

Spruce Capital Invitational Meet-2014 - 07/06/2014 to 08/06/2014**Masich Place Stadium, Prince George, BC****Results****Girls 9 Year Olds 60 Meter Dash**

Meet: R 9.63 14/06/2009 Mikayla Capelle, DAWSON CREEK						
Name	Year	Team	Seed	Finals	Wind	Points
Finals						
1	Wiebe, Morgan	05	Prince George T&F	11.11	NWI	10
2	Holyk, Megan	05	Unattached B	12.40	NWI	8

Girls 10 Year Olds 60 Meter Dash

Meet: R 10.20 14/06/2009 Haleigh Kearns, PG TRACK						
Name	Year	Team	Seed	Finals	Wind	Points
1	Macwhinnie, Makenna	04	Athletics No,Prince	9.89R	NWI	10
2	Francis, Ella	04	Prince George T&F	10.20R	NWI	8
3	Dhaliwal, Harshpreet	04	Prince George T&F	10.44	NWI	6

Girls 11 Year Olds 60 Meter Dash

Meet: R 9.75 12/06/2011 Jessica Pallot, PG Track						
Name	Year	Team	Seed	Finals	Wind	Points
1	Panko, Lisa	03	Prince George T&F	10.92	NWI	10
2	Houchen, Lindsey	03	Prince George T&F	11.34	NWI	8

Girls 9 Year Olds 100 Meter Dash

Meet: R 15.30 1992 Fran Hanson-Monnie, Coquitlam						
Name	Year	Team	Seed	Finals	Wind	Points
1	Menge, Paige	05	Prince George T&F	17.27	NWI	10
2	Wiebe, Morgan	05	Prince George T&F	17.50	NWI	8
3	Mercedes, Sophie	05	Prince George T&F	18.64	NWI	6
4	Holyk, Megan	05	Unattached B	19.59	NWI	5
5	Shergill, Jiya	05	Prince George T&F	19.74	NWI	4

Girls 10 Year Olds 100 Meter Dash

Meet: R 13.80 1992 Natalie Jackson, Burnaby Striders						
Name	Year	Team	Seed	Finals	Wind	Points
1	Macwhinnie, Makenna	04	Athletics No,Prince	15.10	NWI	10
2	Quarengi, Rya	04	Prince George T&F	16.21	NWI	8
3	Francis, Ella	04	Prince George T&F	16.38	NWI	6
4	Newton, Faith	04	Athletics No	17.61	NWI	5
5	Dreyer, Julia	04	Prince George T&F	17.68	NWI	4
6	Masich, Olivia	04	Prince George T&F	21.38	NWI	3

Girls 11 Year Olds 100 Meter Dash

Meet: R 13.50 1992 Leigh Koopman, Richmond Kajaks						
Name	Year	Team	Seed	Finals	Wind	Points
1	Mahmoud, Sophia	03	Athletics No,Prince	15.38	NWI	10
2	Panko, Lisa	03	Prince George T&F	18.26	NWI	8
3	Watson, Meghan	03	Prince George T&F	21.51	NWI	6

Spruce Capital Invitational Meet-2014 - 07/06/2014 to 08/06/2014**Masich Place Stadium, Prince George, BC****Results****Girls 12 Year Olds 100 Meter Dash**

Meet: R 13.10 1992 Heather Dennis, Chilliwack						
Name	Year	Team	Seed	Finals	Wind	Points
1 Wheele, Taigan	02	Prince George T&F		13.79	NWI	10
2 Turgeon, Erica	02	Prince George T&F		15.01	NWI	8
3 Clarke, Allana	02	Unattached B		15.56	NWI	6
4 Winnig, Heidi	02	Prince George T&F		15.67	NWI	5

Girls 13 Year Olds 100 Meter Dash

Meet: R 12.50 1992 Yolande Gaynes, South Fraser						
Name	Year	Team	Seed	Finals	Wind	Points
1 Kidd, Rachel	01	Athletics No,Prince		13.83	NWI	10
2 Stauffer, Brooklyn	01	Athletics No,Prince		13.88	NWI	8
3 Irving, Sarah	01	Prince George T&F		14.26	NWI	6
4 Wuthrich, Gillian	01	Unattached B		15.30	NWI	5

Girls 14-15 100 Meter Dash

Meet: R 14.41 11/06/2011 Danielle Mitchell, PG Track						
Name	Year	Team	Seed	Finals	Wind	Points
1 Kaulback, Jynessa	99	Athletics No,Prince		13.19R	NWI	10
2 Emberly, Madison	00	Bulkley Vall,Housto	14.22	14.16R	NWI	8
3 Allen, Grace	00	Bulkley Vall,Telkwa	14.40	14.30R	NWI	6
4 Doucette, Hannah	00	Quesnel,Quesnel, BC		14.76	NWI	5
5 Young, Katie	99	Quesnel		14.94	NWI	4
6 Beallie, Taylor	00	Unattached B		15.30	NWI	3
7 Clarke, Kassandra	00	Unattached B		15.34	NWI	2
8 Clarke, Ashley	99	Prince George T&F		15.70	NWI	1

Girls 16-17 100 Meter Dash

Meet: R 12.34 1998 L McGregor/C Borowsky, PGT/MacKenzie/Kamloops						
Name	Year	Team	Seed	Finals	Wind	Points
1 Hilller, Carolina	97	Prince George T&F		12.90	NWI	10
2 Floris, Emma	98	Athletics No,vander		13.13	NWI	8
3 Kidd, Rebeka	97	Athletics No,Prince		14.14	NWI	6
4 Morven, Marlyn	97	Nisga'a Track Club		14.28	NWI	5
5 Heinze, Natalie	98	Athletics No,Prince		15.32	NWI	4

Girls 18-19 100 Meter Dash

Meet: R 14.35 11/06/2011 Chassity Mohan, South Peace Sen						
Name	Year	Team	Seed	Finals	Wind	Points
1 Ward, Kirsten	96	Prince George T&F		14.29R	NWI	10

Spruce Capital Invitational Meet-2014 - 07/06/2014 to 08/06/2014**Masich Place Stadium, Prince George, BC****Results****Girls 11 Year Olds 200 Meter Dash**

Meet: R 29.20 1997 Allison Kraby, PGT/McBride						
Name	Year	Team	Seed	Finals	Wind	Points
1 Mahmoud, Sophia	03	Athletics No,Prince		32.67	NWI	10
2 Panko, Lisa	03	Prince George T&F		37.71	NWI	8

Girls 12 Year Olds 200 Meter Dash

Meet: R 27.50 1992 Heather Dennis, Chilliwack						
Name	Year	Team	Seed	Finals	Wind	Points
1 Wheele, Taigan	02	Prince George T&F		29.75	NWI	10
2 Turgeon, Erica	02	Prince George T&F		31.61	NWI	8
3 Van Der Woerd, Eva	02	Prince George T&F		32.79	NWI	6
4 Clarke, Allana	02	Unattached B		32.91	NWI	5
5 Winnig, Heidi	02	Prince George T&F		32.97	NWI	4
6 Zeilinger, Leah	02	Prince George T&F		34.25	NWI	3
7 Baxter, Vaila	02	Prince George T&F		35.70	NWI	2

Girls 13 Year Olds 200 Meter Dash

Meet: R 26.30 1992 Hazel Hanson-Monnie, Coquitlam						
Name	Year	Team	Seed	Finals	Wind	Points
1 Stauffer, Brooklyn	01	Athletics No,Prince		28.75	NWI	10
2 Kidd, Rachel	01	Athletics No,Prince		29.22	NWI	8
3 Fell, Madison	01	Unattached B		31.79	NWI	6
4 Masich, Sylvia	01	Prince George T&F		33.03	NWI	5

Girls 14-15 200 Meter Dash

Meet: R 30.20 12/06/2011 Danielle Mitchell, PG Track						
Name	Year	Team	Seed	Finals	Wind	Points
1 Jansen, Shelby	99	Athletics No,Prince		27.17R	NWI	10
2 Kaulback, Jynessa	99	Athletics No,Prince		27.61R	NWI	8
3 Emberly, Madison	00	Bulkley Vall,Housto	29.48	29.25R	NWI	6

Girls 16-17 200 Meter Dash

Meet: R 25.47 1998 Luci McGregor, PGT/MacKenzie						
Name	Year	Team	Seed	Finals	Wind	Points
1 Floris, Emma	98	Athletics No,vander		27.48	NWI	10
2 Kidd, Rebeka	97	Athletics No,Prince		29.92	NWI	8
3 Morven, Marlyn	97	Nisga'a Track Club		30.54	NWI	6
4 Allen, Haley	97	Bulkley Vall,Telkwa	30.50	30.81	NWI	5

Girls 12 Year Olds 300 Meter Run

Meet: R 47.82 11/06/2011 Shelby Jansen, PG Track					
Name	Year	Team	Seed	Finals	Points
1 Wheele, Taigan	02	Prince George T&F		51.67	10
2 Zeilinger, Leah	02	Prince George T&F		56.95	8

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Meet: R 51.48 11/06/2011 Casey Richert, Quesnel T/F				
Name	Year	Team	Seed	Finals Points
1 Stauffer, Brooklyn	01	Athletics No,Prince		46.36R 10
2 Copes, Jessie	01	Unattached B		57.98 8

Girls 14-15 300 Meter Run

Meet: R 46.47 11/06/2011 Taylor Samuelson, Unattached				
Name	Year	Team	Seed	Finals Points
1 Jansen, Shelby	99	Athletics No,Prince		43.21R 10
2 King, Lindsay	00	Prince George T&F		43.63R 8
3 Kaulback, Jynessa	99	Athletics No,Prince		44.51R 6

Girls 16-17 400 Meter Run

Meet: R 58.26 1999 Farrah Kohorst, PG Track				
Name	Year	Team	Seed	Finals Points
1 Hilller, Carolina	97	Prince George T&F		1:01.20 10
2 Morven, Marlyn	97	Nisga'a Track Club		1:09.52 8

Girls 9 Year Olds 600 Meter Run

Meet: R 2:38.31 12/06/2011 Heidi Winnig, PG Track				
Name	Year	Team	Seed	Finals Points
1 Wiebe, Morgan	05	Prince George T&F		2:16.21R 10

Girls 10 Year Olds 600 Meter Run

Meet: R 2:25.60 12/06/2011 Brooklyn Stauffer, PG Track				
Name	Year	Team	Seed	Finals Points
1 Macwhinnie, Makenna	04	Athletics No,Prince		2:15.50R 10
2 Watson, Emma	04	Prince George T&F		2:47.18 8

Girls 11 Year Olds 600 Meter Run

Meet: R 2:14.69 12/06/2011 Jessica Pallot, PG Track				
Name	Year	Team	Seed	Finals Points
1 Panko, Lisa	03	Prince George T&F		2:36.40 10
2 Watson, Meghan	03	Prince George T&F		2:56.60 8

Girls 12 Year Olds 800 Meter Run

Meet: R 2:29.40 1992 Kristina Andersen, South Fraser				
Name	Year	Team	Seed	Finals Points
1 Carter, Autumn	02	Prince George T&F		2:55.66 10
2 Van Der Woerd, Eva	02	Prince George T&F		3:03.28 8

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Meet: R 2:36.49 12/06/2011 Zoe Bizarro, BULKLEY VALL					
Name	Year	Team	Seed	Finals	Points
1 Baptiste, Olivia	99	Quesnel, Quesnel, BC		2:32.96R	10
2 Avery, Drew	00	Quesnel, Quesnel, BC		2:33.27R	8

Girls 9 Year Olds 1000 Meter Run

Meet: R 5:32.10 1992 Shannon Martin, S Fraser					
Name	Year	Team	Seed	Finals	Points
1 Wiebe, Morgan	05	Prince George T&F		4:11.40R	10
2 Shergill, Jiya	05	Prince George T&F		4:29.38R	8
3 Mercedes, Sophie	05	Prince George T&F		4:43.51R	6

Girls 10 Year Olds 1000 Meter Run

Meet: R 4:43.70 11/06/2011 Kate Carter, PG Track					
Name	Year	Team	Seed	Finals	Points
1 Watson, Emma	04	Prince George T&F		4:42.28R	10

Girls 11 Year Olds 1000 Meter Run

Meet: R 4:00.91 11/06/2011 Sarah Jarvis, Quesnel T/F					
Name	Year	Team	Seed	Finals	Points
1 Panko, Lisa	03	Prince George T&F		4:33.81	10

Girls 12 Year Olds 1200 Meter Run

Meet: R 5:15.10 1992 Kristina Andersen, South Fraser					
Name	Year	Team	Seed	Finals	Points
1 McCall, Jett	02	Quesnel, Quesnel, BC		4:42.78R	10
2 Carter, Autumn	02	Prince George T&F		4:54.47R	8

Girls 14-15 1200 Meter Run

Meet: R 4:08.81 11/06/2011 Zoe Bizarro, BULKLEY VALL					
Name	Year	Team	Seed	Finals	Points
1 Pow, Hannah	00	Bulkley Vall, Smithe		3:54.31R	10
2 Baptiste, Olivia	99	Quesnel, Quesnel, BC		3:59.26R	8
3 Avery, Drew	00	Quesnel, Quesnel, BC		4:19.01	6

Girls 16-17 1500 Meter Run

Meet: R 4:40.00 1999 Justine Boulin, PGT/Quesnel					
Name	Year	Team	Seed	Finals	Points
1 Bizarro, Zoe	97	Bulkley Vall, Smithe	5:15.50	5:25.17	10

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14-15 Meet: R 7:23.05 12/06/2011 Zoe Bizarro, BULKLEY VALL						
Name	Year	Team	Seed	Finals	Points	
1 Pow, Hannah	00	Bulkley Vall, Smithe		7:02.20R	10	
2 Baptiste, Olivia	99	Quesnel, Quesnel, BC		7:07.48R	8	
3 Newton, Maria	99	Athletics No, Willow		8:26.81	6	

Girls 9 Year Olds 60 Meter Hurdles 6 x 21" - .5

Meet: R 12.33 2002 Nyagoa Nguot, PG Track						
Name	Year	Team	Seed	Finals	Wind	Points
1 Shergill, Jiya	05	Prince George T&F		14.47	NWI	10
2 Mercedes, Sophie	05	Prince George T&F		14.55	NWI	8

Girls 10 Year Olds 60 Meter Hurdles 6 x 24" - .6

Meet: R 13.60 1992 Natalie Jackson, Burnaby Striders						
Name	Year	Team	Seed	Finals	Wind	Points
1 Macwhinnie, Makenna	04	Athletics No, Prince		12.75R	NWI	10
2 Quarengi, Rya	04	Prince George T&F		12.92R	NWI	8
3 Francis, Ella	04	Prince George T&F		13.63	NWI	6
4 Dhaliwal, Harshpreet	04	Prince George T&F		15.01	NWI	5
5 Watson, Emma	04	Prince George T&F		15.20	NWI	4

Girls 11 Year Olds 60 Meter Hurdles 6 x 24" - .6

Meet: R 11.48 11/06/2011 Jessica Pallot, PG Track						
Name	Year	Team	Seed	Finals	Wind	Points
1 Mahmoud, Sophia	03	Athletics No, Prince		12.19	NWI	10
2 Wankling, Olivia	03	Athletics No, Prince		13.85	NWI	8
3 Panko, Lisa	03	Prince George T&F		14.19	NWI	6
4 Campbell, Casidy	03	Prince George T&F		15.43	NWI	5
5 Watson, Meghan	03	Prince George T&F		15.67	NWI	4

Girls 12 Year Olds 80 Meter Hurdles 8 x 27

Meet: R 13.10 1992 Tamsin Anstey, Norwesters						
Name	Year	Team	Seed	Finals	Wind	Points
1 Turgeon, Erica	02	Prince George T&F		16.43	NWI	10
2 Clarke, Allana	02	Unattached B		16.87	NWI	8
3 Winnig, Heidi	02	Prince George T&F		17.32	NWI	6
4 Zeilinger, Leah	02	Prince George T&F		17.98	NWI	5
5 Van Der Woerd, Eva	02	Prince George T&F		18.39	NWI	4

Girls 13 Year Olds 80 Meter Hurdles 8 x 30"

Meet: R 13.30 1992 Elna Wang, Vancouver Olympic						
Name	Year	Team	Seed	Finals	Wind	Points
1 Kidd, Rachel	01	Athletics No, Prince		14.56	NWI	10
2 Wuthrich, Gillian	01	Unattached B		16.71	NWI	8

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3	Fell, Madison	01 Unattached B		17.39	NWI	6
4	Copes, Jessie	01 Unattached B		17.85	NWI	5
5	Giesbrecht, Maria	01 Unattached B		18.66	NWI	4

Girls 14-15 80 Meter Hurdles 8 x 30"

Meet: R 15.32 11/06/2011 Megan Maloney, Tumbler ridge

Name	Year Team	Seed	Finals	Wind	Points
1 King, Lindsay	00 Prince George T&F		13.68R	NWI	10
2 Allen, Grace	00 Bulkley Vall,Telkwa	16.10	14.34R	NWI	8
3 Doucette, Hailey	99 Quesnel,Quesnel, BC		14.92R	NWI	6
4 Clarke, Kassandra	00 Unattached B		16.05	NWI	5
5 Bizarro, Phoebe	99 Bulkley Vall,Smithe	18.00	16.14	NWI	4
6 Doucette, Hannah	00 Quesnel,Quesnel, BC		16.64	NWI	3
7 Young, Katie	99 Quesnel		16.72	NWI	2
8 Holyk, Ashley	00 Unattached B		16.80	NWI	1

Girls 16-17 100 Meter Hurdles 10 x 30"

Meet: R 14.22 2001 Bevin Kennelly, PGT/Quesnel

Name	Year Team	Seed	Finals	Wind	Points
1 Allen, Haley	97 Bulkley Vall,Telkwa	18.80	17.90	NWI	10

Girls 12 Year Olds 200 Meter Hurdles 5 x 24"

Meet: R 44.65 12/06/2011 Alyssa Hartford, PG Track

Name	Year Team	Seed	Finals	Wind	Points
1 Turgeon, Erica	02 Prince George T&F		33.61R	NWI	10

Girls 13 Year Olds 200 Meter Hurdles 5 x 27"

Meet: R 30.00 1992 Melanie Szirony, Chilliwack

Name	Year Team	Seed	Finals	Wind	Points
1 Kidd, Rachel	01 Athletics No,Prince		31.75	NWI	10

Girls 14-15 200 Meter Hurdles 5 x 30"

Name	Year Team	Seed	Finals	Wind	Points
1 King, Lindsay	00 Prince George T&F		30.86	NWI	10

Girls 14-15 1500 Meter Steeplechase no water 30"

Name	Year Team	Seed	Finals	Points
1 Newton, Maria	99 Athletics No,Willow		6:32.76	10

Spruce Capital Invitational Meet-2014 - 07/06/2014 to 08/06/2014**Masich Place Stadium, Prince George, BC****Results****Girls 16-17 2000 Meter Steeplechase water 30"**

Meet: R 5:25.78 2001 Bevin Kennelly, PGT/Quesnel					
Name	Year	Team	Seed	Finals	Points
1 Bizarro, Zoe	97	Bulkley Vall, Smithe	7:52.50	8:12.72	10

Girls 10 Year Olds High Jump

Meet: R 1.24m 1992 Jennifer Cook, Coquitlam					
Name	Year	Team	Seed	Finals	Points
1 Macwhinnie, Makenna	04	Athletics No, Prince		1.10m	10
2 Masich, Olivia	04	Prince George T&F		0.80m	8

Girls 11 Year Olds High Jump

Meet: R 1.41m 1992 Karlyn Underdahl, Victoria					
Name	Year	Team	Seed	Finals	Points
1 Mahmoud, Sophia	03	Athletics No, Prince		1.13m	10
2 Campbell, Casidy	03	Prince George T&F		1.00m	8
3 Panko, Lisa	03	Prince George T&F		J1.00m	6
4 Houchen, Lindsey	03	Prince George T&F		0.85m	5

Girls 12 Year Olds High Jump

Meet: R 1.45m 2004 Alyx Treasure, PG Track					
Name	Year	Team	Seed	Finals	Points
1 Clarke, Allana	02	Unattached B		1.11m	10

Girls 13 Year Olds High Jump

Meet: R 1.59m 2005 Alyx Treasure, PG Track					
Name	Year	Team	Seed	Finals	Points
1 Mueller, Taya	01	Unattached B		1.34m	10
2 Giesbrecht, Maria	01	Unattached B		1.25m	8

Girls 14-15 High Jump

Meet: R 1.45m 11/06/2011 Carlee Campbell, KAMLOOPS TRA					
Name	Year	Team	Seed	Finals	Points
1 Doucette, Hailey	99	Quesnel, Quesnel, BC		1.40m	10
2 Doucette, Hannah	00	Quesnel, Quesnel, BC		J1.40m	8
3 Rogers, Kendel	00	Prince George T&F		1.35m	6
4 Ells, Jessica	99	Houston, Houston, BC	1.25m	1.20m	5

Girls 16-17 High Jump

Meet: R 1.70m 13/06/2009 Alyx Treasure, PG TRACK					
Name	Year	Team	Seed	Finals	Points
1 Ma, Janay	97	Bulkley Vall, Smithe	1.45m	1.40m	10

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Meet: R 3.38m 2001 Alyx Treasure, PG Track						
Name	Year	Team	Seed	Finals	Wind	Points
1 Holyk, Megan	05	Unattached B		2.18m	NWI	10
2 Mercedes, Sophie	05	Prince George T&F		1.98m	NWI	8
3 Shergill, Jiya	05	Prince George T&F		1.73m	NWI	6

Girls 10 Year Olds Long Jump

Meet: R 4.03m 1995 Jenna Lunde, Leduc, AB						
Name	Year	Team	Seed	Finals	Wind	Points
1 Macwhinnie, Makenna	04	Athletics No,Prince		3.10m	NWI	10
2 Quarenghi, Rya	04	Prince George T&F		2.80m	NWI	8
3 Dreyer, Julia	04	Prince George T&F		2.53m	NWI	6
4 Watson, Emma	04	Prince George T&F		2.40m	NWI	5
5 Dhaliwal, Harshpreet	04	Prince George T&F		2.11m	NWI	4
6 Masich, Olivia	04	Prince George T&F		1.99m	NWI	3

Girls 11 Year Olds Long Jump

Meet: R 3.89m 1992 Karlyn Underdahl, Victoria						
Name	Year	Team	Seed	Finals	Wind	Points
1 Mahmoud, Sophia	03	Athletics No,Prince		3.53m	NWI	10
2 Houchen, Lindsey	03	Prince George T&F		2.34m	NWI	8
3 Panko, Lisa	03	Prince George T&F		2.31m	NWI	6
4 Watson, Meghan	03	Prince George T&F		1.97m	NWI	5

Girls 12 Year Olds Long Jump

Meet: R 4.24m 1992 Tamsin Anstey, Norwesters						
Name	Year	Team	Seed	Finals	Wind	Points
1 Turgeon, Erica	02	Prince George T&F		3.48m	NWI	10
2 Winnig, Heidi	02	Prince George T&F		3.41m	NWI	8
3 Clarke, Allana	02	Unattached B		3.35m	NWI	6
4 Zeilinger, Leah	02	Prince George T&F		2.97m	NWI	5
5 Baxter, Vailla	02	Prince George T&F		2.91m	NWI	4

Girls 13 Year Olds Long Jump

Meet: R 4.60m 2005 Alyx Treasure, PG Track						
Name	Year	Team	Seed	Finals	Wind	Points
1 Irving, Sarah	01	Prince George T&F		4.41m	NWI	10
2 Copes, Jessie	01	Unattached B		3.51m	NWI	8
3 Fell, Madison	01	Unattached B		3.41m	NWI	6
4 Wuthrich, Gillian	01	Unattached B		3.31m	NWI	5
5 Mcdowell, Teva	01	Prince George T&F		3.27m	NWI	4

Spruce Capital Invitational Meet-2014 - 07/06/2014 to 08/06/2014**Masich Place Stadium, Prince George, BC****Results****Girls 14-15 Long Jump**

Meet: R 4.55m 12/06/2011 Carly Frenkel, PG Track						
Name	Year	Team	Seed	Finals	Wind	Points
1 Kaulback, Jynessa	99	Athletics No,Prince		4.32m	NWI	10
2 Clarke, Kassandra	00	Unattached B		3.97m	NWI	8
3 Allen, Grace	00	Bulkley Vall,Telkwa	3.90m	3.89m	NWI	6
4 Holyk, Ashley	00	Unattached B		3.64m	NWI	5
5 Beallie, Taylor	00	Unattached B		3.15m	NWI	4

Girls 16-17 Long Jump

Meet: R 5.39m 13/06/2009 Jennifer Fetaz, TUMBLER RIDGE						
Name	Year	Team	Seed	Finals	Wind	Points
1 Ma, Janay	97	Bulkley Vall,Smithe	4.40m	4.69m	NWI	10
2 Floris, Emma	98	Athletics No,vander		4.60m	NWI	8
3 Morven, Marlyn	97	Nisga'a Track Club		4.50m	NWI	6
4 Kidd, Rebeka	97	Athletics No,Prince		4.39m	NWI	5
5 Heinze, Natalie	98	Athletics No,Prince		3.90m	NWI	4

Girls 13 Year Olds Triple Jump

Meet: R 9.71m 2000 Kate Borden, PG Track						
Name	Year	Team	Seed	Finals	Wind	Points
1 Kidd, Rachel	01	Athletics No,Prince		8.66m	NWI	10
2 Irving, Sarah	01	Prince George T&F		8.13m	NWI	8
3 Copes, Jessie	01	Unattached B		6.14m	NWI	6

Girls 14-15 Triple Jump

Meet: R 9.56m 11/06/2011 Carly Frenkel, PG Track						
Name	Year	Team	Seed	Finals	Wind	Points
1 Rogers, Kendel	00	Prince George T&F		8.66m	NWI	10
2 Young, Katie	99	Quesnel		8.33m	NWI	8
3 Holyk, Ashley	00	Unattached B		8.19m	NWI	6

Girls 16-17 Triple Jump

Meet: R 10.66m 1998 Farrah Kohorst, PG Track						
Name	Year	Team	Seed	Finals	Wind	Points
1 Allen, Haley	97	Bulkley Vall,Telkwa	9.06m	9.02m	NWI	10
2 Heinze, Natalie	98	Athletics No,Prince		8.26m	NWI	8

Girls 10 Year Olds Shot Put 2 kg

Meet: R 7.12m 2001 Maddie Ferguson, Kamloops					
Name	Year	Team	Seed	Finals	Points
1 Dhaliwal, Harshpreet	04	Prince George T&F		4.85m	10
2 Masich, Olivia	04	Prince George T&F		4.16m	8

Spruce Capital Invitational Meet-2014 - 07/06/2014 to 08/06/2014**Masich Place Stadium, Prince George, BC****Results****Girls 11 Year Olds Shot Put 2 kg**

Meet: R 7.55m 2005 Phoebe Andy, Bella Coola					
Name	Year	Team	Seed	Finals	Points
1 Campbell, Casidy	03	Prince George T&F		8.24mR	10

Girls 12 Year Olds Shot Put 3 kg

Meet: R 8.94m 2000 Hayley Hills, PGT/Quesnel					
Name	Year	Team	Seed	Finals	Points
1 Wheele, Taigan	02	Prince George T&F		6.92m	10
2 Turgeon, Erica	02	Prince George T&F		6.31m	8

Girls 14-15 Shot Put 3 kg

Meet: R 9.39m 11/06/2011 Keana Trudel, Tumbler ridge					
Name	Year	Team	Seed	Finals	Points
1 Holyk, Ashley	00	Unattached B		8.39m	10
2 Heinze, Amanda	00	Prince George T&F		7.60m	8
3 Beallie, Taylor	00	Unattached B		7.51m	6

Girls 16-17 Shot Put 3 kg

Meet: R 10.11m 2002 Alia Dalin, Kamloops					
Name	Year	Team	Seed	Finals	Points
1 Heinze, Natalie	98	Athletics No, Prince		7.55m	10
2 Spicer, Patty	97	Bulkley Vall, Telkwa		7.04m	8

Girls 11 Year Olds Discus Throw 750 g

Meet: R 19.14m 2001 Callan Lansdowne, Bella Coola					
Name	Year	Team	Seed	Finals	Points
1 Campbell, Casidy	03	Prince George T&F		16.37m	10

Girls 12 Year Olds Discus Throw 750 g

Meet: R 23.29m 1992 Jillian Renouf, Richmond Kajaks					
Name	Year	Team	Seed	Finals	Points
1 Turgeon, Erica	02	Prince George T&F		12.70m	10
2 Wheele, Taigan	02	Prince George T&F		12.48m	8

Girls 13 Year Olds Discus Throw 750 g

Meet: R 27.88m 2000 Jesse MacKay, PG Track					
Name	Year	Team	Seed	Finals	Points
1 Masich, Sylvia	01	Prince George T&F		17.84m	10

Spruce Capital Invitational Meet-2014 - 07/06/2014 to 08/06/2014**Masich Place Stadium, Prince George, BC****Results****Girls 14-15 Discus Throw 1 kg**

Meet: R 23.95m 12/06/2011 Carly Frenkel, PG Track					
Name	Year	Team	Seed	Finals	Points
1 Heinze, Amanda	00	Prince George T&F		17.23m	10

Girls 16-17 Discus Throw 1 kg

Meet: R 32.56m 2000 Tenille Hunter, Kamloops					
Name	Year	Team	Seed	Finals	Points
1 Spicer, Patty	97	Bulkley Vall, Telkwa	23.61m	24.40m	10

Girls 13 Year Olds Hammer Throw 3 kg

Meet: R 29.26m 2003 Jessica Malo, Bella Coola					
Name	Year	Team	Seed	Finals	Points
1 Masich, Sylvia	01	Prince George T&F		14.75m	10

Girls 14-15 Hammer Throw 3 kg

Meet: R 27.20m 11/06/2011 Carly Frenkel, PG Track					
Name	Year	Team	Seed	Finals	Points
1 Heinze, Amanda	00	Prince George T&F		17.52m	10

Girls 16-17 Hammer Throw 3 kg

Meet: R 41.76m 2000 Tenille Hunter, Kamloops					
Name	Year	Team	Seed	Finals	Points
1 Spicer, Patty	97	Bulkley Vall, Telkwa	36.52m	33.26m	10

Girls 11 Year Olds Javelin Throw 400 g

Meet: R 18.96m 2000 Kaitlyn Widsten, Bella Coola					
Name	Year	Team	Seed	Finals	Points
1 Campbell, Casidy	03	Prince George T&F		16.20m	10

Girls 13 Year Olds Javelin Throw 400 g

Meet: R 32.00m 2003 Annika Granander, Bella Coola					
Name	Year	Team	Seed	Finals	Points
1 Masich, Sylvia	01	Prince George T&F		16.00m	10

Girls 14-15 Javelin Throw 500 g

Meet: R 18.01m 11/06/2011 Darby Sutton, Unattached					
Name	Year	Team	Seed	Finals	Points
1 Heinze, Amanda	00	Prince George T&F		27.41mR	10
2 Ells, Jessica	99	Houston, Houston, BC	20.49m	25.88mR	8

Spruce Capital Invitational Meet-2014 - 07/06/2014 to 08/06/2014**Masich Place Stadium, Prince George, BC****Results****Girls 16-17 Javelin Throw 500 g**

Meet: R 37.84m 1994 Christine Deverson, Fort St. James					
Name	Year	Team	Seed	Finals	Points
1 Spicer, Patty	97	Bulkley Vall, Telkwa	18.65m	20.99m	10

Girls 11 800 Meter Race Walk

11 Meet: R 5:16.43 1996 Marnie Thwaites, PG Track					
Name	Year	Team	Seed	Finals	Points
1 Campbell, Casidy	03	Prince George T&F		6:37.26	10

Girls 12 800 Meter Race Walk

Name	Year	Team	Seed	Finals	Points
1 Zeilinger, Leah	02	Prince George T&F		6:18.17	10

Women 20-34 3000 Meter Run

Name	Year	Team	Seed	Finals	Points
1 Giesbrecht, Wendy	81	Unattached B		12:03.23	10

Women 18-99 100 Meter Hurdles 10 x 33"

Meet: R 19.25 11/06/2011 Chassity Mohan, South Peace Sen					
Name	Year	Team	Seed	Finals	Wind Points
1 Ward, Kirsten	96	Prince George T&F		20.90	NWI 10

Women 18-99 Triple Jump

Name	Year	Team	Seed	Finals	Wind Points
1 Frenkel, Carly	96	Prince George T&F		9.56m	NWI 10

Women 18-99 Discus Throw 1 kg

Meet: R 20.22m 13/06/2009 Tiffany Oliver, TUMBLER RIDGE					
Name	Year	Team	Seed	Finals	Points
1 Wiebe, Cassandra	85	Prince George T&F		16.53m	10

Women 18-99 Hammer Throw 4 kg

Meet: R 29.88m 13/06/2009 Cassandra Phillips, CORRILEAU					
Name	Year	Team	Seed	Finals	Points
1 Wiebe, Cassandra	85	Prince George T&F		28.86m	10

Spruce Capital Invitational Meet-2014 - 07/06/2014 to 08/06/2014**Masich Place Stadium, Prince George, BC****Results****Boys 9 Year Olds 60 Meter Dash**

Meet: R 10.29 14/06/2009 Adam Lee, PG TRACK

Name	Year Team	Seed	Finals	Wind	Points
1 Hanson, Ashton	05 Prince George T&F		11.50	NWI	10

Boys 10 Year Olds 60 Meter Dash

Meet: R 10.45 14/06/2009 Taro Nakahara, PG TRACK

Name	Year Team	Seed	Finals	Wind	Points
1 Laing, Cole	04 Prince George T&F		10.36R	NWI	10
2 Stauffer, Colin	04 Athletics No		10.44R	NWI	8
3 Perry, Ty	04 Prince George T&F		10.96	NWI	6

Boys 9 Year Olds 100 Meter Dash

Meet: R 14.50 1992 Matthew Bewsey, Bowser

Name	Year Team	Seed	Finals	Wind	Points
1 Emon, Caleb	05 Prince George T&F		17.14	NWI	10
2 Arsenault, Jake	05 Prince George T&F		17.96	NWI	8
3 Hanson, Ashton	05 Prince George T&F		18.27	NWI	6

Boys 10 Year Olds 100 Meter Dash

Meet: R 13.90 1992 Andrew Njume, Powell River

Name	Year Team	Seed	Finals	Wind	Points
1 Laing, Cole	04 Prince George T&F		16.18	NWI	10

Boys 11 Year Olds 100 Meter Dash

Meet: R 12.65 1999 Tijan Pinnock, PG Track

Name	Year Team	Seed	Finals	Wind	Points
1 Soares, Rohan	03 Prince George T&F		17.06	NWI	10
2 Mackinnon, Cooper	03 Prince George T&F		21.96	NWI	8

Boys 12 Year Olds 100 Meter Dash

Meet: R 12.70 1992 Brock Armstrong, Track 54.50/Smithers

Name	Year Team	Seed	Finals	Wind	Points
1 Matheson, Tanner	02 Prince George T&F		14.51	NWI	10
2 Graham, Matthew	02 Prince George T&F		14.89	NWI	8
3 Dreyer, Andre	02 Prince George T&F		14.95	NWI	6

Boys 13 Year Olds 100 Meter Dash

Meet: R 11.40 1992 Joel Nelson, South Fraser

Name	Year Team	Seed	Finals	Wind	Points
1 Quarenghi, Jared	01 Prince George T&F		15.29	NWI	10
2 Bax, Jordan	01 Prince George T&F		15.49	NWI	8
3 Gauthier, Addison	01 Unattached B		16.05	NWI	6

Spruce Capital Invitational Meet-2014 - 07/06/2014 to 08/06/2014**Masich Place Stadium, Prince George, BC****Results****Boys 14-15 100 Meter Dash**

Meet: R 13.79 11/06/2011 Dominic Cabanyan, Tumbler ridge						
Name	Year	Team	Seed	Finals	Wind	Points
1 Elden, Ryan	99	Quesnel, Quesnel, BC		12.58R	NWI	10
2 Muir, Joshua	99	Quesnel, Quesnel, BC		12.71R	NWI	8
3 Berlinguette, Nicholas	99	Quesnel, Quesnel, BC		13.12R	NWI	6
4 Orlowsky, Eric	00	Prince George T&F		13.48R	NWI	5
5 Williams, Seth	99	Nisga'a Track Club		13.59R	NWI	4
6 Smith, Braedon	00	Quesnel, Quesnel, BC		13.75R	NWI	3
7 Guno, Skyler	00	Nisga'a Track Club		13.88	NWI	2

Boys 16-17 100 Meter Dash

Meet: R 10.76 2002 Rob Drapala, Armstrong						
Name	Year	Team	Seed	Finals	Wind	Points
1 Gaiesky, Ryan	98	Unattached B		11.98	NWI	10
2 Stuart, Justin	97	Nisga'a Track Club		12.28	NWI	8
3 Marchand, Boyd	97	Prince George T&F		12.62	NWI	6
4 Recknell, Skyler	98	Bulkley Vall, Smithe	13.20	12.75	NWI	5
5 Winnig, Nathan	98	Unattached B		12.95	NWI	4
6 Rai, Ashneel	97	Nisga'a Track Club		13.02	NWI	3
7 Grandison, Smiddy	97	Nisga'a Track Club		13.06	NWI	2
8 McMillan, Brendan	97	Nisga'a Track Club		13.86	NWI	1

Boys 18-19 100 Meter Dash

Meet: R 11.80 11/06/2011 Shaun Cormier, PG Track						
Name	Year	Team	Seed	Finals	Wind	Points
1 Matte, Jeremy	96	Prince George T&F		11.88	NWI	10
2 Parmar, Jagmir	96	Athletics No, Prince		12.67	NWI	8

Boys 14-15 200 Meter Dash

Meet: R 25.64 12/06/2011 Sean K. Gaiesky, PG Track						
Name	Year	Team	Seed	Finals	Wind	Points
1 Berlinguette, Nicholas	99	Quesnel, Quesnel, BC		27.23	NWI	10
2 Muir, Joshua	99	Quesnel, Quesnel, BC		27.64	NWI	8
3 Smith, Braedon	00	Quesnel, Quesnel, BC		27.71	NWI	6
4 Orlowsky, Eric	00	Prince George T&F		28.70	NWI	5
5 Guno, Skyler	00	Nisga'a Track Club		28.73	NWI	4

Boys 16-17 200 Meter Dash

Meet: R 22.57 2002 Rob Drapala, Armstrong						
Name	Year	Team	Seed	Finals	Wind	Points
1 Stuart, Justin	97	Nisga'a Track Club		25.54	NWI	10
2 Recknell, Skyler	98	Bulkley Vall, Smithe	26.67	26.29	NWI	8
3 Grandison, Smiddy	97	Nisga'a Track Club		27.33	NWI	6

Spruce Capital Invitational Meet-2014 - 07/06/2014 to 08/06/2014**Masich Place Stadium, Prince George, BC****Results****Boys 13 Year Olds 300 Meter Run**

Meet: R 50.89 11/06/2011 Ryan Gaiesky, PG Track					
Name	Year	Team	Seed	Finals	Points
1 Nemethy, Simon	01	Prince George T&F		45.77R	10

Boys 14-15 300 Meter Run

Meet: R 40.46 11/06/2011 Sean K. Gaiesky, PG Track					
Name	Year	Team	Seed	Finals	Points
1 Orlowsky, Eric	00	Prince George T&F		44.66	10

Boys 16-17 400 Meter Run

Meet: R 49.94 1998 Josh Guggenheimer, PGT/Quesnel					
Name	Year	Team	Seed	Finals	Points
1 Gaiesky, Ryan	98	Unattached B		54.52	10
2 Nemethy, Alexander	97	Prince George T&F		55.80	8
3 Bennett, Matthew	98	Bulkley Vall, Hazelt	57.77	58.57	6
4 Zazelenchuk, Lynden	98	Athletics No, Prince		59.04	5
5 Marchand, Boyd	97	Prince George T&F		1:00.04	4
6 Grandison, Smiddy	97	Nisga'a Track Club		1:00.96	3

Boys 9 Year Olds 600 Meter Run

Meet: R 2:19.33 12/06/2011 Jackson Kuc, Unattached					
Name	Year	Team	Seed	Finals	Points
1 Emon, Caleb	05	Prince George T&F		2:14.98R	10
2 Arsenault, Jake	05	Prince George T&F		2:21.53	8
3 Hanson, Ashton	05	Prince George T&F		2:46.02	6

Boys 10 Year Olds 600 Meter Run

Meet: R 2:07.89 12/06/2011 Simon Nemethy, PG Track					
Name	Year	Team	Seed	Finals	Points
1 Stauffer, Colin	04	Athletics No		2:17.59	10
2 Perry, Ty	04	Prince George T&F		2:18.85	8

Boys 12 Year Olds 800 Meter Run

Meet: R 2:22.40 1992 Wyatt Hartley, Norwesters					
Name	Year	Team	Seed	Finals	Points
1 Graham, Matthew	02	Prince George T&F		2:42.62	10
2 Sale, Cameron	02	Prince George T&F		2:51.91	8
3 Clarke, Colby	02	Prince George T&F		2:54.48	6

Spruce Capital Invitational Meet-2014 - 07/06/2014 to 08/06/2014**Masich Place Stadium, Prince George, BC****Results****Boys 13 Year Olds 800 Meter Run**

Meet: R 2:17.85 2001 Ross Wiens, PGT/Vanderhoof					
Name	Year	Team	Seed	Finals	Points
1 Nemethy, Simon	01	Prince George T&F		2:27.08	10
2 Enns, Cade	01	Unattached B		2:29.41	8
3 Bax, Jordan	01	Prince George T&F		2:37.19	6
4 Griffin, James	01	Nisga'a Track Club		3:23.30	5

Boys 14-15 800 Meter Run

Meet: R 2:14.67 12/06/2011 Sean K. Gaisky, PG Track					
Name	Year	Team	Seed	Finals	Points
1 Yee, Nolan	99	Bulkley Vall, Hazelt	2:23.56	2:29.51	10

Boys 16-17 800 Meter Run

Meet: R 1:56.94 1993 Ryan Press, PG Track					
Name	Year	Team	Seed	Finals	Points
1 Nemethy, Alexander	97	Prince George T&F		2:04.49	10
2 Dinsdale, Cole	98	CSS, Quesnel, BC		2:09.98	8
3 Marchand, Boyd	97	Prince George T&F		2:16.71	6
4 Zazelenchuk, Lynden	98	Athletics No, Prince		2:17.85	5
5 Bennett, Matthew	98	Bulkley Vall, Hazelt	2:24.00	2:26.31	4

Boys 9 Year Olds 1000 Meter Run

Meet: R 5:41.60 1995 Quinton Gamble, Fort St. John					
Name	Year	Team	Seed	Finals	Points
1 Arsenault, Jake	05	Prince George T&F		4:04.80R	10

Boys 12 Year Olds 1200 Meter Run

Meet: R 4:34.47 11/06/2011 Cole Rader, PG Track					
Name	Year	Team	Seed	Finals	Points
1 Sale, Cameron	02	Prince George T&F		4:36.79	10

Boys 13 Year Olds 1200 Meter Run

Meet: R 4:37.50 2001 Ross Wiens, PGT/Vanderhoof					
Name	Year	Team	Seed	Finals	Points
1 Nemethy, Simon	01	Prince George T&F		3:48.43R	10
2 Enns, Cade	01	Unattached B		3:53.98R	8
3 Griffin, James	01	Nisga'a Track Club		5:19.68	6

Boys 14-15 1200 Meter Run

Meet: R 3:36.58 11/06/2011 Sean K. Gaisky, PG Track					
Name	Year	Team	Seed	Finals	Points
1 Williams, Ryan	99	Bulkley Vall, Smithe		3:40.05	10

Spruce Capital Invitational Meet-2014 - 07/06/2014 to 08/06/2014**Masich Place Stadium, Prince George, BC****Results****....Boys 14-15 1200 Meter Run**

2 Yee, Nolan	99 Bulkley Vall, Hazelt	3:48.35	8
3 Williams, Sean	00 Prince Georg	4:34.98	6

Boys 16-17 1500 Meter Run

Meet: R 4:12.23 2002 Geoff Martinson, PG Track				
Name	Year Team	Seed	Finals	Points
1 Zazelenchuk, Lynden	98 Athletics No, Prince		4:48.15	10
2 Bennett, Matthew	98 Bulkley Vall, Hazelt	5:17.30	4:53.56	8
3 Marchand, Boyd	97 Prince George T&F		4:59.45	6

Boys 13 2000 Meter Run

Name	Year Team	Seed	Finals	Points
1 Nemethy, Simon	01 Prince George T&F		6:52.00	10
2 Enns, Cade	01 Unattached B		6:53.37	8
3 Griffin, James	01 Nisga'a Track Club		9:19.05	6

Boys 14-15 2000 Meter Run

14-15 Meet: R 6:38.53 12/06/2011 Alexander Nemethy, PG Track				
Name	Year Team	Seed	Finals	Points
1 Williams, Ryan	99 Bulkley Vall, Smithe		6:45.94	10

Boys 16-17 3000 Meter Run

Meet: R 9:23.50 1991 Greg Johnson, Kamloops				
Name	Year Team	Seed	Finals	Points
1 Goodrich, Isaac	97 Prince George T&F		10:04.43	10

Boys 9 Year Olds 60 Meter Hurdles 6 x 21" - .5

Meet: R 11.85 2001 Ian Smith, Kamloops					
Name	Year Team	Seed	Finals	Wind	Points
1 Arsenault, Jake	05 Prince George T&F		13.59	NWI	10

Boys 10 Year Olds 60 Meter Hurdles 6 x 24" - .6

Meet: R 12.87 11/06/2011 Simon Nemethy, PG Track					
Name	Year Team	Seed	Finals	Wind	Points
1 Perry, Ty	04 Prince George T&F		12.89	NWI	10

Boys 11 Year Olds 60 Meter Hurdles 6 x 24" - .6

Meet: R 11.35 13/06/2009 Jax Bailey, PG TRACK					
Name	Year Team	Seed	Finals	Wind	Points
1 Soares, Rohan	03 Prince George T&F		13.66	NWI	10

Spruce Capital Invitational Meet-2014 - 07/06/2014 to 08/06/2014**Masich Place Stadium, Prince George, BC****Results****Boys 12 Year Olds 80 Meter Hurdles 8 x 27"**

Meet: R 13.50 1992 Anthony Jackson, Burnaby Strider						
Name	Year	Team	Seed	Finals	Wind	Points
1 Graham, Matthew	02	Prince George T&F		16.44	NWI	10
2 Dreyer, Andre	02	Prince George T&F		16.50	NWI	8
3 Clarke, Colby	02	Prince George T&F		17.26	NWI	6

Boys 13 Year Olds 80 Meter Hurdles 8 x 30"

Meet: R 11.90 1992 Nick Wikes, RMT						
Name	Year	Team	Seed	Finals	Wind	Points
1 Quarenghi, Jared	01	Prince George T&F		21.84	NWI	10

Boys 14-15 100 Meter Hurdles 10 x 33"

Name	Year	Team	Seed	Finals	Wind	Points
1 Elden, Ryan	99	Quesnel, Quesnel, BC		16.68	NWI	10
2 Muir, Joshua	99	Quesnel, Quesnel, BC		18.79	NWI	8
3 Doyle, Evan	00	Bulkley Vall, Smithe	19.50	18.98	NWI	6

Boys 16-17 110 Meter Hurdles 10 x 36"

Meet: R 15.41 2004 Aaron Dixon, PG Track						
Name	Year	Team	Seed	Finals	Wind	Points
1 Gaiesky, Ryan	98	Unattached B		15.99	NWI	10

Boys 14-15 1500 Meter Steeplechase no water 30"

Name	Year	Team	Seed	Finals	Points
1 Williams, Ryan	99	Bulkley Vall, Smithe		5:10.66	10
2 Yee, Nolan	99	Bulkley Vall, Hazelt	5:33.90	5:43.02	8

Boys 16-17 2000 Meter Steeplechase water 33"

Meet: R 4:38.15 2002 Cam Swift, PG Track					
Name	Year	Team	Seed	Finals	Points
1 Dinsdale, Cole	98	CSS, Quesnel, BC		6:51.55	10
2 Goodrich, Isaac	97	Prince George T&F		7:12.72	8

Boys 10 Year Olds High Jump

Meet: R 1.32m 1991 Dylan Armstrong, Kamloops					
Name	Year	Team	Seed	Finals	Points
1 Perry, Ty	04	Prince George T&F		1.00m	10

Spruce Capital Invitational Meet-2014 - 07/06/2014 to 08/06/2014**Masich Place Stadium, Prince George, BC****Results****Boys 11 Year Olds High Jump**

Meet: R 1.45m 1992 Dylan Armstrong, Kamloops						
Name	Year	Team	Seed	Finals	Points	
1 Soares, Rohan	03	Prince George T&F		1.03m	10	
2 Mackinnon, Cooper	03	Prince George T&F		0.82m	8	

Boys 12 Year Olds High Jump

Meet: R 1.45m 1992 Wyatt Hartley, Norwesters						
Name	Year	Team	Seed	Finals	Points	
1 Dreyer, Andre	02	Prince George T&F		1.15m	10	
2 Matheson, Tanner	02	Prince George T&F		1.10m	6.33	
2 Sale, Cameron	02	Prince George T&F		1.10m	6.33	
2 Graham, Matthew	02	Prince George T&F		1.10m	6.33	

Boys 13 Year Olds High Jump

Meet: R 1.70m 1992 Nick Wilkes, RMT						
Name	Year	Team	Seed	Finals	Points	
1 Nemethy, Simon	01	Prince George T&F		1.40m	10	

Boys 14-15 High Jump

Meet: R 1.30m 11/06/2011 Ryan Baker, PG Track						
Name	Year	Team	Seed	Finals	Points	
1 Guno, Skyler	00	Nisga'a Track Club		1.35mR	9	
1 Williams, Seth	99	Nisga'a Track Club		1.35mR	9	

Boys 16-17 High Jump

Meet: R 1.90m 2000 Roelie Botha, South Peace						
Name	Year	Team	Seed	Finals	Points	
1 Stuart, Justin	97	Nisga'a Track Club		1.60m	10	
2 Zazelenchuk, Lynden	98	Athletics No, Prince		J1.60m	8	
4 Bishop, Kuort	97	Prince George T&F		1.50m	5	
5 Grandison, Smiddy	97	Nisga'a Track Club		1.40m	4	
6 Marchand, Boyd	97	Prince George T&F		1.30m	2.50	
6 McMillan, Brendan	97	Nisga'a Track Club		1.30m	2.50	

Boys 9 Year Olds Long Jump

Meet: R 3.72m 1992 Andrew Cooke, Vancouver Olympic Club						
Name	Year	Team	Seed	Finals	Wind	Points
1 Emon, Caleb	05	Prince George T&F		2.98m	NWI	10
2 Hanson, Ashton	05	Prince George T&F		2.29m	NWI	8

Spruce Capital Invitational Meet-2014 - 07/06/2014 to 08/06/2014**Masich Place Stadium, Prince George, BC****Results****Boys 10 Year Olds Long Jump**

Meet: R 4.11m 1996		Quinton Gamble, Fort St. John				
Name	Year	Team	Seed	Finals	Wind	Points
1 Laing, Cole	04	Prince George T&F		3.30m	NWI	10
2 Perry, Ty	04	Prince George T&F		3.25m	NWI	8

Boys 11 Year Olds Long Jump

Meet: R 4.34m 1995		Chris Glover, Bella Coola				
Name	Year	Team	Seed	Finals	Wind	Points
1 Soares, Rohan	03	Prince George T&F		2.68m	NWI	10
2 Mackinnon, Cooper	03	Prince George T&F		1.94m	NWI	8

Boys 12 Year Olds Long Jump

Meet: R 4.87m 1992		Brock Armstrong, Track 54.50/Smithers				
Name	Year	Team	Seed	Finals	Wind	Points
1 Graham, Matthew	02	Prince George T&F		4.16m	NWI	10
2 Matheson, Tanner	02	Prince George T&F		3.96m	NWI	8
3 Dreyer, Andre	02	Prince George T&F		3.85m	NWI	6
4 Sale, Cameron	02	Prince George T&F		3.62m	NWI	5

Boys 13 Year Olds Long Jump

Meet: R 5.29m 1992		Nick Wilkes, RMT				
Name	Year	Team	Seed	Finals	Wind	Points
1 Enns, Cade	01	Unattached B		3.63m	NWI	10
2 Gauthier, Addison	01	Unattached B		3.59m	NWI	8
3 Quarenghi, Jared	01	Prince George T&F		3.58m	NWI	6
4 Bax, Jordan	01	Prince George T&F		3.33m	NWI	5

Boys 14-15 Long Jump

Meet: R 4.64m 12/06/2011		Dominic Cabanyan, Tumbler ridge				
Name	Year	Team	Seed	Finals	Wind	Points
1 Smith, Braedon	00	Quesnel, Quesnel, BC		4.76mR	NWI	10
2 Williams, Seth	99	Nisga'a Track Club		4.58m	NWI	8

Boys 13 Year Olds Triple Jump

Meet: R 11.11m 1992		Isaac Payne, Richmond Kajaks				
Name	Year	Team	Seed	Finals	Wind	Points
1 Enns, Cade	01	Unattached B		8.09m	NWI	10
2 Berlinquette, Alex	01	Quesnel		7.49m	NWI	8

Spruce Capital Invitational Meet-2014 - 07/06/2014 to 08/06/2014**Masich Place Stadium, Prince George, BC****Results****Boys 14-15 Triple Jump**

Meet: R 7.70m 11/06/2011 Josiah Fisher, PG Track						
Name	Year	Team	Seed	Finals	Wind	Points
1 Williams, Seth	99	Nisga'a Track Club		9.90mR	NWI	10

Boys 16-17 Triple Jump

Meet: R 13.05m 1998 Josh Guggenheimer, PGT/Quesnel						
Name	Year	Team	Seed	Finals	Wind	Points
1 Stuart, Justin	97	Nisga'a Track Club		10.74m	NWI	10
2 Rai, Ashneel	97	Nisga'a Track Club		9.48m	NWI	8

Boys 9 Year Olds Shot Put 2 kg

Meet: R 6.36m 2005 Olin Erricson, Prince George/Unattached					
Name	Year	Team	Seed	Finals	Points
1 Emon, Caleb	05	Prince George T&F		5.95m	10
2 Arsenaault, Jake	05	Prince George T&F		4.32m	8

Boys 10 Year Olds Shot Put 2 kg

Meet: R 8.73m 2001 Oliver Anderson, Fort Fraser					
Name	Year	Team	Seed	Finals	Points
1 Laing, Cole	04	Prince George T&F		6.92m	10
2 Stauffer, Colin	04	Athletics No		6.88m	8

Boys 11 Year Olds Shot Put 2 kg

Meet: R 10.00m 2002 Oliver Anderson, Fort Fraser					
Name	Year	Team	Seed	Finals	Points
1 Mackinnon, Cooper	03	Prince George T&F		5.87m	10
2 Wankling, Cole	03	Athletics No, Prince		4.45m	8

Boys 12 Year Olds Shot Put 3 kg

Meet: R 9.87m 1999 Mack Hicken, Unattached					
Name	Year	Team	Seed	Finals	Points
1 Matheson, Tanner	02	Prince George T&F		7.88m	10
2 Sale, Cameron	02	Prince George T&F		7.86m	8
3 Dreyer, Andre	02	Prince George T&F		6.92m	6

Boys 13 Year Olds Shot Put 3 kg

Meet: R 12.57m 1998 Matt Bartsch, Quesnel					
Name	Year	Team	Seed	Finals	Points
1 Schonewille, Max	01	Prince George T&F		9.20m	10
2 Bax, Jordan	01	Prince George T&F		8.62m	8

Spruce Capital Invitational Meet-2014 - 07/06/2014 to 08/06/2014**Masich Place Stadium, Prince George, BC****Results****Boys 14-15 Shot Put 4 kg**

Meet: R 9.65m 11/06/2011 Will Browning, Tumbler ridge					
Name	Year	Team	Seed	Finals	Points
1 Williams, Seth	99	Nisga'a Track Club		11.00mR	10
2 Sommerfeld, Samuel	00	Prince George T&F		10.81mR	8
3 Guno, Skyler	00	Nisga'a Track Club		7.94m	6

Boys 16-17 Shot Put 5 kg

Meet: R 13.87m 2003 Rob Negrin, PG Track					
Name	Year	Team	Seed	Finals	Points
1 Rai, Ashneel	97	Nisga'a Track Club		9.10m	10
2 McMillan, Brendan	97	Nisga'a Track Club		8.97m	8
3 Nisyok, Darcey	97	Nisga'a Track Club		8.16m	6

Boys 11 Year Olds Discus Throw 750 g

Meet: R 21.70m 2001 Erling Skuggedal, PG Track					
Name	Year	Team	Seed	Finals	Points
1 Mackinnon, Cooper	03	Prince George T&F		13.60m	10

Boys 12 Year Olds Discus Throw 1 kg

Meet: R 27.85m 1992 Pasha Bains, Richmond Kajaks					
Name	Year	Team	Seed	Finals	Points
1 Dreyer, Andre	02	Prince George T&F		14.10m	10

Boys 13 Year Olds Discus Throw 1 kg

Meet: R 40.62m 1992 Garrett Collier, Richmond Kajaks					
Name	Year	Team	Seed	Finals	Points
1 Nemethy, Simon	01	Prince George T&F		25.23m	10
2 Schonewille, Max	01	Prince George T&F		22.04m	8
3 Griffin, James	01	Nisga'a Track Club		14.71m	6

Boys 14-15 Discus Throw 1 kg

Meet: R 31.96m 12/06/2011 David Schroeter, PG Track					
Name	Year	Team	Seed	Finals	Points
1 Williams, Seth	99	Nisga'a Track Club		33.60mR	10
2 Guno, Skyler	00	Nisga'a Track Club		21.04m	8
3 Doyle, Evan	00	Bulkley Vall, Smithe	18.69m	20.49m	6

Boys 16-17 Discus Throw 1.5 kg

Meet: R 48.92m 2004 David Skermer, Penticton					
Name	Year	Team	Seed	Finals	Points
1 Render, Duncan	97	Prince George T&F		27.75m	10
2 Stuart, Justin	97	Nisga'a Track Club		26.10m	8

Spruce Capital Invitational Meet-2014 - 07/06/2014 to 08/06/2014**Masich Place Stadium, Prince George, BC****Results****....Boys 16-17 Discus Throw 1.5 kg**

3	McMillan, Brendan	97 Nisga'a Track Club	23.54m	6
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Boys 13 Year Olds Hammer Throw 3 kg

Meet: R 37.19m 12/06/2011 Keiran Leboe, PG Track

Name	Year Team	Seed	Finals	Points
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1	Schonewille, Max	01 Prince George T&F	19.56m	10
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Boys 14-15 Hammer Throw 4 kg

Meet: R 27.21m 12/06/2011 David Schroeter, PG Track

Name	Year Team	Seed	Finals	Points
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1	Stone, Cole	99 Quesnel, Quesnel, BC	29.59mR	10
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2	Hoff, Joshua	00 Prince George T&F	20.98m	8
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Boys 16-17 Hammer Throw 5 kg

Meet: R 45.18m 2005 Tyrel Pohl, Dawson Creek

Name	Year Team	Seed	Finals	Points
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1	McMillan, Brendan	97 Nisga'a Track Club	19.44m	10
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Boys 10 Year Olds Javelin Throw 400 g

Meet: R 22.71m 2003 Reece Molland, Bella Coola

Name	Year Team	Seed	Finals	Points
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1	Perry, Ty	04 Prince George T&F	14.18m	10
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Boys 11 Year Olds Javelin Throw 400 g

Meet: R 29.11m 2002 Oliver Anderson, Fort Fraser

Name	Year Team	Seed	Finals	Points
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1	Mackinnon, Cooper	03 Prince George T&F	9.78m	10
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Boys 12 Year Olds Javelin Throw 500 g

Meet: R 28.68m 2003 Oliver Anderson, Fort Fraser

Name	Year Team	Seed	Finals	Points
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1	Dreyer, Andre	02 Prince George T&F	15.71m	10
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Boys 13 Year Olds Javelin Throw 500 g

Meet: R 40.09m 1993 Brock Armstrong, Track 54.50 /Smithers

Name	Year Team	Seed	Finals	Points
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1	Schonewille, Max	01 Prince George T&F	25.44m	10
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2	Nemethy, Simon	01 Prince George T&F	18.91m	8
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Spruce Capital Invitational Meet-2014 - 07/06/2014 to 08/06/2014**Masich Place Stadium, Prince George, BC****Results****Boys 14-15 Javelin Throw 600 g**

Meet: R 29.28m 11/06/2011 Dominic Cabanyan, Tumbler ridge					
Name	Year	Team	Seed	Finals	Points
1 Williams, Seth	99	Nisga'a Track Club		32.33mR	10
2 Doyle, Evan	00	Bulkley Vall, Smithe	28.27m	31.34mR	8
3 Elden, Ryan	99	Quesnel, Quesnel, BC		28.96m	6
4 Stone, Cole	99	Quesnel, Quesnel, BC		27.82m	5
5 Hoff, Joshua	00	Prince George T&F		26.79m	4

Boys 16-17 Javelin Throw 700 g

Meet: R 52.27m 1991 R. Constantinescu, Kelowna					
Name	Year	Team	Seed	Finals	Points
1 Stuart, Justin	97	Nisga'a Track Club		32.09m	10
2 Bishop, Kuort	97	Prince George T&F		30.72m	8
3 McMillan, Brendan	97	Nisga'a Track Club		29.35m	6
5 Marchand, Boyd	97	Prince George T&F		21.02m	4

Men 18-19 400 Meter Run

Meet: R 55.91 11/06/2011 Torlief Landsgaard, South Peace Sen					
Name	Year	Team	Seed	Finals	Points
1 Matte, Jeremy	96	Prince George T&F		52.45R	10

Men 35-99 400 Meter Run

Name	Year	Team	Seed	Finals	Points
1 Nemethy, Brian	61	Prince Georg		1:04.81	10

Men 18-19 800 Meter Run

Name	Year	Team	Seed	Finals	Points
1 Matyas, Zachary	95	Prince George T&F		1:59.95	10
-- Gaiesky, Sean	96	Prince George T&F		DNF	

Men 35-99 1500 Meter Run

35-99 Meet: R 4:41.90 11/06/2011 Brian Nemethy, PG Track					
Name	Year	Team	Seed	Finals	Points
1 Nemethy, Brian	61	Prince Georg		4:44.12	10

Men 35-99 3000 Meter Run

Name	Year	Team	Seed	Finals	Points
1 Nemethy, Brian	61	Prince Georg		10:07.31	10

Spruce Capital Invitational Meet-2014 - 07/06/2014 to 08/06/2014**Masich Place Stadium, Prince George, BC****Results****Men 20-99 1.6 Mile Run Fathers mile**

Name	Year Team	Seed	Finals	Points
1 Nemethy, Brian	61 Prince Georg		5:15.21	10
2 Weibe, Todd	75 Unattached B		6:08.40	8

Men 18-19 400 Meter Hurdles 10x36"

Name	Year Team	Seed	Finals	Points
Meet: R 1:05.80 12/06/2011 Torlief Landsgaard, South Peace Sen				
1 Matte, Jeremy	96 Prince George T&F		58.83R	10

Men 16-17 Long Jump

Name	Year Team	Seed	Finals	Wind	Points
Meet: R 6.85m 2003 Quinton Gamble, Fort St. John					
1 Marchand, Boyd	97 Prince George T&F		4.97m	NWI	10
2 Rai, Ashneel	97 Nisga'a Track Club		4.94m	NWI	8
3 Bishop, Kuort	97 Prince George T&F		4.90m	NWI	6
4 Stuart, Justin	97 Nisga'a Track Club		4.67m	NWI	5
5 Grandison, Smiddy	97 Nisga'a Track Club		4.58m	NWI	4

Men 18-99 Long Jump

Name	Year Team	Seed	Finals	Wind	Points
Meet: R 5.18m 12/06/2011 Shaun Cormier, PG Track					
1 Parmar, Jagmir	96 Athletics No,Prince		5.85mR	NWI	10

Men 18-99 Triple Jump

Name	Year Team	Seed	Finals	Wind	Points
Meet: R 11.48m 13/06/2009 Brayden Edwards, PG TRACK					
1 Parmar, Jagmir	96 Athletics No,Prince		11.52mR	NWI	10

Men 18-99 Shot Put 6kg / 7.26kg

Name	Year Team	Seed	Finals	Points
Meet: R 12.54m 12/06/2011 Mitch Elliot, PG Track				
1 Brown, Zane	96 Nisga'a Track Club		8.07m	10

Men 18-99 Discus Throw 1.75/2kg

Name	Year Team	Seed	Finals	Points
Meet: R 37.27m 11/06/2011 Mitch Elliot, PG Track				
1 Frenkel, Brad	64 Prince George T&F		29.75m	10
2 Brown, Zane	96 Nisga'a Track Club		24.40m	8

Spruce Capital Invitational Meet-2014 - 07/06/2014 to 08/06/2014**Masich Place Stadium, Prince George, BC****Results****Men 18-99 Hammer Throw 6 kg / 7.26**

Meet: R 44.45m 12/06/2011 Mitch Elliot, PG Track					
Name	Year	Team	Seed	Finals	Points
1 Frenkel, Brad	64	Prince George T&F		27.83m	10
2 Brown, Zane	96	Nisga'a Track Club		21.36m	8

Men 18-99 Javelin Throw 800 g

Meet: R 35.55m 13/06/2009 Dusty Bruhs, DAWSON CREEK					
Name	Year	Team	Seed	Finals	Points
1 McCall, Brayden	96	CSS, Quesnel, BC		38.02mR	10
2 Brown, Zane	96	Nisga'a Track Club		36.48mR	8

Women - Team Rankings - 89 Events Scored

1) Prince George T&F	817	2) Athletics North Track & F	340
3) Unattached British Columbi	203	4) BULKLEY VALLEY ATHLETIC S	161
5) Quesnel Junior Secondary	96	6) Nisga'a Track Club	25
7) Houston	13		

Men - Team Rankings - 93 Events Scored

1) Prince George T&F	846.50	2) Nisga'a Track Club	295.50
3) Quesnel Junior Secondary	108	4) BULKLEY VALLEY ATHLETIC S	107
5) Unattached British Columbi	100	6) Athletics North Track & F	90
7) Prince George Road Runners	46	8) Correlieu Secondary Schoo	28

Combined Team Scores - 182 Events Scored

1) Prince George T&F	1663.50	2) Athletics North Track & F	430
3) Nisga'a Track Club	320.50	4) Unattached British Columb	303
5) BULKLEY VALLEY ATHLETIC S	268	6) Quesnel Junior Secondary	204
7) Prince George Road Runners	46	8) Correlieu Secondary Schoo	28
9) Houston	13		