

2026 ECSD Zone 1 - 2026-05-27

Rollie Miles Athletic Park

Meet Summary - Record Breakers Only - All Events

Event #58	Seed	Prelims	Finals
Dominic Coltman - Male - Comp#: 363 - JJ Bowlen #58 Boys Javelin Throw Intermediate ECS Junior H: 39.36m	ND		39.42m (1) * 10

Total Athletes: 1

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Results

Girls 100 Metre Dash Junior

8 Advance: Top 2 Each Heat plus Next 4 Best Times

=====					
ECS Junior H: # 12.24	2017	Joy Vela, St. Nicholas			
Name	Year	Team	Seed	Prelims	H#
=====					
Preliminaries					
1		Angel Sartie	JJ Bowlen	14.22Q	1
2		I. Runner	H.E. Beriault	15.03Q	2
3		Aubriella Heintz	St. Thomas More	14.57Q	1
4		Precious Ajeni	S Annata Brockma	15.07Q	2
5		Violet Markowski	S Annata Brockma	14.76q	1
6		Alzeah Rambano	H.E. Beriault	14.99q	1
7		Graycee Spurrell	St. Thomas More	15.13q	2
8		Tiana Brown	JJ Bowlen	15.21q	2
9		Leah Ojomo	St. Brendan Falcons	15.59	2
10		Anna Ridley	Arch Joseph MacN	15.60	1
11		Joanne Oseghale	Arch Joseph MacN	15.97	2
12		Greta Zakordonski	St. Brendan Falcons	16.24	1
13		RG DeLucaPaquette	St. Catherine	18.92	1
--		Alisa Zipa	St. Catherine	DNS	2

Girls 100 Metre Dash Junior

=====					
ECS Junior H: # 12.24	2017	Joy Vela, St. Nicholas			
Name	Year	Team	Prelims	Finals	Points
=====					
Finals					
1		Angel Sartie	JJ Bowlen	14.22	14.33 10
2		Violet Markowski	S Annata Brockma	14.76	14.40 8
3		Aubriella Heintz	St. Thomas More	14.57	14.45 6
4		Precious Ajeni	S Annata Brockma	15.07	14.55 5
5		Alzeah Rambano	H.E. Beriault	14.99	14.89 4
6		I. Runner	H.E. Beriault	15.03	14.92 3
7		Tiana Brown	JJ Bowlen	15.21	15.09 2
8		Graycee Spurrell	St. Thomas More	15.13	15.44 1

Girls 200 Metre Dash Junior

=====					
ECS Junior H: # 27.20	2009	Chantelle Suitor, Father Michael Troy			
Name	Year	Team	Seed	Finals	H# Points
=====					
1		Angel Sartie	JJ Bowlen	30.14	2 10
2		Adut Aken	S Annata Brockma	30.69	1 8
3		Abigail Bramn	Arch Joseph MacN	30.95	1 6
4		Sophia Rosario	S Annata Brockma	31.52	2 5
5		Alzeah Rambano	H.E. Beriault	31.90	1 4
6		Anna Ridley	Arch Joseph MacN	32.02	2 3
7		Lorea Rudas	H.E. Beriault	32.12	2 2
8		Graycee Spurrell	St. Thomas More	32.20	1 1
9		Nyanuer Reat	JJ Bowlen	32.44	1
10		Karolina Aleksenko	St. Brendan Falcons	33.32	1
11		Isabella Autumn Russell	St. Thomas More	33.92	2
12		Amelia Bourque	St. Brendan Falcons	35.55	2
13		Christina Tsegay	St. Catherine	41.60	1
14		Faith Namwembe	St. Catherine	45.22	2

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Girls 400 Metre Dash Junior

ECS Junior H: # 1:03.37 2011 Gracia Muamba, Joseph Moreau						
Name	Year	Team	Seed	Finals	Points	
1 Abigail Bramn		Arch Joseph MacN		1:12.04	10	
2 Nadja Popov		H.E. Beriault		1:12.60	8	
3 Ella Steverson		St. Thomas More		1:16.30	6	
4 Kandiel Dawit		JJ Bowlen		1:20.07	5	
5 Melia Swinkels-Santo		S Annata Brockma		1:21.47	4	
6 Greta Zakordonski		St. Brendan Falcons		1:34.73	3	

Girls 800 Metre Run Junior

ECS Junior H: # 2:28.62 2012 Madison Margurz-Stricker, Louis St Laurent						
Name	Year	Team	Seed	Finals	Points	
1 Abigail Bramn		Arch Joseph MacN		2:54.31	10	
2 Melia Swinkels-Santo		S Annata Brockma		3:04.40	8	
3 Melina Deprato		St. Brendan Falcons		3:05.78	6	
4 Emily Philipenko		St. Brendan Falcons		3:06.80	5	
5 Scarlet Eckford		S Annata Brockma		3:09.98	4	
6 Ruftana Teweldemedhin		JJ Bowlen		3:12.28	3	
7 Pearl Nordheimer		Arch Joseph MacN		3:21.33	2	
8 Eugenica Eugene		JJ Bowlen		3:26.35	1	
9 Marie France Elisee Noum		St. Thomas More		3:33.95		
10 Keren Kanwai		St. Thomas More		4:30.57		

Girls 1500 Metre Run Junior

ECS Junior H: # 5:03.42 2012 Madison Marguez-Stricker, Louis St Laurent						
Name	Year	Team	Seed	Finals	Points	
1 Melia Swinkels-Santo		S Annata Brockma		6:09.59	10	
2 Pearl Nordheimer		Arch Joseph MacN		6:12.20	8	
3 Melina Deprato		St. Brendan Falcons		6:14.17	6	
4 Scarlet Eckford		S Annata Brockma		6:14.89	5	
5 Ruftana Teweldemedhin		JJ Bowlen		6:36.27	4	
6 Ella Steverson		St. Thomas More		6:46.93	3	
7 Norah Olvera		St. Brendan Falcons		6:58.11	2	
8 Lily Amyott		Arch Joseph MacN		6:58.19	1	
9 Marie France Elisee Noum		St. Thomas More		7:19.83		
10 Eugenica Eugene		JJ Bowlen		7:45.89		

Girls 4x100 Metre Relay Junior

ECS Junior H: # 53.80 2009 , Father Michael troy						
Team	Year	Team	Seed	Finals	Points	
1 Sister Annata Brockman 'A'				58.25	10	
1) Precious Ajeni		2) Violet Markowski				
3) Adut Aken		4) Sophia Rosario				
2 H.E. Beriault 'A'				59.59	8	
1) Alzeah Rambano		2) I. Runner				
3) Lorea Rudas		4) Michelle Huynh				
3 JJ Bowlen 'A'				1:00.16	6	
4 St. Thomas More 'A'				1:00.67	5	

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....Girls 4x100 Metre Relay Junior

1) Aubriella Heintz	2) Graycee Spurrell		
3) Ella Steverson	4) Maki Lagrazon		
5 Archbishop Joseph MacNeil 'A'		1:01.28	4
1) Anna Ridley	2) Joanne Oseghale		
3) Marianna Orozoco	4) Charlie Greekas		
6 St. Brendan Falcons 'A'		1:02.68	3
1) Greta Zakordonski	2) Leah Ojomo		
3) Karolina Aleksenko	4) Melina Deprato		

Girls High Jump Junior

ECS Junior H: # 1.50m 1979		M DeChamplain, St Francis of Assisi		
Name	Year	Team	Seed	Finals Points
1 Rochelle Craus		H.E. Beriault		1.25m 10
1.10 1.15 1.20 1.25 1.30				
O O O XXO XXX				
2 Emily Philipenko		St. Brendan Falcons		1.18m 8
1.10 1.15 1.18 1.20				
O O O XXX				
3 Aubriella Heintz		St. Thomas More		J1.18m 6
1.10 1.15 1.18 1.20				
XO O O XXX				
4 Joanne Oseghale		Arch Joseph MacN		1.15m 5
1.10 1.15 1.18				
O O XXX				
5 Adut Aken		S Annata Brockma		J1.15m 3.50
1.10 1.15 1.18				
O XO XXX				
5 Danika Mantella		JJ Bowlen		J1.15m 3.50
1.10 1.15 1.18				
O XO XXX				
7 Ella Steverson		St. Thomas More		J1.15m 2
1.10 1.15 1.18				
O XXO XXX				
8 Sarah Stang		S Annata Brockma		1.10m 1
1.10 1.15				
XO XXX				
-- Chriselle Browne		H.E. Beriault		NH
1.18				
XXX				
-- Naya Powar		Arch Joseph MacN		DNS
-- Sophia Tallick		JJ Bowlen		DNS

Girls Long Jump Junior

ECS Junior H: # 4.94m 1975		Joanne Orysiuk, St Thomas More		
Name	Year	Team	Seed	Finals Points
1 Rochelle Craus		H.E. Beriault		4.48m 10
4.24m 4.34m 4.23m 4.00m 4.48m 4.47m				
2 Angel Sartie		JJ Bowlen		4.10m 8
4.00m 4.03m FOUL 3.58m 4.10m 3.75m				
3 Abigail Bramn		Arch Joseph MacN		4.05m 6
4.05m 3.66m 3.08m 3.45m 3.36m 3.68m				

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....Girls Long Jump Junior

4	Sophia Rosario	S Annata Brockma	4.04m	5
	4.04m 3.89m 3.90m 3.98m 4.00m 3.88m			
5	Precious Ajeni	S Annata Brockma	3.90m	4
	2.72m 3.90m 3.66m 3.66m 3.49m 3.28m			
6	Karolina Aleksenko	St. Brendan Falcons	3.84m	3
	3.69m 3.84m 3.82m 3.84m 3.80m FOUL			
7	London Almeida	JJ Bowlen	3.81m	2
	3.81m 2.99m 3.73m			
8	S Runner	H.E. Beriault	3.59m	1
	FOUL 3.59m 3.35m			
9	Viktoriiia Simkin	St. Brendan Falcons	3.58m	
	3.55m 3.43m 3.58m			
10	Anna Ridley	Arch Joseph MacN	3.57m	
	3.57m FOUL 3.40m			
11	Payton Thompson	St. Thomas More	3.49m	
	FOUL 3.34m 3.49m			
12	Isabella Autumn Russell	St. Thomas More	2.88m	
	FOUL FOUL 2.88m			
13	Melahier Gebremariam	St. Catherine	2.76m	
	2.71m 2.76m 2.48m			
14	Betiel Tsegay	St. Catherine	2.27m	
	1.70m 2.27m 1.84m			
--	Maki Lagrazon	St. Thomas More	SCR	

Girls Triple Jump Junior

=====						
ECS Junior H: # 10.54m 2019 Carmen Chu, Father Michael Troy						
Name	Year	Team	Seed	Finals	Points	
=====						
1	Angel Sartie	JJ Bowlen		8.86m	10	
	8.86m 8.13m FOUL					
2	Rowan Berry	S Annata Brockma		7.93m	8	
	7.62m 7.93m 7.81m 7.64m 7.72m FOUL					
3	London Almeida	JJ Bowlen		7.90m	6	
	7.39m 6.94m 7.74m 7.86m 7.90m FOUL					
4	Norah Olvera	St. Brendan Falcons		7.73m	5	
	7.73m 6.90m 7.24m 6.71m 6.99m 6.97m					
5	I. Runner	H.E. Beriault		7.60m	4	
	7.56m FOUL 7.60m FOUL 6.79m 7.55m					
6	Amelia Bourque	St. Brendan Falcons		6.95m	3	
	6.72m 6.64m 6.88m 6.79m 6.77m 6.95m					
7	Sarah Stang	S Annata Brockma		6.84m	2	
	6.84m 6.27m 6.21m					
8	Bianca Sarcanean	H.E. Beriault		6.61m	1	
	6.43m FOUL 6.61m					
9	Elysia Ferguson	Arch Joseph MacN		5.80m		
	5.71m 4.88m 5.80m					
--	Nessia Kouame	St. Thomas More		FOUL		
	FOUL FOUL FOUL					
--	Gia Galutan	St. Thomas More		FOUL		
	FOUL FOUL FOUL					

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Girls Shot Put Junior

ECS Junior H: # 11.46m 2002		Alysia Rissling, St Rose				
Name	Year	Team	Seed	Finals	Points	
1 Latifah Karngbaye		JJ Bowlen		7.68m	10	
7.14m 7.17m 7.42m 7.53m 7.11m 7.68m						
2 Payton Thompson		St. Thomas More		7.56m	8	
6.88m 7.09m 7.02m 7.56m 7.52m 6.81m						
3 Gisela-Lyxsen Ebong Ajan		H.E. Beriault		7.40m	6	
7.16m 7.40m 7.09m 7.28m 7.14m 6.98m						
4 Dana Bykewich		St. Brendan Falcons		7.34m	5	
7.34m 6.85m 7.13m 7.30m 6.88m 6.63m						
5 Avery McLachlan		St. Thomas More		7.30m	4	
6.41m 7.20m 7.24m 7.08m 7.12m 7.30m						
6 Michelle Nwosu		S Annata Brockma		7.15m	3	
5.93m 6.81m 7.15m 6.15m 7.08m 5.52m						
7 Rochelle Craus		H.E. Beriault		6.94m	2	
6.73m 6.82m 6.94m						
8 Cassandra Hendrickson		St. Brendan Falcons		6.84m	1	
6.84m 5.09m 5.74m						
9 Isla Egelson		Arch Joseph MacN		6.44m		
6.44m 6.00m 5.54m						
10 Angelina Sears		JJ Bowlen		6.09m		
5.74m 6.09m 4.84m						
11 Mia Mitchel		Arch Joseph MacN		6.02m		
6.02m 5.17m 5.93m						
-- Alisa Zipa		St. Catherine		DNS		
-- Sophia Rosario		S Annata Brockma		DNS		
-- Jasmine Maquilan		St. Catherine		DNS		

Girls Javelin Throw Junior

ECS Junior H: # 26.11m 2018		Madison Maximo, JJ Bowlen				
Name	Year	Team	Seed	Finals	Points	
1 Mila Phosavanh		S Annata Brockma		19.90m	10	
14.81m FOUL 19.90m 15.20m 15.02m 16.61m						
2 Abigail Paras		Arch Joseph MacN		19.35m	8	
12.94m 13.19m 15.51m 15.62m 19.35m 18.02m						
3 Mariah Meakin		H.E. Beriault		18.52m	6	
17.53m FOUL 17.41m 17.22m 18.52m FOUL						
4 Ayesha De Guzman		St. Thomas More		17.80m	5	
16.85m 15.45m 16.03m 17.38m 14.35m 17.80m						
5 Saron Amare		JJ Bowlen		17.24m	4	
17.24m 17.09m FOUL 13.56m 14.13m 8.70m						
6 Sophia Rosario		S Annata Brockma		16.22m	3	
FOUL 13.49m 16.22m FOUL 15.29m 15.65m						
7 Alyssa McElhatton		JJ Bowlen		14.48m	2	
12.21m FOUL 14.48m						
8 Teela Sagun		Arch Joseph MacN		14.01m	1	
12.13m 14.01m 13.86m						
9 Brzyl Qaley Lamaton Quim		St. Thomas More		13.29m		
FOUL 12.42m 13.29m						
10 Dzhennifer Agunenyne		St. Brendan Falcons		12.03m		
FOUL 12.03m 8.85m						

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....Girls Javelin Throw Junior

11	Karolina Aleksenko	St. Brendan Falcons	11.33m
	10.21m 10.46m 11.33m		
12	Rochelle Craus	H.E. Beriault	10.51m
	9.47m 9.63m 10.51m		
--	Heyab Kahsay	St. Catherine	FOUL
	FOUL FOUL FOUL		
--	Skyra Castro	St. Catherine	DNS

Girls 100 Metre Dash Intermediate

8 Advance: Top 2 Each Heat plus Next 4 Best Times

=====
 ECS Junior H: # 12.34 2014 Andrea Jokic, St. Elizabeth Seton
 Name Year Team Seed Prelims H#
 =====

Preliminaries

1	Cassandra Arthur	H.E. Beriault	13.58Q	2
2	Judith Huesca	Arch Joseph MacN	14.22Q	1
3	Rosa Bernard	JJ Bowlen	14.14Q	2
4	Lana Repec	JJ Bowlen	14.24Q	1
5	Marlow Brennan	S Annata Brockma	14.20q	2
6	Anastasia Fedorak	St. Thomas More	14.51q	1
7	Drew Moroskat	St. Thomas More	14.54q	2
8	Aiyana Sowa	Arch Joseph MacN	14.84q	2
9	Samantha Diaz	S Annata Brockma	15.04	1
10	Paisley Sicut	H.E. Beriault	15.13	1
11	Leonita Noumsi	St. Brendan Falcons	16.00	1
12	Atasha De Castro	St. Catherine	16.79	2
13	Savannah Villaluz	Michael McCaffer	16.81	2
--	Anhelina Pershyna	St. Brendan Falcons	DNS	2
--	Anna Shymonia	St. Catherine	DNS	1

Girls 100 Metre Dash Intermediate

=====
 ECS Junior H: # 12.34 2014 Andrea Jokic, St. Elizabeth Seton
 Name Year Team Prelims Finals Points
 =====

Finals

1	Cassandra Arthur	H.E. Beriault	13.58	13.68	10
2	Marlow Brennan	S Annata Brockma	14.20	14.05	8
3	Rosa Bernard	JJ Bowlen	14.14	14.09	6
4	Judith Huesca	Arch Joseph MacN	14.22	14.30	5
5	Anastasia Fedorak	St. Thomas More	14.51	14.56	4
6	Drew Moroskat	St. Thomas More	14.54	14.77	3
7	Aiyana Sowa	Arch Joseph MacN	14.84	15.02	2
8	Lana Repec	JJ Bowlen	14.24	15.76	1

Girls 200 Metre Dash Intermediate

=====
 ECS Junior H: # 26.14 2010 Chantelle Suitor, Father Michael Troy
 Name Year Team Seed Finals H# Points
 =====

1	Cassandra Arthur	H.E. Beriault		28.33	2	10
2	Rosa Bernard	JJ Bowlen		29.52	2	8
3	Drew Moroskat	St. Thomas More		30.03	1	6
4	Ava Lembke	St. Thomas More		30.64	2	5

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...Girls 200 Metre Dash Intermediate

5	Mykayla Malica	JJ Bowlen	30.78	1	4
6	Hailey Nguyen	S Annata Brockma	30.84	1	3
7	Samantha Diaz	S Annata Brockma	31.64	2	2
8	Charlize Stewart	H.E. Beriault	32.34	1	1
9	Chloe Cheung	Arch Joseph MacN	32.79	2	
10	Alexi Mieklejohn	Arch Joseph MacN	33.74	1	
11	Gia Porquiado	St. Catherine	35.66	2	
12	Laura VanderZee	St. Brendan Falcons	36.35	2	
13	Clouie Naman	St. Catherine	37.27	1	
--	Lea Rinhel	St. Brendan Falcons	DNS	1	

Girls 400 Metre Dash Intermediate

=====					
ECS Junior H: # 1:00.85 1997 Jennifer Kemp, Louis St Laurent					
Name	Year	Team	Seed	Finals	Points
=====					
1	Ava Lembke	St. Thomas More		1:11.65	10
2	Chanudi Gunawardena	H.E. Beriault		1:16.64	8
3	Leonita Noumsi	St. Brendan Falcons		1:19.42	6
4	Zoe Galura	S Annata Brockma		1:19.94	5
5	Carly Routhier	Arch Joseph MacN		1:20.61	4
--	Lana Repec	JJ Bowlen		DNS	

Girls 800 Metre Run Intermediate

=====					
ECS Junior H: # 2:23.10 1997 Jennifer Kemp, Louis St Laurent					
Name	Year	Team	Seed	Finals	Points
=====					
1	Niyet Michael	JJ Bowlen		2:56.70	10
2	Natalia Jankovic	JJ Bowlen		3:00.23	8
3	Emily Chapelsky	Arch Joseph MacN		3:00.89	6
4	Julianne Corscadden	St. Thomas More		3:05.06	5
5	Eva Samu	St. Thomas More		3:14.55	4
6	Eva Wilson	Arch Joseph MacN		3:17.24	3
7	Allie Machnik	H.E. Beriault		3:19.98	2
8	Arianna Caillou	S Annata Brockma		3:30.92	1
9	Avery Jackson	St. Brendan Falcons		3:32.47	
10	Amerie Mendoza	S Annata Brockma		3:58.88	
11	Harper Pulles	St. Brendan Falcons		4:15.11	
--	Jill Machnik	H.E. Beriault		DNS	

Girls 1500 Metre Run Intermediate

=====					
ECS Junior H: # 5:06.09 2005 Taylor Patterson, Louis St Laurent					
Name	Year	Team	Seed	Finals	Points
=====					
1	Niyet Michael	JJ Bowlen		6:06.75	10
2	Emily Chapelsky	Arch Joseph MacN		6:31.40	8
3	Kyra Aromin	St. Thomas More		6:46.37	6
4	Taylor Finley	St. Thomas More		8:02.02	5

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Girls 4x100 Metre Relay Intermediate

ECS Junior H: # 52.80 1978		, St Cecilia		Seed	Finals	Points
Team						
1	JJ Bowlen 'A'				57.37	10
2	H.E. Beriault 'A'				57.79	8
	1) Cassandra Arthur	2)	Chanudi Gunawardena			
	3) Allie Machnik	4)	Paisley Sicat			
3	Sister Annata Brockman 'A'				58.40	6
	1) Samantha Diaz	2)	Marlow Brennan			
	3) Molly Mercado	4)	Hailey Nguyen			
4	St. Thomas More 'A'				58.70	5
	1) Anastasia Fedorak	2)	Ava Lembke			
	3) Drew Moroskat	4)	Layla La Duron			
5	Archbishop Joseph MacNeil 'A'				59.51	4
	1) Judith Huesca	2)	Aiyana Sowa			
	3) Chloe Cheung	4)	Isabelllle Krug			
--	St. Brendan Falcons 'A'				DNS	
	1) Leonita Noumsi	2)	Lea Rinhel			
	3) Anhelina Pershyna	4)	Laura VanderZee			

Girls High Jump Intermediate

ECS Junior H: # 1.58m 1980		Jane Plaxton, JH Picard		Seed	Finals	Points
Name	Year	Team				
1	Judith Huesca	Arch Joseph MacN			1.30m	10
	1.15 1.20 1.25 1.30 1.35					
	O O O O XXX					
2	Kate Bautista	Arch Joseph MacN			J1.25m	8
	1.15 1.20 1.25 1.30					
	XO XO O XXX					
3	Marlow Brennan	S Annata Brockma			J1.28m	6
	1.15 1.20 1.24 1.25 1.26 1.28 1.30					Jump off
	P P O XXO O O XXX					
4	Tenny Obe	H.E. Beriault			J1.26m	5
	1.15 1.20 1.24 1.25 1.26 1.28 1.30					Jump off
	O O O XXO O X XXX					
5	Natalie Leng	JJ Bowlen			J1.25m	4
	1.15 1.20 1.24 1.25 1.26 1.28 1.30					Jump off
	O O X XXO X X XXX					
6	Savannah Villaluz	Michael McCaffer			1.15m	2.50
	1.15 1.20					
	O XXX					
6	Chanudi Gunawardena	H.E. Beriault			1.15m	2.50
	1.15 1.20					
	O XXX					
--	Michelle John-Wya	St. Thomas More			NH	
	1.15					
	XXX					
--	Matriana Mongongo	JJ Bowlen			NH	
	1.15					
	XXX					
--	Arianna Caillou	S Annata Brockma			NH	
	1.15					
	XXX					

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Results

...Girls High Jump Intermediate

-- Anastasia Fedorak St. Thomas More DNS

Girls Long Jump Intermediate

ECS Junior H: # 5.30m 2018		Joy Vela, St Nicholas		Seed	Finals	Points
Name	Year	Team				
1 Kate Bautista		Arch Joseph MacN			4.40m	10
4.11m 4.40m 3.96m						
2 Aislinn Burris		JJ Bowlen			4.22m	8
4.17m 3.70m 4.22m 4.11m		4.02m 4.03m				
3 Marlow Brennan		S Annata Brockma			4.18m	6
4.09m 4.18m FOUL 4.00m		4.08m 4.12m				
4 Chloe Cheung		Arch Joseph MacN			4.17m	5
3.78m 3.67m 3.80m FOUL		4.17m FOUL				
5 Allie Machnik		H.E. Beriault			4.09m	4
FOUL 4.09m FOUL 3.88m						
6 Mykayla Malica		JJ Bowlen			4.04m	3
3.73m FOUL 4.04m 3.76m		FOUL 3.91m				
7 Paisley Sicat		H.E. Beriault			3.89m	2
3.68m 3.80m 3.65m 3.64m		3.89m 3.62m				
8 Grace deJong		St. Brendan Falcons			3.79m	1
3.28m 3.72m 3.79m						
9 Drew Moroskat		St. Thomas More			3.75m	
3.75m 3.58m 3.34m						
10 Zoe Galura		S Annata Brockma			3.72m	
3.48m 3.72m 3.69m						
11 Willa Fereday		St. Thomas More			3.69m	
FOUL 3.28m 3.69m						
12 Linda Lebab		St. Catherine			3.41m	
2.43m 3.41m 2.32m						
13 AA DeLucaPaquette		St. Catherine			3.21m	
3.19m 3.21m 2.79m						
-- Diana Sachok		St. Brendan Falcons			DNS	
-- Sofia Cindric		St. Thomas More			SCR	

Girls Triple Jump Intermediate

ECS Junior H: # 10.86m 2018		Madelyn Valpy, St Brendan		Seed	Finals	Points
Name	Year	Team				
1 Aislinn Burris		JJ Bowlen			9.03m	10
8.78m FOUL 8.78m 8.89m		8.59m 9.03m				
2 Allie Machnik		H.E. Beriault			8.94m	8
8.94m FOUL 8.45m 8.31m		8.37m 8.75m				
3 Natalia Jankovic		JJ Bowlen			8.70m	6
8.65m 8.34m 8.36m 8.59m		8.61m 8.70m				
4 Isabelllle Krug		Arch Joseph MacN			8.55m	5
8.44m 8.55m 7.61m 8.12m		8.13m 8.30m				
5 Alexi Mieklejohm		Arch Joseph MacN			8.09m	4
7.86m 7.53m 7.69m 8.09m		7.69m 7.89m				
6 Ama Darko		H.E. Beriault			7.93m	3
7.34m FOUL 7.79m 7.37m		7.93m 7.84m				
7 Drew Moroskat		St. Thomas More			7.72m	2
7.37m 6.94m 7.72m						

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....Girls Triple Jump Intermediate

8	Kyra Aromin	St. Thomas More	7.60m	1
	7.20m 7.60m 7.43m			
9	Hailey Nguyen	S Annata Brockma	6.95m	
	6.78m 6.95m FOUL			
10	AA DeLucaPaquette	St. Catherine	6.63m	
	6.35m 4.88m 6.63m			
11	Elena Hryciw	St. Brendan Falcons	6.39m	
	6.39m 6.22m 6.08m			
--	Sophia Myc	St. Brendan Falcons	DNS	
--	Cassandra Kasha	S Annata Brockma	DNS	

Girls Shot Put Intermediate

ECS Junior H: # 12.28m 1989		Maria Gouveia, JJ Bowlen				
Name	Year	Team	Seed	Finals	Points	
1	Chloe Miranda	H.E. Beriault		10.22m	10	
	9.57m 9.34m 9.71m	10.22m 10.01m 9.33m				
2	Aislinn Burris	JJ Bowlen		9.56m	8	
	7.02m 8.53m 8.46m	9.56m 9.16m 7.55m				
3	Cassandra Kasha	S Annata Brockma		9.08m	6	
	8.97m 9.01m 9.08m	8.97m 8.57m 8.53m				
4	Alexandra Farrell	St. Thomas More		9.06m	5	
	8.53m 9.06m 8.48m	8.35m 7.82m 7.91m				
5	Leonita Noumsi	St. Brendan Falcons		9.05m	4	
	8.68m 8.67m 8.63m	8.90m 8.32m 9.05m				
6	Judith Huesca	Arch Joseph MacN		8.44m	3	
	8.44m 8.03m 7.25m	7.24m 6.99m 7.55m				
7	Jill Machnik	H.E. Beriault		8.05m	2	
	8.05m 7.56m 7.13m					
8	Aiyana Sowa	Arch Joseph MacN		7.88m	1	
	7.34m 7.88m 7.86m					
9	Femin Shiju	St. Catherine		7.28m		
	6.68m 7.28m 7.16m					
10	Raquel Van Hees	JJ Bowlen		7.21m		
	7.02m 6.97m 7.21m					
11	Hannah Zezel	S Annata Brockma		6.50m		
	6.13m 6.34m 6.50m					
12	Vivian Healy	St. Brendan Falcons		6.38m		
	6.13m 5.98m 6.38m					
13	Victoria Alonge	St. Catherine		6.21m		
	6.21m 6.18m 6.06m					
14	Nila Sabu	St. Thomas More		5.32m		
	4.61m 5.32m 5.12m					

Girls Javelin Throw Intermediate

ECS Junior H: # 27.19m 2017		Chyler Figueroa, St Mark				
Name	Year	Team	Seed	Finals	Points	
1	Aislinn Burris	JJ Bowlen		22.29m	10	
	19.55m FOUL 22.29m	13.68m 16.17m 19.10m				
2	Jill Machnik	H.E. Beriault		19.34m	8	
	18.70m 19.34m 17.35m	16.67m 15.73m 18.60m				

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....Girls Javelin Throw Intermediate

3	Raquel Van Hees	JJ Bowlen	19.09m	6
	FOUL	19.09m 14.77m 18.51m 15.51m 18.71m		
4	Willa Fereday	St. Thomas More	17.99m	5
		14.56m 14.03m 17.77m 17.35m 15.33m 17.99m		
5	Ysabella Pasco	S Annata Brockma	17.85m	4
	FOUL	FOUL 17.36m 17.85m 17.58m FOUL		
6	Julia El-Homeira	Arch Joseph MacN	16.87m	3
		16.87m 16.65m 12.19m FOUL 15.56m 11.72m		
7	Cloe Lafleur	S Annata Brockma	16.84m	2
		15.94m 16.84m 16.22m		
8	Michelle John-Wya	St. Thomas More	15.42m	1
		15.42m 13.52m 15.41m		
9	Vivian Healy	St. Brendan Falcons	14.76m	
		11.44m 13.39m 14.76m		
10	Aiyana Sowa	Arch Joseph MacN	14.24m	
	FOUL	FOUL 14.24m FOUL		
11	Ama Darko	H.E. Beriault	13.54m	
		13.54m 10.24m 11.22m		
12	Gia Porquiado	St. Catherine	12.72m	
		11.56m 12.72m FOUL		
13	Grace deJong	St. Brendan Falcons	10.59m	
		10.59m FOUL FOUL		
--	Shaundra Herrera	St. Catherine	FOUL	
	FOUL	FOUL FOUL		

Girls 100 Metre Dash Senior

8 Advance: Top 2 Each Heat plus Next 4 Best Times

ECS Junior H: # 12.08	2013	Gracia Muamba, Joseph Moreau
Name	Year Team	Seed Prelims H#

Preliminaries

1	Lillian Fraser	Michael McCaffer	13.57Q	1
2	Abeer Gharib	JJ Bowlen	13.63Q	2
3	Kylie Bonnett	St. Thomas More	14.03Q	1
4	Aaliyah Angeles	S Annata Brockma	14.11Q	2
5	Rajaa Gharib	JJ Bowlen	14.12q	1
6	Aasha Kothari	Arch Joseph MacN	14.18q	1
7	Arianna Powar	Arch Joseph MacN	14.53q	2
8	Valerie Olatunde	Michael McCaffer	14.66q	2
9	E Runner	H.E. Beriault	14.78	2
10	Molly Watson	S Annata Brockma	14.95	1
11	Adwoa Gyamfi	H.E. Beriault	15.46	1
12	Eva Holinski	St. Brendan Falcons	15.74	1
13	Vanessa Dolabella	St. Brendan Falcons	15.88	2
14	Kelline Abeeza	St. Catherine	16.86	1
15	Davinah Okiror	St. Thomas More	21.34	2

Girls 100 Metre Dash Senior

ECS Junior H: # 12.08	2013	Gracia Muamba, Joseph Moreau
Name	Year Team	Prelims Finals Points

Finals

1	Lillian Fraser	Michael McCaffer	13.57	13.40	10
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Results

...Girls 100 Metre Dash Senior

2	Abeer Gharib	JJ Bowlen	13.63	13.53	8
3	Aasha Kothari	Arch Joseph MacN	14.18	13.66	6
4	Aaliyah Angeles	S Annata Brockma	14.11	13.98	5
5	Kylie Bonnett	St. Thomas More	14.03	14.13	4
6	Rajaa Gharib	JJ Bowlen	14.12	14.26	3
7	Valerie Olatunde	Michael McCaffer	14.66	14.60	2
8	Arianna Powar	Arch Joseph MacN	14.53	16.39	1

Girls 200 Metre Dash Senior

=====					
ECS Junior H: # 25.27 2023		Monica Galouon-Eta, Joseph Moreau			
Name	Year	Team	Seed	Finals	H# Points
=====					
1	Lillian Fraser	Michael McCaffer		28.20	2 10
2	Aasha Kothari	Arch Joseph MacN		29.12	1 8
3	Kylie Bonnett	St. Thomas More		29.34	2 6
4	Ella Yachimec	JJ Bowlen		30.71	2 5
5	Aaliyah Angeles	S Annata Brockma		30.76	1 4
6	Meso Ezeilo	Michael McCaffer		31.42	1 3
7	Ariana Manella	JJ Bowlen		31.81	1 2
8	Natalia Lucas	S Annata Brockma		32.38	2 1
9	Leanza Adolphe	H.E. Beriault		32.54	1
10	Gia Tomasi	Arch Joseph MacN		32.89	2
11	Adwoa Gyamfi	H.E. Beriault		33.32	2
12	Gabriella Okinczyc	St. Brendan Falcons		33.47	1
13	Calista Rasmussen	St. Brendan Falcons		36.98	2
14	Nakayla Ariana Cumberlan	St. Thomas More		39.10	1
--	Kelline Abeeza	St. Catherine		DNS	2

Girls 400 Metre Dash Senior

=====					
ECS Junior H: # 1:00.60 2002		Ashley Patterson, Louis St Laurent			
Name	Year	Team	Seed	Finals	Points
=====					
1	Antonia Rodriguez	JJ Bowlen		1:09.51	10
2	Aasha Kothari	Arch Joseph MacN		1:15.80	8
3	Claire Tran	Michael McCaffer		1:16.15	6
4	Grace Stang	S Annata Brockma		1:18.43	5
5	Princess Damilola Akingb	St. Thomas More		1:38.95	4
6	Leanza Adolphe	H.E. Beriault		1:42.60	3
--	Anastasia Sydor	St. Brendan Falcons		DNS	

Girls 800 Metre Run Senior

=====					
ECS Junior H: # 2:20.53 1998		Jennifer Kemp, Louis St Laurent			
Name	Year	Team	Seed	Finals	Points
=====					
1	Antonia Rodriguez	JJ Bowlen		2:38.28	10
2	Paige Taylor	St. Thomas More		2:39.18	8
3	Lauren Lim	Arch Joseph MacN		2:51.69	6
4	Tiffany Melnychuk	JJ Bowlen		2:57.14	5
5	Finley Anderson	Arch Joseph MacN		3:02.61	4
6	Amy Banman	S Annata Brockma		3:10.64	3
7	Grace Stang	S Annata Brockma		3:15.80	2
8	Shaneecea Matthews	H.E. Beriault		3:16.95	1

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....Girls 800 Metre Run Senior

-- Ebuwa Elaiho St. Thomas More DNS

Girls 1500 Metre Run Senior

ECS Junior H: # 4:59.83 2011 Hannah Leggatt, HE Beriault						
Name	Year	Team	Seed	Finals	Points	
1 Paige Taylor		St. Thomas More		5:45.40	10	
2 Lauren Lim		Arch Joseph MacN		5:54.37	8	
3 Stephanie Rootsart		Arch Joseph MacN		5:57.78	6	
4 Tiffany Melnychuk		JJ Bowlen		6:11.93	5	
5 Aliyah Hildebrandt		S Annata Brockma		7:15.65	4	
6 Sofiia Fedko		St. Brendan Falcons		9:10.70	3	
-- Grace Stang		S Annata Brockma			DNF	

Girls 4x100 Metre Relay Senior

ECS Junior H: # 51.71 2008 , St Rose						
Team	Seed	Finals	Points			
1 Archbishop Joseph MacNeil 'A'		55.16	10			
1) Aasha Kothari				2) Angela Labarca Flores		
3) Arianna Powar				4) Addison Doohan		
2 JJ Bowlen 'A'		55.56	8			
3 Sister Annata Brockman 'A'		57.28	6			
1) Aaliyah Angeles				2) Amy Banman		
3) Alicia Ininahazwe				4) Molly Watson		
4 Father Michael McCaffery 'A'		57.38	5			
1) Lillian Fraser				2) Valerie Olatunde		
3) Meso Ezeilo				4) Ames Milton		
5 H.E. Beriault 'A'		59.71	4			
1) E Runner				2) Leanza Adolphe		
3) Adwoa Gyamfi				4) Clarissa Brewer		
6 St. Thomas More 'A'		59.83	3			
1) Paige Taylor				2) Kylie Bonnett		
3) Davinah Okiror				4) Nakayla Ariana Cumberland		
7 St. Brendan Falcons 'A'		1:02.62	2			
1) Eva Holinski				2) Gabriella Okinczyc		
3) Kateryna Zavoyovska				4) Vanessa Dolabella		

Girls High Jump Senior

ECS Junior H: # 1.58m 1977 R Godlowski, St Cecilia						
Name	Year	Team	Seed	Finals	Points	
1 Alicia Ininahazwe		S Annata Brockma		1.40m	10	
1.20 1.25 1.30 1.35 1.40 1.45						
O XO O XO O XXX						
2 Addison Doohan		Arch Joseph MacN		J1.40m	8	
1.20 1.25 1.30 1.35 1.40 1.45						
O O O XO XO XXX						
3 Sofia Jankovic		JJ Bowlen		J1.40m	6	
1.20 1.25 1.30 1.35 1.40 1.45						
O XO XO XO XXO XXX						

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Results

....Girls High Jump Senior

4	Arianna Powar	Arch Joseph MacN	1.35m	5
	1.20 1.25 1.30 1.35 1.40			
	O O O O XXX			
5	Valerie Olatunde	Michael McCaffer	1.30m	3.50
	1.20 1.25 1.30 1.35			
	O O O XXX			
5	Kuiyrun Reat	JJ Bowlen	1.30m	3.50
	1.20 1.25 1.30 1.35			
	O O O XXX			
7	P Runner	H.E. Beriault	1.25m	1.50
	1.20 1.25 1.30			
	O O XXX			
7	Aaliyah Angeles	S Annata Brockma	1.25m	1.50
	1.20 1.25 1.30			
	O O XXX			
9	Davinah Okiror	St. Thomas More	J1.25m	
	1.20 1.25 1.30			
	O XXO XXX			
--	Scarlett Bowlen Henry	St. Thomas More	NH	
	1.20			
	XXX			

Girls Long Jump Senior

=====									
ECS Junior H: # 5.40m 2019 Joy Vela, St. Nicholas									
Name	Year	Team	Seed	Finals	Points				
=====									
1	Abeer Gharib	JJ Bowlen		4.67m	10				
	4.50m 4.44m 4.44m 4.60m 4.67m	FOUL							
2	Aaliyah Angeles	S Annata Brockma		4.59m	8				
	4.08m 4.59m 3.95m 4.08m 4.36m 4.43m								
3	Arianna Powar	Arch Joseph MacN		4.39m	6				
	4.15m 3.94m 4.09m 4.39m 4.31m 4.22m								
4	Adjoa Torpey	Michael McCaffer		4.34m	5				
	4.34m 3.73m 4.10m 3.89m 3.45m 4.19m								
5	Alicia Ininahazwe	S Annata Brockma		4.24m	4				
	4.08m 4.24m 3.94m 4.07m 3.70m 4.01m								
6	Paige Taylor	St. Thomas More		4.09m	3				
	FOUL 4.09m 4.07m 3.92m 3.93m 3.80m								
7	Eva Holinski	St. Brendan Falcons		3.90m	2				
	3.33m 3.75m 3.90m								
8	Lily Teslyk	H.E. Beriault		3.87m	1				
	3.87m 3.76m 3.77m								
9	Kate Martinig	St. Thomas More		3.69m					
	FOUL FOUL 3.69m								
10	Finley Anderson	Arch Joseph MacN		3.67m					
	3.67m 3.56m 3.43m								
11	Kelline Abeeza	St. Catherine		3.66m					
	3.63m 3.54m 3.66m								
12	Vanessa Dolabella	St. Brendan Falcons		3.54m					
	3.38m 3.54m 3.51m								
--	Ariana Manella	JJ Bowlen		FOUL					
	FOUL FOUL FOUL								
--	P Runner	H.E. Beriault		DNS					

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Girls Triple Jump Senior

ECS Junior H: # 11.35m		2019		Madelyn Valpy, St. Brendan				
Name	Year	Team	Seed	Finals	Points			
1	Abeer Gharib	JJ Bowlen		10.12m	10			
	10.09m 9.58m 9.88m 9.97m 10.03m 10.12m							
2	Rajaa Gharib	JJ Bowlen		9.34m	8			
	9.14m 9.26m 9.12m 8.93m 9.34m 9.28m							
3	Paige Taylor	St. Thomas More		9.28m	6			
	8.95m 9.28m 8.75m 8.93m 9.05m 8.94m							
4	Scarlett Bowlen Henry	St. Thomas More		9.27m	5			
	9.27m 8.84m FOUL							
5	Angela Labarca Flores	Arch Joseph MacN		9.08m	4			
	FOUL 9.08m FOUL 8.98m FOUL FOUL							
6	Gia Tomasi	Arch Joseph MacN		8.86m	3			
	8.29m 8.33m 8.86m FOUL 8.29m 8.79m							
7	Amy Banman	S Annata Brockma		8.64m	2			
	8.32m 8.64m 8.38m							
8	Molly Watson	S Annata Brockma		8.19m	1			
	7.99m FOUL 8.19m							
9	Calista Rasmussen	St. Brendan Falcons		7.62m				
	FOUL 7.08m 7.62m							
10	Doreen Quansah	H.E. Beriault		7.09m				
	6.98m 7.09m 6.93m							
11	Eva Holinski	St. Brendan Falcons		6.88m				
	FOUL 6.88m 6.57m							

Girls Shot Put Senior

ECS Junior H: # 12.86m		2026-05-29		Rejoice Godwin, Holy Family				
Name	Year	Team	Seed	Finals	Points			
1	Amy Banman	S Annata Brockma		9.50m	10			
	8.46m 8.91m 8.45m 8.38m 9.19m 9.50m							
2	Michelle Anusium	Arch Joseph MacN		9.12m	8			
	8.90m 9.00m 8.13m 9.12m 8.21m							
3	Antoinette Adolupo	JJ Bowlen		8.89m	6			
	8.72m 8.58m 8.89m 8.38m 8.22m 8.74m							
4	P Runner	H.E. Beriault		8.56m	5			
	7.96m 7.89m 8.11m 6.90m 8.56m 7.96m							
5	Alicia Ininahazwe	S Annata Brockma		8.08m	4			
	8.08m 8.07m 7.21m 7.78m 6.54m 8.05m							
6	Clara Nkake Lobe	St. Catherine		7.72m	3			
	7.38m 7.33m 7.72m FOUL 7.64m 7.49m							
7	Iryna Goral	St. Brendan Falcons		7.45m	2			
	6.08m 7.45m 7.10m							
8	Zoe Kourouniotis	Arch Joseph MacN		7.38m	1			
	6.97m 7.38m 7.08m							
9	Emily Cobb	St. Thomas More		7.37m				
	7.00m 7.37m 7.28m							
10	Leana Bdeih	JJ Bowlen		7.28m				
	7.28m 6.74m 6.41m							
11	Kelline Abeeza	St. Catherine		7.20m				
	6.77m 7.20m 6.84m							
12	Vanessa Dolabella	St. Brendan Falcons		7.12m				
	7.12m 6.78m 6.56m							

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Results

....Girls Shot Put Senior

13 Davinah Okiror	St. Thomas More	7.08m
7.00m 7.08m 6.60m		
-- E Runner	H.E. Beriault	DNS

Girls Javelin Throw Senior

ECS Junior H: # 37.02m 2023		Sylvie Berg, Holy Cross		Seed	Finals	Points
Name	Year	Team				
1 Michelle Anusium		Arch Joseph MacN			23.87m	10
21.53m 21.90m 20.84m		FOUL 13.93m 23.87m				
2 Amy Banman		S Annata Brockma			23.76m	8
23.29m 22.00m 20.20m		23.76m 19.31m 17.44m				
3 Caitlin Fortowsky		S Annata Brockma			19.87m	6
17.33m 19.87m 18.23m		17.67m 15.56m 18.64m				
4 Vivian Porter		Arch Joseph MacN			19.28m	5
14.76m 18.74m 15.49m		17.34m FOUL 19.28m				
5 P Runner		H.E. Beriault			18.62m	4
15.30m FOUL 12.20m		17.74m 17.42m 18.62m				
6 Ebuwa Elaiho		St. Thomas More			16.43m	3
16.43m 12.18m 10.12m		15.37m 13.09m 11.96m				
7 Davinah Okiror		St. Thomas More			15.06m	2
15.06m 9.80m 12.38m						
8 Antoinette Adolupo		JJ Bowlen			14.82m	1
14.82m 12.61m 13.87m						
9 E Runner		H.E. Beriault			14.16m	
12.55m 13.19m 14.16m						
10 Leana Bdeih		JJ Bowlen			12.82m	
10.13m 11.84m 12.82m						
11 Karolina Agunyenye		St. Brendan Falcons			10.24m	
9.40m 10.24m 9.30m						
12 Makatendeka Mavhunga		St. Catherine			8.27m	
FOUL FOUL 8.27m						
-- Anastasia Sydor		St. Brendan Falcons			FOUL	
FOUL FOUL FOUL						

Boys 100 Metre Dash Junior

8 Advance: Top 2 Each Heat plus Next 4 Best Times

ECS Junior H: # 11.63 2007		Michael King McKenzie, Sir John Thompson		Seed	Prelims	H#
Name	Year	Team				
Preliminaries						
1 Augustine Paziuk		St. Thomas More			12.96Q	2
2 David Sendel		St. Catherine			13.27Q	1 13.266
3 Emmanuel Danjuma		St. Catherine			13.27Q	2 13.268
4 Sean Kaizer Carpio		St. Thomas More			13.58Q	1
5 Olamide Oladapo		JJ Bowlen			13.46q	2
6 Owoicholoyi Obirikwu		H.E. Beriault			13.77q	1
7 Joshua Robles Ramirez		St. Brendan Falcons			14.13q	2
8 Ezra Lucas		H.E. Beriault			14.16q	2
9 Apollo Dalera		JJ Bowlen			14.23	1
10 Mark Alkhhytar		Arch Joseph MacN			14.49	2
11 Brume Vwakpor		Arch Joseph MacN			15.02	1
-- Lesner Guerzon		S Annata Brockma			DNS	1

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Results

...Boys 100 Metre Dash Junior

-- Fernando Calderon-Ceja	St. Brendan Falcons	DNS	1
-- Juanito Olaivar	S Annata Brockma	DNS	2

Boys 100 Metre Dash Junior

=====

ECS Junior H: # 11.63 2007 Michael King McKenzie, Sir John Thompson

Name	Year Team	Prelims	Finals	Points
------	-----------	---------	--------	--------

=====

Finals

1 Augustine Paziuk	St. Thomas More	12.96	12.82	10	
2 David Sendel	St. Catherine	13.27	13.17	8	
3 Emmanuel Danjuma	St. Catherine	13.27	13.22	6	
4 Olamide Oladapo	JJ Bowlen	13.46	13.44	5	
5 Sean Kaizer Carpio	St. Thomas More	13.58	13.64	4	
6 Ezra Lucas	H.E. Beriault	14.16	13.81	3	13.809
7 Owoicholoyi Obirikwu	H.E. Beriault	13.77	13.81	2	13.810
8 Joshua Robles Ramirez	St. Brendan Falcons	14.13	14.48	1	

Boys 200 Metre Dash Junior

=====

ECS Junior H: # 24.49 2008 Emmanuel Nuski, Maurice Lavalee

Name	Year Team	Seed	Finals	H#	Points
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=====

1 Augustine Paziuk	St. Thomas More		26.74	1	10
2 Olamide Oladapo	JJ Bowlen		27.94	2	8
3 Juanito Olaivar	S Annata Brockma		28.23	2	6
4 Ezra Lucas	H.E. Beriault		28.34	2	5
5 Owoicholoyi Obirikwu	H.E. Beriault		28.98	1	4
6 Sean Dowlling	Arch Joseph MacN		29.56	2	3
7 Lucas Afonso	JJ Bowlen		29.57	1	2
8 Kingston Kim-Moyls	Arch Joseph MacN		29.91	1	1
9 Leon Kimery	St. Brendan Falcons		30.05	1	
10 Joshua Chan	St. Thomas More		31.47	2	
11 Fernando Calderon-Ceja	St. Brendan Falcons		32.00	2	
12 Ghislain Ngenzi Bigirima	St. Catherine		34.00	2	
13 Matan Ghirmay	St. Catherine		35.81	1	
-- Xander Okeymow	S Annata Brockma		DNS	1	
-- Tai Filipe-Nguyen	JJ Bowlen		SCR		
-- Bryden Andogan	St. Thomas More		SCR		

Boys 400 Metre Dash Junior

=====

ECS Junior H: # 55.81 1990 John Corpuz, Holy Family

Name	Year Team	Seed	Finals	Points
------	-----------	------	--------	--------

=====

1 Hayden Bauer	JJ Bowlen		1:05.70	10
2 Dreyster Canete	S Annata Brockma		1:06.73	8
3 Sean Dowlling	Arch Joseph MacN		1:08.77	6
4 Liam Golveo	St. Thomas More		1:09.99	5
5 Joshua Robles Ramirez	St. Brendan Falcons		1:10.07	4
6 Mark Cruz	H.E. Beriault		1:21.63	3

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Rollie Miles Athletic Park

Results

Boys 800 Metre Run Junior

ECS Junior H: # 2:15.00 1981 Ray Deane, St. Cecilia						
Name	Year	Team	Seed	Finals	Points	
1 Lucas Afonso		JJ Bowlen		2:39.72	10	
2 Hayden Bauer		JJ Bowlen		2:40.99	8	
3 Jedidiah Nwankwo		H.E. Beriault		2:43.83	6	
4 Austin Kemp		Arch Joseph MacN		2:51.91	5	
5 Gabriel De Leon		St. Thomas More		2:54.74	4	
6 Rylie Bush		St. Thomas More		2:55.43	3	
7 Evan Loeffler		S Annata Brockma		2:55.52	2	
8 Carlo Baguio		H.E. Beriault		3:02.49	1	
9 Ben Nordheimer		Arch Joseph MacN		3:03.52		
10 John Kreptul		St. Brendan Falcons		3:08.96		
-- Matviy Kostyuk		St. Brendan Falcons			DNS	

Boys 1500 Metre Run Junior

ECS Junior H: # 4:46.40 1982 Ray Deane, St Cecilia						
Name	Year	Team	Seed	Finals	Points	
1 Thomas Hannallah		Arch Joseph MacN		5:44.65	10	
2 Bentley Ilg		St. Thomas More		5:50.09	8	
3 Carlo Baguio		H.E. Beriault		5:53.96	6	
4 Ayomipo Emmanuel Juba		St. Thomas More		5:57.68	5	
5 Sam Teklehaimanot		JJ Bowlen		6:04.02	4	
6 Dshawn Kuhanga		H.E. Beriault		6:17.00	3	
7 Zack Ruecker		JJ Bowlen		6:34.97	2	
8 Willem Ostapowichc		Arch Joseph MacN		6:59.94	1	
-- Trey Francisco		St. Brendan Falcons			DNF	
-- Enzo Rosin		St. Brendan Falcons			DNS	

Boys 4x100 Metre Relay Junior

ECS Junior H: # 50.64 2018 , St Nicholas						
Team	Year	Team	Seed	Finals	Points	
1 St. Thomas More 'A'				55.04	10	
1) Augustine Paziuk		2) Sean Kaizer Carpio				
3) Gavin Emeril Boceta		4) Giel Nyang				
2 Sister Annata Brockman 'A'				56.49	8	
1) Juanito Olaiivar		2) Lesner Guerzon				
3) Xander Okeymow		4) James Esplana				
3 H.E. Beriault 'A'				57.73	6	
1) Ezra Lucas		2) Owoicholoyi Obirikwu				
3) J. Runner		4) Jackson Richards				
4 Archbishop Joseph MacNeil 'A'				59.04	5	
1) Mark Alkhytar		2) Kingston Kim-Moyls				
3) Levi Giraudier		4) Brume Vwakpor				
5 JJ Bowlen 'A'				59.10	4	
6 St. Brendan Falcons 'A'				1:00.93	3	
1) Joshua Robles Ramirez		2) Leon Kimery				
3) Fernando Calderon-Ceja		4) Dmytro Bezbarodov				

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Results

Boys High Jump Junior

ECS Junior H: # 1.66m 2004		Athiey Lwal, JJ Bowlen				
Name	Year	Team	Seed	Finals	Points	
1 Jedidiah Nwankwo		H.E. Beriault		1.35m	10	
1.20 1.25 1.30 1.35 1.40						
O O XXO XO XXX						
2 Ben Nordheimer		Arch Joseph MacN		J1.35m	8	
1.20 1.25 1.30 1.35 1.40						
O XO O XXO XXX						
3 Ansler Nunez Torres		S Annata Brockma		1.30m	6	
1.20 1.25 1.30 1.35						
O XXO XO XXX						
4 Brume Vwakpor		Arch Joseph MacN		J1.30m	5	
1.20 1.25 1.30 1.35						
O XO XXO XXX						
5 Aaden Phillips		St. Thomas More		1.25m	4	
1.20 1.25 1.30						
XO XO XXX						
6 Keeno Montero		H.E. Beriault		J1.25m	3	
1.20 1.25 1.30						
XXO XXO XXX						
7 Jedan Bautista		S Annata Brockma		1.20m	1.50	
1.20 1.25						
XO XXX						
7 Ayomipo Emmanuel Juba		St. Thomas More		1.20m	1.50	
1.20 1.25						
XO XXX						
9 Emmanuel Danjuma		St. Catherine		J1.20m		
1.20 1.25						
XXO XXX						
-- Naod Tesfagabr		JJ Bowlen		DNS		

Boys Long Jump Junior

ECS Junior H: # 5.62m 1986		Mark Grozic, St Cecilia				
Name	Year	Team	Seed	Finals	Points	
1 Augustine Paziuk		St. Thomas More		5.49m	10	
5.22m FOUL FOUL 5.15m FOUL 5.49m						
2 Liam Golveo		St. Thomas More		4.51m	8	
FOUL 4.51m 4.33m						
3 David Sendel		St. Catherine		4.44m	6	
FOUL 4.44m 4.10m						
4 Apollo Dalera		JJ Bowlen		4.31m	5	
4.24m 4.19m 2.90m 4.31m FOUL 4.19m						
5 Xander Okeymow		S Annata Brockma		4.26m	4	
4.24m 3.74m 3.46m 3.92m 4.26m 3.99m						
6 Lucas Afonso		JJ Bowlen		4.16m	3	
4.06m 4.06m 3.98m 4.16m 4.16m 4.07m						
7 Jonathan Tshilombo		S Annata Brockma		4.04m	2	
FOUL 3.94m 4.04m						
8 Samuel Adebola		St. Catherine		3.99m	1	
3.95m FOUL 3.99m						
9 Sean Dowlling		Arch Joseph MacN		3.92m		
FOUL FOUL 3.92m						

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Results

....Boys Long Jump Junior

10 Kwaku Darko	H.E. Beriault	3.80m
FOUL 3.68m 3.80m		
11 R. Runner	H.E. Beriault	3.67m
3.67m 3.60m FOUL		
12 John Kreptul	St. Brendan Falcons	3.45m
3.43m 3.35m 3.45m		
13 Oleh Vivhar	St. Brendan Falcons	3.10m
3.10m 2.76m FOUL		
-- Mark Alkhhytar	Arch Joseph MacN	DNS
-- Tai Filipe-Nguyen	JJ Bowlen	SCR

Boys Triple Jump Junior

ECS Junior H: # 11.92m 2024 Stephen Labeodan, St. Thomas Aquinas						
Name	Year	Team	Seed	Finals	Points	
1 Augustine Paziuk		St. Thomas More		10.30m	10	
10.10m 9.86m FOUL 10.30m						
2 Olamide Oladapo		JJ Bowlen		9.61m	8	
9.53m 9.61m FOUL 9.51m FOUL FOUL						
3 Ezra Lucas		H.E. Beriault		9.53m	6	
9.40m 9.53m 9.27m						
4 Hayden Bauer		JJ Bowlen		9.51m	5	
9.51m 9.40m 8.90m 9.15m FOUL FOUL						
5 Jedidiah Nwankwo		H.E. Beriault		8.69m	4	
8.69m 7.91m FOUL FOUL FOUL FOUL						
6 Craig Rasmussen		St. Brendan Falcons		7.49m	3	
FOUL 5.80m 7.49m FOUL						
7 Bentley Ilg		St. Thomas More		7.13m	2	
7.13m FOUL FOUL						
8 Mark Alkhhytar		Arch Joseph MacN		6.60m	1	
FOUL 6.60m FOUL						
-- Aexender Stolz		Arch Joseph MacN		DNS		

Boys Shot Put Junior

ECS Junior H: # 12.77m 2004 Carlington Thomas, St Elizabeth Seton						
Name	Year	Team	Seed	Finals	Points	
1 Patrick McDonald		JJ Bowlen		9.78m	10	
9.03m 9.43m 8.37m 9.08m 9.69m 9.78m						
2 Kwaku Darko		H.E. Beriault		9.01m	8	
8.44m 9.01m 8.99m 8.85m 8.49m 8.33m						
3 Harvey Lameman		H.E. Beriault		8.48m	6	
8.38m 8.48m 8.09m 7.59m 8.05m 8.24m						
4 David Sendel		St. Catherine		7.33m	5	
7.33m 7.13m						
5 Cameron Tanduyan		St. Thomas More		7.28m	4	
6.76m 7.28m 6.40m FOUL 5.88m 5.96m						
6 Aexender Stolz		Arch Joseph MacN		7.16m	3	
6.78m 6.77m 6.96m 6.86m 7.16m 6.74m						
7 Trey Francisco		St. Brendan Falcons		6.88m	2	
6.88m 5.17m 5.04m						
8 Emmanuel Danjuma		St. Catherine		6.85m	1	
6.85m 6.36m 6.65m						

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Results

....Boys Shot Put Junior

9	Cohen Brimacombe	Arch Joseph MacN	6.66m
	6.66m 6.10m 6.22m		
10	Jonathan Tshilombo	S Annata Brockma	6.59m
	6.34m 5.38m 6.59m		
11	Lucas Spence	St. Thomas More	6.24m
	6.01m 6.24m 6.04m		
12	Easton DeBaie	S Annata Brockma	5.81m
	5.81m 5.58m FOUL		
13	Jackson Kuntz	St. Brendan Falcons	5.50m
	5.42m 5.50m 5.25m		
--	Zane Dennehy	St. Thomas More	SCR

Boys Javelin Throw Junior

=====						
ECS Junior H: #	34.88m	2024	Cristiano Lucyschyn, J J Bowlen			
Name	Year	Team	Seed	Finals	Points	
=====						
1	Olamide Oladapo	JJ Bowlen		24.61m	10	
	24.22m 15.15m 18.63m	24.61m 21.47m 24.40m				
2	Thomas Boyd	Arch Joseph MacN		24.35m	8	
	16.85m 23.01m 24.35m	22.91m 23.89m 21.75m				
3	Xander Okeymow	S Annata Brockma		21.50m	6	
	20.64m 18.73m 14.12m	21.23m 21.50m 20.81m				
4	Ansler Nunez Torres	S Annata Brockma		20.92m	5	
	18.87m 18.01m 19.79m	18.84m 20.17m 20.92m				
5	Dominic Vladicka	St. Thomas More		20.87m	4	
	18.06m 20.87m 16.53m	17.24m 17.52m 18.90m				
6	Menkem Wosen Esak	St. Catherine		19.83m	3	
	18.11m 19.39m 16.92m	19.07m 16.80m 19.83m				
7	Kwaku Darko	H.E. Beriault		18.29m	2	
	17.99m 14.56m 18.29m					
8	Jose Cuevas Diaz	St. Brendan Falcons		17.55m	1	
	13.47m 16.55m 17.55m					
9	Israel Ngako Noubissie	H.E. Beriault		17.17m		
	14.14m 17.17m 15.94m					
10	Levi Giraudier	Arch Joseph MacN		17.06m		
	13.44m FOUL 17.06m					
11	Samuel Adebola	St. Catherine		16.19m		
	12.77m 12.78m 16.19m					
12	Ostap Karpynskyj	St. Brendan Falcons		16.03m		
	11.90m FOUL 16.03m					
13	Wesam Addali	St. Thomas More		15.43m		
	FOUL 15.43m 13.57m					
--	Tai Filipe-Nguyen	JJ Bowlen		DNS		
--	Tony Lagrazon	St. Thomas More		SCR		

Boys 100 Metre Dash Intermediate

8 Advance: Top 2 Each Heat plus Next 4 Best Times

=====						
ECS Junior H: #	11.10	1988	Abi Issac, JJ Bowlen			
Name	Year	Team	Seed	Prelims	H#	
=====						
Preliminaries						
1	Dominic Coltman	JJ Bowlen		12.24Q	1	
2	T Runner	H.E. Beriault		12.37Q	2	

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...Boys 100 Metre Dash Intermediate

3	Cameron Kirkup	Arch Joseph MacN	12.59Q	1
4	Noah Baker	JJ Bowlen	13.13Q	2
5	Joshua Timothy Lartey	St. Thomas More	12.81q	1
6	Oghosa Osagie	H.E. Beriault	12.84q	1
7	Steven Inocencio	St. Catherine	12.87q	1
8	Darren Emesiobi	Michael McCaffer	13.27q	1
9	Ethan Nabozniak	St. Thomas More	13.45	2
10	Keith Capudoy	S Annata Brockma	13.71	2
11	Colby Lacey	S Annata Brockma	13.77	1
12	Paul Olajide	Arch Joseph MacN	13.95	2
13	Anthony Suchevan	St. Brendan Falcons	14.35	1
14	Miguel Anderson	St. Brendan Falcons	14.37	2
--	Nebi Hidrimicael	St. Catherine	DNS	2

Boys 100 Metre Dash Intermediate

=====

ECS Junior H: # 11.10	1988	Abi Issac, JJ Bowlen			
Name	Year	Team	Prelims	Finals	Points

=====

Finals

1	Dominic Coltman	JJ Bowlen	12.24	12.20	10
2	T Runner	H.E. Beriault	12.37	12.32	8
3	Cameron Kirkup	Arch Joseph MacN	12.59	12.53	6
4	Joshua Timothy Lartey	St. Thomas More	12.81	12.71	5
5	Oghosa Osagie	H.E. Beriault	12.84	12.83	4
6	Noah Baker	JJ Bowlen	13.13	13.05	3
7	Ethan Nabozniak	St. Thomas More	13.45	13.24	2
8	Keith Capudoy	S Annata Brockma	13.71	13.90	1

Boys 200 Metre Dash Intermediate

=====

ECS Junior H: # 23.68	2008	Michael King McKenzie, Sir John Thompson			
Name	Year	Team	Seed	Finals	H# Points

=====

1	Dominic Coltman	JJ Bowlen		25.15	2	10
2	Oghosa Osagie	H.E. Beriault		26.14	1	8
3	Vladimir Silvestre	S Annata Brockma		27.48	2	6
4	Kyle Simeon	JJ Bowlen		27.85	1	5
5	Keith Capudoy	S Annata Brockma		29.21	1	4
6	Arlo Pichette	Arch Joseph MacN		30.37	1	3
7	Owen Ambrosie	St. Brendan Falcons		32.06	1	2
--	Emmanuel Djondang Vaitch	St. Thomas More		DQ	2	out of lane
--	Ferenc Puskas	St. Brendan Falcons		DNS	2	
--	Nebi Hidrimicael	St. Catherine		DNS	1	
--	Paul Olajide	Arch Joseph MacN		DNS	2	
--	Joshua Timothy Lartey	St. Thomas More		DNS	1	
--	Kian Gross	H.E. Beriault		DNS	2	
--	Johann Escuro	St. Catherine		DNS	2	

Boys 400 Metre Dash Intermediate

=====

ECS Junior H: # 53.65	1988	Abi Issac, JJ Bowlen			
Name	Year	Team	Seed	Finals	Points

=====

1	Zaidan Freckleton	JJ Bowlen		1:00.95	10
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Results

...Boys 400 Metre Dash Intermediate

2	Ethan Banasig	St. Thomas More	1:04.08	8
3	Temi George	S Annata Brockma	1:08.85	6
4	Opemipo Omoniya	Arch Joseph MacN	1:09.97	5
5	Vladyslav Kuznetsov	St. Brendan Falcons	1:16.87	4
--	Kian Gross	H.E. Beriault	DNS	
--	Steven Kourunkudi	Arch Joseph MacN	SCR	
--	Emmanuel Djondang Vaitch	St. Thomas More	SCR	

Boys 800 Metre Run Intermediate

ECS Junior H: # 2:08.57 2003 Joel Lauzon, JJ Bowlen					
Name	Year	Team	Seed	Finals	Points
1	Enzo Wilson	Arch Joseph MacN		2:21.04	10
2	Meron Abraham	JJ Bowlen		2:23.00	8
3	Steven Kourunkudi	Arch Joseph MacN		2:23.80	6
4	Kian Gross	H.E. Beriault		2:24.85	5
5	Colby Lacey	S Annata Brockma		2:31.97	4
6	Ethan Banasig	St. Thomas More		2:34.71	3
7	Matthew Bodnar	St. Brendan Falcons		2:36.39	2
8	Emmanuel Djondang Vaitch	St. Thomas More		2:36.67	1
9	Jonathan Karagi	JJ Bowlen		2:39.65	
10	Elie Abdilmasih	S Annata Brockma		2:43.56	
11	James Arlay	H.E. Beriault		2:45.63	
--	Erik Lea-Wilson	St. Brendan Falcons		DNS	

Boys 1500 Metre Run Intermediate

ECS Junior H: # 4:28.04 2003 Joel Lauzon, JJ Bowlen					
Name	Year	Team	Seed	Finals	Points
1	Meron Abraham	JJ Bowlen		5:06.31	10
2	Jonathan Karagi	JJ Bowlen		5:28.56	8
3	Eli Walls	St. Thomas More		5:29.97	6
4	Dieu Kusamba	H.E. Beriault		5:32.97	5
5	Alexander Greene	Arch Joseph MacN		5:37.97	4
6	Evan Danis	Arch Joseph MacN		5:38.98	3
7	Nicholas Mudry	S Annata Brockma		5:39.92	2
8	Ethan Nabozniak	St. Thomas More		5:44.62	1
9	Sebastian Mountenay	St. Brendan Falcons		6:11.97	
10	Malayah Tejada	S Annata Brockma		6:32.16	
--	Tariq Greaves	H.E. Beriault		DNF	
--	Oleg Moshko	St. Brendan Falcons		DNS	

Boys 4x100 Metre Relay Intermediate

ECS Junior H: # 47.70 1984 , Sir John Thompson					
Team	Seed	Finals	Points		
1 JJ Bowlen 'A'		50.04	10		
2 H.E. Beriault 'A'		50.72	8		
1) T Runner	2) Dieu Kusamba				
3) Oghosa Osagie	4) Blake Mendez Garibay				
3 St. Thomas More 'A'		51.91	6		
1) Ethan Nabozniak	2) Joshua Timothy Lartey				

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Results

....Boys 4x100 Metre Relay Intermediate

3) Emmanuel Djondang Vaitcheme	4) Jacob Ghebrel		
4 Archbishop Joseph MacNeil 'A'		52.05	5
1) Cameron Kirkup	2) Enzo Wilson		
3) Abel Santosh	4) Liam Labos		
5 Sister Annata Brockman 'A'		54.51	4
1) Lucas Gordillo	2) Colby Lacey		
3) Keith Capudoy	4) Gabriel Marquez		
6 St. Brendan Falcons 'A'		58.00	3
1) Miguel Anderson	2) Aiden Gagne-Elkow		
3) Chisom Asika	4) Anthony Suchevan		

Boys High Jump Intermediate

ECS Junior H: # 1.83m 2005 Athley Lwal, J Bowlen										
Name	Year	Team	Seed	Finals	Points					
1 Emil Jefferson Cueto		St. Thomas More		1.55m	10	1.25	1.30	1.35	1.40	1.45
						1.50	1.55	1.60		
						O	O	O	O	XO
										O
2 Dieu Kusamba		H.E. Beriault		1.50m	7	1.25	1.30	1.35	1.40	1.45
						1.50	1.55			
						O	O	O	O	O
										O
2 Darren Emesiobi		Michael McCaffer		1.50m	7	1.25	1.30	1.35	1.40	1.45
						1.50	1.55			
						O	O	O	O	O
										O
4 Kevoy Tappin		JJ Bowlen		J1.50m	5	1.25	1.30	1.35	1.40	1.45
						1.50	1.55			
						O	O	O	O	O
										XXO
5 Cameron Kirkup		Arch Joseph MacN		1.45m	3.50	1.25	1.30	1.35	1.40	1.45
						1.50				
						O	O	XXO	XXO	O
										XXX
5 Brixton Terris		St. Thomas More		1.45m	3.50	1.25	1.30	1.35	1.40	1.45
						1.50				
						O	XO	O	XXO	XXO
										XXX
7 Evan Jaskiew		Arch Joseph MacN		1.40m	1.50	1.25	1.30	1.35	1.40	1.45
						O	XO	O	O	XXX
7 Paulo Alquero		S Annata Brockma		1.40m	1.50	1.25	1.30	1.35	1.40	1.45
						O	O	XO	XO	XXX
9 Kingsley Dunyo		S Annata Brockma		1.30m		1.25	1.30	1.35		
						XO	O	XXX		
10 Winston Boyle		H.E. Beriault		1.25m		1.25	1.30			
						O	XXX			
-- Steven Inocencio		St. Catherine		DNS						
-- Zaidan Freckleton		JJ Bowlen		DNS						

Boys Long Jump Intermediate

ECS Junior H: # 6.11m 2010 Jordy Ntambwe, JJ Bowlen									
Name	Year	Team	Seed	Finals	Points				

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Results

....Boys Long Jump Intermediate

1	Meron Abraham	JJ Bowlen	5.11m	10
	FOUL 4.96m 4.89m 4.94m 5.04m 5.11m			
2	T Runner	H.E. Beriault	5.10m	8
	4.96m 4.85m 4.67m 4.90m 4.93m 5.10m			
3	Vladimir Silvestre	S Annata Brockma	5.05m	6
	5.05m 4.67m 4.39m 4.60m 4.76m 4.17m			
4	Kyle Simeon	JJ Bowlen	5.04m	5
	4.70m 4.14m 5.01m 5.04m 4.85m 5.01m			
5	Jaisen Esharegharan	Michael McCaffer	4.93m	4
	4.83m 4.93m 4.86m 4.58m 4.87m 4.81m			
6	Emil Jefferson Cueto	St. Thomas More	4.87m	3
	4.87m FOUL 4.07m 4.06m 4.33m 4.63m			
7	Brixton Terris	St. Thomas More	4.85m	1.50
	4.85m FOUL 4.59m			
7	Steven Inocencio	St. Catherine	4.85m	1.50
	4.85m 4.79m 4.76m 4.56m 4.61m 4.73m			
9	Blake Mendez Garibay	H.E. Beriault	4.65m	
	3.44m 4.65m 4.65m			
10	Lucas Gordillo	S Annata Brockma	4.54m	
	4.16m FOUL 4.54m			
11	Meshak Ongara	Arch Joseph MacN	4.45m	
	FOUL 4.45m 4.45m			
12	Kelly Abeza	St. Catherine	4.43m	
	4.25m 4.22m 4.43m			
13	Cameron Kirkup	Arch Joseph MacN	3.87m	
	3.87m FOUL FOUL			
--	Nazarii Kostiuik	St. Brendan Falcons	DNS	
--	Anthony Suchevan	St. Brendan Falcons	DNS	

Boys Triple Jump Intermediate

=====						
ECS Junior H: # 13.23m 2018 Emanuel Goi, St Cecilia						
Name	Year	Team	Seed	Finals	Points	
=====						
1	Kyle Simeon	JJ Bowlen		11.42m	10	
	FOUL 10.81m 11.35m 11.06m 11.42m					
2	Meron Abraham	JJ Bowlen		11.10m	8	
	10.55m 11.10m 10.48m 10.94m 10.42m					
3	Colby Lacey	S Annata Brockma		10.48m	6	
	10.02m 10.48m 10.29m 10.10m 10.30m					
4	T Runner	H.E. Beriault		10.36m	5	
	9.45m FOUL 10.26m FOUL 10.36m					
5	Gabriel Mendoza	H.E. Beriault		10.29m	4	
	10.01m 9.26m 9.59m FOUL 10.29m					
6	Lucas Gordillo	S Annata Brockma		9.84m	3	
	FOUL FOUL 9.52m 9.84m 9.71m					
7	Jacob Cavanagh	Arch Joseph MacN		9.51m	2	
	8.86m 9.51m 9.45m					
8	Gavin Gratton	St. Thomas More		9.30m	1	
	8.98m 9.05m 9.30m					
9	Nazarii Kostiuik	St. Brendan Falcons		9.24m		
	8.58m FOUL 9.24m					
10	Matthew Bodnar	St. Brendan Falcons		9.02m		
	9.02m 8.62m 8.67m					
11	Xavier Crevolin	Arch Joseph MacN		8.98m		
	8.82m FOUL 8.98m					

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...Boys Triple Jump Intermediate

12 Angel Casas Del Valle	St. Thomas More	7.14m
6.70m 7.14m FOUL		
-- Kelly Abeza	St. Catherine	DNS
-- Steven Inocencio	St. Catherine	DNS

Boys Shot Put Intermediate

ECS Junior H: # 13.69m 1999 Christian Maanucci, JJ Bowlen						
Name	Year	Team	Seed	Finals	Points	
1 Darren Emesiobi		Michael McCaffer		11.89m	10	
10.18m 10.51m 11.11m 10.74m 11.89m 11.70m						
2 Dean Burke		St. Brendan Falcons		11.83m	8	
10.93m 10.48m 10.69m 11.26m 11.83m 11.56m						
3 Jeremy Daramola		JJ Bowlen		10.68m	6	
9.79m 9.43m 10.09m 10.68m 9.80m 10.45m						
4 Nathan Gu		Arch Joseph MacN		10.32m	5	
10.32m 8.81m 8.96m 8.61m 8.27m 9.01m						
5 Lorenzo Fata		JJ Bowlen		9.99m	4	
9.47m 9.89m 9.99m 9.79m 9.69m 9.68m						
6 Daniel Cameron		S Annata Brockma		9.85m	3	
8.84m 9.11m 9.83m 8.55m 9.03m 9.85m						
7 Macray Sevilla		S Annata Brockma		9.52m	2	
9.32m 9.09m 9.52m						
8 Jarred Titi		H.E. Beriault		9.03m	1	
8.88m 9.03m 8.94m						
9 Reiden Bruyere		H.E. Beriault		8.91m		
8.84m 8.91m 8.86m						
10 Arlo Pichette		Arch Joseph MacN		8.33m		
8.33m 8.10m 7.21m						
11 Andrii Khortiv		St. Brendan Falcons		8.17m		
7.86m 8.17m 7.55m						
12 Hudson St Amour		St. Thomas More		8.05m		
8.05m 7.99m 7.41m						
13 Wyatt Bruening		St. Thomas More		6.61m		
6.61m 6.01m 6.09m						
14 Samrwi Semere		St. Catherine		5.98m		
5.57m 5.98m 5.73m						
-- Eyosias Alemu		St. Catherine		DNS		

Boys Javelin Throw Intermediate

ECS Junior H: # 43.26m 2023 Lucas Parent, J J Bowlen						
Name	Year	Team	Seed	Finals	Points	
1 Dominic Coltman		JJ Bowlen		39.42m	10	
36.78m 39.42m 33.23m 32.18m 25.30m 34.64m						
2 Colby Lacey		S Annata Brockma		36.38m	8	
30.56m 24.02m 36.38m 22.87m 26.45m 30.13m						
3 BJ Wigan		St. Thomas More		29.93m	6	
25.42m 29.93m 27.95m 25.30m 21.72m 26.38m						
4 Tristan Lopez Arguello		H.E. Beriault		29.37m	5	
24.08m 27.94m 27.21m 28.35m 26.61m 29.37m						
5 Lorenzo Fata		JJ Bowlen		29.32m	4	
16.59m 18.14m 29.32m 24.93m 17.95m 25.92m						

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Results

....Boys Javelin Throw Intermediate

6	Mason Ryan Etrata	St. Thomas More	29.07m	3
	27.89m 28.44m 29.07m 23.79m 21.50m 23.54m			
7	Camilo Quintero Toro	H.E. Beriault	24.77m	2
	24.77m 20.39m 18.55m			
8	Demitris Paschalis	Arch Joseph MacN	23.76m	1
	16.84m 21.33m 23.76m			
9	Andriy-Mykhailo Ostapiv	St. Brendan Falcons	23.15m	
	23.15m FOUL 23.03m			
10	Lucas Gordillo	S Annata Brockma	20.75m	
	18.95m 20.75m 20.12m			
11	Cameron Szaszkwiz	Arch Joseph MacN	19.14m	
	14.45m 14.25m 19.14m			
12	Kenvil Ben-Obi	Michael McCaffer	17.60m	
	17.60m FOUL 17.46m			
13	Madsula Hailu	St. Catherine	17.36m	
	17.36m 15.17m 15.63m			
14	Aiden Gagne-Elkow	St. Brendan Falcons	16.79m	
	FOUL 16.79m 15.63m			
--	Steven Inocencio	St. Catherine	DNS	
--	Ysabella Pasco	S Annata Brockma	DNS	

Boys 100 Metre Dash Senior

8 Advance: Top 2 Each Heat plus Next 4 Best Times

=====						
ECS Junior H: # 10.93	2008	Alfred Kamara, St. Hilda				
Name	Year	Team	Seed	Prelims	H#	
=====						
Preliminaries						
1	Lanre Oladapo	JJ Bowlen		12.09Q	1	
2	Michael Edino	Arch Joseph MacN		12.56Q	2	
3	Darasimi Labeodan	Michael McCaffer		12.51Q	1	
4	Xander Bartido	JJ Bowlen		12.61Q	2	
5	Andy Nyasok-Tef	Arch Joseph MacN		12.72q	1	
6	Mihnea Filip	H.E. Beriault		12.77q	2	
7	Dante Sanchez	S Annata Brockma		12.78q	1	
8	Derek Pondevida	St. Thomas More		12.91q	2	
9	Nash Cajilig	St. Thomas More		12.97	1	
10	Chris Kourassi	Michael McCaffer		12.98	2	12.972
11	Jaden Boadi	H.E. Beriault		12.98	1	12.977
12	Oleksander Sydor	St. Brendan Falcons		13.17	1	
13	Jamison Rivette	S Annata Brockma		13.70	2	
14	Charles Aloya	St. Catherine		13.77	1	
15	NT DeLucaPaquette	St. Catherine		13.94	2	
16	Nestor Lepki	St. Brendan Falcons		14.33	2	

Boys 100 Metre Dash Senior

=====						
ECS Junior H: # 10.93	2008	Alfred Kamara, St. Hilda				
Name	Year	Team	Prelims	Finals	Points	
=====						
Finals						
1	Lanre Oladapo	JJ Bowlen	12.09	12.06	10	
2	Darasimi Labeodan	Michael McCaffer	12.51	12.35	8	
3	Michael Edino	Arch Joseph MacN	12.56	12.36	6	
4	Xander Bartido	JJ Bowlen	12.61	12.44	5	

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....Boys 100 Metre Dash Senior

5	Mihnea Filip	H.E. Beriault	12.77	12.45	4
6	Andy Nyasok-Tef	Arch Joseph MacN	12.72	12.75	3
7	Derek Pondevida	St. Thomas More	12.91	12.79	2
8	Dante Sanchez	S Annata Brockma	12.78	12.84	1

Boys 200 Metre Dash Senior

=====					
ECS Junior H: #	22.25	2007	Evan Roesch, Louis St Laurent		
Name	Year	Team	Seed	Finals	H# Points
=====					
1	Lanre Oladapo	JJ Bowlen		24.98	1 10
2	Cristian Turcan	JJ Bowlen		25.45	2 8
3	Daniel Joumah	H.E. Beriault		25.72	2 6
4	Mihnea Filip	H.E. Beriault		25.92	1 5
5	Chris Kourassi	Michael McCaffer		26.35	1 4
6	Sahryan Thomas	Arch Joseph MacN		26.48	2 3
7	Evan Sinclair	Arch Joseph MacN		26.49	1 2
8	Derek Pondevida	St. Thomas More		26.79	2 1
9	Dante Sanchez	S Annata Brockma		26.93	1
10	Oleksander Sydor	St. Brendan Falcons		27.08	2
11	Leighton-Robert Hesketh	St. Thomas More		27.35	1
12	Adam Elhag	St. Catherine		27.97	2
13	Nicholas Castillo	S Annata Brockma		29.59	2
14	Eli Mangwende	Michael McCaffer		29.70	2
15	EJ Perida	St. Catherine		34.51	1
--	Pavlo Pasieka	St. Brendan Falcons		DNS	1

Boys 400 Metre Dash Senior

=====					
ECS Junior H: #	52.10	1989	Abi Issac, MF Otterson		
Name	Year	Team	Seed	Finals	Points
=====					
1	Quentin Dorado	Michael McCaffer		56.93	10
2	Sahryan Thomas	Arch Joseph MacN		57.74	8
3	Mihnea Filip	H.E. Beriault		57.94	6
4	Kouao Dongo	St. Thomas More		59.86	5
5	Chase Ruecker	JJ Bowlen		1:00.54	4
6	Oliver Rybak	St. Brendan Falcons		1:03.70	3
--	Jake Abuan	S Annata Brockma		DNS	

Boys 800 Metre Run Senior

=====					
ECS Junior H: #	2:03.17	2016	Andrew Weinkauf, MF Otterson		
Name	Year	Team	Seed	Finals	Points
=====					
1	Chase Ruecker	JJ Bowlen		2:16.32	10
2	Sahryan Thomas	Arch Joseph MacN		2:17.13	8
3	Quentin Dorado	Michael McCaffer		2:18.01	6
4	Matteo Fadi	JJ Bowlen		2:19.71	5
5	Matthew Cybulsky	St. Brendan Falcons		2:28.99	4
6	Jack Boles	Arch Joseph MacN		2:29.91	3
7	Bennett Harrison	St. Thomas More		2:32.16	2
8	Mykhailo Ostafiichuk	H.E. Beriault		2:36.63	1
9	Noah Ghostkeeper	S Annata Brockma		2:37.41	
10	Daniel Thomson	St. Brendan Falcons		2:37.78	

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Results

....Boys 800 Metre Run Senior

11	Matiss Ziedins	St. Thomas More	2:38.32
12	Jake Abuan	S Annata Brockma	2:47.20
13	Evan Burgess	Michael McCaffer	2:50.51
--	Mihnea Filip	H.E. Beriault	SCR

Boys 1500 Metre Run Senior

ECS Junior H: # 4:21.00 1984 John Stanton, JJ Bowlen

Name	Year	Team	Seed	Finals	Points
1		Brady Vanderheydan		4:57.65	10
2		Bennett Harrison		5:00.89	8
3		Rylan Yambao	JJ Bowlen	5:07.41	6
4		Holden Lindsay	JJ Bowlen	5:13.36	5
5		Daniel Thomson	St. Brendan Falcons	5:17.18	4
6		Ethan Mugo	Arch Joseph MacN	5:30.40	3
7		Vincent Agustin	S Annata Brockma	5:39.66	2
8		Ethan Allen	Arch Joseph MacN	5:51.92	1
9		M Runner	H.E. Beriault	6:16.18	
10		Tsimafei Bukatka	H.E. Beriault	6:38.71	
--		Riley Urbanski	S Annata Brockma	DNS	
--		Abel Greekas	St. Brendan Falcons	DNS	

Boys 4x100 Metre Relay Senior

ECS Junior H: # 46.35 2004 , Maurice Lavallee

Team	Seed	Finals	Points
1 Father Michael McCaffery 'A'		48.70	10
1) Quentin Dorado	2) Chris Kourassi		
3) Darasimi Labeodan	4) Mason Vertucio		
2 JJ Bowlen 'A'		49.09	8
3 Archbishop Joseph MacNeil 'A'		50.76	6
1) Sahryan Thomas	2) Evan Sinclair		
3) Andy Nyasok-Tef	4) Michael Edino		
4 St. Thomas More 'A'		51.16	5
1) Nash Cajilig	2) Derek Pondevida		
3) Kouao Dongo	4) Riley Boulet		
5 St. Brendan Falcons 'A'		55.47	4
1) Oleksander Sydor	2) Nestor Lepki		
3) Daniel Petruenas	4) Leonne Rooke Durano		
-- H.E. Beriault 'A'		DQ	
1) Mihnea Filip	2) Jaden Boadi		
3) Daniel Joumah	4) Blessen Amankwah		
-- Sister Annata Brockman 'A'		DNS	
1) Jake Abuan	2) Dante Sanchez		
3) Jamison Rivette	4) Akoni Tejada		

Boys High Jump Senior

ECS Junior H: # 1.83m 2015 Bennett Rathje, Louis St Laurent

Name	Year	Team	Seed	Finals	Points
------	------	------	------	--------	--------

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Results

....Boys High Jump Senior

1	Michael Edino	Arch Joseph MacN	1.80m	10
	1.30 1.35 1.40 1.45 1.50 1.55 1.60 1.65 1.70 1.75 1.80 1.84			
	O O O O O O O O XO O O O XXX			
2	Adam Elhag	St. Catherine	1.70m	8
	1.30 1.35 1.40 1.45 1.50 1.55 1.60 1.65 1.70 1.75			
	O O O O O O O O XO XXO XXX			
3	Nathan Lysinge	Michael McCaffer	1.60m	6
	1.30 1.35 1.40 1.45 1.50 1.55 1.60 1.65			
	XO O O O XXO O XO XXX			
4	John Suchevan	St. Brendan Falcons	1.55m	5
	1.30 1.35 1.40 1.45 1.50 1.55 1.60			
	O XO O O O O XXX			
5	Daniel Thomson	St. Brendan Falcons	J1.55m	4
	1.30 1.35 1.40 1.45 1.50 1.55 1.60			
	O O O O XO XO XXX			
6	Jhon Licuan	H.E. Beriault	1.50m	3
	1.30 1.35 1.40 1.45 1.50 1.55			
	O O O O XO XXX			
7	Shawn Koenig	St. Thomas More	1.45m	1.50
	1.30 1.35 1.40 1.45 1.50			
	O O O O XXX			
7	Matthew Sumortin	St. Catherine	1.45m	1.50
	1.30 1.35 1.40 1.45 1.50			
	O O O O XXX			
9	Matteo Fadi	JJ Bowlen	J1.45m	
	1.30 1.35 1.40 1.45 1.50			
	O O O XO XXX			
9	Andrew Agerbak	Arch Joseph MacN	J1.45m	
	1.30 1.35 1.40 1.45 1.50			
	O O OP XO XXX			
11	Michael Krezlewicz	H.E. Beriault	1.40m	
	1.30 1.35 1.40 1.45			
	O O O XXX			
11	Colton Herdt	JJ Bowlen	1.40m	
	1.30 1.35 1.40 1.45			
	O O O XXX			
13	Emry Atwell	Michael McCaffer	J1.40m	
	1.30 1.35 1.40 1.45			
	XO XO O XXX			
--	Nash Cajilig	St. Thomas More	DNS	
--	Riley Urbanski	S Annata Brockma	DNS	
--	Dante Sanchez	S Annata Brockma	DNS	

Boys Long Jump Senior

=====						
ECS Junior H: #	6.31m	2004	Charles Brzerd, Maurice Lavallee			
Name	Year	Team	Seed	Finals	Points	
=====						
1	Darasimi Labeodan	Michael McCaffer		5.89m	10	
	5.64m	5.89m	5.73m	5.53m		
2	Michael Edino	Arch Joseph MacN		5.65m	8	
	FOUL	5.53m	5.58m	5.65m	FOUL	
3	Jhon Licuan	H.E. Beriault		5.32m	6	
	5.03m	5.25m	5.32m	4.95m	5.16m	
4	Matthew Sumortin	St. Catherine		5.30m	5	
	5.04m	5.30m	4.30m	5.06m	5.28m	

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....Boys Long Jump Senior

5	Bentley Allers	St. Thomas More	5.26m	4
	4.89m 5.26m 4.77m 4.95m 4.99m			
6	Cristian Turcan	JJ Bowlen	5.17m	3
	5.16m 4.97m 4.98m 5.07m 5.17m			
7	Michael Anusium	Arch Joseph MacN	5.16m	2
	4.26m 4.69m 5.16m			
8	Adam Elhag	St. Catherine	5.12m	1
	4.76m 5.12m FOUL			
9	Lucas Kushniruk	St. Brendan Falcons	4.99m	
	FOUL 4.71m 4.99m			
10	Alejo Caringal	JJ Bowlen	4.90m	
	4.90m 4.89m 4.76m			
11	Michael Krezlewicz	H.E. Beriault	4.86m	
	4.86m 4.53m FOUL			
12	Noah Ghostkeeper	S Annata Brockma	4.83m	
	4.83m 4.59m 4.70m			
13	John Suchevan	St. Brendan Falcons	4.62m	
	4.62m 4.00m 4.36m			
--	Nash Cajilig	St. Thomas More	DNS	
--	Jaisen Esharegharan	Michael McCaffer	DNS	
--	Jamison Rivette	S Annata Brockma	DNS	

Boys Triple Jump Senior

=====						
ECS Junior H: # 13.00m 2023 David Adekanmbi, Sir John Thompson						
Name	Year	Team	Seed	Finals	Points	
=====						
1	Andy Nyasok-Tef	Arch Joseph MacN		12.07m	10	
	10.78m 11.79m 11.49m	FOUL 11.99m 12.07m				
2	Lanre Oladapo	JJ Bowlen		11.86m		
	FOUL FOUL 11.86m					
3	Cristian Turcan	JJ Bowlen		11.52m	6	
	11.43m 11.37m 11.52m	FOUL FOUL 10.88m				
4	Matthew Sumortin	St. Catherine		11.35m	5	
	10.88m 11.35m 10.49m	FOUL 10.59m 9.97m				
5	Michael Krezlewicz	H.E. Beriault		11.34m		
	11.34m 11.27m FOUL FOUL					
6	Michael Anusium	Arch Joseph MacN		11.26m	3	
	11.01m FOUL 10.78m	FOUL 10.25m 11.26m				
7	Lucas Kushniruk	St. Brendan Falcons		10.97m	2	
	9.87m 10.97m 10.61m					
8	Adam Elhag	St. Catherine		10.71m	1	
	10.71m FOUL 10.36m					
9	Daniel Joumah	H.E. Beriault		10.66m		
	10.26m 10.66m FOUL					
10	Silas O'Quinn	St. Thomas More		9.96m		
	9.96m 9.69m 9.83m					
11	Gerard Elegado	S Annata Brockma		9.65m		
	9.65m FOUL FOUL					
12	Daniel Mazepa	St. Brendan Falcons		9.53m		
	9.53m 8.60m 9.48m					
13	Emry Atwell	Michael McCaffer		9.41m		
	FOUL 9.41m 9.03m					
14	Evan Burgess	Michael McCaffer		9.18m		
	7.87m 9.18m 9.12m					

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....Boys Triple Jump Senior

15	Grady Shesky	St. Thomas More	9.04m
	9.04m FOUL 8.79m		
--	Noah Ghostkeeper	S Annata Brockma	DNS
--	Charlie Slusarek	H.E. Beriault	DNS
--	Albert Munezero	JJ Bowlen	SCR

Boys Shot Put Senior

ECS Junior H: # 15.63m 1973 Hank Ilesic, St Basil						
Name	Year	Team	Seed	Finals	Points	
1	Paxton Hrechuk	Michael McCaffer		13.50m	10	
	13.00m 13.18m 13.19m 12.81m 13.50m 12.77m					
2	Joel Annie	H.E. Beriault		11.96m	8	
	11.10m 11.17m 10.95m 9.87m 11.09m 11.96m					
3	Charles Aloya	St. Catherine		11.59m	6	
	10.96m 11.54m 10.13m 11.59m 11.13m 9.89m					
4	Albert Munezero	JJ Bowlen		11.53m	5	
	11.29m 11.53m 11.53m 11.34m 10.58m 11.11m					
5	Reece Almero	Michael McCaffer		11.08m	4	
	FOUL 11.08m 9.96m 9.50m 10.67m 10.53m					
6	Alejo Caringal	JJ Bowlen		10.80m	3	
	10.42m 10.08m 10.80m 10.77m 9.92m 10.28m					
7	Ernesto Acevedo	St. Brendan Falcons		10.62m	2	
	10.62m 10.00m 10.33m					
8	Alexander Abarro	H.E. Beriault		10.46m	1	
	9.67m 10.46m 9.11m					
9	Terrick Mcdonald	St. Thomas More		9.97m		
	FOUL 9.97m 9.95m					
10	Jamison Rivette	S Annata Brockma		9.63m		
	9.63m FOUL 8.88m					
11	Lucas Kushniruk	St. Brendan Falcons		9.49m		
	8.71m 9.10m 9.49m					
12	Liam Nebre	S Annata Brockma		9.39m		
	8.76m 9.36m 9.39m					
13	Mason Gray	Arch Joseph MacN		9.23m		
	8.95m 9.23m 8.36m					
14	Zebastian Culaton	St. Thomas More		9.07m		
	9.07m 8.77m 8.57m					
15	Clark Kaup	Arch Joseph MacN		8.77m		
	7.93m 8.14m 8.77m					
--	Paul Bol	St. Catherine		DNS		

Boys Javelin Throw Senior

ECS Junior H: # 45.72m 2019 Alexi Dufour, Joseph Moreau						
Name	Year	Team	Seed	Finals	Points	
1	Ernesto Acevedo	St. Brendan Falcons		36.06m	10	
	24.86m 36.06m 34.68m 28.70m 33.16m 20.48m					
2	Brayden Dunne	Arch Joseph MacN		35.14m	8	
	FOUL 28.40m 34.25m 35.14m FOUL 30.17m					
3	Colin Kundert	Arch Joseph MacN		33.01m	6	
	25.09m 31.70m 33.01m 32.22m 32.64m 25.06m					

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....Boys Javelin Throw Senior

4	Karl Capuli				St. Thomas More	31.94m	5
	30.39m	31.94m	29.06m	30.64m	22.62m	25.46m	
5	Leo Ibrahim				H.E. Beriault	31.43m	4
	31.43m	FOUL	28.33m	29.10m	30.74m	30.62m	
6	Mason Vertucio				Michael McCaffer	29.73m	3
	29.73m	19.73m	19.05m	17.45m	24.37m	15.27m	
7	Reece Almero				Michael McCaffer	27.97m	2
	27.97m	24.69m	25.49m				
8	Noah Sanders				JJ Bowlen	27.83m	1
	24.96m	20.83m	27.83m				
9	James Willoughby				S Annata Brockma	24.02m	
	FOUL	20.15m	24.02m				
10	Marcus Cedan				St. Brendan Falcons	22.87m	
	FOUL	22.87m	FOUL				
11	Al - Heindrich Lozano				St. Thomas More	21.56m	
	21.56m	14.53m	17.42m				
12	Alejo Caringal				JJ Bowlen	21.34m	
	17.70m	15.40m	21.34m				
13	Charles Aloya				St. Catherine	20.41m	
	17.27m	13.89m	20.41m				
--	Riley Urbanski				S Annata Brockma	DNS	
--	Sami Mhreteab				St. Catherine	DNS	
--	Cooper Melson				H.E. Beriault	DNS	