

2014 Garriock Track Meet
 Duncan, BC - 6/7/2014 to 6/8/2014
 Results

Event 1 Girls 9 Year Olds 60 Meter Dash

Name	Year Team	Finals	Wind
Finals			
1 Rasaanah, Jaeda	05 Nanaimo Track	10.60	NWI
2 Smith, Caitlin	05 Nanaimo Track	11.19	NWI
3 King, Lauren	05 Nanaimo Track	11.68	NWI
4 Gibbons, Niamh	05 Peninsula Track	11.78	NWI
5 Paugh, Makenna	05 Nanaimo Track	12.54	NWI
6 Butterworth, Mikayla	05 Oceanside Track	12.62	NWI
7 Pringle, Taylor	05 Unattached	12.71	NWI

Event 2 Girls 10 Year Olds 60 Meter Dash

Name	Year Team	Finals	Wind
1 Biggs, Kailey	04 Comox Valley	9.77	NWI
2 Broekhuizen, Jordyn	04 Alberni Valley	10.26	NWI
3 Van Oostrom, Reese	04 Nanaimo Track	10.33	NWI
4 Blumel, Margo	04 Cowichan Valley	10.64	NWI
5 Porter, Madison	04 Cowichan Valley	10.82	NWI
6 Keefer, Clara	04 Nanaimo Track	10.90	NWI
7 Palmer, Elise	04 Nanaimo Track	10.96	NWI

Event 3 Girls 11 Year Olds 60 Meter Dash

Name	Year Team	Finals	Wind
1 Schmunk, Annika	03 Powell River	9.09	NWI
2 Werner, Aisha	03 Cowichan Valley	9.32	NWI
3 Randell-Guy, Lauren	03 Victoria Track	9.68	NWI
4 Lundman, Olivia	03 Nanaimo Track	9.71	NWI
5 Lauzon, Jayda	03 Cowichan Valley	9.96	NWI
6 Van Den Bulk, Alexis	03 Peninsula Track	10.45	NWI
7 Donkersley, Peyton	03 Oceanside Track	10.67	NWI
8 Gibbons, Siobhan	03 Peninsula Track	12.19	NWI

Event 4 Boys 9 Year Olds 60 Meter Dash

Name	Year Team	Finals	Wind
1 Ketch, Josh	05 Cowichan Valley	10.00	NWI
2 Miranda, Kyan	05 Cowichan Valley	10.66	NWI
3 Watson, Cody	05 Nanaimo Track	10.76	NWI
4 Maher, Evan	05 Cowichan Valley	10.93	NWI
5 Whitney, Jack	05 Cowichan Valley	10.94	NWI
6 Pringe, Chase	05 Unattached	11.70	NWI
7 Moffat, Gavin	05 Nanaimo Track	11.90	NWI

Event 5 Boys 10 Year Olds 60 Meter Dash

Name	Year Team	Finals	Wind	H#
1 Paris, Nate	04 Nanaimo Track	8.94	NWI	2

2	Watson, Jayden	04	Nanaimo Track	9.44	NWI	2
3	Grew, Aiden	04	Victoria Track	9.47	NWI	1
4	Henry, Stirling	04	Nanaimo Track	9.50	NWI	2
5	Smid, Shadynn	04	Cowichan Valley	9.53	NWI	2
6	Morrison, Samuel	04	Oceanside Track	9.75	NWI	1
7	King, Adam	04	Nanaimo Track	10.01	NWI	2
8	Putz, Jake	04	Nanaimo Track	10.17	NWI	2
9	Veasey, Ryan	04	Nanaimo Track	10.29	NWI	1
10	Hulton, Will	04	Cowichan Valley	10.51	NWI	1
11	Barron, Elijah	04	Cowichan Valley	10.66	NWI	1
12	Moore, Cameron	04	Nanaimo Track	10.77	NWI	1
13	Mohabeer-Ortiz, Ruben	04	Oceanside Track	11.16	NWI	1

Event 6 Boys 11 Year Olds 60 Meter Dash

Name	Year	Team	Finals	Wind	H#	
1	Martiniuk, Cameron	03	Nanaimo Track	8.82	NWI	2
2	Symington, David	03	Alberni Valley	9.15	NWI	1
3	Brennan, Menoa	03	Campbell River	9.51	NWI	2
4	Mastrodonato, Gavin	03	Powell River	9.61	NWI	1
5	Wynans, Samuel	03	Alberni Valley	9.66	NWI	1
6	Shankar, Marcus	03	Campbell River	9.67	NWI	1
7	Wilkinson, Nolan	03	Cowichan Valley	9.89	NWI	2
8	Seaman, Ryan	03	Nanaimo Track	10.61	NWI	2
9	McKean, Jackson	03	Alberni Valley	10.78	NWI	1
10	Seaman, Jake	03	Nanaimo Track	10.89	NWI	2
11	Johnson, Michael	03	Peninsula Track	11.16	NWI	2
11	Vallee, Ty	03	Alberni Valley	11.16	NWI	1

Event 7 Girls 9 Year Olds 100 Meter Dash

Name	Year	Team	Finals	Wind	
1	Fay, Erika	05	Nanaimo Track	16.23	NWI
2	Viers, Meghan	05	Nanaimo Track	16.90	NWI
3	Smith, Caitlin	05	Nanaimo Track	18.61	NWI
3	Gibbons, Niamh	05	Peninsula Track	18.61	NWI
5	Paugh, Makenna	05	Nanaimo Track	20.44	NWI
6	Pringle, Taylor	05	Unattached	20.58	NWI
7	Butterworth, Mikayla	05	Oceanside Track	20.73	NWI

Event 8 Girls 10 Year Olds 100 Meter Dash

Name	Year	Team	Finals	Wind	
1	Biggs, Kailey	04	Comox Valley	15.58	NWI
2	Menard, Carys	04	Nanaimo Track	16.14	NWI
3	Broekhuizen, Jordyn	04	Alberni Valley	16.32	NWI
4	Blumel, Margo	04	Cowichan Valley	16.53	NWI
5	Barron, Madison	04	Cowichan Valley	16.63	NWI
6	Porter, Madison	04	Cowichan Valley	17.06	NWI

Event 9 Girls 11 Year Olds 100 Meter Dash

Name	Year	Team	Finals	Wind	
1	Schmunk, Annika	03	Powell River	14.37	NWI
2	Werner, Aisha	03	Cowichan Valley	14.57	NWI
3	Lundman, Olivia	03	Nanaimo Track	15.47	NWI
4	Lauzon, Jayda	03	Cowichan Valley	15.66	NWI

5	Higgins, Paige	03	Nanaimo Track	15.99	NWI
6	Van Den Bulk, Alexis	03	Peninsula Track	16.76	NWI
7	Donkersley, Peyton	03	Oceanside Track	17.49	NWI
8	Gibbons, Siobhan	03	Peninsula Track	19.10	NWI

Event 10 Girls 12 Year Olds 100 Meter Dash

Name	Year	Team	Finals	Wind	H#
1	Nbaoma, Nnya	02	Nanaimo Track	14.34	NWI 1
2	Revoy, Jessica	02	Campbell River	14.67	NWI 1
3	Kennedy, Angelique	02	Comox Valley	14.84	NWI 1
4	Williams, Olivia	02	Oceanside Track	15.14	NWI 1
5	Nijjar, Naveen	02	Cowichan Valley	15.34	NWI 2
6	Mckean, Kamryn	02	Alberni Valley	15.42	NWI 2
7	Fougner-Rukus, Reece	02	Cowichan Valley	15.53	NWI 2
8	Eagar, Mia	02	Cowichan Valley	15.69	NWI 2
9	Cockburn, Lucy	02	Victoria Track	15.98	NWI 2
10	Pollard, Jamie	02	Nanaimo Track	16.19	NWI 1
11	Chase, Sydney	02	Alberni Valley	16.39	NWI 2
12	Flood, Rowen	02	Campbell River	16.93	NWI 1
13	White, Lavendar	02	Cowichan Valley	17.19	NWI 2

Event 11 Girls 13 Year Olds 100 Meter Dash

Name	Year	Team	Finals	Wind	H#
1	Pollock, Madelyn	01	Cowichan Valley	13.24	NWI 2
2	Anderton, Courtney	01	Nanaimo Track	13.46	NWI 1
3	O'Keefe, Emily Rae	01	Unattached	13.72	NWI 2
4	Gendall, Danae	01	Cowichan Valley	13.90	NWI 1
5	Johnson, Maria	01	Nanaimo Track	14.09	NWI 2
6	Hague, Nicole	01	Oceanside Track	14.32	NWI 1
7	Bradley, Grace	01	Nanaimo Track	15.02	NWI 1
8	Mastrodonato, Melaina	01	Powell River	15.04	NWI 2
9	Stansfield, Chelsa	01	Nanaimo Track	15.27	NWI 1
10	Suits, Rebecca	01	Alberni Valley	15.45	NWI 2
11	Terpstra, Rhiannon	01	Oceanside Track	15.84	NWI 2

Event 12 Girls 14-15 100 Meter Dash

Name	Year	Team	Finals	Wind	H#
1	Fashina-Bombala, Hassy	99	Nanaimo Track	12.61	2.9 1
2	Gummer, Elizabeth	99	Comox Valley	12.94	2.9 1
3	D'Agnolo, Nicole	00	UVIC	12.97	1.0 2
4	Shields-Brown, Mairin	99	Campbell River	13.38	2.9 1
5	Gatensby, Maya	00	UVIC	13.55	1.0 2
6	Burton, Olivia	99	Cowichan Valley	13.72	1.0 2
7	Smith, Mya	99	Alberni Valley	13.94	2.9 1
8	Fiandor, Alicia	00	Club Rapide	14.12	1.0 2
9	Crean, Bella	00	Oceanside Track	14.23	1.0 2
10	Smid, Taylynn	00	Cowichan Valley	14.30	2.9 1
11	Vaughan, Zerai	99	Nanaimo Track	14.49	1.0 2
12	Ferraro, Jamie	99	Nanaimo Track	14.51	2.9 1
13	Rosen, Sarah	99	Cowichan Valley	14.88	2.9 1
14	Chow, Trinity	00	Cowichan Valley	14.92	2.9 1

Event 14 Women 16-17 100 Meter Dash

Name	Year	Team	Finals	Wind	H#
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1	Smiley, Taryn	97	Cowichan Valley	12.27	2.2	3
2	Bains, Chicago	98	Cowichan Valley	12.36	2.2	3
3	Abbott, Calli-Ann	98	Powell River	12.69	2.2	3
4	Heyd, Casey	98	UVIC	12.86	2.2	3
5	Gummer, Chloe	98	Comox Valley	13.13	2.2	3
6	Poulson, Emma	98	Nanaimo Track	13.34	2.2	3
7	May, Kyla	97	Comox Valley	13.36	2.2	3

Event 14 Women 18-19 100 Meter Dash

Name	Year	Team	Finals	Wind
1 Baker, Tia	96	Cowichan Valley	12.65	1.9

Event 14 Women 20-34 100 Meter Dash

Name	Year	Team	Finals	Wind
1 Momoh, Sudie	94	Pacific Athletic	12.67	1.9

Event 14 Women 55-59 100 Meter Dash

Name	Year	Team	Finals	Wind	H#
1 Hendrie, Nola	55	Nanaimo Track	18.20	1.8	2

Event 14 Women 60-64 100 Meter Dash

Name	Year	Team	Finals	Wind	H#
1 Shook, Karen	50	Nanaimo Track	16.29	1.8	2
2 Fossberg, Mette	51	Peninsula Track	18.00	1.8	2

Event 15 Boys 9 Year Olds 100 Meter Dash

Name	Year	Team	Finals	Wind
1 Ketch, Josh	05	Cowichan Valley	16.53	NWI
2 Miranda, Kyan	05	Cowichan Valley	17.42	NWI
3 Maher, Evan	05	Cowichan Valley	17.50	NWI
4 Whitney, Jack	05	Cowichan Valley	17.64	NWI
5 Croome, Zachary	05	Nanaimo Track	18.05	NWI
6 Mace, Jack	05	Nanaimo Track	19.00	NWI
7 Pringe, Chase	05	Unattached	19.25	NWI

Event 16 Boys 10 Year Olds 100 Meter Dash

Name	Year	Team	Finals	Wind	H#
1 Paris, Nate	04	Nanaimo Track	13.95	NWI	1
2 Smid, Shadynn	04	Cowichan Valley	15.12	NWI	1
3 Henry, Stirling	04	Nanaimo Track	15.28	NWI	2
4 Putz, Jake	04	Nanaimo Track	15.81	NWI	2
5 Morrison, Samuel	04	Oceanside Track	16.16	NWI	2
6 King, Adam	04	Nanaimo Track	16.42	NWI	2
7 Hulton, Will	04	Cowichan Valley	16.45	NWI	1
8 ErdingFitznar, Santiago	04	Cowichan Valley	16.57	NWI	2
9 Ellis, Jackson	04	Cowichan Valley	16.60	NWI	1
10 Dunstan, Carter	04	Nanaimo Track	16.73	NWI	1
11 Barron, Elijah	04	Cowichan Valley	17.43	NWI	2

12 Moore, Cameron	04 Nanaimo Track	17.56	NWI	1
13 Mohabeer-Ortiz, Ruben	04 Oceanside Track	18.47	NWI	1

Event 17 Boys 11 Year Olds 100 Meter Dash

Name	Year Team	Finals	Wind	H#
1 Martiniuk, Cameron	03 Nanaimo Track	14.22	NWI	3
2 Symington, David	03 Alberni Valley	14.44	NWI	2
3 Rossouw, Ben	03 Cowichan Valley	14.68	NWI	2
4 Williams, Linden	03 Cowichan Valley	14.69	NWI	3
5 Brennan, Menoa	03 Campbell River	14.85	NWI	1
6 Shankar, Marcus	03 Campbell River	15.03	NWI	1
7 Wilkinson, Nolan	03 Cowichan Valley	15.33	NWI	1
8 Wynans, Samuel	03 Alberni Valley	15.45	NWI	3
9 Kirkendale, Liam	03 Peninsula Track	15.61	NWI	3
10 Mastrodonato, Gavin	03 Powell River	15.69	NWI	1
11 Seager, Sam	03 Victoria Track	15.96	NWI	2
12 Seager, Liam	03 Victoria Track	16.39	NWI	2
13 McKean, Jackson	03 Alberni Valley	16.85	NWI	2
14 Seaman, Jake	03 Nanaimo Track	17.36	NWI	3
15 Seaman, Ryan	03 Nanaimo Track	17.44	NWI	1
16 Steel, Blake	03 Nanaimo Track	18.89	NWI	1
17 Shields, Luke	03 Oceanside Track	20.19	NWI	1

Event 18 Boys 12 Year Olds 100 Meter Dash

Name	Year Team	Finals	Wind	H#
1 Loughnane, Conor	02 Peninsula Track	13.44	NWI	1
2 Kaiser, Torren	02 Cowichan Valley	13.51	NWI	1
3 Sundberg, Drew	02 Powell River	13.85	NWI	1
4 Stark-Huhtanen, Blake	02 Cowichan Valley	14.61	NWI	2
5 Harrison, Noah	02 Cowichan Valley	14.90	NWI	2
6 Katzberg, Ethan	02 Nanaimo Track	15.07	NWI	1
7 Gunderson, Dominic	02 Pacific Athletic	15.36	NWI	2
8 Pacholuk, Emlyn	02 Cowichan Valley	15.66	NWI	2
9 Abbott, Keagen	02 Powell River	15.70	NWI	1
10 Fontana, Dredyn	02 Cowichan Valley	15.82	NWI	2
11 Haley, Joshua	02 Cowichan Valley	16.68	NWI	2
12 Dunstan, Hayden	02 Nanaimo Track	17.39	NWI	1

Event 19 Boys 13 Year Olds 100 Meter Dash

Name	Year Team	Finals	Wind
1 Toth, Ben	01 Nanaimo Track	13.13	NWI
2 Monnet, Cassius	01 Comox Valley	13.77	NWI
3 Fontana, Kahlil	01 Cowichan Valley	13.90	NWI
4 Furtado, Blake	01 UVIC	14.11	NWI
5 Stewart, Shane	01 Oceanside Track	14.54	NWI
6 Cowan, Troy	01 Cowichan Valley	15.32	NWI
7 Nijjer, Uday	01 Pacific Athletic	15.48	NWI

Event 20 Boys 14-15 100 Meter Dash

Name	Year Team	Finals	Wind	H#
1 Gatensby, Liam	99 UVIC	11.79	1.3	2
2 Jantzen, Finley	99 UVIC	12.00	1.3	2
3 O'Neill-Bains, Jesse	99 Pacific Athletic	12.09	1.0	1

4	Ano, Josiah		99 Nanaimo Track	12.20	1.0	1
5	Beaule, Daniel		99 Comox Valley	12.28	1.0	1
6	Foncerrada, Federico		99 Cowichan Valley	12.39	1.0	1
7	Hilton, Jace		00 Cowichan Valley	12.59	1.3	2
8	Speagle, Oliver		99 Alberni Valley	12.69	1.3	2
9	DiCarlo, Jesse		99 Cowichan Valley	12.80	1.0	1
10	Sammons, Benjamin		00 UVIC	13.02	1.0	1
12	Coyne, Joseph		00 Nanaimo Track	13.33	1.3	2
13	Cooper, Liam		00 Victoria Track	13.37	1.0	1
14	Rankin, Isaac		00 Comox Valley	13.40	1.3	2
15	Handel, Luke		00 Cowichan Valley	13.57	1.0	1
16	Hopkins, Brennan		00 Peninsula Track	14.67	1.3	2

Event 22 Men 16-17 100 Meter Dash

Name	Year	Team	Finals	Wind
1	Richter, Felix	98 Oceanside Track	11.11	1.6
2	Weegar, Thompson	98 Alberni Valley	11.55	1.6
3	Bellerose, Kabir	97 Cowichan Valley	11.80	1.6
4	Claus, Aydan	98 Cowichan Valley	12.15	1.6

Event 22 Men 18-19 100 Meter Dash

Name	Year	Team	Finals	Wind
1	Hsueh, Albert	96 Club Rapide	12.25	1.6

Event 22 Men 20-34 100 Meter Dash

Name	Year	Team	Finals	Wind	H#
1	Wilkie, Terran	92 Unattached	12.02	2.1	2

Event 22 Men 60-64 100 Meter Dash

Name	Year	Team	Finals	Wind	H#
1	Freeman, Peter	52 Unattached B	13.56	2.1	2

Event 22 Men 70-74 100 Meter Dash

Name	Year	Team	Finals	Wind	H#
1	Shook, Vern	42 Nanaimo Track	16.35	2.1	2

Event 23 Girls 11 Year Olds 200 Meter Dash

Name	Year	Team	Finals	Wind
1	Schmunk, Annika	03 Powell River	30.09	NWI
2	Werner, Aisha	03 Cowichan Valley	30.27	NWI
3	Lundman, Olivia	03 Nanaimo Track	32.64	NWI
4	Randell-Guy, Lauren	03 Victoria Track	34.85	NWI
5	Peterson, Julia	03 Peninsula Track	35.08	NWI
6	Van Den Bulk, Alexis	03 Peninsula Track	38.52	NWI
7	Gibbons, Siobhan	03 Peninsula Track	42.24	NWI

Event 24 Girls 12 Year Olds 200 Meter Dash

Name	Year	Team	Finals	Wind	H#
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1	Nbaoma, Nnya	02	Nanaimo Track	30.19	NWI	2
2	Kennedy, Angelique	02	Comox Valley	30.52	NWI	1
3	Mitchell, Makayla	02	Nanaimo Track	31.73	NWI	2
4	Revoy, Jessica	02	Campbell River	31.83	NWI	2
4	Williams, Olivia	02	Oceanside Track	31.83	NWI	1
6	Nijjar, Naveen	02	Cowichan Valley	32.19	NWI	1
7	McKean, Kamryn	02	Alberni Valley	32.64	NWI	1
8	Eagar, Mia	02	Cowichan Valley	33.31	NWI	1
9	Chase, Sydney	02	Alberni Valley	33.59	NWI	2
10	Pollard, Jamie	02	Nanaimo Track	34.03	NWI	2
11	Larkin, Mackenzie	02	Victoria Track	34.08	NWI	1

Event 25 Girls 13 Year Olds 200 Meter Dash

Name	Year	Team	Finals	Wind	
1	O'Keefe, Emily Rae	01	Unattached	28.19	NWI
2	Johnson, Maria	01	Nanaimo Track	28.35	NWI
3	Bradley, Grace	01	Nanaimo Track	31.18	NWI
4	Stansfield, Chelsa	01	Nanaimo Track	31.32	NWI
5	Frederiksen, Gwyneth	01	Unattached	31.56	NWI
6	Terpstra, Rhiannon	01	Oceanside Track	32.58	NWI

Event 26 Girls 14-15 200 Meter Dash

Name	Year	Team	Finals	Wind	H#	
1	Fashina-Bombala, Hassy	99	Nanaimo Track	26.23	2.4	1
2	D'Agnolo, Nicole	00	UVIC	26.81	2.4	1
3	McPhee, Jaci	00	Campbell River	27.62	2.4	1
4	Matthews, Thea	00	Victoria Track	27.86	2.4	1
5	Shields-Brown, Mairin	99	Campbell River	27.95	2.4	2
6	Burton, Olivia	99	Cowichan Valley	28.52	2.4	2
7	Matthews, Quinn	00	Victoria Track	28.69	2.4	1
8	Fiandor, Alicia	00	Club Rapide	28.86	2.4	2
9	Smith, Mya	99	Alberni Valley	29.15	2.5	3
10	Bibault, Sophie	00	Comox Valley	29.67	2.5	3
11	Smid, Taylynn	00	Cowichan Valley	30.12	2.5	3
12	Lancaster, Aimee	00	Pacific Athletic	30.18	2.4	2
13	Crean, Bella	00	Oceanside Track	30.41	2.4	2
14	Gaw, Charlotte	00	Cowichan Valley	31.32	2.5	3
15	Rosen, Sarah	99	Cowichan Valley	31.41	2.5	3
16	Chow, Trinity	00	Cowichan Valley	31.47	2.5	3

Event 28 Women 16-17 200 Meter Dash

Name	Year	Team	Finals	Wind	H#	
1	Bains, Chicago	98	Cowichan Valley	25.63	1.4	1
2	Smiley, Taryn	97	Cowichan Valley	25.73	1.4	1
3	Lindsay, Nicole	98	Cowichan Valley	26.08	1.4	1
4	Abbott, Calli-Ann	98	Powell River	26.32	1.4	1
5	Thomas, Alex	97	Pacific Athletic	26.54	1.4	1
6	Lindsay, Emily	98	Cowichan Valley	26.79	2.8	2
7	Heyd, Casey	98	UVIC	26.87	1.4	1
8	May, Kyla	97	Comox Valley	27.68	2.8	2
9	Prairie, Manon	97	Nanaimo Track	28.19	2.8	2
10	Poulson, Emma	98	Nanaimo Track	28.99	2.8	2
11	Noshkin, Hayley	98	Nanaimo Track	31.62	2.8	2

Event 28 Women 18-19 200 Meter Dash

Name	Year Team	Finals	Wind	H#
1 Baker, Tia	96 Cowichan Valley	26.04	2.2	3

Event 28 Women 20-34 200 Meter Dash

Name	Year Team	Finals	Wind	H#
1 Momoh, Sudie	94 Pacific Athletic	26.89	2.2	3

Event 28 Women 55-59 200 Meter Dash

Name	Year Team	Finals	Wind	H#
1 Hendrie, Nola	55 Nanaimo Track	39.32	3.2	4

Event 28 Women 60-64 200 Meter Dash

Name	Year Team	Finals	Wind	H#
1 Shook, Karen	50 Nanaimo Track	34.52	3.2	4

Event 29 Boys 11 Year Olds 200 Meter Dash

Name	Year Team	Finals	Wind	H#
1 Martiniuk, Cameron	03 Nanaimo Track	29.20	NWI	1
2 Rossouw, Ben	03 Cowichan Valley	29.84	NWI	2
3 Symington, David	03 Alberni Valley	30.54	NWI	1
4 Brennan, Menoa	03 Campbell River	30.81	NWI	2
5 Shankar, Marcus	03 Campbell River	31.49	NWI	1
6 Wilkinson, Nolan	03 Cowichan Valley	31.60	NWI	1
7 Wynans, Samuel	03 Alberni Valley	34.01	NWI	2
8 Seaman, Ryan	03 Nanaimo Track	35.71	NWI	2
9 McKean, Jackson	03 Alberni Valley	35.91	NWI	2
10 Schlitz, Brett	03 Nanaimo Track	36.18	NWI	1
11 Seaman, Jake	03 Nanaimo Track	38.08	NWI	1
12 Vallee, Ty	03 Alberni Valley	38.26	NWI	2

Event 30 Boys 12 Year Olds 200 Meter Dash

Name	Year Team	Finals	Wind
1 Loughnane, Conor	02 Peninsula Track	27.81	NWI
2 Kaiser, Torren	02 Cowichan Valley	28.15	NWI
3 Sundberg, Drew	02 Powell River	29.51	NWI
4 Rasaiah, Kintan	02 Nanaimo Track	29.72	NWI
5 Stark-Huhtanen, Blake	02 Cowichan Valley	31.38	NWI
6 Harrison, Noah	02 Cowichan Valley	32.10	NWI
7 Fontana, Dredyn	02 Cowichan Valley	33.25	NWI

Event 31 Boys 13 Year Olds 200 Meter Dash

Name	Year Team	Finals	Wind
1 Toth, Ben	01 Nanaimo Track	27.13	NWI
2 Fontana, Kahlil	01 Cowichan Valley	28.78	NWI

Event 32 Boys 14-15 200 Meter Dash

Name	Year	Team	Finals	Wind	H#
1 Beaulé, Daniel	99	Comox Valley	24.65	2.8	2
2 Morrison, Simon	99	Oceanside Track	24.71	2.8	2
3 Speagle, Oliver	99	Alberni Valley	25.47	3.0	1
4 Coyne, Joseph	00	Nanaimo Track	26.43	3.0	1
5 Cooper, Liam	00	Victoria Track	26.54	3.0	1
6 Rankin, Isaac	00	Comox Valley	27.25	2.8	2
7 Handel, Luke	00	Cowichan Valley	27.63	3.0	1
8 Vieites, Nathan	00	Victoria Track	27.89	2.8	2

Event 34 Men 16-17 200 Meter Dash

Name	Year	Team	Finals	Wind	H#
1 Richter, Felix	98	Oceanside Track	22.22	3.2	2
2 Weegar, Thompson	98	Alberni Valley	23.09	3.2	2
3 Williams, Ben	98	Cowichan Valley	23.70	3.2	2
4 Bellerose, Kabir	97	Cowichan Valley	24.13	3.2	2
5 Gunderson, Chase	97	Cowichan Valley	25.15	3.2	2

Event 34 Men 18-19 200 Meter Dash

Name	Year	Team	Finals	Wind
1 MacEwan, Caelan	96	UVIC	24.24	2.3
2 Brougham, Derek	96	Pacific Athletic	25.09	2.3

Event 34 Men 60-64 200 Meter Dash

Name	Year	Team	Finals	Wind
1 Freeman, Peter	52	Unattached B	28.18	2.3

Event 34 Men 70-74 200 Meter Dash

Name	Year	Team	Finals	Wind
1 Shook, Vern	42	Nanaimo Track	33.07	2.3

Event 35 Girls 12 Year Olds 300 Meter Dash

Name	Year	Team	Finals
1 Williams, Olivia	02	Oceanside Track	50.84
2 Revoy, Jessica	02	Campbell River	52.32
3 Nijjar, Naveen	02	Cowichan Valley	53.38
4 Cockburn, Lucy	02	Victoria Track	54.66
5 Larkin, Mackenzie	02	Victoria Track	55.33
6 White, Lavendar	02	Cowichan Valley	58.01

Event 36 Girls 13 Year Olds 300 Meter Dash

Name	Year	Team	Finals
1 O'Keefe, Emily Rae	01	Unattached	46.07
2 Anderton, Courtney	01	Nanaimo Track	47.43
3 Stansfield, Chelsa	01	Nanaimo Track	48.41
4 Bradley, Grace	01	Nanaimo Track	48.86
5 Assaf, Arielle	01	Nanaimo Track	53.72

Event 37 Girls 14-15 300 Meter Dash

Name	Year	Team	Finals	H#
1 Fashina-Bombala, Hassy	99	Nanaimo Track	42.26	1
2 Heisterman, Madison	00	Nanaimo Track	42.82	1
3 Gage, Kristen	99	Comox Valley	43.08	1
4 Reiersen, Tekarra	99	Campbell River	44.22	1
5 Alexander, Julia	00	Comox Valley	44.95	1
6 Matthews, Thea	00	Victoria Track	45.20	2
7 Steen, Cassidy	99	UVIC	45.21	1
8 Matthews, Quinn	00	Victoria Track	45.81	2
9 Burton, Olivia	99	Cowichan Valley	46.31	2
11 Stewart, Hope	00	Nanaimo Track	48.38	2
12 Gaw, Charlotte	00	Cowichan Valley	50.96	2
13 Rosen, Sarah	99	Cowichan Valley	53.76	2

Event 39 Boys 12 Year Olds 300 Meter Dash

Name	Year	Team	Finals
1 Loughnane, Conor	02	Peninsula Track	44.30
2 Heisterman, Keaton	02	Nanaimo Track	46.26
3 Fontana, Dredyn	02	Cowichan Valley	52.04
4 Andersen, Ethan	02	Nanaimo Track	59.00

Event 40 Boys 13 Year Olds 300 Meter Dash

Name	Year	Team	Finals
1 Toth, Ben	01	Nanaimo Track	43.52

Event 41 Boys 14-15 300 Meter Dash

Name	Year	Team	Finals
1 Armstrong, Luke	99	Cowichan Valley	39.80
2 Beaulé, Daniel	99	Comox Valley	40.67
3 Rankin, Isaac	00	Comox Valley	43.75
4 Vieites, Nathan	00	Victoria Track	44.03
5 Handel, Luke	00	Cowichan Valley	46.11
6 Pacholuk, Aidan	00	Cowichan Valley	48.99

Event 43 Women 16-17 400 Meter Dash

Name	Year	Team	Finals
1 D'Agnolo, Lauren	98	UVIC	59.46
2 Lindsay, Nicole	98	Cowichan Valley	1:00.64
3 Mcfall, Natalie	98	UVIC	1:02.46
4 Bluschke, Renate	98	Campbell River	1:02.63
5 May, Kyla	97	Comox Valley	1:05.98
6 Morris, Amy	98	Nanaimo Track	1:06.29
7 White, Belle	97	Cowichan Valley	1:11.13

Event 43 Women 18-19 400 Meter Dash

Name	Year	Team	Finals
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1 Baker, Tia 96 Cowichan Valley 1:00.36

Event 45 Men 16-17 400 Meter Dash

Name	Year Team	Finals	H#
1 Weegar, Thompson	98 Alberni Valley	52.96	2
2 Mitchell, Rylee	98 Alberni Valley	54.70	2
3 Bellerose, Kabir	97 Cowichan Valley	55.74	2
4 Bailey, Josh	98 Nanaimo Track	56.44	2
5 Sandri, Isaac	98 Nanaimo Track	57.04	2
6 Masee, Rio	97 Campbell River	58.18	2
7 Serban, Christopher	97 Nanaimo Track	58.46	2

Event 45 Men 18-19 400 Meter Dash

Name	Year Team	Finals
1 Lindsay, Liam	96 Cowichan Valley	51.02
2 Commandeur, Adam	95 Comox Valley	51.34
3 Miller, Sean	96 Nanaimo Track	56.24
4 Brougham, Derek	96 Pacific Athletic	56.42

Event 45 Men 20-34 400 Meter Dash

Name	Year Team	Finals
1 Freeman, Peter	52 Unattached B	1:05.26

Event 47 Girls 9 Year Olds 600 Meter Run

Name	Year Team	Finals
1 Hilton, Adrianna	05 Peninsula Track	2:10.12
2 Butterworth, Mikayla	05 Oceanside Track	2:47.38
3 Pringle, Taylor	05 Unattached	2:58.54

Event 48 Girls 10 Year Olds 600 Meter Run

Name	Year Team	Finals
1 Blumel, Margo	04 Cowichan Valley	2:11.08
2 Broekhuizen, Jordyn	04 Alberni Valley	2:14.00
3 Palmer, Elise	04 Nanaimo Track	2:26.03
4 Keefer, Clara	04 Nanaimo Track	2:28.67

Event 49 Girls 11 Year Olds 600 Meter Run

Name	Year Team	Finals
1 Lauzon, Jayda	03 Cowichan Valley	2:08.36
2 Lundman, Olivia	03 Nanaimo Track	2:10.32
3 Peterson, Julia	03 Peninsula Track	2:21.02
4 Paugh, Madison	03 Nanaimo Track	2:21.12
5 Donkersley, Peyton	03 Oceanside Track	2:30.94

Event 50 Boys 9 Year Olds 600 Meter Run

Name	Year Team	Finals
1 Ketch, Josh	05 Cowichan Valley	2:17.21

2 Whitney, Jack	05 Cowichan Valley	2:18.71
3 Watson, Cody	05 Nanaimo Track	2:36.04
4 Pringe, Chase	05 Unattached	2:42.46

Event 51 Boys 10 Year Olds 600 Meter Run

Name	Year Team	Finals
1 Watson, Jayden	04 Nanaimo Track	1:52.12
2 Grew, Aiden	04 Victoria Track	1:52.55
3 Morrison, Samuel	04 Oceanside Track	2:04.30
4 Putz, Jake	04 Nanaimo Track	2:08.15
5 Nijjar, Jeevan	04 Cowichan Valley	2:22.03
6 Hulton, Will	04 Cowichan Valley	2:30.28

Event 52 Boys 11 Year Olds 600 Meter Run

Name	Year Team	Finals
1 Martiniuk, Cameron	03 Nanaimo Track	2:02.38
2 Seaman, Jake	03 Nanaimo Track	2:03.80
3 Seaman, Ryan	03 Nanaimo Track	2:08.51
4 McKenzie, Braeden	03 Cowichan Valley	2:09.98
5 Isaac, Jack	03 Alberni Valley	2:14.22
6 Schlitz, Brett	03 Nanaimo Track	2:17.63
7 Johnson, Michael	03 Peninsula Track	2:31.53

Event 53 Girls 12 Year Olds 800 Meter Run

Name	Year Team	Finals
1 Dickenson, Karly	02 Nanaimo Track	2:41.05
2 Chase, Sydney	02 Alberni Valley	2:56.20
3 Louie, Constance	02 Cowichan Valley	3:00.97
4 Cockburn, Lucy	02 Victoria Track	3:04.05
5 Jensen, Alyssa	02 Peninsula Track	3:04.86
6 Nijjar, Naveen	02 Cowichan Valley	3:08.54

Event 54 Girls 13 Year Olds 800 Meter Run

Name	Year Team	Finals
1 Chin, Ella	01 Unattached	2:40.72
2 Pallard, Evelynne	01 Nanaimo Track	2:50.06
3 Stansfield, Chelsa	01 Nanaimo Track	2:50.54
4 Terpstra, Rhiannon	01 Oceanside Track	3:04.64
5 Pringle, Jordan	01 CR Christian	4:02.37

Event 55 Girls 14-15 800 Meter Run

Name	Year Team	Finals
1 Hill, Olivia	99 Campbell River	2:27.01
2 Gage, Kristen	99 Comox Valley	2:28.58
3 Alexander, Julia	00 Comox Valley	2:29.23
4 White, Emerald	00 Cowichan Valley	2:40.07
5 Masee, Callie Ann	99 River City Elite	2:44.24
6 Duncan, Madelene	00 Oceanside Track	2:52.82

Event 57 Women 16-17 800 Meter Run

Name	Year Team	Finals
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Name	Year Team	Finals
1 Bluschke, Renate	98 Campbell River	2:30.79
2 Rainboth, Emma	98 Nanaimo Track	2:30.83

Event 58 Boys 12 Year Olds 800 Meter Run

Name	Year Team	Finals
1 Fontana, Dredyn	02 Cowichan Valley	2:43.47
2 Gunderson, Dominic	02 Pacific Athletic	2:44.38
3 Harrison, Noah	02 Cowichan Valley	2:55.26

Event 59 Boys 13 Year Olds 800 Meter Run

Name	Year Team	Finals
1 Iversen, Jayden	01 Alberni Valley	2:39.76
2 Vallee, Seth	01 Alberni Valley	2:47.88

Event 60 Boys 14-15 800 Meter Run

Name	Year Team	Finals
1 Armstrong, Luke	99 Cowichan Valley	2:12.29
2 Gledhill, Peter	99 Comox Valley	2:12.45
3 Grabher, Thomas	99 Oceanside Track	2:17.91
4 Speagle, Oliver	99 Alberni Valley	2:19.69
5 Barber, Michael	00 Unattached	2:21.78
6 Johnson, David	99 Peninsula Track	2:29.48
7 Williamson, Jordan	99 Campbell River	2:29.50
8 Rankin, Isaac	00 Comox Valley	2:34.61
9 Mitchell, Joshua	99 Nanaimo Track	2:38.08
10 Wynans, Jonah	00 Alberni Valley	2:41.62
11 Robertson, Joseph	00 Pacific Athletic	2:53.17

Event 62 Men 16-17 800 Meter Run

Name	Year Team	Finals
1 Hoff, Brendan	98 Campbell River	2:06.72
2 Boland, Liam	98 Prairie Inn	2:14.02
3 Masee, Rio	97 Campbell River	2:14.50

Event 62 Men 18-19 800 Meter Run

Name	Year Team	Finals
1 Commandeur, Scott	95 Comox Valley	1:56.98
2 Miller, Sean	96 Nanaimo Track	2:04.98

Event 62 Men 60-64 800 Meter Run

Name	Year Team	Finals
1 Freeman, Peter	52 Unattached B	2:40.68

Event 63 Girls 9 1000 Meter Run

Name	Year Team	Finals
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1	Hilton, Adrianna	05	Peninsula Track	3:48.40
2	Butterworth, Mikayla	05	Oceanside Track	4:44.10
3	Pringle, Taylor	05	Unattached	5:06.50

Event 63 Girls 10 1000 Meter Run

Name	Year	Team	Finals
1 Blumel, Margo	04	Cowichan Valley	3:57.71

Event 63 Girls 11 1000 Meter Run

Name	Year	Team	Finals
1 Schmunk, Annika	03	Powell River	3:41.80
2 Lundman, Olivia	03	Nanaimo Track	3:50.04
3 Peterson, Julia	03	Peninsula Track	3:56.08
4 Ellis, Lauren	03	Pacific Athletic	4:01.53
5 Paugh, Madison	03	Nanaimo Track	4:11.31
6 Hawkins, Brynn	03	Campbell River	4:14.63
7 Van Den Bulk, Alexis	03	Peninsula Track	4:32.13

Event 64 Boys 9 1000 Meter Run

Name	Year	Team	Finals
1 Whitney, Jack	05	Cowichan Valley	3:50.68
6 Watson, Cody	05	Nanaimo Track	4:29.72
7 Ketch, Josh	05	Cowichan Valley	4:46.10
8 Pringe, Chase	05	Unattached	4:46.60

Event 64 Boys 10 1000 Meter Run

Name	Year	Team	Finals
1 Grew, Aiden	04	Victoria Track	3:22.01
2 Watson, Jayden	04	Nanaimo Track	3:22.05
3 Morrison, Samuel	04	Oceanside Track	3:48.15
4 King, Adam	04	Nanaimo Track	3:48.65
5 Putz, Jake	04	Nanaimo Track	3:49.18
6 Barron, Elijah	04	Cowichan Valley	4:04.82
7 Hulton, Will	04	Cowichan Valley	4:17.42

Event 64 Boys 11 1000 Meter Run

Name	Year	Team	Finals
1 Seaman, Jake	03	Nanaimo Track	3:43.47
2 Seaman, Ryan	03	Nanaimo Track	3:48.73
3 McKean, Jackson	03	Alberni Valley	3:50.85
4 McKenzie, Braeden	03	Cowichan Valley	3:54.89
5 Johnson, Michael	03	Peninsula Track	4:21.20

Event 65 Girls 12 1200 Meter Run

Name	Year	Team	Finals
1 Dickenson, Karly	02	Nanaimo Track	4:04.71
2 White, Lavendar	02	Cowichan Valley	5:19.89

Event 65 Girls 13 1200 Meter Run

Name	Year	Team	Finals
1 Pallard, Evelynne	01	Nanaimo Track	4:21.87
2 Stansfield, Chelsa	01	Nanaimo Track	4:28.15
3 Bradley, Grace	01	Nanaimo Track	4:39.40
4 Pringle, Jordan	01	CR Christian	6:07.98

Event 66 Girls 14-15 1200 Meter Run

Name	Year	Team	Finals
1 Hill, Olivia	99	Campbell River	3:53.49
2 Alexander, Julia	00	Comox Valley	3:58.21
3 Steen, Cassidy	99	UVIC	4:01.83
4 White, Emerald	00	Cowichan Valley	4:07.44
5 Hilton, Anna-Maria	00	Peninsula Track	4:13.52
6 Duncan, Madelene	00	Oceanside Track	4:19.44

Event 67 Boys 12 1200 Meter Run

Name	Year	Team	Finals
1 Heisterman, Keaton	02	Nanaimo Track	3:58.41
2 Fontana, Dredyn	02	Cowichan Valley	4:17.05
3 Bramley, Drew	02	Nanaimo Track	5:22.47

Event 67 Boys 13 1200 Meter Run

Name	Year	Team	Finals
1 Day, Findlay	01	Victoria Track	4:09.03
2 Iversen, Jayden	01	Alberni Valley	4:10.11
3 Guderjahn, Lukas	01	Campbell River	4:18.59

Event 68 Boys 14-15 1200 Meter Run

Name	Year	Team	Finals
1 Armstrong, Luke	99	Cowichan Valley	3:28.02
2 Gledhill, Peter	99	Comox Valley	3:28.03
3 Grabher, Thomas	99	Oceanside Track	3:31.52
4 Battersby, Finn	00	Peninsula Track	3:57.34
5 Johnson, David	99	Peninsula Track	4:03.38
6 Shankar, Jonah	00	River City Elite	4:09.73
7 Coughlan, Kaiden	99	Cowichan Valley	4:19.77

Event 69 Women 16-17 1500 Meter Run

Name	Year	Team	Finals
1 Battersby, Piper	98	Peninsula Track	5:28.58
2 White, Belle	97	Cowichan Valley	5:52.79

Event 70 Men 16-17 1500 Meter Run

Name	Year	Team	Finals
1 Bailey, Josh	98	Nanaimo Track	4:26.23
2 Higgins, Carter	98	Nanaimo Track	4:26.53

Event 71 Girls 13 Year Olds 2000 Meter Run

Name	Year Team	Finals
1 Wilson, Emma	01 Cowichan Valley	8:53.60

Event 72 Boys 13 Year Olds 2000 Meter Run

Name	Year Team	Finals
1 Seaman, Nate	01 Nanaimo Track	7:03.39

Event 73 Women 16-17 3000 Meter Run

Name	Year Team	Finals
1 Battersby, Piper	98 Peninsula Track	12:07.98
2 White, Belle	97 Cowichan Valley	12:36.10

Event 79 Girls 9 800 Meter Race Walk

Name	Year Team	Finals
1 Paugh, Makenna	05 Nanaimo Track	7:50.35

Event 79 Girls 10 800 Meter Race Walk

Name	Year Team	Finals
1 Blumel, Margo	04 Cowichan Valley	5:28.63
2 Porter, Madison	04 Cowichan Valley	5:44.21

Event 79 Girls 11 800 Meter Race Walk

Name	Year Team	Finals
1 Lundman, Olivia	03 Nanaimo Track	4:47.66
2 Paugh, Madison	03 Nanaimo Track	5:46.51

Event 79 Girls 12 800 Meter Race Walk

Name	Year Team	Finals
1 Mitchell, Makayla	02 Nanaimo Track	4:46.42

Event 80 Boys 9 800 Meter Race Walk

Name	Year Team	Finals
1 Mace, Jack	05 Nanaimo Track	5:41.84

Event 80 Boys 10 800 Meter Race Walk

Name	Year Team	Finals
1 Watson, Jayden	04 Nanaimo Track	5:22.52
2 Dunstan, Carter	04 Nanaimo Track	5:59.36
3 Mohabeer-Ortiz, Ruben	04 Oceanside Track	6:06.33

Event 80 Boys 11 800 Meter Race Walk

Name	Year	Team	Finals
1 Seager, Liam	03	Victoria Track	5:18.79
2 Steel, Blake	03	Nanaimo Track	6:06.64

Event 81 Girls 14 1500 Meter Race Walk

Name	Year	Team	Finals
1 Andersen, Marina	00	Nanaimo Track	8:14.50
2 White, Emerald	00	Cowichan Valley	9:08.84

Event 82 Boys 13 1500 Meter Race Walk

Name	Year	Team	Finals
1 Contant, Yanick	01	Alberni Valley	10:54.46

Event 85 Women 16-17 3000 Meter Race Walk

Name	Year	Team	Finals
1 Gaby, Jacqueline	97	Peninsula Track	18:25.25

Event 86 Men 16-17 3000 Meter Race Walk

Name	Year	Team	Finals
1 Downey, Nathan	98	CR Christian	18:25.85

Event 93 Girls 14 1500 Meter Steeplechase 30" NO WATER

Name	Year	Team	Finals
1 Heisterman, Madison	00	Nanaimo Track	5:12.10
2 Stewart, Hope	00	Nanaimo Track	5:49.40
3 Hilton, Anna-Maria	00	Peninsula Track	5:55.50
4 Andersen, Marina	00	Nanaimo Track	6:02.10

Event 94 Boys 14-15 1500 Meter Steeplechase 30" NO WATER

Name	Year	Team	Finals
1 Battersby, Finn	00	Peninsula Track	5:24.09
2 Williamson, Jordan	99	Campbell River	5:28.00
3 Wynans, Jonah	00	Alberni Valley	5:34.03
4 Robertson, Joseph	00	Pacific Athletic	6:06.05

Event 95 Women 16-17 2000 Meter Steeplechase 30"

Name	Year	Team	Finals
1 Battersby, Piper	98	Peninsula Track	8:17.00
2 King, Tkia	97	Oceanside Track	8:32.70

Event 101 Girls 9 Year Olds 60 Meter Hurdles 6 x 21"

Name	Year	Team	Finals	Wind
1 Fay, Erika	05	Nanaimo Track	13.17	NWI
2 Smith, Caitlin	05	Nanaimo Track	15.52	NWI

3	Butterworth, Mikayla	05	Oceanside Track	16.69	NWI
4	Pringle, Taylor	05	Unattached	16.89	NWI
5	Paugh, Makenna	05	Nanaimo Track	18.02	NWI

Event 102 Girls 10 Year Olds 60 Meter Hurdles 6 x 24"

Name	Year	Team	Finals	Wind
1	Broekhuizen, Jordyn	04	Alberni Valley	12.35 NWI
2	Porter, Madison	04	Cowichan Valley	12.95 NWI
3	Biggs, Kailey	04	Comox Valley	13.34 NWI
4	Blumel, Margo	04	Cowichan Valley	13.85 NWI
5	Van Oostrom, Reese	04	Nanaimo Track	14.17 NWI

Event 103 Girls 11 Year Olds 60 Meter Hurdles 6 x 24"

Name	Year	Team	Finals	Wind	H#
1	Schmunk, Annika	03	Powell River	10.94 NWI	1
2	Lauzon, Jayda	03	Cowichan Valley	11.54 NWI	1
3	Randell-Guy, Lauren	03	Victoria Track	11.82 NWI	1
4	Lundman, Olivia	03	Nanaimo Track	11.85 NWI	2
5	Werner, Aisha	03	Cowichan Valley	11.92 NWI	1
6	Wiebe, Macy	03	Cowichan Valley	12.06 NWI	2
7	Van Den Bulk, Alexis	03	Peninsula Track	12.57 NWI	2

Event 104 Boys 9 Year Olds 60 Meter Hurdles 6 x 21"

Name	Year	Team	Finals	Wind	H#
1	Ketch, Josh	05	Cowichan Valley	12.34 NWI	1
2	Croome, Zachary	05	Nanaimo Track	13.91 NWI	2
3	Miranda, Kyan	05	Cowichan Valley	14.18 NWI	1
4	Watson, Cody	05	Nanaimo Track	14.20 NWI	2
5	Whitney, Jack	05	Cowichan Valley	14.38 NWI	2
6	Maher, Evan	05	Cowichan Valley	14.80 NWI	2
7	Mace, Jack	05	Nanaimo Track	15.04 NWI	1
8	Pringe, Chase	05	Unattached	15.16 NWI	1

Event 105 Boys 10 Year Olds 60 Meter Hurdles 6 x 24"

Name	Year	Team	Finals	Wind	H#
1	Smid, Shadynn	04	Cowichan Valley	11.46 NWI	2
2	Watson, Jayden	04	Nanaimo Track	11.67 NWI	1
3	Dunstan, Carter	04	Nanaimo Track	12.84 NWI	2
4	ErdingFitznar, Santiago	04	Cowichan Valley	12.87 NWI	1
5	Morrison, Samuel	04	Oceanside Track	12.88 NWI	1
6	Moore, Cameron	04	Nanaimo Track	13.55 NWI	1
7	King, Adam	04	Nanaimo Track	13.69 NWI	2
8	Barron, Elijah	04	Cowichan Valley	13.95 NWI	2
9	Hulton, Will	04	Cowichan Valley	14.97 NWI	2

Event 106 Boys 11 Year Olds 60 Meter Hurdles 6 x 24"

Name	Year	Team	Finals	Wind	H#
1	Seager, Liam	03	Victoria Track	11.01 NWI	1
2	Shankar, Marcus	03	Campbell River	11.14 NWI	2
3	Wynans, Samuel	03	Alberni Valley	11.40 NWI	1
4	Brennan, Menoa	03	Campbell River	11.82 NWI	2

5	Seager, Sam	03	Victoria Track	11.84	NWI	2
5	Kirkendale, Liam	03	Peninsula Track	11.84	NWI	1
7	Isaac, Jack	03	Alberni Valley	12.63	NWI	3
8	McKean, Jackson	03	Alberni Valley	13.06	NWI	3
9	Haley, Joshua	02	Cowichan Valley	13.30	NWI	3
10	Seaman, Jake	03	Nanaimo Track	13.68	NWI	1
11	Steel, Blake	03	Nanaimo Track	13.77	NWI	1
12	Johnson, Michael	03	Peninsula Track	14.39	NWI	2
13	Vallee, Ty	03	Alberni Valley	15.05	NWI	3
14	Shields, Luke	03	Oceanside Track	16.07	NWI	1

Event 107 Girls 12 Year Olds 80 Meter Hurdles 8 x 27"

Name	Year	Team	Finals	Wind	H#	
1	Fougner-Rukus, Reece	02	Cowichan Valley	14.55	NWI	1
2	Kennedy, Angelique	02	Comox Valley	15.34	NWI	1
3	Cockburn, Lucy	02	Victoria Track	16.75	NWI	2
4	Chase, Sydney	02	Alberni Valley	16.87	NWI	2
5	Eagar, Mia	02	Cowichan Valley	17.00	NWI	1
6	Louie, Constance	02	Cowichan Valley	17.13	NWI	1
7	Mckean, Kamryn	02	Alberni Valley	17.25	NWI	1
8	Leech, Nicola	02	Cowichan Valley	17.68	NWI	2
9	Flood, Rowen	02	Campbell River	18.79	NWI	2

Event 108 Girls 13 Year Olds 80 Meter Hurdles 8 x 30"

Name	Year	Team	Finals	Wind	
1	Pollock, Madelyn	01	Cowichan Valley	13.88	NWI
2	Gendall, Danae	01	Cowichan Valley	15.43	NWI
3	Williams, Destanie	01	Comox Valley	16.16	NWI
4	Suits, Rebecca	01	Alberni Valley	17.22	NWI

Event 109 Girls 14-15 80 Meter Hurdles 8 x 30"

Name	Year	Team	Finals	Wind	
1	Paulus, Nairee	00	Campbell River	12.60	0.2
2	D'Agnolo, Nicole	00	UVIC	12.73	0.2
3	Reierson, Tekarra	99	Campbell River	13.74	0.2

Event 111 Boys 12 Year Olds 80 Meter Hurdles 8 x 27"

Name	Year	Team	Finals	Wind	
1	Sundberg, Drew	02	Powell River	14.24	NWI
2	Stark-Huhtanen, Blake	02	Cowichan Valley	15.22	NWI
3	Gunderson, Dominic	02	Pacific Athletic	15.23	NWI
4	Abbott, Keagen	02	Powell River	16.78	NWI
5	Dunstan, Hayden	02	Nanaimo Track	16.92	NWI

Event 112 Boys 13 Year Olds 80 Meter Hurdles 8 x 30"

Name	Year	Team	Finals	Wind	
1	Furtado, Blake	01	UVIC	14.82	NWI
2	Monnet, Cassius	01	Comox Valley	15.19	NWI

Event 113 Boys 14-15 100 Meter Hurdles 10 x 33"

Name	Year	Team	Finals	Wind
1 Gatensby, Liam	99	UVIC	16.09	-0.7
2 O'Neill-Bains, Jesse	99	Pacific Athletic	16.28	-0.7
3 Sammons, Benjamin	00	UVIC	16.82	-0.7
4 Shankar, Jonah	00	River City Elite	18.93	-0.7
5 Hopkins, Brennan	00	Peninsula Track	20.79	-0.7

Event 115 Women 16-17 100 Meter Hurdles 10 x 30"

Name	Year	Team	Finals	Wind
1 Bains, Chicago	98	Cowichan Valley	14.62	-0.4
2 Abbott, Calli-Ann	98	Powell River	14.74	-0.4

Event 117 Men 16-17 110 Meter Hurdles 10 x 36"

Name	Year	Team	Finals	Wind
1 Richter, Felix	98	Oceanside Track	14.95	+0.0
2 Smith, Kaelan	97	UVIC	16.96	+0.0

Event 118 Men 18-19 110 Meter Hurdles 10 x 39"

Name	Year	Team	Finals	Wind
1 MacEwan, Caelan	96	UVIC	17.72	+0.0

Event 120 Girls 12 Year Olds 200 Meter Hurdles 5 x 24"

Name	Year	Team	Finals	Wind	H#
1 Mitchell, Makayla	02	Nanaimo Track	34.30	NWI	1
2 Mckean, Kamryn	02	Alberni Valley	34.32	NWI	2
3 Fougner-Rukus, Reece	02	Cowichan Valley	35.04	NWI	2
4 Chase, Sydney	02	Alberni Valley	36.48	NWI	1
5 Kennedy, Angelique	02	Comox Valley	36.57	NWI	1
6 Revoy, Jessica	02	Campbell River	38.97	NWI	2
7 Larkin, Mackenzie	02	Victoria Track	39.00	NWI	2
-- Cockburn, Lucy	02	Victoria Track	X37.30	NWI	1

Event 121 Girls 13 Year Olds 200 Meter Hurdles 5 x 27"

Name	Year	Team	Finals	Wind
1 Pollock, Madelyn	01	Cowichan Valley	32.22	NWI
2 Johnson, Maria	01	Nanaimo Track	33.56	NWI
3 Watson, Kaitlyn	01	Nanaimo Track	34.30	NWI

Event 122 Boys 12 Year Olds 200 Meter Hurdles 5 x 24"

Name	Year	Team	Finals	Wind
1 Sundberg, Drew	02	Powell River	32.19	NWI
2 Stark-Huhtanen, Blake	02	Cowichan Valley	32.96	NWI
3 Gunderson, Dominic	02	Pacific Athletic	33.29	NWI
4 Pacholuk, Emlyn	02	Cowichan Valley	36.31	NWI
5 Fontana, Dredyn	02	Cowichan Valley	37.59	NWI

Event 123 Boys 13 Year Olds 200 Meter Hurdles 5 x 27"

Name	Year	Team	Finals	Wind
1 Furtado, Blake	01	UVIC	31.26	NWI
2 Monnet, Cassius	01	Comox Valley	32.00	NWI
3 Minfray, Antoine	01	Campbell River	32.35	NWI
4 Day, Colby	01	Nanaimo Track	32.36	NWI

Event 124 Girls 14-15 200 Meter Hurdles 5 x 30"

Name	Year	Team	Finals	Wind
1 D'Agnolo, Nicole	00	UVIC	29.52	+0.0
2 Gage, Kristen	99	Comox Valley	30.55	+0.0
3 Reiersen, Tekarra	99	Campbell River	31.20	+0.0
4 Matthews, Quinn	00	Victoria Track	31.49	+0.0

Event 126 Boys 14-15 200 Meter Hurdles 5 x 30"

Name	Year	Team	Finals	Wind
1 O'Neill-Bains, Jesse	99	Pacific Athletic	28.10	+0.0
2 Morrison, Simon	99	Oceanside Track	28.84	+0.0
3 Sammons, Benjamin	00	UVIC	29.11	+0.0
4 Shankar, Jonah	00	River City Elite	34.45	+0.0

Event 128 Women 16-17 300 Meter Hurdles 7 x 30"

Name	Year	Team	Finals
1 Bains, Chicago	98	Cowichan Valley	44.35
2 May, Kyla	97	Comox Valley	50.12

Event 129 Men 16-17 300 Meter Hurdles 7 x 33"

Name	Year	Team	Finals
1 Smith, Kaelan	97	UVIC	42.50
2 Bellerose, Kabir	97	Cowichan Valley	43.12
3 Savery, Marcus	98	Campbell River	45.65

Event 132 Men 18-19 400 Meter Hurdles 10 x 36"

Name	Year	Team	Finals
1 MacEwan, Caelan	96	UVIC	1:02.01

Event 134 Girls 9 Year Olds High Jump

Name	Year	Team	Finals
1 Rasaiah, Jaeda	05	Nanaimo Track	0.95m
2 Hilton, Adrianna	05	Peninsula Track	0.90m
3 Smith, Caitlin	05	Nanaimo Track	0.90m
4 Gibbons, Niamh	05	Peninsula Track	0.80m
-- King, Lauren	05	Nanaimo Track	NH
-- Paugh, Makenna	05	Nanaimo Track	NH

Event 135 Girls 10 Year Olds High Jump

Name	Year	Team	Finals
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1	Barron, Madison	04	Cowichan Valley	1.05m
2	Van Oostrom, Reese	04	Nanaimo Track	1.00m
3	Palmer, Elise	04	Nanaimo Track	J1.00m
4	Blumel, Margo	04	Cowichan Valley	0.95m
5	Porter, Madison	04	Cowichan Valley	0.90m
6	Keefer, Clara	04	Nanaimo Track	0.80m

Event 136 Girls 11 Year Olds High Jump

Name	Year	Team	Finals	
1	Lauzon, Jayda	03	Cowichan Valley	1.30m
2	Lundman, Olivia	03	Nanaimo Track	1.15m
3	Randell-Guy, Lauren	03	Victoria Track	1.10m
4	Van Den Bulk, Alexis	03	Peninsula Track	1.05m
5	Werner, Aisha	03	Cowichan Valley	1.00m
6	Gibbons, Siobhan	03	Peninsula Track	0.90m
--	Donkersley, Peyton	03	Oceanside Track	NH

Event 137 Girls 12 Year Olds High Jump

Name	Year	Team	Finals	
1	Fougner-Rukus, Reece	02	Cowichan Valley	1.35m
1	Kennedy, Angelique	02	Comox Valley	1.35m
3	Williams, Olivia	02	Oceanside Track	J1.35m
4	Mitchell, Makayla	02	Nanaimo Track	1.30m
5	Louie, Constance	02	Cowichan Valley	1.25m
6	Jensen, Alyssa	02	Peninsula Track	J1.25m
7	Pollard, Jamie	02	Nanaimo Track	1.20m
8	Nbaoma, Nnya	02	Nanaimo Track	1.15m
9	Larkin, Mackenzie	02	Victoria Track	1.10m

Event 138 Girls 13 Year Olds High Jump

Name	Year	Team	Finals	
1	Williams, Destanie	01	Comox Valley	1.30m
1	Watson, Kaitlyn	01	Nanaimo Track	1.30m
3	Frederiksen, Gwyneth	01	Unattached	J1.30m
4	Mastrodonato, Melaina	01	Powell River	J1.30m
5	Gendall, Danae	01	Cowichan Valley	1.25m
6	Dimter, Julia	01	Nanaimo Track	1.10m

Event 139 Girls 14-15 High Jump

Name	Year	Team	Finals	
1	Burke, Morgan	04	Club Rapide	1.50m
2	Steen, Cassidy	99	UVIC	1.45m
3	Barner, Ashlee	00	Oceanside Track	1.40m
4	Fashina-Bombala, Hassy	99	Nanaimo Track	1.35m
5	Vaughan, Zerai	99	Nanaimo Track	J1.35m
6	Matthews, Quinn	00	Victoria Track	J1.35m
7	Shields-Brown, Mairin	99	Campbell River	1.30m
8	Chow, Trinity	00	Cowichan Valley	1.25m
9	Ravetch, Rosie	00	Pacific Athletic	J1.25m
--	Bibault, Sophie	00	Comox Valley	NH

Event 141 Women 16-17 High Jump

Name	Year	Team	Finals
1 Irwin, Lara	98	Pacific Athletic	1.51m
2 Abbott, Calli-Ann	98	Powell River	1.35m

Event 142 Boys 9 Year Olds High Jump

Name	Year	Team	Finals
1 Kirkendale, Sean	05	Unattached	1.00m
2 Ketch, Josh	05	Cowichan Valley	0.95m
3 Pringe, Chase	05	Unattached	0.90m
3 Croome, Zachary	05	Nanaimo Track	0.90m
5 Watson, Cody	05	Nanaimo Track	0.80m
-- Miranda, Kyan	05	Cowichan Valley	FAIL
-- Mace, Jack	05	Nanaimo Track	FAIL
-- Whitney, Jack	05	Cowichan Valley	FAIL

Event 143 Boys 10 Year Olds High Jump

Name	Year	Team	Finals
1 Paris, Nate	04	Nanaimo Track	1.25m
2 Watson, Jayden	04	Nanaimo Track	1.20m
3 Putz, Jake	04	Nanaimo Track	1.10m
4 Henry, Stirling	04	Nanaimo Track	1.05m
5 Dunstan, Carter	04	Nanaimo Track	J1.05m
6 Morrison, Samuel	04	Oceanside Track	0.95m
7 King, Adam	04	Nanaimo Track	0.90m
7 Smid, Shadynn	04	Cowichan Valley	0.90m
7 Nijjar, Jeevan	04	Cowichan Valley	0.90m
12 Ellis, Jackson	04	Cowichan Valley	J0.90m
12 ErdingFitznar, Santiago	04	Cowichan Valley	J0.90m
12 Barron, Elijah	04	Cowichan Valley	J0.90m
13 Hulton, Will	04	Cowichan Valley	0.80m

Event 144 Boys 11 Year Olds High Jump

Name	Year	Team	Finals
1 Schlitz, Brett	03	Nanaimo Track	1.30m
2 Rossouw, Ben	03	Cowichan Valley	1.25m
3 Shankar, Marcus	03	Campbell River	1.20m
4 Seager, Liam	03	Victoria Track	1.15m
5 Seager, Sam	03	Victoria Track	J1.15m
6 Kirkendale, Liam	03	Peninsula Track	J1.15m
7 Mastrodonato, Gavin	03	Powell River	1.10m
8 Brennan, Menoa	03	Campbell River	J1.10m
9 Seaman, Jake	03	Nanaimo Track	J1.10m
10 Seaman, Ryan	03	Nanaimo Track	1.05m
11 Vallee, Ty	03	Alberni Valley	J1.05m
12 McKean, Jackson	03	Alberni Valley	1.00m
-- Johnson, Michael	03	Peninsula Track	NH
-- Shields, Luke	03	Oceanside Track	NH
-- Steel, Blake	03	Nanaimo Track	NH

Event 145 Boys 12 Year Olds High Jump

Name	Year	Team	Finals
1 Sundberg, Drew	02	Powell River	1.40m

2	Katzberg, Ethan	02	Nanaimo Track	1.35m
3	Heisterman, Keaton	02	Nanaimo Track	1.30m
4	Abbott, Keagen	02	Powell River	1.20m
5	White, Mackye	02	Comox Valley	1.15m
7	Andersen, Ethan	02	Nanaimo Track	J1.05m
7	Haley, Joshua	02	Cowichan Valley	J1.05m
8	Dunstan, Hayden	02	Nanaimo Track	J1.05m

Event 146 Boys 13 Year Olds High Jump

Name	Year	Team	Finals	
1	Day, Colby	01	Nanaimo Track	1.53m
2	Toth, Ben	01	Nanaimo Track	1.40m
3	Tozer, Devin	01	Nanaimo Track	1.35m
4	Iversen, Jayden	01	Alberni Valley	1.30m
5	Ferraro, Jett	01	Nanaimo Track	1.20m
6	Cowan, Troy	01	Cowichan Valley	1.15m
7	Monnet, Cassius	01	Comox Valley	J1.15m

Event 147 Boys 14-15 High Jump

Name	Year	Team	Finals	
1	Hernandez, Kye	00	Powell River	1.45m
2	Whalley, Cameron	00	Peninsula Track	J1.45m
3	Speagle, Oliver	99	Alberni Valley	1.40m
3	Griffiths, Sion	00	Cowichan Valley	1.40m
5	Sammons, Benjamin	00	UVIC	1.35m
6	Fougner-Rukus, Griffin	00	Cowichan Valley	J1.35m
7	Shankar, Jonah	00	River City Elite	J1.35m
8	Foncerrada, Federico	99	Cowichan Valley	1.30m
9	Johnson, David	99	Peninsula Track	1.25m
10	Suits, Tyler	99	Alberni Valley	J1.25m
11	Hopkins, Brennan	00	Peninsula Track	1.20m

Event 149 Men 16-17 High Jump

Name	Year	Team	Finals	
1	Williams, Ben	98	Cowichan Valley	1.80m
2	Smith, Kaelan	97	UVIC	1.75m
3	Mitchell, Rylee	98	Alberni Valley	1.65m

Event 149 Men 18-19 High Jump

Name	Year	Team	Finals	
1	MacEwan, Caelan	96	UVIC	1.80m
2	Brougham, Derek	96	Pacific Athletic	1.75m

Event 149 Men 45-49 High Jump

Name	Year	Team	Finals	
1	D'Agnolo, John	67	Pacific Athletic	1.45m

Event 149 Men 55-59 High Jump

Name	Year	Team	Finals
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1 Hendrie, Tim 55 Nanaimo Track 1.10m

Event 149 Men 75-79 High Jump

Name	Year Team	Finals
1 East, Les	39 Peninsula Track	1.20m

Event 149 Men 80-84 High Jump

Name	Year Team	Finals
1 Giegerich, Joe	32 Nanaimo Track	0.80m

Event 150 Girls 9 Year Olds Long Jump

Name	Year Team	Finals	Wind
1 Viers, Meghan	05 Nanaimo Track	2.30m	NWI
2 Smith, Caitlin	05 Nanaimo Track	2.15m	NWI
3 Gibbons, Niamh	05 Peninsula Track	2.12m	NWI
4 Paugh, Makenna	05 Nanaimo Track	1.94m	NWI
5 Pringle, Taylor	05 Unattached	1.82m	NWI

Event 151 Girls 10 Year Olds Long Jump

Name	Year Team	Finals	Wind
1 Broekhuizen, Jordyn	04 Alberni Valley	3.04m	NWI
2 Barron, Madison	04 Cowichan Valley	3.03m	NWI
3 Menard, Carys	04 Nanaimo Track	2.96m	NWI
4 Biggs, Kailey	04 Comox Valley	2.79m	NWI
5 Porter, Madison	04 Cowichan Valley	2.63m	NWI
6 Blumel, Margo	04 Cowichan Valley	2.54m	NWI

Event 152 Girls 11 Year Olds Long Jump

Name	Year Team	Finals	Wind
1 Schmunk, Annika	03 Powell River	3.96m	NWI
2 Lauzon, Jayda	03 Cowichan Valley	3.60m	NWI
3 Higgins, Paige	03 Nanaimo Track	3.53m	NWI
4 Paugh, Madison	03 Nanaimo Track	3.33m	NWI
5 Lundman, Olivia	03 Nanaimo Track	3.19m	NWI
6 Van Den Bulk, Alexis	03 Peninsula Track	3.07m	NWI
7 Donkersley, Peyton	03 Oceanside Track	2.27m	NWI

Event 153 Girls 12 Year Olds Long Jump

Name	Year Team	Finals	Wind
1 Williams, Olivia	02 Oceanside Track	3.79m	NWI
2 Fougner-Rukus, Reece	02 Cowichan Valley	3.78m	NWI
3 Mckean, Kamryn	02 Alberni Valley	3.56m	NWI
4 Kennedy, Angelique	02 Comox Valley	3.51m	NWI
5 Louie, Constance	02 Cowichan Valley	3.46m	NWI
6 Chase, Sydney	02 Alberni Valley	3.33m	NWI
7 Morrison, Kate	02 Oceanside Track	3.21m	NWI
8 Revoy, Jessica	02 Campbell River	3.19m	NWI
9 Flood, Rowen	02 Campbell River	3.16m	NWI
10 Leech, Nicola	02 Cowichan Valley	3.10m	NWI

11 Eagar, Mia	02 Cowichan Valley	2.91m	NWI
12 White, Lavendar	02 Cowichan Valley	2.33m	NWI

Event 154 Girls 13 Year Olds Long Jump

Name	Year Team	Finals	Wind
1 Watson, Kaitlyn	01 Nanaimo Track	4.07m	NWI
2 Murray, Marissa	01 Pacific Athletic	3.81m	NWI
3 Gendall, Danae	01 Cowichan Valley	3.80m	NWI
4 Hague, Nicole	01 Oceanside Track	3.73m	NWI
5 Williams, Destanie	01 Comox Valley	3.65m	NWI
6 Suits, Rebecca	01 Alberni Valley	3.63m	NWI
7 Willett, Abby	01 Pacific Athletic	3.47m	NWI
8 Bradley, Grace	01 Nanaimo Track	3.40m	NWI
9 Mastrodonato, Melaina	01 Powell River	3.38m	NWI
10 Terpstra, Rhiannon	01 Oceanside Track	3.35m	NWI
11 Assaf, Arielle	01 Nanaimo Track	3.34m	NWI
12 Vanderlee, Megan	01 Alberni Valley	3.09m	NWI
13 Speagle, Madilyn	01 Alberni Valley	3.04m	NWI
14 Stewart, Amy	01 Oceanside Track	2.79m	NWI

Event 155 Girls 14-15 Long Jump

Name	Year Team	Finals	Wind
1 Fashina-Bombala, Hassy	99 Nanaimo Track	4.93m	0.5
2 Gage, Kristen	99 Comox Valley	4.54m	-2.9
3 Shields-Brown, Mairin	99 Campbell River	4.53m	-2.7
4 Reiersen, Tekarra	99 Campbell River	4.47m	-2.7
5 McPhee, Jaci	00 Campbell River	4.32m	-1.9
5 Smith, Mya	99 Alberni Valley	4.32m	-1.0
7 Matthews, Thea	00 Victoria Track	4.30m	-1.0
8 Gatensby, Maya	00 UVIC	4.06m	-1.4
9 Stewart, Hope	00 Nanaimo Track	3.98m	-2.6
10 Katzberg, Jessica	00 Nanaimo Track	3.94m	-3.8
11 Matthews, Quinn	00 Victoria Track	3.92m	-2.6
12 Smid, Taylynn	00 Cowichan Valley	3.87m	-3.5
13 Burton, Olivia	99 Cowichan Valley	3.75m	-3.3
14 Heisterman, Madison	00 Nanaimo Track	3.74m	-0.8
15 Cake, Emily	00 Nanaimo Track	3.72m	-2.2
16 Fiandor, Alicia	00 Club Rapide	3.67m	-1.9
17 Burke, Morgan	04 Club Rapide	3.63m	-1.1
18 Andersen, Marina	00 Nanaimo Track	3.53m	-2.0
19 Mudie, Heather	99 Campbell River	3.22m	-2.4

Event 157 Women 16-17 Long Jump

Name	Year Team	Finals	Wind
1 Abbott, Calli-Ann	98 Powell River	4.99m	2.5
2 Thomas, Alex	97 Pacific Athletic	4.90m	3.5
3 Irwin, Lara	98 Pacific Athletic	4.63m	2.4
4 Gummer, Chloe	98 Comox Valley	4.56m	3.4
5 Bluschke, Renate	98 Campbell River	4.51m	2.5
6 Noshkin, Hayley	98 Nanaimo Track	3.26m	2.7

Event 157 Women 20-34 Long Jump

Name	Year Team	Finals	Wind
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1	Cobb, Aleisha	91	Pacific Athletic	5.62m	2.5
2	Donner, Claire	89	Pacific Athletic	5.01m	3.1

Event 157 Women 50-54 Long Jump

Name	Year	Team	Finals	Wind
1 Davison, Che	63	Victoria Track	3.09m	2.5

Event 157 Women 55-59 Long Jump

Name	Year	Team	Finals	Wind
1 Hendrie, Nola	55	Nanaimo Track	2.99m	2.5

Event 158 Boys 9 Year Olds Long Jump

Name	Year	Team	Finals	Wind
1 Ketch, Josh	05	Cowichan Valley	3.25m	NWI
2 Watson, Cody	05	Nanaimo Track	2.60m	NWI
3 Whitney, Jack	05	Cowichan Valley	2.39m	NWI
4 Miranda, Kyan	05	Cowichan Valley	2.33m	NWI
5 Maher, Evan	05	Cowichan Valley	2.20m	NWI
6 Pringe, Chase	05	Unattached	2.08m	NWI
7 Moffat, Gavin	05	Nanaimo Track	2.06m	NWI

Event 159 Boys 10 Year Olds Long Jump

Name	Year	Team	Finals	Wind
1 Paris, Nate	04	Nanaimo Track	3.83m	NWI
2 Smid, Shadynn	04	Cowichan Valley	3.65m	NWI
3 Watson, Jayden	04	Nanaimo Track	3.30m	NWI
4 Putz, Jake	04	Nanaimo Track	3.00m	NWI
5 Moore, Cameron	04	Nanaimo Track	2.94m	NWI
6 Henry, Stirling	04	Nanaimo Track	2.87m	NWI
7 King, Adam	04	Nanaimo Track	2.85m	NWI
8 Morrison, Samuel	04	Oceanside Track	2.79m	NWI
9 Soellner-Wilson, Kash	04	Peninsula Track	2.76m	NWI
10 Veasey, Ryan	04	Nanaimo Track	2.73m	NWI
11 Barron, Elijah	04	Cowichan Valley	2.62m	NWI
12 Hulton, Will	04	Cowichan Valley	2.59m	NWI
13 Mohabeer-Ortiz, Ruben	04	Oceanside Track	2.41m	NWI

Event 160 Boys 11 Year Olds Long Jump

Name	Year	Team	Finals	Wind
1 Brennan, Menoa	03	Campbell River	3.64m	NWI
2 Martiniuk, Cameron	03	Nanaimo Track	3.61m	NWI
3 Symington, David	03	Alberni Valley	3.47m	NWI
4 Shankar, Marcus	03	Campbell River	3.45m	NWI
4 Rossouw, Ben	03	Cowichan Valley	3.45m	NWI
6 Mastrodonato, Gavin	03	Powell River	3.24m	NWI
7 Willmott, Frazer	03	Cowichan Valley	3.06m	NWI
8 Wilkinson, Nolan	03	Cowichan Valley	2.97m	NWI
9 McKean, Jackson	03	Alberni Valley	2.91m	NWI
10 Seaman, Jake	03	Nanaimo Track	2.90m	NWI
11 Seaman, Ryan	03	Nanaimo Track	2.88m	NWI
12 Johnson, Michael	03	Peninsula Track	2.82m	NWI

13	McKenzie, Braeden	03	Cowichan Valley	2.80m	NWI
13	Schlitz, Brett	03	Nanaimo Track	2.80m	NWI
15	Williams, Hunter	03	Cowichan Valley	2.74m	NWI
16	Isaac, Jack	03	Alberni Valley	2.43m	NWI
17	Vallee, Ty	03	Alberni Valley	2.42m	NWI
18	Perras, Trent	03	Campbell River	2.33m	NWI
--	Wynans, Samuel	03	Alberni Valley	ND	NWI

Event 161 Boys 12 Year Olds Long Jump

Name	Year	Team	Finals	Wind
1	Ciarniello, Dean	02	Pacific Athletic	4.22m NWI
2	Sundberg, Drew	02	Powell River	3.97m NWI
3	Stark-Huhtanen, Blake	02	Cowichan Valley	3.77m NWI
4	Katzberg, Ethan	02	Nanaimo Track	3.65m NWI
5	Rasaiah, Kintan	02	Nanaimo Track	3.55m NWI
6	Abbott, Keagen	02	Powell River	3.32m NWI
7	Harrison, Noah	02	Cowichan Valley	3.16m NWI
8	White, Mackye	02	Comox Valley	3.00m NWI
9	Bramley, Drew	02	Nanaimo Track	2.89m NWI
10	Fontana, Dredyn	02	Cowichan Valley	2.75m NWI
11	Haley, Joshua	02	Cowichan Valley	2.70m NWI
12	Keltie, Logan	02	Oceanside Track	2.69m NWI
13	King, Cameron	02	Nanaimo Track	1.64m NWI

Event 162 Boys 13 Year Olds Long Jump

Name	Year	Team	Finals	Wind
1	Toth, Ben	01	Nanaimo Track	4.51m NWI
2	Day, Colby	01	Nanaimo Track	4.14m NWI
3	Furtado, Blake	01	UVIC	4.10m NWI
4	Monnet, Cassius	01	Comox Valley	3.98m NWI
5	Fontana, Kahlil	01	Cowichan Valley	3.91m NWI
6	Iversen, Jayden	01	Alberni Valley	3.88m NWI
7	Guderjahn, Lukas	01	Campbell River	3.79m NWI
8	Ferraro, Jett	01	Nanaimo Track	3.53m NWI
9	Minfray, Antoine	01	Campbell River	3.50m NWI
10	Vallee, Seth	01	Alberni Valley	3.18m NWI

Event 163 Boys 14-15 Long Jump

Name	Year	Team	Finals	Wind
1	O'Neill-Bains, Jesse	99	Pacific Athletic	5.22m +0.0
2	Mitchell, Joshua	99	Nanaimo Track	5.01m 0.8
3	Johnson, David	99	Peninsula Track	4.75m 0.5
4	Sammons, Benjamin	00	UVIC	4.60m -0.2
5	Vieites, Nathan	00	Victoria Track	4.44m -0.9
6	Handel, Luke	00	Cowichan Valley	4.38m +0.0
7	Atsma, Pierson	00	Cowichan Valley	4.30m 0.7
8	Shankar, Jonah	00	River City Elite	3.98m -0.5
9	Robertson, Joseph	00	Pacific Athletic	3.88m 1.3

Event 165 Men 16-17 Long Jump

Name	Year	Team	Finals	Wind
1	Clare, Jason	98	Nanaimo Track	5.46m -1.3
2	Williams, Ben	98	Cowichan Valley	5.57m -0.7

2	Mitchell, Rylee	98	Alberni Valley	5.43m	+0.0
3	Smith, Kaelan	97	UVIC	5.47m	0.2
4	Sandri, Isaac	98	Nanaimo Track	5.09m	+0.0
6	Gunderson, Chase	97	Cowichan Valley	4.85m	-0.6

Event 165 Men 18-19 Long Jump

Name	Year	Team	Finals	Wind
1 Lindsay, Liam	96	Cowichan Valley	6.07m	0.2
5 Hsueh, Albert	96	Club Rapide	5.06m	-0.2

Event 165 Men 20-34 Long Jump

Name	Year	Team	Finals	Wind
1 Stubbs, Nolan	94	Unattached	6.13m	+0.0

Event 165 Men 80-84 Long Jump

Name	Year	Team	Finals	Wind
1 Giegerich, Joe	32	Nanaimo Track	2.92m	-1.2

Event 166 Girls 13 Year Olds Triple Jump

Name	Year	Team	Finals	Wind
1 Watson, Kaitlyn	01	Nanaimo Track	8.96m	NWI
2 Williams, Destanie	01	Comox Valley	7.85m	NWI

Event 167 Girls 14-15 Triple Jump

Name	Year	Team	Finals	Wind
1 Reiersen, Tekarra	99	Campbell River	9.92m	+0.0
2 Shields-Brown, Mairin	99	Campbell River	9.55m	-1.6
3 Smith, Mya	99	Alberni Valley	9.28m	1.3
4 McPhee, Jaci	00	Campbell River	9.20m	+0.0
5 Burke, Morgan	04	Club Rapide	8.86m	+0.0
6 Cake, Emily	00	Nanaimo Track	8.42m	0.2
7 Mudie, Heather	99	Campbell River	7.90m	+0.0
8 Ravetch, Rosie	00	Pacific Athletic	7.77m	0.5

Event 169 Women 16-17 Triple Jump

Name	Year	Team	Finals	Wind
1 Thomas, Alex	97	Pacific Athletic	10.37m	1.3
2 Lindsay, Emily	98	Cowichan Valley	9.97m	1.8
3 Prairie, Manon	97	Nanaimo Track	9.77m	1.3
4 Irwin, Lara	98	Pacific Athletic	9.70m	2.4
5 Ashcroft, Madison	98	Campbell River	9.09m	0.4
6 White, Belle	97	Cowichan Valley	7.33m	1.8

Event 170 Boys 13 Year Olds Triple Jump

Name	Year	Team	Finals	Wind
1 Day, Colby	01	Nanaimo Track	9.15m	NWI
2 Seaman, Nate	01	Nanaimo Track	8.04m	NWI

Event 171 Boys 14-15 Triple Jump

Name	Year	Team	Finals	Wind
1 Ano, Josiah	99	Nanaimo Track	11.70m	1.9
2 O'Neill-Bains, Jesse	99	Pacific Athletic	11.18m	2.5
3 Atsma, Pierson	00	Cowichan Valley	9.69m	2.3
4 Whalley, Cameron	00	Peninsula Track	9.35m	1.4
5 Coughlan, Kaiden	99	Cowichan Valley	9.17m	1.9
6 DiCarlo, Jesse	99	Cowichan Valley	8.85m	2.1

Event 173 Men 16-17 Triple Jump

Name	Year	Team	Finals	Wind
1 Gunderson, Chase	97	Cowichan Valley	10.38m	2.3

Event 173 Men 18-19 Triple Jump

Name	Year	Team	Finals	Wind
1 Lindsay, Liam	96	Cowichan Valley	12.97m	1.7

Event 173 Men 80-84 Triple Jump

Name	Year	Team	Finals	Wind
1 Giegerich, Joe	32	Nanaimo Track	6.36m	NWI

Event 182 Girls 10 Year Olds Discus Throw 750 g

Name	Year	Team	Finals
1 Barron, Madison	04	Cowichan Valley	10.85m
2 Blumel, Margo	04	Cowichan Valley	9.04m
3 Porter, Madison	04	Cowichan Valley	7.40m
4 Butterworth, Mikayla	05	Oceanside Track	5.91m

Event 183 Girls 11 Year Olds Discus Throw 750 g

Name	Year	Team	Finals
1 Lundman, Olivia	03	Nanaimo Track	13.37m
2 Van Den Bulk, Alexis	03	Peninsula Track	13.17m
3 Lauzon, Jayda	03	Cowichan Valley	13.02m
4 Higgins, Paige	03	Nanaimo Track	12.82m
5 Wiebe, Macy	03	Cowichan Valley	11.91m
6 Paugh, Madison	03	Nanaimo Track	11.82m
7 Randell-Guy, Lauren	03	Victoria Track	11.75m
8 Gibbons, Siobhan	03	Peninsula Track	8.43m

Event 184 Girls 12 Year Olds Discus Throw 750 g

Name	Year	Team	Finals
1 Mitchell, Makayla	02	Nanaimo Track	20.97m
2 Woolnough, Alena	02	Oceanside Track	20.46m
3 Williams, Olivia	02	Oceanside Track	18.24m
4 Fougner-Rukus, Reece	02	Cowichan Valley	16.97m
5 Larkin, Mackenzie	02	Victoria Track	15.62m

6	Morrison, Kate	02	Oceanside Track	13.53m
7	Murray, Paige	02	Pacific Athletic	13.43m
8	Leech, Nicola	02	Cowichan Valley	13.17m
9	Kennedy, Angelique	02	Comox Valley	12.71m
10	Revoy, Jessica	02	Campbell River	11.03m

Event 185 Girls 13 Year Olds Discus Throw 750 g

Name	Year	Team	Finals
1	Frederiksen, Gwyneth	01 Unattached	28.38m
2	Willett, Abby	01 Pacific Athletic	27.26m
3	Elliott, Libby	01 Oceanside Track	24.36m
4	Williams, Destanie	01 Comox Valley	19.91m
5	Murray, Marissa	01 Pacific Athletic	19.31m
6	Mastrodonato, Melaina	01 Powell River	14.44m
7	Terpstra, Rhiannon	01 Oceanside Track	14.31m
8	Pringle, Jordan	01 CR Christian	12.23m

Event 186 Girls 14-15 Discus Throw 1 kg

Name	Year	Team	Finals
1	Frederiksen, Lindsey	99 Unattached	29.28m
2	Katzberg, Jessica	00 Nanaimo Track	27.74m
3	Ferraro, Jamie	99 Nanaimo Track	21.95m
4	Woolnough, Serena	00 Oceanside Track	21.55m
5	McPhee, Jaci	00 Campbell River	19.89m
6	Smith, Mya	99 Alberni Valley	17.53m
7	Dewit, Emma	00 Cowichan Valley	17.38m
8	Rosen, Sarah	99 Cowichan Valley	16.32m
9	Gage, Kristen	99 Comox Valley	15.44m
10	Mudie, Heather	99 Campbell River	14.18m
11	Heisterman, Madison	00 Nanaimo Track	13.95m

Event 188 Women 16-17 Discus Throw 1 kg

Name	Year	Team	Finals
1	Carrothers, Kelsey	98 Pacific Athletic	34.71m

Event 188 Women 18-19 Discus Throw 1 kg

Name	Year	Team	Finals
1	Esser, Agnes	95 Pacific Athletic	51.29m

Event 188 Women 20-34 Discus Throw 1 kg

Name	Year	Team	Finals
1	Brockway, Jessye	93 Pacific Athletic	21.61m

Event 188 Women 50-54 Discus Throw 1 kg

Name	Year	Team	Finals
1	Davison, Che	63 Victoria Track	16.49m
2	Murfitt, Anne	60 Peninsula Track	15.35m

Event 188 Women 70-74 Discus Throw 1 kg

Name	Year Team	Finals
1 Morfitt, Peggy	37 Peninsula Track	10.18m

Event 190 Boys 10 Year Olds Discus Throw 750 g

Name	Year Team	Finals
1 Veasey, Ryan	04 Nanaimo Track	11.94m
2 Moore, Cameron	04 Nanaimo Track	10.74m
3 Barron, Elijah	04 Cowichan Valley	10.54m
4 King, Adam	04 Nanaimo Track	10.28m
5 Mohabeer-Ortiz, Ruben	04 Oceanside Track	10.11m
6 Putz, Jake	04 Nanaimo Track	10.09m
7 Morrison, Samuel	04 Oceanside Track	9.79m
8 Watson, Jayden	04 Nanaimo Track	7.88m

Event 191 Boys 11 Year Olds Discus Throw 750 g

Name	Year Team	Finals
1 Isaac, Jack	03 Alberni Valley	21.03m
2 Perras, Trent	03 Campbell River	19.27m
3 Mastrodonato, Gavin	03 Powell River	17.27m
4 Wynans, Samuel	03 Alberni Valley	16.05m
5 Shankar, Marcus	03 Campbell River	15.52m
6 Vallee, Ty	03 Alberni Valley	12.84m
7 McIntyre, Jacob	03 Cowichan Valley	11.57m
7 Willmott, Frazer	03 Cowichan Valley	11.57m
9 Williams, Hunter	03 Cowichan Valley	11.11m
10 Seaman, Ryan	03 Nanaimo Track	11.07m
11 Brennan, Menoa	03 Campbell River	10.86m
12 Johnson, Michael	03 Peninsula Track	10.64m
13 Seaman, Jake	03 Nanaimo Track	10.11m

Event 192 Boys 12 Year Olds Discus Throw 1 kg

Name	Year Team	Finals
1 Ciarniello, Dean	02 Pacific Athletic	19.42m
2 Heisterman, Keaton	02 Nanaimo Track	19.13m
3 Abbott, Keagen	02 Powell River	19.08m
4 Katzberg, Ethan	02 Nanaimo Track	17.15m
5 Shields-Brown, Michael	02 Campbell River	13.63m
6 Sundberg, Drew	02 Powell River	13.11m
7 White, Mackye	02 Comox Valley	12.02m
8 Bramley, Drew	02 Nanaimo Track	9.50m
9 Keltie, Logan	02 Oceanside Track	8.76m

Event 193 Boys 13 Year Olds Discus Throw 1 kg

Name	Year Team	Finals
1 Ferraro, Jett	01 Nanaimo Track	22.91m
2 Monnet, Cassius	01 Comox Valley	22.15m
3 Contant, Yanick	01 Alberni Valley	19.38m
4 Day, Colby	01 Nanaimo Track	19.14m
5 Toth, Ben	01 Nanaimo Track	18.88m
6 Cowan, Troy	01 Cowichan Valley	16.02m
7 Minfray, Antoine	01 Campbell River	14.13m

8 Guderjahn, Lukas 01 Campbell River 12.26m

Event 194 Boys 14-15 Discus Throw 1 kg

Name	Year Team	Finals
1 Austin, Dalton	99 Oceanside Track	33.03m
2 Sammons, Benjamin	00 UVIC	32.55m
3 Culham, Justin	99 Pacific Athletic	29.62m
4 Mitchell, Joshua	99 Nanaimo Track	25.78m
5 Hernandez, Kye	00 Powell River	22.88m
6 Beaulé, Daniel	99 Comox Valley	20.31m
7 Shewchuk, Cody	00 Cowichan Valley	17.05m
8 Coughlan, Kaiden	99 Cowichan Valley	16.66m
9 Rankin, Isaac	00 Comox Valley	9.99m

Event 196 Men 16-17 Discus Throw 1.5 kg

Name	Year Team	Finals
1 Willett, Sam	97 Pacific Athletic	40.54m
2 Weegar, Thompson	98 Alberni Valley	40.34m
3 Rondquist, Seever	98 Campbell River	34.14m
4 Mitchell, Rylee	98 Alberni Valley	31.02m

Event 197 Men 18-19 Discus Throw 1.75 kg

Name	Year Team	Finals
1 Petzold, Falk	96 Unattached	38.19m

Event 198 Men 35-39 Discus Throw 2 kg

Name	Year Team	Finals
1 Vannini, Phillip	75 Unattached	33.09m

Event 198 Men 40-44 Discus Throw 2 kg

Name	Year Team	Finals
1 Jensen, Carl	72 Peninsula Track	24.77m

Event 198 Men 45-49 Discus Throw 2 kg

Name	Year Team	Finals
1 Morfitt, Graham	67 Comox Valley	32.59m

Event 200 Men 65-69 Discus Throw 1 kg

Name	Year Team	Finals
1 Auvinen, Peter	47 Peninsula Track	23.91m

Event 200 Men 75-79 Discus Throw 1 kg

Name	Year Team	Finals
1 East, Les	39 Peninsula Track	28.16m

Event 201 Girls 10 Year Olds Javelin Throw 400 g

Name	Year	Team	Finals
1 Menard, Carys	04	Nanaimo Track	13.21m
2 Porter, Madison	04	Cowichan Valley	8.40m
3 Barron, Madison	04	Cowichan Valley	8.29m
4 Blumel, Margo	04	Cowichan Valley	8.03m
5 Broekhuizen, Jordyn	04	Alberni Valley	6.83m

Event 202 Girls 11 Year Olds Javelin Throw 400 g

Name	Year	Team	Finals
1 Paugh, Madison	03	Nanaimo Track	16.51m
2 Lauzon, Jayda	03	Cowichan Valley	14.18m
3 Higgins, Paige	03	Nanaimo Track	13.91m
4 Lundman, Olivia	03	Nanaimo Track	13.72m
5 Randell-Guy, Lauren	03	Victoria Track	13.65m
6 Van Den Bulk, Alexis	03	Peninsula Track	12.88m
7 Wiebe, Macy	03	Cowichan Valley	10.15m
8 Gibbons, Siobhan	03	Peninsula Track	10.11m
9 Hawkins, Brynn	03	Campbell River	8.77m
10 Donkersley, Peyton	03	Oceanside Track	5.19m

Event 203 Girls 12 Year Olds Javelin Throw 400 g

Name	Year	Team	Finals
1 Mitchell, Makayla	02	Nanaimo Track	26.51m
2 Fougner-Rukus, Reece	02	Cowichan Valley	22.26m
3 Nbaoma, Nnya	02	Nanaimo Track	21.75m
4 Mckean, Kamryn	02	Alberni Valley	17.61m
5 Chase, Sydney	02	Alberni Valley	17.13m
6 Murray, Paige	02	Pacific Athletic	16.51m
7 Morrison, Kate	02	Oceanside Track	14.35m
8 Larkin, Mackenzie	02	Victoria Track	13.85m
9 Leech, Nicola	02	Cowichan Valley	11.91m
10 Flood, Rowen	02	Campbell River	11.64m
11 Revoy, Jessica	02	Campbell River	11.55m

Event 204 Girls 13 Year Olds Javelin Throw 400 g

Name	Year	Team	Finals
1 Frederiksen, Gwyneth	01	Unattached	27.80m
2 Elliott, Libby	01	Oceanside Track	26.89m
3 Willett, Abby	01	Pacific Athletic	24.66m
4 Williams, Destanie	01	Comox Valley	20.44m
5 Terpstra, Rhiannon	01	Oceanside Track	19.59m
6 Speagle, Madilyn	01	Alberni Valley	16.29m
7 Pringle, Jordan	01	CR Christian	14.58m
8 Assaf, Arielle	01	Nanaimo Track	9.84m
9 Watson, Kaitlyn	01	Nanaimo Track	7.30m
-- Vanderlee, Megan	01	Alberni Valley	DQ

Event 205 Girls 14-15 Javelin Throw 500 g

Name	Year	Team	Finals
1 Hunter, Hayley	99	Campbell River	31.39m

2	Barner, Ashlee	00	Oceanside Track	26.54m
3	Rosen, Sarah	99	Cowichan Valley	21.26m
4	Smith, Mya	99	Alberni Valley	20.93m
5	Katzberg, Jessica	00	Nanaimo Track	20.22m
6	Andersen, Marina	00	Nanaimo Track	19.52m
7	Ferraro, Jamie	99	Nanaimo Track	18.71m
8	Chow, Trinity	00	Cowichan Valley	16.97m
9	Shields-Brown, Mairin	99	Campbell River	15.94m
10	Fiandor, Alicia	00	Club Rapide	15.48m
11	Mudie, Heather	99	Campbell River	10.18m

Event 207 Women 16-17 Javelin Throw 500 g

Name	Year	Team	Finals
1	Rasche, Teagan	97 Langley Must	39.05m
2	Pauley, Jaclyn	98 Langley Must	37.15m
3	Carrothers, Kelsey	98 Pacific Athletic	36.64m
4	Abbott, Calli-Ann	98 Powell River	26.52m
5	Ashcroft, Madison	98 Campbell River	25.11m

Event 208 Women 20-34 Javelin Throw 600 g

Name	Year	Team	Finals
1	Merritt, Olivia	91 Pacific Athletic	43.26m
2	Brockway, Jessye	93 Pacific Athletic	17.63m

Event 209 Women 50-54 Javelin Throw 500 g

Name	Year	Team	Finals
1	Davison, Che	63 Victoria Track	20.42m
2	Murfitt, Anne	60 Peninsula Track	16.72m

Event 210 Women 75-79 Javelin Throw 400 g

Name	Year	Team	Finals
1	Morfitt, Peggy	37 Peninsula Track	8.65m

Event 211 Boys 10 Year Olds Javelin Throw 400 g

Name	Year	Team	Finals
1	Coyne, Isaiah	04 Nanaimo Track	17.19m
2	Putz, Jake	04 Nanaimo Track	15.26m
3	Moore, Cameron	04 Nanaimo Track	14.75m
4	Mohabeer-Ortiz, Ruben	04 Oceanside Track	14.66m
5	Soellner-Wilson, Kash	04 Peninsula Track	13.83m
6	Veasey, Ryan	04 Nanaimo Track	13.77m
7	Smid, Shadynn	04 Cowichan Valley	12.91m
8	King, Adam	04 Nanaimo Track	11.22m
9	Henry, Stirling	04 Nanaimo Track	10.89m
10	Barron, Elijah	04 Cowichan Valley	10.51m
11	Morrison, Samuel	04 Oceanside Track	9.98m
12	Hulton, Will	04 Cowichan Valley	6.02m
--	ErdingFitznar, Santiago	04 Cowichan Valley	ND

Event 212 Boys 11 Year Olds Javelin Throw 400 g

Name	Year	Team	Finals
1 Perras, Trent	03	Campbell River	21.84m
2 Brennan, Menoa	03	Campbell River	21.18m
3 Willmott, Frazer	03	Cowichan Valley	20.08m
4 Wynans, Samuel	03	Alberni Valley	19.04m
5 Williams, Linden	03	Cowichan Valley	18.48m
6 Shankar, Marcus	03	Campbell River	17.10m
7 Seaman, Ryan	03	Nanaimo Track	16.82m
8 McKean, Jackson	03	Alberni Valley	15.89m
9 Vallee, Ty	03	Alberni Valley	15.56m
10 McIntyre, Jacob	03	Cowichan Valley	14.78m
11 Wilkinson, Nolan	03	Cowichan Valley	14.20m
12 Schlitz, Brett	03	Nanaimo Track	13.42m
13 Isaac, Jack	03	Alberni Valley	12.47m
14 Seaman, Jake	03	Nanaimo Track	11.58m
15 Johnson, Michael	03	Peninsula Track	10.91m
-- Mastrodonato, Gavin	03	Powell River	ND

Event 213 Boys 12 Year Olds Javelin Throw 500 g

Name	Year	Team	Finals
1 Ciarniello, Dean	02	Pacific Athletic	26.31m
2 Katzberg, Ethan	02	Nanaimo Track	23.84m
3 Abbott, Keagen	02	Powell River	23.64m
4 Shields-Brown, Michael	02	Campbell River	18.72m
5 White, Mackye	02	Comox Valley	18.55m
6 Bramley, Drew	02	Nanaimo Track	13.34m
7 Sundberg, Drew	02	Powell River	13.27m
-- Haley, Joshua	02	Cowichan Valley	ND
-- Kaiser, Torren	02	Cowichan Valley	ND

Event 214 Boys 13 Year Olds Javelin Throw 500 g

Name	Year	Team	Finals
1 Day, Colby	01	Nanaimo Track	35.44m
2 Ferraro, Jett	01	Nanaimo Track	28.66m
3 Toth, Ben	01	Nanaimo Track	28.12m
4 Contant, Yanick	01	Alberni Valley	24.06m
5 Cowan, Troy	01	Cowichan Valley	21.53m
6 Vallee, Seth	01	Alberni Valley	19.69m

Event 215 Boys 14-15 Javelin Throw 600 g

Name	Year	Team	Finals
1 Hay, Gregory	99	Campbell River	43.47m
2 Sammons, Benjamin	00	UVIC	33.15m
3 Mitchell, Joshua	99	Nanaimo Track	31.13m
4 Grabher, Thomas	99	Oceanside Track	30.61m
5 Hernandez, Kye	00	Powell River	27.42m
6 Shankar, Jonah	00	River City Elite	26.86m
7 Fougner-Rukus, Griffin	00	Cowichan Valley	24.07m
8 Culham, Justin	99	Pacific Athletic	22.20m

Event 217 Men 16-17 Javelin Throw 700 g

Name	Year	Team	Finals
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1	Rondquist, Seever	98	Campbell River	54.79m
2	Mitchell, Rylee	98	Alberni Valley	45.96m
3	Chin, Conrrad	98	Victoria Track	39.98m
4	Sandri, Isaac	98	Nanaimo Track	39.24m

Event 218 Men 18-19 Javelin Throw 800 g

Name	Year	Team	Finals	
1	Kostiuk, Tyler	96	Comox Valley	55.61m
2	Brougham, Derek	96	Pacific Athletic	40.04m
3	Hsueh, Albert	96	Club Rapide	29.52m

Event 218 Men 20-34 Javelin Throw 800 g

Name	Year	Team	Finals	
1	Stubbs, Nolan	94	Unattached	55.87m

Event 219 Men 35-49 Javelin Throw 800 g

Name	Year	Team	Finals	
1	Morfitt, Graham	67	Comox Valley	60.42m

Event 221 Men 60-69 Javelin Throw 600 g

Name	Year	Team	Finals	
1	Auvinen, Peter	47	Peninsula Track	27.79m

Event 222 Men 70-79 Javelin Throw 500 g

Name	Year	Team	Finals	
1	East, Les	39	Peninsula Track	24.12m

Event 224 Girls 9 Year Olds Shot Put 2 kg

Name	Year	Team	Finals	
1	Hilton, Adrianna	05	Peninsula Track	3.84m
2	Gibbons, Niamh	05	Peninsula Track	3.78m
3	Rasaiah, Jaeda	05	Nanaimo Track	3.74m
4	Smith, Caitlin	05	Nanaimo Track	2.85m
5	Paugh, Makenna	05	Nanaimo Track	2.74m
6	Pringle, Taylor	05	Unattached	2.63m
7	Butterworth, Mikayla	05	Oceanside Track	2.10m

Event 225 Girls 10 Year Olds Shot Put 2 kg

Name	Year	Team	Finals	
1	Broekhuizen, Jordyn	04	Alberni Valley	5.95m
2	Van Oostrom, Reese	04	Nanaimo Track	4.54m
3	Porter, Madison	04	Cowichan Valley	4.35m
4	Barron, Madison	04	Cowichan Valley	4.17m
5	Blumel, Margo	04	Cowichan Valley	4.08m

Event 226 Girls 11 Year Olds Shot Put 2 kg

Name	Year	Team	Finals
1 Lauzon, Jayda	03	Cowichan Valley	7.26m
2 Schmunk, Annika	03	Powell River	6.81m
3 Paugh, Madison	03	Nanaimo Track	6.66m
4 Peterson, Julia	03	Peninsula Track	6.12m
5 Lundman, Olivia	03	Nanaimo Track	5.68m
6 Randell-Guy, Lauren	03	Victoria Track	5.31m
6 Ellis, Lauren	03	Pacific Athletic	5.31m
8 Van Den Bulk, Alexis	03	Peninsula Track	5.07m
9 Gibbons, Siobhan	03	Peninsula Track	4.28m

Event 227 Girls 12 Year Olds Shot Put 3 kg

Name	Year	Team	Finals
1 Mckean, Kamryn	02	Alberni Valley	7.10m
2 Fougner-Rukus, Reece	02	Cowichan Valley	7.08m
3 Pollard, Jamie	02	Nanaimo Track	6.40m
4 Woolnough, Alena	02	Oceanside Track	6.11m
5 Mitchell, Makayla	02	Nanaimo Track	6.07m
6 Eagar, Mia	02	Cowichan Valley	5.74m
7 Kennedy, Angelique	02	Comox Valley	5.27m
8 Morrison, Kate	02	Oceanside Track	5.10m
9 Nijjar, Naveen	02	Cowichan Valley	4.39m
10 Revoy, Jessica	02	Campbell River	4.29m
11 Jensen, Alyssa	02	Peninsula Track	3.89m
12 White, Lavendar	02	Cowichan Valley	3.70m

Event 228 Girls 13 Year Olds Shot Put 3 kg

Name	Year	Team	Finals
1 Frederiksen, Gwyneth	01	Unattached	8.80m
2 Willett, Abby	01	Pacific Athletic	8.73m
3 Mastrodonato, Melaina	01	Powell River	6.06m
4 Williams, Destanie	01	Comox Valley	5.94m
5 Dimter, Julia	01	Nanaimo Track	5.55m
6 Pringle, Jordan	01	CR Christian	5.09m

Event 229 Girls 14-15 Shot Put 3 kg

Name	Year	Team	Finals
1 Frederiksen, Lindsey	99	Unattached	10.92m
2 Dewit, Emma	00	Cowichan Valley	8.86m
3 Woolnough, Serena	00	Oceanside Track	8.81m
4 Lancaster, Aimee	00	Pacific Athletic	7.83m
5 McPhee, Jaci	00	Campbell River	7.78m
6 Shields-Brown, Mairin	99	Campbell River	7.18m
7 Reiersen, Tekarra	99	Campbell River	7.15m
8 Reynolds, Tayla	00	Campbell River	6.92m
9 Mudie, Heather	99	Campbell River	6.67m
10 Rosen, Sarah	99	Cowichan Valley	6.02m

Event 231 Women 16-17 Shot Put 3 kg

Name	Year	Team	Finals
1 Abbott, Calli-Ann	98	Powell River	10.94m
2 Davison, Che	63	Victoria Track	7.45m

3 Brockway, Jessye	93 Pacific Athletic	7.28m
4 Murfitt, Anne	60 Peninsula Track	6.59m
5 Morfitt, Peggy	37 Peninsula Track	4.39m

Event 232 Women 20-34 Shot Put 4 kg

Name	Year Team	Finals
1 Murby, Vanessa	85 Vancouver TH	7.44m

Event 235 Boys 9 Year Olds Shot Put 2 kg

Name	Year Team	Finals
1 Ketch, Josh	05 Cowichan Valley	5.36m
2 Kirkendale, Sean	05 Unattached	5.26m
3 Pringe, Chase	05 Unattached	4.46m
4 Maher, Evan	05 Cowichan Valley	4.34m
5 Whitney, Jack	05 Cowichan Valley	4.27m
6 Croome, Zachary	05 Nanaimo Track	3.88m
7 Watson, Cody	05 Nanaimo Track	3.80m
8 Miranda, Kyan	05 Cowichan Valley	3.22m

Event 236 Boys 10 Year Olds Shot Put 2 kg

Name	Year Team	Finals
1 Watson, Jayden	04 Nanaimo Track	6.58m
2 Dunstan, Carter	04 Nanaimo Track	6.52m
3 Coyne, Isaiah	04 Nanaimo Track	6.31m
4 Putz, Jake	04 Nanaimo Track	6.30m
5 King, Adam	04 Nanaimo Track	5.85m
6 ErdingFitznar, Santiago	04 Cowichan Valley	5.59m
7 Barron, Elijah	04 Cowichan Valley	5.49m
8 Moore, Cameron	04 Nanaimo Track	5.43m
9 Henry, Stirling	04 Nanaimo Track	5.31m
10 Mohabeer-Ortiz, Ruben	04 Oceanside Track	5.01m
11 Hulton, Will	04 Cowichan Valley	4.90m
12 Morrison, Samuel	04 Oceanside Track	4.71m

Event 237 Boys 11 Year Olds Shot Put 2 kg

Name	Year Team	Finals
1 Isaac, Jack	03 Alberni Valley	8.60m
2 Perras, Trent	03 Campbell River	8.34m
3 Seaman, Ryan	03 Nanaimo Track	7.39m
4 Mastrodonato, Gavin	03 Powell River	7.09m
5 Kirkendale, Liam	03 Peninsula Track	7.08m
6 Johnson, Michael	03 Peninsula Track	6.72m
7 Wilkinson, Nolan	03 Cowichan Valley	6.56m
8 Wynans, Samuel	03 Alberni Valley	6.33m
9 McKean, Jackson	03 Alberni Valley	6.23m
10 Seaman, Jake	03 Nanaimo Track	6.17m
11 Steel, Blake	03 Nanaimo Track	6.13m
12 McIntyre, Jacob	03 Cowichan Valley	5.24m
13 Shields, Luke	03 Oceanside Track	4.68m
14 Vallee, Ty	03 Alberni Valley	4.59m

Event 238 Boys 12 Year Olds Shot Put 3 kg

Name	Year	Team	Finals
1 Abbott, Keagen	02	Powell River	9.50m
2 Loughnane, Conor	02	Peninsula Track	8.28m
3 Kaiser, Torren	02	Cowichan Valley	7.72m
4 White, Mackye	02	Comox Valley	6.47m
5 Sundberg, Drew	02	Powell River	6.32m
6 Andersen, Ethan	02	Nanaimo Track	6.25m
7 Dunstan, Hayden	02	Nanaimo Track	5.58m
8 Pacholuk, Emlyn	02	Cowichan Valley	5.31m
9 Haley, Joshua	02	Cowichan Valley	5.03m
10 Shields-Brown, Michael	02	Campbell River	4.92m

Event 239 Boys 13 Year Olds Shot Put 3 kg

Name	Year	Team	Finals
1 Toth, Ben	01	Nanaimo Track	9.75m
2 Iversen, Jayden	01	Alberni Valley	9.33m
3 Ferraro, Jett	01	Nanaimo Track	7.82m
4 Tozer, Devin	01	Nanaimo Track	7.78m
5 Contant, Yanick	01	Alberni Valley	6.64m

Event 240 Boys 14-15 Shot Put 4 kg

Name	Year	Team	Finals
1 Griffiths, Sion	00	Cowichan Valley	10.84m
2 Sammons, Benjamin	00	UVIC	8.99m
3 Coyne, Joseph	00	Nanaimo Track	8.41m
4 Hernandez, Kye	00	Powell River	7.28m
5 Hopkins, Brennan	00	Peninsula Track	6.06m

Event 242 Men 16-17 Shot Put 5 kg

Name	Year	Team	Finals
1 Rondquist, Seever	98	Campbell River	11.85m

Event 244 Men 35-39 Shot Put 7.26 kg

Name	Year	Team	Finals
1 Vannini, Phillip	75	Unattached	11.40m

Event 246 Men 65-69 Shot Put 5 kg

Name	Year	Team	Finals
1 Auvinen, Peter	47	Peninsula Track	8.73m

Event 247 Men 70-79 Shot Put 4 kg

Name	Year	Team	Finals
1 East, Les	39	Peninsula Track	8.91m

Event 248 Men 80-84 Shot Put 3 kg

Name	Year	Team	Finals
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1 Giegerich, Joe 32 Nanaimo Track 6.93m

Event 249 Girls 12 Year Olds Hammer Throw 3 kg

Name	Year Team	Finals
1 Mitchell, Makayla	02 Nanaimo Track	19.08m
2 Fougner-Rukus, Reece	02 Cowichan Valley	15.88m
3 Woolnough, Alena	02 Oceanside Track	15.23m
4 Jensen, Alyssa	02 Peninsula Track	15.20m

Event 250 Girls 13 Year Olds Hammer Throw 3 kg

Name	Year Team	Finals
1 Willett, Abby	01 Pacific Athletic	26.62m
2 Frederiksen, Gwyneth	01 Unattached	21.65m
3 Dimter, Julia	01 Nanaimo Track	16.64m
4 Mastrodonato, Melaina	01 Powell River	13.75m
5 Williams, Destanie	01 Comox Valley	12.48m
6 Pringle, Jordan	01 CR Christian	10.72m

Event 251 Girls 14-15 Hammer Throw 3 kg

Name	Year Team	Finals
1 Frederiksen, Lindsey	99 Unattached	53.76m
2 Woolnough, Serena	00 Oceanside Track	34.09m
3 Katzberg, Jessica	00 Nanaimo Track	33.47m
4 Reynolds, Tayla	00 Campbell River	24.28m
5 Smith, Mya	99 Alberni Valley	20.25m
6 Dewit, Emma	00 Cowichan Valley	18.82m
7 Mudie, Heather	99 Campbell River	17.91m

Event 253 Women 16-17 Hammer Throw 3 kg

Name	Year Team	Finals
1 Bomford, Lizzie	97 Pacific Athletic	53.77m
2 Gmitroski, Krysta	96 Pacific Athletic	40.05m

Event 255 Women 50-54 Hammer Throw 3 kg

Name	Year Team	Finals
1 Murfitt, Anne	60 Peninsula Track	22.38m
2 Davison, Che	63 Victoria Track	21.11m

Event 256 Women 75-79 Hammer Throw 2 kg

Name	Year Team	Finals
1 Morfitt, Peggy	37 Peninsula Track	17.95m

Event 257 Boys 12 Year Olds Hammer Throw 3 kg

Name	Year Team	Finals
1 Katzberg, Ethan	02 Nanaimo Track	19.34m
2 Abbott, Keagen	02 Powell River	18.98m
3 Dunstan, Hayden	02 Nanaimo Track	18.81m

4 Andersen, Ethan	02 Nanaimo Track	14.14m
5 Shields-Brown, Michael	02 Campbell River	13.56m

Event 258 Boys 13 Year Olds Hammer Throw 3 kg

Name	Year Team	Finals
1 Toth, Ben	01 Nanaimo Track	26.86m
2 Iversen, Jayden	01 Alberni Valley	24.30m
3 Contant, Yanick	01 Alberni Valley	21.15m
4 Tozer, Devin	01 Nanaimo Track	17.95m
5 Cowan, Troy	01 Cowichan Valley	15.85m

Event 259 Boys 14-15 Hammer Throw 4 kg

Name	Year Team	Finals
1 Austin, Dalton	99 Oceanside Track	38.98m
2 Griffiths, Sion	00 Cowichan Valley	33.74m
3 Wynans, Jonah	00 Alberni Valley	27.92m
4 Leech, Tyler	00 Cowichan Valley	21.59m
5 Pacholuk, Aidan	00 Cowichan Valley	13.93m

Event 261 Men 16-17 Hammer Throw 5 kg

Name	Year Team	Finals
1 Willett, Sam	97 Pacific Athletic	57.34m
2 Sandri, Isaac	98 Nanaimo Track	20.47m

Event 265 Men 60-69 Hammer Throw 5 kg

Name	Year Team	Finals
1 Auvinen, Peter	47 Peninsula Track	23.83m

Event 266 Men 75-79 Hammer Throw 4 kg

Name	Year Team	Finals
1 East, Les	39 Peninsula Track	31.28m

Event 267 Men 80-84 Hammer Throw 3 kg

Name	Year Team	Finals
1 Giegerich, Joe	32 Nanaimo Track	17.18m

Event 501 Boys 9-11 4x100 Meter Relay 4 X 100

Team	Finals
1 Alberni Valley 'A'	1:03.72
1) Isaac, Jack 03	2) McKean, Jackson 03
3) Wynans, Samuel 03	4) Symington, David 03
2 Cowichan Valley 'A'	1:04.67
1) Wilkinson, Nolan 03	2) Nijjar, Jeevan 04
3) Grew, Aiden 04	4) Rossouw, Ben 03
3 Mixed Club Relay - M 'A'	1:05.93
1) Seager, Liam 03	2) Kirkendale, Liam 03
3) Seaman, Jake 03	4) Seager, Sam 03

4 Cowichan Valley 'B'	1:12.08
1) Miranda, Kyan 05	2) Whitney, Jack 05
3) Hulton, Will 04	4) Ketch, Josh 05
5 Mixed Club Relay - M 'B'	1:13.48
1) Mace, Jack 05	2) Maher, Evan 05
3)	4) Watson, Cody 05

Event 548 Boys 9-12 4x100 Meter Relay 4 x 100 m

Team	Finals
1 Cowichan Valley 'B'	1:00.05
1) Harrison, Noah 02	2) Stark-Huhtanen, Blake 02
3) Williams, Linden 03	4) Kaiser, Torren 02
2 Cowichan Valley 'C'	1:02.49
1) Fontana, Dredyn 02	2) Pacholuk, Emlyn 02
3) Wilkinson, Nolan 03	4) Rossouw, Ben 03
-- Campbell River Comets 'A'	DQ
1) Perras, Trent 03	2) Shields-Brown, Michael 02
3) Brennan, Menoa 03	4) Shankar, Marcus 03

Event 728 Boys 14-15 2000 Meter Run

Name	Year Team	Finals
1 Grabher, Thomas	99 Oceanside Track	6:20.13
2 Williamson, Jordan	99 Campbell River	7:08.63
3 Shankar, Jonah	00 River City Elite	7:13.91

Event 729 Girls 14-15 2000 Meter Run

Name	Year Team	Finals
1 Hill, Olivia	99 Campbell River	7:05.99
2 Steen, Cassidy	99 UVIC	7:17.74
3 Hilton, Anna-Maria	00 Peninsula Track	7:36.97
4 Stecko, Justine	00 UVIC	7:44.46
5 Duncan, Madelene	00 Oceanside Track	7:57.55

Event 730 Women 20-34 Javelin Throw F11

Name	Year Team	Finals
1 Murby, Vanessa	85 Vancouver TH	18.08m

Event 731 Women 20-34 Discus Throw F11

Name	Year Team	Finals
1 Murby, Vanessa	85 Vancouver TH	22.06m