

2024 ECSD Zone 3 - 2024-05-29**Rollie Miles Athletic Park****Results****Girls 100 Metre Dash Junior****8 Advance: Top 2 Each Heat plus Next 4 Best Times**

=====					
ECS Junior H: # 12.24	2017	Joy Vela, St. Nicholas			
Name	Year	Team	Seed	Prelims	H#
=====					
Preliminaries					
1		Fraser, Lillian	St Thomas Aquinas	14.45Q	2
2		Chow, Madeline	LSL	14.46Q	1
3		Lintner, Lily	St. Rose	14.49Q	1
4		Mauro, Tessa	St.Edmund	14.58Q	2
5		Godwin, Rejoice	Holy Family	14.65q	2
6		Horodovych, Eva	LSL	14.86q	2
7		Torpey, Adjoa	St Thomas Aquinas	14.91q	1
8		Hargreaves, Ellie	Holy Family	14.93q	1
9		Zubik, Zuzanna	St. Rose	14.95	2
10		White, Mila	St.Edmund	14.97	1
11		Enamine, Emerald	Father Michael Troy	16.08	2
12		Tran, Anita	St. Als	16.27	1
13		Eslava, Crystal	Father Michael Troy	16.41	1
14		Onushko, Carma	MARK	16.75	2
15		Istace, Stirling	MARK	17.40	1

Girls 100 Metre Dash Junior

=====					
ECS Junior H: # 12.24	2017	Joy Vela, St. Nicholas			
Name	Year	Team	Prelims	Finals	Points
=====					
Finals					
1		Fraser, Lillian	St Thomas Aquinas	14.45	10
2		Lintner, Lily	St. Rose	14.49	8
3		Chow, Madeline	LSL	14.46	6
4		Hargreaves, Ellie	Holy Family	14.93	5
5		Horodovych, Eva	LSL	14.86	4
6		Mauro, Tessa	St.Edmund	14.58	3
7		Godwin, Rejoice	Holy Family	14.65	2
8		Torpey, Adjoa	St Thomas Aquinas	14.91	1

Girls 200 Metre Dash Junior

=====						
ECS Junior H: # 27.20	2009	Chantelle Sutor, Father Michael Troy				
Name	Year	Team	Seed	Finals	H#	Points
=====						
1		Fraser, Lillian	St Thomas Aquinas	30.07	1	10
2		Onyedika, Maris	Father Michael Troy	30.34	1	8
3		Farion, Presley	LSL	30.58	2	6
4		Woloschuk, Kamree	LSL	30.70	1	5
5		Lintner, Lily	St. Rose	31.25	1	4
6		Godwin, Rejoice	Holy Family	31.57	2	3
7		Zubik, Zuzanna	St. Rose	31.67	2	2
8		Mauro, Tessa	St.Edmund	32.23	1	1
9		Torpey, Adjoa	St Thomas Aquinas	32.29	2	
10		Hull, Tenley	St.Edmund	32.99	2	
11		Natividad, Gabrielle	Father Michael Troy	33.26	2	
12		Lim, Kristen	Holy Family	35.63	1	
13		Onushko, Carma	MARK	37.46	2	
14		Istace, Stirling	MARK	38.65	1	

2024 ECSD Zone 3 - 2024-05-29**Rollie Miles Athletic Park****Results****Girls 400 Metre Dash Junior**

ECS Junior H: # 1:03.37 2011 Gracia Muamba, Joseph Moreau					
Name	Year	Team	Seed	Finals	Points
1 Farion, Presley		LSL		1:12.4h	10
2 Onyedika, Maris		Father Michael Troy		1:12.9h	8
3 Nahirnik, Charlotte		St. Rose		1:13.9h	6
4 Puczko, Georgie		St.Edmund		1:22.0h	5
5 Cormack, Callie		St Thomas Aquinas		1:23.9h	4
6 Lim, Kristen		Holy Family		1:28.4h	3
7 Acot, Julia		MARK		1:32.2h	2

Girls 800 Metre Run Junior

ECS Junior H: # 2:28.62 2012 Madison Margurz-Stricker, Louis St Laurent					
Name	Year	Team	Seed	Finals	Points
1 Farion, Presley		LSL		2:40.05	10
2 Ulliac, Claire		LSL		2:51.01	8
3 Nahirnik, Charlotte		St. Rose		3:01.23	6
4 Heer, Mira		Father Michael Troy		3:14.34	5
5 Foulkes, Zoey		Father Michael Troy		3:14.49	4
6 Hull, Tenley		St.Edmund		3:23.76	3
7 Omar, Aayan		St. Rose		3:29.02	2
8 Sanchez, Valeria		MARK		3:32.28	1
9 Menjivar, Gabriela		St.Edmund		3:33.71	
10 Estay, Kalia		St Thomas Aquinas		4:15.74	
11 Stevens, Isabella		St Thomas Aquinas		4:15.81	
-- Edwards, Sophie		Father Michael Troy		SCR	

Girls 1500 Metre Run Junior

ECS Junior H: # 5:03.42 2012 Madison Marguez-Stricker, Louis St Laurent					
Name	Year	Team	Seed	Finals	Points
1 Nahirnik, Charlotte		St. Rose		6:18.74	10
2 Puczko, Georgie		St.Edmund		6:22.76	8
3 Kline, Liesel		LSL		6:39.75	6
4 Edwards, Sophie		Father Michael Troy		7:05.08	5
5 Foulkes, Zoey		Father Michael Troy		7:06.87	4
6 Munson, Sophia		St Thomas Aquinas		7:51.89	3
7 Sanchez, Valeria		MARK		8:07.88	2
8 Stevens, Isabella		St Thomas Aquinas		8:42.63	1
-- Menjivar, Gabriela		St.Edmund		DNF	
-- Astles, Cabria		LSL		DNF	
-- Culbertson, Casey		St. Rose		DNS	

Girls 4x100 Metre Relay Junior

ECS Junior H: # 53.80 2009 , Father Michael troy					
Team	Year	Team	Seed	Finals	Points
1 Louis St. Laurent 2024	'A'			58.16	10
1) Chow, Madeline		2) Di-Vanno, Isabella			
3) Woloschuk, Kamree		4) Horodovych, Eva			
2 St.Edmund	'A'			58.69	8

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....Girls 4x100 Metre Relay Junior

1) Doan, Alyssa	2) Michael, Heyabel		
3) White, Mila	4) Mauro, Tessa		
3 St. Rose 'A'		1:01.15	6
4 St Thomas Aquinas 'A'		1:01.52	5
1) Fraser, Lillian	2) Torpey, Adjoa		
3) Ceko, Micayla	4) Cormack, Callie		
5 Father Michael Troy 'A'		1:06.55	4
1) Eslava, Crystal	2) Enamine, Emerald		
3) Espanol, Mercedita	4) Williams, Mikayla		
6 St. Mark Jr. High School 'A'		1:08.11	3
1) Istace, Stirling	2) Onushko, Carma		
3) Amio, Allaira	4) Hopkins, Katherine		

Girls High Jump Junior

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ECS Junior H: # 1.50m 1979 M DeChamplain, St Francis of Assisi
Name Year Team Seed Finals Points
=====
1 Horodovych, Eva LSL 1.35m
  1.05 1.10 1.15 1.20 1.25 1.30 1.35 1.40
  O O O O O XO O XXX
2 Onushko, Carma MARK J1.35m
  1.05 1.10 1.15 1.20 1.25 1.30 1.35 1.40
  XO O O XO XO XO O XXX
3 Olatunde, Valorie St Thomas Aquinas 1.30m
  1.05 1.10 1.15 1.20 1.25 1.30 1.35
  O O O O XXO XO XXX
4 Hundt, Roewen LSL 1.25m
  1.05 1.10 1.15 1.20 1.25 1.30
  O O O O O XXX
5 Princilo, Chelsey St Thomas Aquinas 1.20m
  1.05 1.10 1.15 1.20 1.25
  O O O XO XXX
6 Kaur, Khushreet Father Michael Troy J1.20m
  1.05 1.10 1.15 1.20 1.25
  O XO XO XXO XXX
7 Fowles, Everleigh Father Michael Troy J1.20m
  1.05 1.10 1.15 1.20 1.25
  O XXO XO XXO XXX
8 Omar, Aayan St. Rose 1.15m
  1.05 1.10 1.15 1.20
  O O O XXX
8 Nahirnik, Charlotte St. Rose 1.15m
  1.05 1.10 1.15 1.30
  O O O XXX
10 Istace, Stirling MARK J1.15m
  1.05 1.10 1.15 1.20
  O O XXO XXX
11 Dochuk, Heidi St. Edmund 1.05m
  1.05 1.10
  O XXX
-- Burke-Smith, Deliliah St. Edmund NH
  1.05
  XXX
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2024 ECSD Zone 3 - 2024-05-29

Rollie Miles Athletic Park

Results

....Girls Triple Jump Junior

-- Ceko, Micayla	St Thomas Aquinas	FOUL
FOUL		
-- Higgins, Daphne	Father Michael Troy	FOUL
FOUL FOUL FOUL		

Girls Shot Put Junior

ECS Junior H: # 11.46m 2002 Alysia Rissling, St Rose						
Name	Year	Team	Seed	Finals	Points	
1 Godwin, Rejoice		Holy Family		8.67m		
8.10m 7.87m 8.67m 7.90m 8.64m 8.62m						
2 Parsons, Samantha		St Thomas Aquinas		7.75m		
6.09m 6.73m 5.47m 7.75m 6.66m 7.31m						
3 Felkar, Everly		St.Edmund		7.11m		
6.27m 6.51m 6.61m 6.98m 6.43m 7.11m						
4 Ngwana, Davina		St Thomas Aquinas		6.71m		
6.71m 6.23m 6.53m 6.47m 6.28m 5.27m						
5 Mokua, Deslyn		MARK		6.68m		
x x 6.66m 6.68m 5.36m						
6 Lorcha, Rixie		Holy Family		6.25m		
6.24m 6.25m 5.43m 6.17m 6.24m 6.20m						
7 Heer, Mira		Father Michael Troy		6.13m		
6.07m 5.77m 6.13m						
8 McDuff, Kaitlyn		St.Edmund		6.08m		
6.08m 4.99m 5.81m						
9 Wilson, Avery		St. Rose		6.04m		
5.65m 6.04m 5.87m						
10 DeMeulenaere, Hailey		St. Als		5.70m		
5.59m 5.70m 5.29m						
11 Malagon-Franco, Kemberly		LSL		5.68m		
5.68m 5.03m 5.50m						
12 Sindakira, Camilla		St. Als		5.55m		
5.55m 5.43m 4.82m						
12 Darteh, Stephanie		Father Michael Troy		5.55m		
3.13m 5.55m 5.34m						
14 Tabonda, Emma		MARK		4.92m		
4.92m 4.86m 4.56m						
15 Hodson, Marie		LSL		4.41m		
3.64m 4.41m 4.00m						
-- Omar, Aayan		St. Rose		DNS		

Girls Javelin Throw Junior

ECS Junior H: # 26.11m 2018 Madison Maximo, JJ Bowlen						
Name	Year	Team	Seed	Finals	Points	
1 Yakimovich, Sofia		St Thomas Aquinas		20.59m		
20.59m 18.04m 18.20m 12.25m 16.62m 15.87m						
1 Ulliac, Claire		LSL		20.59m		
17.14m 15.72m 17.12m 20.59m 15.69m 18.01m						
3 Princilo, Chelsey		St Thomas Aquinas		20.08m		
FOUL 16.54m 20.08m 19.64m 17.59m 18.72m						
4 Di-Vanno, Isabella		LSL		19.47m		
14.80m 15.64m 17.04m 15.90m 16.73m 19.47m						

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....Girls Javelin Throw Junior

5	Eslava, Crystal	Father Michael Troy	17.36m
	11.80m 15.97m 16.49m 15.89m 17.36m 16.86m		
6	Munn, Sarah	St. Rose	16.70m
	FOUL FOUL 16.39m 16.70m 13.69m 14.28m		
7	Kandasamy, Reya	St.Edmund	14.63m
	FOUL 14.63m 11.89m		
8	Heer, Mira	Father Michael Troy	14.30m
	14.30m 13.62m 12.53m		
9	Nguyen, Lily	St.Edmund	14.22m
	14.22m 12.65m FOUL		
10	Mhtsun, Beteal	St. Als	13.55m
	12.65m 12.32m 13.55m		
11	Haracsi, Arianna	St. Rose	11.38m
	9.42m 11.38m FOUL		
--	Teklemariam, Yulia	St. Als	DNS

Girls 100 Metre Dash Intermediate

8 Advance: Top 2 Each Heat plus Next 4 Best Times

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ECS Junior H: # 12.34	2014	Andrea Jokic, St. Elizabeth Seton
Name	Year Team	Seed Prelims H#

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Preliminaries

1	Ledi, Avery	LSL	13.81Q	2
2	Hadubiak, Kennedy	LSL	14.18Q	1
3	Henderson, Blair	St.Edmund	14.08Q	2
4	Estrada, Audrina	St.Edmund	14.28Q	1
5	Tunde-Osayande, Sayu	St Thomas Aquinas	14.35q	1
6	Ozurumba, Destiny	Father Michael Troy	14.50q	2
7	Blanchard, Genevieve	St. Rose	14.67q	2
8	Williams, Sadie	St. Rose	14.71q	1
9	Airhia, Alessia	St Thomas Aquinas	14.90	2
10	Kyne, Danielle	MARK	15.45	1
11	Diba Ndala, Janae	Holy Family	15.81	2
12	Durocher, Kacey	Father Michael Troy	16.01	1
13	Magbanua, Arianne	MARK	16.35	2

Girls 100 Metre Dash Intermediate

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ECS Junior H: # 12.34	2014	Andrea Jokic, St. Elizabeth Seton
Name	Year Team	Prelims Finals Points

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Finals

1	Ledi, Avery	LSL	13.81	13.97	10	
2	Henderson, Blair	St.Edmund	14.08	14.20	8	
3	Hadubiak, Kennedy	LSL	14.18	14.47	6	
4	Estrada, Audrina	St.Edmund	14.28	14.55	5	
5	Tunde-Osayande, Sayu	St Thomas Aquinas	14.35	14.75	4	
6	Ozurumba, Destiny	Father Michael Troy	14.50	14.81	3	14.802
7	Blanchard, Genevieve	St. Rose	14.67	14.81	2	14.806
8	Williams, Sadie	St. Rose	14.71	15.02	1	

2024 ECSD Zone 3 - 2024-05-29**Rollie Miles Athletic Park****Results****Girls 200 Metre Dash Intermediate**

ECS Junior H: # 26.14 2010		Chantelle Suitor, Father Michael Troy				
Name	Year	Team	Seed	Finals	H#	Points
1	Ledi, Avery	LSL		29.27	2	10
2	Henderson, Blair	St.Edmund		29.90	1	8
3	Tunde-Osayande, Sayu	St Thomas Aquinas		30.33	2	6
4	Hadubiak, Kennedy	LSL		30.42	1	5
5	Lach, Ania	St. Rose		31.86	1	4
6	Ozurumba, Destiny	Father Michael Troy		32.66	2	3
7	Kyne, Danielle	MARK		32.74	1	2
8	Haubrich, Mira	St Thomas Aquinas		32.77	1	1
9	LeMay, Chanelle	St.Edmund		33.08	2	
10	Durocher, Kacey	Father Michael Troy		33.16	1	33.158
11	Masterson, Drew	St. Rose		33.16	2	33.160
12	Sewell, Georgia	MARK		33.40	2	

Girls 400 Metre Dash Intermediate

ECS Junior H: # 1:00.85 1997		Jennifer Kemp, Louis St Laurent			
Name	Year	Team	Seed	Finals	Points
1	Estrada, Audrina	St.Edmund		1:09.89	10
2	Tunde-Osayande, Sayu	St Thomas Aquinas		1:11.44	8
3	Lach, Ania	St. Rose		1:16.61	6
4	Pawluk, Mercedes	LSL		1:16.84	5
5	Durocher, Kacey	Father Michael Troy		1:23.63	4
6	Jacob, Zyrelle	MARK		1:34.05	3
--	Kuflu, Frial	St. Als		DNS	

Girls 800 Metre Run Intermediate

ECS Junior H: # 2:23.10 1997		Jennifer Kemp, Louis St Laurent			
Name	Year	Team	Seed	Finals	Points
1	Posteraro, Haley	LSL		3:02.26	10
2	Rocheleau, Maelle	St. Rose		3:06.55	8
3	Newman, Isla	St. Rose		3:08.51	6
4	Darby, Lauren	St.Edmund		3:20.62	5
5	Diba Ndala, Janae	Holy Family		3:28.97	4
6	Marchuk, Elyssa	St Thomas Aquinas		3:34.92	3
7	McLarty, Kaylee	Father Michael Troy		3:38.80	2
8	Shine, Priscilla	MARK		3:39.37	1
9	Dokken, Anna	LSL		3:45.42	
10	Stromberg, Kiara	St Thomas Aquinas		3:45.44	
11	Diebolt, Ava	St.Edmund		4:02.25	
--	Christymol Justin, Anviy	Father Michael Troy		DNS	

Girls 1500 Metre Run Intermediate

ECS Junior H: # 5:06.09 2005		Taylor Patterson, Louis St Laurent			
Name	Year	Team	Seed	Finals	Points
1	Newman, Isla	St. Rose		6:21.79	10
2	Dowell, Rowyn	St. Rose		6:34.58	8
3	Colin, Mia	St.Edmund		6:48.77	6

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....Girls 1500 Metre Run Intermediate

4 Flynn, Adina	LSL	6:52.98	5
5 Airhia, Alessia	St Thomas Aquinas	6:55.24	4
6 Marchuk, Elyssa	St Thomas Aquinas	7:15.54	3
7 Shine, Priscilla	MARK	7:28.03	2
8 Escaravage, Mayleigh	St.Edmund	9:44.44	1
-- King, Ava	Father Michael Troy	DNS	
-- Kell, Juliana	LSL	DNS	

Girls 4x100 Metre Relay Intermediate

ECS Junior H: # 52.80 1978 , St Cecilia			
Team	Seed	Finals	Points
1 Louis St. Laurent 2024 'A'		55.27	10
1) Ledi, Avery	2) Hadubiak, Kennedy		
3) Ogunde, Oluwatamilore	4) MacDonald, Ava		
2 St.Edmund 'A'		57.57	8
1) Estrada, Audrina	2) Henderson, Blair		
3) LeMay, Chanelle	4) Mohamed, Taliya		
3 St. Rose 'A'		1:00.01	6
4 St Thomas Aquinas 'A'		1:01.81	5
1) Tunde-Osayande, Sayu	2) Airhia, Alessia		
3) Ebonka, Deborah	4) Haubrich, Mira		
5 Father Michael Troy 'A'		1:01.91	4
1) Ozurumba, Destiny	2) Durocher, Kacey		
3) Picardal-Pham, Hailey	4) Ahortor, Aseye		
-- St. Mark Jr. High School 'A'		DQ	
1) Kyne, Danielle	2) Magbanua, Arianne		
3) Sewell, Georgia	4) Jacob, Zyrelle		

Girls High Jump Intermediate

ECS Junior H: # 1.58m 1980 Jane Plaxton, JH Picard			
Name	Year Team	Seed	Finals Points
1 Estephan, Carina	St. Rose		1.25m
1.05 1.10 1.15 1.20 1.25 1.30			
0 0 0 XO 0 XXX			
2 Greenways, Chloe	MARK		J1.25m
1.05 1.10 1.15 1.20 1.25 1.30			
0 0 0 0 XO XXX			
2 Grey, Anika	LSL		J1.25m
1.05 1.10 1.15 1.20 1.25 1.30			
0 0 0 0 XO XXX			
4 Mohamed, Taliya	St.Edmund		J1.25m
1.05 1.10 1.15 1.20 1.25 1.30			
0 0 XO 0 XO XXX			
4 Nahimik, Amy	LSL		J1.25m
1.05 1.10 1.15 1.20 1.25 1.30			
0 0 0 XO XO XXX			
6 Dowell, Rowyn	St. Rose		J1.25m
1.05 1.10 1.15 1.20 1.25 1.30			
0 0 XO XO XXO XXX			

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....Girls High Jump Intermediate

7	Harasym, Anabelle	St Thomas Aquinas	1.15m
	1.05 1.10 1.15 1.20		
	XO O O XXX		
8	LeMay, Chanelle	St.Edmund	1.10m
	1.05 1.10		
	O O		
8	Jacob, Zyrelle	MARK	1.10m
	1.05 1.10 1.15		
	O O XXX		
--	Belter, Kathryn	LSL	DNS
--	Ozurumba, Destiny	Father Michael Troy	DNS
--	Airhia, Alessia	St Thomas Aquinas	DNS
--	MacKay, Megan	Father Michael Troy	DNS

Girls Long Jump Intermediate

=====						
ECS Junior H: #	5.30m	2018	Joy Vela, St Nicholas			
Name		Year	Team	Seed	Finals	Points
=====						
1	Ledi, Avery		LSL		4.70m	
	4.43m	FOUL	4.69m	4.70m		
2	Blanchard, Genevieve		St. Rose		4.30m	
	3.48m	4.05m	3.94m	4.30m		
3	Cabral, Alexa		St.Edmund		4.10m	
	3.48m	4.10m	3.98m	4.09m		
4	Williams, Sadie		St. Rose		4.09m	
	4.09m	4.00m	3.97m	3.78m		
5	Estrada, Audrina		St.Edmund		3.95m	
	3.76m	3.74m	3.95m	3.81m		
6	Tunde-Osayande, Sayu		St Thomas Aquinas		3.94m	
	3.94m	3.62m	3.67m	3.79m		
7	Ebonka, Deborah		St Thomas Aquinas		3.93m	
	3.60m	3.93m	3.85m			
8	Andruchuk, Rebecka		Holy Family		3.82m	
	3.59m	3.26m	3.82m			
9	Dokken, Anna		LSL		3.71m	
	FOUL	3.40m	3.71m			
10	Young, Maggie		MARK		3.70m	
	3.58m	3.70m	3.63m			
11	Kikins, Annastasia		Father Michael Troy		3.63m	
	2.87m	3.63m	FOUL			
12	Shyju, Sara		Father Michael Troy		3.25m	
	3.25m	3.04m	2.95m			
13	Andom, Sandra		MARK		3.18m	
	2.97m	3.16m	3.18m			
14	Diba Ndala, Janae		Holy Family		3.12m	
	3.12m	3.03m	2.85m			

Girls Triple Jump Intermediate

=====						
ECS Junior H: #	10.86m	2018	Madelyn Valpy, St Brendan			
Name		Year	Team	Seed	Finals	Points
=====						
1	Ledi, Avery		LSL		10.23m	
	9.85m	9.59m	10.14m	FOUL	10.23m	10.13m

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....Girls Triple Jump Intermediate

2	Mohamed, Taliya	St.Edmund	9.78m
	9.34m 9.15m 9.26m 9.78m 9.03m 9.04m		
3	Blanchard, Genevieve	St. Rose	9.26m
	8.86m 8.77m 9.01m 9.26m 9.15m 9.22m		
4	Williams, Sadie	St. Rose	9.07m
	7.80m 8.72m 8.43m 8.62m 9.07m 8.98m		
5	Ebonka, Deborah	St Thomas Aquinas	8.61m
	7.31m 8.06m FOUL FOUL 8.61m FOUL		
6	Posteraro, Haley	LSL	8.15m
	8.06m 8.04m 7.83m 8.15m 8.11m 7.97m		
7	Kilarski, Melody	St Thomas Aquinas	7.54m
	FOUL 7.54m FOUL		
8	Andruchuk, Rebecka	Holy Family	7.38m
	6.93m 7.38m 7.15m		
9	Kikins, Annastasia	Father Michael Troy	7.08m
	6.68m 7.08m 6.02m		
10	Fajardo, Diana	Father Michael Troy	6.87m
	6.87m 6.61m 6.78m		
11	Shine, Priscilla	MARK	6.84m
	FOUL 6.84m 6.72m		
12	Leach, Alayna	St.Edmund	6.77m
	6.77m 5.87m 6.32m		
13	McDonell, Viktoria	Holy Family	6.49m
	6.05m 6.49m FOUL		
14	Seno, Aryanna	MARK	6.07m
	5.66m 6.07m 5.74m		

Girls Shot Put Intermediate

=====						
ECS Junior H: #	12.28m	1989	Maria Gouveia, JJ Bowlen			
Name		Year	Team	Seed	Finals	Points
=====						
1	Posteraro, Haley		LSL		9.58m	
	9.17m 8.71m 8.70m 8.94m 9.58m 9.02m					
2	Dokken, Anna		LSL		8.62m	
	8.33m 8.11m 8.62m 8.46m 8.42m 8.18m					
3	Williams, Sadie		St. Rose		8.48m	
	7.96m 8.15m 8.48m 7.44m 7.64m 8.17m					
4	Awad, Mayven		St Thomas Aquinas		8.27m	
	FOUL 7.93m 7.98m 8.27m 8.00m 7.84m					
5	Jepas, Ellis		Father Michael Troy		8.23m	
	7.77m 8.23m 7.56m 7.53m 7.76m 7.79m					
6	Lach, Ania		St. Rose		7.56m	
	7.56m 7.39m 5.86m 7.23m 6.90m 7.52m					
7	McLarty, Kaylee		Father Michael Troy		7.55m	
	7.21m 7.55m 7.54m					
8	Andruchuk, Rebecka		Holy Family		7.52m	
	7.52m 6.69m 6.86m					
9	Kilarski, Melody		St Thomas Aquinas		7.30m	
	7.01m 7.30m 6.46m					
10	Gimenez, Arianna		St.Edmund		6.01m	
	6.01m 5.88m 5.60m					
11	Bati, Gelila		MARK		5.75m	
	5.30m 5.75m 5.12m					

2024 ECSD Zone 3 - 2024-05-29

Rollie Miles Athletic Park

Results

....Girls Shot Put Intermediate

12	LeMay, Chanelle	St.Edmund	5.56m
	5.56m 4.60m 5.45m		
13	Borela, Ashley	MARK	5.33m
	5.23m 5.33m 4.96m		

Girls Javelin Throw Intermediate

=====						
ECS Junior H: # 27.19m		2017	Chyler Figueroa, St Mark			
Name	Year	Team	Seed	Finals	Points	
=====						
1	Ledesma, Megan	St Thomas Aquinas		23.56m		
	22.57m 22.10m 22.68m	21.04m	23.56m	23.32m		
2	Blanchard, Genevieve	St. Rose		21.91m		
	14.40m 21.00m 19.74m	21.91m	21.80m	FOUL		
3	McLarty, Kaylee	Father Michael Troy		19.75m		
	19.52m 17.05m 16.07m	17.12m	14.73m	19.75m		
4	Garepi, Tanatswa	Holy Family		19.74m		
	15.10m 17.08m 19.74m	15.04m	17.14m	18.07m		
5	Posteraro, Haley	LSL		18.65m		
	17.61m 18.17m 18.10m	15.65m	13.69m	18.65m		
6	Picardal-Pham, Hailey	Father Michael Troy		18.54m		
	16.89m 18.54m 15.80m	15.52m	18.35m	17.51m		
7	McDonell, Viktoria	Holy Family		17.43m		
	15.44m 15.50m 17.43m					
8	Holden, Sophie	LSL		17.28m		
	17.28m 17.23m 16.68m					
9	Haubrich, Mira	St Thomas Aquinas		16.67m		
	14.49m 16.67m 14.27m					
10	Estrada, Audrina	St.Edmund		15.97m		
	FOUL 15.97m 13.48m					
11	Brouse, Paige	St.Edmund		14.87m		
	14.87m FOUL 14.21m					
12	Naguija, Louise	MARK		11.91m		
	FOUL FOUL 11.91m					
13	Ferreras, Zelina	MARK		11.87m		
	FOUL 11.87m FOUL					

Girls 100 Metre Dash Senior

8 Advance: Top 2 Each Heat plus Next 4 Best Times

=====						
ECS Junior H: # 12.08		2013	Gracia Muamba, Joseph Moreau			
Name	Year	Team	Seed	Prelims	H#	
=====						
Preliminaries						
1	Irabor, Misan	St Thomas Aquinas		14.05Q	1	
2	Hull, Talia	St.Edmund		14.17Q	2	
3	Lazaruk, Brooke	LSL		14.20Q	1	
4	Aguilar, Tiana	LSL		14.24Q	2	
5	Lange, Portia	St. Rose		14.21q	1	
6	Kay, Ruth	MARK		14.53q	2	
7	Wright, Taliah	St.Edmund		14.58q	1	
8	Wade, Avery	St. Rose		14.73q	2	
9	Eckert, Elizabeth	Father Michael Troy		15.14	1	
10	Valenzuela, Kristinia	Holy Family		15.46	1	
11	Ghebremicael, Milca	Father Michael Troy		15.65	2	

2024 ECSD Zone 3 - 2024-05-29**Rollie Miles Athletic Park****Results****....Girls 100 Metre Dash Senior**

12	Derksen, Elizabeth	MARK	15.92	1
13	Rivera, Gabriela	St Thomas Aquinas	16.46	2
14	Sesay, Rakiatu	St. Als	17.19	1
15	Vinothkumar, Oviya	Holy Family	17.76	2

Girls 100 Metre Dash Senior

=====

ECS Junior H: # 12.08 2013 Gracia Muamba, Joseph Moreau

Name	Year	Team	Prelims	Finals	Points
------	------	------	---------	--------	--------

=====

Finals

1	Lazaruk, Brooke	LSL	14.20	13.99	10
2	Hull, Talia	St.Edmund	14.17	14.02	8
3	Aguilar, Tiana	LSL	14.24	14.16	6
4	Irabor, Misan	St Thomas Aquinas	14.05	14.17	5
5	Lange, Portia	St. Rose	14.21	14.59	4
6	Wright, Taliah	St.Edmund	14.58	14.84	3
7	Kay, Ruth	MARK	14.53	14.97	2
8	Wade, Avery	St. Rose	14.73	15.00	1

Girls 200 Metre Dash Senior

=====

ECS Junior H: # 25.85 2002 Ashley Patterson, Louis St Laurent

Name	Year	Team	Seed	Finals	H#	Points
------	------	------	------	--------	----	--------

=====

1	Lazaruk, Brooke	LSL		28.54	1	10
2	Aguilar, Tiana	LSL		29.53	2	8
3	Wright, Taliah	St.Edmund		30.30	2	6
4	Lange, Portia	St. Rose		30.59	1	5
5	Kay, Ruth	MARK		30.75	1	4
6	Cui, Kayleigh	St Thomas Aquinas		31.73	2	3
7	Kibanga, Rociel	St.Edmund		32.94	1	2
8	Viya, Chantel	Holy Family		32.95	2	1
9	Osana, Kathleen	Father Michael Troy		33.13	2	
10	Villar, Jazmin	St Thomas Aquinas		35.60	1	
11	Amir, Laila	St. Als		37.16	1	
12	Korolova, Lisa	St. Als		37.42	2	
--	Naizghi, Rufta	MARK		DQ		2
--	Eckert, Elizabeth	Father Michael Troy		DNS		1
--	Shepard, Willa	St. Rose		DNS		2

Girls 400 Metre Dash Senior

=====

ECS Junior H: # 1:00.60 2002 Ashley Patterson, Louis St Laurent

Name	Year	Team	Seed	Finals	Points
------	------	------	------	--------	--------

=====

1	Lazaruk, Brooke	LSL		1:04.4h	10
2	Wade, Avery	St. Rose		1:11.79	8
3	Cui, Kayleigh	St Thomas Aquinas		1:13.66	6
4	Ghebremicael, Milca	Father Michael Troy		1:16.46	5
5	Morgenstern, Payten	MARK		1:23.72	4
6	Fituwi, Ariyam	St.Edmund		1:29.36	3

2024 ECSD Zone 3 - 2024-05-29

Rollie Miles Athletic Park

Results

Girls 800 Metre Run Senior

ECS Junior H: # 2:20.53 1998 Jennifer Kemp, Louis St Laurent				
Name	Year	Team	Seed	Finals Points
1 Lazaruk, Brooke		LSL		2:40.69 10
2 McAuley, Ashlyn		LSL		2:54.59 8
3 Estephan, Sophia		St. Rose		3:09.92 6
4 Singian, Elicia		Father Michael Troy		3:10.44 5
5 Shitaye, Hiyab		St.Edmund		3:20.27 4
6 Morgenstern, Payten		MARK		3:27.63 3
7 Mendoza, Diana		MARK		3:33.49 2
8 Hebert, Jayde		St.Edmund		3:33.83 1
9 Belzile, Jayna		Father Michael Troy		3:40.19
-- Cui, Kayleigh		St Thomas Aquinas		DNS

Girls 1500 Metre Run Senior

ECS Junior H: # 4:59.83 2011 Hannah Leggatt, HE Beriault				
Name	Year	Team	Seed	Finals Points
1 Penner, Bozhena		St.Edmund		5:39.21 10
2 Blades, Brooke		LSL		5:59.15 8
3 Estephan, Sophia		St. Rose		6:25.19 6
4 Rodriguez-Gonzalez, Vene		LSL		6:36.09 5
5 Belous, Brenna		Father Michael Troy		6:46.56 4
-- Hebert, Jayde		St.Edmund		DNS
-- Dalla Costa, Emma		Father Michael Troy		DNS
-- Delonga, Renee		St Thomas Aquinas		SCR

Girls 4x100 Metre Relay Senior

ECS Junior H: # 51.71 2008 , St Rose				
Team		Seed	Finals	Points
1 Louis St. Laurent 2024 'A'			55.83	10
1) Lazaruk, Brooke	2) Aguilar, Tiana			
3) Imo, Chloe	4) Quaschnick, Sophie			
2 St. Rose 'A'			55.99	8
3 St.Edmund 'A'			57.51	6
1) Hull, Talia	2) Wright, Taliah			
3) Kibanga, Rociel	4) Popil, Ella			
4 St. Mark Jr. High School 'A'			1:01.28	5
1) Kay, Ruth	2) Derksen, Elizabeth			
3) Naizghi, Rufta	4) Morgenstern, Payten			
5 Father Michael Troy 'A'			1:01.30	4
1) Eckert, Elizabeth	2) Ghebremicael, Milca			
3) Sabejon, Mikayla	4) Kreklau, Brooklyn			
6 St Thomas Aquinas 'A'			1:01.89	3
1) Cui, Kayleigh	2) Delonga, Renee			
3) Rivera, Gabriela	4) Tsagalas, Eleni			

2024 ECSD Zone 3 - 2024-05-29

Rollie Miles Athletic Park

Results

Girls High Jump Senior

ECS Junior H: # 1.58m 1977 R Godlwski, St Cecilia														
Name	Year	Team	Seed	Finals	Points									
1 McPhail, Scarlett		LSL		1.40m		1.05	1.10	1.15	1.20	1.25	1.30	1.35	1.40	1.45
						0	0	0	0	0	0	0	XXO	XXX
2 Mofolasayo, Elizabeth		LSL		1.35m		1.05	1.10	1.15	1.20	1.25	1.30	1.35	1.40	
						0	0	0	0	0	0	XXO	XXX	
3 Shepard, Willa		St. Rose		1.30m		1.05	1.10	1.15	1.20	1.25	1.30	1.35		
						0	0	0	0	XO	0	XXX		
4 Mcloughlin, Tanisha		St.Edmund		J1.30m		1.05	1.10	1.15	1.20	1.25	1.30	1.35		
						0	0	XO	0	XO	XXO	XXX		
5 Singian, Elicia		Father Michael Troy		1.25m		1.05	1.10	1.15	1.20	1.25	1.30			
						0	0	0	0	XO	XXX			
6 Fagan, Ciara		St.Edmund		1.20m		1.05	1.10	1.15	1.20	1.25				
						0	0	0	XO	XXX				
7 Delonga, Renee		St Thomas Aquinas		1.15m		1.05	1.10	1.15	1.20					
						0	0	0	XXX					
-- Irabor, Misan		St Thomas Aquinas		DNS										
-- Bexiga, Isabella		Father Michael Troy		DNS										

Girls Long Jump Senior

ECS Junior H: # 5.40m 2019 Joy Vela, St. Nicholas														
Name	Year	Team	Seed	Finals	Points									
1 Groten, Emma		St. Rose		4.90m		4.90m	4.56m	4.45m	FOUL					
2 Mofolasayo, Elizabeth		LSL		4.40m		4.22m	4.40m	4.27m	4.11m					
3 Blades, Brooke		LSL		4.16m		FOUL	4.06m	4.08m	4.16m					
4 Shepard, Willa		St. Rose		4.10m		4.10m	4.06m	3.84m	4.08m					
5 Letchford, Kate		St.Edmund		J4.10m		3.98m	4.10m	4.03m	FOUL					
6 Kay, Ruth		MARK		J4.10m		4.10m	3.78m	3.54m	FOUL					
7 Achu, Skyla		St Thomas Aquinas		3.83m		3.83m	3.73m	3.60m						
8 Valenzuela, Kristinia		Holy Family		3.77m		3.77m	3.67m	3.43m						
9 Bexiga, Isabella		Father Michael Troy		3.63m		3.63m	3.56m							
10 Delonga, Renee		St Thomas Aquinas		3.56m		3.43m	3.56m	3.45m						
11 Tekletsion, Sellihom		MARK		3.30m		3.30m	FOUL	2.80m						

2024 ECSD Zone 3 - 2024-05-29

Rollie Miles Athletic Park

Results

....Girls Long Jump Senior

12	Vinothkumar, Oviya	Holy Family	3.20m
	FOUL 3.20m FOUL		
13	Hillaby, McKenna	St.Edmund	3.03m
	3.03m 2.68m 2.57m		
--	Eckert, Elizabeth	Father Michael Troy	DNS

Girls Triple Jump Senior

=====						
ECS Junior H: # 10.99m		2018	Mateya Berezowsky, St Rose			
Name	Year	Team	Seed	Finals	Points	
=====						
1	Javorski, Anna	St. Rose		9.97m		
	9.97m FOUL 9.71m	FOUL	FOUL	9.60m		
2	Lange, Portia	St. Rose		9.61m		
	9.37m 9.61m 9.22m	9.16m	9.58m	9.25m		
3	Irabor, Misan	St Thomas Aquinas		8.57m		
	7.91m 8.34m 8.18m	8.28m	8.57m	7.95m		
4	Shitaye, Rae	St.Edmund		8.16m		
	8.03m 8.04m 8.16m	7.61m	7.88m	7.82m		
5	Blades, Brooke	LSL		8.14m		
	FOUL FOUL 8.01m	8.14m	FOUL	FOUL		
6	DeLonga, Renee	St Thomas Aquinas		8.01m		
	8.00m FOUL 7.82m	FOUL	FOUL	8.01m		
7	Quaschnick, Sophie	LSL		7.83m		
	FOUL FOUL 7.83m					
7	Runco, Gioia	St.Edmund		7.83m		
	7.81m 7.68m 7.83m					
9	Eckert, Elizabeth	Father Michael Troy		7.62m		
	FOUL 7.62m 7.23m					
10	Biay, Lauren	Father Michael Troy		6.90m		
	6.90m 6.66m 6.43m					
--	Reyes, Raine	Holy Family		FOUL		
	FOUL FOUL FOUL					
--	Salcedo, Chiera	Holy Family		FOUL		
	FOUL FOUL FOUL					

Girls Shot Put Senior

=====						
ECS Junior H: # 12.42m		1997	Mandy Squire, Sir John Thompson			
Name	Year	Team	Seed	Finals	Points	
=====						
1	Yeo, Aicha	Father Michael Troy		9.34m		
	9.03m 9.34m 8.72m	9.28m	9.11m	9.28m		
2	Magleo, Maddy	LSL		9.00m		
	6.96m 8.59m 8.64m	8.99m	7.09m	9.00m		
3	Maya, Samantha	St Thomas Aquinas		8.82m		
	8.18m 8.38m 8.82m	7.31m	8.34m	7.98m		
4	Okusanya, Marie	St.Edmund		8.18m		
	7.51m 7.17m 8.18m	7.95m	7.61m	7.91m		
5	Aguilar, Tiana	LSL		8.15m		
	7.04m	7.01m	7.92m	8.15m		
6	Hillaby, McKenna	St.Edmund		8.06m		
	7.63m	8.06m	7.75m	7.42m		
7	Priddle, Olivia	MARK		7.82m		
	4.75m 7.41m 7.82m	6.62m	7.28m	7.62m		

2024 ECSD Zone 3 - 2024-05-29

Rollie Miles Athletic Park

Results

....Girls Shot Put Senior

8	Grotten, Emma	St. Rose	7.67m
	7.67m x		
9	Belous, Brenna	Father Michael Troy	7.35m
	7.21m 7.04m 7.35m		
10	Go, Hailey	MARK	7.24m
	6.77m 7.24m 7.14m		
11	Amir, Laila	St. Als	6.25m
	6.25m 5.73m 5.55m 5.88m		
12	Korolova, Lisa	St. Als	6.22m
	5.59m 5.52m 6.02m 6.22m		
13	Nunez, Emily	St Thomas Aquinas	6.14m
	6.14m 5.67m 5.07m		
--	Cooper, Riley	LSL	DNS

Girls Javelin Throw Senior

=====

ECS Junior H: # 27.95m 2016 Hailey Hossinger, Cardinal Leger

Name	Year	Team	Seed	Finals	Points
1 Ng-Gomez, Sophia		LSL		26.24m	
	22.18m 26.24m 24.03m 22.05m	FOUL 23.87m			
2 Popil, Ella		St.Edmund		24.12m	
	23.29m 24.12m 18.81m 16.02m	18.84m 14.78m			
3 Amyotte, Isabelle		LSL		23.88m	
	23.20m 12.49m 21.78m 21.88m	23.88m 22.48m			
4 Yeo, Aicha		Father Michael Troy		21.73m	
	20.03m 21.51m 15.26m 21.73m	20.01m FOUL			
5 Tsehaye, Sam		MARK		21.28m	
	18.03m 15.87m 21.28m 18.26m	18.44m 17.92m			
6 Abdelmelek, Bassant		St Thomas Aquinas		19.53m	
	19.53m 18.36m 18.26m 16.40m	14.76m 16.31m			
7 Estephan, Sophia		St. Rose		18.76m	
	16.98m 18.00m 18.76m				
8 Osana, Kathleen		Father Michael Troy		17.39m	
	17.39m 17.38m 16.80m				
9 Ward, Kathleen		St. Als		17.06m	
	FOUL FOUL 17.06m				
10 Yatassae, Malia		St Thomas Aquinas		16.81m	
	14.36m 14.40m 16.81m				
11 Runco, Gioia		St.Edmund		15.48m	
	12.75m 15.27m 15.48m				
12 Reyes, Euna		Holy Family		12.75m	
	FOUL 12.75m FOUL				

Boys 100 Metre Dash Junior

8 Advance: Top 2 Each Heat plus Next 4 Best Times

=====

ECS Junior H: # 11.63 2007 Michael King McKenzie, Sir John Thompson

Name	Year	Team	Seed	Prelims	H#
Preliminaries					
1 Dorado, Quentin		St Thomas Aquinas		13.35Q	2
2 Labeodan, Stephen		St Thomas Aquinas		13.53Q	1
3 Chen, Isaac		St. Rose		13.62Q	2
4 Largosa, Yvann		Holy Family		13.75Q	1 13.748

2024 ECSD Zone 3 - 2024-05-29

Rollie Miles Athletic Park

Results

....Boys 100 Metre Dash Junior

4	Lam, Aydin	St. Rose	13.75Q	1	13.748
6	Vertucio, Mason	LSL	13.77q	2	
7	Cacas, Ethan	LSL	13.83q	1	
8	Ntambazi, Alton	St. Als	14.06q	1	
9	Pham, Jason	St.Edmund	14.07	1	
10	Blight, Tanner	Father Michael Troy	14.88	1	
11	Rotea, Kai	Father Michael Troy	14.98	2	
12	Hailes, Lleyton	St.Edmund	15.05	2	
13	Sibal, Fillip	Holy Family	15.61	2	
14	Goitom, Kdus	MARK	16.24	2	
--	Bekele, Dagem	MARK	DNS	1	

Boys 100 Metre Dash Junior

=====

ECS Junior H: # 11.63 2007 Michael King McKenzie, Sir John Thompson

Name	Year	Team	Prelims	Finals	Points
------	------	------	---------	--------	--------

=====

Finals

1	Labeodan, Stephen	St Thomas Aquinas	13.53	13.15	10
2	Dorado, Quentin	St Thomas Aquinas	13.35	13.44	8
3	Chen, Isaac	St. Rose	13.62	13.61	6
4	Vertucio, Mason	LSL	13.77	13.80	5
5	Lam, Aydin	St. Rose	13.75	13.81	4
6	Cacas, Ethan	LSL	13.83	13.92	3
7	Largosa, Yvann	Holy Family	13.75	14.04	2
--	Ntambazi, Alton	St. Als	14.06	DNS	

Boys 200 Metre Dash Junior

=====

ECS Junior H: # 24.49 2008 Emmanuel Nuski, Maurice Lavalee

Name	Year	Team	Seed	Finals	H#	Points
------	------	------	------	--------	----	--------

=====

1	Dorado, Quentin	St Thomas Aquinas		27.36	1	10
2	Kasparyk, Artem	St. Rose		28.32	1	8
3	Graham, Malachai	St Thomas Aquinas		28.76	2	6
4	Medeiros, Aidan	St.Edmund		29.09	1	5
5	Lam, Aydin	St. Rose		29.47	2	4
6	Connors, Grayson	LSL		29.90	1	3
7	Cacas, Ethan	LSL		30.22	2	2
8	Blight, Tanner	Father Michael Troy		30.44	1	1
9	Chaput, Adrian	St.Edmund		31.38	2	
10	Dioleste, Yaj	MARK		31.77	1	
11	Bilovytskyi, Matvii	St. Als		31.88	1	
12	Rotea, Kai	Father Michael Troy		32.02	2	
13	Cosgrove, Nathaniel	MARK		32.18	2	

Boys 400 Metre Dash Junior

=====

ECS Junior H: # 55.81 1990 John Corpuz, Holy Family

Name	Year	Team	Seed	Finals	Points
------	------	------	------	--------	--------

=====

1	Dorado, Quentin	St Thomas Aquinas		1:02.0h	10
2	McClellan, Luke	St.Edmund		1:08.0h	8
3	Chen, Isaac	St. Rose		1:10.3h	6
4	Vertucio, Mason	LSL		1:12.3h	5

2024 ECSD Zone 3 - 2024-05-29

Rollie Miles Athletic Park

Results

....Boys 400 Metre Dash Junior

5	Goitom, Kdus	MARK	1:12.7h	4
6	Sabater, Andrei	Father Michael Troy	1:20.5h	3

Boys 800 Metre Run Junior

=====

ECS Junior H: # 2:15.00 1981 Ray Deane, St. Cecilia

Name	Year Team	Seed	Finals	Points
1	Goitom, Kdus	MARK	2:42.09	10
2	Fazio, Armando	St.Edmund	2:42.41	8
3	Jugovics, Sam	St. Rose	2:43.77	6
4	Dallin, Jack	St. Rose	2:45.00	5
5	Chaput, Adrian	St.Edmund	2:48.78	4
6	MacGillivray, Alexander	LSL	2:51.27	3
7	Naizghi, Kam	MARK	2:53.82	2
8	Torres Navarrete, Santia	LSL	2:57.76	1
9	Jopson, Adam	Father Michael Troy	2:58.12	
10	Obleada, Maximus	Father Michael Troy	3:14.39	
11	Adekunle, Best	St Thomas Aquinas	3:16.40	
12	Ettien, Christ	St Thomas Aquinas	3:34.21	

Boys 1500 Metre Run Junior

=====

ECS Junior H: # 4:46.40 1982 Ray Deane, St Cecilia

Name	Year Team	Seed	Finals	Points
1	Berrios, Andres	St Thomas Aquinas	5:24.16	10
2	Hailes, Lleyton	St.Edmund	5:24.59	8
3	Dallin, Jack	St. Rose	5:25.25	6
4	Fazio, Armando	St.Edmund	5:29.59	5
5	Jugovics, Sam	St. Rose	5:34.48	4
6	MacGillivray, Alexander	LSL	5:38.89	3
7	McRitchie, Bryce	LSL	5:47.80	2
8	Belous, Gregory	Father Michael Troy	5:51.32	1
9	Routhier, Dominic	Father Michael Troy	6:09.11	
10	Adekunle, Best	St Thomas Aquinas	6:09.36	
--	Naizghi, Kam	MARK	DNF	

Boys 4x100 Metre Relay Junior

=====

ECS Junior H: # 50.64 2018 , St Nicholas

Team	Seed	Finals	Points
1 St Thomas Aquinas 'A'		53.77	10
1) Dorado, Quentin	2) Labeodan, Stephen		
3) Gautam, Aariz	4) Graham, Malachai		
2 St. Rose 'A'		55.27	8
3 Louis St. Laurent 2024 'A'		56.17	6
1) Vertucio, Mason	2) Moreno, Christopher		
3) Gordon, Tomari	4) Cacas, Ethan		
4 St.Edmund 'A'		56.98	5
1) Pham, Jason	2) Hailes, Lleyton		
3) Leon, Erick	4) Medeiros, Aidan		
5 Father Michael Troy 'A'		59.28	4
1) Blight, Tanner	2) Rotea, Kai		

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....Boys 4x100 Metre Relay Junior

3) Cuenca, Edrian	4) Soumah, Charles		
6 St. Mark Jr. High School 'A'		1:01.67	3
1) Bekele, Dagem	2) Goitom, Kdus		
3) Diolestes, Yaj	4) Ball, Leland		

Boys High Jump Junior

=====									
ECS Junior H: # 1.66m 2004 Athley Lwal, JJ Bowlen									
Name	Year	Team	Seed	Finals	Points				
=====									
1 Torres Navarrete, Santia		LSL		1.45m					
1.20 1.25 1.30 1.35 1.40 1.45 1.47									
0 0 0 0 0		XXO XXX							
2 Tobias, Jerrick		St. Rose		J1.45m					
1.20 1.25 1.30 1.35 1.40 1.45 1.47									
0 XO XXO 0 0		XXO XXX							
3 Ramos, Cloude		St Thomas Aquinas		1.40m					
1.20 1.25 1.30 1.35 1.40 1.45									
0 0 0 0 0		XXX							
4 Ezeonyeasi, Jidechukwu		MARK		J1.40m					
1.20 1.25 1.30 1.35 1.40 1.45									
0 0 0 0 XO		XXX							
5 Iheanyi-Ekekwe, Kamal		St. Als		1.30m					
1.20 1.25 1.30 1.35									
0 0 0 X									
5 Belous, Gregory		Father Michael Troy		1.30m					
1.20 1.25 1.30 1.35									
0 0 0 XXX									
7 Kifle, Yosan		MARK		J1.30m					
1.20 1.25 1.30 1.35									
0 0 XO XXX									
8 Houncaren, Issac		St. Rose		J1.30m					
1.20 1.25 1.30 1.35									
XO 0 XO XXX									
8 Labeodan, Stephen		St Thomas Aquinas		J1.30m					
1.20 1.25 1.30 1.35									
0 XO XO XXX									
10 Narayanan, Ajay		LSL		J1.30m					
1.20 1.25 1.30 1.35									
0 XXO XO XXX									
11 Medeiros, Aidan		St.Edmund		J1.30m					
1.20 1.25 1.30 1.35									
0 XO XXO XXX									
11 Cuenca, Edrian		Father Michael Troy		J1.30m					
1.20 1.25 1.30 1.35									
0 XO XXO XXX									
13 Largosa, Yvann		Holy Family		1.25m					
1.20 1.25 1.30									
0 0 XXX									
-- Sibal, Phillip		Holy Family		NH					
1.20									
XXX									
-- Eisner, Ilya		St.Edmund		NH					
1.20									
XXX									

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Results

Boys Long Jump Junior

=====						
ECS Junior H: # 5.62m		1986	Mark Grozic, St Cecilia			
Name	Year	Team	Seed	Finals	Points	
=====						
1	Labeodan, Stephen			St Thomas Aquinas	4.90m	
	4.70m 4.85m 4.57m	4.80m	4.90m			
2	Largosa, Yvann			Holy Family	4.69m	
	4.35m 4.69m FOUL	4.45m	4.54m			
3	Kasprzyk, Artem			St. Rose	4.54m	
	4.25m 4.54m 4.16m	FOUL	4.43m			
4	Vertucio, Mason			LSL	4.50m	
	4.50m 3.96m 3.60m	FOUL	3.56m			
5	Blight, Tanner			Father Michael Troy	4.44m	
	4.44m 4.05m 4.40m	3.87m	FOUL			
6	Tobias, Jerrick			St. Rose	4.34m	
	4.33m 4.20m 4.34m	3.86m	4.18m			
7	Ramos, Cloude			St Thomas Aquinas	4.20m	
	4.12m 4.20m 4.10m					
8	Hailes, Lleyton			St. Edmund	4.13m	
	4.13m 4.01m 3.65m					
8	Laing, Brody			LSL	4.13m	
	3.21m 4.13m 4.05m					
10	Loney, Hudson			St. Edmund	4.00m	
	FOUL FOUL 4.00m					
10	Bilovytskyi, Matvii			St. Als	4.00m	
	3.98m 3.45m 4.00m					
12	Belous, Gregory			Father Michael Troy	3.85m	
	3.53m 3.70m 3.85m					
13	Ezeonyeasi, Jidechukwu			MARK	3.30m	
	FOUL 3.30m FOUL					
14	Sibal, Fillip			Holy Family	3.20m	
	3.20m 2.44m 3.11m					
--	Goitom, Kdus			MARK	DNS	
--	Iheanyi-Ekekwe, Kamal			St. Als	DNS	
--	Narayanan, Ajay			LSL	SCR	

Boys Triple Jump Junior

=====						
ECS Junior H: # 11.70m		2016	McKail Braithwaite, St Thomas More			
Name	Year	Team	Seed	Finals	Points	
=====						
1	Kasprzyk, Artem			St. Rose	9.52m	
	8.72m 9.25m 8.86m	9.52m				
2	Labeodan, Stephen			St Thomas Aquinas	9.48m	
	FOUL 8.30m 8.49m	9.48m				
3	Tobias, Jerrick			St. Rose	8.97m	
	6.43m FOUL 8.28m	8.97m				
4	Katoch-Martinez, Ishan			LSL	8.17m	
	8.01m FOUL 7.59m	8.17m				
5	Tran, Kien			LSL	8.14m	
	8.10m 8.05m FOUL	8.14m				
6	Seneta, Oliver			St Thomas Aquinas	8.10m	
	7.15m 8.02m 8.10m	8.08m				
7	Kifle, Yosan			MARK	7.90m	
	FOUL 7.73m 7.90m					

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....Boys Triple Jump Junior

8	Sibal, Fillip	Holy Family	7.82m
	7.82m 6.90m 7.20m		
9	Eisner, Ilya	St.Edmund	7.57m
	FOUL 7.44m 7.57m		
10	Curtis, Max	St.Edmund	6.67m
	6.55m 6.42m 6.67m		
11	Beatson, William	Father Michael Troy	5.70m
	FOUL 5.70m FOUL		
--	Soumah, Charles	Father Michael Troy	DNS
--	Bekele, Dagem	MARK	DNS

Boys Shot Put Junior

=====						
ECS Junior H: #	12.77m	2004	Carlington Thomas, St Elizabeth Seton			
Name		Year Team	Seed	Finals	Points	
=====						
1	Adekunle, Best	St Thomas Aquinas		9.51m		
	8.64m 9.32m 8.57m 9.46m 9.51m 9.41m					
2	Gordon, Tomari	LSL		8.80m		
	7.88m 8.12m 7.29m 8.80m 8.12m 8.48m					
3	Barys, Hunter	St. Rose		8.58m		
	FOUL 8.46m FOUL 7.86m 8.03m 8.58m					
4	Almero, Reece	St Thomas Aquinas		8.54m		
	8.54m 7.39m 7.99m 7.73m 7.01m 8.21m					
5	Holguin Zapata, Juan	MARK		7.96m		
	7.96m 7.62m 7.66m 7.70m 7.61m 7.68m					
6	Loney, Hudson	St.Edmund		7.88m		
	7.76m 7.50m 7.54m 7.59m 7.88m					
7	Magomedov, Abdul	St. Rose		7.76m		
	FOUL 7.76m 6.80m					
8	Shaji, Jaydan	LSL		7.17m		
	6.71m 7.12m 7.17m					
9	Maslanko, Damian	Father Michael Troy		6.81m		
	6.81m 6.33m 6.14m					
10	Roemaet, Liam	MARK		6.41m		
	6.41m 5.54m 5.66m					
11	Kifle, Nahier	St. Als		5.84m		
	5.84m 5.54m					
12	Azarias, Kaleb	St. Als		5.28m		
	5.10m 5.28m 5.28m					
13	Mann, Partap	Father Michael Troy		4.89m		
	4.89m 4.55m					
--	Pham, Jason	St.Edmund		DNS		

Boys Javelin Throw Junior

=====						
ECS Junior H: #	32.38m	2015	Reece devlin, Joseph Moreau			
Name		Year Team	Seed	Finals	Points	
=====						
1	Magomedov, Abdul	St. Rose		28.41m		
	24.70m 26.56m 21.41m 28.41m FOUL 26.85m					
2	Ramos, Cloude	St Thomas Aquinas		24.36m		
	22.50m 19.71m FOUL 21.54m FOUL 24.36m					
3	Almero, Reece	St Thomas Aquinas		23.64m		
	FOUL 22.61m 20.83m 23.27m 23.64m 21.90m					

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....Boys Javelin Throw Junior

4	Cosgrove, Nathaniel	MARK	23.51m
	23.51m 20.78m 20.51m	FOUL FOUL FOUL	
5	Soumah, Charles	Father Michael Troy	22.45m
	22.45m FOUL 17.06m 22.15m 20.15m 14.78m		
6	Kasprzyk, Artem	St. Rose	21.78m
	21.78m 20.86m 14.53m 18.57m	FOUL FOUL	
6	Young, Neilan	St.Edmund	21.78m
	FOUL 16.41m 21.78m		
8	Reagan, Blake	St.Edmund	20.16m
	15.01m 14.30m 20.16m		
9	Ochen, Nathaniel	LSL	18.88m
	13.60m 18.88m 18.72m		
10	Bilovytskyi, Matvii	St. Als	18.74m
	FOUL 14.33m 18.74m		
11	Gordon, Tomari	LSL	18.46m
	17.94m 18.46m 17.00m		
12	Huynh, Kingston	Father Michael Troy	18.00m
	FOUL 18.00m 14.85m		
13	Santos, Shaun	MARK	16.87m
	14.88m 16.87m 15.14m		
--	Iheanyi-Ekekwe, Kamal	St. Als	DNS

Boys 100 Metre Dash Intermediate

8 Advance: Top 2 Each Heat plus Next 4 Best Times

=====

ECS Junior H: # 11.10 1988 Abi Issac, JJ Bowlen

Name	Year	Team	Seed	Prelims	H#
------	------	------	------	---------	----

=====

Preliminaries

1	Rajakaruna, Jack	LSL	12.28Q	1
2	Badalola, Olawande	LSL	12.34Q	2
3	Luong, Andrew	St.Edmund	12.62Q	1
4	Olokor, Fegor	St Thomas Aquinas	12.74Q	2
5	Holm, Lincoln	St.Edmund	12.90q	2
6	Boyko, Aidan	St. Rose	13.03q	2
7	MacDonald, Aiden	Holy Family	13.33q	1
8	Vachon, Damian	MARK	13.37q	2
9	Perez Jimenez, Santiago	St. Rose	13.53	1
10	Eisak, Ermaias	MARK	14.08	1
11	Gueli, Michel	Father Michael Troy	14.37	1
12	Mukenge, LJ	St Thomas Aquinas	14.76	1
13	Kissokanth, Sheakanth	St. Als	15.17	1
14	Stutzke, Ryland	Father Michael Troy	15.55	2
15	Gomez, Sandrho	St. Als	16.35	2

Boys 100 Metre Dash Intermediate

=====

ECS Junior H: # 11.10 1988 Abi Issac, JJ Bowlen

Name	Year	Team	Prelims	Finals	Points
------	------	------	---------	--------	--------

=====

Finals

1	Badalola, Olawande	LSL	12.34	12.19	10
2	Rajakaruna, Jack	LSL	12.28	12.41	8
3	Luong, Andrew	St.Edmund	12.62	12.58	6
4	Holm, Lincoln	St.Edmund	12.90	12.83	5

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5	Olokor, Fegor	St Thomas Aquinas	12.74	13.17	4
6	Boyko, Aidan	St. Rose	13.03	13.31	3
7	MacDonald, Aiden	Holy Family	13.33	13.43	2
8	Vachon, Damian	MARK	13.37	13.48	1

Boys 200 Metre Dash Intermediate

=====					
ECS Junior H: # 23.68		2008	Michael King McKenzie, Sir John Thompson		
Name	Year	Team	Seed	Finals	H# Points
=====					
1	Badalola, Olawande	LSL		25.00	2 10
2	Luong, Andrew	St.Edmund		26.28	2 8
3	Patrizi, Luca	LSL		26.34	1 6
4	Boyko, Aidan	St. Rose		27.12	1 5
5	Sesay, Foday	St.Edmund		27.34	1 4
6	Oke, Royce	St Thomas Aquinas		27.90	2 3
7	Nadon, Gabriel	Father Michael Troy		28.14	1 2
8	Teweldemedhin, Eysausa	MARK		28.68	1 1
9	Bauzon, Rhein	Father Michael Troy		29.43	2
10	Ceko, Daniel	St Thomas Aquinas		32.63	1
11	Zopke, Yoan	Holy Family		34.69	2
--	Vachon, Damian	MARK		DNS	2
--	Gomez, Javon	St. Als		DNS	1
--	Perez Jimenez, Santiago	St. Rose		DNS	2

Boys 400 Metre Dash Intermediate

=====					
ECS Junior H: # 53.65		1988	Abi Issac, JJ Bowlen		
Name	Year	Team	Seed	Finals	Points
=====					
1	Badalola, Olawande	LSL		1:00.4h	10
2	Varghese, Alaine	St.Edmund		1:03.3h	8
3	Onovwioma, Kesiena	St. Rose		1:04.8h	6
4	Eisak, Ermaias	MARK		1:10.1h	5
5	Ceko, Daniel	St Thomas Aquinas		1:18.2h	4
6	Zopke, Yoan	Holy Family		1:22.1h	3
--	Stutzke, Ryland	Father Michael Troy		DNS	

Boys 800 Metre Run Intermediate

=====					
ECS Junior H: # 2:08.57		2003	Joel Lauzon, JJ Bowlen		
Name	Year	Team	Seed	Finals	Points
=====					
1	Gomez, Javon	St. Als		2:30.30	10
2	Onovwioma, Kesiena	St. Rose		2:33.53	8
3	Inyam Fombang, Amede	LSL		2:33.55	6
4	Tu-Arriaga, Alek	St. Rose		2:39.76	5
5	Jones, Ty	St.Edmund		2:39.94	4
6	Smith, Eli	LSL		2:42.13	3
7	Ceko, Daniel	St Thomas Aquinas		2:57.75	2
8	Hillaby, Kevin	Father Michael Troy		3:00.60	1
9	Matuszyk, Bartek	Holy Family		3:14.59	
10	Alberda, Max	Father Michael Troy		3:37.85	
--	Fernandez Roca, Caio	St Thomas Aquinas		DNS	
--	Aligaz, Emmanuel	St.Edmund		DNS	

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Results

Boys 1500 Metre Run Intermediate

=====

ECS Junior H: # 4:28.04 2003 Joel Lauzon, JJ Bowlen

Name	Year Team	Seed	Finals	Points
1 De Luca, Massimo	St. Rose		5:13.00	10
2 Patrizi, Luca	LSL		5:16.87	8
3 Cordeiro, Christiano	St.Edmund		5:20.23	6
4 Tu-Arriaga, Alek	St. Rose		5:29.13	5
5 Suchy, Dylan	St.Edmund		5:38.67	4
6 Paul, Griffin	LSL		5:40.16	3
7 Hillaby, Kevin	Father Michael Troy		5:56.73	2
8 Lovelock, David	Father Michael Troy		6:20.52	1
9 Stojanovski, Martin	St Thomas Aquinas		6:24.10	
10 Cotton, Aiden	St Thomas Aquinas		6:28.44	

Boys 4x100 Metre Relay Intermediate

=====

ECS Junior H: # 47.70 1984 , Sir John Thompson

Team	Seed	Finals	Points
1 St.Edmund 'A'		49.56	10
1) Holm, Lincoln	2) Kavanagh, Brandon		
3) Luong, Andrew	4) Olude, Emmanuel		
2 Louis St. Laurent 2024 'A'		51.14	8
1) Badalola, Olawande	2) Rajakaruna, Jack		
3) Patrizi, Luca	4) Terberg, Alexander		
3 St. Rose 'A'		51.64	6
4 St Thomas Aquinas 'A'		53.23	5
1) Olokor, Fegor	2) Mukenge, LJ		
3) Ngandju Njomeni, Samuel	4) Oke, Royce		
5 St. Mark Jr. High School 'A'		55.51	4
1) Vachon, Damian	2) Kiflemariam, Raimon		
3) Eisak, Ermaias	4) Teweldemedhin, Eysausa		
6 Father Michael Troy 'A'		55.58	3
1) Stutzke, Ryland	2) Gomez, Edison		
3) Gueli, Michel	4) Vega, Justin		

Boys High Jump Intermediate

=====

ECS Junior H: # 1.83m 2005 Athiey Lwal, J Bowlen

Name	Year Team	Seed	Finals	Points
1 Badalola, Olawande	LSL		1.65m	
1.35 1.40 1.45 1.50 1.55 1.60 1.65				
0 0 0 0 0 0 0				
2 Holm, Lincoln	St.Edmund		1.60m	
1.35 1.40 1.45 1.50 1.55 1.60 1.65				
0 0 0 0 0 0 XXX				
3 Borshowa, Ben	LSL		J1.60m	
1.35 1.40 1.45 1.50 1.55 1.60 1.65				
0 XO 0 0 XXO 0 XXX				
4 Sesay, Foday	St.Edmund		1.50m	
1.35 1.40 1.45 1.50 1.55				
0 0 XO XO XXX				

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Results

....Boys High Jump Intermediate

5	Ngandju Njomeni, Samuel	St Thomas Aquinas	J1.50m
	1.35 1.40 1.45 1.50 1.55		
	0 0 0 XXO XXX		
6	Kiflemariam, Raimon	MARK	J1.50m
	1.35 1.40 1.45 1.50 1.55		
	0 0 XO XXO XXX		
7	Soloman, Israel	St Thomas Aquinas	J1.50m
	1.35 1.40 1.45 1.50 1.55		
	0 XO XO XXO XXX		
8	Gatkuoth, Ruot	Father Michael Troy	1.45m
	1.35 1.40 1.45 1.50		
	XO 0 XXO XXX		
9	Bukenya-Lwesibawa, Malco	St. Rose	1.40m
	1.35 1.40 1.45		
	0 XO XXX		
10	Nemozhko, Davyd	MARK	J1.40m
	1.35 1.40 1.45		
	XO XO XXX		
11	Robillos, Jairus	Father Michael Troy	J1.40m
	1.35 1.40 1.45		
	0 XXO XXX		
--	Roild, Melvin	Holy Family	NH
	1.35		
	XXX		
--	MacDonald, Aiden	Holy Family	NH
	1.35		
	XXX		
--	Kasprzyk, Arsenii	St. Rose	DNS
--	Sample, Langston	MARK	SCR

Boys Long Jump Intermediate

=====						
ECS Junior H: #	6.11m	2010	Jordy Ntambwe, JJ Bowlen			
Name		Year	Team	Seed	Finals	Points
=====						
1	Perez Jimenez, Santiago		St. Rose		5.15m	
	4.80m		4.61m		5.15m	
2	Holm, Lincoln		St. Edmund		5.14m	
	5.14m		4.95m		4.92m	
			4.86m			
3	Rajakaruna, Jack		LSL		5.09m	
	5.09m		FOUL		FOUL	
			5.08m			
4	Bukenya-Lwesibawa, Malco		St. Rose		J5.09m	
	FOUL		5.05m		5.09m	
5	Nadon, Gabriel		Father Michael Troy		4.92m	
	FOUL		4.53m		4.92m	
			FOUL			
6	Vachon, Damian		MARK		4.77m	
	4.77m		4.67m		4.32m	
7	MacDonald, Aiden		Holy Family		4.67m	
	4.20m		4.67m		4.47m	
8	Aberg, Kellan		LSL		4.65m	
	4.52m		4.60m		4.65m	
9	Olokor, Fegor		St Thomas Aquinas		4.63m	
	x		4.49m		4.63m	
			4.49m			
10	Gatkuoth, Ruot		Father Michael Troy		4.59m	
	4.54m		4.39m		4.59m	

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Results

....Boys Long Jump Intermediate

11 Powers, Cohen	St.Edmund	4.42m
FOUL 4.10m 4.42m		
12 Gomez, Javon	St. Als	4.33m
4.33m 3.88m 4.21m		
13 Kiflemariam, Raimon	MARK	4.23m
3.94m 4.23m 3.87m		
14 McCaffrey, Connor	St Thomas Aquinas	3.88m
3.66m 3.84m 3.88m		
15 Roild, Melvin	Holy Family	3.44m
3.44m 2.73m		

Boys Triple Jump Intermediate

=====						
ECS Junior H: # 13.23m	2018	Emanuel Goi, St Cecilia				
Name	Year	Team	Seed	Finals	Points	
=====						
1 Rajakaruna, Jack		LSL		10.42m		
10.42m FOUL FOUL						
2 Perez Jimenez, Santiago		St. Rose		10.34m		
9.00m 9.67m 10.07m 10.34m						
3 Cui, Liam		St. Rose		10.21m		
9.59m 9.51m 9.78m 10.21m						
4 Gatkuoth, Ruot		Father Michael Troy		9.79m		
9.58m 9.65m 9.70m 9.79m						
5 Peters, Cormac		LSL		9.72m		
9.24m 9.39m 9.72m 9.08m						
6 MacDonald, Aiden		Holy Family		9.71m		
9.68m 9.57m 9.35m 9.71m						
7 Vachon, Damian		MARK		9.69m		
FOUL 9.58m 9.25m 9.69m						
8 Olokor, Fegor		St Thomas Aquinas		9.56m		
9.56m FOUL FOUL						
9 Nguyen, Thomas		St Thomas Aquinas		9.28m		
FOUL FOUL 9.28m						
10 Olatayo, Joseph		St.Edmund		9.20m		
9.16m 9.14m 9.20m						
11 Robillos, Jairus		Father Michael Troy		8.96m		
FOUL 7.32m 8.96m						
12 Kassa, Jotham		St.Edmund		8.23m		
8.18m FOUL 8.23m						
13 Smigelski, Luke		Holy Family		8.14m		
8.14m 7.97m 8.02m						
14 Thomas, Franic		MARK		6.75m		
6.75m 6.75m						
-- Paul, Griffin		LSL		SCR		
-- Sample, Langston		MARK		SCR		

Boys Shot Put Intermediate

=====						
ECS Junior H: # 13.69m	1999	Christian Maanucci, JJ Bowlen				
Name	Year	Team	Seed	Finals	Points	
=====						
1 Rajakaruna, Jack		LSL		10.23m		
10.23m 10.20m FOUL 10.16m FOUL 9.96m						

2024 ECSD Zone 3 - 2024-05-29

Rollie Miles Athletic Park

Results

....Boys Shot Put Intermediate

2	Ngandju Njomeni, Samuel	St Thomas Aquinas	10.03m
	8.55m 9.06m 9.81m 8.64m 8.64m 10.03m		
3	Nguyen, Thomas	St Thomas Aquinas	9.90m
	9.90m 8.81m 9.26m 9.42m 8.95m		
4	Lim, Marc	St. Rose	9.50m
	9.22m 9.50m 9.07m 9.25m 9.02m 8.93m		
5	Peters, Jonah	St. Als	9.42m
	9.42m 7.69m 8.20m 8.94m 8.72m 7.65m		
6	Lafreniere, Forest	St.Edmund	9.12m
	9.12m 8.46m 8.41m 8.97m 8.80m 8.85m		
7	Reid, Declan	LSL	8.51m
	FOUL 8.51m FOUL		
8	Panganiban, Marty	Father Michael Troy	8.27m
	7.85m 8.27m 8.07m		
9	Mundaca-Garcia, Luis	St. Rose	7.88m
	FOUL 7.85m 7.88m		
10	Powers, Cohen	St.Edmund	7.85m
	FOUL 7.85m FOUL		
11	Prabhu, Prajith	Father Michael Troy	7.81m
	7.81m 7.63m 7.77m		
12	Morgenstern, Riley	MARK	7.00m
	6.94m 7.00m 6.32m		
13	Duncan-Giroux, Kingston	MARK	5.91m
	5.91m 5.88m		
--	Kasprzyk, Arsenii	St. Rose	DNS

Boys Javelin Throw Intermediate

=====						
ECS Junior H: #	39.36m	2016	Dominic Houle, JH Picard			
Name		Year	Team	Seed	Finals	Points
=====						
1	Gomez, Sandrho		St. Als		35.84m	
	26.93m 28.10m 28.32m 24.26m 28.48m 35.84m					
2	Amores-Magpayo, Kaius		Father Michael Troy		30.56m	
	17.41m 30.56m 28.22m 28.02m 24.75m 24.22m					
3	Salabao, Lourdritch		LSL		25.41m	
	24.74m 25.41m 23.88m 25.05m 20.42m 16.79m					
4	Pahl, Brody		LSL		24.93m	
	24.86m 23.51m 24.93m 21.97m FOUL 23.85m					
5	Nemozhko, Davyd		MARK		23.16m	
	23.16m 20.86m 20.88m 20.33m 17.66m 18.09m					
6	Boyko, Aidan		St. Rose		22.64m	
	20.44m 22.64m FOUL FOUL FOUL FOUL					
7	Lozano, EJ		St Thomas Aquinas		21.91m	
	21.91m 20.57m 20.04m					
8	Bibonimana, Prince		St Thomas Aquinas		21.80m	
	17.75m 21.80m 20.45m					
9	Prabhu, Prajith		Father Michael Troy		20.63m	
	20.01m 18.79m 20.63m					
--	Tesgay, Tes		MARK		FOUL	
	FOUL FOUL FOUL					
--	Kasprzyk, Arsenii		St. Rose		DNS	
--	Gothard, Rylan		St.Edmund		DNS	
--	Newman, Ethan		St.Edmund		DNS	
--	Gomez, Javon		St. Als		DNS	

2024 ECSD Zone 3 - 2024-05-29**Rollie Miles Athletic Park****Results****Boys 100 Metre Dash Senior****8 Advance: Top 2 Each Heat plus Next 4 Best Times**

=====						
ECS Junior H: # 10.93	2008	Alfred Kamara, St. Hilda				
Name	Year	Team	Seed	Prelims	H#	
=====						
Preliminaries						
1 Panda, Jude		St.Edmund		12.10Q	2	
2 Koki, Paul-William		LSL		12.19Q	1	
3 Kamara, Abraham		St.Edmund		12.28Q	1	
4 Martinez Lira, Saul		St Thomas Aquinas		12.45Q	2	
5 Gerris, Jayden		LSL		12.53q	2	
6 Oladunni, Mofe		St. Rose		12.73q	1	
7 Olaore, Daniel		Father Michael Troy		12.74q	2	
8 Raynor, Troy		MARK		12.96q	1	
9 Dudek, Oliver		St. Rose		13.08	2	
10 Aigbe, Uyi		St Thomas Aquinas		13.23	1	
11 Cudzich, Kamil		Father Michael Troy		13.32	1	
12 Getachew, Rae		MARK		13.40	2	
13 Tjerivanga, Ben		St. Als		13.85	1	
14 Bilovytskyi, Yehor		St. Als		14.36	2	

Boys 100 Metre Dash Senior

=====						
ECS Junior H: # 10.93	2008	Alfred Kamara, St. Hilda				
Name	Year	Team	Prelims	Finals	Points	
=====						
Finals						
1 Panda, Jude		St.Edmund	12.10	11.96	10	
2 Kamara, Abraham		St.Edmund	12.28	11.97	8	
3 Gerris, Jayden		LSL	12.53	12.35	6	
4 Olaore, Daniel		Father Michael Troy	12.74	12.50	5	
5 Martinez Lira, Saul		St Thomas Aquinas	12.45	12.74	4	
6 Oladunni, Mofe		St. Rose	12.73	12.89	3	
7 Raynor, Troy		MARK	12.96	13.05	2	
-- Koki, Paul-William		LSL	12.19	DNS		

Boys 200 Metre Dash Senior

=====						
ECS Junior H: # 22.25	2007	Evan Roesch, Louis St Laurent				
Name	Year	Team	Seed	Finals	H#	Points
=====						
1 Olaore, Daniel		Father Michael Troy		25.37	1	10
2 Martinez Lira, Saul		St Thomas Aquinas		25.81	2	8
3 Oladunni, Mofe		St. Rose		25.90	2	6
4 Vertucio, Ryan		LSL		26.05	2	5
5 Gerris, Jayden		LSL		26.22	1	4
6 Pereira, Silva		St.Edmund		26.60	2	3
7 Cudzich, Kamil		Father Michael Troy		27.42	2	2
8 Brody, Leslie		St Thomas Aquinas		27.51	1	1
9 Higman, Connor		MARK		27.84	2	
10 Rudkowski, Hudson		St.Edmund		28.15	1	
11 Getachew, Rae		MARK		28.22	1	
12 Boles, Jaysine		St. Rose		29.36	1	
13 Castaneda, Gerald		Holy Family		30.28	1	
-- Pandya, Krish		Holy Family		DNS	2	
-- Bilovytskyi, Yehor		St. Als		DNS	2	

2024 ECSD Zone 3 - 2024-05-29**Rollie Miles Athletic Park****Results****....Boys 200 Metre Dash Senior**

-- Sindakira, Riyami	St. Als	DNS	1
-- Palsom, Tristan	St Thomas Aquinas	SCR	

Boys 400 Metre Dash Senior

=====				
ECS Junior H: # 52.10	1989	Abi Issac, MF Otterson		
Name	Year	Team	Seed	Finals Points
=====				
1 Vertucio, Ryan		LSL		57.9h 10
2 Moldovan, David		St.Edmund		58.6h 8
3 Dudek, Oliver		St. Rose		1:02.1h 6
4 Thomas, Ahren		MARK		1:10.6h 5
5 Leano, Bryen		Holy Family		1:16.4h 4
6 Canlas, Andrei		Father Michael Troy		1:21.2h 3
-- Martinez Lira, Saul		St Thomas Aquinas		DNS
-- Sindakira, Riyami		St. Als		DNS

Boys 800 Metre Run Senior

=====				
ECS Junior H: # 2:03.17	2016	Andrew Weinkauff, MF Otterson		
Name	Year	Team	Seed	Finals Points
=====				
1 Dowell, Samuel		St. Rose		2:20.1h 10
2 Ferreira, Terrell		St.Edmund		2:24.4h 8
3 Kantor, Gabe		LSL		2:25.2h 6
4 Chorley, Oliver		LSL		2:27.3h 5
5 Goitom, Bruk		MARK		2:33.8h 4
6 Molla, Beamlak		MARK		2:40.4h 3
7 Zahorska, Davyd		St. Als		2:46.9h 2
8 Nguase, UJ		St Thomas Aquinas		2:52.6h 1
9 Kumar, Akash		Father Michael Troy		2:54.2h
-- Szeles, Keane		St.Edmund		DNS
-- Osemeka, Alex		St Thomas Aquinas		DNS
-- Mhtsun, Dilet		St. Als		DNS
-- Owens, George		Father Michael Troy		DNS
-- Gashawtena, Dagem		Holy Family		DNS

Boys 1500 Metre Run Senior

=====				
ECS Junior H: # 4:21.00	1984	John Stanton, JJ Bowlen		
Name	Year	Team	Seed	Finals Points
=====				
1 Dowell, Samuel		St. Rose		4:44.94 10
2 Ferreira, Terrell		St.Edmund		5:00.45 8
3 Goitom, Bruk		MARK		5:24.85 6
4 Swanson, Ethan		St. Rose		5:29.04 5
5 Canning, London		St Thomas Aquinas		5:38.04 4
6 Montoya, Juan		LSL		5:38.55 3
7 Miraglia, Juan		MARK		5:44.13 2
8 Sahota, Harmeet		LSL		5:51.26 1
9 Mhtsun, Dilet		St. Als		6:00.60
10 Maniaol, Jace		St Thomas Aquinas		6:00.64
11 Bwabye, Dalton		St. Als		6:00.93
-- Scherger, Brody		Father Michael Troy		DNF
-- Owens, George		Father Michael Troy		DNS

2024 ECSD Zone 3 - 2024-05-29

Rollie Miles Athletic Park

Results

....Boys 1500 Metre Run Senior

-- Chaput, Julian	St.Edmund	DNS
-- Nyaribo, Joshua	LSL	SCR

Boys 4x100 Metre Relay Senior

ECS Junior H: #	Year	Team	Seed	Finals	Points
46.35	2004	, Maurice Lavallee			
1		St.Edmund 'A'		48.97	10
		1) Pereira, Silva	2) Kamara, Abraham		
		3) Panda, Jude	4) Almeida, Matteo		
2		Louis St. Laurent 2024 'A'		50.16	8
		1) Koki, Paul-William	2) Voss, Levi		
		3) Gerris, Jayden	4) Centeno-Lopez, Mateo		
3		St Thomas Aquinas 'A'		51.04	6
		1) Martinez Lira, Saul	2) Aigbe, Uyi		
		3) Palsom, Tristan	4) Manaois-Dulay, Skye		
4		St. Rose 'A'		51.50	5
5		St. Mark Jr. High School 'A'		51.99	4
		1) Getachew, Rae	2) Raynor, Troy		
		3) Higman, Connor	4) Ballenas, Francis		
6		Father Michael Troy 'A'		53.91	3
		1) Olaore, Daniel	2) Cudzich, Kamil		
		3) Bernal, Maddox	4) Mazzuca, Sandro		
7		St. Alphonsus School 'A'		55.90	2
		1) Truong, Steven	2) Mhtsun, Dilet		
		3) Sindakira, Riyami	4) Tjerivanga, Ben		

Boys High Jump Senior

ECS Junior H: #	Year	Name	Year Team	Seed	Finals	Points
1.83m	2015		Bennett rathje, Louis St Laurent			
1		Raynor, Troy	MARK		1.70m	
		1.30 1.35 1.40 1.45 1.50 1.55 1.60 1.65 1.70 1.85				
		0 0 0 0 0 0 XO 0 XXO XXX				
2		Aigbe, Uyi	St Thomas Aquinas		1.65m	
		1.30 1.35 1.40 1.45 1.50 1.55 1.60 1.65 1.70				
		0 0 0 0 0 0 XO XO XXX				
3		Graves, Thomas	St. Rose		1.60m	
		1.30 1.35 1.40 1.45 1.50 1.55 1.60 1.65				
		0 PO 0 0 0 0 XO XXX				
4		Bumhira, Azariah	LSL		J1.60m	
		1.30 1.35 1.40 1.45 1.50 1.55 1.60 1.65				
		0 0 0 0 XO XO XO XXX				
5		Eriksen, Tanner	LSL		J1.60m	
		1.30 1.35 1.40 1.45 1.50 1.55 1.60 1.65				
		0 0 0 0 0 XO XXO XXX				
6		Tjerivanga, Ben	St. Als		1.50m	
		1.30 1.35 1.40 1.45 1.50 1.55				
		0 XO 0 XO 0 XXX				
6		Barrett, Jireh	St. Als		1.50m	
		1.30 1.35 1.40 1.45 1.50 1.55				
		0 0 XO XO 0 XXX				

2024 ECSD Zone 3 - 2024-05-29

Rollie Miles Athletic Park

Results

....Boys High Jump Senior

8	Hamilton, Isaac	MARK	J1.50m
	1.30 1.35 1.40 1.45 1.50 1.55		
	0 0 XO 0 XXO XXX		
9	Manaois-Dulay, Skye	St Thomas Aquinas	1.45m
	1.30 1.35 1.40 1.45 1.50		
	0 0 0 0 XXX		
9	McKay, Luke	St.Edmund	1.45m
	1.30 1.35 1.40 1.45 1.50		
	0 0 0 0 XXX		
11	Onyedika, Alvin	Father Michael Troy	J1.45m
	1.30 1.35 1.40 1.45 1.50		
	0 0 0 XO XXX		
12	Neufeld, Dalton	St.Edmund	J1.45m
	1.30 1.35 1.40 1.45 1.50		
	0 0 0 XXO XXX		
13	Duque, Vince	Holy Family	J1.45m
	1.30 1.35 1.40 1.45 1.50		
	0 XO 0 XXO XXX		
14	Kabongo, Tyron	Father Michael Troy	1.40m
	1.30 1.35 1.40 1.45		
	0 0 0 XXX		
15	Bogach, Carter	Holy Family	1.35m
	1.30 1.35 1.40		
	XO 0 XXX		
--	Dudek, Oliver	St. Rose	DNS

Boys Long Jump Senior

=====					
ECS Junior H: #	6.31m	2004	Charles Brzerd, Maurice Lavallee		
Name	Year	Team	Seed	Finals	Points
=====					
1	Duque, Vince	Holy Family		5.50m	
	5.50m 4.86m	FOUL 4.84m	4.89m		
2	Bernal, Maddox	Father Michael Troy		5.23m	
	4.94m 5.06m	5.00m 5.23m	5.05m		
3	Aigbe, Uyi	St Thomas Aquinas		5.21m	
	5.00m 5.21m	5.05m 4.87m	FOUL		
4	Neufeld, Dalton	St.Edmund		5.03m	
	4.80m 5.03m	4.90m 5.02m			
5	Coghlan, Ben	St. Rose		5.01m	
	5.01m 4.51m	4.76m 4.75m	FOUL		
6	Raynor, Troy	MARK		4.89m	
	4.66m 4.89m	4.23m FOUL	FOUL		
7	Pereira, Silva	St.Edmund		4.83m	
	4.75m 4.70m	4.83m			
8	Olaore, Daniel	Father Michael Troy		4.80m	
	4.71m 4.71m	4.80m			
9	Kim, Yuhyan	LSL		4.77m	
	FOUL FOUL	4.77m			
10	Dowell, Samuel	St. Rose		4.75m	
	FOUL 4.44m	4.75m			
11	Sindakira, Riyami	St. Als		4.65m	
	4.65m 4.47m	4.59m			
12	Hamidu, Daniel	Holy Family		4.63m	
	4.25m 4.01m	4.63m			

2024 ECSD Zone 3 - 2024-05-29

Rollie Miles Athletic Park

Results

....Boys Long Jump Senior

12 Mack, Jerrold	St. Als	4.63m
4.63m 4.58m 3.99m		
14 Tesfamichael, Pison	MARK	4.49m
4.49m FOUL 4.47m		
-- Manaois-Dulay, Skye	St Thomas Aquinas	DNS
-- Koki, Paul-William	LSL	DNS
-- Ela, Aston	LSL	SCR

Boys Triple Jump Senior

=====					
ECS Junior H: # 12.96m	2015	Magloire Loki, JJ Bowlen			
Name	Year	Team	Seed	Finals	Points
=====					
1 Aigbe, Uyi		St Thomas Aquinas		11.66m	
11.66m 11.39m 11.63m					
2 Olaore, Daniel		Father Michael Troy		11.20m	
10.90m 11.12m 11.20m					
3 Raynor, Troy		MARK		11.02m	
10.48m 10.87m 11.02m					
4 Eriksen, Tanner		LSL		10.99m	
10.36m 10.77m 10.41m	10.99m				
5 Bernal, Maddox		Father Michael Troy		10.95m	
10.76m 10.13m 10.95m	10.54m				
6 Bogach, Carter		Holy Family		10.56m	
10.37m 10.56m 9.84m					
7 Dowell, Samuel		St. Rose		10.53m	
10.53m 10.27m FOUL					
8 Coghlan, Ben		St. Rose		10.26m	
FOUL 9.69m 10.26m					
9 Manaois-Dulay, Skye		St Thomas Aquinas		10.09m	
FOUL FOUL 10.09m					
10 Pereira, Silva		St.Edmund		9.86m	
9.72m 9.86m 9.68m					
11 Pickard, Benjamin		LSL		9.82m	
FOUL 9.82m FOUL					
12 Truong, Steven		St. Als		9.62m	
9.47m FOUL 9.62m					
13 Probert, River		St.Edmund		9.41m	
9.41m 9.10m 9.27m					
14 Velasquez, Raven Marl		MARK		8.64m	
8.64m 8.35m FOUL					
15 Joven-Weers, Wilhelm		St. Als		7.27m	
FOUL 7.27m FOUL					
-- Gashawtena, Dagem		Holy Family		FOUL	
FOUL FOUL FOUL					
-- Ela, Aston		LSL		SCR	

Boys Shot Put Senior

=====					
ECS Junior H: # 15.63m	1973	Hank Ilesic, St Basil			
Name	Year	Team	Seed	Finals	Points
=====					
1 Onyedika, Alvin		Father Michael Troy		11.89m	
11.36m 11.51m 11.27m	11.89m	10.78m	11.50m		

2024 ECSD Zone 3 - 2024-05-29

Rollie Miles Athletic Park

Results

....Boys Shot Put Senior

2	Pickard, Benjamin	LSL							10.77m
	9.25m 9.42m 9.84m	FOUL	9.20m	10.77m					
3	Habash, Laith	St.Edmund							10.66m
	10.66m 10.20m 9.99m	10.05m	9.47m	8.98m					
4	Auton, Cole	LSL							10.52m
	10.42m 10.52m 9.99m	10.22m	9.41m	10.00m					
5	Torjai, Kevin	St Thomas Aquinas							10.24m
	10.24m 9.83m 9.24m	10.03m	9.90m	9.59m					
6	Andrusiak, Michael	St. Rose							9.92m
	FOUL 8.36m 9.92m	9.40m	9.44m	9.61m					
7	Owczarek, Benjamin	St.Edmund							9.65m
	9.18m 9.65m 9.38m								
8	Juranko Paulino, Noah	St. Rose							9.16m
	FOUL 9.16m 8.92m								
9	Tagle, Raleigh	MARK							9.09m
	7.80m 9.09m 9.06m								
10	Bilovytskyi, Yehor	St. Als							8.98m
	FOUL FOUL 8.98m								
11	Adjei, Nana	St Thomas Aquinas							8.91m
	8.77m 8.72m 8.91m								
12	Hamidu, Daniel	Holy Family							8.90m
	8.90m FOUL 8.01m								
13	Black, Luke	Father Michael Troy							7.91m
	7.39m 7.91m 7.63m								
14	Holguin Zapta, Jorge	MARK							7.75m
	7.75m 7.41m								
--	Hillaby, Joseph	Holy Family							DNS

Boys Javelin Throw Senior

=====										
ECS Junior H: #	45.72m	2019	Alexi Dufour, Joseph Moreau							
Name		Year	Team	Seed	Finals	Points				
=====										
1	Eriksen, Tanner		LSL						35.67m	
	33.81m 33.80m	FOUL	31.71m	30.78m	35.67m					
2	Getachew, Rae		MARK						33.81m	
	31.80m 32.91m	30.08m	33.68m	33.81m	24.72m					
3	Andrusiak, Michael		St. Rose						32.64m	
	31.43m 26.36m	26.88m	FOUL	21.90m	32.64m					
4	Dela Reyna, Tyler		MARK						32.61m	
	23.98m 32.61m	29.85m	29.26m	28.66m	27.94m					
5	Bernarte, Thirty		St Thomas Aquinas						30.93m	
	28.16m 19.03m	29.16m	28.01m	30.93m	29.74m					
6	Onyedika, Alvin		Father Michael Troy						30.12m	
	30.12m FOUL	FOUL	FOUL	25.21m	FOUL					
7	Bilovytskyi, Yehor		St. Als						28.30m	
	28.30m 27.19m	27.92m								
8	Farion, Chase		LSL						28.13m	
	2.82m 27.94m	28.13m								
9	Barrett, Jireh		St. Als						27.62m	
	FOUL FOUL	27.62m								
10	Manicdao, Aldrich		Father Michael Troy						27.14m	
	FOUL FOUL	27.14m								
11	Brouse, Ethan		St.Edmund						25.25m	
	24.52m 25.25m	FOUL								

2024 ECSD Zone 3 - 2024-05-29**Rollie Miles Athletic Park****Results****....Boys Javelin Throw Senior**

12	Jose, Andrew	Holy Family	24.70m
	FOUL 22.54m 24.70m		
13	Durrant, Joshua	Holy Family	24.60m
	21.36m 18.30m 24.60m		
14	Juranko Paulino, Noah	St. Rose	24.47m
	24.47m FOUL 14.02m		
15	Manaois-Dulay, Skye	St Thomas Aquinas	24.26m
	24.00m 23.56m 24.26m		
16	Owczarek, Benjamin	St.Edmund	24.08m
	FOUL 24.08m FOUL		