1) MacDonald, Elsa 2) Mills, Emily
- 3) Thomson, Emma 4) Lindquist, Sarah
- 3 St. Michaels University School 'A' 4:24.79 6
- 1) Robillard, Christina 2) Kiggundu, Ethel
- 3) Wong-Harrison, Stephanie 4) Woods, Laura
- 4 Dover Bay Dolphins 'A' 4:26.65 5
- 1) Hannah, Jillian 2) Robinson, Madeleine
- 3) Elliott, Rachel 4) Kitsul, Leah
- 5 St. Andrews' Regional High Sch 'A' 4:29.65 4
- 1) Gibbs, Sarah 2) Taft, Hanna
- 3) Piercy, Jordyn 4) Scholes, Olivia

Event 509 Girls 400 Meter Hurdles Senior (open) Girls

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Islands Rec:: # 1:03.46 2010 Haleigh Lloyd, Lady Smith
Name Year School Finals Points
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- 1 Scott, Lexie Oak Bay Seco 1:08.37 10
- 2 Piercy, Jordyn St. Andrews' 1:08.99 8
- 3 Macleod, Mackenzie Highland Seconda 1:10.86 6
- 4 Gibbs, Sarah St. Andrews' 1:15.04 5

Event 510 Girls 1500 Meter Steeplechase Senior (open) Girls

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Islands Rec.: # 5:06.41 2010 Kaityln Hayward, Mt Douglas

Name Year School Finals Points

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- 1 DeSchiffart, Marita Nanaimo Chri 5:17.03 10
- 2 Brunt, Madelyn Oak Bay Seco 5:18.94 8
- 3 O' Sullivan, Carly Nanaimo Dist 5:30.71 6
- 4 Simpson, Josephine Carihi Secondary 5:43.06 5
- 5 Rogers, Julia CRCS 5:47.25 4
- 6 Roskelley, Morgan Oak Bay Seco 5:47.93 3
- 7 Gaby, Jacqueline Parkland Seconda 6:30.72 2

Event 511 Girls 1500 Meter Race Walk Senior (open) Girls

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Islands Rec.: # 6:42.09 2002 Megan Huzzey, Belmont

Name Year School Finals Points

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- 1 Henderson, Natalie Oak Bay Seco 8:01.72 10
- 2 Briggs, Nina Oak Bay Seco 8:05.94 8
- 3 Henderson, Aimee Oak Bay Seco 8:23.38 6
- 4 Gaby, Jacqueline Parkland Seconda 8:28.60 5
- 5 Jenkins, Caitlinn Ballenas Sec 8:53.83 4
- 6 Downey, Madison CRCS 9:32.27 3
- Eymundson, Emily Oak Bay Seco X9:24.17
- Lafreniere, Katherine Oak Bay Seco X9:59.64
- Mosca, Anita Oak Bay Seco X10:07.19