

Licensed to Victoria Track and Field Club HY-TEK's Meet Manager 11/05/2014
 2014 Dogwood Track & Field Meet
 Victoria, BC - 10/05/2014 to 11/05/2014
 Results

Event 1 Girls 9 Year Olds 60 Meter Dash

Name	Year	Team	Finals	Wind
Finals				
1	247	Vi ers, Meghan	05 Nanai mo Track	10.79 NWI
2	246	Paugh, Makenna	05 Nanai mo Track	12.69 NWI

Event 2 Girls 10 Year Olds 60 Meter Dash

Name	Year	Team	Finals	Wind	H#	
1	938	Connorton, Maeve	04 Victoria Track	9.74	NWI	2
2	311	Wideski, Victoria	04 Kajaks Track	9.81	NWI	2
3	281	Broekhuizen, Jordy	04 Al berni Val ley	10.34	NWI	2
4	859	Barron, Madison	04 Cowi chan Val ley	10.37	NWI	2
5	250	Van Oostrom, Reese	04 Nanai mo Track	10.41	NWI	2
6	841	Blumel, Margo	04 Cowi chan Val ley	10.60	NWI	1
7	936	Scott Bouris, Naev	04 Victoria Track	10.63	NWI	1
8	285	McDonald, Malika	04 Al berni Val ley	10.64	NWI	1
8	908	Porter, Madison	04 Cowi chan Val ley	10.64	NWI	1

Event 3 Girls 11 Year Olds 60 Meter Dash

Name	Year	Team	Finals	Wind
1	942	Nugent, Olivia	03 Victoria Track	9.31 NWI
2	858	Werner, Aisha	03 Cowi chan Val ley	9.35 NWI
3	313	Cathcart, Anna	03 Kajaks Track	9.54 NWI
4	252	Paugh, Madison	03 Nanai mo Track	10.22 NWI
5	312	Wong-Hen, Nora	03 Kajaks Track	10.43 NWI
6	877	Ellis, Lauren	03 Paci fic Athl eti c	10.49 NWI

Event 4 Boys 9 Year Olds 60 Meter Dash

Name	Year	Team	Finals	Wind
1	204	Chestnut, Tyson	05 Unattached B	10.04 NWI
2	821	Miranda, Kyan	05 Cowi chan Val ley	10.56 NWI
3	868	Maher, Evan	05 Cowi chan Val ley	10.68 NWI
4	344	Kirkendale, Sean	05 Peni nsul a Track	10.81 NWI
5	214	Watson, Cody	05 Nanai mo Track	11.40 NWI

Event 5 Boys 10 Year Olds 60 Meter Dash

Name	Year	Team	Finals	Wind
1	215	Henry, Stirling	04 Nanai mo Track	9.59 NWI
2	220	Watson, Jayden	04 Nanai mo Track	9.68 NWI
3	290	Morrison, Samuel	04 Oceansi de Track	9.93 NWI
4	1400	Loewen, Adam	04 Vancouver OL	10.22 NWI
5	864	Hulton, Will	04 Cowi chan Val ley	10.24 NWI

Event 6 Boys 11 Year Olds 60 Meter Dash

Name	Year	Team	Finals	Wind
1	224	Martiniuk, Cameron	03 Nanai mo Track	8.94 NWI
2	822	Williams, Linden	03 Cowi chan Val ley	9.13 NWI

Event 7 Girls 9 Year Olds 100 Meter Dash

Name	Year	Team	Finals	Wind
1 358 Hilton, Adriana	05	Peninsula Track	17.60	NWI
2 247 Viers, Meghan	05	Nanaimo Track	17.69	NWI
3 246 Paugh, Makenna	05	Nanaimo Track	20.83	NWI

Event 8 Girls 10 Year Olds 100 Meter Dash

Name	Year	Team	Finals	Wind
1 249 Menard, Carys	04	Nanaimo Track	16.14	NWI
2 859 Barron, Madison	04	Cowichan Valley	16.75	NWI
3 281 Broekhuizen, Jordy	04	Alberni Valley	16.79	NWI
4 841 Blumel, Margo	04	Cowichan Valley	17.11	NWI
5 936 Scott Bouris, Naev	04	Victoria Track	17.46	NWI
6 248 De Pol, Nyah	04	Nanaimo Track	17.58	NWI
7 908 Porter, Madison	04	Cowichan Valley	17.66	NWI

Event 9 Girls 11 Year Olds 100 Meter Dash

Name	Year	Team	Finals	Wind	H#
1 942 Nugent, Olivia	03	Victoria Track	15.03	NWI	2
2 858 Werner, Aisha	03	Cowichan Valley	15.11	NWI	1
3 894 Woods, Delaney	03	Pacific Athletic	15.34	NWI	1
4 808 Kalisch, Milena	03	Royal City	15.82	NWI	1
5 253 Lundman, Olivia	03	Nanaimo Track	15.87	NWI	2
6 251 Higgins, Paige	03	Nanaimo Track	16.08	NWI	2
7 252 Paugh, Madison	03	Nanaimo Track	16.21	NWI	2
8 361 Van Den Bulk, Alex	03	Peninsula Track	16.38	NWI	2
9 312 Wong-Hen, Nora	03	Kajaks Track	16.65	NWI	1
10 865 Wiebe, Macy	03	Cowichan Valley	16.80	NWI	1

Event 10 Girls 12 Year Olds 100 Meter Dash

Name	Year	Team	Finals	Wind	H#
1 255 Mbaoma, Nnya	02	Nanaimo Track	14.18	NWI	1
2 367 O'Flaherty, Caleig	02	NorWesters	14.57	NWI	3
2 203 Shandro, Angelina	02	Unattached B	14.57	NWI	2
4 287 Magana, Catalina	02	Oceanside Track	14.73	NWI	1
5 909 Fougner-Rukus, Ree	02	Cowichan Valley	14.99	NWI	3
6 341 Roman, Natalia	02	NorWesters	15.03	NWI	2
7 807 Dadson, Michelle	02	Royal City	15.20	NWI	2
8 988 Kennedy, Angelique	02	Comox Valley	15.55	NWI	2
9 288 Williams, Olivia	02	Oceanside Track	15.74	NWI	1
10 905 Nijjar, Naveen	02	Cowichan Valley	15.88	NWI	3
11 952 Works, Kelsey	02	Victoria Track	16.07	NWI	3
12 935 Cockburn, Lucy	02	Victoria Track	16.16	NWI	1
13 293 Morrison, Katherin	02	Oceanside Track	16.43	NWI	2
14 284 Chase, Sidney	02	Alberni Valley	16.51	NWI	3
15 965 Murray, Paige	02	Pacific Athletic	17.25	NWI	1

Event 11 Girls 13 Year Olds 100 Meter Dash

Name	Year	Team	Finals	Wind
1 852 Pollock, Madelynn	01	Cowichan Valley	13.49	NWI
2 256 Anderton, Courtney	01	Nanaimo Track	13.75	NWI
3 899 Johnson, Maria	01	Nanaimo Track	14.11	NWI
4 964 Murray, Mariassa	01	Pacific Athletic	15.00	NWI
5 291 Terpstra, Rhannon	01	Oceanside Track	16.40	NWI

Event 12 Girls 14-15 100 Meter Dash

Name	Year	Team	Finals	Wind	H#
1 323 Lam, Georgia	99	Kajaks Track	12.89	0.4	3
2 980 D'Agno, Nicole	00	Pacific Athletic	12.93	0.4	3
3 829 Roy, Denise	99	Cowichan Valley	13.19	-0.9	2
4 996 Freer, Gabrielle	00	UVIC	13.35	0.4	3
5 302 Blyt, Kyra	99	Oceanside Track	13.64	0.4	3
6 979 Bruynzeel, Jamie	00	UVIC	13.70	0.4	3
7 322 Ylo, Catherine	99	Kajaks Track	13.88	0.4	3
7 380 McPhee, Jaelyn	00	Campbell River	13.88	0.1	1
9 261 Metrowich, Julia	00	Nanaimo Track	13.93	-0.9	2
10 819 Dewitt, Emma	00	Cowichan Valley	13.94	0.1	1
11 949 Matthews, Quinn	00	Victoria Track	13.95	0.4	3
12 369 Fiandor, Alicia	00	Club Rapide	14.05	0.1	1
13 382 Nighswander, Jane	99	Campbell River	14.19	0.1	1
14 236 Craik, Taylor	99	Nanaimo Track	14.44	-0.9	2
15 977 Lane, Janessa	99	UVIC	14.67	-0.9	2
16 266 Ferraro, Jamie	99	Nanaimo Track	14.72	-0.9	2
17 876 Chow, Trinity	00	Cowichan Valley	15.28	-0.9	2

Event 14 Women 16-17 100 Meter Dash

Name	Year	Team	Finals	Wind	H#
1 844 Smiley, Taryn	97	Cowichan Valley	12.61	-0.5	3
2 268 Jerome, Rachel	98	Nanaimo Track	13.07	-0.5	3
3 975 Heyd, Casey	98	UVIC	13.11	-0.5	3
4 974 McFall, Natalie	98	UVIC	13.17	1.7	2
5 314 Cathcart, Sara	98	Kajaks Track	13.31	1.7	2
6 915 Prairie, Manon	97	Nanaimo Track	13.44	1.7	2
7 270 Poulson, Emma	98	Nanaimo Track	13.68	1.7	2

Event 14 Women 18-19 100 Meter Dash

Name	Year	Team	Finals	Wind	H#
1 834 Baker, Tia Isabel	96	Cowichan Valley	13.08	-0.5	3

Event 14 Women 20-34 100 Meter Dash

Name	Year	Team	Finals	Wind	H#
1 208 Cobb, Aleisha	91	Pacific Athletic	12.94	-0.5	3

Event 14 Women 50-54 100 Meter Dash

Name	Year	Team	Finals	Wind
1 947 Davison, Che	63	Victoria Track	18.51	1.1

Event 14 Women 55-59 100 Meter Dash

Name	Year	Team	Finals	Wind
1 897 Hendrie, Nola	55	Nanaimo Track	18.51	1.1

Event 14 Women 60-64 100 Meter Dash

Name	Year	Team	Finals	Wind
1 273 Shook, Karen	50	Nanaimo Track	16.60	1.1
2 366 Fossberg, Mette	51	Peninsula Track	18.12	1.1

Event 15 Boys 9 Year Olds 100 Meter Dash

Name	Year	Team	Finals	Wind
1 204 Chestnut, Tyson	05	Unattached B	16.72	NWI
2 319 Bradley, Jackson	05	Kajaks Track	16.77	NWI
3 845 Whitney, Jack	05	Cowichan Valley	18.63	NWI
4 214 Watson, Cody	05	Nanaimo Track	18.70	NWI

Event 16 Boys 10 Year Olds 100 Meter Dash

Name	Year	Team	Finals	Wind	H#
1 215 Henry, Stirling	04	Nanaimo Track	15.80	NWI	2
2 997 Fawkes, Ralay	04	Victoria Track	15.91	NWI	2
3 220 Watson, Jayden	04	Nanaimo Track	15.94	NWI	1
4 290 Morrison, Samuel	04	Oceanside Track	16.53	NWI	1
5 219 Putz, Jake	04	Nanaimo Track	17.13	NWI	1
6 216 King, Adam	04	Nanaimo Track	17.23	NWI	2
7 221 Veasey, Ryan	04	Nanaimo Track	17.32	NWI	1
8 345 Soeliner-Wilson, K	04	Peninsula Track	17.73	NWI	2
9 860 Barron, Elijah	04	Cowichan Valley	17.83	NWI	1
10 218 Inglis, Shamus	04	Nanaimo Track	18.02	NWI	2
-- 904 Nijjar, Jeevan	04	Cowichan Valley	DNF	NWI	1

Event 17 Boys 11 Year Olds 100 Meter Dash

Name	Year	Team	Finals	Wind	H#
1 822 Williams, Linden	03	Cowichan Valley	14.84	NWI	2
2 224 Martiniuk, Cameron	03	Nanaimo Track	15.02	NWI	1
3 289 Jackson, Cody	03	Oceanside Track	15.52	NWI	2
4 840 Mckenzie, Braedon	03	Cowichan Valley	15.82	NWI	2
5 956 Olrunojowon, Tipu	03	Victoria Track	15.83	NWI	2
6 995 Williams, Morris	03	Powell River	15.97	NWI	1
7 998 Igbinosa, Stephen	03	Nanaimo Track	16.23	NWI	2
8 946 Seager, Sam	03	Victoria Track	16.26	NWI	1
9 945 Seager, Liam	03	Victoria Track	16.33	NWI	1
10 848 Willmott, Frazer	03	Cowichan Valley	16.34	NWI	1
11 225 Seaman, Jake	03	Nanaimo Track	17.27	NWI	2
12 226 Seaman, Ryan	03	Nanaimo Track	17.41	NWI	1
13 940 Wehner, Alexander	03	Victoria Track	17.59	NWI	1

Event 18 Boys 12 Year Olds 100 Meter Dash

Name	Year	Team	Finals	Wind	H#
1 350 Loughnane, Conor	02	Peninsula Track	13.78	NWI	2
2 379 Hall, Fergus	02	Campbell River	14.37	NWI	2
3 228 Katzberg, Ethan	02	Nanaimo Track	14.96	NWI	1
4 883 Ciarnello, Dean	02	Pacific Athletic	15.08	NWI	1
5 837 Stark, Blake	02	Cowichan Valley	15.36	NWI	1
6 874 Harrison, Noah	02	Cowichan Valley	15.45	NWI	2
7 398 Abbott, Keagen	02	Powell River	15.54	NWI	2
8 878 Gunderson, Domini c	02	Pacific Athletic	15.56	NWI	2
9 861 Pacholuk, Eml yn	02	Cowichan Valley	15.57	NWI	1

Event 19 Boys 13 Year Olds 100 Meter Dash

Name	Year	Team	Finals	Wind	H#
1 318 Bradley, Carson	01	Kajaks Track	12.86	NWI	1
2 805 Jones, Maxwell	01	Royal City	13.55	NWI	2
3 803 Belcher, Jeremy	01	Royal City	13.86	NWI	2
4 282 Nahorney, Ty	01	Alberni Valley	14.12	NWI	2

5	982	Furtado, Blake	01	UVIC	14.62	NWI	2
6	231	Tozer, Devin	01	Nanaimo Track	14.65	NWI	1
7	804	Jensen, Ryan	01	Royal City	14.69	NWI	2
8	309	Stewart, Shane	01	Oceanside Track	15.31	NWI	1
9	835	Cowan, Troy	01	Cowichan Valley	15.57	NWI	1
10	229	Ferraro, Jett	01	Nanaimo Track	15.58	NWI	1
11	230	Seaman, Nate	01	Nanaimo Track	15.62	NWI	1
12	886	Nijjer, Uday	01	Pacific Athletic	17.02	NWI	1

Event 20 Boys 14-15 100 Meter Dash

Name	Year	Team	Finals	Wind	H#		
1	320	Wong-Hen, Seth	99	Kajaks Track	12.40	-0.3	2
2	339	Roman, Braydon	99	NorWesters	12.46	-1.1	1
3	887	O'Neill-Bains, Jes	99	Pacific Athletic	12.58	-1.1	1
4	842	Foncerrada, Federi	99	Cowichan Valley	12.60	-0.3	2
5	234	Ano, Josiah	99	Nanaimo Track	12.65	-1.1	1
6	849	Boulton, Miles	99	Cowichan Valley	12.83	-0.3	2
7	862	Hilton, Jace	00	Cowichan Valley	13.02	-1.1	1
8	342	Sparling, Tobin	00	NorWesters	13.18	-0.3	2
9	802	Dadson, Emmanuel	00	Royal City	13.33	-0.3	2
10	353	Sammons, Benjamin	00	Peninsula Track	13.36	-0.3	2
11	943	Cooper, Liam	00	Victoria Track	13.51	-1.1	1
12	830	Handl e, Luke	00	Cowichan Valley	13.64	-0.3	2
13	939	Vieites, Nathan	00	Victoria Track	13.86	-1.1	1
14	352	Hopkins, Brennan	00	Peninsula Track	14.40	-0.3	2
15	329	Duguid, Angus	00	NorWesters	14.56	-1.1	1

Event 22 Men 16-17 100 Meter Dash

Name	Year	Team	Finals	Wind	H#		
1	297	Richter, Felix	98	Oceanside Track	11.29	-2.0	2
2	274	Weegar, Thompson	98	Alberni Valley	11.59	-2.0	2
3	869	Williams, Ben	98	Cowichan Valley	11.96	-2.0	2
4	832	Gundersen, Chase	97	Cowichan Valley	12.10	-2.0	2
5	827	Bellerose, Kabir	97	Cowichan Valley	12.52	-2.0	2
6	907	Claus, Aydan	98	Cowichan Valley	12.55	-2.0	2
7	237	Sandri, Isaac	98	Nanaimo Track	12.93	-2.0	2
8	386	Robinson, Zac	98	Hope Secondary S	14.19	-2.0	2

Event 22 Men 18-19 100 Meter Dash

Name	Year	Team	Finals	Wind	H#		
1	856	Lindsay, Liam	96	Cowichan Valley	11.48	+0.0	3
2	971	Pollard, Eric	95	Pacific Athletic	11.57	+0.0	3
3	371	Johnston, Brenden	96	Club Rapi de	11.74	+0.0	3
4	370	Hsueh, Albert	96	Club Rapi de	12.33	+0.0	3
5	388	Wismath, Nigel	95	Hope Secondary S	13.63	+0.0	3

Event 22 Men 20-34 100 Meter Dash

Name	Year	Team	Finals	Wind	H#		
1	882	Shadarevian, Varta	92	Vancouver TH	11.04	+0.0	3
2	969	Pel eshaty, Chase	91	UVIC	11.32	+0.0	3
3	205	Wilkie, Terran	92	Unattached B	12.19	+0.0	3

Event 22 Men 40-44 100 Meter Dash

Name	Year	Team	Finals	Wind		
1	879	Moreau, Stefan	73	Peninsula Track	13.94	-0.5

Event 22 Men 70-74 100 Meter Dash

Name	Year	Team	Final s	Wind
1 244 Shook, Vern	42	Nanaimo Track	16.18	-0.5

Event 23 Girls 11 Year Olds 200 Meter Dash

Name	Year	Team	Final s	Wind
1 858 Werner, Aisha	03	Cowichan Valley	31.71	NWI
2 942 Nugent, Olivia	03	Victoria Track	32.41	NWI
3 958 Lauzon, Jayda	03	Cowichan Valley	32.67	NWI
4 808 Kalisch, Milena	03	Royal City	33.08	NWI
5 253 Lundman, Olivia	03	Nanaimo Track	33.74	NWI

Event 24 Girls 12 Year Olds 200 Meter Dash

Name	Year	Team	Final s	Wind
1 367 O'Flaherty, Calieg	02	NorWesters	29.10	NWI
2 988 Kennedy, Angeli que	02	Comox Valley	30.85	NWI
3 341 Roman, Natalia	02	NorWesters	31.58	NWI
4 284 Chase, Sidney	02	Alberni Valley	33.13	NWI
5 905 Nijjar, Naveen	02	Cowichan Valley	33.45	NWI
6 935 Cockburn, Lucy	02	Victoria Track	34.85	NWI
7 359 Jensen, Alyssa	02	Peninsula Track	35.38	NWI
8 293 Morrison, Katherine	02	Oceanside Track	37.28	NWI

Event 25 Girls 13 Year Olds 200 Meter Dash

Name	Year	Team	Final s	Wind	H#
1 852 Pollock, Madel ynn	01	Cowichan Valley	27.69	NWI	1
2 899 Johnson, Maria	01	Nanaimo Track	28.99	NWI	1
3 256 Anderton, Courtney	01	Nanaimo Track	29.04	NWI	2
4 893 Willett, Abby	01	Pacific Athletic	30.03	NWI	1
5 950 Mickelberry, Ella	01	Victoria Track	30.23	NWI	2
6 828 Gendall, Danae	01	Cowichan Valley	30.31	NWI	1
7 291 Terpstra, Rhannon	01	Oceanside Track	33.23	NWI	2
8 871 Wilson, Emma	01	Cowichan Valley	35.30	NWI	2

Event 26 Girls 14-15 200 Meter Dash

Name	Year	Team	Final s	Wind	H#
1 829 Roy, Denise	99	Cowichan Valley	26.29	1.9	2
2 980 D'Agnolo, Nicole	00	Pacific Athletic	27.04	1.3	3
3 976 Christie, Brea	99	UVIC	27.46	1.3	3
4 261 Metrowich, Julia	00	Nanaimo Track	28.26	1.8	1
5 380 Mcphee, Jacl yn	00	Campbell River	28.34	1.8	1
6 322 Ylo, Catherine	99	Kajaks Track	28.51	1.3	3
7 979 Bruynzeel, Jamie	00	UVIC	28.57	1.3	3
7 819 Dewit, Emma	00	Cowichan Valley	28.57	1.8	1
9 949 Matthews, Quinn	00	Victoria Track	28.91	1.3	3
10 870 Burton, Olivia	99	Cowichan Valley	29.17	1.9	2
11 977 Lane, Janessa	99	UVIC	29.47	1.9	2
12 266 Ferraro, Jamie	99	Nanaimo Track	30.58	1.9	2
13 959 Gaw, Charlotte	00	Cowichan Valley	32.41	1.9	2
14 876 Chow, Trinity	00	Cowichan Valley	32.48	1.8	1

Event 28 Women 16-17 200 Meter Dash

Name	Year	Team	Final s	Wind	H#
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1	384	Cho, Stephanie	97	Vancouver OL	25.39	1.6	3
2	844	Smiley, Taryn	97	Cowichan Valley	25.71	1.6	3
3	855	Lindsay, Nicole	98	Cowichan Valley	26.05	1.0	2
4	973	D'Agnolo, Lauren	98	Pacific Athletic	26.14	1.6	3
5	974	Mcfall, Natalie	98	UVIC	26.48	1.6	3
6	975	Heyd, Casey	98	UVIC	27.12	1.6	3
7	332	Acosta, Maria	97	NorWesters	27.44	1.0	2
8	267	Mousseau, Alyssa	98	Nanaimo Track	27.55	1.0	2
9	278	Gilbert, Valerie	98	Alberni Valley	28.52	1.0	2
10	270	Poulson, Emma	98	Nanaimo Track	29.35	1.0	2

Event 28 Women 18-19 200 Meter Dash

Name	Year	Team	Finals	Wind	H#
1 983 Piercy, Jordyn	96	Victoria Track	26.60	1.6	3

Event 28 Women 35-39 200 Meter Dash

Name	Year	Team	Finals	Wind	H#
1 207 Van Den Bulk, Jean	77	Pacific Athletic	26.63	1.0	2

Event 28 Women 50-54 200 Meter Dash

Name	Year	Team	Finals	Wind
1 947 Davison, Che	63	Victoria Track	40.29	1.1

Event 28 Women 55-59 200 Meter Dash

Name	Year	Team	Finals	Wind
1 897 Hendrie, Nola	55	Nanaimo Track	40.26	1.1

Event 28 Women 60-64 200 Meter Dash

Name	Year	Team	Finals	Wind
1 273 Shook, Karen	50	Nanaimo Track	34.74	1.1
2 366 Fossberg, Mette	51	Peninsula Track	38.90	1.1

Event 29 Boys 11 Year Olds 200 Meter Dash

Name	Year	Team	Finals	Wind	H#
1 822 Williams, Linden	03	Cowichan Valley	30.68	NWI	1
2 224 Martiniuk, Cameron	03	Nanaimo Track	30.82	NWI	1
3 325 Nagarajan, Di vyesh	03	Unattached B	32.06	NWI	2
4 998 Igbinosa, Stephen	03	Nanaimo Track	32.23	NWI	1
5 348 Kirkendale, Liam	03	Peninsula Track	32.64	NWI	2
6 946 Seager, Sam	03	Victoria Track	33.31	NWI	2
7 945 Seager, Liam	03	Victoria Track	35.88	NWI	2
8 940 Wehner, Alexander	03	Victoria Track	39.00	NWI	2

Event 30 Boys 12 Year Olds 200 Meter Dash

Name	Year	Team	Finals	Wind
1 350 Loughnane, Conor	02	Peninsula Track	28.89	NWI
2 379 Hall, Fergus	02	Campbell River	29.61	NWI
3 837 Stark, Blake	02	Cowichan Valley	30.84	NWI
4 227 Heisterman, Keaton	02	Nanaimo Track	31.67	NWI
5 874 Harrison, Noah	02	Cowichan Valley	32.94	NWI

Event 31 Boys 13 Year Olds 200 Meter Dash

Name	Year	Team	Finals	Wind
1 318 Bradley, Carson	01	Kajaks Track	26.44	NWI
2 282 Nahorney, Ty	01	Alberni Valley	28.78	NWI
3 231 Tozer, Devin	01	Nanaimo Track	29.12	NWI
4 982 Furtado, Blake	01	UVIC	29.38	NWI
5 229 Ferraro, Jett	01	Nanaimo Track	32.51	NWI

Event 32 Boys 14-15 200 Meter Dash

Name	Year	Team	Finals	Wind	H#
1 339 Roman, Braydon	99	NorWesters	24.94	0.4	2
2 299 Morrison, Simon	99	Oceanside Track	25.21	0.4	2
3 320 Wong-Hen, Seth	99	Kajaks Track	25.36	1.0	1
4 887 O'Neill-Bains, Jes	99	Pacific Athletic	25.99	0.4	2
5 820 Armstrong, Luke	99	Cowichan Valley	26.22	0.4	2
6 802 Dadson, Emmanuel	00	Royal City	27.12	1.0	1
7 943 Cooper, Liam	00	Victoria Track	27.36	0.4	2
8 939 Vieites, Nathan	00	Victoria Track	28.25	1.0	1
9 830 Handle, Luke	00	Cowichan Valley	28.28	1.0	1
10 329 Duguid, Angus	00	NorWesters	29.35	1.0	1
11 981 Mcfall, Thomas	00	UVIC	30.03	0.4	2

Event 34 Men 16-17 200 Meter Dash

Name	Year	Team	Finals	Wind	H#
1 274 Weegar, Thompson	98	Alberni Valley	23.84	0.7	2
2 395 Lymans, Taylor	98	Prairie Inn	24.60	0.7	2
3 827 Bellerose, Kabir	97	Cowichan Valley	24.96	0.7	2
4 907 Claus, Aydan	98	Cowichan Valley	25.09	0.7	2
4 832 Gundersen, Chase	97	Cowichan Valley	25.09	0.7	2

Event 34 Men 18-19 200 Meter Dash

Name	Year	Team	Finals	Wind	H#
1 388 Wismath, Nigel	95	Hope Secondary S	28.40	1.0	3

Event 34 Men 20-34 200 Meter Dash

Name	Year	Team	Finals	Wind	H#
1 882 Shadarevian, Varta	92	Vancouver TH	22.65	1.0	3
2 969 Pleshaty, Chase	91	UVIC	22.84	1.0	3
3 205 Wilkie, Terran	92	Unattached B	25.04	1.0	3

Event 34 Men 40-44 200 Meter Dash

Name	Year	Team	Finals	Wind
1 879 Moreau, Stefan	73	Peninsula Track	28.79	1.5

Event 34 Men 70-74 200 Meter Dash

Name	Year	Team	Finals	Wind
1 244 Shook, Vern	42	Nanaimo Track	32.87	1.5

Event 35 Girls 12 Year Olds 300 Meter Dash

Name	Year	Team	Finals	Wind
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Name	Year	Team	Finals	H#
1 367 O'Flaherty, Cal e i g	02	NorWesters	48.13	2
2 951 Wulder, Cleo	02	Victoria Track	52.14	2
3 944 Larkin, Mackenzie	02	Victoria Track	55.82	2
4 935 Cockburn, Lucy	02	Victoria Track	56.84	1
5 359 Jensen, Alyssa	02	Peninsula Track	57.05	2
6 905 Nijjar, Naveen	02	Cowichan Valley	57.98	2
7 890 Robertson-Ravetch,	02	Pacific Athletic	1:00.15	1
8 825 White, Lavender	02	Cowichan Valley	1:00.49	2

Event 36 Girls 13 Year Olds 300 Meter Dash

Name	Year	Team	Finals
1 256 Anderton, Courtney	01	Nanaimo Track	47.57
2 816 Chin, Ella	01	Pacific Athletic	48.54
3 950 Mickelberry, Ella	01	Victoria Track	48.97
4 258 Watson, Kaitlyn	01	Nanaimo Track	50.14

Event 37 Girls 14-15 300 Meter Dash

Name	Year	Team	Finals
1 323 Lam, Georgi a	99	Kajaks Track	43.29
2 949 Matthews, Quinn	00	Victoria Track	45.43
3 931 Martinusen, Christ	99	Pacific Athletic	46.02
4 382 Nighswander, Jane	99	Campbell River	46.08
5 368 Benedict, Lauren	99	Club Rapide	50.39
6 266 Ferraro, Jamie e	99	Nanaimo Track	52.12
7 959 Gaw, Charlotte	00	Cowichan Valley	52.59

Event 39 Boys 12 Year Olds 300 Meter Dash

Name	Year	Team	Finals
1 350 Loughnane, Conor	02	Peninsula Track	45.63
2 379 Hall, Fergus	02	Campbell River	47.38
3 989 Gledhill, Gabriel	02	Comox Valley	49.94
4 228 Katzberg, Ethan	02	Nanaimo Track	50.71
5 878 Gunderson, Domini c	02	Pacific Athletic	55.38
6 349 Hilton, Matteo	02	Peninsula Track	55.69

Event 40 Boys 13 Year Olds 300 Meter Dash

Name	Year	Team	Finals
1 318 Bradley, Carson	01	Kajaks Track	41.52
2 803 Belcher, Jeremy	01	Royal City	47.86
3 230 Seaman, Nate	01	Nanaimo Track	49.23
4 886 Nijjer, Uday	01	Pacific Athletic	56.69

Event 41 Boys 14-15 300 Meter Dash

Name	Year	Team	Finals	H#
1 317 Loewen, Nathan	99	Kajaks Track	39.12	2
2 316 Loewen, Samuel	99	Kajaks Track	39.70	3
3 389 Cooper, Jack	99	Prairie Inn	40.03	3
4 820 Armstrong, Luke	99	Cowichan Valley	40.19	3
5 320 Wong-Hen, Seth	99	Kajaks Track	40.30	1
6 301 Elliott, Noah	99	Oceanside Track	40.73	1
7 299 Morri son, Si mon	99	Oceanside Track	40.88	3
8 842 Foncerrada, Federi	99	Cowichan Valley	40.89	2
9 887 O'Neil -Bains, Jes	99	Pacific Athletic	41.43	3

10	846	Kerwin, Brendan	99	Cowichan Valley	41.92	2
11	342	Sparling, Tobin	00	NorWesters	42.69	1
12	354	Johnson, David	99	Peninsula Track	43.15	3
13	324	Barber, Michael	00	Unattached B	43.90	2
14	830	Handle, Luke	00	Cowichan Valley	45.45	2
15	381	Williamson, Jordan	99	Campbell River	47.78	2
16	853	Pacholuk, Aidan	00	Cowichan Valley	49.31	1

Event 43 Women 16-17 400 Meter Dash

Name	Year	Team	Finals	
1	973	D'Agno, Lauren	98 Pacific Athletic	59.52
2	875	Bains, Chicago	98 Cowichan Valley	1:00.84
3	272	Pynn, Jenaya	97 Nanaimo Track	1:01.18
4	824	White, Belle	97 Cowichan Valley	1:12.00

Event 43 Women 20-34 400 Meter Dash

Name	Year	Team	Finals	
1	933	Robinson, Andrea	94 Uvic Track Club	1:05.06

Event 45 Men 16-17 400 Meter Dash

Name	Year	Team	Finals	
1	395	Lymans, Taylor	98 Prairie Inn	51.69
2	240	Higgins, Carter	98 Nanaimo Track	53.55
3	827	Bellerose, Kabir	97 Cowichan Valley	56.20
4	907	Claus, Aydan	98 Cowichan Valley	58.41

Event 45 Men 20-34 400 Meter Dash

Name	Year	Team	Finals	
1	372	Phillips, Simon	93 Club Rapide	1:05.79

Event 47 Girls 9 Year Olds 600 Meter Run

Name	Year	Team	Finals	
1	358	Hilton, Adriana	05 Peninsula Track	2:11.17

Event 48 Girls 10 Year Olds 600 Meter Run

Name	Year	Team	Finals	
1	938	Connorton, Maeve	04 Victoria Track	2:07.60
2	841	Blumel, Margo	04 Cowichan Valley	2:13.92
3	936	Scott Bouris, Naev	04 Victoria Track	2:19.94
4	281	Broekhuizen, Jordy	04 Alberni Valley	2:24.69
5	285	Mcdonald, Malika	04 Alberni Valley	2:38.15

Event 49 Girls 11 Year Olds 600 Meter Run

Name	Year	Team	Finals	
1	808	Kalisch, Milena	03 Royal City	1:58.48
2	809	Stewart-Barnett, K	03 Royal City	1:59.84
3	958	Lauzon, Jayda	03 Cowichan Valley	2:00.65
4	253	Lundman, Olivia	03 Nanaimo Track	2:05.14
5	360	Peterson, Julia	03 Peninsula Track	2:10.99
6	877	Ellis, Lauren	03 Pacific Athletic	2:17.31
7	361	Van Den Bulk, Alex	03 Peninsula Track	2:24.42

Event 50 Boys 9 Year Olds 600 Meter Run

Name	Year	Team	Finals
1 204 Chestnut, Tyson	05	Unattached B	2: 11. 50
2 344 Kirkendale, Sean	05	Peninsula Track	2: 12. 47
3 845 Whitney, Jack	05	Cowichan Valley	2: 15. 93
4 214 Watson, Cody	05	Nanaimo Track	2: 40. 12
5 821 Miranda, Kyan	05	Cowichan Valley	2: 51. 22
-- 833 Ketch, Josh	05	Cowichan Valley	DNF

Event 51 Boys 10 Year Olds 600 Meter Run

Name	Year	Team	Finals
1 220 Watson, Jayden	04	Nanaimo Track	1: 54. 45
2 219 Putz, Jake	04	Nanaimo Track	2: 05. 48
3 290 Morrison, Samuel	04	Oceanside Track	2: 06. 62
4 864 Hul ton, Will	04	Cowichan Valley	2: 24. 50

Event 52 Boys 11 Year Olds 600 Meter Run

Name	Year	Team	Finals
1 822 Williams, Linden	03	Cowichan Valley	1: 55. 09
2 348 Kirkendale, Liam	03	Peninsula Track	1: 56. 54
3 946 Seager, Sam	03	Victoria Track	1: 59. 26
4 224 Martiniuk, Cameron	03	Nanaimo Track	2: 05. 52
5 840 Mckenzie, Braedon	03	Cowichan Valley	2: 11. 17
6 223 Schlitz, Brett	03	Nanaimo Track	2: 18. 07
7 940 Wehner, Alexander	03	Victoria Track	2: 25. 20
8 347 Johnson, Michael	03	Peninsula Track	2: 30. 41

Event 53 Girls 12 Year Olds 800 Meter Run

Name	Year	Team	Finals
1 898 Dickenson, Karly	02	Nanaimo Track	2: 38. 60
2 951 Wul der, Cleo	02	Victoria Track	2: 45. 00
3 284 Chase, Sidney	02	Alberni Valley	2: 56. 80
4 944 Larkin, Mackenzie	02	Victoria Track	3: 07. 98
5 905 Nijjar, Naveen	02	Cowichan Valley	3: 08. 93

Event 54 Girls 13 Year Olds 800 Meter Run

Name	Year	Team	Finals
1 259 Pallard, Evelynne	01	Nanaimo Track	2: 44. 90
2 950 Mickelberry, Ella	01	Victoria Track	2: 45. 91
3 291 Terpstra, Rhannon	01	Oceanside Track	3: 06. 50
4 871 Wilson, Emma	01	Cowichan Valley	3: 19. 79

Event 55 Girls 14-15 800 Meter Run

Name	Year	Team	Finals
1 978 Steen, Cassidy	99	UVIC	2: 35. 04
2 870 Burton, Olivia	99	Cowichan Valley	2: 40. 95
3 362 Hilton, Anna-Maria	00	Peninsula Track	2: 45. 96
4 305 Morin-Duncan, Made	00	Oceanside Track	2: 48. 04
5 262 Sayah, Taylor	00	Nanaimo Track	3: 05. 70

Event 57 Women 16-17 800 Meter Run

Name	Year	Team	Finals
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Name	Year	Team	Finals
1 338 Shel lard, Kel sey	98	NorWesters	2: 28. 57

Event 57 Women 18-19 800 Meter Run

Name	Year	Team	Finals
1 336 Lakti onova, Anna	96	NorWesters	2: 35. 35

Event 58 Boys 12 Year Olds 800 Meter Run

Name	Year	Team	Finals
1 227 Hei sterman, Keaton	02	Nanai mo Track	2: 29. 91
2 850 Fontana, Dreydn	02	Cowi chan Val ley	2: 37. 20
3 350 Loughnane, Conor	02	Peni nsul a Track	2: 40. 82
4 878 Gunderson, Domi nic	02	Paci fi c Athl eti c	2: 49. 56
5 837 Stark, Bl ake	02	Cowi chan Val ley	2: 53. 96
6 874 Harri son, Noah	02	Cowi chan Val ley	2: 56. 82
7 349 Hi lton, Matteo	02	Peni nsul a Track	2: 59. 85

Event 59 Boys 13 Year Olds 800 Meter Run

Name	Year	Team	Finals
1 941 Day, Fi ndl ay	01	Vi ctori a Track	2: 37. 69

Event 60 Boys 14-15 800 Meter Run

Name	Year	Team	Finals
1 317 Loewen, Nathan	99	Kaj aks Track	2: 08. 85
2 820 Armstrong, Luke	99	Cowi chan Val ley	2: 09. 46
3 389 Cooper, Jack	99	Prai ri e Inn	2: 09. 77
4 846 Kerwi n, Brendan	99	Cowi chan Val ley	2: 10. 51
5 390 Deacon, Robert	99	Prai ri e Inn	2: 14. 65
6 324 Barber, Mi chael	00	Unattached B	2: 21. 93
7 283 Wynans, Jonah	00	Al berni Val ley	2: 26. 38
7 354 Johnson, Davi d	99	Peni nsul a Track	2: 26. 38
9 392 Del aney, Kal um	00	Prai ri e Inn	2: 30. 40
10 939 Vi ei tes, Nathan	00	Vi ctori a Track	2: 37. 55
11 830 Handl e, Luke	00	Cowi chan Val ley	2: 52. 49
12 888 Robertson, Joseph	00	Paci fi c Athl eti c	2: 55. 68

Event 62 Men 16-17 800 Meter Run

Name	Year	Team	Finals
1 395 Lymans, Tayl or	98	Prai ri e Inn	1: 58. 75

Event 62 Men 18-19 800 Meter Run

Name	Year	Team	Finals
-- 391 Evans, Eri k	96	Prai ri e Inn	DNF

Event 62 Men 40-44 800 Meter Run

Name	Year	Team	Finals
1 960 Arpasi , Mi kl os	72	Unattached B	2: 37. 71

Event 62 Men 55-59 800 Meter Run

Name	Year	Team	Finals
1 912 Kunz, Kenneth	56	Unattached B	2: 37. 83

Event 63 Girls 9 1000 Meter Run

Name	Year	Team	Finals
1 358 Hilton, Adriana	05	Peninsula Track	3: 49. 82

Event 63 Girls 10 1000 Meter Run

Name	Year	Team	Finals
1 938 Connorton, Maeve	04	Victoria Track	3: 44. 99
2 859 Barron, Madison	04	Cowichan Valley	3: 53. 21
3 841 Blumel, Margo	04	Cowichan Valley	3: 59. 20
4 936 Scott Bouris, Naev	04	Victoria Track	4: 06. 31
5 248 De Pol, Nyah	04	Nanaimo Track	4: 07. 01
6 249 Menard, Carys	04	Nanaimo Track	4: 09. 37
7 327 Haintz, Kai a	04	Golden Ears	4: 13. 71

Event 63 Girls 11 1000 Meter Run

Name	Year	Team	Finals
1 808 Kalisch, Milena	03	Royal City	3: 34. 26
2 809 Stewart-Barnett, K	03	Royal City	3: 35. 09
3 954 Randall-Guy, Laure	03	Victoria Track	3: 40. 21
4 253 Lundman, Olivia	03	Nanaimo Track	3: 47. 86
5 360 Peterson, Julia	03	Peninsula Track	3: 54. 32
6 877 Ellis, Lauren	03	Pacific Athletic	3: 56. 48

Event 64 Boys 9 1000 Meter Run

Name	Year	Team	Finals
1 845 Whitney, Jack	05	Cowichan Valley	3: 58. 39
2 344 Kirkendale, Sean	05	Peninsula Track	4: 00. 47

Event 64 Boys 10 1000 Meter Run

Name	Year	Team	Finals
1 220 Watson, Jayden	04	Nanaimo Track	3: 27. 62
2 219 Putz, Jake	04	Nanaimo Track	3: 48. 77
3 997 Fawkes, Rai lay	04	Victoria Track	3: 51. 98
4 216 King, Adam	04	Nanaimo Track	3: 54. 68
5 218 Inglis, Shamus	04	Nanaimo Track	3: 54. 85
6 860 Barron, Elijah	04	Cowichan Valley	3: 58. 65
7 904 Nijjar, Jeevan	04	Cowichan Valley	4: 22. 28

Event 64 Boys 11 1000 Meter Run

Name	Year	Team	Finals	H#
1 348 Kirkendale, Li am	03	Peninsula Track	3: 33. 49	2
2 946 Seager, Sam	03	Victoria Track	3: 34. 94	2
3 225 Seaman, Jake	03	Nanaimo Track	3: 42. 36	2
4 840 Mckenzie, Braedon	03	Cowichan Valley	3: 45. 05	2
5 226 Seaman, Ryan	03	Nanaimo Track	3: 52. 87	2
6 289 Jackson, Cody	03	Oceanside Track	3: 58. 27	2
7 940 Wehner, Alexander	03	Victoria Track	3: 58. 42	2
8 851 Tanner, Li am	03	Cowichan Valley	4: 04. 62	2

Event 65 Girls 12 1200 Meter Run

Name	Year	Team	Finals
1 326 Haintz, Marquesis	02	Golden Ears	4: 07. 7h
2 898 Dickenson, Karly	02	Nanaimo Track	4: 08. 8h
3 951 Wulder, Cleo	02	Victoria Track	4: 31. 0h
4 287 Magana, Catalina	02	Oceanside Track	4: 33. 8h
5 944 Larkin, Mackenzie	02	Victoria Track	5: 04. 3h
6 825 White, Lavender	02	Cowichan Valley	5: 28. 4h

Event 65 Girls 13 1200 Meter Run

Name	Year	Team	Finals
1 259 Pallard, Evelynne	01	Nanaimo Track	4: 22. 9h
2 950 Mickelberry, Ella	01	Victoria Track	4: 27. 1h
3 987 Williams, Destanie	01	Comox Valley	4: 57. 4h

Event 66 Girls 14-15 1200 Meter Run

Name	Year	Team	Finals
1 263 Heisterman, Madiso	00	Nanaimo Track	3: 41. 77
2 801 Chilton, Emily	99	Royal City	3: 56. 07
3 978 Steen, Cassidy	99	UVIC	4: 05. 10
4 823 White, Emerald	00	Cowichan Valley	4: 08. 96
5 362 Hilton, Anna-Maria	00	Peninsula Track	4: 21. 76
6 826 Farley, Katelyn	00	Cowichan Valley	4: 21. 88
7 305 Morin-Duncan, Made	00	Oceanside Track	4: 28. 95

Event 67 Boys 12 1200 Meter Run

Name	Year	Team	Finals
1 227 Heisterman, Keaton	02	Nanaimo Track	4: 03. 96
2 989 Gledhill, Gabriel	02	Comox Valley	4: 10. 35
3 850 Fontana, Dreydn	02	Cowichan Valley	4: 17. 18
4 394 Deacon, John	02	Prairie Inn	4: 19. 29
5 878 Gunderson, Dominic	02	Pacific Athletic	4: 22. 01
6 349 Hilton, Matteo	02	Peninsula Track	4: 33. 54
7 874 Harrison, Noah	02	Cowichan Valley	4: 35. 78
8 294 Bassett, Avi	02	Oceanside Track	5: 05. 24

Event 67 Boys 13 1200 Meter Run

Name	Year	Team	Finals
1 230 Seaman, Nate	01	Nanaimo Track	3: 54. 95
2 343 Henderson, John	01	NorWesters	4: 18. 76

Event 68 Boys 14-15 1200 Meter Run

Name	Year	Team	Finals
1 397 Stanley, Jack	99	Prairie Inn	3: 26. 58
2 820 Armstrong, Luke	99	Cowichan Valley	3: 28. 52
3 316 Loewen, Samuel	99	Kajaks Track	3: 32. 06
4 317 Loewen, Nathan	99	Kajaks Track	3: 33. 69
5 390 Deacon, Robert	99	Prairie Inn	3: 34. 12
6 846 Kerwin, Brendan	99	Cowichan Valley	3: 35. 91
7 202 Lyesin, Viadyslav	99	Prairie Inn	3: 40. 56
8 340 Henderson, Ross	00	NorWesters	3: 49. 18
9 392 Delaney, Kalum	00	Prairie Inn	3: 51. 02
10 351 Battersby, Finn	00	Peninsula Track	3: 52. 74

11	300	Bassett, Jacob	99	Oceanside Track	3: 53. 52
12	354	Johnson, David	99	Peninsula Track	4: 00. 89
13	939	Vieites, Nathan	00	Victoria Track	4: 08. 84
14	888	Robertson, Joseph	00	Pacific Athletic	4: 43. 10

Event 69 Women 16-17 1500 Meter Run

Name	Year	Team	Finals
1 267 Mousseau, Alyssa	98	Nanaimo Track	4: 48. 99
2 269 Morris, Amy	98	Nanaimo Track	4: 52. 64
3 271 Rainboth, Emma	98	Nanaimo Track	5: 06. 35
4 338 Shellard, Kelsey	98	NorWesters	5: 11. 81
5 824 White, Belle	97	Cowichan Valley	5: 48. 62

Event 69 Women 18-19 1500 Meter Run

Name	Year	Team	Finals
1 295 Bassett, Miryam	96	Oceanside Track	4: 40. 62
2 336 Laktionova, Anna	96	NorWesters	5: 37. 28

Event 70 Men 16-17 1500 Meter Run

Name	Year	Team	Finals
1 238 Bailey, Josh	98	Nanaimo Track	4: 15. 85
2 393 Mcculloch, Max	98	Prairie Inn	4: 30. 97
3 396 Mclean, Matthew	98	Prairie Inn	4: 57. 60
4 387 Steberl, Jeremiah	98	Hope Secondary S	5: 02. 10

Event 70 Men 18-19 1500 Meter Run

Name	Year	Team	Finals
1 310 Oxland, Peter	96	Oceanside Track	4: 07. 23

Event 71 Girls 13 2000 Meter Run

Name	Year	Team	Finals
1 259 Pallard, Evelynne	01	Nanaimo Track	7: 55. 45
2 871 Wilson, Emma	01	Cowichan Valley	9: 13. 55

Event 71 Girls 14-15 2000 Meter Run

Name	Year	Team	Finals
1 801 Chilton, Emily	99	Royal City	7: 09. 72
2 978 Steen, Cassidy	99	UVIC	7: 18. 01
3 362 Hilton, Anna-Maria	00	Peninsula Track	7: 46. 19

Event 72 Boys 14-15 2000 Meter Run

Name	Year	Team	Finals
1 397 Stanley, Jack	99	Prairie Inn	6: 07. 50
2 317 Loewen, Nathan	99	Kajaks Track	6: 25. 19
3 351 Battersby, Finn	00	Peninsula Track	6: 45. 02
4 340 Henderson, Ross	00	NorWesters	6: 45. 24
5 392 Delaney, Kalum	00	Prairie Inn	6: 45. 34
6 342 Sparling, Tobin	00	NorWesters	7: 17. 52
7 939 Vieites, Nathan	00	Victoria Track	7: 37. 33

Event 74 Men 16-17 3000 Meter Run

Name	Year	Team	Finals
1 330 Mcgovern, Dakota	98	NorWesters	9: 27. 42

Event 79 Girls 10 800 Meter Race Walk

Name	Year	Team	Finals
1 841 Blumel, Margo	04	Cowichan Valley	5: 32. 46
2 327 Hai ntz, Kai a	04	Golden Ears	5: 39. 38
3 311 Wideski, Victoria	04	Kajaks Track	5: 40. 33

Event 79 Girls 11 800 Meter Race Walk

Name	Year	Team	Finals
1 360 Peterson, Julia	03	Peninsula Track	5: 33. 18
2 252 Paugh, Madison	03	Nanaimo Track	5: 33. 96
3 958 Lauzon, Jayda	03	Cowichan Valley	5: 37. 47
4 808 Kalisch, Milena	03	Royal City	6: 12. 81
5 313 Cathcart, Anna	03	Kajaks Track	6: 22. 77
-- 253 Lundman, Olivia	03	Nanaimo Track	DQ

Broke form last

100m

Event 79 Girls 12 800 Meter Race Walk

Name	Year	Team	Finals
1 254 Mitchell, Makayla	02	Nanaimo Track	4: 48. 95
2 293 Morrison, Katherin	02	Oceanside Track	6: 25. 91
3 807 Dadson, Michelle	02	Royal City	6: 28. 65
4 890 Robertson-Ravetch,	02	Pacific Athletic	6: 29. 55

Event 80 Boys 9 800 Meter Race Walk

Name	Year	Team	Finals
1 214 Watson, Cody	05	Nanaimo Track	8: 44. 07

Event 81 Girls 13 1500 Meter Race Walk

Name	Year	Team	Finals
1 257 Di mter, Julia	01	Nanaimo Track	9: 53. 42

Event 81 Girls 14-15 1500 Meter Race Walk

Name	Year	Team	Finals
1 265 Andersen, Marina	00	Nanaimo Track	8: 17. 22
2 262 Sayah, Taylor	00	Nanaimo Track	9: 10. 67
3 863 Labelle, Kara	00	Cowichan Valley	10: 13. 43

Event 82 Boys 13 1500 Meter Race Walk

Name	Year	Team	Finals
1 280 Contant, Yanick	01	Alberni Valley	11: 13. 4h

Event 85 Women 16-17 3000 Meter Race Walk

Name	Year	Team	Finals
1 383 Cho, Samantha	98	Vancouver OL	16: 18. 47

2 363 Gaby, Jacqueline 97 Peninsula Track 19: 50. 80

Event 93 Girls 14-15 1500 Meter Steeplechase 30" NO WATER

Name	Year	Team	Finals
1 260 Stewart, Hope	00	Nanaimo Track	5: 27. 23
2 823 White, Emerald	00	Cowichan Valley	5: 52. 51
3 265 Andersen, Marina	00	Nanaimo Track	5: 55. 59

Event 94 Boys 14-15 1500 Meter Steeplechase 30" NO WATER

Name	Year	Team	Finals
1 298 Grabher, Thomas	99	Oceanside Track	4: 55. 5h
2 351 Battersby, Finn	00	Peninsula Track	5: 18. 0h
3 381 Williamson, Jordan	99	Campbell River	5: 30. 6h

Event 95 Women 16-17 2000 Meter Steeplechase 30"

Name	Year	Team	Finals
1 914 King, Tki a	97	Oceanside Track	8: 32. 60

Event 97 Men 16-17 2000 Meter Steeplechase 36"

Name	Year	Team	Finals	
1 330 MCGovern, Dakota	98	NorWesters	6: 39. 27	Hurdles at 36"

Event 101 Girls 9 Year Olds 60 Meter Hurdles 6 x 21"

Name	Year	Team	Finals	Wind
1 358 Hilton, Adriana	05	Peninsula Track	15. 04	NWI

Event 102 Girls 10 Year Olds 60 Meter Hurdles 6 x 24"

Name	Year	Team	Finals	Wind	H#
1 311 Wideski, Victoria	04	Kajaks Track	12. 68	NWI	1
2 281 Broekhuizen, Jordy	04	Alberni Valley	13. 22	NWI	2
3 938 Connorton, Maeve	04	Victoria Track	13. 23	NWI	2
4 859 Barron, Madison	04	Cowichan Valley	13. 37	NWI	2
5 908 Porter, Madison	04	Cowichan Valley	13. 65	NWI	1
5 936 Scott Bouris, Naev	04	Victoria Track	13. 65	NWI	1
7 285 McDonald, Malika	04	Alberni Valley	13. 75	NWI	2
8 841 Blumel, Margo	04	Cowichan Valley	14. 17	NWI	1
9 953 Works, Katherine	04	Victoria Track	17. 34	NWI	2

Event 103 Girls 11 Year Olds 60 Meter Hurdles 6 x 24"

Name	Year	Team	Finals	Wind	H#
1 954 Randall-Guy, Laure	03	Victoria Track	11. 75	NWI	2
2 942 Nugent, Olivia	03	Victoria Track	11. 94	NWI	2
3 809 Stewart-Barnett, K	03	Royal City	12. 65	NWI	1
4 361 Van Den Bulk, Alex	03	Peninsula Track	12. 98	NWI	2
5 252 Paugh, Madison	03	Nanaimo Track	13. 50	NWI	1
6 312 Wong-Hen, Nora	03	Kajaks Track	15. 12	NWI	1
7 253 Lundman, Olivia	03	Nanaimo Track	18. 12	NWI	2

Event 104 Boys 9 Year Olds 60 Meter Hurdles 6 x 21"

Name	Year	Team	Finals	Wind
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1	833	Ketch, Josh	05	Cowichan Valley	12.95	NWI
2	821	Miranda, Kyan	05	Cowichan Valley	14.34	NWI
3	868	Maher, Evan	05	Cowichan Valley	14.35	NWI
4	214	Watson, Cody	05	Nanaimo Track	14.43	NWI

Event 105 Boys 10 Year Olds 60 Meter Hurdles 6 x 24"

Name	Year	Team	Finals	Wind	H#		
1	220	Watson, Jayden	04	Nanaimo Track	11.82	NWI	1
2	290	Morrison, Samuel	04	Oceanside Track	12.94	NWI	2
3	215	Henry, Stirling	04	Nanaimo Track	13.01	NWI	2
4	860	Barron, Elijah	04	Cowichan Valley	13.41	NWI	1
5	345	Soellner-Wilson, K	04	Peninsula Track	14.59	NWI	2
6	219	Putz, Jake	04	Nanaimo Track	14.67	NWI	2
7	864	Hulton, Will	04	Cowichan Valley	15.59	NWI	2

Event 106 Boys 11 Year Olds 60 Meter Hurdles 6 x 24"

Name	Year	Team	Finals	Wind		
1	945	Seager, Liam	03	Victoria Track	11.55	NWI
2	998	Igbinsosa, Stephen	03	Nanaimo Track	11.82	NWI
3	946	Seager, Sam	03	Victoria Track	12.19	NWI
4	848	Willmott, Frazer	03	Cowichan Valley	13.10	NWI
5	940	Wehner, Alexander	03	Victoria Track	13.23	NWI
6	347	Johnson, Michael	03	Peninsula Track	14.55	NWI

Event 107 Girls 12 Year Olds 80 Meter Hurdles 8 x 27"

Name	Year	Team	Finals	Wind	H#		
1	333	Rastad, Julia	02	NorWesters	13.80	NWI	2
2	909	Fougner-Rukus, Ree	02	Cowichan Valley	14.70	NWI	2
3	988	Kennedy, Angelique	02	Comox Valley	15.30	NWI	2
4	367	O'Flaherty, Calieg	02	NorWesters	15.33	NWI	2
5	951	Wulder, Cleo	02	Victoria Track	16.19	NWI	2
6	807	Dadson, Michelle	02	Royal City	17.03	NWI	1
7	284	Chase, Sidney	02	Alberni Valley	17.13	NWI	1
8	935	Cockburn, Lucy	02	Victoria Track	18.40	NWI	1
9	944	Larkin, Mackenzie	02	Victoria Track	19.11	NWI	1

Event 108 Girls 13 Year Olds 80 Meter Hurdles 8 x 30"

Name	Year	Team	Finals	Wind		
1	852	Pollock, Madelynn	01	Cowichan Valley	14.63	NWI
2	828	Gendall, Danae	01	Cowichan Valley	15.45	NWI
3	987	Williams, Destanie	01	Comox Valley	16.06	NWI
4	950	Mickelberry, Ella	01	Victoria Track	17.10	NWI

Event 109 Girls 14-15 80 Meter Hurdles 8 x 30"

Name	Year	Team	Finals	Wind		
1	976	Christie, Brea	99	UVIC	13.04	1.7
2	980	D'Agnolo, Nicole	00	Pacific Athletic	13.11	1.7
3	949	Matthews, Quinn	00	Victoria Track	15.72	1.7

Event 111 Boys 12 Year Olds 80 Meter Hurdles 8 x 27"

Name	Year	Team	Finals	Wind		
1	878	Gunderson, Dominic	02	Pacific Athletic	15.55	NWI

2	379	Hall, Fergus	02	Campbell River	15.63	NWI
3	837	Stark, Blake	02	Cowichan Valley	15.80	NWI
4	850	Fontana, Dreydn	02	Cowichan Valley	18.39	NWI

Event 112 Boys 13 Year Olds 80 Meter Hurdles 8 x 30"

Name	Year	Team	Finals	Wind		
1	804	Jensen, Ryan	01	Royal City	15.27	NWI
2	982	Furtado, Blake	01	UVIC	16.05	NWI

Event 113 Boys 14-15 100 Meter Hurdles 10 x 33"

Name	Year	Team	Finals	Wind		
1	887	O'Neill-Bains, Jes	99	Pacific Athletic	16.68	0.3
2	233	Boar, Dominic	00	Nanaimo Track	16.77	0.3
3	353	Sammons, Benjamin	00	Peninsula Track	18.11	0.3
4	329	Duguid, Angus	00	NorWesters	20.54	0.3
5	910	Fougner-Rukus, Gri	00	Cowichan Valley	20.65	0.3
6	981	Mcfall, Thomas	00	UVIC	22.40	0.3
7	352	Hopkins, Brennan	00	Peninsula Track	22.74	0.3

Event 115 Women 16-17 100 Meter Hurdles 10 x 30"

Name	Year	Team	Finals	Wind		
1	875	Bains, Chicago	98	Cowichan Valley	14.52	1.8
2	332	Acosta, Maria	97	NorWesters	15.32	1.8

Event 116 Women 18-19 100 Meter Hurdles 10 x 33"

Name	Year	Team	Finals	Wind		
1	983	Piercy, Jordyn	96	Victoria Track	15.74	2.0
2	277	Kemps, Mackenzie	96	Alberni Valley	19.97	2.0

Event 118 Men 18-19 110 Meter Hurdles 10 x 39"

Name	Year	Team	Finals	Wind		
1	970	Macewan, Caelan	96	Peninsula Track	18.13	1.7

Event 120 Girls 12 Year Olds 200 Meter Hurdles 5 x 24"

Name	Year	Team	Finals	Wind		
1	909	Fougner-Rukus, Ree	02	Cowichan Valley	33.52	NWI
2	367	O'Flaherty, Calieg	02	NorWesters	33.66	NWI
3	951	Wulder, Cleo	02	Victoria Track	34.45	NWI
4	988	Kennedy, Angelique	02	Comox Valley	35.33	NWI
5	952	Works, Kelsey	02	Victoria Track	35.52	NWI

Event 121 Girls 13 Year Olds 200 Meter Hurdles 5 x 27"

Name	Year	Team	Finals	Wind		
1	852	Pollock, Madelynn	01	Cowichan Valley	32.89	NWI
2	899	Johnson, Maria	01	Nanaimo Track	33.91	NWI
3	258	Watson, Kaitlyn	01	Nanaimo Track	34.14	NWI
4	950	Mickelberry, Ella	01	Victoria Track	34.30	NWI

Event 122 Boys 12 Year Olds 200 Meter Hurdles 5 x 24"

Name	Year	Team	Finals	Wind
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1	878	Gunderson, Domi ni c	02	Paci fi c Athl eti c	34.45	NWI
2	349	Hi l ton, Mat teo	02	Pe ni sul a Track	34.52	NWI
3	837	Stark, Bl ake	02	Cow i chan Val l ey	35.42	NWI

Event 123 Boys 13 Year Olds 200 Meter Hurdles 5 x 27"

Name	Year	Team	Fi nal s	Wi nd
1	805	Jones, Maxwel l	01 Royal Ci ty	31.25 NWI
2	803	Bel cher, Jeremy	01 Royal Ci ty	31.74 NWI
3	232	Day, Col by	01 Nanai mo Track	33.10 NWI
4	982	Furtado, Bl ake	01 UVIC	33.14 NWI
5	804	Jensen, Ryan	01 Royal Ci ty	35.29 NWI
6	229	Ferraro, Jett	01 Nanai mo Track	35.57 NWI
7	231	Tozer, Devi n	01 Nanai mo Track	35.66 NWI

Event 124 Girls 14-15 200 Meter Hurdles 5 x 30"

Name	Year	Team	Fi nal s	Wi nd
1	980	D' Agnol o, Ni col e	00 Paci fi c Athl eti c	30.90 2.0
2	949	Mat thews, Qui nn	00 Vi cto ri a Track	32.13 2.0

Event 126 Boys 14-15 200 Meter Hurdles 5 x 30"

Name	Year	Team	Fi nal s	Wi nd
1	887	O' Nei l l -Bai ns, Jes	99 Paci fi c Athl eti c	27.85 NWI
2	233	Boar, Domi ni c	00 Nanai mo Track	29.02 NWI
3	299	Morri son, Si mon	99 Oceansi de Track	29.72 NWI
4	353	Sammons, Benj ami n	00 Pe ni sul a Track	30.88 NWI
5	329	Dugui d, Angus	00 NorWesters	34.74 NWI

Event 128 Women 16-17 300 Meter Hurdles 7 x 30"

Name	Year	Team	Fi nal s
1	384	Cho, Stephani e	97 Vancouver OL 42.85
2	875	Bai ns, Chi cago	98 Cow i chan Val l ey 44.85

Event 129 Men 16-17 300 Meter Hurdles 7 x 33"

Name	Year	Team	Fi nal s
1	827	Bel l erose, Kabi r	97 Cow i chan Val l ey 46.05

Event 131 Women 35-39 400 Meter Hurdles 10 x 30"

Name	Year	Team	Fi nal s
1	207	Van Den Bul k, Jean	77 Paci fi c Athl eti c 1:02.79

Event 132 Men 18-19 400 Meter Hurdles 10 x 36"

Name	Year	Team	Fi nal s
1	999	Boyd, Davi d	95 Unattache d B 59.23
2	970	Macewan, Cael an	96 Pe ni sul a Track 1:00.99

Event 134 Girls 9 Year Olds High Jump

Name	Year	Team	Fi nal s
1	246	Paugh, Makenna	05 Nanai mo Track 0.80m

Event 135 Girls 10 Year Olds High Jump

Name	Year	Team	Finals
1 311 Wi deski , Vi ctori a	04	Kaj aks Track	1. 16m
2 281 Broekhui zen, Jordy	04	Al berni Val ley	0. 95m
2 908 Porter, Madi son	04	Cowi chan Val ley	0. 95m
4 936 Scott Bouris, Naev	04	Vi ctori a Track	0. 90m
4 250 Van Oostrom, Reese	04	Nanai mo Track	0. 90m
6 938 Connorton, Maeve	04	Vi ctori a Track	J0. 90m
7 841 Bl umel , Margo	04	Cowi chan Val ley	0. 85m
-- 859 Barron, Madi son	04	Cowi chan Val ley	NH

Event 136 Girls 11 Year Olds High Jump

Name	Year	Team	Finals
1 958 Lauzon, Jayda	03	Cowi chan Val ley	1. 25m
2 809 Stewart-Barnett, K	03	Royal Ci ty	J1. 25m
3 360 Peterson, Julia	03	Peni nsul a Track	J1. 25m
4 894 Woods, Del aney	03	Paci fi c Athl eti c	1. 20m
5 252 Paugh, Madi son	03	Nanai mo Track	1. 15m
6 942 Nugent, Oli via	03	Vi ctori a Track	1. 05m
7 877 Eli s, Lauren	03	Paci fi c Athl eti c	1. 00m
8 361 Van Den Bul k, Al ex	03	Peni nsul a Track	J1. 00m

Event 137 Girls 12 Year Olds High Jump

Name	Year	Team	Finals
1 909 Fougner-Rukus, Ree	02	Cowi chan Val ley	1. 30m
2 333 Rastad, Julia	02	NorWesters	1. 25m
3 367 O' Fl aherty, Cal ei g	02	NorWesters	J1. 25m
4 288 Wi lli ams, Oli via	02	Oceansi de Track	1. 15m
4 255 Mbaoma, Nnya	02	Nanai mo Track	1. 15m
4 988 Kennedy, Angel i que	02	Comox Val ley	1. 15m
7 341 Roman, Natal ia	02	NorWesters	1. 10m
8 890 Robertson-Ravetch,	02	Paci fi c Athl eti c	J1. 10m

Event 138 Girls 13 Year Olds High Jump

Name	Year	Team	Finals
1 828 Gendall , Danae	01	Cowi chan Val ley	1. 30m
2 987 Wi lli ams, Destani e	01	Comox Val ley	1. 25m
3 806 Patry-Smi th, Jenev	01	Royal Ci ty	J1. 25m
4 375 Frederi ksen, Gwyne	01	Unattached B	1. 20m
5 257 Di mter, Julia	01	Nanai mo Track	1. 10m

Event 139 Girls 14-15 High Jump

Name	Year	Team	Finals
1 978 Steen, Cassi dy	99	UVI C	1. 40m
2 863 Labelle, Kara	00	Cowi chan Val ley	J1. 40m
3 374 Burke, Morgan	00	Cl ub Rapi de	J1. 40m
4 949 Matthews, Qui nn	00	Vi ctori a Track	1. 30m
5 373 Truong, Vanessa	99	Cl ub Rapi de	1. 20m
6 901 Heaman, Eli a	00	Paci fi c Athl eti c	J1. 20m
7 889 Robertson-Ravetch,	00	Paci fi c Athl eti c	1. 15m
-- 362 Hi lton, Anna-Mari a	00	Peni nsul a Track	NH

Event 141 Women 16-17 High Jump

Name	Year	Team	Finals
1 314 Cathcart, Sara	98	Kajaks Track	1.55m
2 212 Irwin, Lara	98	Pacific Athletic	1.45m
3 279 Cruickshank, Heath	98	Alberni Valley	1.40m

Event 141 Women 18-19 High Jump

Name	Year	Team	Finals
1 335 Heuer, Kristin	96	NorWesters	1.55m

Event 142 Boys 9 Year Olds High Jump

Name	Year	Team	Finals
1 833 Ketch, Josh	05	Cowichan Valley	1.00m
2 821 Miranda, Kyan	05	Cowichan Valley	0.85m
-- 214 Watson, Cody	05	Nanaimo Track	NH

Event 143 Boys 10 Year Olds High Jump

Name	Year	Team	Finals
1 220 Watson, Jayden	04	Nanaimo Track	1.20m
2 219 Putz, Jake	04	Nanaimo Track	1.05m
3 215 Henry, Stirling	04	Nanaimo Track	0.90m

Event 144 Boys 11 Year Olds High Jump

Name	Year	Team	Finals
1 1402 Kruger, Dylan	03	Cowichan Valley	1.26m
2 906 Rossouw, Ben	03	Cowichan Valley	1.25m
3 223 Schlitz, Brett	03	Nanaimo Track	J1.25m
4 995 Williams, Morris	03	Powell River	J1.25m
5 224 Martiniuk, Cameron	03	Nanaimo Track	1.20m
6 945 Seager, Liam	03	Victoria Track	1.15m
7 348 Kirkendale, Liam	03	Peninsula Track	1.10m
8 347 Johnson, Michael	03	Peninsula Track	0.95m

Event 145 Boys 12 Year Olds High Jump

Name	Year	Team	Finals
1 228 Katzberg, Ethan	02	Nanaimo Track	1.40m
2 398 Abbott, Keagen	02	Powell River	1.20m
3 861 Pacholuk, Emlyn	02	Cowichan Valley	1.05m
-- 873 Haley, Joshua	02	Cowichan Valley	NH
-- 874 Harrison, Noah	02	Cowichan Valley	NH
-- 227 Heisterman, Keaton	02	Nanaimo Track	NH
-- 337 Tonner, Evan	02	NorWesters	NH

Event 146 Boys 13 Year Olds High Jump

Name	Year	Team	Finals
1 232 Day, Colby	01	Nanaimo Track	1.45m
2 231 Tozer, Devin	01	Nanaimo Track	1.30m
2 230 Seaman, Nate	01	Nanaimo Track	1.30m
4 343 Henderson, John	01	NorWesters	J1.30m
5 805 Jones, Maxwell	01	Royal City	1.25m
6 835 Cowan, Troy	01	Cowichan Valley	1.15m

Event 147 Boys 14-15 High Jump

Name	Year	Team	Finals
1 339 Roman, Braydon	99	NorWesters	1.60m
2 891 Schafers, James	99	Pacific Athletic	1.50m
3 892 Vrooman, Keenan	99	Pacific Athletic	1.45m
3 836 Griffiths, Si on	00	Cowichan Valley	1.45m
5 910 Fougner-Rukus, Gri	00	Cowichan Valley	1.35m
5 340 Henderson, Ross	00	NorWesters	1.35m
7 353 Sammons, Benjamin	00	Peninsula Track	J1.35m
8 352 Hopkins, Brennan	00	Peninsula Track	1.30m
9 329 Duguid, Angus	00	NorWesters	J1.30m
10 849 Boulton, Miles	99	Cowichan Valley	J1.30m

Event 149 Men 16-17 High Jump

Name	Year	Team	Finals
1 869 Williams, Ben	98	Cowichan Valley	1.75m
2 275 Mitchell, Rylee	98	Alberni Valley	1.65m

Event 149 Men 18-19 High Jump

Name	Year	Team	Finals
1 970 Macewan, Caelan	96	Peninsula Track	1.70m

Event 149 Men 75-79 High Jump

Name	Year	Team	Finals
1 357 East, Les	39	Peninsula Track	1.15m

Event 150 Girls 9 Year Olds Long Jump

Name	Year	Team	Finals	Wind
1 358 Hilton, Adriana	05	Peninsula Track	2.78m	NWI
2 247 Viers, Meghan	05	Nanaimo Track	2.54m	NWI
3 246 Paugh, Makenna	05	Nanaimo Track	2.07m	NWI

Event 151 Girls 10 Year Olds Long Jump

Name	Year	Team	Finals	Wind
1 311 Wideski, Victoria	04	Kajaks Track	3.29m	NWI
2 249 Menard, Carys	04	Nanaimo Track	3.08m	NWI
3 859 Barron, Madison	04	Cowichan Valley	2.91m	NWI
4 281 Broekhuizen, Jordy	04	Alberni Valley	2.79m	NWI
5 936 Scott Bouris, Naev	04	Victoria Track	2.70m	NWI
6 908 Porter, Madison	04	Cowichan Valley	2.58m	NWI
7 841 Blumel, Margo	04	Cowichan Valley	2.54m	NWI
8 810 Polanska Richardso	04	Royal City	2.38m	NWI
9 248 De Pol, Nyah	04	Nanaimo Track	2.28m	NWI

Event 152 Girls 11 Year Olds Long Jump

Name	Year	Team	Finals	Wind
1 942 Nugent, Olivia	03	Victoria Track	3.49m	NWI
2 251 Higgins, Paige	03	Nanaimo Track	3.41m	NWI
3 252 Paugh, Madison	03	Nanaimo Track	J3.41m	NWI
4 313 Cathcart, Anna	03	Kajaks Track	3.26m	NWI
5 360 Peterson, Julia	03	Peninsula Track	3.20m	NWI
6 809 Stewart-Barnett, K	03	Royal City	3.16m	NWI

7	865	Wiebe, Macy	03	Cowichan Valley	2.79m	NWI
8	858	Werner, Aisha	03	Cowichan Valley	2.74m	NWI
9	877	Ellis, Lauren	03	Pacific Athletic	2.69m	NWI

Event 153 Girls 12 Year Olds Long Jump

Name	Year	Team	Finals	Wind
1	333	Rastad, Julia	02 NorWesters	4.07m NWI
2	203	Shandro, Angelina	02 Unattached B	3.87m NWI
3	254	Mitchell, Makayla	02 Nanaimo Track	3.63m NWI
4	951	Wulder, Cleo	02 Victoria Track	J3.63m NWI
5	807	Dadson, Michelle	02 Royal City	3.60m NWI
6	367	O'Flaherty, Calieg	02 NorWesters	3.59m NWI
7	909	Fougner-Rukus, Ree	02 Cowichan Valley	3.53m NWI
8	341	Roman, Natalia	02 NorWesters	3.35m NWI
9	988	Kennedy, Angelique	02 Comox Valley	3.30m NWI
10	952	Works, Kelsey	02 Victoria Track	3.29m NWI
11	326	Haintz, Marquesis	02 Golden Ears	3.20m NWI
12	284	Chase, Sidney	02 Albern Valley	3.02m NWI
13	890	Robertson-Ravetch,	02 Pacific Athletic	3.00m NWI
14	293	Morrison, Katherin	02 Oceanside Track	2.92m NWI
15	944	Larkin, Mackenzie	02 Victoria Track	2.83m NWI
16	359	Jensen, Alyssa	02 Peninsula Track	2.55m NWI

Event 154 Girls 13 Year Olds Long Jump

Name	Year	Team	Finals	Wind
1	258	Watson, Kaitlyn	01 Nanaimo Track	4.28m NWI
2	964	Murray, Marissa	01 Pacific Athletic	4.01m NWI
3	893	Willet, Abby	01 Pacific Athletic	3.88m NWI
4	987	Williams, Destanie	01 Comox Valley	3.54m NWI
5	291	Terpstra, Rhannon	01 Oceanside Track	2.94m NWI

Event 155 Girls 14-15 Long Jump

Name	Year	Team	Finals	Wind
1	331	Rastad, Emma	99 NorWesters	4.79m 0.8
2	978	Steen, Cassidy	99 UVIC	4.35m 0.8
3	863	Labelle, Kara	00 Cowichan Valley	4.28m 1.1
4	380	Mcphee, Jaclyn	00 Campbell River	4.12m 0.8
5	979	Bruynzeel, Jamie	00 UVIC	4.02m +0.0
6	949	Matthews, Quinn	00 Victoria Track	3.89m 0.2
7	261	Metrowich, Julia	00 Nanaimo Track	3.85m 1.2
8	870	Burton, Olivia	99 Cowichan Valley	3.69m -0.2
9	362	Hilton, Anna-Maria	00 Peninsula Track	3.48m 0.3
10	901	Heaman, Ella	00 Pacific Athletic	3.46m 1.2
11	889	Robertson-Ravetch,	00 Pacific Athletic	3.39m 0.3
12	266	Ferraro, Jamie	99 Nanaimo Track	3.33m 1.3
13	305	Morin-Duncan, Made	00 Oceanside Track	3.05m 1.6

Event 157 Women 16-17 Long Jump

Name	Year	Team	Finals	Wind
1	268	Jerome, Rachel	98 Nanaimo Track	5.09m 0.9
2	913	Todd, Neela	97 NorWesters	4.76m +0.0
3	314	Cathcart, Sara	98 Kajaks Track	4.74m 1.0

Event 157 Women 18-19 Long Jump

Name	Year	Team	Finals	Wind
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1 277 Kemps, Mackenzie 96 Al berni Val ley 4.21m 0.8

Event 157 Women 20-34 Long Jump

Name	Year	Team	Final s	Wind
1 208 Cobb, Aleisha	91	Pacific Athletic	5.44m	0.8

Event 158 Boys 9 Year Olds Long Jump

Name	Year	Team	Final s	Wind
1 845 Whitley, Jack	05	Cowichan Valley	2.58m	NWI
2 344 Kirkendale, Sean	05	Peninsula Track	2.37m	NWI
3 214 Watson, Cody	05	Nanaimo Track	2.08m	NWI

Event 159 Boys 10 Year Olds Long Jump

Name	Year	Team	Final s	Wind
1 220 Watson, Jayden	04	Nanaimo Track	3.48m	NWI
2 997 Fawkes, Ralphy	04	Victoria Track	3.22m	NWI
3 219 Putz, Jake	04	Nanaimo Track	3.01m	NWI
4 221 Veasey, Ryan	04	Nanaimo Track	3.00m	NWI
5 216 King, Adam	04	Nanaimo Track	2.95m	NWI
6 215 Henry, Stirling	04	Nanaimo Track	2.85m	NWI
7 290 Morrison, Samuel	04	Oceanside Track	2.72m	NWI
8 860 Barron, Elijah	04	Cowichan Valley	2.67m	NWI
9 904 Nijjar, Jeevan	04	Cowichan Valley	2.59m	NWI

Event 160 Boys 11 Year Olds Long Jump

Name	Year	Team	Final s	Wind
1 224 Martiniuk, Cameron	03	Nanaimo Track	3.60m	NWI
2 995 Williams, Morris	03	Powell River	3.44m	NWI
3 348 Kirkendale, Liam	03	Peninsula Track	3.41m	NWI
4 998 Igbinosa, Stephen	03	Nanaimo Track	3.22m	NWI
5 289 Jackson, Cody	03	Oceanside Track	3.05m	NWI
6 223 Schlitz, Brett	03	Nanaimo Track	3.03m	NWI
7 848 Willmott, Frazer	03	Cowichan Valley	2.90m	NWI
7 226 Seaman, Ryan	03	Nanaimo Track	2.90m	NWI
9 346 Huber, Eric	03	Peninsula Track	2.77m	NWI
10 225 Seaman, Jake	03	Nanaimo Track	2.71m	NWI
11 851 Tanner, Liam	03	Cowichan Valley	2.69m	NWI
12 222 Garraway, Mait	03	Nanaimo Track	2.62m	NWI
12 347 Johnson, Michael	03	Peninsula Track	2.62m	NWI
14 940 Wehner, Alexander	03	Victoria Track	2.57m	NWI

Event 161 Boys 12 Year Olds Long Jump

Name	Year	Team	Final s	Wind
1 228 Katzberg, Ethan	02	Nanaimo Track	3.95m	NWI
2 379 Hall, Fergus	02	Campbell River	3.90m	NWI
3 349 Hilton, Matteo	02	Peninsula Track	3.76m	NWI
4 883 Ciarnello, Dean	02	Pacific Athletic	3.61m	NWI
5 874 Harrison, Noah	02	Cowichan Valley	2.96m	NWI
6 850 Fontana, Dreydn	02	Cowichan Valley	2.93m	NWI
7 861 Pacholuk, Emlyn	02	Cowichan Valley	2.62m	NWI

Event 162 Boys 13 Year Olds Long Jump

Name	Year	Team	Final s	Wind
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1	803	Belcher, Jeremy	01	Royal City	4.23m	NWI
2	232	Day, Colby	01	Nanaimo Track	4.21m	NWI
3	805	Jones, Maxwell	01	Royal City	4.15m	NWI
4	282	Nahorney, Ty	01	Alberni Valley	4.14m	NWI
4	982	Furtado, Blake	01	UVIC	4.14m	NWI
6	231	Tozer, Devin	01	Nanaimo Track	3.89m	NWI
7	866	Dewitt, Aaron	01	Cowichan Valley	3.80m	NWI
8	804	Jensen, Ryan	01	Royal City	3.73m	NWI
9	230	Seaman, Nate	01	Nanaimo Track	3.65m	NWI
10	343	Henderson, John	01	NorWesters	3.64m	NWI
11	229	Ferraro, Jett	01	Nanaimo Track	3.54m	NWI
12	886	Nijjer, Uday	01	Pacific Athletic	3.46m	NWI

Event 163 Boys 14-15 Long Jump

Name	Year	Team	Finals	Wind		
1	339	Roman, Braydon	99	NorWesters	5.60m	-0.1
2	887	O'Neill-Bains, Jes	99	Pacific Athletic	4.86m	-1.8
3	233	Boar, Dominic	00	Nanaimo Track	4.80m	-0.4
4	235	Mitchell, Joshua	99	Nanaimo Track	4.69m	1.0
5	862	Hilton, Jace	00	Cowichan Valley	4.65m	-1.0
6	353	Sammons, Benjamin	00	Peninsula Track	4.57m	+0.0
7	802	Dadson, Emmanuel	00	Royal City	4.39m	+0.0
8	354	Johnson, David	99	Peninsula Track	4.10m	0.8
9	342	Sparling, Tobin	00	NorWesters	4.09m	-1.0
10	939	Vieites, Nathan	00	Victoria Track	J4.09m	-1.9
11	352	Hopkins, Brennan	00	Peninsula Track	4.03m	0.7
12	943	Cooper, Liam	00	Victoria Track	3.97m	+0.0
13	836	Griffiths, Si on	00	Cowichan Valley	3.90m	-2.1
13	830	Handle, Luke	00	Cowichan Valley	3.90m	0.5
15	884	Jackson, Drew	00	Pacific Athletic	3.60m	0.4
16	981	Mcfall, Thomas	00	UVIC	3.55m	-0.4
17	888	Robertson, Joseph	00	Pacific Athletic	3.46m	1.4
18	872	Shewchuk, Cody	00	Cowichan Valley	3.03m	+0.0
--	842	Foncerrada, Federi	99	Cowichan Valley	FOUL	

Event 165 Men 16-17 Long Jump

Name	Year	Team	Finals	Wind		
1	986	Melchior, Kai n	97	Cowichan Valley	6.14m	-0.9
2	832	Gundersen, Chase	97	Cowichan Valley	5.53m	+0.0
3	297	Richter, Felix	98	Oceanside Track	5.45m	+0.0
4	237	Sandri, Isaac	98	Nanaimo Track	5.06m	+0.0

Event 165 Men 18-19 Long Jump

Name	Year	Team	Finals	Wind		
1	856	Lindsay, Li am	96	Cowichan Valley	5.92m	+0.0
2	999	Boyd, David	95	Unattached B	5.72m	+0.0
3	370	Hsueh, Al bert	96	Club Rapide	5.18m	-1.2
4	388	Wismath, Ni gel	95	Hope Secondary S	4.29m	+0.0

Event 165 Men 20-34 Long Jump

Name	Year	Team	Finals	Wind		
1	372	Phillips, Si mon	93	Club Rapide	3.85m	-0.1

Event 165 Men 75-79 Long Jump

Name	Year	Team	Finals	Wind
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1 357 East, Les 39 Peninsula Track 3.28m -0.2

Event 166 Girls 13 Year Olds Triple Jump

Name	Year	Team	Finals	Wind
1 258 Watson, Kai tlyn	01	Nanai mo Track	9.11m	NWI
2 987 Williams, Destanie	01	Comox Valley	8.05m	NWI

Event 167 Girls 14-15 Triple Jump

Name	Year	Team	Finals	Wind
1 380 Mcphee, Jaclyn	00	Campbell River	8.73m	-0.2
2 889 Robertson-Ravetch,	00	Pacific Athletic	8.16m	0.7
3 266 Ferraro, Jamie	99	Nanai mo Track	8.14m	0.5

Event 169 Women 16-17 Triple Jump

Name	Year	Team	Finals	Wind
1 915 Prairie, Manon	97	Nanai mo Track	10.00m	-0.4
2 212 Irwin, Lara	98	Pacific Athletic	9.41m	+0.0
3 824 White, Belle	97	Cowichan Valley	7.18m	+0.0

Event 169 Women 18-19 Triple Jump

Name	Year	Team	Finals	Wind
1 276 Dass, Ni kei sha	96	Alberni Valley	9.73m	+0.0
2 277 Kemps, Mackenzie	96	Alberni Valley	9.29m	+0.0

Event 170 Boys 13 Year Olds Triple Jump

Name	Year	Team	Finals	Wind
1 282 Nahorney, Ty	01	Alberni Valley	8.91m	NWI
2 804 Jensen, Ryan	01	Royal City	8.44m	NWI
3 229 Ferraro, Jett	01	Nanai mo Track	8.19m	NWI

Event 171 Boys 14-15 Triple Jump

Name	Year	Team	Finals	Wind
1 339 Roman, Braydon	99	NorWesters	12.18m	0.6
2 234 Ano, Josiah	99	Nanai mo Track	10.49m	1.0
3 887 O'Neil -Bains, Jes	99	Pacific Athletic	10.34m	1.0
4 836 Griffiths, Si on	00	Cowichan Valley	9.89m	1.1
5 329 Duguid, Angus	00	NorWesters	9.45m	+0.0
6 910 Fougner-Rukus, Gri	00	Cowichan Valley	9.14m	0.6

Event 173 Men 16-17 Triple Jump

Name	Year	Team	Finals	Wind
1 275 Mitchell, Rylee	98	Alberni Valley	11.35m	0.3
2 239 Clare, Jason	98	Nanai mo Track	11.12m	+0.0
3 832 Gundersen, Chase	97	Cowichan Valley	10.72m	0.9

Event 173 Men 75-79 Triple Jump

Name	Year	Team	Finals	Wind
1 357 East, Les	39	Peninsula Track	7.62m	0.5

Event 174 Girls 13 Year Olds Pole Vault

Name	Year	Team	Finals
1 257 Dimter, Julia	01	Nanaimo Track	1.51m

Event 175 Girls 14-15 Pole Vault

Name	Year	Team	Finals
1 931 Martinusen, Christ	99	Pacific Athletic	2.61m
2 260 Stewart, Hope	00	Nanaimo Track	2.01m
3 265 Andersen, Marina	00	Nanaimo Track	1.91m
4 264 Katzberg, Jessica	00	Nanaimo Track	1.61m
5 257 Dimter, Julia	01	Nanaimo Track	1.51m

Event 177 Women 15 Pole Vault

Name	Year	Team	Finals
1 931 Martinusen, Christ	99	Pacific Athletic	2.61m

Event 177 Women 16-17 Pole Vault

Name	Year	Team	Finals
1 920 Horwood, Nicola	97	Victoria Track	2.61m
2 966 Psocka, Andrea	97	Unattached B	2.51m
2 800 Weir, Kinsey	97	Royal City	2.51m
4 212 Irwin, Lara	98	Pacific Athletic	1.81m
5 934 Mitchell, Nika	97	Oak Bay SS	1.71m

Event 177 Women 18-19 Pole Vault

Name	Year	Team	Finals
1 918 Cole, Lindsay	96	Victoria Track	2.81m

Event 177 Women 45-49 Pole Vault

Name	Year	Team	Finals
1 917 Craig, Nancy	65	Victoria Track	2.81m

Event 178 Boys 13 Year Olds Pole Vault

Name	Year	Team	Finals
1 805 Jones, Maxwell	01	Royal City	1.71m
1 229 Ferraro, Jett	01	Nanaimo Track	1.71m
3 231 Tozer, Devin	01	Nanaimo Track	J1.71m

Event 179 Boys 14-15 Pole Vault

Name	Year	Team	Finals
1 233 Boar, Dominic	00	Nanaimo Track	2.31m
2 802 Dadson, Emmanuel	00	Royal City	2.11m
3 836 Griffiths, Si on	00	Cowichan Valley	1.91m

Event 181 Men 15 Pole Vault

Name	Year	Team	Finals
1 926 Petruzzelli, Marce	99	Victoria Track	2.71m

Event 181 Men 16-17 Pole Vault

Name	Year	Team	Finals
1 239 Clare, Jason	98	Nanaimo Track	3.51m
2 387 Steberl, Jeremiah	98	Hope Secondary S	2.91m

Event 181 Men 20-34 Pole Vault

Name	Year	Team	Finals
1 928 Vaesen, Gavin	91	Victoria Track	4.32m
2 929 Weiman, Kyle	89	Victoria Track	3.91m
3 930 Steele, Sergei	89	Victoria Track	2.71m

Event 181 Men 50-54 Pole Vault

Name	Year	Team	Finals
1 921 Joe, Howard	63	Victoria Track	3.31m

Event 181 Men 75-79 Pole Vault

Name	Year	Team	Finals
1 922 Dumas, Gerard	35	Victoria Track	2.21m

Event 182 Girls 10 Year Olds Discus Throw 750 g

Name	Year	Team	Finals
1 311 Wideski, Victoria	04	Kajaks Track	16.21m
2 327 Haintz, Kai	04	Golden Ears	8.93m
3 908 Porter, Madison	04	Cowichan Valley	6.79m
4 938 Connorton, Maeve	04	Victoria Track	6.29m
5 841 Blumel, Margo	04	Cowichan Valley	6.21m

Event 183 Girls 11 Year Olds Discus Throw 750 g

Name	Year	Team	Finals
1 361 Van Den Bulk, Alex	03	Peninsula Track	13.97m
2 360 Peterson, Julia	03	Peninsula Track	12.95m
3 252 Paugh, Madison	03	Nanaimo Track	12.91m
4 942 Nugent, Olivia	03	Victoria Track	12.47m
5 958 Lauzon, Jayda	03	Cowichan Valley	12.22m
6 808 Kalisch, Milena	03	Royal City	11.91m

Event 184 Girls 12 Year Olds Discus Throw 750 g

Name	Year	Team	Finals
1 333 Rastad, Julia	02	NorWesters	23.75m
2 254 Mitchell, Makayla	02	Nanaimo Track	20.79m
3 807 Dadson, Michelle	02	Royal City	20.64m
4 292 Woolnough, Alena	02	Oceanside Track	19.53m
5 293 Morrison, Katherin	02	Oceanside Track	15.26m
6 909 Fougner-Rukus, Ree	02	Cowichan Valley	14.17m
7 944 Larkin, Mackenzie	02	Victoria Track	13.00m
8 341 Roman, Natalia	02	NorWesters	12.45m
9 952 Works, Kelsey	02	Victoria Track	11.97m

Event 185 Girls 13 Year Olds Discus Throw 750 g

Name	Year	Team	Finals
1 806 Patry-Smith, Jenev	01	Royal City	29.40m
2 211 Haintz, Mateya	01	Unattached B	26.34m
3 893 Willett, Abby	01	Pacific Athletic	25.34m
4 375 Frederiksen, Gwyne	01	Unattached B	23.05m
5 307 Elliott, Libby	01	Oceanside Track	20.59m
6 987 Williams, Destanie	01	Comox Valley	15.00m
7 291 Terpstra, Rhannon	01	Oceanside Track	14.04m
8 308 Stewart, Amy	01	Oceanside Track	10.50m

Event 186 Girls 14-15 Discus Throw 1 kg

Name	Year	Team	Finals
1 321 Wideski, Valerie	99	Kajaks Track	37.02m
2 376 Frederiksen, Linds	99	Unattached B	27.12m
3 264 Katzberg, Jessica	00	Nanaimo Track	24.74m
4 266 Ferraro, Jamie	99	Nanaimo Track	19.70m
5 304 Woolnough, Serena	00	Oceanside Track	19.66m
6 819 Dewitt, Emma	00	Cowichan Valley	18.07m
7 261 Metrowich, Julia	00	Nanaimo Track	16.97m
8 262 Sayah, Taylor	00	Nanaimo Track	15.22m
9 889 Robertson-Ravetch,	00	Pacific Athletic	12.13m
-- 302 Blyt, Kyra	99	Oceanside Track	ND

Event 188 Women 16-17 Discus Throw 1 kg

Name	Year	Team	Finals
1 900 Willing, Tasha	98	Valley Royal	32.73m
2 815 Carrothers, Kelsey	98	Pacific Athletic	32.19m
3 377 Frederiksen, Mairi	97	Unattached B	29.38m
4 948 Davison-O'brien, A	98	Victoria Track	22.61m

Event 188 Women 18-19 Discus Throw 1 kg

Name	Year	Team	Finals
1 814 Esser, Agnes	95	Pacific Athletic	50.64m

Event 188 Women 20-34 Discus Throw 1 kg

Name	Year	Team	Finals
1 992 Brockway, Jessye	93	Trinity West	21.52m

Event 188 Women 50-54 Discus Throw 1 kg

Name	Year	Team	Finals
1 947 Davison, Che	63	Victoria Track	16.49m

Event 190 Boys 10 Year Olds Discus Throw 750 g

Name	Year	Team	Finals
1 221 Veasey, Ryan	04	Nanaimo Track	12.70m
2 290 Morri son, Samuel	04	Oceanside Track	10.19m
3 860 Barron, Elijah	04	Cowichan Valley	9.83m
4 215 Henry, Stirling	04	Nanaimo Track	8.10m

Event 191 Boys 11 Year Olds Discus Throw 750 g

Name	Year	Team	Finals
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1	378	Perras, Trent	03	Campbell River	20.02m
2	346	Huber, Eric	03	Peninsula Track	16.86m
3	946	Seager, Sam	03	Victoria Track	12.54m
4	225	Seaman, Jake	03	Nanaimo Track	11.32m
5	998	Igbi nosa, Stephen	03	Nanaimo Track	10.36m
--	945	Seager, Liam	03	Victoria Track	DQ

Event 192 Boys 12 Year Olds Discus Throw 1 kg

Name	Year	Team	Finals	
1	398	Abbott, Keagen	02 Powell River	19.59m
2	228	Katzberg, Ethan	02 Nanaimo Track	18.87m
3	227	Heisterman, Keaton	02 Nanaimo Track	16.87m
4	883	Ciarnello, Dean	02 Pacific Athletic	16.65m
5	294	Bassett, Avi	02 Oceanside Track	15.03m
6	379	Hall, Fergus	02 Campbell River	14.71m
7	993	Andersen, Ethan	02 Nanaimo Track	14.65m

Event 193 Boys 13 Year Olds Discus Throw 1 kg

Name	Year	Team	Finals	
1	867	Dewitt, Jaden	01 Cowichan Valley	22.31m
2	280	Contant, Yanick	01 Alberni Valley	21.69m
3	229	Ferraro, Jett	01 Nanaimo Track	20.81m
4	231	Tozer, Devin	01 Nanaimo Track	17.83m
5	309	Stewart, Shane	01 Oceanside Track	13.73m

Event 194 Boys 14-15 Discus Throw 1 kg

Name	Year	Team	Finals	
1	301	Elliott, Noah	99 Oceanside Track	38.96m
2	892	Vrooman, Keenan	99 Pacific Athletic	30.99m
3	353	Sammons, Benjamin	00 Peninsula Track	30.04m
4	831	Ogihara-Kertz, Jam	99 Cowichan Valley	23.81m
5	910	Fougner-Rukus, Gri	00 Cowichan Valley	18.48m
6	853	Pacholuk, Aidan	00 Cowichan Valley	17.70m
7	872	Shewchuk, Cody	00 Cowichan Valley	16.04m

Event 196 Men 16-17 Discus Throw 1.5 kg

Name	Year	Team	Finals	
1	963	Rokic, Mak	97 Oak Bay SS	41.80m
2	274	Weegar, Thompson	98 Alberni Valley	41.29m
3	818	Willet, Sam	97 Pacific Athletic	41.10m
4	209	Szczawinski, Maxwe	98 Unattached B	39.15m
5	967	Grewal, Jeewan	97 Valley Royal	33.97m
6	911	Hayes, Derek	97 Cowichan Valley	33.31m
7	385	Inansci, Jarek	98 Hope Secondary S	24.64m

Event 198 Men 40-44 Discus Throw 2 kg

Name	Year	Team	Finals	
1	355	Jensen, Carl	72 Peninsula Track	23.01m

Event 200 Men 65-69 Discus Throw 1 kg

Name	Year	Team	Finals	
1	880	Bannister, Cecil	49 Peninsula Track	25.26m

2 356 Auvinen, Peter 47 Peninsula Track 22.41m

Event 200 Men 75-79 Discus Throw 1 kg

Name	Year	Team	Finals
1 357 East, Les	39	Peninsula Track	28.95m

Event 201 Girls 10 Year Olds Javelin Throw 400 g

Name	Year	Team	Finals
1 311 Wi deski , Victori a	04	Kaj aks Track	11.03m
2 249 Menard, Carys	04	Nanai mo Track	9.33m
3 936 Scott Bouris, Naev	04	Victori a Track	8.23m
4 938 Connorton, Maeve	04	Victori a Track	7.83m
5 953 Works, Katherine	04	Victori a Track	7.43m
6 810 Polanska Ri chardso	04	Royal Ci ty	7.33m
7 841 Bl umel , Margo	04	Cowi chan Val ley	6.84m

Event 202 Girls 11 Year Olds Javelin Throw 400 g

Name	Year	Team	Finals
1 253 Lundman, Ol i vi a	03	Nanai mo Track	14.00m
2 894 Woods, Del aney	03	Paci fi c Athl eti c	11.92m
3 361 Van Den Bul k, Al ex	03	Peni nsul a Track	11.56m
4 251 Hi ggi ns, Pai ge	03	Nanai mo Track	10.76m
5 252 Paugh, Madi son	03	Nanai mo Track	10.43m
6 942 Nugent, Ol i vi a	03	Victori a Track	9.21m
7 954 Randal l -Guy, Laure	03	Victori a Track	6.32m

Event 203 Girls 12 Year Olds Javelin Throw 400 g

Name	Year	Team	Finals
1 333 Rastad, Jul i a	02	NorWesters	22.05m
2 909 Fougner-Rukus, Ree	02	Cowi chan Val ley	21.42m
3 255 Mbaoma, Nnya	02	Nanai mo Track	18.95m
4 287 Magana, Catal i na	02	Oceansi de Track	16.39m
5 944 Larki n, Mackenzi e	02	Victori a Track	15.41m
6 284 Chase, Si dney	02	Al berni Val ley	13.11m
7 341 Roman, Natal i a	02	NorWesters	12.66m
8 293 Morri son, Katheri n	02	Oceansi de Track	11.40m
9 890 Robertson-Ravetch,	02	Paci fi c Athl eti c	10.23m
10 951 Wul der, Cleo	02	Victori a Track	10.19m
11 359 Jensen, Alyssa	02	Peni nsul a Track	9.91m
12 825 Whi te, Lavender	02	Cowi chan Val ley	9.35m
13 367 O' Fl aherty, Cal ei g	02	NorWesters	9.13m
-- 952 Works, Kel sey	02	Victori a Track	ND
-- 988 Kennedy, Angel i que	02	Comox Val ley	ND

Event 204 Girls 13 Year Olds Javelin Throw 400 g

Name	Year	Team	Finals
1 806 Patry-Smi th, Jenev	01	Royal Ci ty	31.23m
2 893 Willett, Abby	01	Paci fi c Athl eti c	24.86m
3 375 Frederiksen, Gwyne	01	Unattached B	22.39m
4 987 Williams, Destani e	01	Comox Val ley	17.43m
5 307 Elli ott, Libby	01	Oceansi de Track	16.59m
6 291 Terpstra, Rhiannon	01	Oceansi de Track	13.78m
7 816 Chin, Ella	01	Paci fi c Athl eti c	13.58m

Event 205 Girls 14-15 Javelin Throw 500 g

Name	Year	Team	Finals
1 931 Martinusen, Christ	99	Pacific Athletic	27.59m
2 331 Rastad, Emma	99	NorWesters	26.99m
3 819 Dewit, Emma	00	Cowichan Valley	21.88m
4 265 Andersen, Marina	00	Nanaimo Track	17.49m
5 266 Ferraro, Jamie	99	Nanaimo Track	16.96m
6 262 Sayah, Taylor	00	Nanaimo Track	14.80m
7 889 Robertson-Ravetch,	00	Pacific Athletic	13.99m
8 305 Morin-Duncan, Made	00	Oceanside Track	13.06m

Event 207 Women 16-17 Javelin Throw 500 g

Name	Year	Team	Finals
1 815 Carrothers, Kelsey	98	Pacific Athletic	30.33m
2 948 Davison-O'brien, A	98	Victoria Track	27.37m
3 962 Thomas, Jahni aa	97	Oak Bay SS	26.47m
4 961 Roskelly, Morgan	97	Oak Bay SS	25.83m
5 269 Morris, Amy	98	Nanaimo Track	16.66m

Event 208 Women 18-19 Javelin Throw 600 g

Name	Year	Team	Finals
1 276 Dass, Ni kei sha	96	Alberni Valley	30.72m

Event 209 Women 50-54 Javelin Throw 500 g

Name	Year	Team	Finals
1 947 Davison, Che	63	Victoria Track	17.18m
2 364 Murfitt, Anne	59	Peninsula Track	16.64m

Event 210 Women 75-79 Javelin Throw 400 g

Name	Year	Team	Finals
1 365 Morfitt, Peggy	37	Peninsula Track	9.07m

Event 211 Boys 10 Year Olds Javelin Throw 400 g

Name	Year	Team	Finals
1 219 Putz, Jake	04	Nanaimo Track	13.87m
2 345 Soeliner-Wilson, K	04	Peninsula Track	13.21m
3 221 Veasey, Ryan	04	Nanaimo Track	11.76m
4 216 King, Adam	04	Nanaimo Track	11.13m
5 215 Henry, Stirling	04	Nanaimo Track	8.94m
6 290 Morrison, Samuel	04	Oceanside Track	8.72m
7 904 Nijjar, Jeevan	04	Cowichan Valley	5.92m

Event 212 Boys 11 Year Olds Javelin Throw 400 g

Name	Year	Team	Finals
1 348 Kirkendale, Liam	03	Peninsula Track	20.01m
2 378 Perras, Trent	03	Campbell River	19.74m
3 226 Seaman, Ryan	03	Nanaimo Track	17.34m
4 848 Willmott, Frazer	03	Cowichan Valley	14.79m
5 225 Seaman, Jake	03	Nanaimo Track	13.08m
6 347 Johnson, Michael	03	Peninsula Track	12.80m
7 346 Huber, Eric	03	Peninsula Track	10.56m
8 222 Garraway, Mai t	03	Nanaimo Track	9.93m

9	223	Schlitz, Brett	03	Nanaimo Track	8.32m
--	289	Jackson, Cody	03	Oceanside Track	ND

Event 213 Boys 12 Year Olds Javelin Throw 500 g

	Name	Year	Team	Finals
1	228 Katzberg, Ethan	02	Nanaimo Track	25.72m
2	883 Ciarnello, Dean	02	Pacific Athletic	25.33m
3	349 Hilton, Matteo	02	Peninsula Track	23.67m
4	993 Andersen, Ethan	02	Nanaimo Track	23.26m
5	837 Stark, Blake	02	Cowichan Valley	20.47m
--	850 Fontana, Dreydn	02	Cowichan Valley	FOUL

Event 214 Boys 13 Year Olds Javelin Throw 500 g

	Name	Year	Team	Finals
1	867 Dewitt, Jaden	01	Cowichan Valley	34.00m
2	232 Day, Colby	01	Nanaimo Track	33.44m
3	280 Contant, Yanick	01	Alberni Valley	27.91m
4	231 Tozer, Devin	01	Nanaimo Track	26.37m
5	229 Ferraro, Jett	01	Nanaimo Track	25.16m
6	282 Nahorney, Ty	01	Alberni Valley	24.76m
7	804 Jensen, Ryan	01	Royal City	21.37m
--	886 Nijjer, Uday	01	Pacific Athletic	FOUL
--	843 Heyward, Lorne	01	Cowichan Valley	FOUL

Event 215 Boys 14-15 Javelin Throw 600 g

	Name	Year	Team	Finals
1	836 Griffiths, Si on	00	Cowichan Valley	36.99m
2	301 Elliott, Noah	99	Oceanside Track	34.13m
3	353 Sammons, Benjamin	00	Peninsula Track	31.72m
4	891 Schafers, James	99	Pacific Athletic	28.04m
5	892 Vrooman, Keenan	99	Pacific Athletic	27.55m
6	342 Sparling, Tobin	00	NorWesters	27.05m
7	884 Jackson, Drew	00	Pacific Athletic	26.99m
8	831 Ogihara-Kertz, Jam	99	Cowichan Valley	24.68m
9	872 Shewchuk, Cody	00	Cowichan Valley	11.81m

Event 217 Men 16-17 Javelin Throw 700 g

	Name	Year	Team	Finals
1	275 Mitchell, Rylee	98	Alberni Valley	45.19m
2	911 Hayes, Derek	97	Cowichan Valley	43.10m
3	237 Sandri, Isaac	98	Nanaimo Track	37.60m
4	385 Inansci, Jarek	98	Hope Secondary S	29.65m
5	386 Robinson, Zac	98	Hope Secondary S	28.82m
6	387 Steberl, Jeremiah	98	Hope Secondary S	27.92m

Event 220 Men 50-59 Javelin Throw 700 g

	Name	Year	Team	Finals
1	902 Griffiths, Dewi	61	Cowichan Valley	31.17m

Event 221 Men 60-69 Javelin Throw 600 g

	Name	Year	Team	Finals
1	356 Auvinen, Peter	47	Peninsula Track	28.46m
2	880 Bannister, Cecil	49	Peninsula Track	24.78m

Event 224 Girls 9 Year Olds Shot Put 2 kg

Name	Year	Team	Finals
1 358 Hilton, Adriana	05	Peninsula Track	3.95m
2 246 Paugh, Makenna	05	Nanaimo Track	3.74m
3 247 Viers, Meghan	05	Nanaimo Track	3.08m

Event 225 Girls 10 Year Olds Shot Put 2 kg

Name	Year	Team	Finals
1 311 Wideski, Victoria	04	Kajaks Track	7.33m
2 281 Broekhuizen, Jordy	04	Alberni Valley	5.52m
3 285 McDonald, Malika	04	Alberni Valley	4.37m
4 908 Porter, Madison	04	Cowichan Valley	4.20m
5 859 Barron, Madison	04	Cowichan Valley	4.02m
6 841 Blumel, Margo	04	Cowichan Valley	3.87m
7 250 Van Oostrom, Reese	04	Nanaimo Track	3.29m
8 953 Works, Katherine	04	Victoria Track	3.14m
9 938 Connorton, Maeve	04	Victoria Track	2.84m

Event 226 Girls 11 Year Olds Shot Put 2 kg

Name	Year	Team	Finals
1 985 Bhandal, Jasmin	03	Kajaks Track	7.41m
2 360 Peterson, Julia	03	Peninsula Track	6.10m
3 252 Paugh, Madison	03	Nanaimo Track	5.80m
4 865 Wiebe, Macy	03	Cowichan Valley	5.00m
5 877 Ellis, Lauren	03	Pacific Athletic	4.51m
6 808 Kalisch, Milena	03	Royal City	4.50m

Event 227 Girls 12 Year Olds Shot Put 3 kg

Name	Year	Team	Finals
1 333 Rastad, Julia	02	NorWesters	8.17m
2 909 Fougner-Rukus, Ree	02	Cowichan Valley	7.77m
3 254 Mitchell, Makayla	02	Nanaimo Track	7.63m
4 807 Dadson, Michelle	02	Royal City	7.43m
5 292 Woolnough, Alena	02	Oceanside Track	5.97m
6 944 Larkin, Mackenzie	02	Victoria Track	5.62m
7 965 Murray, Paige	02	Pacific Athletic	5.54m
8 293 Morrison, Katherine	02	Oceanside Track	5.46m
9 988 Kennedy, Angelique	02	Comox Valley	5.03m
10 359 Jensen, Alyssa	02	Peninsula Track	4.70m
11 890 Robertson-Ravetch,	02	Pacific Athletic	3.67m
12 951 Wulder, Cleo	02	Victoria Track	3.55m

Event 228 Girls 13 Year Olds Shot Put 3 kg

Name	Year	Team	Finals
1 375 Frederiksen, Gwyne	01	Unattached B	9.23m
2 806 Patry-Smith, Jenev	01	Royal City	8.89m
3 964 Murray, Marissa	01	Pacific Athletic	8.57m
4 257 Dimter, Julia	01	Nanaimo Track	5.72m

Event 229 Girls 14-15 Shot Put 3 kg

Name	Year	Team	Finals
1 321 Wideski, Valerie	99	Kajaks Track	11.50m

2	331	Rastad, Emma	99	NorWesters	9.89m
3	376	Frederiksen, Linds	99	Unattached B	9.69m
4	819	Dewit, Emma	00	Cowichan Valley	8.34m
5	978	Steen, Cassidy	99	UVIC	8.26m
6	304	Woolnough, Serena	00	Oceanside Track	7.80m
7	380	Mcphee, Jaclyn	00	Campbell River	7.52m
8	368	Benedict, Lauren	99	Club Rapide	6.96m
9	362	Hilton, Anna-Maria	00	Peninsula Track	5.37m
10	889	Robertson-Ravetch,	00	Pacific Athletic	5.20m
--	823	White, Emerald	00	Cowichan Valley	ND

Event 231 Women 16-17 Shot Put 3 kg

Name	Year	Team	Finals	
1	900	Willing, Tasha	98 Valley Royal	12.19m
2	332	Acosta, Maria	97 NorWesters	12.01m
3	815	Carrothers, Kelsey	98 Pacific Athletic	11.10m

Event 232 Women 20-34 Shot Put 4 kg

Name	Year	Team	Finals	
1	992	Brockway, Jessye	93 Trinity West	5.83m

Event 233 Women 50-54 Shot Put 3 kg

Name	Year	Team	Finals	
1	947	Davison, Che	63 Victoria Track	8.03m

Event 235 Boys 9 Year Olds Shot Put 2 kg

Name	Year	Team	Finals	
1	344	Kirkendale, Sean	05 Peninsula Track	4.33m
2	845	Whitney, Jack	05 Cowichan Valley	3.74m
3	214	Watson, Cody	05 Nanaimo Track	3.70m
4	868	Maher, Evan	05 Cowichan Valley	3.54m
--	821	Miranda, Kyan	05 Cowichan Valley	FOUL
--	833	Ketch, Josh	05 Cowichan Valley	FOUL

Event 236 Boys 10 Year Olds Shot Put 2 kg

Name	Year	Team	Finals	
1	345	Soeliner-Wilson, K	04 Peninsula Track	6.51m
2	219	Putz, Jake	04 Nanaimo Track	5.89m
3	290	Morrison, Samuel	04 Oceanside Track	4.90m
4	860	Barron, Elijah	04 Cowichan Valley	4.35m
--	215	Henry, Stirling	04 Nanaimo Track	FOUL

Event 237 Boys 11 Year Olds Shot Put 2 kg

Name	Year	Team	Finals	
1	378	Perras, Trent	03 Campbell River	7.56m
2	346	Huber, Eric	03 Peninsula Track	7.45m

Event 238 Boys 12 Year Olds Shot Put 3 kg

Name	Year	Team	Finals	
1	398	Abbott, Keagen	02 Powell River	9.62m
2	350	Loughnane, Conor	02 Peninsula Track	8.45m

3	228	Katzberg, Ethan	02	Nanaimo Track	7.70m
4	379	Hall, Fergus	02	Campbell River	7.54m
5	883	Ciarnello, Dean	02	Pacific Athletic	7.08m
6	993	Andersen, Ethan	02	Nanaimo Track	6.31m
7	861	Pacholuk, Emlyn	02	Cowichan Valley	5.10m
8	874	Harri son, Noah	02	Cowichan Valley	5.02m

Event 239 Boys 13 Year Olds Shot Put 3 kg

Name	Year	Team	Finals
1	229	Ferraro, Jett	01 Nanaimo Track 7.56m
2	867	Dewitt, Jaden	01 Cowichan Valley 7.46m

Event 240 Boys 14-15 Shot Put 4 kg

Name	Year	Team	Finals
1	836	Gri ffi ths, Si on	00 Cowichan Valley 11.04m
2	891	Schafers, James	99 Pacific Athletic 9.84m
3	342	Sparling, Tobin	00 NorWesters 8.33m
4	352	Hopki ns, Brennan	00 Peni nsul a Track 6.26m

Event 242 Men 16-17 Shot Put 5 kg

Name	Year	Team	Finals
1	385	Inansci, Jarek	98 Hope Secondary S 10.82m

Event 244 Men 40-44 Shot Put 7.26 kg

Name	Year	Team	Finals
1	206	Vanni ni, Phi lli p	74 Unattached B 11.25m
2	355	Jensen, Carl	72 Peni nsul a Track 9.72m

Event 245 Men 50-59 Shot Put 6 kg

Name	Year	Team	Finals
1	902	Gri ffi ths, Dewi	61 Cowichan Valley 9.19m

Event 246 Men 65-69 Shot Put 5 kg

Name	Year	Team	Finals
1	880	Banni ster, Ceci l	49 Peni nsul a Track 9.45m
2	356	Auvi nen, Peter	47 Peni nsul a Track 8.93m

Event 247 Men 70-79 Shot Put 4 kg

Name	Year	Team	Finals
1	357	East, Les	39 Peni nsul a Track 8.32m

Event 249 Girls 12 Year Olds Hammer Throw 3 kg

Name	Year	Team	Finals
1	292	Wool nough, Al ena	02 Oceanside Track 14.31m

Event 250 Girls 13 Year Olds Hammer Throw 3 kg

Name	Year	Team	Finals
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1	211	Haintz, Mateya	01	Unattached B	41.20m
2	893	Willett, Abby	01	Pacific Athletic	26.26m
3	375	Frederiksen, Gwyne	01	Unattached B	22.23m
4	307	Elliott, Libby	01	Oceanside Track	20.21m

Event 251 Girls 14-15 Hammer Throw 3 kg

Name	Year	Team	Finals
1	321	Wideski, Valerie	99 Kajaks Track 42.05m
2	304	Woolnough, Serena	00 Oceanside Track 28.94m
3	264	Katzberg, Jessica	00 Nanaimo Track 26.36m
--	376	Frederiksen, Linds	99 Unattached B FOUL

Event 253 Women 16-17 Hammer Throw 3 kg

Name	Year	Team	Finals
1	900	Willing, Tasha	98 Valley Royal 50.89m
2	811	Bomford, Lizzie	97 Pacific Athletic 49.15m
3	815	Carrothers, Kelsey	98 Pacific Athletic 41.55m

Event 254 Women 18-19 Hammer Throw 4 kg

Name	Year	Team	Finals
1	968	Grewal, Manpreet	96 Valley Royal 47.47m
2	812	Gmitroski, Krysta	96 Pacific Athletic 43.62m
3	813	Neville-Rutherford	96 Pacific Athletic 42.92m

Event 255 Women 50-54 Hammer Throw 3 kg

Name	Year	Team	Finals
1	364	Murfit, Anne	59 Peninsula Track 21.72m
2	947	Davison, Che	63 Victoria Track 17.24m

Event 256 Women 75-79 Hammer Throw 2 kg

Name	Year	Team	Finals
1	365	Morfit, Peggy	37 Peninsula Track 16.66m

Event 258 Boys 13 Year Olds Hammer Throw 3 kg

Name	Year	Team	Finals
1	984	Bhandal, Iqam	01 Kajaks Track 26.67m
2	282	Nahorney, Ty	01 Alberni Valley 16.62m
3	835	Cowan, Troy	01 Cowichan Valley 14.76m

Event 259 Boys 14-15 Hammer Throw 4 kg

Name	Year	Team	Finals
1	836	Grieffths, Si on	00 Cowichan Valley 32.77m
2	303	Austin, Dalton	99 Oceanside Track 24.94m
3	283	Wynans, Jonah	00 Alberni Valley 23.36m
4	301	Elliott, Noah	99 Oceanside Track 22.62m

Event 261 Men 16-17 Hammer Throw 5 kg

Name	Year	Team	Finals
1	818	Willett, Sam	97 Pacific Athletic 61.89m

2 967 Grewal, Jeewan 97 Valley Royal 44.69m

Event 262 Men 18-19 Hammer Throw 6 kg

Name	Year	Team	Finals
1 881 Stewart, Daniel	95	Unattached B	34.08m

Event 263 Men 20-34 Hammer Throw 7.26 kg

Name	Year	Team	Finals
1 957 Keenan, Adam	93	Kamloops Tra	64.60m
2 328 Bhandal, Pauljit	94	Kajaks Track	43.24m

Event 264 Men 50-54 Hammer Throw 6 kg

Name	Year	Team	Finals
1 902 Griffiths, Dewi	61	Cowichan Valley	31.80m

Event 266 Men 75-79 Hammer Throw 4 kg

Name	Year	Team	Finals
1 357 East, Les	39	Peninsula Track	31.75m

Event 345 Women 16-75 Shot Put F11

Name	Year	Team	Finals
1 990 Murby, Vanessa	85	Vancouver TH	7.95m

Event 346 Women 16-75 Discus Throw F11

Name	Year	Team	Finals
1 990 Murby, Vanessa	85	Vancouver TH	24.47m

Event 347 Women 16-75 Javelin Throw F11

Name	Year	Team	Finals
1 990 Murby, Vanessa	85	Vancouver TH	16.00m

Event 348 Women 16-75 Shot Put F44 Ambulatory

Name	Year	Team	Finals
1 991 Cochrane, Nancy	52	BC Wheelchair	5.09m

Event 349 Women 16-75 Javelin Throw F44 Ambulatory

Name	Year	Team	Finals
1 991 Cochrane, Nancy	52	BC Wheelchair	10.31m